

CLASSES FOR YOUTH AND ADULTS • REGISTER AT CLASSES.CHQ.ORG



Silkroad leaders and musicians discuss how rhythms express ideas and bring people together in a master class on Aug. 9, 2018.

Photo: Jill Bornand

### Five Easy Ways to Register for Classes

ONLINE
Visit classes.chq.org and click on
Special Studies to browse the

online catalog and register.

- **2** BY MAIL
  Send completed registration
  form with full payment to: Special
  Studies Registration, PO Box 28,
  Chautauqua, NY 14722.
- 3 BY PHONE
  Call 716-357-6250 during Ticket
  Office hours. Have course
  number and payment method
  ready when you call.
- 4 IN PERSON
  Through June 21, stop in at the
  Main Gate Ticket Office during
  open hours to register.
- 5 IN SEASON
  Beginning June 23, register at
  the Special Studies Office at
  the Hultquist Center, Main Gate
  Ticket Office and Visitors Center.

For more information and complete office hours, see **How to Register** at the end of this catalog.

COVER IMAGE | Photo by Jill Bornand

### Explore, Rethink, Recharge.

Inside this catalog you'll find hundreds of ways to personalize your Chautauqua experience this summer. Join the thousands of lifelong learners — Chautauqua veterans and first-time visitors alike — who will challenge and enrich themselves as students in the Special Studies program. Our diverse curriculum offers opportunities for students of all ages to explore, rethink and recharge during their visit to Chautauqua.

#### Browse the catalog

Have a favorite hobby or want the kids to try something new? Search this catalog by subject or use our online catalog at **classes.chq.org** to see all available classes in a variety of subjects, from art and poetry to fitness and the culinary arts.

Here for a week? Use our **Classes by Week** listing to see a complete list of classes available during your stay.

#### Learn more in person

Some Special Studies classes fill quickly, and pre-season registration is recommended. Get to know your instructor when you arrive by attending the Special Studies Meet & Greet Sunday afternoon. Faculty are available to discuss the upcoming week's classes from noon to 3 p.m. every Sunday in front of the Hultquist Center on Bestor Plaza.

#### Let us know what you think

The Special Studies program is designed by community members for community members. Sharing your experience and feedback through an evaluation upon completion of a classes is an important tool for shaping the future of lifelong learning at Chautauqua.

#### Become a teacher

Many Special Studies faculty are Chautauquans themselves — experts in their respective fields who wish to share their knowledge with those of a curious mind. If you would like to teach a class in the future, please visit our Instructor Portal at **classes.chq.org** to complete a course proposal form. The deadline for the 2020 season is Oct. 1, 2019.

Whether you'll be celebrating your diamond anniversary as a Chautauquan this summer or are stepping onto the grounds for the first time, consider how a Special Studies class (or two) may just make your summer here even more meaningful.

CLASS KEY



Students need to bring certain materials to class (art supplies, notebooks, etc.). Visit **classes.chq.org** for your class's materials list.



Class allows — but is not necessarily limited to young people. Check specific age requirements noted in each class description.



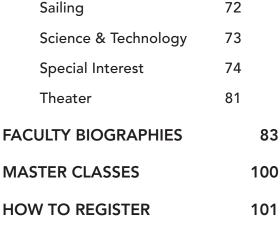
The instructor is providing materials, so students will pay a materials fee directly to the instructor upon arrival to the class.



This class is "on theme."
The subject matter of the class will complement questions raised and topics addressed during morning and afternoon lectures.

# SPECIAL STUDIES

**CLASSES BY WEEK** 2 **CLASS LISTINGS** 10 Youth 17 Art **Business & Finance** 22 24 Computer 24 **Culinary Arts** Dance 30 33 Language Games & Recreation 34 Handcrafts & Hobbies 37 Health & Fitness 42 History & Government 50 53 Literature & Writing Music 60 Personal & Professional Development 66 Photography 68 Religion & Philosophy 70 Sailing 72 Science & Technology 73 **Special Interest** 74





### **EXPLORE**

Take an afternoon to visit a winery or local farm.

**27** 









### **RETHINK**

Dive deeper into the week's theme with our Amphitheater lecturers.

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### **RECHARGE**

If you're short on time, take a one-day workshop.

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Photos by Jill Bornand

Chautauqua Institution welcomes students of any race, gender, color, national or ethnic origin, sexual orientation or religious background.

All information official but subject to change. Chautauqua Institution reserves the right to cancel any course.

2 CLASSES BY WEEK SPECIAL STUDIES 2019

### **CLASSES BY WEEK**

Week One (June 23-June 29)		LANGUAGE	22
APT		Introduction to French Language and Civilization	33
ART Adult Ceramics	17	LITERATURE & WRITING	F.4
Ceramics Independent Study	17	Distortion, the Other Magical Realism (Writers' Center)	54
From Blooms to Brushstrokes	19	Growing the Poem (Writers' Center) Jimmy Carter: Poems of Persistence	53 58
Life Drawing	18	Major Dilemmas in Shakespeare	58
PhotoShop	18	Master Class: Editing 101 (Writers' Center)	55
The Romantic Impulse	18	Saturday Morning Short Story Discussion	58
Young Artists .	18		30
BUSINESS & FINANCE		MUSIC	/2
Telling Your Organization's Story	22	American History Through Music	63
COMPUTERS		Beginning Mountain Dulcimer	61
Internet Safety Best Practices	24	Hand Drumming for Fun Music: Energy to Change Our World	61 63
iPad, iPhone & iPod Touch: Basics & Beyond	24	Play Guitar	61
Using Apple's iCloud for Organizing & Storing Photos, Documents,		Stephen Sondheim: In Good Company	63
Contacts, Calendars and More!	24	Ukulele and You	61
CULINARY ARTS			0.
Bordeaux	28	PERSONAL & PROFESSIONAL DEVELOPMENT How Do We Know What Is True?	4.4
Creating a Cookbook: How to Write, Publish, and Promote Your	20		66
Culinary Philosophy	25	PHOTOGRAPHY	
Mastering Mediterranean Cooking	25	Fundamentals of Photography	68
Six Essential Summer Wines	28	Get Off Auto with Your Camera	68
The Bourbon Experience	24	Twilight Photography Session	69
The Mediterranean Lifestyle and its Impact on Wellness	25	RELIGION & PHILOSOPHY	
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Ballet	31	Bible Moments that Changed the World	70
Beginner Swing and Salsa for Fun	31	Turning Points in Western Church History	70
Creative Movement	30	SCIENCE & TECHNOLOGY	
GAMES & RECREATION		Beginnings and Endings: Universe, Earth, Humans	73
Bridge for Absolute Beginners	34	Human Evolution and Prehistory	73
Chautauqua Golf Learning Center Classes for Youth and Adults	35	The Physics and Chemistry of Climate Change	73
Fly Fishing 101	34	SPECIAL INTEREST	
Kayaking and Ecology: The Water's Edge	36	Wagner's Ring Cycle	74
Sailing Classes for Youth and Adults	72	Women Who Rock The Boat	74
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Crochet Basics	37	3D Printing & Modeling	12
Expand Your Crocheting Repertoire!	37	3D Printing & Modeling for Young Creators	12
Glass Fusing: Basic and Beyond	37	Broadway Kids!	12
Mosaics with Tile and Glass	37	Creating Games on Your PC or Mac	12
Resin Pendants: Instant Gratification!	37	Environmental Games and Crafts	11
Sit and Sew Saturday	37	Intro to Programming Robots for Young Inventors	12
Stained "Glass" Iris/Poppy Wallhanging	37	Kindermusik Plus Art	10
The Runaround Bag	37	Music for Babies and Toddlers	10
HEALTH & FITNESS		Programming Robots I & II (beginner to intermediate)	12
Cycle Blast	42	Sign and Sing with Your Child	10
Full Body Boot Camp	46		
Gentle Yoga	42	Week Two (June 30-July 6)	
Gentle Yoga for Rejuvenation	42	Trock the tours of only of	
Introduction to Aromatherapy	47	ART	
Mat Pilates Pilates For Balance	45 45	Adult Ceramics	17
Power Up Your Day Yoga	43	Adult Ceramics: Handbuilding	17
Tai Chi for Health and Fitness	46	Ceramics Independent Study	17
The Alexander Technique: Movement With Grace	46	Life Drawing	18
Water Exercise	46	Pocket Sketching for Fun and Travel	20
Yoga for Pain Relief	42	Pure Painting: Art and Yoga Integration	19
Yoga Stretch and Strengthen	42	Young Artists	18
Zumba Gold with Paul!	46	BUSINESS & FINANCE	
HISTORY & GOVERNMENT		Flip or Flop: Profitable House Flipping	22
Chernobyl: Causes, Coverup and Consequences	50	Innovation, Investing and Longevity	22
Fall of the Berlin Wall	50	COMPUTERS	
Ida Tarbell: At Chautauqua and Beyond	50	Internet Safety Best Practices	24
What Good is the Electoral College?	50	iPad, iPhone & iPod Touch: Basics & Beyond	24
J		• 7 • •	

Union Applica i Claud for Application 9 Charican Plantas Description		Master Class M. Whiteas Making "Cantas"	-
Using Apple's iCloud for Organizing & Storing Photos, Documents, Contacts, Calendars and More!	24	Master Class: My Whitman (Writers' Center) Narratives of Belonging (Writers' Center)	54 54
	27	Saturday Morning Short Story Discussion	58
CULINARY ARTS Caribbaan Cuising 101: Tasta the Trapics	24	The Poetry of Trees: Breath and Creation	5
Caribbean Cuisine 101: Taste the Tropics The Bourbon Experience	24	Writing Our Way to Happiness	5
What's Terroir?: Vineyard Walk & Wine Tastings	27	MUSIC	
DANCE		Backstage at the Opera	63
Ballet	31	Fiddling For Fun	6
Creative Movement	30	Play Guitar	6
Little Dancer	31	Play Piano by Friday	6
Traditional Dance, English and American	31	Ukulele and You  Understanding Opera: Barber of Soville	6
GAMES & RECREATION		Understanding Opera: Barber of Seville	0.
Bridge for Absolute Beginners	34	PERSONAL & PROFESSIONAL DEVELOPMENT	/
Chautauqua Golf Learning Center Classes for Youth and Adults	35	How to be a A+ Nonprofit Board Member	60
Sailing Classes for Youth and Adults	72	Spirituality of Difference	00
HANDCRAFTS & HOBBIES		PHOTOGRAPHY  Dettor Correcte Dhaga Phatagraphy	/ (
Beginning Copperplate Calligraphy	38	Better Camera Phone Photography Photographing Porches, Boats and Flowers	69
Crochet Basics	37	Twilight Photography Session	69
Expand Your Crocheting Repertoire!	37		
Glass Fusing: Basic and Beyond	37	RELIGION & PHILOSOPHY Rethinking Truth	70
Linoleum Block Printing Resin Pendants: Instant Gratification!	38 37	Worship in the Black Experience	7(
Sit and Sew Saturday	37	·	,
Tablescaping and Basic Floral Design	38	SCIENCE & TECHNOLOGY Digital Privacy 101	7:
The 10-Minute Quilt Block: Lap Throw Quilt Top	38		, ,
The 5-Minute Quilt Block	38	SPECIAL INTEREST	7
HEALTH & FITNESS		America's Diverging Economies Bridging Faith & Generating Controversy	7. 7.
Cycle Blast	42	Human Rights and Human Wrongs	74
Full Body Boot Camp	46	Master Class: Conversation with Eric Klinenberg	7
Gentle Yoga	42	Modern Slavery: Tragedy and Hope	7
Lakeside Yoga	42	St. Paul Goes to Lystra	74
Mastering Your Microbiome and Your Mood	47	Uncommon Communities from Multicellularity to Multiculturalism	7
Mat Pilates	45	YOUTH	
Pilates For Balance	45	3D Printing & Modeling	1:
Power Up Your Day Yoga	42	3D Printing & Modeling for Young Creators	1:
Water Exercise Yoga for Arthritis	46 43	College Admissions Boot Camp	1
Yoga for Health and Wellness	43	Creating Games on Your PC or Mac	1:
Yoga Stretch and Strengthen	42	Geocache CHQ!	1
Yoga the Iyengar Way	43	Intro to Programming Robots for Young Inventors Kindermusik Plus Art	1:
Zumba Gold with Paul!	46	M4th Mania: Games, Magic and Art	10 12
HISTORY & GOVERNMENT		Music for Babies and Toddlers	10
A History of American Utopias	50	Programming Robots I & II (beginner to intermediate)	1:
LANGUAGE		Sign and Sing with Your Child	10
Easy to Learn Hebrew	33	Toddler Time	10
LITERATURE & WRITING		What in the World is Going On?	1.
An Open Line to the World (Writers' Center)	53	Yoga Kids: Healthy Body, Healthy Mind II	1
All open line to the World (Writers Genter)	33		
	The same	Week Three (July 7–July 13)	
	1000	ADT	
	-	ART Adult Ceramics	1
		Ceramics Independent Study	1.
	<b>V</b>	Graycliff: Architecture as Sacred Space	1.
		Life Drawing	18
	1	One-a-Day Water Color Workshop	20
		Painting, Drawing and Collage	18
		PhotoShop	18
	1	Young Artists	18



Create jewelry, suncatchers and more in "Glass Fusing" (page 37)

**CLASSES BY WEEK SPECIAL STUDIES 2019** 

Week Three	(July 7	7-July 1:	3) cont.
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Week Three (July 7–July 13) cont.
CULINARY ARTS  A Beginner's Guide to Brewing Beer Exploring The History of Italian Cuisine Is It Worth It? Italian Cookie Gifts Mastering Italian Pasta, Sauces and Olive Oil The World's Best Reds
DANCE Ballet Beginning Middle Eastern Dance Creative Movement
GAMES & RECREATION Bridge for Absolute Beginners Chautauqua Golf Learning Center Classes for Youth and Adults Intermediate Mah Jongg Strategies Sailing Classes for Youth and Adults
HANDCRAFTS & HOBBIES Beading Your Own Jewelry Beginning Copperplate Calligraphy Chautauqua Rocks! Dyed Silk Scarves: Quick, Easy and Fun Ikebana: The Art of Japanese Flower-arranging Sit and Sew Saturday
HEALTH & FITNESS Barre Fitness Cycle Blast Foundations of Yoga: Building Asana Full Body Boot Camp Gentle Yoga How to Relieve or Prevent Low Back Pain Indoor Cycling Party Lakeside Yoga Learning Better Balance Mat Pilates Power Up Your Day Yoga Restorative Yoga: Relax and Renew Secular Meditation: Science of Stillness Water Exercise Yoga the Iyengar Way Zumba Gold with Paul!
HISTORY & GOVERNMENT Teddy Roosevelt: Jock President
LANGUAGE French for Travelers  LITERATURE & WRITING  Crafting Free Verse: Line, Syntax, and Stanza (Writers' Center) How to Steal the Pain of Others and Make It Your Own (Writers' Center)  Mindfulness and Memoir Saturday Morning Short Story Discussion Self-publishing 101
MUSIC Beginning Mountain Dulcimer Comparative Music Listening Explore Your Personal Singing Style Fiddling For Fun Fun With Acoustic Blues Guitar Hallelujah Leonard Cohen! Hand Drumming for Fun Mozart and the Age of Reason
PHOTOGRAPHY Architectural Photography: CHQ Style

Toward the Common Word: Islam & Dialogue	70
SPECIAL INTEREST Ethical Perspective on Economic Inequity Gilgamesh National Geographic Master Class Series	75 75 77
YOUTH 3D Printing & Modeling 3D Printing & Modeling for Young Creators College Essay Writing Workshop Creating Games on Your PC or Mac Beginning Sewing: Fat Quarter Bag Intro to Programming Robots for Young Inventors Music for Babies and Toddlers Programming Robots I & II (beginner to intermediate) SAT Test Math Prep String and Yarn Art Studio Toddler Time Yoga Kids: Healthy Body, Healthy Mind I Yoga Kids: Healthy Body, Healthy Mind II	12 12 15 12 13 12 10 12 15 13 10 11



Explore different types of art in "Kids Create Chautauqua!" (page 11)

### Week Four (July 14-July 20)

50	ART	
	Adult Ceramics	17
33	Adult Ceramics: Handbuilding	17
	Ceramics Independent Study	17
53	Chuck Close: Portraits in Pixels	20
гг	Fluid Art	20 18
55 56	Life Drawing Painting, Drawing and Collage	18
58	Young Artists	18
56	BUSINESS & FINANCE	
	Handling Finances On Your Own	23
61	Money Matters: Reducing Investment Costs	23
61	Trump Economy: Investment Implications	23
62	Where to Invest Today	23
62 62	COMPUTERS	
65	Internet Safety Best Practices	24
61	iPad, iPhone & iPod Touch: Basics & Beyond Using Apple's iCloud for Organizing & Storing Photos, Documents,	24
63	Contacts, Calendars and More!	24
	CULINARY ARTS	
69	Farm to Fork Lunch at Green Heron Growers	27
69	Global Exploration of Wine	28
70	Gluten Free Naturally	25
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Magical Photography at Twilight

Science and Religion Are Better Together

**RELIGION & PHILOSOPHY** 

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One Skillet Dinners Pancake Party!	26 26	SPECIAL INTEREST Breaking the Cycle of Poverty in America	75
Sous Vide Cooking Demo and Sampling	26	Listening to Movies: Film Scores as Art	76
DANCE		Living Your Unlived Life	75
Ballet	31	Spellbinding Spelling and Vivid Vocabulary	76
Basic Contra Dance	32	THEATER	
Creative Movement	30	Acting Workshop	81
Little Dancer	31	YOUTH	
GAMES & RECREATION		3D Printing & Modeling	12
Baseball Analytics: New and Not So New	34	3D Printing & Modeling for Young Creators	12
Chautauqua Golf Learning Center Classes for Youth and Adults	35	Chess: Beginner and Intermediate	15
NoTrump Bridge Secrets Revealed Sailing Classes for Youth and Adults	34 72	College Success: Harder Than It Looks! Creating Games on Your PC or Mac	16 12
	12	Intro to Programming Robots for Young Inventors	12
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Glass Fusing: Basic and Beyond	37	Music for Babies and Toddlers	10
Refinishing, Repairing and Restoring Furniture with Ease	39	Programming Robots I & II (beginner to intermediate)	12
Resin Pendants: Instant Gratification!	37	Putt Putt Party Toddler Time	11 10
Simple Soldered Silver Rings	39	Yoga Kids: Healthy Body, Healthy Mind II	11
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HEALTH & FITNESS	40	Week Five (July 21–July 27)	
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Gentle Yoga	42	ART	
Strategies to Help Young Children Learn to Talk and Communicate	48	Adult Ceramics	17
Intro to Tai Chi for Fall Prevention	46	Ceramics Independent Study	17
Introduction to Aromatherapy	47	Create the Mosaics of the Mediterranean	20 20
Lakeside Yoga	42	Family Stories through Art Life Drawing	18
Mat Pilates Power Up Your Day Yoga	45 42	Painting Chautauqua's Boats, Water, Sky	20
Restorative Yoga	43	Painting, Drawing and Collage	18
Water Exercise	46	PhotoShop	18
Yoga for Arthritis	43	Young Artists	18
Yoga the Iyengar Way	43	BUSINESS & FINANCE	
Yoga: Energy and Mindfulness Zumba Gold with Paul!	43	Where to Invest Today	23
	46	COMPUTERS	
HISTORY & GOVERNMENT	ΕO	Internet Safety Best Practices	24
The Civil War: Causes to Consequences	50	iPad, iPhone & iPod Touch: Basics & Beyond	24
LITERATURE & WRITING	58	Using Apple's iCloud for Organizing & Storing Photos, Documents, Contacts, Calendars and More!	24
Ancient Biography Legacy Letters: Passing on Meaning	56	CULINARY ARTS	27
Poetry of Abundance: Exploring the Contemporary		Breakfast for Busy Lives	26
Long Poem (Writers' Center)	53	California Dreaming	28
Saturday Morning Short Story Discussion	58	Chocolate Tasting Around the World	29
Shakespeare and Twain	58 59	Eggciting Eggs!	26
Short Story Discussion: Alice Munro The Writer's Toolbox: Generative Exploration for the	39	Healthy Eating and Exercise Everyday	27
Novelist (Writers' Center)	55	Making Amazing Ice Cream	27
Write Your Way Through Caregiving	56	Pancake Party! Porch Party Liqueurs and Libations	26 27
MUSIC		Snacks That Kids Can Make Themselves!	27
Fun With Acoustic Blues Guitar	62	Top Values from Around the World	29
Harmonica Quick Start	62	What's Terroir?: Vineyard Walk & Wine Tastings	27
Jamming at Chautauqua	62	DANCE	
Play Piano by Friday Sight Singing: Learn Fast and Retain Longer	61 62	Ballet	31
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Don't Postpone Joy	66	Chautauqua Golf Learning Center Classes for Youth and Adults	35
Increase your Happiness IQ	66	Master Class: Tennis Clinic with Jimmy Arias	34
Public Speaking	66	NoTrump Bridge Secrets Revealed Sailing Classes for Youth and Adults	34 72
PHOTOGRAPHY		The Art and Sport of Juggling	34
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Using Gel Printing to Speak Creatively	40	Creating Games on Your PC or Mac	1:
HEALTH & FITNESS		Improvisation for Young People	1:
Cycle Blast	42	Intro to Programming Robots for Young Inventors	1:
Full Body Boot Camp	46	Kids Create Chautauqua!	1
Gentle Yoga	42	Music for Babies and Toddlers	1
Lakeside Yoga	42	Nature Journaling for Youth	1.
Mindfulness in Wellness and Illness	48 45	Programming Robots I & II (beginner to intermediate)	1.
Pilates and Props  Posture Comp for Active Adults	45 48	Toddler Time	1
Posture Camp for Active Adults Power Up Your Day Yoga	40	Yoga Kids: Healthy Body, Healthy Mind I	1
The Alexander Technique: Mapping Activities	46	Yoga Kids: Healthy Body, Healthy Mind II	1
Vinyasa Flow Yoga	44		
Water Exercise	46	Week Six (July 28–Aug. 3)	
Yoga for Living Well	44		
Yoga: Energy and Mindfulness	43	ART	
Zumba Gold with Paul!	46	Adult Ceramics	1
HISTORY & GOVERNMENT		Adult Ceramics: Handbuilding	1
Hamilton: The Man, the Musical, the Law	51	Ceramics Independent Study	1
How Literary Arts Advanced Women's Suffrage	51	Life Drawing Painting Florals and Still Life	18 2
Master Class: Winston Churchill with Larry Arnn	51	PhotoShop	1
Reimagining the Constitution: A Workshop	51	The Hues in You	2
•		Young Artists	1
LANGUAGE Beginning Conversational Spanish	33	BUSINESS & FINANCE	
	33	The Inheritance We Leave to Our Heirs: Will It Be a	
LITERATURE & WRITING		Blessing or a Curse?	2
Advanced Poetry Workshop: Going Beyond the	<b>5</b> 4	· ·	۷.
Personal (Writers' Center)	54	COMPUTERS	2
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Great Greeks Saturday Morning Short Story Discussion	58	iPad, iPhone & iPod Touch: Basics & Beyond Using Apple's iCloud for Organizing & Storing Photos, Documents,	2
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Story, Plot, Structure: Telling the Difference and Telling	37	·	
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The Life of the Written Word	56	Fast, Easy, Healthy: Desserts	2
	00	Fast, Easy, Healthy: Juicing Power Global Exploration of Wine	2:
MUSIC	/2	One Skillet Dinners	2
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RELIGION & PHILOSOPHY	71	Refinishing, Repairing and Restoring Furniture with Ease	3
The Second respect in Judaism	71 71	Resin Pendants: Instant Gratification!	3
The Sacredness of the Spoken Word	/ 1	HEALTH & FITNESS	
SPECIAL INTEREST		Cycle Blast	4
Across Political and Religious Divides	76	Digestive Health: Knowns and Unknowns	4
Cinema and Psyche	76	Full Body Boot Camp	4
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Living Your Best Life Through Narrative Skatchnotor: Speken Word to Visual Notos	75 76	Lakeside Yoga	4
Sketchnotes: Spoken Word to Visual Notes Speaking from the Margins	76 76	Laughter Works: Humor, Play and Health	4
The Role of the Judiciary in America	78 78	Morning Yoga for Dynamic Aging	4
•	, 0	Move Into Life with the Feldenkrais Method	4
THEATER  CTC. Desired to Transition	0.4	Power Up Your Day Yoga	4:
CTC: Putting It Together	81	Vinvasa Flow Yoga	4

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#### Make a unique keepsake in "Resin Pendants" (page 37)

Water Exercise	
Yoga for Everybody	
Yoga for Living Well	
Yoga for Pain Relief	
Zumba Gold with Paul!	
LISTODY & GOVERNMENT	

#### HISTORY & GOVERNMENT

Appalachian Cultural Values Baseball and American Culture Understanding the U.S. Constitution

#### **LANGUAGE**

Beginning Conversational Spanish Hebrew Today

#### LITERATURE & WRITING

Advanced Prose Workshop: Journeys (Of the Heart and Page) (Writers' Center) Classic Comedy Master Class: Writing Funny with Alan Zweibel

Memoir Writing Saturday Morning Short Story Discussion

Short Story Discussion Group

The Sharing of Joy: Nature Writing That Snaps, Crackles, and Pops (Writers' Center)

Writing Your Story, Even Your Obit!

Your Life in Miniature: Short Memoir (Writers' Center)

Adult Beginning Music Through the Piano Beginning Mountain Dulcimer Music of the Great Masters Play Piano by Friday

#### PERSONAL & PROFESSIONAL DEVELOPMENT

2 Young 2 Retire: Rebalance For Bonus Years Awakening The Sage Within Empathy in a Disconnected World Journey To Discovery

#### **RELIGION & PHILOSOPHY**

Radical Rabbinic Torah: Intro to Talmud

#### **SCIENCE & TECHNOLOGY**

Big History and Science

#### **SPECIAL INTEREST**

Allies and Acronyms: Gender Today Comedy on Trial Dogs: Magic Tricks, Magic Touch Help Your Pet Live Longer! Master Class: Preaching Punchlines with Rev. Susan Sparks Virgin Mary in Western Art

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Creating Games on Your PC or Mac	12
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46	Life Drawing	18
44	One-a-Day Water Color Workshop	20
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44	Sketching Chautauqua's Architecture	21
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#### **BUSINESS & FINANCE**

Internet Safety Best Practices

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Explore Chautauqua's beautiful grounds by "Drawing Every Day" (page 21)

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10 YOUTH SPECIAL STUDIES 2019

### Youth

### Babies, Toddlers, **Preschoolers**

#### 100 • MUSIC FOR BABIES AND **TODDLERS**

#### **Community Music Studio**

Sing, dance, move and play in this parentchild class based on the Musikgarten curriculum. Your child's senses will be awakened and their musical development will be enhanced as you bond with them through scarf dances, circle games, bounces, tickles, lullabies and steady beat activities. Doing music together at home is the goal! (ages 0 to 4) Weeks 1-9 / June 24-Aug. 23 / M W F 9:15-10:15 a.m. / Hall of Ed. (Sheldon) Rm. 201 Fees: 3 sessions • \$35

#### 101 • SIGN AND SING WITH YOUR **CHILD**

#### Christa Beck

1 session at door • \$12

Bring your child and learn how to communicate through American Sign Language. One of the most fundamental human desires is to be understood, and research has shown sign language can reduce frustration for children and parents by providing a means to communicate before speech has fully developed. Learn up to 50 See A Lot/Do A Lot and Highly Motivating signs, as well as four keys to effective signing. Music, props, instruments and activities that encourage communication round out this playful hour together. (ages 1 month to 4 years) Week 1, June 25 / Week 2, July 2 / Tu 2:30-3:30 p.m. / Hall of Ed. (Sheldon) Rm. 202 Fees: 1 session • \$15



Build a mini-golf course in "Putt Putt Party" (page 11)

#### 102 • KINDERMUSIK PLUS ART Christa Beck

Bring your baby, toddler or bring the whole family. You'll love the joy of our creative props, instruments and imaginative play. Stories, family jams, moving and singing all encourage discovery and exploration as your children strengthen their ties with each other and with you. Enjoy an age-appropriate themed art project. Fun take-homes at each class along with a CD, music downloads, and home activities for you to enjoy together. Week 1 - Beach Music for Beach Days. Week 2 - Cars and Trucks and Trains that Go Go Go! Materials fee of \$10 due to instructor at start of class. (ages 3 months to 5 years) Week 1, June 24-28 / Week 2, July 1-5 MWF/9:45-10:45 a.m.

Hall of Ed. (Sheldon) Rm. 202

Fees: 3 sessions • \$35 / Materials fee • \$10 1 session at door • \$12

#### 103 • TODDLER TIME Meredith Andrews & Amy Divijak

Join us in a fun and educational environment where toddlers and parents interact through songs, parachute games, stories and movement to learn about themes such as: shapes, colors, numbers and their environment. Each class ends with a bubble time and a special take home memento related to the day's theme. (ages 1 to 3)

Week 2, July 2-4 / Week 3, July 9-11 Week 4, July 16-18 / Week 5, July 23-25 Week 6, July 30-Aug. 1 / Tu Th 9:15-10:15 a.m. / Hall of Ed. (Sheldon) Rm. 201

Fees: 2 sessions • \$23 1 session at door • \$12

#### 104 • YOGA KIDS: HEALTHY BODY, **HEALTHY MIND I**

#### Katie Clark

Yoga teaches us how to use our attention to join our breath, our bodies and our mind. Through fun poses (Asanas) like frog, cobra and tree, we can become stronger, balance better and exercise our muscles and bones. We will learn to flow with poses, play yoga games and relax our way to a healthy mind and body. (ages 3 to 6)

Week 3, July 9-11 / Week 5, July 23-25 Tu-Th / 3-3:50 p.m. Heinz Beach Fitness Room 2 Fees: 3 sessions • \$35

1 session at door • \$12

#### 105 • MOVEMENT, MUSIC AND LITERACY FOR BABIES AND **TODDLERS**

#### Marita McCarthy

Babies, toddlers and their families are welcome to join in a fun and educational environment of songs, parachute games, stories and movement. We will learn about themes such as: shapes, colors, numbers and their environment. Creative movement, sound exploration and pre-literacy skills will be emphasized. Each class will end with fun bubble time activity. (ages 0 to 5)

Week 7, Aug. 6-8 / Week 8, Aug. 13-15 Tu Th / 9:15–10:15 a.m. Hall of Ed. (Sheldon) Rm. 201

Fees: 2 sessions • \$23 1 session at door • \$12



#### Elementary

#### **106 • ENVIRONMENTAL GAMES AND CRAFTS**

#### Marcia Barr

Students will learn about environmental conservation and ecology by: (1) playing an environmental board game which they will get to take home; (2) making their own compost bin; and (3) creating handcrafts with a purpose from recyclables (paper and cardboard) and other household items (e.g., string, buttons, yarn, straws, popsicle sticks, toothpicks, washers, nails) brought to class by students along with an enthusiasm for nature and learning. Tape, non-toxic markers and glue as well as juice, chips and cookies will be provided. Students should bring a bagged lunch. (ages 6 to 12) Week 1, June 24–28 / M–F / 12:30–1:45 p.m. Pier Building Classroom

#### 107 • YOGA KIDS: HEALTHY BODY, **HEALTHY MIND II**

#### Katie Clark

Fees: 5 sessions • \$79 1 session at door • \$20

Yoga teaches us how to use our attention to join our breath, our bodies and our mind. Through fun poses (Asanas) like frog, cobra and tree, we can become stronger, balance better and exercise our muscles and bones. We will learn to flow with poses, play yoga games and relax our way to a healthy mind and body. (ages 6 to 10)

Week 2, July 2-4 / Week 3, July 9-11 Week 4, July 16-18 / Week 5, July 23-25 Tu-Th / 4-4:50 p.m.

Heinz Beach Fitness Room 2 Fees: 3 sessions • \$35

1 session at door • \$12

#### 108 • GEOCACHE CHQ! Samantha Crisafulli

What is geocaching? Geocaching is a real-world, outdoor treasure hunting game using GPS-enabled devices. Participants navigate to a specific set of GPS coordinates and then attempt to find the geocache (container) hidden at that location. Caches are hidden all over the world by fellow geocachers who put together a hodgepodge of trinkets, a logbook and pen or pencil. This hoard is then stuffed into a weatherproof box and hidden under a rock, behind a tree or maybe even in a more urban locale. Join me as we search the beautiful grounds of Chautaugua on a guest to find many hidden caches. (ages 6+) Week 2, July 1-3 / M-W / 4:15-5:45 p.m.

Smith Library Classroom Fees: 3 sessions • \$69 1 session at door • \$25

#### 109 • PUTT PUTT PARTY Robin Hartmann

We'll learn about Caine's arcade and recycling, and create a hole of mini golf to be played by the public, parents and friends. The outcome will be a mini golf course. You'll use math, science and art to develop your creations. Materials fee of \$15 due to instructor at start of class. (ages 6+) Week 4, July 15-19 / M-F / 2-3:30 p.m. Children's School

Fees: 5 sessions • \$99 / Materials fee • \$15



### 110 • KIDS CREATE CHAUTAUQUA!

#### Pamela Spremulli

Experienced young artists will walk the grounds and discover Chautauqua in a new and exciting way. We will focus on sketching, drawing (art journaling), painting (en plein air) and even manual arts (think hammers!). Get ready to discover the many hidden wonders of the grounds! Materials fee of \$10 due to instructor at start of class. (ages 7 to 12)

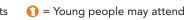
Week 5, July 22-25 / Week 6, July 29-Aug. 1 M-Th / 4:30-5:45 p.m.

Pier Building Classroom

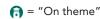
Fees: 4 sessions • \$79 / Materials fee • \$10



Get creative in "Kids Create Chautauqua!" (above)







12 YOUTH SPECIAL STUDIES 2019

### BENCHMARK COMPUTER **CLASSES**



You may enroll into these classes several times during the season.

#### 112 • 3D PRINTING & MODELING FOR YOUNG CREATORS

Begin by modifying existing 3D objects in a free Computer Aided Design program to configure your item with support mounts, overhangs and various orientations which will ready your piece for printing. Use some simpler designs at first such as a spin top, then progress onto the more complex projects. Create a free online account to use another Computer Aided Design program to create and model simple objects from scratch for 3D printing in class or at home. (ages 7 to 10) Weeks 1-8 / June 24-Aug. 16 / M-F / 2-3:15 p.m. / Turner 101

Fees: 5 sessions • \$95 / Materials fee • \$4

#### 113 • 3D PRINTING & MODELING

Begin by modifying existing 3D objects in a free Computer Aided Design program to configure your item with support mounts, overhangs and various orientations which will ready your piece for printing. Continue by creating a board game complete with game pieces. Next, open a free on-line account to use another C.A.D. program to learn how to sculpt, texture, arrange and render 3D models. After a short lesson on this powerful C.A.D. software you will be able to create objects from scratch for 3D printing in class or at home. Many other projects and templates will be available to create and modify during this course. (ages 9 to 16)

Weeks 1-8 / June 24-Aug. 16 / M-F / 10:25-11:40 a.m. / Turner 101

Fees: 5 sessions • \$95 / Materials fee • \$4

#### 114 • INTRO TO PROGRAMMING ROBOTS FOR YOUNG INVENTORS

Using LOGO Writer — a coding program specifically designed for young programmers — learn how to use line by line code to bring the robots to life. The coding will be outlined by our instructor with plenty of guidance on how to complete the programming. These specialized LEGO Robotic Kits were designed for school computer labs and include movable LEGO parts, including gears, wheels, motors, touch and optical sensors. Start with a simple traffic light and then progress to more complex robots. (ages 7 to 10)

Weeks 1-9 / June 24-Aug. 23 / M-F / 10:45 a.m.-12 p.m. / Hurlbut Room 1 Fees: 5 sessions • \$95 / 1 session at door • \$25 / Materials fee • \$3

#### 115 • PROGRAMMING ROBOTS I & II (BEGINNER TO INTERMEDIATE)

Become a software engineer by using real computer code to bring motorized LEGO Robotics to get life. Using LOGO Writer, a coding program modeled after PASCAL (professional coders have used this program), learn how to use line by line code to control the robots that you will build. Start with a simple traffic light and then progress to a smart car, merry-go-round and even a washing machine! These specialized LEGO Robotic Kits were designed for school computer labs and include movable LEGO parts, including gears, wheels, motors, touch and optical sensors. Returning students with be using the advanced LEGO Robotic Kits. (ages 10 to 16) Weeks 1-9 / June 24-Aug. 23 / M-F / 12:30-1:45 p.m. / Hurlbut Room 1 Fees: 5 sessions • \$95 / 1 session at door • \$25 / Materials fee • \$3

#### 116 • CREATING GAMES ON YOUR PC OR MAC

Ever dreamed of making your own video games? The Games Factory 2 software provides everything you need to create arcade games, screen savers and much more. With the vast libraries of graphics and sounds, and with the power to create your own characters and backdrops, all it will take is a little imagination to create a brilliant gaming experience. The Games Factory 2 introduces the basics of game design and programming through its Event Editor. Because there is not traditional programming language to master, users can quickly begin creating and learning how programming logic works. Free PC or Mac software is available. (ages 10 to 16) Weeks 1-9 / June 24-Aug. 23 / M-F / 2-3:15 p.m. / Hurlbut Room 1

Fees: 5 sessions • \$95 / 1 session at door • \$25 / Materials fee • \$3

#### 111 • IMMERSION IN **ENVIRONMENTAL SCIENCE**

#### Meghan Collins

Bring your curiosity, bring your adventurousness and bring your willingness to explore. This hands-on immersion course in Chautauqua's natural world will explore the living creatures, the beauty and patterns in nature and the interactions between the air, water and life. Each day, we will explore one phenomenon of nature, from the patterns of clouds in the sky to the native species that inhabit Chautaugua. You'll explore the theme of each day using inquiry-based learning practices and making your own discoveries through the claim, evidence and reasoning framework. Materials fee of \$10 due to instructor at start of class. (ages 6 to 12) Week 8, Aug. 12-15 / M-Th / 12:30-1:45 p.m. Pier Building Classroom

Fees: 4 sessions • \$79 / Materials fee • \$10 1 session at door • \$25

### Middle Grades to **High School**

#### 117 • BROADWAY KIDS!

#### Melissa Charles

Express yourself through song and dance in this musical theatre class, which will focus on exploring popular Broadway musicals. A week of singing, dance and acting exercises will culminate in a showcase for friends and family. Some experience in dance, voice or acting is suggested but not required. (ages 8 to 14) Week 1, June 24-28 / M-F / 1:30-3 p.m. Turner Conference Room Fees: 5 sessions • \$99

#### 118 • M4TH MANIA: GAMES, MAGIC **AND ART**

#### Diane Cokerdem-DePriest

What do the Parthenon, hurricanes and the shape of galaxies all have in common? Do you want to be guaranteed to win some games? How big is a googol? Can you draw curvy designs only using straight lines? How do you divide a cake fairly among many people? Through games, puzzles, tricks, videos and technology-based art projects, you will explore an exciting side of numbers not often seen in the classroom.

(ages 10 to 16)

Week 2, July 1-4 / M-Th / 9:15-10:30 a.m. Hall of Ed. (Sheldon) Rm. 204

Fees: 4 sessions • \$79 1 session at door • \$25







### 119 • WHAT IN THE WORLD IS GOING ON?

#### **Shayne Cokerdem**

Like to learn? Like to listen? Like passionate dialogue? Come join our current events discussion group! We will explore a range of topics that will provide you with opportunities to share, ponder and reflect — all while learning more about the current world. Arts, sports, law, health, money, international relations and more! (ages 11 to 16)

Week 2, July 1–4 / M–Th / 2–3:15 p.m. Turner 210

Fees: 4 sessions • \$79 1 session at door • \$25

### 120 • STRING AND YARN ART STUDIO

#### Sarah Raffinan

Turner 104

Simple yarn and string can be transformed into beautiful pieces of art through knotting, weaving and wrapping techniques. Each day we'll have a new project to explore, but each will allow you to put your own spin on the concept and design. Projects may include: woven wall hangings, eye-catching string art and many styles of knotted and woven bracelets. No previous experience necessary — this class is sure to be fun for all ages and levels of ability! Materials fee of \$10 due to instructor at start of class. (ages 6 to 16) Week 3, July 8–12 / M–F / 4:30–5:30 p.m.

Fees: 5 sessions • \$79 / Materials fee • \$10 1 session at door • \$21

#### 121 • BEGINNING SEWING: FAT QUARTER BAG

#### Aimee Doershuk

This fun bag is great for sleepovers or to carry all your stuff to the beach. Bring 6 fat quarters, 2 1/2 yards of lining fabric and matching or contrasting thread to class to make this bag. Basic sewing skills needed. Instructor has sewing machines to use in class or bring your own. Materials fee of \$10 due to instructor on first day of class. (ages 12+)

Week 3, July 9–11 / Tu–Th / 2–4 p.m. Turner 104

Fees: 3 sessions • \$89 / Materials fee • \$10

### 122 • IMPROVISATION FOR YOUNG PEOPLE

#### Elise Morrison

Improvisation is foundational for acting. It teaches you to be present, actively listen, think on your feet, use your imagination to create stories and build connections with fellow performers. This class will focus on the fundamental principles of improvisation with emphasis on agreement, listening, spontaneity, scene building and having fun. If you've ever wanted to learn how to improvise or to be more comfortable speaking up in every day situations, this class is for you! (ages 9 to 18)

Week 5, July 22–26 / M–F / 12:45–1:45 p.m. Heinz Beach Fitness Room 1

Fees: 5 sessions • \$79 1 session at door • \$21



### 123 • NATURE JOURNALING FOR YOUTH

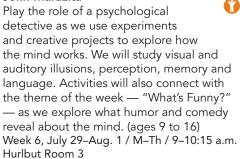
#### Paul Fehringer

Nature journaling is a way to record your observations of the natural world. You'll learn how to express your views of nature within the journal. We will delve into how to experience nature with all your senses, not just visuals, and then you'll learn how to record these experiences. Materials fee of \$15 due to instructor at start of class. (ages 12 to 18)

Week 5, July 23–25 / Tu–Th / 10 a.m.–12 p.m. Hall of Ed. (Sheldon) Rm. 202

Fees: 3 sessions • \$89 / Materials fee • \$15

### **124 • PSYCHOLOGICAL DETECTIVES**John Marazita



Fees: 4 sessions • \$79 1 session at door • \$25

### 125 • BECOME A FAMILY HISTORY SLEUTH

#### Mary Patricia Voell

Have you ever wondered what your father did for fun when he was a child? It's never too early to become your family's Sherlock Holmes. Kids are natural observers and creative investigators, and being a family detective is like a gigantic jigsaw puzzle. You'll find out how to locate, record and organize information. Travel back in time to learn about one's genes, your name, dark and dusty places, thing-a-jigs, slang, history that talks, timelines, family trees, globetrotting and time capsules. Please bring the name, birth date and birth place (if known) of your grandparents/greatgrandparents and the earliest ancestor of which your family is aware. (ages 12+) Week 6, July 30-Aug. 1 / Tu Th / 1-3 p.m. Smith Library Classroom

Fees: 2 sessions • \$65

1 session at door (first day only) • \$35







YOUTH SPECIAL STUDIES 2019

### 126 • UNEXPECTED FUN! IMPROV

#### Jody Brooks & Gary Shields

Do you want to experience a safe place where you can feel free to solve problems in unconventional ways, think outside the box, and expand your imagination while having fun? Then come join two experienced Second City graduates and learn the FUNdamental skills of improv. Expand your self-confidence, explore your creativity, come out and play — and share a great time! (ages 10 to 16)

Week 7, Aug. 6-8 / Tu-Th / 2-3:30 p.m. Turner Conference Room

Fees: 3 sessions • \$75 1 session at door • \$29

#### 127 • PINHOLE DIGITAL PHOTOGRAPHY WORKSHOP

Aislinn Scofield

Create unusual photographic images using one of the oldest forms of image creation — the pinhole. Focusing on smartphones, students can create images using a pinhole over the lenses or a pinhole app. The class will combine pinhole lenses with digital cameras to make images that can be viewed online, printed or made into films. It's a combination of early photographic technology and digital imagery. Materials fee of \$10 due to instructor at start of class. (ages 12+) Week 8, Aug. 12-14 / M-W / 9-10:30 a.m. Turner 210

Fees: 3 sessions • \$75 / Materials fee • \$10 1 session at door • \$29

#### 128 • INTRO TO FILMMAKING Scott Koué

You have watched films, but have you ever wanted to know how they are made? This class covers everything that goes into making a film. Part lecture and part hands on, we'll explore how to do it and then do some practical exercises. If time allows, we may even end up with a very short film. There will be hands-on interaction with equipment and lots of Q&A time. (ages 13+)

Week 8, Aug. 12-14 / M-W / 2-3:30 p.m. Turner 103

Fees: 3 sessions • \$75

1 session at door (first day only) • \$29

### YOUNG WRITERS INSTITUTE

The Young Writers Institute is a five-day immersive, multi-genre creative writing day camp for students 14 to 18 years old. Through close study of work by contemporary writers, short exercises and workshops, students will develop their command of the core elements of poetry, fiction and nonfiction. Led by an exceptional faculty of published teaching-artists with deep experience mentoring young writers, each student will have the opportunity to work one-on-one with them to develop a plan for future growth.

The Young Writers Institute will be offered in Weeks Three and Four of Chautauqua's summer season (July 8–12 and July 15–19) and welcomes young writers from all across the country. Young writers, no matter their experience, may enroll.

### **Daily Schedule**

9–10:30 a.m.: Class

10:45 a.m.-12 p.m.: Class, or, depending on topic, attend a lecture in the Amp Break for lunch and/or attend brown bag lecture program 12-1 p.m.:

1:30-4:30 p.m.: Class or attend CLSC presentation

### **Faculty**

\$

1



Kim Henderson is the author of The Kind of Girl, which won the Seventh Annual Rose Metal Press Short Short Chapbook Contest. Her stories have appeared in The Kenyon Review, Tin House Open Bar, The Texas Observer, Cutbank, River Styx, The Southeast Review, New South, H\_NGM\_N, Flash Fiction Online and elsewhere. From New Mexico, she now lives with her husband in Southern California, where she chairs the creative writing program at Idyllwild Arts Academy.



Kenyatta Rogers is a Cave Canem Fellow and has been twice awarded scholarships from the Bread Loaf Writers' Conference. He has also been nominated twice for both Pushcart and Best of the Net prizes, his work has been previously published in or is forthcoming from Jubilat, Vinyl, Bat City Review, The Volta and PANK, among others. He is an associate editor of RHINO Poetry and currently serves on the creative writing faculty at the Chicago High School for the Arts.

### Registration

Visit chq.org/youngwriters to register for Young Writers Institute. Fees: 5 days • \$275

#### 129 • KIDS IN THE KITCHEN: **BAKING 101**

Peggy Zorn

Cookies, cupcakes and cakes — oh my! How delicious and fun to make. Learn the basics of baking and decorating while making special treats that you can share with your family. Spend the week learning and preparing a variety of confections. Invite your family to join us on Friday for a delicious family celebration party where you can show off and share your amazing creations! Materials fee of \$15 due to instructor at start of class. (ages 10+) Week 9, Aug. 19-23 / M-F / 10:30 a.m.-12 p.m. Turner 205 (Kitchen)

Fees: 5 sessions • \$99 / Materials fee • \$15 1 session at door • \$25



#### 130 • SEWING FOR BEGINNERS Peggy Zorn

My button popped off — now what should I do? Learn simple sewing techniques with hand sewing and machine sewing. Learn how to use a pattern to create items for yourself or to give as

gifts. Projects include pajama pants and a "quillow" (a blanket that folds into a pillow). You'll be ready for a cozy night. Great as an introduction to sewing or a refresher course for those who need to jump start. Materials fee of \$25 due to instructor at start of class. (ages 10+)

Week 9, Aug. 19-23 / M-F / 3:30-4:30 p.m. Turner 210

Fees: 5 sessions • \$79 / Materials fee • \$25





15



Try your hand in writing and drawing your own story in "Create a Graphic Novel" (below)

### All Ages

#### 131 • CHESS: BEGINNER AND **INTERMEDIATE**

#### Katherine Williams

Chess is a classic game that develops spatial thinking and strategies and builds focused concentration. This class is for beginner and intermediate players. Beginners will learn basic game rules and opening tactic moves. Intermediate players will learn more sophisticated combinations and strategies. After each daily lesson, we'll all have fun competing against each other with individualized coaching to apply and advance your chess skills. (ages 6 to 18) Week 4, July 15-18 / Week 6, July 29-Aug. 1 M-Th / 4:30-5:30 p.m. / Turner 210 Fees: 4 sessions • \$69 1 session at door • \$21

#### 133 • WHAT'S MY LINE? IMPROV **FOR KIDS**

#### John C. Barthelmes

"So a funny thing happened on the way to the . . . " Can't remember the rest of the joke? Improvise! Make it up! You'll learn what improvisation is and how to successfully improv a scene that'll make everyone laugh! Learning improv techniques can help you out in school giving presentations and speeches and on stage in plays and musicals. (ages 8 to 18) Week 9, Aug. 19-23 / M-F / 4:30-5:30 p.m. Turner Conference Room

Fees: 5 sessions • \$79

1 session at door (first day only) • \$21

#### 132 • CREATE A GRAPHIC NOVEL: WRITING IMAGES AND DRAWING **WORDS**

#### Sally Levine

Whether you like to write, illustrate, both or neither (but you're interested in learning to develop writing and illustration skills), you can produce a mini graphic novel. This class takes a step-by-step approach to creating a graphic novel taking place in Chautauqua, developing a clear narrative, drawing engaging characters, producing a story-board and ultimately formatting the final work. Materials fee of \$8 due to instructor at start of class. (ages 8 to 25)

Week 7, Aug. 5-9 / M-F / 2-3:30 p.m. Pier Building Lounge

Fees: 5 sessions • \$99 / Materials fee • \$8 1 session at door (first day only) • \$25



### College and Career Prep

#### 134 • COLLEGE ADMISSIONS BOOT **CAMP**

#### Eva Gelman

This interactive week-long series will guide high school students and parents through the complexities of the college admissions process. Discover how colleges make admission decisions, how to make an appropriate college list, how to research colleges, the importance of standardized testing, how to write powerful essays, financial aid information and scholarships. This course will help simplify college admissions and maximize your chance of acceptance to the schools of your choice. (ages 14+)

Week 2, July 1-3 / M-W / 12:15-1:45 p.m. Smith Library Classroom

Fees: 3 sessions • \$75 1 session at door • \$29

#### 135 • COLLEGE ESSAY WRITING **WORKSHOP**

#### Tracy McKee

Your college essay is an important way to set yourself apart in the college application process. In this workshop you will explore the unique experiences that have shaped your life so far and how they fuel your passions. With this insight, you'll develop a unique essay that reflects you in an authentic way and works with the Common App prompts. Writing exercises and daily feedback are designed to help you make significant progress on your essay in four days. No prior writing experience required. Just bring your laptop. (ages 16 to 20)

Week 3, July 8-11 / M-Th / 9-10:30 a.m. Hurlbut Room 3

Fees: 4 sessions • \$89

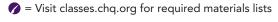
#### 136 • SAT TEST MATH PREP Suzanne Glick

Getting ready to take the SAT? Summer is a great time to review the algebra and geometry math concepts that will be on the test. Practice tests will be given in class, followed by correct answers, explanations and strategies for improvement. Gain confidence and test-taking skills and increase your SAT score. The Official SAT Study Guide (2018 edition/College Board) will be used in class, provided by the student or purchased from the teacher. (ages 15 to 18)

Week 3, July 8-11 / M-Th / 12:30-1:45 p.m. Hultquist 201B

Fees: 4 sessions • \$79

1 session at door (first day only) • \$25









16 YOUTH SPECIAL STUDIES 2019

### 137 • LEADERFIRST: REDEFINING LEADERSHIP TODAY

#### Carol Robinson

Many high-performing high-school and college students narrowly define leadership today. This can adversely affect your career aspirations and limit your experiences in college. Join us as we actively explore ways you can redefine your leadership experiences to best support your long-term career and/or graduate school goals. You will be guided in creating your own personal leadership definition and learn some unique ways of becoming more aware of your leadership strengths. (ages 16 to 25) Week 4, July 15–18 / M–Th / 12:30–1:30 p.m. Hall of Ed. (Sheldon) Rm. 202 Fees: 4 sessions • \$69

### 138 • COLLEGE SUCCESS: HARDER THAN IT LOOKS!

#### **Carol Robinson**

1 session at door • \$21

For today's parents, setting up your high-performing high-school or college student for success is not as straightforward as you may think! Much has changed over the past few years. This engaging series will highlight practical solutions for ramping your student up for success quickly in their new college environment. We'll discuss myths of choosing the right major, success in the first few semesters, best resume-builders during college and planning for graduate school. (ages 16+) Week 4, July 15–18 / M–Th / 3:30–4:30 p.m.

### 1 session at door • \$21 139 • FINANCIAL FITNESS FOR

Hall of Ed. (Sheldon) Rm. 202

Fees: 4 sessions • \$69

### **SAVVY TEENS**Sheila Schroeder

Geared toward high-school students, college students and recent graduates, we'll navigate the financial responsibilities of living on your own. Led by a 25-plus year veteran of Wall Street and the financial markets and the mother of teen twins. We'll cover financial basics such as setting up a personal budget, investments, retirement savings plans such as 401(K) & IRAs, managing debt and building savings. (ages 14+)

Week 6, July 29–Aug. 1 / M–Th 12:45–1:45 p.m. / Hultquist 201A Fees: 4 sessions • \$69

1 session at door (first day only) • \$25

### 207 • YOUNG ARTISTS AGES 6–11 Bonnie Ashmore

Bollille Asillilore

See page 18 for details.

### 208 • YOUNG ARTISTS AGES 12–14 Samuel Peck

See page 18 for details.

### 209 • YOUNG ARTISTS AGES 15–17 Samuel Peck

See page 18 for details.

### 321 • BEGINNING DRAWING WITH COLORED PENCIL

Tami Hritzay

See page 21 for details.

### 607 • CARIBBEAN CUISINE 101: TASTE THE TROPICS

**Danielle Nebres** 

See page 24 for details.

#### **611 • ITALIAN COOKIE GIFTS**

Kate Levea & Mary Lyth See page 25 for details.

#### **612 • GLUTEN FREE NATURALLY**

Kate Levea & Mary Lyth

See page 25 for details.

#### **615 • PANCAKE PARTY!**

Megan Radak

See page 26 for details.

### 619 • SNACKS THAT KIDS CAN MAKE THEMSELVES!

William Kuntz & Selina Uglow See page 27 for details.

### 700 • CREATIVE MOVEMENT (AGES 3 AND 4)

School of Dance Staff

See page 30 for details.

### 701 • CREATIVE MOVEMENT (AGES 5 AND 6)

**School of Dance Staff** 

See page 30 for details.

### 702 • INTRODUCTION TO BALLET (AGES 7 TO 12)

School of Dance Staff

See page 31 for details.

#### **801 • LITTLE DANCER**

Katie Clark

See page 31 for details.

### 1005 • THE ART AND SPORT OF JUGGLING

Richard R. Cuyler

See page 34 for details.

#### 1008 • JUGGLING II

Richard R. Cuyler

See page 34 for details.

#### 1101 • MOSAICS WITH TILE AND GLASS

Margo Aguirre

See page 37 for details.

### 1106 • RESIN PENDANTS: INSTANT GRATIFICATION!

Wendy Cohen

See page 37 for details.

#### 1116 • CHAUTAUQUA ROCKS!

Samantha Crisafulli

See page 39 for details.

#### 1132 • WEAVING WITH PLARN

Kit Benson

See page 41 for details.

#### 1133 • PAINTING WITH PAPER

Joan Cushing

See page 41 for details.

### 1135 • MAKE YOUR OWN MAGIC TRICKS

Debbie O'Carroll

See page 41 for details.

#### 2100 • UKULELE AND YOU

Suzanne Shull

See page 61 for details.

#### 2101 • PLAY GUITAR

Suzanne Shull

See page 61 for details.

#### 2103 • HAND DRUMMING FOR FUN

Rich Schuler

See page 61 for details.

### 2108 • EXPLORE YOUR PERSONAL SINGING STYLE

Suzanne Shull

See page 62 for details.

### 2600, 2601, 2602 • YOUTH AND TEEN SAILING CLASSES

See page 72 for details.

#### 2606 • NYS SAFE BOATING CLASS

Captain Margaret Mary Wagner

See page 36 for details.

### 2901 • IMPROVISATIONAL THEATER SKILLS

Sasha DC Orr

See page 81 for details.

**ART** 

### School of Art

Sharon Louden, Sydelle Sonkin and Herb Siegel Artistic Director of the Visual Arts

School of Art Office: 716-357-6301

The School of Art has a nationally recognized faculty of established professional artists and a curriculum for students at beginner through advanced levels. Special Studies classes are offered for adults, high-school students and children beginning at age 6. Students must be 18 years or older to enroll in adult classes. Materials in ceramics and sculpture will be billed as used. The Chautauqua Bookstore carries a variety of art supplies.

#### **CERAMIC CLASSES**

Beginning through advanced students are welcome to try their hand at the potter's wheel or to try hand-building techniques. Ceramics faculty teach throwing and hand-building. The final firing for summer 2019 is Friday, Aug. 9. Charges are based on the weights of the pieces to be fired. Drying time for clay sometimes precludes firing pieces in the same week that they are made. Clay tools, standard 182G white stoneware clay, wax resist and bat pins may be purchased in the School of Art office.

#### 200 • ADULT CERAMICS

Fees: 5 sessions • \$150

Materials fee • \$40-50

Elise G. Renfrow or Carmen Ferraro

This daily morning class welcomes beginner through advanced students. Students have the option of working on the wheel, learning how to center and throw vessels and other techniques using clay. Technical demonstrations will be given. A pottery tool kit, an apron and towel are recommended. Tool kits may be purchased for approximately \$20 in the Art Office. Materials in ceramics and sculpture will be billed as used (approx. \$40-50). (ages 18+) Weeks 1-7 / June 24-Aug. 9 / M-F 9 a.m.-12 p.m. / Arts Quad, Ceramics Studio

#### 201 • ADULT CERAMICS

Elise G. Renfrow or Carmen Ferraro

This afternoon class welcomes beginner through advanced students. Students have the option of working on the wheel, learning how to center and throw vessels and other techniques using clay. Technical demonstrations will be given. A pottery tool kit, an apron and towel are recommended. Tool kits may be purchased for approximately \$20 in the Art Office. Materials in ceramics and sculpture will be billed as used (approx. \$40-50). (ages 18+) Week 1, June 24-28 / Week 3, July 8-12 Week 5, July 22-26 / M-F / 1:30-4:30 p.m. Arts Quad, Ceramics Studio

Fees: 5 sessions • \$150 Materials fee • \$40-50

#### 202 • ADULT CERAMICS: **HANDBUILDING**

Elise G. Renfrow or Carmen Ferraro

Come to the hand building room in the ceramics studios at the School of Art to learn from School of Art Ceramics Faculty hand building and alternative, expressive techniques in ceramics. We welcome you to experiment, explore and to enjoy hand building in ceramics. Materials in ceramics and sculpture will be billed as used (approx. \$40-50). (ages 18+)

Week 2, July 1-5 / Week 4, July 15-19 Week 6, July 29-Aug. 2 / M-F 1:30-4:30 p.m. / Arts Quad, Ceramics Studio Fees: 5 sessions • \$150 Materials fee • \$40-50

#### 203 • CERAMICS INDEPENDENT **STUDY**

Independent Study at VACI is an opportunity for advanced only students and professional artists to use the School of Art ceramics facilities. This is an opportunity for advanced students and professional artists who would like to have time to produce work in our studios. There is no teacher or monitor present for the entire day, no storage and no assistance; only advanced students are eligible to sign up for studio time. Class is limited to seven individuals. Materials costs and tool kit costs are in addition to the fee to use the studio.

(ages 18+) Week 1, June 29 / Week 2, July 6 Week 3, July 13 / Week 4, July 20 Week 5, July 27 / Week 6, Aug. 3 / Sa 10 a.m.-6 p.m. / Arts Quad, Ceramics Studio Fees: 1 session • \$200

Materials fee • \$40-50

#### **Important Ceramics Information**

If you are not registered for a ceramics class, you may not work in the ceramics or glaze studios or have your work fired. The School of Art is an educational studio, not intended for individuals who are producing large volumes of work for retail sale. The School will only fire work that is produced in its studios at Chautauqua during the time a person is enrolled in a ceramics class.

For safety reasons, no one under the age of 18 is permitted in the ceramics studios. Participants may be asked to provide proof of age.

Saturdays, Sundays and evenings after 6 p.m. are reserved for the full-time Chautauqua School of Art studios. Unless you are enrolled in Independent Study on Saturdays, no Special Studies students may work Saturdays, Sundays and in the evenings after 6 p.m.

Wear clothes and shoes that you don't mind getting dirty (bringing an apron and an old towel are a good idea). Clay will not always wash out of clothing.

Tool kits may be purchased at the School of Art Office for approximately \$20.









18 **ART** SPECIAL STUDIES 2019

#### 204 • LIFE DRAWING

#### **David Rogers**

This daily drawing class offers something enjoyable whether you are a beginner or someone with a great deal of experience working from life. The class works primarily from the nude model, as well as still life and nature. Composition, light, proportion, structure and form will be explored. Students should bring a large newsprint drawing pad, some good quality white paper, charcoal, pencils and erasers to the first class. Additional supplies will be discussed during the first class. Supplies can be purchased at the Bookstore. (ages 18+) Weeks 1-7 / June 24-Aug. 9 / M-F 9 a.m.-12 p.m. / Art School Annex Fees: 5 sessions • \$125

#### 205 • PAINTING, DRAWING, **COLLAGE**

Pratt/VACI Fellow in Pedagogy

If you love painting, drawing, collage and other forms of exploring in 2-dimensions, we have the class for you! The recipient of the Pratt/VACI Fellowship in Pedagogy will be teaching a course that enables experimentation and skill-building using a range of materials and media. This course will not only be a joyous and enjoyable experience, but a wonderful opportunity to learn more about how combining different materials can make lovely pictures! Materials fee of \$30 due to School of Art at start of class. (ages 18+) Week 3, July 8-12 / Week 4, July 15-19

Week 5, July 22-26

M-F / 1:30-4:30 p.m. / Art School Annex Fees: 5 sessions • \$125 / Materials fee • \$30

#### 206 • PHOTOSHOP **David Rogers**

Adobe PhotoShop is considered the world leader in photo-editing software and used by amateurs through professional artists, graphic designers, photographers and students as the industry standard. Come join us in this class for a basic introduction to navigating and using PhotoShop. This hands-on course will teach you the fundamentals. You will learn how to enhance and manipulate digital imagery and how to work with images to resize, change colors or add detail. PhotoShop is now available for consumers for a reasonable monthly subscription so you don't have to buy this expensive software package. This course may be taken more than once in order to suit an individual's needs. (ages 18+) Week 1, June 24-28 / Week 3, July 8-12 Week 5, July 22-26 / Week 6, July 29-Aug. 2 M-F / 1:30-4:30 p.m.

Art School Annex, Digital Media Studio

Fees: 5 sessions • \$125

### Young Artists Program

#### 207 • YOUNG ARTISTS AGES 6-11 **Bonnie Ashmore**

Join us for a week or more of fun and interesting projects. If you like to draw, paint or build things, this is the course for you. Wear old clothes to class in case of a paint spill. Materials available in the Bookstore. (ages 6 to 11)

Weeks 1-7 / June 24-Aug. 9 / M-F 10:30 a.m.-12 p.m. / Turner 204

Fees: 5 sessions • \$89

#### 208 • YOUNG ARTISTS AGES 12-14 Samuel Peck

Drawing, Painting, or Sculpture are avenues for exploration within this class. We will tackle new projects exploring the basic techniques of art while emphasizing creativity and exploration. Wear old clothes to class and come ready to immerse yourself in the studio. Work with the brilliant Samuel Peck who is an artist himself and his specialty is to work with young artists giving them freedom as well as direction to express and construct projects individually and as a group. Materials available in the Bookstore. (ages 12 to 14)

Week 1, June 24-28 / Week 2, July 1-5 Week 3, July 8-12 / Week 5, July 22-26 Week 6, July 29-Aug. 2 / Week 7, Aug. 5-9 M-F / 9 a.m.-12 p.m. / Turner 202

Fees: 5 sessions • \$125

#### 209 • YOUNG ARTISTS AGES 15-17 Samuel Peck

Build upon your foundation with the arts in an exploration of materials through a variety of projects in drawing, painting and sculpture. Follow your line of inquiry with new materials and investigate interests in media familiar to you in a variety of projects. Wear old clothes to class and come ready to immerse yourself in the studio. Basic art supplies available at Chautauqua Bookstore. Additional supplies will be discussed on the first day of class. (ages 15 to 17) Week 2, July 1-5 / Week 5, July 22-26

Week 6, July 29-Aug. 2

M-F / 1:30-4:30 p.m. / Turner 202

Fees: 5 sessions • \$125

### **Art History**

#### 300 • THE ROMANTIC IMPULSE **Elaine Wertheim**



Week 1, June 24-28 / M-F / 9-10:30 a.m. Hultquist 201B

Fees: 5 sessions • \$99 1 session at door • \$29

#### 301 • GRAYCLIFF: ARCHITECTURE **AS SACRED SPACE**

Paul Lubienecki, Ph.D.

In the late 1920s, Frank Lloyd Wright designed Graycliff, a unique structure with overtones of the Prairie Style. Graycliff blends the elements of water, rock, earth and light into this work. These are the rudimentary features to Wright's organic style of architecture. He saw the Divine in nature and upheld the individuality of man. He championed a revolutionary use of space. At Graycliff, space becomes symbolic and sacred. The function of this space is explored from an architectural, historical and theological perspective. (ages 16+) Week 3, July 8-11 / M-Th / 12:45-1:45 p.m. Turner 103

Fees: 4 sessions • \$69 1 session at door • \$25

#### 302 • PAINT AND PASSION: **FAMOUS COUPLES IN ART**

Mimi Gallo

These 10 famous artists influenced each other artistically, disagreed, loved, hated and painted side by side. The painter Berthe Morisot was more to Édouard Manet than just his favorite model, and could Rodin have saved his talented student, Camille Claudel from a life of misery? Did Kandinsky develop his modern focus with Gabriele Münter's collaboration? The tempestuous marriage of Diego Rivera and Frida Kahlo made headlines worldwide, only to be followed by that urban cowboy Jackson Pollack and Lee Krasner. The works and collaboration of these famous couples will be examined. (ages 14+) Week 7, Aug. 5-9 / M-F / 9-10:15 a.m. Turner 103

Fees: 5 sessions • \$95 1 session at door • \$25







#### 303 • RODIN AND HIS MONUMENTAL SCULPTURES

#### Alice Rose

"The Thinker," "Gates of Hell," "Balzac," "Burghers of Calais" and "Kiss": these well-known sculptures were created by Auguste Rodin (1840–1917) and they grace museums and public spaces around the world. This class traces the creation of Rodin's sculptures to their final forms. We will see a wide variety of photographs from Paris, Meudon, France, Philadelphia, New York and Moscow. (ages 14+) Week 8, Aug. 12-14 / M-W / 4-5:30 p.m. Hultquist 201A

Fees: 3 sessions • \$75 1 session at door • \$29



What to see in a city that has so much art? This three day course will give you enough information to plan your own trip no matter how much time you have. Instructor will share highlights, showing slides of art, architecture and the grand city. We will trace the careers of artists Claude Monet and Auguste Rodin, both of whom have a monumental presence in Paris. Class will focus on smaller museums which will be grouped by location to make planning easier. Everyone will get a map, list of museums and the itinerary followed in a private tour of Paris. All are welcome! (ages 14+) Week 9, Aug. 19-21 / M-W / 4-5:30 p.m.

Hultquist 201B Fees: 3 sessions • \$75 1 session at door • \$29



Draw inspiration from Chautauqua's scenic lakefront in a drawing or painting class (pages 19-21)

#### 304 • ART IN PARIS FOR TRAVELERS ( (BRIEFLY)

#### Alice Rose

What to see in a city that has so much art? Instructor will share her "top" list and show many examples of art so you can make your own plan on what you want to see. Class will focus on smaller museums and talk a bit about art history to make it more interesting. Each person will get a map and list of museums. All travelers are welcome! (ages 14+)

Week 8, Aug. 15 / Th / 4-5:30 p.m. Hultquist 201A

Fees: 1 session • \$29

#### 306 • SIGHT AND SOUND: AMERICAN PAINTING AND MUSIC **Elaine Wertheim**

Throughout the 19th and 20th centuries, American music paralleled the development of American painting. Topics will include: the Civil War in picture and music; ragtime and realism; and jazz and modern expression. The class will feature composers such as Foster, Joplin, Ives and Ellington and artists such as John Sloan, Stuart Davis and painters of the Harlem Renaissance. (ages 14+)

Week 9, Aug. 19-23 / M-F / 9-10:30 a.m. Hultquist 201A

Fees: 5 sessions • \$99 1 session at door • \$29

### **Art Instruction:** Drawing, **Painting and** Other Media

#### 310 • FROM BLOOMS TO **BRUSHSTROKES**





Fees: 3 sessions • \$75 / Materials fee • \$20

#### 311 • PURE PAINTING: ART AND YOGA INTEGRATION

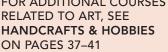


If you like art and yoga, this is for you! "Pure Painting" is a process of making art with mindfulness. We start with yoga, breathing, visualization, intention and meditation practices as preparation. Then we begin drawing and painting exercises. Gradually integrating these practices, we see the work as a mirror of ourselves, letting go of judgments and blocked beliefs, and learn to trust our creative experience at a deeper level. Bring a yoga mat and art materials of choice. (ages 16+) Week 2, July 1-3 / M-W / 8:30-10 a.m.

Pier Building Classroom Fees: 3 sessions • \$89 1 session at door • \$35

FOR ADDITIONAL COURSES













20 ART SPECIAL STUDIES 2019

### 312 • POCKET SKETCHING FOR FUN AND TRAVEL

#### Susan Merila

Quick and easy way to learn watercolor painting using a water soluble pen and compact watercolor paint set. Learn to quickly capture what you see, any time and any place, even in *public*, while fearlessly working in your own personal space. Seize the moment and put your own spin on all that lies before you as you travel and take in those everyday moments. Your personal paintings result in a record that makes each one special. Materials fee of \$50 due to instructor at start of class. (ages 14+) Week 2, July 1–4 / M–Th / 1:30–4:30 p.m. Pier Building Classroom

Fees: 4 sessions • \$115 / Materials fee • \$50

### 313 • ONE-A-DAY WATERCOLOR WORKSHOP

#### Lynn LeFauve

From novices to beyond, experience this new course in watercolor painting. This one-a-day workshop will cover a short intro to the basics of watercolor and explore its many varied techniques and approaches. Color, design and composition will be covered. The goal is to create one unique painting per day based on lessons developed by the instructor. Students will find their own comfort level as regards realism vs. abstraction vs. representational art. All will be discussed. Some watercolor experience is helpful. Students must bring appropriate painting supplies or be prepared to purchase them from instructor. Email instructor with questions at Irlefauve@gmail.com. (ages 15+) Week 3, July 9-11 / Week 7, Aug. 6-8 Tu-Th / 8-10:30 a.m. / Pier Building Classroom Fees: 3 sessions • \$109 1 session at door • \$39

### 314 • FLUID ART Eva M. Sherman

Sometimes called "pour painting," this a unique way to create dynamic and colorful abstract art using various acrylic paint pouring techniques. We will experiment with straight pours, dirty pours, swiping and kinetic pouring. Learn about diluting mediums and formulas, how to prevent crazing, plus the secret to creating large cells. Students will have an opportunity to create two canvases daily. Please note that we will be using latex gloves. Bring an apron to protect clothing. Materials fee of \$100 due to instructor at start of class. (ages 14+)

Week 4, July 15–19 / M–F / 8:30–10:30 a.m. Pier Building Classroom

Fees: 5 sessions • \$115 / Materials fee • \$100 1 session at door • \$35 / Materials fee • \$20



Watercolor classes are available for beginning and experienced artists (pages 19–21)

### 315 • CHUCK CLOSE: PORTRAITS IN PIXELS

#### Elaine LaVigne

No other artist challenges our perception of realism and abstraction quite like artist Chuck Close. Learn about his background and his techniques creating large-scale portraits. With detailed instruction use a grid to create your own personal portrait. A variety of approaches and media will be available to choose: colored pencil, charcoal, marker, stamp pads, pastel or paint. Materials fee of \$5 due to instructor at start of class. (ages 14+) Week 4, July 16–18 / Tu–Th / 8:30–10 a.m. Turner 106

Fees: 3 sessions • \$75 / Materials fee • \$5 1 session at door (first day only) • \$29

### 316 • CREATE THE MOSAICS OF THE MEDITERRANEAN George Woideck

In this hands-on course, we'll journey to the sunny Mediterranean from West to East and design and re-create the geometric patterned mosaics of Morocco, the broken tile mosaics of Antoni Gaudí's Barcelona and the Byzantine glass tile mosaics of ancient Constantinople. Experience this enduring art form while learning its history and the cultures that created it. You will not only complete three hands-on mosaic projects but will also learn the techniques of mosaic installation. No previous experience needed. Materials fee of \$35 due to instructor at start of class. (ages 14+) Week 5, July 22-26 / M-F / 1:30-4 p.m. Turner 204

Fees: 5 sessions • \$115 / Materials fee • \$35

### 317 • FAMILY STORIES THROUGH ART



Don't wait for someone to ask — be a good ancestor and tell your family stories. Ongoing research at Emory University shows how important it is for future generations to know their family history. No prerequisites for this fun beginner class for adults and teens, just bring stories in your head. We will cut, glue and create collages, then use the art to lead our writing. Materials provided and suggestions for sharing with family are given. (ages 14+) Week 5, July 22–26 / M–F / 8:30–10:30 a.m. Turner 106

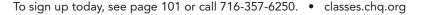
Fees: 5 sessions • \$105 / Materials fee • \$30 1 session at door (first day only) • \$29

### 318 • PAINTING CHAUTAUQUA'S BOATS, WATER AND SKY Jerome Chesley

Students will capture Chautauqua scenes by painting boats and water with three different approaches. Bring your own pictures of boats or use one provided by the instructor. Reflections, textures of water, capturing style to paint sky. Have fun painting, learning techniques and then conclude with a friendly critique. Suggested supply list available at classes.chq.org. (ages 14+)

Week 5, July 23–25 / Tu–Th / 8:30-11:45 a.m. Pier Building Classroom

Fees: 3 sessions • \$109 1 session at door • \$39



#### 319 • THE HUES IN YOU

#### Tan Gillespie

(\$) See, sketch, plan and paint a colorful souvenir of Chautauqua. Tan will share some basic drawing skills, you will practice handling your art materials and see demos with no murky colors. This is hands-on training for the novice artist, with sensible tips from a 30-year pro. Create your own unique watercolors, get hooked on this lifelong pastime. All levels welcome. Materials fee of \$5 due to instructor at start of class. (ages 15+)

Week 6, July 29-Aug. 2 / M-F 8:30-10:30 a.m. / Turner 106

Fees: 5 sessions • \$105 / Materials fee • \$5 1 session at door • \$35

#### 320 • PAINTING FLORALS AND **STILL LIFE**

#### Jerome Chesley

Have fun in this mini-workshop where you will develop the ability to possibly create a subtle or bold approach to capturing fabric forms, backgrounds and the beauty of flowers as the subject matter. You can paint along with Jerome using all the hints and techniques to complete the painting(s). Demonstration and personal instruction will conclude with a friendly group critique. Different approaches and techniques will help you develop your own style. Suggested supply list available at classes.chq.org. (ages 14+) Week 6, July 30-Aug. 1 / Tu-Th 8:30-11:45 a.m. / Pier Building Classroom

#### 321 • BEGINNING DRAWING WITH **COLORED PENCIL**

#### Tami Hritzay

Fees: 3 sessions • \$109

1 session at door • \$39

Designed for the beginner using colored pencil as their medium, we'll cover basic drawing techniques, shading and perspective, along with an introduction to color blending. My goal in teaching this class is to unlock the mysteries and give students the tools and techniques to render realistic drawings. We will draw landscapes, animals and people, and we'll explore different drawing surfaces. Creativity beckons you! Materials fee of \$12 due to instructor at start of class. (ages 12+) Week 7, Aug. 5-9 / M-F / 1-3 p.m. Turner 104

Fees: 5 sessions • \$109 / Materials fee • \$12



Improve your drawing technique and gain an appreciation for different building styles while "Sketching Chautauqua's Architecture" (below)

#### 322 • SKETCHING CHAUTAUQUA'S ARCHITECTURE

#### Sally Levine

Learn to recognize architectural styles by sketching examples of Chautaugua's buildings, and improve your sketching skills by looking at Chautauqua's architecture. This course is open to everyone, whether you're a beginning or advanced drawing student. We will focus on the elements, details, materials and technologies that define various architectural styles and give your drawings unique character. (ages 16+) Week 7, Aug. 5-9 / M-F / 8:30-10:30 a.m. Pier Building Lounge

Fees: 5 sessions • \$109

1 session at door (first day only) • \$35

#### 323 • THE WISDOM AND **TECHNIQUE OF TIBETAN SAND PAINTING**

#### Katie Jo Suddaby

For thousands of years, Tibetan Buddhists meditated on the impermanent nature of the universe by making, then brushing away, delicate sand paintings called Mandalas. In this course you will learn the basic technique of Tibetan sand painting, as well as the philosophy behind it. No prior skills required. Appropriate for adults and children ages 10 and above. All materials provided by instructor. Materials fee of \$25 due to instructor at start of class. (ages 10+) Week 8, Aug. 12-15 / M-Th / 3:30-5:30 p.m. Pier Building Classroom

Fees: 4 sessions • \$99 / Materials fee • \$25 1 session at door • \$35

#### 324 • DRAWING EVERY DAY Lauralynn White

Need to improve your ability to "see" as an artist? Want confidence in capturing movement in line? Join a group of like-minded individuals as we learn timehonored techniques in intuitive drawing. We will criss-cross Chautaugua using the day's lesson to capture the shoreline near the Bell Tower, the people in Bestor Plaza or the quaint historic cottages. Invigorate your work by drawing every day! (ages 14+) Week 8, Aug. 12-15 / Week 9, Aug. 19-22 M-Th / 12:15-1:45 p.m. / Hultquist 201A Fees: 4 sessions • \$89

1 session at door • \$29

#### 325 • ALL MIXED UP: EXPLORING **MIXED MEDIA**

#### **Amy Flowers**

Join us for a creative week of mixedmedia art playtime! Explore methods and techniques with acrylic product on a variety of surfaces, completing several works during this course. Experiment with alternative monotype printing for our week; learn to print with Gelli Plate, intaglio ink and more. Layer prints with color, collage and mark-making to create fresh artworks. This course is perfect for art play and practice — these techniques are a great addition to your artist's tool box, and you'll produce fabulous mixed-media work! All supplies provided, dress for messy fun! Materials fee of \$75 due to instructor at start of class. (ages 14+) Week 9, Aug. 19-23 / M-F / 1-4 p.m.

Pier Building Classroom Fees: 5 sessions • \$125 / Materials fee • \$75

NOTE: IT IS HIGHLY RECOMMENDED FOR STUDENTS REGISTERED FOR ART CLASSES IN THE PIER BUILDING TO BRING A CONTAINER FOR WATER ALONG WITH PORTABLE EASEL.







22 **BUSINESS & FINANCE SPECIAL STUDIES 2019** 

#### 110 • KIDS CREATE CHAUTAUQUA!

Pamela Spremulli

See page 11 for details.

#### 132 • CREATE A GRAPHIC NOVEL: WRITING IMAGES AND DRAWING **WORDS**

Sally Levine

See page 15 for details.

#### 1118 • SIMPLE SOLDERED SILVER RINGS

Eva M. Sherman

See page 39 for details.

#### 1131 • ART IN THE ROUND

Tami Hritzay

See page 41 for details.

#### 1133 • PAINTING WITH PAPER

Joan Cushing

See page 41 for details.

#### 2502 • ART AS PRAYER

Nancy Wilkinson

See page 70 for details.

#### 2731 • VIRGIN MARY IN WESTERN ART

**Kaye Lindauer** 

See page 78 for details.

#### 2738 • VAN GOGH: HIS LIFE AND WORK

Kaye Lindauer

See page 79 for details.

### **Business & Finance**

#### **400 • TELLING YOUR ORGANIZATION'S STORY**

**Matt Charles** 

Building relationships and trust is critical for an organization to survive. Communication through storytelling can make this happen. While marketing can be costly, social media can cost virtually nothing outside of paying staff or consultants to carry out this work. Particular emphasis will be on using storytelling to help an organization connect with its target audience by gaining earned media through public relations efforts and how to optimize these assets via an organization's owned, social and paid media functions (a strategic and holistic communications approach). (ages 14+) Week 1, June 24–27 / M-Th / 3:45–5 p.m. Hultquist 201A

Fees: 4 sessions • \$79 1 session at door • \$25



Simplify the art of portrait-drawing in "Chuck Close: Portraits in Pixels" (page 20)

#### **401 • FLIP OR FLOP: PROFITABLE HOUSE FLIPPING**



Buying and selling a house for a gain is the ultimate goal of all home owners. Learn strategies to buy houses for a bargain and sell to maximize your profits. How can you turn house flipping into a viable part time business? We all live somewhere — even if you can't afford to buy a house, learn creative alternative options to make money in real estate. What fixes get the greatest return on your money? How can you buy or sell without a brokers fee, thus saving 6%? What are the most common hidden costs? How do local real markets effect sales? Flipping houses is fun — learn more now! (ages 14+)

Week 2, July 1-3 / M-W / 3:15-4:30 p.m. Hultquist 201A

Fees: 3 sessions • \$65 1 session at door • \$25

#### **402 • INNOVATION, INVESTING** AND LONGEVITY

Alan Greenberg

Advances in technology and innovations are redefining how we live our daily lives. As we are living longer, we must adapt to this change and ensure our investment portfolios are changing with it. We will discuss topics such as longevity, biotechnology, artificial intelligence, cyber security, autonomous cars, cloud computing and behavioral pattern shifts from baby boomers to millennials, which are all impacting the investment landscape. (ages 16+)

Week 2, July 1-3 / M-W / 9-10:30 a.m. Hultquist 201B

Fees: 3 sessions • \$75 1 session at door • \$29

#### 403 • RISING INTEREST RATES. **RISING INFLATION AND RISING RISK**



Changing times might mean changing our investment philosophies. As our economy is changing, our portfolios must change with it. How do we position ourselves against rising interest rates and inflation? Should we allocate more to bonds or stocks? We will discuss different investment strategies to mitigate risk and ensure our portfolios are meeting our objectives. (ages 16+) Week 3, July 8-10 / M-W / 9-10:30 a.m. Hultquist 201A

Fees: 3 sessions • \$75 1 session at door • \$29

#### 404 • ARE YOU A WOMAN READY FOR **RETIREMENT?**

#### **Christina Worley**

Women frequently fear losing money and so invest too conservatively, but saving and investing wisely is critical for a successful financial retirement. Working women need to save 8% more of their annual income than men because of our longevity, lower earnings and higher health care costs. Learn to address this issue head on with a written game plan and actionable tips from an instructor with more than 20 years of experience with helping women. (ages 18+) Week 3, July 8-11 / M-Th / 3:30-4:30 p.m. Hultquist 201B

Fees: 4 sessions • \$69 1 session at door • \$25

#### 405 • TRUMP ECONOMY: INVESTMENT IMPLICATIONS Carol Clark

In contrast to prior administrations, the Trump era has been focused on minimizing regulations, maximizing job growth and lowering taxes. This sea change resulted in a dramatic surge in U.S. stock prices but punctuated by extreme volatility and a rise in the fear index. In an era of rising interest rates and the longest bull market on record, how can the average investor decide whether it is time to take some money off the table? Is the market running out of steam or is there further momentum ahead? (ages 16+)

Week 4, July 15-16 / M-Tu / 12:45-1:45 p.m. Hultquist 201B

Fees: 2 sessions • \$39

1 session at door (first day only) • \$25

#### **406 • HANDLING FINANCES ON** YOUR OWN

#### Liz Miller

Do you want to be prepared to take over financial matters when life puts you on your own again? Does your significant other handle all the bills and investments? Have you recently been required to manage it all yourself? Personal finances can seem daunting, but you've got this! We will take an easy journey through the important basics of personal finance including managing household bills, bank accounts, credit cards, insurance and investments to help you become a confident decision maker. (ages 21+)

Week 4, July 15-17 / M-W / 3:30-4:30 p.m. Hultquist 201A

Fees: 3 sessions • \$55 1 session at door • \$25

#### 407 • MONEY MATTERS: REDUCING ( **INVESTMENT COSTS**

#### Carol Clark

More than 90% of baby boomers are likely to outlive their assets. Discover the dramatic importance of the portfolio fee structure on long-term growth of assets. We will uncover ways to minimize costs and review data showing that even small increases in fees have a dramatic impact on ultimate portfolio returns. Determining which investments are truly selected in the best interest of the investor will also be covered as well as strategies for financial security. Case studies will be incorporated. (ages 15+)

Week 4, July 17-18 / W-Th / 12:45-1:45 p.m. Hultquist 201B

Fees: 2 sessions • \$39

1 session at door (first day only) • \$25

#### **408 • WHERE TO INVEST TODAY** Liz Miller

Summer is a great time to review your portfolio as markets generally slow. In this class we will look at where markets are today and assess different U.S. asset classes and sectors of the market for investing opportunities. Whether individual securities or funds, each day we will look at how to analyze these investments and suggest ones that look attractive today. We will conclude with how to use these to build your most successful investment portfolio. (ages 21+) Week 4, July 15-19 / Week 5, July 22-26 M-F / 9-10:30 a.m. / Hultquist 201B

#### **409 • THE INHERITANCE WE LEAVE TO OUR HEIRS: WILL IT BE A BLESSING OR** A CURSE?

#### Jack Alpern

Fees: 5 sessions • \$99

1 session at door • \$29

Which will it be for your family? Learn how to minimize friction among your children after you are gone, create "Incentive Trusts" to keep heirs productive, and use specific techniques to give meaning and significance to what you leave behind. Create a legacy that will go on for generations, not be used up in a year or less by using time-tested techniques that will further bond your family together. Make it mean something! (ages 40+) Week 6, July 29-Aug. 1 / M-Th / 9-10:30 a.m. Hultquist 201A

= Young people may attend

Fees: 4 sessions • \$89 1 session at door • \$29

#### 410 • WHERE'D THE MONEY GO? Denise Marie Fugo

We'll explore the five financial buckets critical for economic sustainability and wealth creation, along with the following topics: the importance of saving over spending; the value of compounding; what to do with an economic windfall; how to handle economic devastation; successful financial strategies for children, adults, small-business owners and nonprofit leaders; the importance of end-of-life planning at all ages in order to help those older and younger than yourselves; and the importance of wills and trusts. (ages 14+) Week 7, Aug. 5-9 / M-F / 12:30-2 p.m. Smith Library Classroom

Fees: 5 sessions • \$99 1 session at door • \$29

#### 2703 • AMERICA'S DIVERGING **ECONOMIES**

**Corey Townsend** See page 74 for details.

#### 3006 • INTRO TO BLOCKCHAIN AND **CRYPTOCURRENCIES**

**Robert Levin** 

See page 73 for details.





n = "On theme"

24 **COMPUTER** SPECIAL STUDIES 2019

### Computer

#### 500 • iPAD, iPHONE & iPOD TOUCH: **BASICS & BEYOND** \$

#### **Benchmark Computers**

We'll begin with an intro to the basic features, then explore the many exciting and hidden features of this technology. Use FaceTime to send and receive video calls. Learn to multitask with slide over and split view. Configure a free iCloud account to keep your files and photos backed up and safe. Use iBooks to download and read books and newspapers. Download free apps and games. Tap into GPS to find and get directions to restaurants and attractions. You'll learn how to listen to podcasts, watch videos and play music. Note: iPad 1 does not have a camera, so picture and video exercises will not work. Prerequisites: Bring your registered iPad, iPhone or iPod Touch along with your Apple ID and password to class. (ages 17+)

Weeks 1-8 / June 24-Aug. 16 / M-F 12:30-1:45 p.m. / Turner 101 Fees: 5 sessions • \$95 / Materials fee • \$4 1 session at door (first day only) • \$25

#### **501 • INTERNET SAFETY BEST PRACTICES: MONDAY Benchmark Computers**

The internet is amazing, but it comes with many inherent risks. Identity theft, e-mail scams, and online shopping are just a few of the hazards of the internet. This class will help you steer the many threats that are trying to get to your identity and your money. Creating strong passwords, online healthcare risks and maintaining online anonymity will also be presented. This is a hands-on class that will be using our computers. (ages 17+) Weeks 1-8 / June 24, July 1, July 8, July 15,

July 22, July 29, Aug. 5, Aug. 12 M / 8:55-10:10 a.m. / Turner 101 Fees: 1 session • \$25 / Materials fee • \$2

#### **502 • INTERNET SAFETY BEST PRACTICES: FRIDAY**

#### **Benchmark Computers**

Weeks 1-8 / June 28, July 5, July 12, July 19, July 26, Aug. 2, Aug. 9, Aug. 16 F / 8:55-10:10 a.m. / Turner 101 Fees: 1 session • \$25 / Materials fee • \$2

#### General Information for BenchMark Computer Classes

You may enroll into any of our classes no matter what version of Windows or type of iPad/iPhone or Android phone/tablet you may have.

One-day admissions are available on Mondays only and are on a space-available basis, payable at the door only.

Computer classes for youth can be found on page 12.

All of our classes will start with a brief introduction of the basics of the technology about to be presented. If you need more information about experience or prerequisites, send a list of your questions to bob@benchmarkchaut.com.

#### 503 • USING APPLE'S ICLOUD **FOR ORGANIZING & STORING** PHOTOS, DOCUMENTS, CONTACTS, **CALENDARS AND MORE!**

#### **Benchmark Computers**

Tired of scrolling through your iPhone's photos to find what you are looking for? Effortlessly organize your iPhone's photos for easy access, viewing and sharing. Apple's iCloud works on any mobile device, along with PC and Mac desktops. Create and edit documents from anywhere. Learn to use iCloud for managing your contacts, calendar, notes and finding your friends. This is a hands-on class that will allow you to use our computers and photos to practice, with time to work with your own device. Prerequisites: Please bring your Apple ID and password to class along with any version of the iPad, iPhone or iPod Touch that you have purchased and registered with Apple. (ages 17+)

Weeks 1-8 / June 25-27, July 2-4, July 9-11, July 16-18, July 23-25, July 30-Aug. 1, Aug. 6-8, Aug. 13-15

Tu-Th / 8:55-10:10 a.m. / Turner 101 Fees: 3 sessions • \$65 / Materials fee • \$4 1 session at door (first day only) • \$25

### **Culinary Arts**

#### 604 • THE BOURBON EXPERIENCE: **TUESDAY**

#### **Matthew Evans**

This one-day course will take a thematic approach to all things bourbon as you are treated to a wonderfully curated experience. During the two-hour course, we will discuss a wide array of bourbon-related topics including distillation practices, warehouse maturation, advertisement and more. There will be no hurry to transition from one topic to the next as we will nose, taste and appreciate a variety of carefully chosen bourbon expressions. Materials fee of \$10 due to instructor at start of class. (ages 21+)

Week 1, June 25 / Week 2, July 2 / Tu / 3-5 p.m. Chautaugua Room, Athenaeum Hotel Fees: 1 session • \$39 / Materials fee • \$10

#### 605 • THE BOURBON EXPERIENCE: **WEDNESDAY**

#### **Matthew Evans**

Week 1, June 26 / Week 2, July 3 / W / 3-5 p.m. Chautaugua Room, Athenaeum Hotel Fees: 1 session • \$39 / Materials fee • \$10

#### 607 • CARIBBEAN CUISINE 101: **TASTE THE TROPICS**

#### **Danielle Nebres**

Calling all Caribbean food and culture enthusiasts: let's prepare a menu inspired by my West Indian roots. The colonial history of Trinidad heavily informs its cuisine and the menu will reflect a motley blend of influences, much like my family tree. Lively conversation to accompany food prep! Materials fee of \$30 due to instructor at start of class. (ages 12+)

Week 2, July 1-3 / M-W / 12:30-2 p.m. Turner 205 (Kitchen)

Fees: 3 sessions • \$75 / Materials fee • \$30 1 session at door • \$29

MANY CULINARY COURSES REACH CAPACITY ENROLLMENT. PRE-SEASON REGISTRATION IS STRONGLY ENCOURAGED.





#### 610 • A BEGINNER'S GUIDE TO **BREWING BEER**

#### Justin Braver

Learn the basic techniques and ingredients involved in making brewery-quality beer in your own kitchen! Topics covered include beer-making procedures, brewing equipment, ingredient selection, sanitation and understanding the chemical and biological processes that create beer. You'll acquire hands-on experience brewing an American ale recipe and learn how to differentiate and appreciate various styles of beer from around the world. No prior experience necessary. Materials fee of \$15 due to instructor at start of class. (ages 21+) Week 3, July 8-10 / M-W / 3:30-5:30 p.m. Turner 205 (Kitchen)

Fees: 3 sessions • \$75 / Materials fee • \$15 1 session at door • \$29

#### **611 • ITALIAN COOKIE GIFTS** Kate Levea & Mary Lyth



**(\$)** Nothing says Christmas, wedding, or any special event in Italy like a platter of Italian cookies. Every bakery around the country is filled with regional specialties made with local ingredients all year long. In this hands-on class, we'll bake several authentic specialty recipes and variations along with suggestions on turning them into wonderful gifts to give away for that special touch. You'll have plenty to take home and share with family and friends. Materials fee of \$10 due to instructor at start of class. (ages 12+)

Week 3, July 8-10 / M-W / 12:30-2 p.m. Turner 205 (Kitchen)

Fees: 3 sessions • \$75 / Materials fee • \$10 1 session at door • \$29

#### **612 • GLUTEN FREE NATURALLY** Kate Levea & Mary Lyth



There's no need to deny your sweet tooth due to allergies, diet restrictions or sinful treats with no nutritional value. You'll swoon at the wide array of decadent and delicious dessert treats we can create using raw, nutritious superfoods that are simple enough for novice chefs to prepare at home. Nobody will miss the lack of flour, gluten or diary ingredients in all these recipes. Go ahead and enjoy seconds! These creations are as healthy as they are divine. Materials fee of \$10 due to instructor at start of class. (ages 12+) Week 4, July 15-17 / M-W / 8:45-10:15 a.m.

Turner 205 (Kitchen)

Fees: 3 sessions • \$75 / Materials fee • \$10 1 session at door • \$29

### **Master Class Series: Amy Riolo**

As an award-winning, best-selling, author, chef, television personality, and educator, Amy Riolo is one of the world's foremost authorities on culinary culture, known for sharing history, culture, and nutrition through global cuisine as well as simplifying recipes for the home cook. Amy is a food historian, culinary anthropologist and Mediterranean Diet specialist who enjoys changing the way we think about food and the people who create it.

Amy just completed the second edition of her award-winning Mediterranean Diabetes Cookbook (May 2019). The first edition, published in 2010, received a starred PW review, won



Amy is a culinary advisor for The Mediterranean Food Alliance. Her work has appeared in numerous print media including USA Today, Cooking Light magazine, The Washington Post, CNN.com, The Wall Street Journal, among others, and international newspapers and hundreds of blogs, and she makes frequent appearances on numerous television and radio programs both in the United States and abroad, including Fox TV, ABC, CBS, NBC and others.

#### 600 • THE MEDITERRANEAN LIFESTYLE AND ITS IMPACT ON WELLNESS

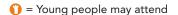
In honor of The Mediterranean Diet being named "The Best Overall Diet for 2019" by U.S. News & World Report, we explore how ancient daily living traditions from the Mediterranean region can provide solutions to chronic modern health epidemics including obesity, diabetes, cancer, hypertension, heart disease and more. In this interactive, informing, and engaging seminar, you'll learn the basics of the Mediterranean lifestyle, explore eating and living trends in countries around the Mediterranean region, and discover easy and delicious tips to integrate into your own lifestyle. Whether your interested in gaining insight into how a Mediterranean eating plan can personally improve your health, or just taking a virtual culinary tour of some of the world's most beautiful locales, this is the presentation for you! (ages 14+) Week 1, June 24 / M / 3:30-5 p.m. / Hultquist 101 / Fees: 1 session • \$50

#### **601 • MASTERING MEDITERRANEAN COOKING**

This series was developed to teach the nutritional and gastronomic benefits of enjoying the Mediterranean lifestyle, while sharing tasty and healthful recipes that make adopting this good for you approach a pleasure. You'll learn the basics while following the Mediterranean Diet Pyramid as a base — discovering cultural and historical info along the way. Classroom recipes feature each tier of the pyramid including plant-based foods, fish and seafood, dairy and poultry, and meats and sweets, and hail from various countries in the region. Students will learn to prep, plan and prepare meals using the best Mediterranean techniques with local produce. (ages 16+) Week 1, June 25-27 / Tu-Th / 4-6 p.m. / Turner 205 (Kitchen) Fees: 3 sessions • \$129 / 1 session at door • \$50 / Materials fee • \$50

#### 602 • CREATING A COOKBOOK: HOW TO WRITE, PUBLISH AND PROMOTE YOUR CULINARY PHILOSOPHY

This afternoon workshop demystifies the cookbook creation process for both new and accomplished authors of both traditional books and cookbooks. Whether you want to preserve family recipes for your own use or create a best-selling cookbook, this workshop will be a valued guide in the process. Award-winning cookbook author Amy Riolo reveals all of the tips, strategies and techniques needed to set yourself up for success. In addition to writing and compiling recipes, you'll learn to find your niche in food writing, build an author platform, write and submit a cookbook proposal, the differences between self-publishing and traditional publishing, how to promote your cookbook and expert advice on agents, contracts, and copyrights. (ages 16+) Week 1, June 28 / F / 1–4 p.m. / Turner 205 (Kitchen) / Fees: 1 session • \$89









26 **CULINARY ARTS** SPECIAL STUDIES 2019

### **Master Class Series: Amy Riolo**

Award-winning, best-selling author and chef Amy Riolo returns in Week Three for a series on Italian cuisine.

#### **608 • EXPLORING THE HISTORY OF ITALIAN CUISINE**

This presentation reveals the beautiful and unique history of Italy's regions as it relates to its cuisine both in Italy and around the globe today. We'll explore the relationship between grandmothers and professional chefs in the Italian kitchen and the way it has shaped that nation's modern gastronomy. Led Italian Culinary Tour Leader Amy Riolo this presentation is an unprecedented virtual tour through Italian meals and the people who make them. We'll travel back in time



from antiquity through the renaissance and the unification of Italy to modern times to witness how Italian cuisine became the world's most beloved food. In addition, you'll discover how Italian daily living trends such as poetry, fashion, opera, and cinema influenced the world of Italian cuisine and vice versa. (ages 14+) Week 3, July 9 / Tu / 9-10:30 a.m. / Hultquist 101 / Fees: 1 session • \$50

#### 609 • MASTERING ITALIAN PASTA, SAUCES AND OLIVE OIL

You'll learn the Italian meal planning system and how to integrate them into busy lifestyles anywhere. Students will be given a syllabus with Italian culinary terminology and recipes used in the series. (ages 16+)

Day 1: Sauces. Weekday lunches in Italy often consist of "paste sciutte" or dried pastas with simple, healthful sauces. This class teaches a variety of pasta shapes and sauces for maximum flavor in minutes.

Day 2: Fresh Pasta Making. This class teaches the time-honored tradition of pasta making. We will explain pasta and sauce pairing basics as well as the history of pasta making in Italy.

Day 3: Everything EVOO. This class teaches everything that students need to know about olive oil, including how to professionally taste and pair olive oil as well as how to buy and store it. Tonight's menu will be based solely upon olive oil so that students will become comfortable with pairing it on their own.

Week 3, July 10-12 / W-F / 4-6 p.m. / Turner 205 (Kitchen)

Fees: 3 sessions • \$129 / 1 session at door • \$50 / Materials fee • \$50

#### 613 • SOUS VIDE COOKING DEMO AND SAMPLING

### Paul Kolze & Susan Carol Kolze

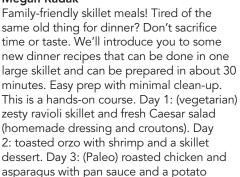
Sous vide is a cooking method of sealing food in a container then placed in temperature controlled water bath. It consistently results in delicious healthy food cooked with less salt and fat while retaining nutrients, and this cooking method is easy and fun to learn. Many dishes can be started in advance and be ready for dinner. We'll include demonstrations of using sous vide for breakfast, lunch and dinner including appetizers, main dish, vegetables and dessert. Students will be able to sample all the wonderful food. Materials fee of \$10 due to instructor at start of class. (ages 14+) Week 4, July 15-17 / M-W / 2-3:30 p.m. Turner 205 (Kitchen)

Fees: 3 sessions • \$75 / Materials fee • \$10 1 session at door • \$29

#### **615 • PANCAKE PARTY!** Megan Radak

Join us as we measure, mix, create, cook and enjoy delicious homemade pancakes. These are from scratch — no mixes. We'll customize our very own creations with the option of fresh fruit, syrup, powdered sugar and homemade whipped cream! Youth under age 12 may register for this class if accompanied by a registered adult. Materials fee of \$5 due to instructor at start of class. (ages 12+) Week 4, July 18 / Week 5, July 25 / Th 9-10 a.m. / Turner 205 (Kitchen) Fees: 1 session • \$25 / Materials fee • \$5

#### **616 • ONE-SKILLET DINNERS** Megan Radak



Week 4, July 15-17 / Week 6, July 29-31 M-W / 4:30-6 p.m. / Turner 205 (Kitchen) Fees: 3 sessions • \$75 / Materials fee • \$8 1 session at door • \$29

side. All participants will receive the recipes.

Materials fee of \$8 due to instructor at start

### 617 • EGGCITING EGGS!



of class. (ages 18+)

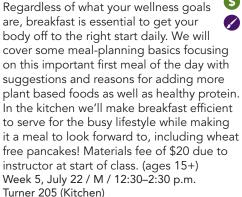
Good morning and welcome to breakfast boot camp! Join us each morning and learn some fun new breakfast recipes. Learn egg basics like fried, scrambled and poached. Then we'll step it up with frittatas, stratas and quiche, oh my! It's sure to be a delicious experience each morning. Be ready to be hands-on, and enjoy your creations at the end of class. BYOC (Bring your own coffee!). Materials fee of \$10 due to instructor at start of class. (ages 18+)

Week 5, July 22-24 / M-W / 8:30-9:45 a.m. Turner 205 (Kitchen)

Fees: 3 sessions • \$65 / Materials fee • \$10 1 session at door • \$25

### 618 • BREAKFAST FOR BUSY LIVES!

William Kuntz & Selina Uglow



Fees: 1 session • \$39 / Materials fee • \$20





### 619 • SNACKS THAT KIDS CAN MAKE THEMSELVES!

#### William Kuntz & Selina Uglow

Bring the young people to this one as we explore the importance of snacking and the cautions of overeating. We'll offer some meal planning suggestions that focus on the little chefs in the kitchen, and together, you'll make several items that require little to no grownup supervision! Parents will learn how to "mise en place," or gather ingredients for their little chef, in a way that creates a healthy level of skill development. For parent/guardian and child. Materials fee of \$20 due to instructor at start of class. (ages 5+)

Week 5, July 23 / Tu / 12:30–2:30 p.m. Turner 205 (Kitchen)

Fees: 1 session • \$39 / Materials fee • \$20

### 620 • HEALTHY EATING AND EXERCISE EVERYDAY

William Kuntz & Selina Uglow

We share the chef's wisdom to make preparing healthy meals efficient and simple, including cooking techniques and ingredient selection so that you get the most out of time spent in the kitchen. We also get you up out of your seats as the coach demonstrates simple strategies for including the intentional movement throughout your day that counts as exercise and helps you with your wellness goals. Materials fee of \$20 due to instructor at start of class. (ages 15+) Week 5, July 24 / W / 12:30–2:30 p.m.

Fees: 1 session • \$39 / Materials fee • \$20

### 621 • MAKING AMAZING ICE CREAM

Turner 205 (Kitchen)

#### Dale Graff

Avoid the gourmet ice cream store lines! Here's the ultimate hands-on class for the most flavorful, scoopable, homemade treat to satisfy your inner ice cream aficionado. We will begin by creating multiple cream bases and experimenting with flavoring using pastes and steeping. Next, using a diverse variety of ice cream makers, we will churn our creations and explore mix-ins and swirling techniques. We'll end with a tasteoff of the many classic and exotic creations. The instructor will share ice cream tips, tricks, science and dessert presentation ideas throughout the class. Materials fee of \$25 due to instructor at start of class. (ages 14+) Week 5, July 22-24 / M-W / 3:30-5:30 p.m. Turner 205 (Kitchen)

Fees: 3 sessions • \$85 / Materials fee • \$25

### **EXPLORE**

**(\$)** 

\$

Take an afternoon to explore all that Chautauqua County has to offer. With these workshops and tours, you'll have a chance to go behind the scenes at local wineries, farms and more. Transportation provided.

# 606 • WHAT'S TERROIR?: JOHNSON ESTATE VINEYARD WALK AND WINE TASTING Johnson Estate Winery

Chautauqua is near one of the great grape-growing regions of North America, with a climate similar to Germany's. The region's wines are influenced by a unique combination of geography, soils, slope, weather and agriculture. That is "terroir." Your narrated



geological tour from Chautauqua sets the state. Then winemaker Jeff Murphy and owner Fred Johnson will lead you through the vineyards to sample wines paired with delicious foods. See, touch and taste the ripening grapes, and enjoy a summer afternoon discovering the meaning of terroir. Six+ wines and food. Heavy rain cancels. (ages 21+) Week 2, July 2 / Week 5, July 23 / Week 7, Aug. 6 / Week 8, Aug. 13 Tu / 2:30–5:30 p.m. / Meet in Turner Lobby / Fees: 1 session • \$79

### 614 • FARM TO FORK LUNCH AT GREEN HERON GROWERS

#### **Emily Rockcastle**

This course will give you a chance to get out in the community on a local farm with its farmers. From 100% grass-fed beef to shiitake mushrooms and organic vegetables, it's important to taste our vast, local food landscape. When you arrive, you'll enjoy a farm-to-fork lunch that showcases what it means to eat local in Chautauqua County. After our workshop, we'll tour the shiitake mushroom yard with the Rockcastle family. Materials fee of \$40 due to instructor at start of class. (ages 16+) Week 4, July 17 / W / 2–5 p.m. Meet in Turner Lobby

Fees: 1 session • \$55 / Materials fee • \$40

### **628 • FUN WITH FERMENTATION** Emily Rockcastle

Healthy, delicious and versatile, fermented foods are all the rave these days. Come and find out why! This hands-on class will demonstrate how to combine unique ingredients and seasonal produce that will make tasty

622 • PORCH PARTY LIQUEURS AND LIBATIONS

#### **Emily Rockcastle**

Looking to elevate your cocktail game? This hands-on workshop at Green Heron Growers will demonstrate the simplicity of making your own liqueurs and infusions. We'll create a cocktail sourced from local ingredients and serve appetizers. After the workshop, we'll tour the shiitake mushroom yard with the Rockcastles. Materials fee of \$25 due to instructor at start of class. (ages 21+) Week 5, July 24 / W / 2–5 p.m. Meet in Turner Lobby

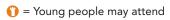
Fees: 1 session • \$55 / Materials fee • \$25



ferments. Participants will be given recipes and tastings of fermented goodies, and you'll take home a hand made jar to share with your loved ones! After the workshop, we'll tour the shiitake mushroom yard with the Rockcastle family. Materials fee of \$30 due to instructor at start of class. (ages 16+)

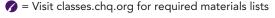
Week 8, Aug. 14 / W / 2-5 p.m. / Meet in Turner Lobby

Fees: 1 session • \$55 / Materials fee • \$30









28 CULINARY ARTS SPECIAL STUDIES 2019

### A SUMMER OF WINE

Join sommelier and wine merchant **Samuel Whitmore** for a season-long exploration of wines from around the world. Samuel brings 13 years of winery management in California and eight years as owner of Bag & String Wine Merchants. With a deep knowledge of wine making and California wines — and an ever-expanding knowledge of international wines — his classes deliver a wealth of wine knowledge.





#### **631 • SIX ESSENTIAL SUMMER WINES**

Taste, learn about and discuss Sam's top six essential summer wines. All dry wines. One sparkling wine, two white wines, one rosé and two red wines. We will discuss what makes these great summer picks, with a brief overview of regions covered and receive some pairing suggestions to make your summer entertaining a breeze. (ages 21+)

Week 1, June 25 / Week 6, July 30 / Tu / 4–5 p.m. / Hultquist 101 Fees: 1 session • \$25 / Materials fee • \$15

#### 632 • BORDEAUX

Explore six of the Bordeaux appellations and wine styles. Tasting will include one white wine, four red wines and one dessert wine. (ages 21+)

Week 1, June 27 / Th / 4–5:30 p.m. / Hultquist 101

Fees: 1 session • \$35 / Materials fee • \$20

#### 633 • THE WORLD'S BEST WINES

Instructor Sam Whitmore hand picks his favorite wines from six top regions from the U.S. to Europe and beyond. In Week Three, we'll taste six red wines and in Week Seven we'll taste six whites. Sign up for one week or both! (ages 21+)

Week 3, July 11 (reds) / Th / 2:30-4 p.m.

Week 7, Aug. 8 (whites) / Th / 2:30-4 p.m.

Chautaugua Room, Athenaeum Hotel

Fees: 1 session • \$29 / Materials fee • \$20

#### 634 • IS IT WORTH IT?

This is one of Sam Whitmore's favorite classes to teach. Most people have a preconceived idea that higher price equals higher quality, that is not always the case. This blind tasting class will challenge your palate to try and decipher which wine costs \$15 and which costs \$50! The wines will include two each of chardonnay, pinot noir and cabernet sauvignon. One wine will under \$20 and one will be over \$40; after tasting through all the wines we will reveal the wines and prices. It is harder than you think! (ages 21+)

Week 3, July 9 / Tu / 4-5:30 p.m. / Turner Conference Room

Fees: 1 session • \$29 / Materials fee • \$15

#### 635 • A GLOBAL EXPLORATION OF WINE

Explore wines from around the world tasting three different styles.

Week Four: Chardonnay. The French have a word, "terrior," that describes the flavor and aroma of a wine is influenced by the soil, weather and people. We will explore six chardonnays from various regions around the world. Taste and discuss the soil, climate and wine making style that creates the resulting wine.

Week Six: Cabernet Sauvignon. Taste, learn about and discuss six different cabernet sauvignon wines from six unique regions. We will cover each of the six regions (Argentina, Australia, Chile, France, Italy and the United States).

Week Eight: Sparkling Wines. Learn about sparkling wine production. Taste and explore six different sparkling wines; Champagne (two styles), domestic sparkling (New York and California), Cava, Prosecco. (ages 21+)

Week 4, July 18 (chardonnay)

Week 6, Aug. 1 (cabernet sauvignon)

Week 8, Aug. 15 (sparkling wines)

Th / 4-5:30 p.m. / Turner 205 (Kitchen)

Fees: 1 session • \$29 / Materials fee • \$15

#### **636 • NORTHERN ITALY**

#### Samuel Whitmore

With a focus on Piedmont and Tuscany, we will explore six red wines from Barolo, Barbaresco, Brunello and Chianti. (ages 21+)

Week 4, July 16 / Tu / 4-5:30 p.m. / Turner 106

Fees: 1 session • \$35 / Materials fee • \$20



#### 637 • CALIFORNIA DREAMING

#### Samuel Whitmore

Having grown up in Northern California, instructor Sam Whitmore worked in wine industry for 15 years before relocating to Chautauqua County. He will share his favorite wines that deliver the best price to quality in the world of high end wines. The selection will include a sparkling wine, sauvignon blanc, chardonnay, pinot noir, red blend and cabernet sauvignon. \*If you take this class both weeks, note that the varietals will be the same but from different producers. (ages 21+)

Week 5, July 23 / Week 7, Aug. 6 / Tu / 2:30–4 p.m.

Chautauqua Room, Athenaeum Hotel

Fees: 1 session • \$35 / Materials fee • \$20



#### 638 • TOP VALUES FROM AROUND THE WORLD Samuel Whitmore

Let's face it, entertaining family and friends can get expensive. This fun class will taste through six wines that cost \$15 or less. One sparkling wine, two white wines and three reds. Don't be fooled, these wines are light on the wallet but big on taste! Instructor Sam Whitmore loves finding wines that over deliver on price to quality. (ages 21+)

Week 5, July 25 / Th / 4-5:30 p.m. / Turner Conference Room Fees: 1 session • \$29 / Materials fee • \$15

#### 639 • THE PARIS WINE TASTING OF 1976 Samuel Whitmore

Known as the Judgment of Paris — a wine competition organized in Paris on May 24, 1976, by British wine merchant Steven Spurrier in which French judges carried out two blind tasting comparisons: one of top-quality chardonnays and another of red wines. What was not known by the French wine tasters was that the organizer put in several Napa wines that won! We will recreate our own version comparing Napa verses France with two chardonnays, two cabernet sauvignon blends and two syrah-based blends. The French wines will be from Burgundy, Bordeaux and Rhone. (ages 21+)

Week 8, Aug. 13 / Tu / 4-5:30 p.m. / Turner 106 Fees: 1 session • \$29 / Materials fee • \$15

#### **623 • CHOCOLATE TASTING** AROUND THE WORLD **Beverly Humbert**

Discover and define your favorite chocolate quality, flavors and textures by tasting a variety of chocolate samples from around the world! There will be interaction between instructor and class members as we uncover our preferences of chocolate. Materials fee of \$6/day due to instructor at start of class. (ages 16+)

Week 5, July 25-26 / Th-F / 3:30-5 p.m. Turner 205 (Kitchen)

Fees: 2 sessions • \$55 / Materials fee • \$6/day 1 session at door • \$29

#### 624 • FAST, EASY, HEALTHY: JUICING POWER

#### Pia Civiletti & Jolie McShane

Juicing made easy! Learn the key ingredients for healthy and tasty varieties. Take control of weight issues, increase energy, strengthen immune system, improve digestion and much more. Various juicing machines will be on hand with which to experiment, taste test and explore the possibilities. All recipes are dairy and gluten free. Materials fee of \$5 per day due to instructor at start of class. (ages 14+) Week 6, July 30-Aug. 1 / Tu-Th / 8:30-10 a.m. Turner 205 (Kitchen)

Fees: 3 sessions • \$75 / Materials fee • \$5/day 1 session at door • \$29

#### 625 • FAST, EASY, HEALTHY: **DESSERTS**

#### Pia Civiletti & Jolie McShane

Staying true to our "Fast, Easy, Healthy" series, all of our divine desserts are gluten and diary free, whip up quickly, are low sugar and, best yet, healthy! Materials fee of \$5 per day due to instructor at start of class. (ages 14+)

Week 6, July 30-Aug. 1 / Tu-Th / 1-2:30 p.m. Turner 205 (Kitchen)

Fees: 3 sessions • \$75 / Materials fee • \$5/day 1 session at door • \$29

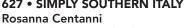
#### 626 • FAST, EASY, HEALTHY: **KOMBUCHA 101**

#### Jolie McShane

Bottled kombucha, kombucha bars and kombucha dispensaries have rapidly entered the U.S. market and are available at grocery stores, convenience stores, bars and perhaps your neighbor's house. What is this drink? What are the health benefits? We'll teach you how to make this superfood. Includes starter equipment and all necessary ingredients. Materials fee of \$5 per day due to instructor at start of class. (ages 14+) Week 7, Aug. 5-6 / M-Tu / 3:30-5:30 p.m. Turner 205 (Kitchen)

Fees: 2 sessions • \$69 / Materials fee • \$5/day 1 session at door • \$39

### **627 • SIMPLY SOUTHERN ITALY**



The Southern Italian kitchen is distinguished for its robust flavors, fresh natural ingredients, and dishes that reflect the conquerors and traders who left their gastronomic mark over these beautiful and ancient lands. Join us for a food lover's voyage of the rich and diverse elements of authentic Southern Italian cooking. In the company of our fellow explorers, and with the music of Southern Italy in the background to inspire us, we will learn how to prepare and then enjoy classic Southern Italian dishes from the regions of Campania (Naples), Apulia and Sicily. Buon appetito! Materials fee of \$10 due to instructor at start of class. (ages 14+)

Week 7, Aug. 5-7 / M-W / 12:15-1:45 p.m. Turner 205 (Kitchen)

Fees: 3 sessions • \$75 / Materials fee • \$10 1 session at door • \$29

MANY CULINARY COURSES REACH CAPACITY ENROLLMENT. PRE-SEASON REGISTRATION IS STRONGLY ENCOURAGED.









30 **DANCE** SPECIAL STUDIES 2019

#### 629 • CHOCOLAHOLICS 101

#### Karen Koch

Calling all chocolate lovers! Using chocolate as a model, we shall explore its history and influence on various social cultures and contributions by many people. A delicious assortment of domestic and global chocolates shall be tasted daily. Satisfy your sweet tooth as well as your mind. A class not to be missed! Materials fee of \$5 due to instructor at start of class. (ages 14+)

Week 8, Aug. 12-14 / M-W / 3:30-5 p.m. Turner 205 (Kitchen)

Fees: 3 sessions • \$75 / Materials fee • \$5/day 1 session at door • \$29

#### 630 • OH MY, IT'S PIE! Mary Dulle

Pies sweet and savory; creamy and fruity; for summer, winter, holidays and special occasions. Learn to make pastry and crumb crusts, cream and fresh fruit fillings. Create a summery fresh tomato pie or the ultimate comfort food — chicken pot pie. Take a pie home with you after each class. (Notes: This is not a gluten-free class. Nuts are used in one session.) Please bring to class something to carry a hot pie home with you. Materials fee of \$40 due to instructor at start of class. (ages 15+) Week 9, Aug. 19-22 / M-Th / 2-5 p.m. Turner 205 (Kitchen)

Fees: 4 sessions • \$99 / Materials fee • \$40

#### 640 • TRUFFLES AND CHOCOLATE-**MAKING WORKSHOP**

#### Sarah Khan

Designed for foodies with a sweet tooth, you'll learn the art of tempering chocolate to make showstopping truffles. Create amazing molded chocolates. Find out all you need to know about piping, shaping and coating. Learn to package your handiwork for maximum "wow factor." You'll be supplied with an apron and all the equipment and ingredients needed and will leave the workshop with lots of truffles for you to indulge in by yourself or to show off to your friends and family. Materials fee of \$25 due to instructor at start of class. (ages 18+) Week 8, Aug. 13–15 / Tu–Th / 8:15–10:15 a.m. Turner 205 (Kitchen)

Fees: 3 sessions • \$85 / Materials fee • \$25

#### 129 • KIDS IN THE KITCHEN: **BAKING 101**

Peggy Zorn

See page 14 for details.

#### 2751 • THE INTERSECTION OF FOOD **AND FILM**

Suzanne Cope & Tim Kiernan See page 80 for details.

School of Dance

#### Jean-Pierre Bonnefoux, Artistic Director

Carnahan-Jackson Dance Studios Dance Office: 716-357-6298

The Chautauqua School of Dance offers a comprehensive program of dance education. Children and adults will find courses appropriate to their interests and abilities listed in the following curriculum. Distinguished faculty members provide instruction in beginning through advanced levels of ballet, jazz and modern dance technique. All of the courses listed below are open to the public through the registration procedures described on these pages and page 108 of this Special Studies catalog.

Students, families, and members of the community are welcome to observe these classes. Guests are asked to check with the School of Dance Office before observing a class or rehearsal. Some fees and registration processes can be completed with the monitors at the dance studio.

#### 700 • CREATIVE MOVEMENT (AGES 3 AND 4)

#### School of Dance Staff

Explore movement through music in a fun, creative and supportive environment. Students will begin to develop body coordination, spatial awareness and musicality while learning about movement concepts such as shape, level, tone and direction. Children need to be independent of parents. Class will begin with a short stretch and then proceed to movement activities, dances and exercises that move across the floor. Parents will be invited into the studio to watch the last five to 10 minutes of class on Fridays. No previous dance experience necessary. (ages 3 to 4) Weeks 1-7 / June 24-Aug. 9 / MW F 4-4:30 p.m. / Carnahan-Jackson Dance Studio Fees: 3 sessions • \$29

1 session at door • \$12

#### 701 • CREATIVE MOVEMENT (AGES 5 AND 6)

#### School of Dance Staff

Explore movement through music in a fun, creative and supportive environment. Students will develop body coordination, spatial awareness and musicality, while learning about movement concepts. Through open-ended activities, learn to express images, ideas and feelings through movement. Children need to be independent of parents. Class begins with a short stretch and then movement activities, dances, and combinations that move across the floor. Parents are invited into the studio to watch the last five to 10 minutes of class on Fridays. No previous dance experience necessary. (ages 5 to 6)

Weeks 1-7 / June 24-Aug. 9 / M W F 4:30-5 p.m. / Carnahan-Jackson Dance Studio Fees: 3 sessions • \$29

1 session at door • \$12

#### FREQUENTLY ASKED QUESTIONS

- Q: What do they wear for Creative Movement?
- A: Children usually wear leotards or comfortable loose clothing, but have been known to arrive from the beach in swimwear. Ballet shoes are optional, bare feet or socks are fine.
- Q: Do you need ballet shoes for Introduction to Ballet?
- A: Yes, please.
- Q: She's 7, but she's had four years of ballet. Can't she take Intermediate?
- A: No. The class is too difficult for a 7-year-old.
- Q: Do they do pointe in Intermediate Ballet?
- A: Sometimes the instructor will do 15 minutes of pointe work at the end of class.
- Q: Can I pay by the class?
- A: Yes, see the monitor outside the door.
- Q: Do you have T-shirts and sweatshirts?
- A: Yes, you may purchase them at the dance office.







Children explore music and dance in "Creative Movement" (page 30)

#### 702 • INTRODUCTION TO BALLET (AGES 7 TO 12)

#### School of Dance Staff

This class is designed for beginning ballet students. Each class will consist of barre work, stretch, center work and across-thefloor combinations. Students should wear a leotard, tights and ballet shoes. (ages 7 to 12)

Weeks 1-7 / June 25-Aug. 8 Tu Th / 4:30-5:30 p.m.

Carnahan-Jackson Dance Studio Fees: 2 sessions • \$32

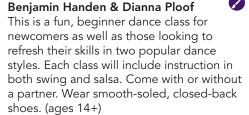
1 session at door • \$17

#### 703 • BALLET (AGES 13 TO ADULT) School of Dance Staff

This class requires four to five years of formal ballet study. Students should wear a leotard, tights and ballet shoes. (ages 13+) Weeks 1-7 / June 24-Aug. 9 / M W F 4:30-6 p.m. / Carnahan-Jackson Dance Studio Fees: 3 sessions • \$55 1 session at door • \$20



#### **800 • BEGINNER SWING AND SALSA FOR FUN**

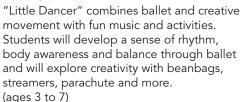


Week 1, June 24-28 / Week 8, Aug. 12-16 Week 9, Aug. 19-23 / MWF/3:15-4:45 p.m. Heinz Beach Fitness Room 1

Fees: 3 sessions • \$75

1 session at door (first day only) • \$29

#### **801 • LITTLE DANCER** Katie Clark



Week 2, July 2-4 / Week 4, July 16-18 / Tu-Th 3-3:50 p.m. / Heinz Beach Fitness Room 2 Fees: 3 sessions • \$35

1 session at door • \$12

#### **802 • TRADITIONAL DANCE: ENGLISH AND AMERICAN** Joseph Kwiatkowski

We'll focus on three popular participatory dance styles: English country dancing, traditional square dancing, (New England) Contra dancing. No previous experience is necessary; all of the moves and all of the dances are taught and called. Prerequisites: comfortable clothing and shoes, ability to follow instructions, knowing difference between left and right. The emphasis is on participation and enjoyment; perfection not expected. (ages 14+) Week 2, July 1-3 / M-W / 3:30-5:30 p.m.

Turner Gym Fees: 3 sessions • \$89 1 session at door • \$35

### **Paul Taylor Dance Company Master Classes**

Paul Taylor Dance Company will offer master classes through Special Studies, in addition to its Amphitheater performances on Aug. 7 and Aug. 10.

#### **807 • ADULT PUBLIC MASTER CLASS Paul Taylor Dance Company**

Skill-appropriate movement workshop exploring the signature Paul Taylor "style" and a broader understanding of American Modern Dance. (ages 16+) Week 7, Aug. 6 / Tu / 9-10:30 a.m.

Carnahan-Jackson Dance Studio

Fees: 1 session • \$25

#### **808 • ADULT PUBLIC MASTER CLASS Paul Taylor Dance Company**

Skill-appropriate movement workshop exploring the signature Paul Taylor "style" and a broader understanding of American Modern Dance. (ages 16+) Week 7, Aug. 7 / W / 9-10:30 a.m. Carnahan-Jackson Dance Studio

Fees: 1 session • \$25

#### **809 • PUBLIC MASTER CLASS Paul Taylor Dance Company**

A great primer and chance to get upclose and personal before watching the Company in performance! (ages 8+) Week 7, Aug. 8 / Th / 12:45-1:30 p.m. Girls' Club

Fees: 1 session • \$25

#### 810 • MASTER CLASS FOR YOUNG **DANCE STUDENTS**

#### **Paul Taylor Dance Company**

A pre-professional master class format with repertory sequences and Taylor-style exercises. A great primer and chance to get up-close and personal before watching the Company in performance! (ages 8+) Week 7, Aug. 9 / F / 9-10:30 a.m. Carnahan-Jackson Dance Studio Fees: 1 session • \$25





4



32 **DANCE** SPECIAL STUDIES 2019

### Master Classes with Pilobolus

Pilobolus returns in 2019 to create new work as this remarkable company prepares to celebrate its 50th anniversary in the 2020–21 season. Chautauqua continues to support new work and this residency is a way to foster choreographic creation and provide community members with an insight into Pilobolus' unique process through public classes, open warm-ups and a culminating sharing of their work-in-progress.

#### **811 • YOUTH PUBLIC MASTER CLASS**

#### **Pilobolus Teaching Artists**

The core values of Pilobolus are creativity, collaboration and communication. Through physically challenging, movement-based problem solving, and collaborative thinking, children will experience Pilobolus' signature techniques of improvisation and movement creation. This class is playful, student-driven, physically engaging and fun. (ages 8+)

Week 8, Aug. 13-15 Tu Th / 4:30-5:30 p.m.

Carnahan-Jackson Dance Studio Fees: 2 sessions • \$39

1 session at door • \$20

#### 813 • OPEN WARM UP **Pilobolus Dancers**

Join Pilobolus dancers as they prepare their bodies and minds for a day of rehearsal and creation. You can participate in a 30-minute movement warm up facilitated by Pilobolus dancers. Week 8, Aug. 13-15 Tu Th / 9:30-10 a.m. Carnahan-Jackson Dance Studio

Fees: 2 sessions • \$29 1 session at door • \$15



#### **812 • ADULT PUBLIC MASTER CLASS Pilobolus Teaching Artists**

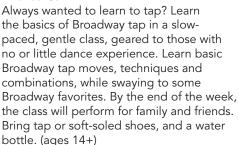
This workshop welcomes all to experience Pilobolus' creative process. The class is playful, group-driven, physically challenging and fun. Pilobolus fans and curious minds from all walks of life will learn to access untapped areas of creativity and improve collaborative skills. This class is perfect for any level of movement background. (ages 16+) Week 8, Aug. 12–14 / M W / 9–10 a.m. Carnahan-Jackson Dance Studio

Fees: 2 sessions • \$39 1 session at door • \$20



#### 805 • INTRODUCTION TO **BROADWAY TAP**



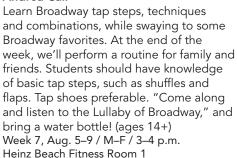


Week 6, July 29-Aug. 2 / M-F / 3-4 p.m. Heinz Beach Fitness Room 1

Fees: 5 sessions • \$79 1 session at door • \$21

#### 806 • BROADWAY TAP: BEGINNING TO ADVANCED BEGINNING

Andrea Cali



Fees: 5 sessions • \$79 1 session at door • \$21

#### 1238 • ZUMBA GOLD WITH PAUL! Paul Mockovak

See page 46 for details.

1244 • BARRE FITNESS Amanda Caruso See page 46 for details.

#### 803 • BEGINNING MIDDLE EASTERN 👔 DANCE

#### Nancy Schuemann

An introduction to the ancient art of Middle Eastern dance (a.k.a., belly dance). We'll incorporate history and health benefits, while teaching basic technique and isolations — using your arms, ribcage, hips, stomach and creative use of a veil, finger cymbals and other props. Isometric and aerobic benefits. (ages 13+)

Week 3, July 8-11 / M-Th / 1:45-2:45 p.m. Heinz Beach Fitness Room 1

Fees: 4 sessions • \$69 1 session at door • \$21

#### **804 • BASIC CONTRA DANCE Bill Morrow**

Contra dance was made popular by Henry Ford, and is enjoyed now by all ages throughout the country. It is like square dance, but no fancy footwork required. The course is a sampling of beginning level dances, with simple step-by-step instruction and recorded music from Nova Scotia to Appalachia. Singles and couples, young and old are welcomed. Instruction is by a trained caller and musician. Teaching emphasis is designed for fun, and to give confidence to the most timid. (ages 14+)

Week 4, July 15-18 / M-Th / 4:45-5:45 p.m.

Turner Gym

Fees: 4 sessions • \$69





### Language

#### 900 • INTRODUCTION TO FRENCH LANGUAGE AND CIVILIZATION

#### Liza Rivera

This five-day beginner course will allow you to develop the basic skills to be able to communicate in French in simple situations. You will learn grammar, vocabulary, verb conjugations and phonetics through a wide variety of activities and exercises (oral and written). Each day we will explore an aspect of the French culture: history, food, tourism, arts, family and friends, and fashion and luxury. (ages 14+)

Week 1, June 24-28 / M-F / 2-4 p.m.

Turner 105

Fees: 5 sessions • \$105 1 session at door • \$29

#### 901 • EASY TO LEARN HEBREW **Ruth Gelman**

Everyone can learn to read Hebrew, the language of Israel, the Bible, and the prayer book. This is a course for beginners who will learn all the Hebrew letters and vowels. Also suitable for intermediate students with basic Hebrew knowledge allowing them to sharpen their skills to read fast and more fluently. This course will be spiced with Hebrew vocabulary, culture and fun! (ages 12+)

Week 2, July 1-5 / M-F / 9-10:15 a.m. Hall of Ed. (Sheldon) Rm. 203

Fees: 5 sessions • \$95 1 session at door • \$25

#### 902 • FRENCH FOR TRAVELERS Page Curry

Would you like to be able to greet French speakers on your travels or in the U.S.? Ask questions at your hotel and order in a restaurant? Whether you are a beginner or studied French years ago, this class will help you improve your pronunciation and learn new words as well as cultural differences you may not know. Daily practice will prepare you for your trip or future French studies. (ages 14+) Week 3, July 8-12 / M-F / 12:30-1:30 p.m. Smith Library Classroom

Fees: 5 sessions • \$79

1 session at door (first day only) • \$21

#### 903 • BEGINNING **CONVERSATIONAL SPANISH** JoAnne Ottoson

Learn to speak or enhance your Spanish language skills in an immersive environment, where Spanish is used extensively. Emphasis on oral proficiency and conversational speaking focused in simulated, practical scenarios (e.g., restaurant, party, travel excursion, television show, etc.) Basic grammar is taught consistently with the vocabulary learned in each real life situation. Gain a comfortable level of proficiency to converse when you travel or seek the next skill level. Experience life through language! (ages 14+) Week 5, July 22-26 / M-F / 3:30-4:45 p.m.

Smith Library Classroom Fees: 5 sessions • \$95 1 session at door • \$25

#### 904 • BEGINNING **CONVERSATIONAL SPANISH**

JoAnne Ottoson

Week 6, July 29-Aug. 2 / M-F / 3:30-4:45 p.m. Hultquist 201A

Fees: 5 sessions • \$95 1 session at door • \$25

### 905 • HEBREW TODAY

Tamar Fix

Learn Hebrew fast through a dynamic, interactive approach. You will be able to read, speak and write basic Hebrew words and phrases used in daily conversation. Israeli life and culture are presented to set the context in which Hebrew is spoken. This course will suit the needs of those traveling to Israel or wanting to expand their language skills either on a beginner or intermediate level. No previous background is required. (ages 13+)

Week 6, July 29-Aug. 2 / M-F / 9-10:15 a.m. Hall of Ed. (Sheldon) Rm. 202

Fees: 5 sessions • \$95 1 session at door • \$25

#### 906 • ITALIANO: PRONTI, VIA! Federica Proietti Cesaretti

Traveling to Italy? Or just interested in Italian culture and some conversational phrases? Federica will be delighted to walk and talk with you on an imaginary journey to Italy. No previous experience in Italian is necessary. (ages 14+)

Week 7, Aug. 5-9 / M-F / 9-10:15 a.m. Hall of Ed. (Sheldon) Rm. 202

Fees: 5 sessions • \$95

1 session at door (first day only) • \$25

#### 907 • "WIE, BITTE?" GERMAN **CONVERSATION**

#### Dr. Jenna Cushing-Leubner

Do you (hope to) travel to a Germanspeaking country or want to communicate with a German-speaking friend, family member, or colleague? Do you want to dust off and practice the German you learned in the past? Each day, we'll use role-playing to learn German. Topics will include getting to know people and skills for navigating a travel destination. We will have basic conversations and discuss language and culture questions you and your classmates are curious about. If you already know some German, you'll be paired with other more advanced speakers to challenge your skills. (ages 12+)

Week 9, Aug. 19-23 / M-F / 9-10:15 a.m. Hall of Ed. (Sheldon) Rm. 202

Fees: 5 sessions • \$95 1 session at door • \$25

#### 908 • INTRODUCTION TO IRISH (GAELIC)

Tom O'Carroll

Experience the language of the Emerald Isle! We will learn structure, pronunciation, vocabulary and share some common phrases as we explore how Gaelic shaped Irish culture, customs, history and literature. This class will feature activities, songs, Irish lore and lively conversation. (ages 14+) Week 9, Aug. 19-23 / M-F / 2-3:15 p.m. Hall of Ed. (Sheldon) Rm. 202

Fees: 5 sessions • \$95

1 session at door (first day only) • \$25

#### **2721 • SPELLBINDING SPELLING AND** VIVID VOCABULARY

Lauren Matz

See page 76 for details.







## Games & Recreation

### 1000 • BRIDGE FOR ABSOLUTE BEGINNERS

#### **Hugh Butler**

You may not know a trump from a finesse, but you'll be playing and defending real bridge hands by the end of the week! Come to learn for the first time or to learn Mini-Bridge, the new teaching technique for fast-start play. Be the kind of partner bridge players ask for again. Come to play. Partner optional, but not necessary. Materials fee of \$5 due to instructor at start of class. (ages 14+)

Week 1, June 24–27 / Week 2, July 1–4 Week 3, July 8–11 / M–Th / 3:30–4:45 p.m. Hall of Ed. (Sheldon) Rm. 201 Fees: 4 sessions • \$75 / Materials fee • \$5

#### 1001 • FLY FISHING 101 John Gerber

1 session at door • \$20

This course will cover the basics of fly fishing including an introduction to fly fishing terminology and essential gear specific to fly fishing. The course will also cover the basics of fly rod casting, fly presentation and a brief overview of aquatic entomology as related to fly fishing. Course instruction will include both indoor and outdoor activities. No equipment or special clothing required. (ages 14+) Week 1, June 25–27 / Week 9, Aug. 20–22 Tu–Th / 3:30–5 p.m. / Turner 103

### 1002 • INTERMEDIATE MAH JONGG STRATEGIES

#### **Clemens Reiss**

Fees: 3 sessions • \$75

1 session at door • \$29

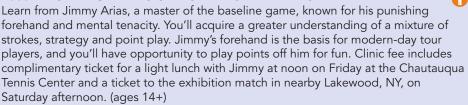
This course is designed for experienced Mah Jongg players who typically play at least once a week and want to continue to improve skills and win more often. We'll cover new strategies for the 2019 American Mah Jongg card; improving for choice of the right hands; defensive strategies or other areas of interest. You will have supervised play each day and practice hands that will challenge your skills. A number of students have returned multiple years to achieve incremental improvement. (ages 14+)

Week 3, July 8–11 / M–Th / 9:15–10:30 a.m. Sports Club

Fees: 4 sessions • \$75

### Tennis Clinics with Jimmy Arias

#### **1006 • MORNING TENNIS CLINIC WITH JIMMY ARIAS**



Week 5, July 26 / F / 9–10:30 a.m. / Chautauqua Tennis Center / Fees: 1 session • \$185

#### 1007 • AFTERNOON TENNIS CLINIC WITH JIMMY ARIAS

Week 5, July 26 / F / 1–2:30 p.m. / Chautauqua Tennis Center / Fees: 1 session • \$185



As Director of Player Development for IMG Academy, the world's largest and most advanced multi-sport training and educational institution, Jimmy works with the tennis world's most promising up and coming talent. As a player, he ranked fifth in the world with career wins over the likes of Andre Agassi, John McEnroe, and Boris Becker. In 1984 he captured Olympic Bronze.

### 1003 • BASEBALL ANALYTICS: NEW AND NOT SO NEW

#### **David Matz**

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Launch angle. Exit velocity. Spin rate. BABIP. OPS. RISP. WHIP. FIP. What does it all mean? In this class, we'll try to figure out these and other modern baseball metrics, and along the way, we'll consider more traditional measurements, like BA, ERA, RBI, and walk/ strikeout ratios. And maybe even wade into controversies, like HOF qualifications, or the DH rule. If you love the game, then join us for three days of baseball saturation. (ages 12+) Week 4, July 16–18 / Tu–Th / 9–10:30 a.m. Hall of Ed. (Sheldon) Rm. 202

Fees: 3 sessions • \$75 1 session at door • \$29

### 1004 • NOTRUMP BRIDGE SECRETS REVEALED

#### **Hugh Butler**

Let's play hands chosen for topics of interest in bidding, play and defense. We will play pre-dealt hands, discuss and replay as needed to retain key concepts such as: Weak 2s, Jacoby Transfers, limit raises, forcing bids, opening leads and defensive play. Supervised play; selected hands; intermediate level; NT related bids; play and defense. Standard Methods in Modern American Usage, no partner required. Come prepared to play and enjoy. Course contents updated and changed each year. Materials fee of \$5 due to instructor at start of class. (ages 14+) Week 4, July 15-18 / Week 5, July 22-25 Week 6, July 29-Aug. 1 / M-Th 3:30-4:45 p.m. / Hall of Ed. (Sheldon) Rm. 201 Fees: 4 sessions • \$75 / Materials fee • \$5

### 1005 • THE ART AND SPORT OF JUGGLING

#### Richard R. Cuyler

Ever tried to juggle? Would you like to learn? Here is the opportunity to capture the three-ball cascade, pass multiple objects, discover new balances, diabolo tricks, and a little magic. Come join the fun! Instructor provides all the props. (ages 8+) Week 5, July 22–26 / M–F / 4:15–5:30 p.m. Turner Gym

Fees: 5 sessions • \$85

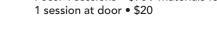
1 session at door (first 2 days only) • \$25

### 1008 • JUGGLING II

Richard R. Cuyler

A continuation of "The Art and Sport of Juggling": hone your three-ball juggling and ease into four to five balls, rings, clubs, and bongo board. Open to committed beginners who want to learn more about the benefits of your new skills. Instructor provides all the props. (ages 8+) Week 6, July 29–Aug. 2 / M–F 4:15–5:30 p.m. / Turner Gym

Fees: 5 sessions • \$85 1 session at door (first 2 days only) • \$25





# Chautauqua Golf Learning Center

David Wedzik, director of instruction, and his team are available to help improve your game at the Chautauqua Golf Club Learning Center. David is a former Web.com Tour member, the 2013 and 2015 WNYPGA Section Teacher of the Year, and the 2016 WNYPGA Section Player Development Award winner. He is also, along with Erik J. Barzeski, the author of the book many have called "the best golf book ever written," Lowest Score Wins. Erik is the director of instructor development for the 5 Simple Keys. system and will be back for his fourth season as head instructor at the Learning Center. Erik was recently named to the Golf Digest Best Young Teachers list.

Both David and Erik will be available for individual lessons (including the use of high-speed video analysis w/ Analyzr Pro, Flight-Scope launch monitor, and SAM PuttLab) as well as a series of clinics and longer golf "camps" designed to serve golfers of all ages and skill levels. Dave and Erik are both AimPoint™ Certified and the Learning Center will be offering AimPoint green reading clinics

Registration for the following clinics/classes begins May 26th through the Chautauqua Golf and Learning Center at 716-357-6480. Class sizes are limited and pre-registration is encouraged.

Visit chq.org/instruction for more information regarding the following lessons, clinics and camps.

# Junior Golf Instruction

Our clinics and camps are designed, first and foremost, with fun in mind and your kids will have a blast learning to play better golf at Chautauqua. The foundation for great golf starts early, and our many offerings are a great way to get YOUR junior golfer on the path to success.

#### **PLAYERS JUNIOR GOLF CAMP**

If you are an experienced junior golfer who loves the game and really wants to get better, this nine-hour camp is perfect for you. Full swing work will center around the 5 Simple Keys®. Plenty of short game/putting, on-course playing strategies, and scoring secrets. (ages 8 to 17)

Weeks 2, 4, 6 / 1-4 p.m. / Tu-Th / \$119

#### **NOVICE JUNIOR GOLF CAMP**

This camp is a nine-hour golf skills class designed for the junior golfer with little or no experience (either on or off the course). We will use the Learning Center to work on full swing and short game plus all three practice holes to gain golf course experience. (ages 8 to 17)

Weeks 2, 4, 6 / 1–4 p.m. / Tu-Th / \$119

#### JUNIOR HALF-DAY GOLF CAMP

This golf skills improvement school will use the Golf Learning Center practice tee to work on your swing and three practice holes to gain golf course experience. (ages 8 to 17) Weeks 3, 5 / 1–4 p.m. / Tu / \$59

#### LITTLE KIDDOS SATURDAY GOLF

A fun-filled introduction to the world of golf for our youngest players. We use SNAG golf gear to get your little ones started in the wonderful game of golf. (ages 4 to 7) Weeks 3, 5, 7 / 9-10 a.m. / Sa / \$20

# Adult Clinics & Camps

#### **LESSON BLOCKS**

Throughout the week, we offer one-hour lessons. Each one-hour block will have openings for two to three students of any skill level. These sessions will be split evenly between the students and each student will receive a customized high-speed video analysis, notes and a plan for improvement.

Weeks 1-8 / 4:30-5:30 p.m. / Tu or Th / \$35 Weeks 1–9 / 10 a.m.–1 p.m. / Sa / \$49

#### LOWEST SCORE WINS®: PRACTICING SKILLS THAT MATTER

Work on the skills with the highest Separation Value. Becoming proficient at the skills that matter most will help you separate yourself from other golfers and do what every golfer wants: shoot lower scores! Each week we will focus on a different skill set. Weeks 1-8 / 5:45-6:45 p.m. / Tu or Th / \$25

#### READ, BEAD AND SPEED: PUTTING FUNDAMENTALS

We will cover basics of green reading, as well as establish a foundation for improvement in two main areas: distance control and the stroke mechanics that allow you to hit your intended start line more consistently.

Weeks 1-8 / 4-5 p.m. / W / \$20

#### **AIMPOINT EXPRESS**

Whether you're a professional, junior or amateur, AimPoint Green Reading will transform your game by teaching you the one aspect of putting which is never taught — green reading! Learn that putting is predictable, and discover the most effective and reliable ways to determine the direction and precise amount of break for any putt. Weeks 0, 2, 4, 6, 8 / 2-3:30 p.m. / F / \$145

#### **JUNIOR AIMPOINT EXPRESS** (ages 8 to 14)

Weeks 1, 3, 5 / 2:30-4 p.m. / W / \$105

#### PRIVATE GOLF LESSONS

Our PGA Professionals, Dave and Erik offer individual and small group lessons by appointment and make use of every available technology, including high-speed video with Analyzr Pro, FlightScope launch monitor, SAM PuttLab, SwingCatalyst Pressure Plates and AimPoint green reading. They also offer playing lessons to improve your course management and scoring skills. Contact the Learning Center at 716-357-6480 to make an appointment.





## 1009 • MAH JONGG CAMP

#### Marcia Merrins

Be not afraid! Mah Jongg Camp is THE confidence builder. Strategy will be emphasized in selecting hands from the 2019 National Mah Jongg League card, passing tiles, and keeping options for hands as tiles are picked and discarded. You will learn to become a faster and more efficient player. The goal is to make learning and playing the game more fun. It is guaranteed you will smile at each lesson! (ages 16+) Week 6, July 29–Aug. 2 / M–F 9:15–10:30 a.m. / Sports Club Fees: 5 sessions • \$79

# 1010 • HOW TO DEFEND A BRIDGE HAND

#### **Hugh Butler**

1 session at door • \$25

Your bridge game is not complete if you only play Declarer! Fully half the time you'll be on defense. Do you know what to do? Learn the leads, the signals, the attack and the counting which will please your partner and demoralize your opponents. Basic defense should be in everyone's repertoire. Leave bidding behind for a week and let's play! Materials fee of \$5 due to instructor at start of class. (ages 14+)

Week 7, Aug. 5–8 / Week 8, Aug. 12–15 Week 9, Aug. 19–22 / M–Th / 3:30–4:45 p.m. Hall of Ed. (Sheldon) Rm. 201

Fees: 4 sessions • \$75 / Materials fee • \$5 1 session at door • \$20

# 1011 • BRIDGE: TO SLAM OR NOT TO SLAM

#### Jessica Lai & Grant Vance

Join Grant Vance and Jessica Lai for a three day class that explores slam bidding, from scientific Q-bidding to blasting. Topics include: Blackwood (Roman Key Card); Minorwood; Gerber; Exclusion; Slam Tries after 1NT Opener; Slam Tries after 1 of a Suit Opener; Slam Tries after a Preempt; 4NT and 5NT as No Trump Raises; Q-Bidding; Blasting; Points vs. Tricks. (ages 13+)

Week 8, Aug. 12–16 / M W F / 1–3 p.m. Sports Club

Fees: 3 sessions • \$75 1 session at door • \$29



Learn to play mah jongg or build upon existing skills (pages 35–36)

# 1012 • MAH JONGG FOR BEGINNERS

#### Dianne Zimmerman

Mah Jongg is a fun game to learn and play. We will learn the fundamentals of American Mah Jongg in a relaxing atmosphere. We will start by learning the three suits, other tile names, read the National Mah Jongg League Card, build the four walls, and practice playing the game. 2019 NMJL card needed for class, available in the bookstore or from the National Mah Jongg League website (suggest Large Print). (ages 12+) Week 8, Aug. 12–16 / M–F / 9:15–10:30 a.m. Sports Club

Fees: 5 sessions • \$79 1 session at door • \$25

# 1013 • KAYAKING AND ECOLOGY: THE WATER'S EDGE

#### Jeremy Woolson

"Experience: We teach from ours so yours will be more memorable." This is the motto of Evergreen Outfitters in Mayville. Evergreen's American Canoe Association (ACA) certified Instructors and guest collaborators will provide beginner to intermediate kayakers a dual-learning experience. Participants will learn core paddling techniques while exploring local shoreline ecology. Materials fee of \$55 due to instructor at start of class. (ages 16+) Week 1, June 25–27 / Week 7, Aug. 6–8 Tu–Th / 8:30–10 a.m. / Pier Building (2nd floor) Fees: 3 sessions • \$75 / Materials fee • \$55

# N.Y.S. Safe Boating Courses for Adults and Youth

Eight-hour New York State-approved safe boating class for ages 10+.

# **2606 • NYS SAFE BOATING CLASS**Captain Margaret Mary Wagner

Interested in operating a motorboat or jet ski? All individuals born on or after May 1, 1996 are now required to successfully complete an approved course in boater education in order to operate a motorboat. To operate a jet ski, you must be 12 years of age and complete an approved boating class. This certificate is awarded after successful completion of NYS exam. Bring a lunch. (ages 10+)

Week 2, June 30 / Week 4, July 14 Su / 8 a.m.–4 p.m. / Turney Sailing Center Fees: 1 session • \$25

## **SWIMMING**

There are four public swimming beaches within the grounds. The Children's Beach, located near the Miller Bell Tower, provides a shallow swimming area and beach for youth and their families to play and picnic. Pier Building Beach, adjacent to the Children's Beach, is an adult, deepwater swimming area. Heinz Beach is located on South Lake Drive, and University Beach is on North Lake Drive. Lifeguards are on duty daily during posted swimming hours. The indoor pool at the Turner Community Center is also open daily.



# **Handcrafts & Hobbies**

#### 1100 • "STAINED GLASS" IRIS OR **POPPY WALLHANGING**

#### Karen Auer

Join us to create the impression of stained glass fabric flowers (iris or poppy) without the use of prepared bias tape. If you can trace, cut, and press you can make a beautiful 14" x 21" quilt or picture for framing. Colored pieces of fabric are fused directly to a background of black fabric. The gaps left between the colored fabrics create the "stained glass" leading. Start your project in class and finish at home. Kit available. Materials fee of \$10 due to instructor at start of class. (ages 14+) Week 1, June 24-26 / M-W / 3:30-5:30 p.m. Turner 106

Fees: 3 sessions • \$79 / Materials fee • \$10 1 session at door (first day only) • \$29

#### 1101 • MOSAICS WITH TILE AND **GLASS**

#### Margo Aguirre

Anyone can learn the ancient art of placing tile and glass to make a beautiful contemporary work of art. Choose from tray, coasters, trivet, keepsake box and more. Advanced projects for experienced and return students. You will grout your finished piece and it will last forever. Materials fee of \$15-35 due to instructor at start of class. (ages 12+)

Week 1, June 24-27 / M-Th / 8:30-10:30 a.m. Turner 106

Fees: 4 sessions • \$89 / Materials fee • \$15-35 1 session at door (first 2 days only) • \$29

#### 1102 • THE RUNAROUND BAG Aimee Doershuk

This smart-looking purse is easy to make § and very functional. We will use the new cork fabric as an accent on the front of the bag. This purse features an open back pocket and a zippered front pocket. (You will learn a super easy zipper installation technique.) Materials fee of \$25 covers the fabric kit. Instructor has sewing machines to use in class or bring your own. (ages 16+) Week 1, June 25-27 / Tu-Th / 2-4 p.m. Turner 104

Fees: 3 sessions • \$79 / Materials fee • \$25

#### 1103 • CROCHET BASICS **Becky Stevens**

Have you always wanted to learn to crochet? You will learn the basic crochet stitches: chain stitch, single, double and half-double. You will learn finishing techniques while making a small purse. If there is time, you can start another project such as a scarf or shrug. All instructions provided by the instructor. Bring your own light colored yarn (no variegated) and crochet hook, or purchase supplies from the instructor. (ages 15+)

Week 1, June 24-27 / Week 2, July 1-4 M-Th / 3-4:30 p.m. / Hultquist 201B Fees: 4 sessions • \$79

1 session at door (first 2 days only) • \$25

#### 1104 • EXPAND YOUR CROCHETING REPERTOIRE!

#### **Becky Stevens**

Add new stitches and techniques to your repertoire. Try the beautiful Crocodile Stitch. Learn the differences between popcorn, puff, bobble and cluster stitches. I'll have a few other surprises to try. Bring several skeins of yarn — Simply Soft or other worsted weight yarn. Crochet a scarf or afghan square trying these new stitches. Students must know basic crochet stitches. All instructions will be provided. Bring your own supplies or purchase supplies from the instructor. (ages 15+)

Week 1, June 24-27 / Week 2, July 1-4 M-Th / 1-2:30 p.m. / Hultquist 201B Fees: 4 sessions • \$79

1 session at door (first 2 days only) • \$25

#### 1105 • SIT AND SEW SATURDAY Aimee Doershuk

Have a quilting project you need a little help with? A UFO you want to finish? Want a day to sew without interruptions? Come to "Sit and Sew Saturday" and sew! Aimee will be available to offer help and advice all day. Classroom sewing machines, irons and cutting mats will be available but bring all your project supplies. Pack a lunch and snack. Materials fee of \$5 due to instructor. (ages 16+) Week 1, June 29 / Week 2, July 6

Week 3, July 13 / Sa 9 a.m.-5 p.m. / Turner 104

Fees: 1 session • \$49 / Materials fee • \$5

#### 1106 • RESIN PENDANTS: INSTANT **GRATIFICATION!**

#### Wendy Cohen

A fun class to learn to craft unique pendants that look like glass! Incorporate glitter, charms, glass, special paper and more in different shaped bezels. All supplies provided. You can bring small, shallow objects and photos and memorabilia to use in your design. Wear your work of art home. The process can be done at home with materials found in your local craft/art store. Materials fee of \$20 for the first two pieces due to instructor at the start of class. \$10 for each additional piece. (ages 8+) Week 1, June 25 / Week 2, July 2 Week 4, July 16 / Week 5, July 23 Week 6, July 30 / Week 8, Aug. 13 Week 9, Aug. 20 Tu / 3:30-5:30 p.m. / Turner 102

1107 • GLASS FUSING: BASICS AND **BEYOND** 

Fees: 1 session • \$35 / Materials fee • \$20

#### Wendy Cohen

Discover the glass fusing process and create unique pieces. Learn about glass, how to cut, shape, layer and embellish glass designs using different types of glass. Learn about and use dichroic glass to add pizzazz to your work. All instruction and materials to make and finish your pieces will be provided. Make pendants, earrings, sun catchers, night lights and more. Pieces will be fired and ready to pick up by week's end. No experience or artistic talent necessary! Materials fee of \$25 for the first two pieces due to the instructor at the beginning of the class. \$10 for each additional piece. (ages 11+)

Week 1, June 24-26 / Week 2, July 1-3 Week 5, July 22-24 / Week 8, Aug. 12-14 Week 9, Aug. 19-21 M W / 1-3 p.m. / Turner 102

Fees: 2 sessions • \$65 / Materials fee • \$25 1 session at door • \$35

#### 1108 • GLASS FUSING: BASICS AND **BEYOND**

#### Wendy Cohen

Week 4, July 15-17 / Week 6, July 29-31 M W / 8:30-10:30 a.m. / Turner 102 Fees: 2 sessions • \$65 / Materials fee • \$25

1 session at door • \$35











### 1109 • LINOLEUM BLOCK PRINTING Margo Aguirre

38

Such fun and so easy. Learn how to carve your own linoleum blocks and then print them on your choice of t-shirts, tote bags, artist canvas and note cards. Enjoy a wide array of colors and techniques to make beautiful lasting works of art. Take your blocks home and enjoy printing with them for years. Materials fee of \$15-35 due to instructor at start of class. (ages 12+) Week 2, July 1-3 / M-W / 8:30-10:30 a.m. Turner 106

Fees: 3 sessions • \$79 / Materials fee • \$15-35 1 session at door (first 2 days only) • \$29

#### 1110 • THE 10-MINUTE QUILT **BLOCK: LAP THROW QUILT TOP** Aimee Doershuk

It's fast and easy! This 10-minute block technique forms a wonderful diamond that can give you many different looks! You will learn the process and create blocks to make a lap throw. Bring 1/2 yard light, 1/2 yard medium dark, 1 yard very dark quilt fabric, matching or contrasting thread and 1 yard backing and 1/2 yard binding fabric to class. Instructor has sewing machines to use in class or bring your own. Materials fee of \$10 due to instructor and covers batting and miscellaneous supplies. (ages 14+) Week 2, July 1-3 / M-W / 2-4 p.m. Turner 104

Fees: 3 sessions • \$85 / Materials fee • \$10

#### 1111 • THE 5-MINUTE QUILT BLOCK Aimee Doershuk

It's fast and easy! This five-minute block technique forms a wonderful triangle that can give you many different looks! You will learn the process and create blocks to make a table runner. Bring 1/2 yard light, 1/3 yard dark, 5/8 yard very dark quilt fabric, matching or contrasting thread and 1/3 yard backing and 1/2 yard binding fabric to class. Instructor has sewing machines to use in class or bring your own. Materials fee of \$15 due to instructor and covers batting and miscellaneous supplies. (ages 14+) Week 2, July 4-5 / Th-F / 2-4 p.m. Turner 104

Fees: 2 sessions • \$59 / Materials fee • \$15



Have fun making your own bracelets, necklaces or earrings in "Beading Your Own Jewelry" (page 39) or "Give Beads a Chance" (page 40)

#### 1112 • TABLESCAPING AND BASIC **FLORAL DESIGN**

**Emily Maier** 

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Whether a simple gathering or a more formal dinner party, any event can be made special with a little creativity and attention to detail. In this class we will explore using basic materials and props, many of which most people already have, to create fabulous tablescapes. We will also learn basic floral design principles that are easy that are to execute. By the end of this class your next event, large or small, will be memorable! If you are interested in becoming a fabulous host or hostess this class is for you! Materials fee includes vase, container, fresh flowers, floral tape and knife/scissors, cellophane, ribbon and packaging materials. Materials fee of \$50 due to instructor at start of class. (ages 16+) Week 2, July 1-4 / M-Th / 3:30-4:45 p.m.

Fees: 4 sessions • \$79 / Materials fee • \$50 1 session at door (first day only) • \$25

#### 1113 • BEGINNING COPPERPLATE **CALLIGRAPHY**

**Katherine Rybak Torres** 

This introduction to the pointed pen art of Copperplate calligraphy will emphasize letter formation and technique. We will cover the elements of letter design and spacing, with a focus on a final project. In a time when the beautiful art of hand lettering is all the rage, take this course and do it yourself! Materials fee of \$25 due to instructor at start of class. (ages 14+) Week 2, July 1-5 / Week 3, July 8-12 M-F / 1-2:30 p.m. / Turner 106 Fees: 5 sessions • \$95 / Materials fee • \$25 1 session at door • \$25

### 1114 • IKEBANA: THE ART OF JAPANESE FLOWER ARRANGING

William Matuszeski

Each of four sessions begins with a lecture on a specific style, moving from formal and traditional to modern and freestyle. The instructor then prepares the arrangement of the day. You'll be provided with live materials to prepare your own arrangement in that style. The instructor critiques and makes changes to each arrangement as the students all watch and learn. You'll return home each day with your arrangement. Bring a flat bowl, shears and a pin frog or "kenzan" to each session. (ages 16+) Week 3, July 8-11 / M-Th / 1:30-3 p.m. Pier Building Classroom

Fees: 4 sessions • \$85



#### 1115 • BEADING YOUR OWN **JEWELRY**

#### Patricia Lemer

Have you ever wanted to make your own jewelry? Learn how to put together beads of different size, shape and color to make a beautiful necklace, bracelet and/or matching earrings. Learn how to use tools, make loops, and finish off pieces so they look professional. Bring your own beads or use those provided. Perfect for gifts or your own use. Materials fee of \$25 due to instructor at start of class. (ages 12+) Week 3, July 8-9 / M-Tu / 3:30-5:30 p.m. Turner 106

Fees: 2 sessions • \$65 / Materials fee • \$25 1 session at door (first day only) • \$35

#### 1116 • CHAUTAUQUA ROCKS! Samantha Crisafulli

Let's create kindness and cultivate compassion! The Kindness Rock Project is a movement where individuals paint rocks with positive messages for others. Our goal is simple: to promote random acts of kindness to unsuspecting recipients by painting and hiding inspirational rocks. The instructor will provide all of the necessary materials — rocks, paint, brushes, etc. We will paint and seal beautiful river rocks and then "hide" them all around the lovely grounds of Chautauqua for others to find and enjoy or pass on. #thekindnessrocksproject (ages 9+) Week 3, July 9-11 / Tu-Th / 4:15-5:45 p.m. Pier Building Classroom

### 1117 • DYED SILK SCARVES: QUICK, **EASY AND FUN**

#### Wendy Cohen

Fees: 3 sessions • \$75 1 session at door • \$29

Create beautiful, wearable silk scarves using special tissue paper dying techniques. Great fun for all ages. You will learn all you need to know to make these at home. No artistic talent necessary. Wear home right away. Another Instant Gratification class! All materials included. Materials fee of \$20 per scarf due to instructor at start of class. (ages 9+)

Week 3, July 8 / Week 7, Aug. 5 M / 1-3 p.m. / Turner 102

Fees: 1 session • \$39 / Materials fee • \$20

#### 1118 • SIMPLE SOLDERED SILVER RINGS

#### Eva M. Sherman

Using a butane torch, some silver wire and sheet, plus a few pre-made bezels, students will create amazingly beautiful rings that are deceptively simple to construct. Students will learn techniques in soldering, filing, fabrication, and stone setting. Soldering experience is helpful but not required. Please bring an apron to protect clothing. Materials fee of \$150 due to instructor at start of class.

(ages 16+)

Week 4, July 15-19 / M-F / 1:30-4:30 p.m. Pier Building Classroom

Fees: 5 sessions • \$115 / Materials fee • \$150 1 session at door • \$35 / Materials fee • \$30

#### 1119 • THE T-SHIRT QUILT Aimee Doershuk

Have t-shirts you can't get rid of? Bring 12 to 15 to class and make a quilt. You will stabilize, cut and sew your shirts into a quilt top. We will discuss finishing options in class. Instructor has sewing machines to use or bring your own. See material list at classes.chq.org for necessary fabric requirements and other supplies needed. Materials fee of \$25 covers stabilizer and miscellaneous supplies.

(ages 16+)

Week 4, July 15-19 / M-F / 1-4 p.m. Turner 104

Fees: 5 sessions • \$109 / Materials fee • \$25

#### 1120 • REFINISHING, REPAIRING AND RESTORING FURNITURE WITH EASE

# **Robert Zellers**

The course is designed to communicate the latest methods and materials available to refinish all types of furnishings from picture frames to corner cupboards. Economical, money-saving techniques will be stressed. The course will provide information on: finishes, stains, surface preparation, repair, basic wood identification, surface refinishing, restoration supplies, tools and proven old and new easy techniques of finish removal. Numerous, easy, time-saving professional techniques and short cuts will be shared with the class. (ages 12+) Week 4, July 15-19 / Week 6, July 29-Aug. 2 M-F / 8:45-10:15 a.m. / Turner 104 Fees: 5 sessions • \$95

1 session at door • \$25

### 1121 • EXPLORING ALCOHOL INKS Lyn Harris

Come learn the basics of this vibrant new medium. Colors are fluid and exciting to blend. Students will learn how to use alcohol inks on paper, tile and glass and leave the class with a lovely alcohol ink necklace. No experience needed! Materials fee of \$25 due to instructor at start of class. (ages 12+)

Week 4, July 18 / Week 9, Aug. 22 Th / 3-5 p.m. / Turner 106

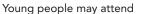
Fees: 1 session • \$39 / Materials fee • \$25



Handcraft your own rings in "Simple Soldered Silver Rings" (above)







#### 1122 • USING GEL PRINTING TO **SPEAK CREATIVELY**

#### Paula Graff

In this class we will explore a form of printing that produces a cool, one-ofa-kind, image that can be used for card making, decorative wall art, scrapbooking, collage and so much more! We will use acrylic paint and homemade stamps, stencils and found objects on gel plates to print unique designs or themes. Students will walk away with several pieces to take home. No experience or artistic talent necessary. Beware — gel printing is addictive! Materials fee of \$25 due to instructor at start of class. (ages 14+) Week 5, July 22-24 / M-W / 1-3 p.m. Turner 106

Fees: 3 sessions • \$89 / Materials fee • \$25 1 session at door (first day only, must pay full materials fee) • \$39

#### 1123 • BASIC CROCHET Nancy Lagalski

Learn the basics if crocheting while creating two practical dishcloths. You will learn basic stitches such as chain, single, double, half double, treble and cluster, how to read a pattern, and helpful hints about buying supplies as you create colorful dishcloths. Instructions and pattern provided by instructor. Bring size G crochet hook and 100% cotton yarn (suggest Lilly's Sugar and Cream) to class or purchase supplies from instructor first day of class (\$6). (ages 14+) Week 5, July 22-26 / M-F / 3:30-4:30 p.m. Turner 104

Fees: 5 sessions • \$79

#### 1124 • CHAUTAUQUA IN **NEEDLEPOINT**

#### Patricia Cermak

Learn some basic stitches for doing needlepoint. You will receive a painted canvas depicting the word "Chautauqua" and all the fibers needed to complete your piece. Students will need to bring scissors and if they wish, magnification and extra lighting. Materials fee of \$60 due to instructor at start of class and includes hand-painted canvas in color on 14-count on stretcher bars, four hanks of silk fibers, needles and printed directions. (ages 14+) Week 5, July 23-25 / Tu-Th / 8:30-11:30 a.m.

Fees: 3 sessions • \$99 / Materials fee • \$60

#### 1125 • CORDAGE WORKSHOP Paul Fehringer

For hundreds of years, people have made rope out of plant fibers. Learn the art of cordage as we teach you the steps for making rope out of plants. We'll teach you what plants can be used, how to harvest and prepare the plants, and how to bind the plant fibers together to make the cordage. If time permits we will discuss natural ways to die the rope. Every student will go home with a piece of cordage that they made and will also take home extra plants to continue practicing. (ages 12+)

Week 5, July 25 / Th / 2-5 p.m. / Turner 106 Fees: 1 session • \$55

#### 1126 • ART THAT BINDS: ART **JOURNAL CREATIONS**

**Denise Palguta** 

There's nothing like collective creative experiences to happily bind our hearts! Discover the joy of exploring acrylic paint wash, gesso, paste paper, alcohol spray, sgraffito, and markmaking techniques to create uniquely impressive papers. Student community will learn basic bookmaking to bind several journals and will generate collaborative mini-journals from shared artwork. Guided art journal entries will focus on encouragement. Leave with a smile in your heart and a journal full of art. (ages 14+) Week 6, July 29-Aug. 2 / M-F / 1-3 p.m. Turner 104

Fees: 5 sessions • \$99 / Materials fee • \$25

### 1127 • LONG NEEDLE PINE **BASKETRY ON GOURDS**

Michelle Fife

Create a beautiful and unique piece of art. Our coiling will be done on the top rim of a gourd which was hand selected and prepared for you. The instructor will bring all the supplies: clean, precut, drilled gourds, alcohol inks, walnut slices, beads, artificial sinew, sewing needles and the long needle pine straw collected by hand along the U.S. gulf coast. Each basket will be a unique creation and your family and friends will certainly be amazed at your handiwork! Materials fee of \$30 due to instructor at start of class. (ages 14+)

Week 6, July 29-Aug. 2 / M-F / 12:30-2:30 p.m. Hall of Ed. (Sheldon) Rm. 202

Fees: 5 sessions • \$99 / Materials fee • \$30

#### 1128 • GIVE BEADS A CHANCE! **Denise Palguta**

Beading is a timeless handcraft and a fun, creative adventure that doesn't involve screen time! This beginner class will introduce basic techniques, explore simple designs, and encourage creativity as well as a new hobby. Students will create a necklace, choker, and a bracelet to wear or to share. C'mon, give beads a chance! Materials fee of \$30 due to instructor at start of class. (ages 14+) Week 6, July 30-Aug. 1 / Tu-Th / 3:30-5 p.m.

Fees: 3 sessions • \$75 / Materials fee • \$30

#### 1129 • HANDMADE RECYCLED **PAPER**

### Susan Doran & Mary Warner

Explore the process of making paper by hand. You will learn the basic techniques of paper making, including pulp preparation with a kitchen blender, sheet forming, pressing in our mini press and drying on the clothesline. We will prepare pulp from various paper items slated for the landfill including 100% cotton printer scraps. Participants will form their own sheets and explore the possibilities of embedding materials. We'll make sheets in the form of note paper, envelopes and journal pages. Students will leave with a supply of handmade paper to use and share. Materials fee of \$10 due to instructor at start of class. (ages 14+)

Week 7, Aug. 5-7 / M-W / 8:45-10:15 a.m. Turner 106

Fees: 3 sessions • \$75 / Materials fee • \$10 1 session at door • \$29

#### 1130 • INTRO TO BOOKBINDING AND LETTERPRESS PRINTING

Susan Doran & Mary Warner

Learn basic bookbinding structures and stitches in this beginner workshop. We will introduce students to two of the most popular bookbinding techniques, including the process, materials, machines, and the satisfaction of printing by hand on a press from the turn of the century. We will use a tabletop platen press to print Victorian calling cards, pages for our bookbinding or notecards for students to take home. All supplies provided. Materials fee of \$10 due to instructor at start of class. (ages 14+) Week 7, Aug. 5-7 / M-W / 1-2:30 p.m. Turner 106

Fees: 3 sessions • \$75 / Materials fee • \$10 1 session at door • \$29







#### 1131 • ART IN THE ROUND Tami Hritzav

Get a chance to work in three art forms! Create personalized art working with clay, jewelry and acrylic painting. We'll start the week learning the whole process of clay through hand building, glazing and firing your clay pieces. Then we'll spend two days working with beach glass jewelry, drilling, wire wrapping and creating wearable jewelry pieces. Finally we'll introduce acrylic painting by learning the dos and don'ts of effective painting realistically, and you'll create an abstract acrylic pour. Materials fee of \$18 due to instructor at start of class. (ages 12+) Week 7, Aug. 5-9 / M-F / 3:30-5:30 p.m. Turner 104

Fees: 5 sessions • \$115 / Materials fee • \$18



Come learn how to make plarn and weave a project of your choice on a simple loom. A small mat, tote or cushion can easily be finished during the four-day course. Plastic bags will be provided by the instructor. Please feel free to bring additional colorful bags which you may have. Loom plans will be available for purchase from the instructor. (ages 12+)

Week 8, Aug. 12-15 / M-Th / 2-3:30 p.m. Turner 210

Fees: 4 sessions • \$79

1 session at door (first day only) • \$29

#### 1133 • PAINTING WITH PAPER Joan Cushing

Look, cut, tear, glue — voilà! You are painting with paper. Creating collages can be a beautiful act of artistry and is one that almost anyone can learn to do. Even if you don't think of yourself as an artist, you will be amazed at the ways colors, shapes, and textures come together to make something you will be proud of, and have fun doing, too! Join us in making beautiful art from vibrant (and some not so) papers. Learn to reduce what you see to its basic shapes. Cut and tear these from paper and glue on your "canvas" to create one-of-a-kind Matisse-type art work. Materials fee of \$10 due to instructor at start of class. (ages 8+) Week 9, Aug. 19-22 / M-Th / 2-3:30 p.m. Turner 104

Fees: 4 sessions • \$69 / Materials fee • \$10 1 session at door • \$25



Create beautiful — and functional — art in "Long Needle Pine Basketry on Gourds" (page 40)

#### 1134 • UKRAINIAN EGG **DECORATING**

### Joan Cushing

Pysanky, also known as Ukrainian egg decorating, is part of many Eastern European cultures and is the art of decorating eggs using beeswax, colored dyes, and the magic of heat. Try your hand at creating a design with a long history of folk tradition and significance. Or create your own design and see it come to life in the colors, lines and shapes of Pysanky. We will explore the history, traditions, beliefs and meanings of the colors and symbols in this centuries-old folk craft. The materials fee covers all the supplies needed to create beautiful decorative eggs. Come prepared to have fun! Materials fee of \$10 due to instructor at start of class. (ages 15+) Week 9, Aug. 19-23 / M-F / 9-10:15 a.m. Turner 104

Fees: 5 sessions • \$89 / Materials fee • \$10 1 session at door (first day only) • \$29

# 1135 • MAKE YOUR OWN MAGIC

#### Debbie O'Carroll

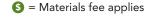
Discover the secrets of magic! You will learn how to make and perform some amazing magic tricks with everyday objects. Entertain your friends and family with the magic illusions, sleight-of-hand and card tricks that you will learn in this workshop. This class is ideal for students, teachers, grandparents and every one else who enjoys magic. Materials fee of \$15 due to instructor at start of class. (ages 12+) Week 9, Aug. 20–22 / Tu–Th / 9–10:30 a.m. Turner 106

Fees: 3 sessions • \$69 / Materials fee • \$15 1 session at door (first day only) • \$29











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# Health & Fitness

# Cycling

# 1200 • CYCLE BLAST: MON/WED PM Holly Hannon

Join Holly for an hour of high-intensity indoor group cycling. This class is for the exercise enthusiast who is looking to bring their workout to the next level. Beginners welcomed and encouraged to try this fun and energizing workout! Motivating music and an organized routine will take you over hills, chases, steep climbs, and sprints. All cyclists should bring a bottle of water and a towel. (ages 14+)

Weeks 1–9 / June 24–Aug. 21 M W / 5–6 p.m. / Turner 107 Fees: 2 sessions • \$29 1 session at door • \$15

# 1201 • CYCLE BLAST: FRI AM Holly Hannon

Weeks 1–9 / June 28, July 5, July 12, July 19, July 26, Aug. 2, Aug. 9, Aug. 16, Aug. 23 F / 9–10 a.m. / Turner 107 Fees: 1 session • \$15

#### 1202 • INDOOR CYCLING PARTY Amanda Caruso

This isn't your average cycling class! Break a serious sweat in this low-impact, high-intensity workout — a 60-minute invigorating ride, all choreographed to the beat of the music. This class will push you to your limits and challenge you to step outside of your comfort zone! (ages 15+) Week 3, July 8–11 / M–Th / 7:45–8:45 a.m. Turner 107

Fees: 4 sessions • \$53 1 session at door • \$15

> MANY FITNESS COURSES REACH CAPACITY ENROLLMENT. PRE-SEASON REGISTRATION IS STRONGLY ENCOURAGED.

# Yoga

### 1203 • GENTLE YOGA

#### Kate Junker

Learn basic yoga breathing and stretching. Yoga is a non-competitive, non-strenuous exercise which helps you relax while toning and lengthening muscles. Emphasis will be on building strength, improving flexibility, improving balance and reducing stress. Individuals move at their own pace. Please bring an exercise mat. (ages 16+) Weeks 1–9 / June 24–Aug. 23 / M–F 7:30–8:45 a.m. / Hurlbut Marion Lawrance Fees: 5 sessions • \$75

# 1204 • YOGA STRETCH AND STRENGTHEN

#### Kate Junker

Start your day with mindful movement. You will build strength and flexibility while reducing stress and improving posture. Move through a series of yoga postures that include balance and breath awareness. Open your hips, stretch your hamstrings and energize your body! Bring a yoga mat. (ages 16+)

Week 1, June 24–28 / Week 2, July 1–5 Week 7, Aug. 5–9 / M–F 9–10 a.m. / Hurlbut Marion Lawrance Fees: 5 sessions • \$65 1 session at door • \$15

# 1205 • POWER UP YOUR DAY YOGA ( Kate Mayberry

Are you looking to increase your sense of physical and mental well-being? Syncing postures with breath, a dynamic flow will be created to strengthen and stretch all the major muscle groups. While this class is designed to be athletic and fast-paced, modifications will be offered to make this class accessible for all levels. Each class will conclude with a five-minute shavasana (relaxation). After 60 minutes you will feel invigorated and eager to embrace all your daily schedule has to offer. A great way to begin your Chautauqua day! Please bring a yoga mat. (ages 14+)

Week 1, June 24–27 / Week 2, July 1–4 Week 3, July 8–11 / Week 4, July 15–18 Week 5, July 22–25 / Week 6, July 29–Aug. 1 M–Th / 7:30–8:30 a.m.

Heinz Beach Fitness Room 2 Fees: 4 sessions • \$53 1 session at door • \$15

# 1206 • YOGA FOR PAIN RELIEF

#### Laura C. Ryan

You may already know of yoga's benefits for flexibility, strength and stability. Yoga is also a proven remedy for chronic pain. We will identify and practice the tools of yoga that ameliorate stress, anxiety and depression that can create and reinforce patterns of chronic pain in the body. You will leave class with your own "yoga tool kit" from which you can draw to bring more comfort to your body and mind. Bring a yoga mat for practice. (ages 16+)

Week 1, June 24–26 / M–W / 1:30–3 p.m. Turner 203

Fees: 3 sessions • \$59 1 session at door • \$23

# 1207 • GENTLE YOGA FOR REJUVENATION

#### Laura C. Ryan

Learn beginner yoga techniques to revitalize your body including proper breathing and yoga poses. Relax, stretch, stabilize and strengthen muscles, increase balance, reduce stress and promote a sense of calm that you can carry with you through the day. This class is oriented toward the newcomer and is taught by a credentialed and experienced yoga therapist. Bring a yoga mat. (ages 14+)

Week 1, June 24–28 / M–F / 9:15–10:15 a.m. Turner 203

Fees: 5 sessions • \$63 1 session at door • \$15

#### 1208 • LAKESIDE YOGA

#### Karen Hansen

This mixed-level meditative practice will deepen awareness for a balanced, calm and energetic effect for both body and mind. Using traditional postures and breath awareness, classes are sequenced to provide a coordinated and complementary mind/body experience that guides the student inward to explore and refine their personal expression of each pose. Variations/modifications can be offered to insure all students are appropriately supported. Class ends with guided relaxation. Occasionally class may be taught outside. Bring a yoga mat. (ages 14+) Week 2, July 1-5 / Week 3, July 8-12 Week 4, July 15-19 / Week 5, July 22-26 Week 6, July 29-Aug. 2 / Week 7, Aug. 5-9 Week 8, Aug. 12-16 / M-F / 7:30-8:45 a.m. Heinz Beach Fitness Room 1

Fees: 5 sessions • \$69 1 session at door • \$15







Greet the day with a morning yoga class (pages 42-45)

### 1209 • YOGA THE IYENGAR WAY Lisa Kearny

Get ready to deepen your yoga practice as we explore and break down poses in this weeklong alignment series! Based on the lyengar method, this series will help you to hold and experience each pose with focus on alignment and precision. Gain strength, and learn to protect the body to avoid injury. Principles taught during the these sessions will help to increase confidence and mindfulness during your yoga practice. Bring a yoga mat. (ages 16+) Week 2, July 1-4 / Week 3, July 8-11 Week 4, July 15-18 / M-Th / 3:30-4:45 p.m. Turner 203

Fees: 4 sessions • \$63 1 session at door • \$17

#### 1210 • YOGA FOR ARTHRITIS Lisa Kearny

Experience a gentle yoga class concentrating on joint protection techniques and ease of movement. With the use of props, you will be able to gently stretch the muscles without straining or causing injury. Learn how to safely exercise with arthritis along with a daily exercise plan to decrease joint stiffness, improve body awareness, and increase flexibility. Bring a yoga mat. (ages 16+)

Week 2, July 1-4 / Week 4, July 15-18 M-Th / 9:15-10:15 a.m. / Turner 203

Fees: 4 sessions • \$53 1 session at door • \$15

#### 1211 • YOGA FOR HEALTH AND **WELLNESS**

#### Karen Larkins

Hatha yoga is a low-impact exercise for the body and mind. It combines different "Asanas" or postures with a deep breathing technique called "Pranayama" to promote flexibility, balance and relaxation. We hold the Asanas as we learn to keep our focus on our breath, practicing meditation in each pose. This allows us to feel the healing effects of each posture coming together with our breath, observe our reaction to poses, and become an audience to our body. All levels welcome. This is the perfect place for beginners to get comfortable with yoga and grow their practice with a strong foundation. Bring a yoga mat. (ages 14+) Week 2, July 1-3 / M-W / 2-3:30 p.m. Heinz Beach Fitness Room 1

### 1212 • FOUNDATIONS OF YOGA: **BUILDING ASANA**

### Linda Meacci

Fees: 3 sessions • \$59

1 session at door • \$23

In this foundational course, each practice presents an alignment-based sequence that illustrates how healthy, pain-free movement creates building blocks for yoga postures (asana). This course is therapeutic in nature and offers options to meet the needs of students. You'll gain knowledge of your own body and understand how to move in healthier ways. Stability, mobility, balance, breath and ease are key components throughout this practice. Come prepared to explore! Bring a yoga mat. (ages 14+) Week 3, July 8-12 / M-F / 9:15-10:30 a.m. Hurlbut Marion Lawrance

Fees: 5 sessions • \$69 1 session at door • \$15

#### 1213 • RESTORATIVE YOGA: RELAX **AND RENEW**

#### Linda Meacci

In this yoga course we explore our potential to relax deeply and reap the benefits of this rich practice. We begin the practice with easy slow, fluid movement on the floor. Next, we learn and rest in several restorative postures using yoga bolsters and blankets. Guided meditations are provided while resting. Restorative yoga may improve sleep, decrease anxiety, lower blood pressure, restore vitality and help the body recover from surgeries, illness and stress. Bring a yoga mat. (ages 18+) Week 3, July 8-12 / M-F / 1:45-3 p.m. Turner 203

Fees: 5 sessions • \$65 1 session at door • \$15

#### 1214 • YOGA: ENERGY AND **MINDFULNESS**

### Nancy Rosenberger

This class works to build strength, flexibility, and inner calm. Through mindful movement, the class nurtures awareness of body, breath, and energy flow. Grounded in Hatha yoga, breathing, stretches, and postures allow students to awaken to the life force within them, with particular attention to yoga wisdom such as chakra energies, layers of being, and yogic values. New or veteran students to yoga and all body types are welcomed in this class. Modifications are offered. Bring a yoga mat. (ages 14+)

Week 4, July 15-19 / Week 5, July 22-26 M-F / 7:45-8:45 a.m. / Turner 203

Fees: 5 sessions • \$63 1 session at door • \$15

# 1215 • RESTORATIVE YOGA

Martha Lamb

An antidote to the stresses of busy lives and a wonderful balance for more active practices, this class includes restful postures with props and support in finding comfort, spaciousness, and ease in the body. These poses, accompanied by elongated breathing and gentle stretches, soothe the nervous system and promote relaxation and deep healing on all levels. Restorative Yoga is for everyone, regardless of level of fitness. It is an excellent practice for those recovering from illness or injury, or those living with chronic pain. Be still, relax, and find healing you need. Bring a yoga mat. (ages 14+)

Week 4, July 15-19 / M-F / 2-3 p.m. Turner 203

Fees: 5 sessions • \$63

1 session at door (first day only) • \$15









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# 1216 • VINYASA FLOW YOGA

#### Thoa Van Seventer

An ideal workout that is intense and challenging. Vinyasa Flow Yoga involves synchronizing the breath with progressive series of postures, producing intense internal heat and a purifying sweat that detoxifies muscles and organs. You will leave the class physically, mentally, and spiritually refreshed in a light and strong body with a calm mind. This class is geared toward people who enjoy a physical challenge. Some yoga experience is required. Bring a yoga mat. (ages 14+) Week 5, July 22-26 / Week 6, July 29-Aug. 2 M-F / 9:15-10:15 a.m.

Heinz Beach Fitness Room 2 Fees: 5 sessions • \$65 1 session at door • \$15

#### 1217 • YOGA FOR LIVING WELL Karen Schwarzwalder

Learn basic skills to enhance your yoga practice and to improve your daily living. Foundational asanas will lengthen and strengthen muscles, increase flexibility and balance, manage stress, improve posture and provide overall self-confidence and physical coordination. Classes are relaxed, non-competitive and suitable for persons of all ages and abilities. Bring a yoga mat. (ages 12+)

Week 5, July 22-26 / Week 6, July 29-Aug. 2 M-F / 9:15-10:15 a.m.

Hurlbut Marion Lawrance Fees: 5 sessions • \$63 1 session at door • \$15

#### 1218 • GENTLE YOGA FOR **REJUVENATION**

#### Laura C. Ryan

Learn beginner yoga techniques to revitalize your body including proper breathing and yoga poses. Relax, stretch, stabilize and strengthen muscles, increase balance, reduce stress and promote a sense of calm that you can carry with you through the day. This class is oriented toward the newcomer and is taught by a credentialed and experienced yoga therapist. Bring a yoga mat. (ages 14+)

Week 6, July 29-Aug. 2 M-F / 2:15-3:15 p.m. / Turner 203

Fees: 5 sessions • \$63 1 session at door • \$15

#### 1219 • YOGA FOR PAIN RELIEF Laura C. Ryan

You may already know of yoga's benefits for flexibility, strength and stability. Yoga is also a proven remedy for chronic pain. We will identify and practice the tools of yoga that ameliorate stress, anxiety and depression that can create and reinforce patterns of chronic pain in the body. You will leave class with your own "yoga tool kit" from which you can draw to bring more comfort to your body and mind. Bring a yoga mat for practice. (ages 16+)

Week 6, July 29-31 / Week 9, Aug. 19-21 M-W / 3:30-5 p.m. / Turner 203

Fees: 3 sessions • \$59 1 session at door • \$23

#### 1220 • YOGA FOR EVERYBODY Susan Grover

Beginner-friendly, gentle practice to bring ease and opening to joints and muscles. Ideal for those who feel inflexible, who want stress relief and who want to ease particular body issues. Athletes and people recovering from shoulder and back injuries use this class to add stretching to their routines. Very easy, no pressure class. Bring a yoga mat. (ages 12+)

Week 6, July 29-Aug. 2 / Week 7, Aug. 5-9 M-F / 9:15-10:15 a.m. / Turner 203

Fees: 5 sessions • \$63 1 session at door • \$15

### 1221 • MORNING YOGA FOR **DYNAMIC AGING**

### Kayleigh Miller

This class is for all levels of yoga practitioner, drawing from traditional yoga asana, corrective exercise, pilates, and more. We will explore traditional standing, seated, and weight bearing postures, while challenging the body in new ways, building strength and mobility, and supporting dynamic aging. Bring a yoga mat. (ages 16+) Week 6, July 29-Aug. 2

M-F / 7:45-8:45 a.m. / Turner 203 Fees: 5 sessions • \$63

1 session at door • \$15

# 1222 • MINDFUL MORNING FLOW

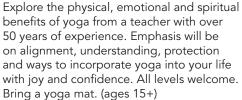
#### Kayleigh Miller

This class is for all levels of yoga practitioners, combining elements of vinyasa yoga, strength and dynamic movements. The focus will be on breaking down more complex yoga movements and poses, and finding ways to progress in strength and mobility through yoga, while also regulating the nervous system. Bring a yoga mat. (ages 16+)

Week 7, Aug. 5-9 / M-F / 7:45-8:45 a.m. Turner 203

Fees: 5 sessions • \$63 1 session at door • \$15

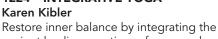
#### 1223 • YOGA FOR LIFE: **EXPERIENCE THE JOY** Lawrence Terkel



Week 7, Aug. 5-9 / Week 8, Aug. 12-16 / M-F 8:45-10:15 a.m. / Heinz Beach Fitness Room 2

Fees: 5 sessions • \$75 1 session at door • \$17

# 1224 • INTEGRATIVE YOGA



ancient healing practices of yoga and Ayurveda. Learn specific yoga asanas, breathing techniques, meditation and Ayurvedic principles to gain greater flexibility, strength, balance and vitality while improving digestion and circulation. The classes also include guided imagery, music, and aromatherapy to facilitate the self-healing process and reconnect with your innate nature to increase selfawareness, achieve optimal health and enhance well-being. Bring a yoga mat. (ages 14+)

Week 8, Aug. 12-15 / M-Th / 3:30-4:45 p.m. Turner 203

Fees: 4 sessions • \$63 1 session at door • \$17







#### 1225 • SLOW FLOW YOGA Karen Heckel-Marmorato

This yoga class is for individuals at all levels which teaches Hatha yoga postures, meant to release, stretch, and build bodymind-spirit awareness. Class will focus on safe alignment, building core and total body strength, increasing flexibility, and improving balance as well as concentration and breath control. Slow flow yoga is smooth, yet challenging and is suitable for most abilities, including those who are new to the practice of yoga. Bring a yoga mat. (ages 14+)

Week 8, Aug. 12-16 / Week 9, Aug. 19-23 M-F / 9-10:15 a.m. / Turner 203

Fees: 5 sessions • \$65 1 session at door • \$15

#### 1226 • YOGA BASICS Karen Heckel-Marmorato

Struggling with downward dog or trikonasana? Want to know what these terms even mean? All levels welcomed. Focusing on intention, meditation, breath, asana, deep relation with aromatherapy. Gives more advanced students the opportunity to refine their asana practice with a deeper exploration. A yoga experience that will leave you feeling great for the rest of the day and have you looking forward to the next class. Bring a yoga mat. (ages 14+)

Week 8, Aug. 12-16 / Week 9, Aug. 19-23 M-F / 7:30-8:45 a.m. / Turner 203

Fees: 5 sessions • \$65 1 session at door • \$15

#### 1227 • YOGA STRETCH AND FLEX Wayne Mateski

This foundational yoga class emphasizes building strength and agility through controlled seated and standing yoga postures. Alignment and body mechanics will be emphasized, demonstrated and corrected. Planks, down dogs and sun salutations are incorporated into this class which increases core strength, stamina, coordination and flexibility. The pace is designed for those seeking a beginning to moderate intensity level of exercise. Bring a yoga mat. (ages 14+)

Week 8, Aug. 12-16 / M-F / 9:15-10:15 a.m.

Hurlbut Marion Lawrance Fees: 5 sessions • \$63 1 session at door • \$15

#### 1228 • YOGA STRETCH AND FLEX

Wayne Mateski

Week 9, Aug. 19-23 / M-F / 9:15-10:15 a.m. Heinz Beach Fitness Room 2

Fees: 5 sessions • \$63 1 session at door • \$15

#### 1229 • GENTLE YOGA FOR **RENEWAL**

#### Laura C. Ryan

Learn beginner yoga techniques to revitalize your body including proper breathing and yoga poses. Relax, stretch, stabilize and strengthen muscles, increase balance, reduce stress and promote a sense of calm that you can carry with you through the day. This class is oriented toward the newcomer and is taught by a credentialed and experienced yoga therapist. Bring a yoga mat. (ages 14+)

Week 9, Aug. 19-21 / M-W / 9:15-10:15 a.m. Hurlbut Marion Lawrance

Fees: 3 sessions • \$42 1 session at door • \$15

#### 1230 • CHAIR YOGA Debbie O'Carroll

Get all the benefits of yoga while seated in a chair! Build strength, balance and flexibility with the gentle poses we'll learn in this class. Stress-relieving breath work and mindful meditation will also be included along with tips for continuing your yoga practice at home or at work. Chair yoga is ideal for beginners, seniors and those with mobility issues. Experienced yoga practitioners will also enjoy this healing form of hatha yoga. (ages 14+)

Week 9, Aug. 19-23 / M-F / 3:30-4:30 p.m. Hurlbut Marion Lawrance

Fees: 5 sessions • \$63 1 session at door • \$15



### **Pilates**

#### 1231 • PILATES FOR BALANCE Eva Stern



Whatever we're doing in life, balance is an essential part of movement. In this class, we will not only consider upright balance (or avoidance of falling), but how our muscles can work together in a balanced way to facilitate strength and ease. You will learn what muscles to target to improve physical balance, bringing a sense of lightness, flow and pleasure to your movement! (ages 16+) Week 1, June 24-28 / Week 2, July 1-5 M-F / 7:45-8:45 a.m. / Turner 203

Fees: 5 sessions • \$63 1 session at door • \$15

#### **1232 • MAT PILATES Margaret Barrett-Walos**



Defy the aging process and take 10 years off your appearance. Learn to move elegantly by strengthening and lengthening all the muscles in the torso that attach to the spine and pelvis — what have become known as your "core" muscles. (ages 12+) Week 1, June 24-27 / Week 2, July 1-4 Week 3, July 8-11 / Week 4, July 15-18 M-Th / 9-10 a.m. / Heinz Beach Fitness Room 2

Fees: 4 sessions • \$53 1 session at door • \$15

#### 1233 • PILATES AND PROPS Michelle Bisno



Come join our morning Pilates mat class designed to introduce all levels to a series of exercises to strengthen and lengthen your muscles. We will use a variety of props to target the muscles of the core, legs, butt, arms and everything in between. This is a complete body workout that will help you walk out feeling longer and stronger. (ages 14+)

Week 5, July 22-25 / M-Th / 9:15-10:15 a.m. Turner 203

Fees: 4 sessions • \$53 1 session at door • \$15

MANY FITNESS COURSES REACH CAPACITY ENROLLMENT. PRE-SEASON REGISTRATION IS STRONGLY ENCOURAGED.









46 **HEALTH & FITNESS** SPECIAL STUDIES 2019

# Tai Chi & Chi Gong

#### 1234 • TAI CHI FOR HEALTH AND **FITNESS**

#### Rebecca Steinback

You will learn a simple form of Tai Chi that is designed to improve your health, flexibility and balance. As you practice each part of the form, your confidence and ability to continue doing the form after the class ends will increase. You are taught the movements in a safe and easy manner following a stepwise progressive method that was developed by Dr. Paul Lam of the Tai Chi for Health Institute. (ages 14+)

Week 1, June 24-28 / M-F / 3:30-4:30 p.m. Turner 203

Fees: 5 sessions • \$63

1 session at door (first 2 days only) • \$15

#### 1235 • INTRO TO TAI CHI FOR FALL **PREVENTION**

#### Loren H. Miller

You will learn warm-up exercises and opening movements that can be applied in everyday life to improve balance and overall toning and strength. Materials fee of \$28 due to instructor at start of class for DVD. Please wear comfortable clothing and nonskid footwear. (ages 14+)

Week 4, July 15-18 / M-Th / 9:15-10:30 a.m. Hurlbut Marion Lawrance

Fees: 4 sessions • \$63

#### 1236 • CHI GONG FOR HEALTH AND RELAXATION **Rick Gridley**

Anyone can enrich their lives by adding Chi Gong to their daily routine. This ancient Chinese health care practice combines gentle movement, breathing techniques and focused intention. The gentle, rhythmic movements of Chi Gong reduce stress, build stamina, increase vitality and enhance the immune system. When practiced over time, Chi Gong contributes to a youthful vitality, helping people maintain optimal health even into their golden years. Enhance your wellness with this introduction to Chi Gong! Wear loose fitting, comfortable clothing. (ages 14+) Week 9, Aug. 19-22 / M-Th / 1-2:15 p.m. Turner 203

Fees: 4 sessions • \$63

1 session at door (first day only) • \$17

### Fitness: Other

#### 1237 • WATER EXERCISE **Margaret Barrett-Walos**

An ideal low-impact workout for individuals of all ages, shapes and fitness levels. This class is designed to help improve strength, flexibility and cardiovascular endurance using the water's buoyancy and resistance. Enjoy a creative, invigorating hour in the pool. Swimming skills not required. Bring your own Styrofoam barbells if you are able. Bring a towel. (ages 12+)

Week 1, June 24-28 / Week 2, July 1-5 Week 3, July 8-12 / Week 4, July 15-19 Week 5, July 22-26 / Week 6, July 29-Aug. 2 MWF/3-4 p.m. / Turner Pool

Fees: 3 sessions • \$42 1 session at door • \$15

#### 1238 • ZUMBA GOLD WITH PAUL! Paul Mockovak

Zumba Gold! The dance party workout using Latin and International Rhythms with the older participant or deconditioned in mind! "Ditch the workout, join the party" with Paul's social and theater dancecentered moves designed for the "Golds," with visual and audio cues. Experienced Zumba participants can take it too! Older or new to Zumba? Give this a try, rest when desired and join when ready — always work at your own level. All you need is workout wear, sneakers, and a smile — bring it! (And a water bottle too!) Golds rock! We always have a blast! (ages 18+)

Weeks 1-8 / June 25-Aug. 15 / Tu Th 9-10 a.m. / Turner Gym Fees: 2 sessions • \$29

1 session at door • \$15

#### 1239 • THE ALEXANDER **TECHNIQUE: MOVEMENT WITH GRACE**

#### Barbara Hois

"Sit up straight!" yelled your mother. But when you did, it felt tight, pushy and uncomfortable. You can be poised and comfortable without effort. The Alexander Technique uses sensing, anatomy and teacher's light touch for graceful, flexible, fluid and expressive movements. Everyone can open joints, free tight muscles, reduce pain and change habits. Your mother would be proud. (ages 12+)

Week 1, June 24-28 / Week 9, Aug. 19-23

M-F / 7:45-8:45 a.m. Heinz Beach Fitness Room 1 Fees: 5 sessions • \$63

1 session at door (first day only) • \$15

#### 1240 • FULL BODY BOOT CAMP Stephanie Bukowski



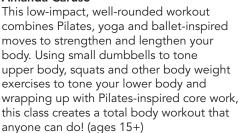
Start your day with a high-intensity workout that includes cardio, strength and core movements using a variety of different training styles — all to give you a total body workout. Equipment provided. Bring a water bottle. (ages 15+)

Weeks 1-9 / June 24-Aug. 23 / M W F 9:15-10:15 a.m. / Heinz Beach Fitness Room 1

Fees: 3 sessions • \$42 1 session at door • \$15

#### 1244 • BARRE FITNESS

#### Amanda Caruso



Week 3, July 8-12 / M-F / 9:15-10:15 a.m. Turner 203

Fees: 5 sessions • \$63 1 session at door • \$15

#### 1245 • THE ALEXANDER **TECHNIQUE: MAPPING ACTIVITIES** Barbara Hois



Aching muscles? Sore joints? Are your everyday activities painful? We'll find the joints and muscles you need to use and be sure you're engaging them correctly. By discovering the anatomy behind the movement and sensing yourself fully, the teacher's light touch will help you move more easily. Whether you're sitting at the computer, walking, dancing, playing piano, or tennis, let's get the aches and pains out, bring in ease and freedom. (ages 12+) Week 5, July 22-26 / Week 8, Aug. 12-16 M-F / 2-3 p.m. / Turner 203

Fees: 5 sessions • \$63 1 session at door • \$15





### 1246 • MOVE INTO LIFE WITH THE FELDENKRAIS METHOD®

**Maxine Davis** 

The Feldenkrais Method® provides a way to increase your awareness of how you do what you do, so you can do what you want. This body/mind approach offers a means of self-education and self-exploration through movement that is useful for people in pain (arthritis, back pain, etc.). Invaluable for performers, athletes and people interested in experiencing increased vitality in their lives. Students should bring a towel or mat to class and wear loose clothing. (ages 16+) Week 6, July 29-Aug. 2 / Week 7, Aug. 5-9 M-F / 1-3 p.m. / Hurlbut Marion Lawrance Fees: 5 sessions • \$85 1 session at door • \$20

### 1247 • AIKI/KARATE SKILLS AND **SELF DEFENSE**

James Wohler

This class is a basic introduction to the martial arts. I will provide you with some easy-to-apply self-defense techniques along with exercises to improve your mind, body and spirit. If you are interested in the history of the martial arts there will be something for you. We will look at both the physical and metaphysical side of self defense. (ages 12+)

Week 7, Aug. 5-9 / M-F / 3:30-4:45 p.m. Turner Gvm

Fees: 5 sessions • \$75 1 session at door • \$17

### 1248 • SPINAL COMFORT WITH THE ( **FELDENKRAIS METHOD®**

Elizabeth Griffin

Your amazing spine has 26 bones, 23 discs, and hundreds of muscles and nerves. Its flexibility accommodates infinite positions and actions, all while supporting the weight of your head and trunk! Come explore gentle movements that help you move your spine with more comfort in daily activities like sitting at the computer, driving and lifting. You must be able to get to and from the floor. (ages 16+)

Week 9, Aug. 19-23 / M-F / 3:15-4:45 p.m. Heinz Beach Fitness Room 2

Fees: 5 sessions • \$75

1 session at door • \$17

### Health

#### 1300 • INTRODUCTION TO **AROMATHERAPY**

Kristyn Bango

Take a scent journey with essential oils and learn how scent affects our memories and experiences. This introductory class will highlight traditional aromatherapy through inhalation and how it can be used for stress, anxiety and much more. Materials fee of \$10 due to instructor at start of class. (ages 16+)

Week 1, June 24 / Week 4, July 15 / M 12:45-1:45 p.m. / Turner 106

Fees: 1 session • \$25 / Materials fee • \$10

## 1301 • MASTERING YOUR MICROBIOME AND YOUR MOOD

Ellen Rozman

The gut is considered the second brain. Trillions of bacteria live in our gut. These microbes influence our mood, behaviors, and decision-making, as well as our metabolism, hormones, and even libido! Learn how symptoms like anxiety, depression and addiction are affected by imbalanced gut flora and how a healthy ecosystem may lie at the root of optimal gut and brain health. (ages 16+) Week 2, July 1-3 / M-W / 3:30-5 p.m.

Turner 205 (Kitchen) Fees: 3 sessions • \$75 1 session at door • \$29

#### 1302 • HOW TO RELIEVE OR PREVENT LOW BACK PAIN

Tasso Spanos

There are nine different muscles that can contribute to various locations of pain in the lower back and sciatica. The focus will be on traumatized spots in the muscles called trigger points, which refer to pain or weakness to other parts of the body, thereby confusing clinicians who are not aware of their existence or complexity. Participants will be taught where the trigger points are located and how to treat and stretch them. Corrective exercises will be taught. Handouts will be provided. (ages 16+)

Week 3, July 8-11 / M-Th / 3:45-5:15 p.m. Turner 210

Fees: 4 sessions • \$79 1 session at door • \$25













48 **HEALTH & FITNESS** SPECIAL STUDIES 2019

### 1303 • SECULAR MEDITATION: **SCIENCE OF STILLNESS**

Bob (zui-ryu) Moore, Ph.D.

Heinz Beach Fitness Room 1

No matter where we start we can move our health forward; working with the body, mind and spirit, we can achieve momentum with mindfulness. In a confidential environment, participants will be taught techniques of meditation, relaxation, visualization and movement. Research shows that these techniques lead to improvements in biological and mental functioning, brainwaves, blood pressure and to an enhanced immune system. This course is aimed at prevention, but these techniques are also useful for treatment. Materials fee of \$10 due to instructor at start of class. (ages 16+) Week 3, July 8-11 / M-Th / 3:30-4:45 p.m.

#### 1304 • LEARNING BETTER BALANCE 👔 Don Rapp

Fees: 4 sessions • \$79 / Materials fee • \$10

1 session at door (first day only) • \$25

Better balance can be learned. This class offers knowledge and exercises of and for the body's three balance systems. Longlasting independent stability is the goal. We will systematically address the physical, mental, emotional, social and environmental aspects of safe and long-lasting balance. (ages 14+)

Week 3, July 8-11 / Week 8, Aug. 12-15 M-Th / 1:30-2:45 p.m. Heinz Beach Fitness Room 2

Fees: 4 sessions • \$69 1 session at door • \$20

#### 1305 • STRATEGIES TO HELP YOUNG CHILDREN LEARN TO TALK AND COMMUNICATE

Trudi Kahlenberg Picciano

Concerned about your child's speech and language development? A speech language pathologist will help parents, grandparents, caregivers and teachers learn ways to help. You will gain skills and strategies supported by evidence-based research to promote speech, language and communication development as you interact in daily activities with your child. A fun, practical format will include lecture, video examples, interactive experiences and handouts aimed to provide ideas to encourage, empower and support you in your important role as a partner in communication. (ages 16+) Week 4, July 15-17 / M-W / 9-10:30 a.m. Turner 103

Fees: 3 sessions • \$75 1 session at door • \$29

#### 1306 • MINDFULNESS IN WELLNESS 👔 **AND ILLNESS**

Jayashree Rao, MD

Participants will learn to develop mindfulness through guided meditation and brief exercises that will help them experience the present moment during everyday activities. Although no specific outcome is promised, participants typically report feeling more alive and more "intune" with themselves and others. In addition, research has shown significant beneficial effects in dealing with stress, anxiety, high blood pressure, depression, chronic pain, and diabetes. (ages 16+) Week 5, July 22-26 / M-F / 8:45-10:15 a.m. Turner 210

Fees: 5 sessions • \$89 1 session at door (first day only) • \$25

#### 1307 • POSTURE CAMP FOR ACTIVE **ADULTS**

Laura P. Coombs

It's not just about standing up straight! Good posture means moving well and adapting to any activity (even sitting!) with less stiffness and joint pain. Posture Camp will teach you a method that will make your active lifestyle even more enjoyable. The exercises can be done at home so you can continue the process year-round. Improving your posture will make you more flexible and more athletic, all while keeping typical aches and pains away. (ages 25+) Week 5, July 22-26 / M-F / 3:30-4:30 p.m. Turner 203

Fees: 5 sessions • \$65 1 session at door • \$15

### 1308 • LAUGHTER WORKS: HUMOR, 👩 **PLAY AND HEALTH**

Kay Caskey & Laurie Young

Folklore has long held that there is a positive relationship between laughter and health. Only recently has the medical/ scientific establishment begun to take note of what we have all known intuitively for centuries. Laughter and play are good for you. Properly used, humor can reduce stress, lighten tensions, and even boost your immune system. This workshop will increase your energy, grow your brain and tickle your spirit — and you will learn a skill that will help you smile forever. Success guaranteed! (ages 13+)

Week 6, Aug. 2 / F / 3:30-5:30 p.m. Hultquist 101

Fees: 1 session • \$50

### 1309 • DIGESTIVE HEALTH: KNOWNS AND UNKNOWNS

Benjamin Lebwohl, MD

Why is the gluten-free diet so popular? What is the best way to screen for colon cancer? What are probiotics and why do people take them? This course covers topics in digestive health with an emphasis on an evidence-based approach to understanding controversial topics that are frequently covered in health media including gluten, celiac disease, colon cancer screening, and probiotics. In so doing we will cover principles of screening and separating fact from hype. (ages 14+)

Week 6, July 30-Aug. 1 / Tu-Th / 2-3:30 p.m. Turner 210

Fees: 3 sessions • \$75 1 session at door • \$29

#### 1310 • FEELING BETTER STRETCH **EXERCISES**

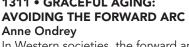
Tasso Spanos

This stretch class teaches you how to relieve pain and weakness occurring in the entire body. There are 100 different exercises, stretching 100 different muscles that can create 100 different pain problems. The instructor first announces the particular pain or weakness problem, and then gives the specific gentle stretch exercise to fix or prevent that problem. Included are chair exercises, standing warmups, technique of walking, floor exercises and wonderful relaxation. (ages 10+)

Week 7, Aug. 5-7 / M-W / 3:45-4:45 p.m. Turner 203

Fees: 3 sessions • \$42 1 session at door • \$15

# 1311 • GRACEFUL AGING: AVOIDING THE FORWARD ARC



In Western societies, the forward arc of the collapsing spine that rounds us down to walkers is considered inevitable — but it's not! In this workshop, we'll compare physical aging across cultures, assess our own patterns and learn strategies to integrate healthy movement into our daily lives. Participants will explore gentle seated and standing movements and practice myofascial release, breathing, affirmations and guided relaxation to allow our bodies to age with grace. (ages 21+) Week 7, Aug. 5-7 / M-W / 1-2:30 p.m.

Turner 105

Fees: 3 sessions • \$75

1 session at door (first day only) • \$29







# 1312 • SELF-SHIATSU: A STRESS BUSTER TECHNIQUE!

#### Cassandra Butler

Shiatsu is based on the Asian understanding of meridians — energy pathways throughout the body. Along these pathways are sensitive points that can help bring us balance when stimulated through pressure. You will learn where the major points are on the body, which correspond to the five emotions: grief, anxiety, fear, anger and worry. You will learn how to administer thumb pressure on these points for healing, balance, and stress relief. Be in charge of balancing your body! (ages 14+) Week 7, Aug. 5–7 / M–W / 3:30–5 p.m. Turner 210

Fees: 3 sessions • \$75 1 session at door • \$29

#### 1313 • MINDFULNESS-BASED STRESS REDUCTION WORKSHOP James Mitchell

Modeled after the pioneering work of Jon Kabat-Zinn, PhD and featured on the Bill Moyers documentary "Healing and the Mind," you will learn mindful movement, meditation, and relaxation exercises, improve concentration and creativity, and develop insight into your inner sources for healing. Mindfulness helps you re-inhabit your body with awareness skills that act as an antidote to stress while moving toward a relaxed body and quiet mind. Please bring a yoga mat or blanket. (ages 14+) Week 7, Aug. 5–8 / M–Th / 3:30–5 p.m. Hurlbut Marion Lawrance

## 1314 • ENVISIONING A HEALTHIER YOU

Fees: 4 sessions • \$89 1 session at door • \$29

#### Becky Brown, RPh, NBC-HWC

The journey to a healthier you begins with a vision. What is your vision of you in your best health? Supported by an integrative health coaching approach, create a vision board to guide and inspire the design of your own personalized health plan based on the Duke Integrative Medicine Wheel of Health. This workshop is not about a quick fix or temporary solution but about taking the first steps in creating lifelong behavior change designed to move you in the direction of increased health and well-being. Taught by a National Board Certified Health and Wellness Coach. Materials fee of \$5 due to instructor at start of class. (ages 18+) Week 7, Aug. 6-8 / Tu-Th / 8:30-10:30 a.m. Turner 104

Fees: 3 sessions • \$89 / Materials fee • \$5 1 session at door (first day only) • \$35

#### 1315 • MEDICINAL PLANTS FOR THE HOME GARDEN

#### Sarah Sorci

Many medicinal and edible plants are both beautiful and easy to grow. Learn uses for common perennials like bee balm, yarrow and hostas, and get to know less common plants like motherwort, holy basil and wild geranium. You may be surprised by which garden plants you can cook up for dinner or make into tea! Sarah will offer tips for cultivation and uses after harvest. Each class includes recipes, demos and a range of samples. Materials fee covers three seed packets and packet of dried herbs. Optional for drop-in/one time participants. No experience necessary. Materials fee of \$14 due to instructor at start of class. (ages 14+) Week 8, Aug. 12-14 / M-W / 3:30-5:30 p.m. Turner 105

Fees: 3 sessions • \$89 / Materials fee • \$14 1 session at door • \$35



# 104, 107 • YOGA KIDS: HEALTHY BODY, HEALTHY MIND

**Katie Clark** 

See pages 10–11 for details.

# 311 • PURE PAINTING: ART AND YOGA INTEGRATION

Jonathan Lerner

See page 19 for details.

# 600 • THE MEDITERRANEAN LIFESTYLE AND ITS IMPACT ON WELLNESS

**Amy Riolo** 

See page 25 for details.

# 620 • HEALTHY EATING AND EXERCISE EVERYDAY

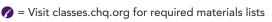
William Kuntz & Selina Uglow See page 27 for details.



Are you tired of boring old routines that don't work, that you can't remember or that take too long to see results? Personal training, Pilates reformer training and nutrition counseling are available with nationally certified experts at Chautauqua Health & Fitness. For more information visit Chautauqua Health & Fitness at Turner Community Center, call 716.357.6430 or visit fitness.chq.org.







\$







# **History &** Government

#### 1400 • FALL OF THE BERLIN WALL Charles Skinner

The fall of the Berlin Wall in 1989 was a watershed event that precipitated the unification of Germany and the end of the Cold War. Now approaching its 30th anniversary, this moment that changed the world merits renewed examination: how the division of the city, country, and continent came about, how it ended, and how it continues to change our world, which itself is imploding. (ages 14+)

Week 1, June 24-27 / M-Th / 3:30-4:30 p.m. Turner 210

Fees: 4 sessions • \$69

1 session at door (first day only) • \$21

#### 1401 • IDA TARBELL: AT CHAUTAUQUA AND BEYOND **Charles Fountain**

Ida Tarbell was perhaps the early 20th century's most influential journalist. One of the crusading "muckrakers," her expose on Standard Oil led to its break-up. Tarbell learned her craft at Chautauqua. For eight years, she was a writer on The Chautauguan, the year-round magazine sent to students in the Institution's distancelearning programs. In the summers she worked for the Assembly Herald, the forerunner of today's Chautauquan Daily. Drawing on Ida Tarbell's letters and manuscripts, the course will explore how she helped shape the early Chautauqua, and how Chautauqua helped shape her. (ages 14+)

Week 1, June 24-27 / Week 7, Aug. 5-8 M-Th / 9:15-10:30 a.m. / Alumni Hall Ballroom Fees: 4 sessions • \$79 1 session at door • \$25

#### 1402 • WHAT GOOD IS THE **ELECTORAL COLLEGE?** Jeffrey Wood

Twice in the last two decades, the elected president won the electoral vote but lost the popular vote. Let's explore the Electoral College: its constitutional history and development, its role in a democracy, our 230-year experience with it, and proposals to change it. Sometimes electors don't even follow the popular vote in their state. So why should we keep it? Why should we change it? Come to learn and to debate the pros and cons. (ages 14+)

. Week 1, June 24–27 / M–Th / 9–10:15 a.m. Turner Conference Room

Fees: 4 sessions • \$79

#### 1403 • CHERNOBYL: CAUSES, **COVERUP AND CONSEQUENCES** Michael Haritan

The 1986 Chernobyl catastrophe in Ukraine was the world's greatest nuclear accident, releasing radioactive material and affecting the health of millions of people and the environment for many thousands of years. Students will learn the history from a photojournalist as to what, why, how and who was responsible for this tragic event leading up to the break-up of the Soviet Union and the continued concerns relating to politics, health, safety and environmental issues. (ages 16+)

Week 1, June 25-27 / Tu-Th / 9-10:30 a.m. Hultauist 101

Fees: 3 sessions • \$75 1 session at door • \$29



#### 1405 • TEDDY ROOSEVELT: JOCK **PRESIDENT**



#### **Charles Fountain**

"If I wasn't president of the United States," Theodore Roosevelt once said, "I would like to be George Hackenschmidt," then the reigning world wrestling champion. By example and proclamation, Roosevelt espoused the vigorous life, and was at the head of the ever-growing American parade that celebrated sport at the close of the 19th century and the dawn of the 20th. Whether he was boxing with visitors to the White House or summoning college presidents to discuss the wanton violence in college football, Roosevelt understood the primacy of sport to American life, and helped to bring it about. (ages 14+) Week 3, July 8-11 / M-Th / 9-10:15 a.m.

Turner Conference Room Fees: 4 sessions • \$79 1 session at door • \$25



Returning instructor Charles Fountain will explore "Ida Tarbell" (left) and "Teddy Roosevelt" (above)

#### 1404 • A HISTORY OF AMERICAN **UTOPIAS**

#### **Paul Benson**

This course is designed as an overview of America's Golden Age of utopias and communal experiments. Many of the best known religious and secular utopian communities will be studied ranging from John Humphrey Noyes' Oneida Community to Ann Lee's Shakers. The primary teaching objective of this course will be to show what each group contributed to American culture and why almost all of them failed in the long run. (ages 14+)

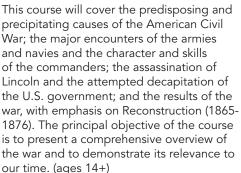
Week 2, July 1-5 / M-F / 3:30-5 p.m. Turner Conference Room

Fees: 5 sessions • \$95 1 session at door • \$29



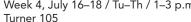
#### 1406 • THE CIVIL WAR: CAUSES, **COMBAT, CONCLUSIONS AND CONSEQUENCES**

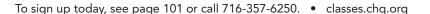




Week 4, July 16-18 / Tu-Th / 1-3 p.m.

Fees: 3 sessions • \$89 1 session at door • \$35





### 1407 • HOW LITERARY ARTS **ADVANCED WOMEN'S SUFFRAGE**

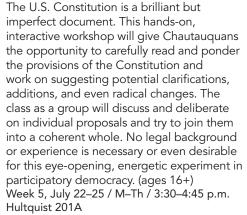


Natalie White Kahler

For more than half a century, women in the U.K. and U.S. had been petitioning, marching and protesting for the right to vote. In 1906, frustrated by their inability to make their case to wealthy women who would not attend suffrage street rallies, the Pankhursts paid author Elizabeth Robins to write a suffrage play. The success of that drama unleashed a mass of suffrage literature and drama, greatly contributing to the speedy adoption of women's suffrage in both nations. This course explores how Robins' play Votes for Women! and subsequent suffrage writings changed hearts and minds. (ages 14+) Week 5, July 22–25 / M-Th / 12:45–1:45 p.m. Hultquist 201B

Fees: 4 sessions • \$69 1 session at door • \$21

#### 1408 • REIMAGINING THE **CONSTITUTION: A WORKSHOP** Perry Dane



Fees: 4 sessions • \$79 1 session at door • \$25

### 1409 • HAMILTON: THE MAN, THE MUSICAL, THE LAW



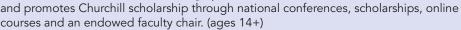
Join us as we discuss legal themes in the musical Hamilton. We'll discuss the Constitution and the Federalist Papers, Hamilton's contribution to both, and the increasingly popular view that the musical itself — with its own narrative, its own telling of Hamilton's story — is transforming Constitutional interpretation. (ages 16+) Week 5, July 23-25 / Tu-Th / 9-10:30 a.m. Hultauist 101

Fees: 3 sessions • \$85 1 session at door • \$29

# **Master Class with Larry Arnn**

#### 1420 • WINSTON CHURCHILL

Larry P. Arnn, president of Hillsdale College and Amphitheater speaker during Week Five's examination of "The Life of the Spoken Word," follows his morning lecture with a master class on Winston Churchill. Arnn, author of Churchill's Trial: Winston Churchill and the Salvation of Free Government, has studied and taught Churchill without interruption for four decades. In 2012, he assumed responsibility for editing the final six document volumes of the official biography of Winston Churchill. Through The Churchill Project, Hillsdale College archives the papers of Martin Gilbert, Churchill's official biographer from 1968 to 2012,



Week 5, July 23 / Tu / 3:30-5 p.m. / Hultquist 101 / Fees: 1 session • \$50

#### 1411 • APPALACHIAN CULTURAL **VALUES**



What is Appalachia? And where is it? How did its history shape its values and what has it contributed, and continues to contribute, to our country's larger history? For years Appalachia was the most independent and prosperous region of our country. Today it is the most dependent, and arguably the poorest. Yet its language, literature, crafts and values are disproportionately influential. In this class, your appetite will be whetted for all things Appalachian. (ages 12+) Week 6, July 29-Aug. 1 / M-Th 12:45-1:45 p.m. / Turner Conference Room

Fees: 4 sessions • \$69 1 session at door • \$21

#### 1412 • UNDERSTANDING THE U.S. **CONSTITUTION**

#### **Ernest Hartwig**

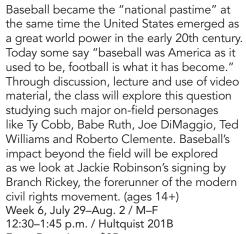
Understanding the U.S. Constitution is a matter of our civic duty. The Constitution is not only a matter of good government but it is also a political philosophy dedicated to individual freedom, dispersed power, self-government and national survival. We hear much talk about the Constitution from our elected officials but how much do we really understand its organization, function, and purpose? This course will attempt to lay out how and why it was created, beginning with the influences from Ancient Greece and Rome, through the period of the enlightenment and the 13 colonies, to modern day. (ages 14+)

Week 6, July 29-Aug. 2 / M-F / 9-10:15 a.m. Turner 103

Fees: 5 sessions • \$95 1 session at door • \$25

#### 1413 • BASEBALL AND AMERICAN **CULTURE**

#### Lee Lowenfish



Fees: 5 sessions • \$95 1 session at door • \$25

#### 1414 • INCIDENTS OF EXPLORING THE ANCIENT MAYA

#### James Nofziger

Deciphering the Maya writing system advanced our understanding of Maya culture and civilization. We'll discuss the story of this decipherment and its revelations, along with the roles played by explorers, archaeologists, anthropologists, linguists and others in recovering Maya history. We'll examine early archaeological projects that uncovered, reconstructed and mapped the structures and monuments of Copan, Quirigua, Palenque and Chichen Itza. Our slide programs tour these sites and illustrate their artifacts. (ages 14+) Week 7, Aug. 5-8 / M-Th / 9-10:30 a.m.

Hultquist 101 Fees: 4 sessions • \$89 1 session at door • \$29











#### 1415 • MUSIC AND THE **VIETNAM WAR**

#### Robert Hopper & Ronald McClure

Using many recorded and filmed examples of music from the Vietnam War era (mainly 1963-1975) this class will explore the complex interactions between social, political, military and cultural factors that influenced popular music. We will address how popular music changed during, and because of, the war and how media makers used music to interpret the war. (ages 16+) Week 7, Aug. 5-9 / M-F / 9-10:15 a.m. Turner Conference Room

Fees: 5 sessions • \$85 1 session at door • \$25

#### 1416 • FDR: POLITICIAN AND **STATESMAN** Walker Todd

Using Franklin D. Roosevelt: A Political Life by presidential historian Robert Dallek as a guide, we explore the political, foreign policy, monetary, military, agricultural, and even scientific initiatives that began under this remarkable man. Meanwhile, what were the main arguments of his political enemies? Our main objective is a fair assessment of the Roosevelt administration and its legacy. (ages 14+)

Week 8, Aug. 12-16 / M-F / 9-10:30 a.m. Turner Conference Room Fees: 5 sessions • \$95

1 session at door • \$25

#### 1417 • JEFFERSON'S GODFATHER: **GEORGE WYTHE** Suzanne Munson

Where did Thomas Jefferson get some of his best ideas? Explore the influence of his beloved mentor Founding Father George Wythe: signer of the Declaration of Independence, America's first law professor, abolitionist, Constitution champion, reformer and groundbreaking judge. The most influential teacher in American history - esteemed for his integrity, humanity, and scholarship — Wythe turned his law school at the College of William and Mary into the country's first leadership training program for future statesmen. At his death in 1806, his former students were virtually running the nation. (ages 14+)

Week 9, Aug. 19-21 / M-W / 3:30-5 p.m. Turner 105

Fees: 3 sessions • \$75 1 session at door • \$29

#### 1418 • ABRAHAM LINCOLN: THE **GREAT EMANCIPATOR?**

#### George Deutsch

President Lincoln is often referred to as the "Great Emancipator." His image of lifting slaves from bondage is taught to every schoolchild. But some recent scholars have begun to dispute that interpretation. Even as early as 1876, the sculpture of Lincoln and a kneeling slave on the Emancipation Memorial sparked controversy. The class will examine the life of Lincoln, his often publicly contradictory policies on race and whether he deserves the moniker of "Emancipator." (ages 14+)

Week 9, Aug. 19-23 / M-F / 2-3:15 p.m. Hultquist 101

Fees: 5 sessions • \$95 1 session at door • \$25

#### 1419 • LITERARY REPRESENTATION OF THE HOLOCAUST

George D. Dalbo

The Holocaust stands as the defining moment of the 20th century. Eighty years on, how has our collective understanding of the Holocaust developed and changed over time? How has the Holocaust been taken up in literature, art and popular culture for propitiation, provocation and profit? This course will explore the development and legacy of the Holocaust through a discussion and analysis of selected personal memoirs, poetry and prose, film, art and memorials. Ultimately, we will turn our attention to the future of the Holocaust in our collective memory. (ages 14+) Week 9, Aug. 19-23 / M-F / 12:45-1:45 p.m. Hultquist 201B

Fees: 5 sessions • \$79 1 session at door • \$21



#### 301 • GRAYCLIFF: ARCHITECTURE AS SACRED SPACE

Paul Lubienecki, Ph.D. See page 18 for details.

### **1803 • ANCIENT BIOGRAPHY Philip Barnes**

See page 58 for details.

## 1811 • DISCOVERING APPALACHIA **Donna Eisenstat**

See page 59 for details.

#### 2729 • THE ROLE OF THE **JUDICIARY IN AMERICA**

Alan Gershenson See page 78 for details.

### 2742 • UNDERSTANDING **CONTEMPORARY AFRICA**

Claude Welch

See page 79 for details.

### 2750 • THE HISTORY OF AMERICAN **PUBLIC EDUCATION**

George D. Dalbo

See page 80 for details.

# **Chautauqua Writers' Center**

#### Atom Atkinson, Director of Literary Arts

For 31 years, the Chautauqua Writers' Center has been a lively community of writers at all levels of development who cultivate the craft and vision necessary to grow as artists under the tutelage of highly accomplished authors. These writers-in-residence also give free readings and lectures each week. Learn more at writers.chg.org

The following pages present workshops in three formats, to help writers find the best match for their needs:

- Generative. The primary class focus is on in-class craft analysis and discussion, in-class exercises, and optional take-home prompts; ideal for writers looking for new ways to invigorate their writing practice throughout the entire year; useful writers at all levels.
- Flexible. These workshops are structured to both workshop the writing of those with drafts relevant to the workshop focus and produce useful craft analysis and discussion with optional take-home prompts for those looking to generate new work during the week.
- 3. Advanced. The primary focus in on careful reading and response for everyone's submitted manuscripts, in the context of craft analysis and discussion and sometimes alternative revision strategies; ideal for dedicated writers hoping to elevate their manuscripts to the next level; application required.

The Writers' Center also coordinates master classes and consultations. Any questions may be directed to Atom Atkinson at aatkinson@chq.org.

To learn more about other Chautauqua Literary Arts programs, visit literaryarts.chq.org. Books by Writers' Center writers-in-residence — and by authors in all our programs — are available at the Chautauqua Bookstore, the CLSC Veranda and the Smith Memorial Library.

# Writers' Center Poetry Workshops

#### 1500 • GROWING THE POEM Martha Collins

Through the reading of published poems and daily writing prompts, we'll explore strategies to help you develop fragments into poems, write longer poems, and move your work into more exciting aesthetic and emotional territory. The workshop should give you at least the beginnings of four new poems, and/or transformations of old poems. You're welcome to bring unfinished poems or fragments to work with — and you may also bring other poems for class discussion. Flexible. (ages 18+) Week 1, June 24-28 / M-F / 8:30-10:30 a.m.

Alumni Hall Poetry Room

Fees: 5 sessions • \$135

#### 1501 • AN OPEN LINE TO THE WORLD **Brandon Som**

This workshop will focus on the poetic line. At the heart of our conversation will be ways to understand the line's meaningful effects and its potential for engaging with our world and helping us toward insight. Through readings and writing prompts, members will have the chance to experiment with specific approaches to the poetic line including traditional forms like the abecedarian, ghazal and sestina, as well as free verse techniques and practices. Generative. (ages 18+)

Week 2, July 1-5 / M-F / 8:30-10:30 a.m. Alumni Hall Poetry Room

Fees: 5 sessions • \$135

### 1502 • CRAFTING FREE VERSE: LINE, SYNTAX, AND STANZA

#### Maggie Smith

In this workshop we'll consider the craft decisions we make in free-verse poems: How are the elements of the poem working on their own? How do they work with — or against — each other? We'll discuss model poems and participants' own work, paying special attention to how line, syntax and stanza can communicate meaning. Over the course of the week we'll build creative momentum and develop new strategies to carry participants forward in their writing practice. Flexible. (ages 18+) Week 3, July 8-12 / M-F / 8:30-10:30 a.m. Alumni Hall Poetry Room

#### 1503 • POETRY OF ABUNDANCE: **EXPLORING THE CONTEMPORARY LONG POEM**

#### Marcelo Hernandez Castillo

Fees: 5 sessions • \$135

Contemporary poets have implored us to trust our patience with length, and this workshop will explore how long poems by Larry Levis, Brigit Pegeen Kelly, Robert Hayden, Anne Carson, John Murillo, C.D. Wright and others sustain our attention in an ebb and flow of information, storytelling, and lyric imagery. We will grapple with ideas of economy, memory and narrative arcs as we comb through the major tenets of the contemporary poem of length and its necessity in our era of brevity. Flexible. (ages 18+)

Week 4, July 15-19 / M-F / 8:30-10:30 a.m. Alumni Hall Poetry Room

Fees: 5 sessions • \$135

### 1504 • COMPOSING IN THE MOMENT, ON AND OFF THE PAGE

#### TC Tolbert

Often, in writing and living, we feel an unacknowledged obligation to expectation that does not serve us. Because we may know what we want to write, or how a moment should go, we drive forward and miss the opportunity to have an experience more exhilarating than the one we planned. In this workshop, we'll use the tools of improvisation to radically expand and deepen our perception of (and responses to) the always-available poetic material. Flexible. (ages 18+)

Week 5, July 22-26 / M-F / 8:30-10:30 a.m. Alumni Hall Poetry Room

Fees: 5 sessions • \$135

54 **SPECIAL STUDIES 2019** LITERATURE & WRITING

#### 1505 • ADVANCED POETRY WORKSHOP: GOING BEYOND THE **PERSONAL**

#### Shara McCallum

Examining the self and mining autobiography are rich activities for poets. But how do we go beyond these boundaries to engage larger existential, political and social concerns? How do we further the poem's reach? These questions will serve as a touchstone for this advanced workshop. Focusing on craft, modes of poetry (lyric, narrative and dramatic) and formal measures, we will look at the ways poets harness the personal voice to expand a poem's vision. Application-only. (ages 18+)

Week 5, July 22-26 / M-F / 8:30-10:30 a.m. Alumni Hall Prose Room

Fees: 5 sessions • \$170

Admission will be by advance submission only and granted on a rolling basis. In an email with the subject line "McCallum Workshop," send two to three poems as attachments to Director of Literary Arts Atom Atkinson at aatkinson@chq.org. Word and PDF formats only. Submissions after July 8 may not be considered.

#### 1506 • THE SHARING OF JOY: NATURE WRITING THAT SNAPS, CRACKLES AND **POPS**

#### Aimee Nezhukumatathil

This class will help you generate poems that sing and celebrate the various big and small wonders of this earth. Though primarily a generative workshop, you will also get a chance for feedback, and each day, learn a new poetic form or practice to keep you generating dynamic work long after you return home. Perfect for the beginner or anyone needing a jolt in their writing. Come prepared to roll up your sleeves and dig in! Generative. (ages 18+) Week 6, July 29-Aug. 2 / M-F

8:30-10:30 a.m. / Alumni Hall Poetry Room

Fees: 5 sessions • \$135

#### 1507 • WRITING ABOUT THE DIFFICULT AND FINDING GRACE IN POETRY **Nicole Cooley**

Lucille Clifton said she hoped her poems would "comfort the afflicted and afflict the comfortable." This workshop will investigate how to write such poems. We will explore how to tackle difficult subjects in our work — from loss and grief to politics and war. How do we find our way into the most crucial and hard subjects of our lives and shape them into poems? We will approach this question through line and shape, as well as voice and point of view. Flexible. (ages 18+)

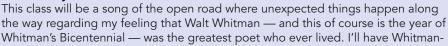
Week 7, Aug. 5-9 / M-F / 8:30-10:30 a.m. Alumni Hall Poetry Room

Fees: 5 sessions • \$135

# Master Class with William Heyen

#### 1510 • MY WHITMAN

### William Heyen



related gifts for participants, will delve into the 1855 publication of Leaves of Grass, and will talk personally (as someone who grew up on Long Island), of the cosmic presence. (ages 16+) Week 2, July 5 / F / 3:30–5 p.m. / Alumni Hall Ballroom

Fees: 1 session • \$45

William Heyen is the author of more than 30 books, two of which have been CLSC selections. Professor of English Emeritus at The College at Brockport, he has been a National Book Award Finalist, Guggenheim Fellow, Senior Fulbright Lecturer in American Literature in Germany. His most recent book is Yawp: Heyen's Whitman.



#### 1508 • WRITING LIVES, WRITING POEMS Jim Daniels

Poets at all levels sometimes struggle to make their poems clear, to translate their lived experiences to the page in ways that are accessible to general readers, particularly when they are writing about very personal, emotional subjects. This workshop will focus on helping you achieve a greater degree of clarity while writing about personal topics without losing the precision of poetic expression. Writing assignments will involve looking at and responding to poems that use autobiographical material. Flexible. (ages 18+)

Week 8, Aug. 12-16 / M-F / 8:30-10:30 a.m. Alumni Hall Poetry Room

Fees: 5 sessions • \$135

#### 1509 • WITH A VOICE LIKE THAT YOU SHOULD BE ON THE RADIO Adrian Matejka

The most important tool a poet has is their voice. In this workshop, we will explore the different linguistic components that go into developing a unique and surprising point of view on the page. We will read a range of contemporary poets in an effort to better understand their habits of voice. This workshop will be relaxed, supportive and ideal for beginning poets as well as advanced writers interested in experimenting with voice and persona. Flexible. (ages 18+)

Week 9, Aug. 19-23 / M-F / 8:30-10:30 a.m. Alumni Hall Poetry Room

Fees: 5 sessions • \$135

# Writers' Center Prose Workshops

### 1600 • DISTORTION, THE OTHER **MAGICAL REALISM**

Jeffery Renard Allen

Distortion in prose narrative involves forms of stylization where reality is pushed to such an extreme that it seems fantastic. As a narrative technique, distortion can enchant a setting, provide psychological depth to characters, flesh out vivid images, and put figurative language in the service of theme and subtext. We will use prompts based on the readings to generate new material. As well, you may receive feedback on a manuscript, either a story or novel excerpt. Generative. (ages 18+) Week 1, June 24–28 / M–F / 1:15–3:15 p.m. Alumni Hall Prose Room

Fees: 5 sessions • \$135

#### 1602 • NARRATIVES OF BELONGING Jessica Bruder

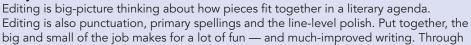
What does it mean to belong? To experience a kinship that transcends blood ties? In this class, we'll share — and write — stories about what the author Armistead Maupin called "logical families": the kind of tight-knit, intimate communities and social circles that are forged by love and shared experience. Please come prepared with artifacts from one of your "circles": mementos, photographs, letters, anything that conjures the relationships in material form. These objects will serve as prompts for our written explorations throughout the week. Flexible. (ages 18+) Week 2, July 1-5 / M-F / 1:15-3:15 p.m. Alumni Hall Prose Room

Fees: 5 sessions • \$135

To sign up today, see page 101 or call 716-357-6250. • classes.chq.org

# **Master Class with Emily Nemens**

### 1601 • EDITING 101: WHAT EDITORS DO AND HOW WE DO IT **Emily Nemens**



discussion of editorial processes, examples from the literary world and generative prompts to show how you can improve your own writing, we'll start to unpack the project of making writing better. (ages 16+)

Week 1, June 26 / W / 3:30-5 p.m. / Alumni Hall Ballroom Fees: 1 sessions • \$45

Emily Nemens joined *The Paris Review* as editor in 2018. Stories published during her tenure at The Southern Review were selected for the Pushcart Prize anthology, Best American Short Stories, the O. Henry Prize anthology, and PEN America Best Debut Fiction. Her debut novel, The Cactus League, is forthcoming from FSG.



#### 1603 • HOW TO STEAL THE PAIN OF OTHERS AND MAKE IT YOUR OWN Vi Khi Nao

Regard the pain of others (Susan Sontag) — or disregard it by taking ownership. During this week, we will try on the narrative structures of our contemporaries, past and present, to develop the art of emotional and semantic substitutions to regenerate lexical limbs within our own work. We will produce pieces outside of this realm and outside of our comfort zone. Be ready to wear masks so other writers don't know what kind of literary thieves we have become. Flexible. (ages 18+) Week 3, July 8-12 / M-F / 1:15-3:15 p.m. Alumni Hall Prose Room

Fees: 5 sessions • \$135

#### 1604 • THE WRITER'S TOOLBOX: A WORKSHOP OF GENERATIVE **EXPLORATION FOR THE NOVELIST** Debra Magpie Earling

There are no tricks to good writing, but there are tools of the craft that all great writers possess. All you need bring are your stories, old-fashioned paper and pens, and your childhood sense of wonder. This workshop will provide the techniques that will breathe new life into your stories and start you off on fresh novel-writing adventures. Each day will feature writing prompts to create new work and/or to reinvigorate drafts. Generative. (ages 18+) Week 4, July 15-19 / M-F / 1:15-3:15 p.m. Alumni Hall Prose Room

Fees: 5 sessions • \$135

#### 1605 • STORY, PLOT, STRUCTURE: **TELLING THE DIFFERENCE AND TELLING IT WELL**

#### Jimin Han

Story, plot and structure are three interrelated, and often confused, elements of fiction and nonfiction. Are you making the best choices with them in your writing? This workshop will give you an opportunity to take a close look at notable stories, essays and novel and memoir excerpts that make creative use of these elements, offer feedback on your work or proposal for a work, and experiment with writing prompts tied to our discussion each day. Flexible. (ages 18+)

Week 5, July 22-26 / M-F / 1:15-3:15 p.m. Alumni Hall Prose Room

Fees: 5 sessions • \$135

### 1606 • YOUR LIFE IN MINIATURE: **SHORT MEMOIR**

#### **Dustin Parsons**

A significant amount of power from a memoir comes from the idea of a writer's truth laid plain on the page for everyone to see — but where do you start? In this workshop, we will learn how to generate memoir pieces that are better suited for the short form, paying special attention to how the correct beginning and ending can increase tension, drama, and even humor. Flexible. (ages 18+)

Week 6, July 29-Aug. 2 / M-F / 1:15-3:15 p.m. Alumni Hall Prose Room

Fees: 5 sessions • \$135

#### 1607 • ADVANCED PROSE WORKSHOP: JOURNEYS (OF THE HEART AND PAGE) Roy Hoffman

Whatever subject matter your fiction or essay engages — love, loss, healing there is movement of time, place, heart and language. What journeys are the characters, and writer, taking? What discoveries can you make through revision? In our group critiques of each accepted participant's fiction/nonfiction, we explore how to burnish a work's strengths and strengthen its weaknesses. Each writer will develop a map for revision to meet the challenges, and realize the successes, of the journey undertaken. Application-only. (ages 18+) Week 6, July 29-Aug. 2 / M-F / 1:15-3:15 p.m. Alumni Hall Poetry Room

Fees: 5 sessions • \$170

Admission will be by advance submission only and granted on a rolling basis. In an email with the subject line "Hoffman Workshop," send three to five pages as an attachment to Director of Literary Arts Atom Atkinson at aatkinson@chq.org. Word and PDF formats only. Submissions after July 15 may not be considered.

#### 1608 • I'LL BUILD ME A WORLD **Rion Amilcar Scott**

Building a fictional world that stretches across works is its own particular challenge. In addition to paying attention to the usual narrative elements (plot, character, sentences, etc.), the writer of this kind of work must pay close attention to the shape and feel of an additional element: a world that must be both strange and recognizable. We will look at recurring characters, recurring locations and recurring objects, as well as setting as "character." Flexible. (ages 18+)

Week 7, Aug. 5-9 / M-F / 1:15-3:15 p.m. Alumni Hall Prose Room

Fees: 5 sessions • \$135

#### 1609 • YOUR LIFE IS AN ARGUMENT: THE PERSONAL POLITICAL ESSAY Kristin Kovacic

In the era of hot takes and rants, it may seem that political arguments are waged, not written. But the tradition of the essay contains many examples of thoughtful prose, grounded in personal experience, that "pushes the world," as George Orwell put it, "in a certain direction." To make an argument with your life is to live it twice. In this workshop, the second living will be a generous search for meaning — for you and for others. Flexible. (ages 18+) Week 8, Aug. 12-16 / M-F / 1:15-3:15 p.m.

Alumni Hall Prose Room Fees: 5 sessions • \$135







#### 1610 • WHAT WE (DON'T KNOW WE) **CARRY**

#### **Beth Loffreda**

As writers we each have inherited identities and histories which sometimes limit our imaginations. How can we navigate these inheritances as we create new writing? How can we devise revision practices that are alert to the surreptitious influences of our cultural time and place? This workshop offers feedback and techniques that tackle those questions directly. Writers in any prose genre are welcome, and participants can focus on new work or revision. Flexible. (ages 18+)

Week 9, Aug. 19–23 / M–F / 1:15–3:15 p.m. Alumni Hall Prose Room

Fees: 5 sessions • \$135

# Writing

### 1700 • THE POETRY OF TREES: **BREATH AND CREATION**

Shannon Sullivan

"Trees are poems that the earth writes upon the  $\dot{sky}''$  — Kahlil Gibran. We will use the practice of meditation and breath-work to connect with nature to ground ourselves in the beauty and language of trees. We will then use this inspiring connection in the creative process of writing poetry about trees that have been a part of our lives both in the past as well as the present. Come create poetry with the trees of Chautauqua! (ages 16+)

Week 2, July 1-4 / M-Th / 8:15-10:15 a.m. Turner 210

Fees: 4 sessions • \$99

1 session at door (first 3 days only) • \$29

### 1701 • WRITING OUR WAY TO **HAPPINESS**

#### Maureen Ryan Griffin

Come explore research-tested ways writing can increase your happiness level. You'll learn how to use writing as a tool to increase your sense of well-being, as well as jumpstart your pen and provide inspiration and knowledge about the process of creative writing, whether you want to write memoir, fiction, nonfiction or poetry. For writers of all levels, including beginners, who are interested in expanding their writing practice — for personal fulfillment or for publication. (ages 16+)

Week 2, July 1-5 / M Tu W F / 3:30-5:30 p.m. Alumni Hall Poetry Room

Fees: 4 sessions • \$99

1 session at door (first day only) • \$29

#### 1702 • SELF-PUBLISHING 101 **Deb Pines**

Learn how to polish, publish and promote any kind of indie book. Get tips on book titles, covers, print and ebook formatting, budgeting, hiring help and promoting your book. No experience or advance submissions are necessary. (ages 14+) Week 3, July 10-12 / W-F / 12:45-1:45 p.m. Hultquist 201A

Fees: 3 sessions • \$55 1 session at door • \$21

#### 1703 • MINDFULNESS AND **MEMOIR**

Susannah B. Mintz & Susan Hope Walzer

This workshop explores how principles of mindful meditation offer an opportunity to approach memoir in a spirit of compassion and discovery. In mindfulness, we seek to let go of the same old stories in our heads — to quit rehashing the past and fantasizing about the future. In this workshop, we engage questions about whether we can give meaningful shape to our experiences without indulging familiar scripts and with awareness of ourselves in the present moment. (ages 18+)

Week 3, July 8-11 / M-Th / 9-10:30 a.m. **Hurlbut Sanctuary** 

Fees: 4 sessions • \$89 1 session at door • \$29

#### 1704 • WRITE YOUR WAY THROUGH CAREGIVING Pat Snyder Hurley

Do caregiving responsibilities weigh you down? Do you feel guilty about complaining or worry that sharing too much with family and friends will drive them away? Poet and long-time caregiver Pat Snyder Hurley provides a structure for using a genre of your choice — journaling, poetry, fiction, nonfiction and even humor — to express yourself honestly and confidentially. All caregivers, unpaid and professional, are welcome. No writing experience is necessary. (ages 16+)

Week 4, July 15-17 / M-W / 3:45-5:15 p.m. Turner 105

Fees: 3 sessions • \$75

#### 1705 • LEGACY LETTERS: PASSING ON MEANING

#### Jennifer Leigh Selig, Ph.D.

Our materialistic society teaches us to think of our legacy as synonymous with our estates and our financial endowments. Yes, the passing down of money is one way to leave behind a legacy of riches, but so too is the passing down of meaning. And how do we pass down meaning? We tell stories. Our stories contain our hopes and our dreams, express our deepest values and illustrate lessons we have learned from our triumphs and our failures. Come explore what matters most to you, your life's most meaningful and memorable moments, and craft letters to your loved ones to leave behind a richer legacy. Materials fee of \$10 due to instructor at start of class. (ages 14+) Week 4, July 15–19 / M-F / 2–4 p.m. Smith Library Classroom

Fees: 5 sessions • \$105 / Materials fee • \$10

#### 1706 • THE LIFE OF THE WRITTEN WORD

#### Lynn Cunningham

While the spoken word brings us together, the written word can spark dialogue and provide a lasting record of what's been said. Here, we explore the processes that underscore the creation of nonfiction texts by examining the conventions of writing and editing, by considering that how we encounter written information affects our reception of it and by identifying common syntax slips and grammatical gaffes, as well as the "zombie rules" that haunt us. (ages 16+)

Week 5, July 22-26 / M-F / 12:45-1:45 p.m. Turner 103

Fees: 5 sessions • \$79

# 1707 • MEMOIR WRITING

Memoir is your opportunity to describe your journey through life — so far! This course includes strategies for planning the writing of a memoir, understanding the key features of the genre, sessions of writing and workshop feedback, how to achieve progress to finish the project, and avenues for publication. Writers are encouraged to remain focused upon memories as they are anchored in historical fact — that is, research of key historical events coinciding with one's personal history lends credibility to the memoir's narrative voice. The fascinating story is yours to tell! (ages 18+)

Week 6, July 29-Aug. 2 / M-F 8:30-10:30 a.m. / Hultquist 201B

Fees: 5 sessions • \$105 1 session at door • \$29





#### 1708 • WRITING YOUR STORY. **EVEN YOUR OBIT!**

### Molly Sinclair McCartney

You know your own story better than anyone, and if you don't write the story yourself, you run the risk that the people you most care about won't ever truly know your story. Now is the time to get the facts down and use photos, when possible, to jog your memory and make your story more compelling. These sessions will provide the basic guidance you need to write your story, your memoir, or even your obit! (ages 16+) Week 6, July 29–Aug. 2 / M W F 12:30-2 p.m. / Smith Library Classroom Fees: 3 sessions • \$75

#### 1709 • TELLING YOUR LIFE STORIES **WITH GRACE**

#### Maureen Ryan Griffin

1 session at door • \$29

Our life stories are a precious legacy, imbued with grace we can often see only in hindsight. Capturing these stories "gracefully" in words is a gift, not only to ourselves, but to those who love us, and they'll be treasured for generations to come. Come learn engaging tools and techniques to retrieve and record your adventures, loves, losses, successes, mistakes and more with ease and, yes, grace, no matter where you are in the process. (ages 16+) Week 7, Aug. 5-8 / M-Th / 3:30-5:30 p.m.

Fees: 4 sessions • \$99

1 session at door (first day only) • \$29

### 1710 • WRITING AND PUBLISHING **NONFICTION**

#### Susan Terkel

Hultquist 201B

Learn how to write nonfiction books and articles and how to pitch your ideas for them. In this workshop, you will discuss how to choose an engaging or timely topic, how to frame the topic and how to research it and write it. You will also learn how to pitch an idea, how to write both a short and full-length book proposal and what is meant by acquiring a platform. On the last day, you will learn where to find a publisher, including whether or not to find a literary agent and how to find an editor and publisher or to self-publish. (ages 18+) Week 7, Aug. 5-8 / M-Th / 9-10:30 a.m. Alumni Hall Prose Room

Fees: 4 sessions • \$89

1 session at door (first day only) • \$29

# Master Class with Alan Zweibel

#### 1716 • WRITING FUNNY: FROM JOKES TO SKETCHES TO SCREENPLAYS Alan Zweibel

Turn your funny real-life stories into comedy gold, with legendary comedy writer Alan Zweibel as your guide! From the wannabe to the novice to the pro, anyone who has ever had the desire to make someone laugh is welcome. Students should come with writing of their own, ready to workshop over three days and potentially prepare a script by the end of the week. (ages 16+)

Week 6, July 30-Aug. 1 / Tu-Th / 9-10:30 a.m. / Alumni Hall Prose Room

Fees: 3 sessions • \$149



9

An original "Saturday Night Live" writer, Alan Zweibel has won multiple Emmy, Writers Guild of America, and TV Critics awards for his work in television, which also includes "It's Garry Shandling's Show" (which he co-created and produced), "The Late Show With David Letterman" and "Curb Your Enthusiasm." Zweibel's theatrical contributions include his collaboration with Billy Crystal on the Tony Award-winning play "700 Sundays," Martin Short's Broadway hit "Fame Becomes Me," and six off-Broadway plays, including "Bunny Bunny – Gilda Radner: A Sort of Romantic Comedy," which he adapted from his best-selling book. He has written 11 books, including the 2006 Thurber Prizewinning novel The Other Shulman, the popular children's book

Our Tree Named Steve, the novel Lunatics that he co-wrote with Dave Barry, and most recently a parody of the Haggadah titled For This We Left Egypt? which he wrote with Dave Barry and Adam Mansbach. He is currently preparing "Bunny Bunny" for a return to the New York stage, is writing a cultural memoir titled Laugh Lines – 40 Years Trying To Make Funny People Funnier to be published in 2020 and a new movie he wrote with Billy Crystal is scheduled to start shooting in the fall.

#### 1711 • DEAR DIARY MEETS BULLET **JOURNALING**

#### Jan Ananian

"Dear Diary . . . " In this course we'll explore journaling as a tool to help us become more mindful and to also capture the sights, smells and sounds that allow us, like Anais Nin, "to taste life twice, in the moment and in retrospect." We'll see how this tool lets us re-live vacations and serve as a companion to traveling or dining alone. We'll also examine the power of bullet journaling to help accomplish goals and expand creativity. (ages 16+) Week 7, Aug. 6-8 / Tu-Th / 3:30-5 p.m.

Turner 102

Fees: 3 sessions • \$75 1 session at door • \$29



#### 1712 • WRITING A GREAT LETTER-**TO-THE-EDITOR**

#### **Eliot Daley**

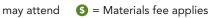
What you just read somewhere lit you up. You want to fire off a Letter-to-the-Editor (LTE). Alas, many are called but few are chosen. How can you make your mere 150 words so compelling they're irresistible to the editor? We will spend the week learning what makes successful LTEs successful. You'll arrive with some rough drafts and then re-write and re-write and rewrite until you and your classmates — and maybe even some editor somewhere — are dazzled. (ages 14+)

Week 8, Aug. 12-15 / M-Th / 4-5:30 p.m. Hultauist 201B

Fees: 4 sessions • \$79







58 LITERATURE & WRITING SPECIAL STUDIES 2019

# 1713 • THE ART OF THE PERSONAL ESSAY

#### Sarah Todd

Personal essays are an enduringly popular and powerful genre because they help readers feel they're less alone in the world. In this course, you will read contemporary masters of the form, and learn to write and edit creative essays drawing from your unique individual experiences. (ages 16+) Week 8, Aug. 12–16 / M–F / 3:30–5 p.m. Alumni Hall Poetry Room

Fees: 5 sessions • \$99 1 session at door • \$29

# **1714 • DELICIOUS MEMORIES** Maureen Ryan Griffin

Food not only nurtures and sustains us, it's also a rich source for writing. We'll explore our culinary connections as we write of when, where, what, with whom, how — and even why — we ate. We'll also learn from the work of accomplished writers. You can use the tools you'll learn to create a family cookbook, individual essays, stories, or poems, scenes in fiction or memoir, a food blog — or just for your own pleasure. (ages 16+)

Week 9, Aug. 19–22 / M–Th / 3:30–5:30 p.m. Hultquist 201A

Fees: 4 sessions • \$99

1 session at door (first day only) • \$29

# 1715 • FROM NOVICE TO NOVELIST John DeDakis

This week-long workshop deconstructs and demystifies the novel-writing process for struggling and/or aspiring writers. We'll go all the way from getting the nub of an idea to getting your book into the hands of expectant fans. Along the way you'll learn how to stay organized, write in the voice of another gender, the art of rewriting, and how to overcome your writing and marketing fears. By the end of our time together you'll be prepared to begin work on a novel and will be equipped with the skills to perfect it. The session will include time for writing. (ages 14+)
Week 9, Aug. 19–23 / M–F / 9–10:30 a.m.

Week 9, Aug. 19–23 / M–F / 9–10:30 a.m Hultquist 201B

Fees: 5 sessions • \$99 1 session at door • \$29

# 602 • CREATING A COOKBOOK: HOW TO WRITE, PUBLISH AND PROMOTE YOUR CULINARY PHILOSOPHY

**Amy Riolo** 

See page 25 for details.

# 2724 • SKETCHNOTES: SPOKEN WORD TO VISUAL NOTES

Nicole L. Fonger

See page 76 for details.

# Literature

# 1800 • JIMMY CARTER: POEMS OF PERSISTENCE

#### Maureen Morley

The 39th president is someone whose love of God, family, country and civility shines and resonates through his writing. A deep thinker as well as a seasoned humorist, Carter's words carry wisdom and compassion. Students will read some of this great man's poems and short essays, coming to understand better the country he led for four years and his faith in the work of perseverance. (ages 14+) Week 1, June 24–28 / M–F / 9:15–10:15 a.m. Smith Library Classroom

Fees: 5 sessions • \$79 1 session at door • \$21

# 1801 • MAJOR DILEMMAS IN SHAKESPEARE

**Ruth Gerrard Cole** 

In Richard III, Shakespeare portrayed the king as evil, yet Revisionist Historians see him as very well qualified. Which is correct? In Hamlet, he gives his readers a three-way choice — mad, mad in craft, or feigning madness. And in King Lear, the eternal question is wisdom/victim in the king's wise or unwise decisions. We'll explore how Shakespeare addressed these major issues in life. (ages 16+)

Week 1, June 24–28 / M–F / 12:30–1:30 p.m. Smith Library Classroom

Fees: 5 sessions • \$79 1 session at door • \$21

# 1802 • SATURDAY MORNING SHORT STORY DISCUSSION

#### Mark Altschuler

The short story, a 150-year-old genre, has representative works of great power and resonance. Students read a different short story for each class period. There will be guided discussions of the stories, using Socratic questioning techniques so that each student will emerge with a sophisticated and well-reasoned interpretation. Each story will be available the week before at the Smith Memorial Library circulation desk. (ages 16+) Week 1, June 29: Cusk, "After Caravaggio's

Sacrifice of Isaac"

Week 2, July 6: Lispector, "The Smallest Woman in the World"

Week 3, July 13: Cheever, "The Five-Forty

Eight"

Week 4, July 20: Boyle, "Modern Love"
Week 5, July 27: Chekhov, "The Evildoer"
Week 6, Aug. 3: Saunders, "CivilWarLand in

Bad Decline"

Week 7, Aug. 10: Wolff, "Bible"

Week 8, Aug. 17: Le Guin, "The Ones Who Walk Away from Omelas"

Sa / 9:15–10:30 a.m. / Smith Library Classroom

Fees: 1 session • \$25

# **1803 • ANCIENT BIOGRAPHY** Philip Barnes



The ancients had the same fascination for other people's lives as we do, yet they were guided by different principles when writing biography. Compare these with current practice and decide for yourself what matters when delving into other people's business! Like Shakespeare before us, we consider authors such as Arrian and Plutarch in Greek, and Cornelius Nepos and Suetonius in Latin. (ages 16+) Week 4, July 15–19 / M–F / 9–10 a.m.

Alumni Hall Ballroom

Fees: 5 sessions • \$79

1 session at door (first day only) • \$21

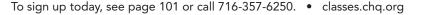
# **1804 • SHAKESPEARE AND TWAIN**Ruth Gerrard Cole



Shakespeare is the classic in British literature; Twain, in American.
Studying each of them as writers and social commentators produces an understanding of their literary skills and their understanding of issues that are of the times and timeless. From Hamlet to Huck Finn, it's an amazing experience to learn not only about literature, but also the issues of the times. (ages 16+)

Week 4, July 15–19 / M–F / 12:30–1:30 p.m. Smith Library Classroom

Fees: 5 sessions • \$79 1 session at door • \$21



#### 1805 • SHORT STORY DISCUSSION **GROUP: ALICE MUNRO**

#### Mark Altschuler

This course will explore the stories of Alice Munro for discussion purposes. Munro, the only Canadian woman to win the Nobel Prize in Literature (2013), is often seen as the modern master of the short story form. Her writing explores the stories of women — always told by a female narrator — with a combination of unique vision and soaring language. (ages 16+)

Week 4, July 15-19 / M-F / 9:15-10:30 a.m. Smith Library Classroom

Fees: 5 sessions • \$95 1 session at door • \$25

#### 1806 • GREAT GREEKS **Philip Barnes**

The lives, literature, and legacy of five landmark writers are introduced, together with extracts from their work, to be discussed by the class. From epic poetry (Homer) to tragic theater (Sophocles), from war diaries (Thucydides and Xenophon) to philosophical dialogues (Aristotle), we uncover the glory that was Greece with a selection of readings new for 2019. (ages 16+)

Week 5, July 22-26 / M-F / 9:15-10:15 a.m. Smith Library Classroom

Fees: 5 sessions • \$79

1 session at door (first day only) • \$21

### **1807 • SHORT STORY DISCUSSION GROUP: WAR STORIES**

#### Mark Altschuler & Paul Womack

This course will explore war stories written by such writers as Tim O'Brien, Phil Klay, Ernest Hemingway and Stephen Crane. You'll read one story per class, and group discussion will combine close reading of text with an attempt to delineate the experience of war and its complicated, contradictory effects on those who participate in the experience of war. (ages 16+)

Week 5, July 22-26 / M-F / 9-10:15 a.m. Turner 103

Fees: 5 sessions • \$95 1 session at door • \$25

#### 1808 • CLASSIC COMEDY **Philip Barnes**

We read together a raucous and uproarious comedy by Aristophanes, The Clouds, in which nothing's sacred, least of all Socrates! Our journey prompts an examination of what is and isn't funny, and why. Through this play and some examples from Hollywood, we compare zaniness on the stage and on the screen, but skirt any serious conclusion! (ages 18+) Week 6, July 29-Aug. 2 / M-F 9:15-10:15 a.m. / Smith Library Classroom Fees: 5 sessions • \$79

#### **1809 • SHORT STORY DISCUSSION GROUP**

1 session at door (first day only) • \$21

#### Mark Altschuler

The course explores one story per class, using Socratic dialogue and open inquiry engendered by interpretive questions about text. (ages 16+)

Week 6, July 29-Aug. 2 / Week 7, Aug. 5-9 M-F / 3:30-4:45 p.m.

Smith Library Classroom Fees: 5 sessions • \$95

1 session at door • \$25

#### **1810 • REMARKABLE ROMANS Philip Barnes**

After centuries of literary subservience to the Greeks, Rome finally found its own distinctive voice and fostered some of the greatest writers in the Western canon. We range from epic themes to intimate poems, read telling excerpts and thus view the grandeur that was Rome. Authors include Cicero, Catullus, Horace, Ovid and Pliny the Younger. (ages 16+)

Week 7, Aug. 5-9 / M-F / 9:15-10:15 a.m. Smith Library Classroom

Fees: 5 sessions • \$79

1 session at door (first day only) • \$21

#### 1811 • DISCOVERING APPALACHIA **Donna Eisenstat**

We will explore the literature and history of the Appalachian region through Harriette Arnow's Depression-era short stories, Harry Caudill's view of Appalachia, Homer Hickam's October Sky and the Affrilachian poets. (ages 14+)

Week 8, Aug. 12-16 / M-F / 12:45-1:45 p.m.

Smith Library Classroom Fees: 5 sessions • \$79 1 session at door • \$21

#### 1812 • WALT WHITMAN: NOW MORE THAN EVER!

#### Maureen Morley

This visionary writer reflects the human mind and heart in all dimensions. Whitman understood and appreciated the diversity and resilience of Americans. His poems and essays bring us firmly back to faith and hope in the citizenry. Rather than read partisan news outlets and bemoan the fate of our nation, let's discuss Whitman for enlightenment, strength and compassion. A five-day outline plus readings provided on Day One. (ages 14+) Week 9, Aug. 19–23 / M–F / 9:15–10:15 a.m. Smith Library Classroom

Fees: 5 sessions • \$79 1 session at door • \$21

#### 1401 • IDA TARBELL: AT CHAUTAUQUA AND BEYOND

#### **Charles Fountain**

See page 50 for details.

#### 1407 • HOW LITERARY ARTS ADVANCED WOMEN'S SUFFRAGE

Natalie White Kahler

See page 51 for details.

#### 1419 • LITERARY REPRESENTATION OF THE HOLOCAUST

George D. Dalbo

See page 52 for details.

### 2702 • ST. PAUL GOES TO LYSTRA

Kaye Lindauer

See page 72 for details.

### 2711 • GILGAMESH

**Kaye Lindauer** 

See page 75 for details.

#### 2726 • CINEMA AND PSYCHE

Kaye Lindauer

See page 76 for details.

#### 2735 • FREUD AND JUNG

**Kaye Lindauer** 

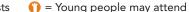
See page 78 for details.

#### 2749 • ODYSSEUS: A HERO'S **ENCOUNTER WITH THE FEMININE**

**Kave Lindauer** 

See page 80 for details.







60 MUSIC SPECIAL STUDIES 2019

# **School of Music**

Sarah Malinoski-Umberger, Manager, Chautauqua Schools of Performing and Visual Arts Suzanne Fassett, School of Music Operations Manager

Music Office: 716-357-6294 Registration: 716-357-6299

# Chautauqua Community Lesson Program

Take advantage of this wonderful opportunity to hone your own musical skills and study with musicians who are some of the best and brightest of the upcoming generation. Lessons are available to the general public in voice, piano and orchestral instruments. Registration begins on Monday, June 24.

**60 minute lessons** (recommended for intermediate and advanced students, or adult beginners)

beginning or young students)
Fees: 1 session • \$20

30 minute lessons (recommended for

Fees: 1 session • \$40

Lessons are scheduled based on availability of faculty and facilities.

Register in person at the School of Music Office, located adjacent to McKnight Hall from 9 a.m.–3 p.m. Monday to Friday, 9 a.m.–12 p.m. Saturday and 12–3 p.m. Sunday. Register by phone by calling 716-357-6299.

### Practice Cabin Rental

A limited number of practice cabins are available to the general public during the season. Cabins must be rented through the School of Music Office. Cabin reservations begin on Monday, June 24.

Practice Cabin rates per hour (maximum of two hours per day, per patron):

Without Piano Upright Piano Grand Piano
Fees: 1 hour • \$5 Fees: 1 hour • \$10 Fees: 1 hour • \$15

Practice cabins are scheduled based on availability of facilities; School of Music students are given first priority before Practice Cabins will be offered to the general public.

Register in person at the School of Music Office, located adjacent to McKnight Hall from 9 a.m.–3 p.m. Monday to Friday, 9 a.m.–12 p.m. Saturday and 12–3 p.m. Sunday. Register by phone by calling 716-357-6299.

# CHAUTAUQUA MUSIC CAMPS

Week Eight: August 12–17

The Chautauqua Music Camps feature three camps in one.

The Chautauqua Orchestra Camp, for high school and advanced middle school students finishing grades 7–12, includes string orchestra; chamber ensemble for strings, woodwinds, brass or percussionists; and mixed orchestra.

Woodwind, brass and percussion students finishing grades 5–8 are eligible for the Middle School Band Camp.

The Chautauqua Jazz Camp is for saxophone, trombone, trumpet and rhythm section students finishing grades 9–12.

Instructors for all of the camps include members of the Chautauqua Symphony Orchestra, as well as highly skilled teachers from Western New York and Pennsylvania. Tuition is \$265, and the deadline is June 1.

For more information, visit http://chq.org/schools/chautauquamusic-camps



Enjoy "Hand Drumming for Fun" by the lake (page 61)

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# Master Classes with Rossen Milanov

#### **COMPARATIVE MUSIC LISTENING**

Back by popular demand! Maestro Milanov will teach participants how to examine various classical performances and how to appreciate the artistry, insight and talent of different performers. Participants will become more confident in forming opinions about concerts and recordings as well as discussing musical experiences. Each of the three sessions of this class will examine unique repertoire based on the week's Chautauqua Symphony Orchestra programming. Come for one or more! No musical knowledge is required. (ages 14+)

#### 2000 • COMPARATIVE MUSIC LISTENING

Week 3, July 8 / M / 9-10:30 a.m. / Hultquist 101 / Fees: 1 session • \$50

#### 2001 • COMPARATIVE MUSIC LISTENING

Week 5, July 22 / M / 2-3:30 p.m. / Hultquist 101 / Fees: 1 session • \$50

#### 2002 • COMPARATIVE MUSIC LISTENING

Week 7, Aug. 5 / M / 2-3:30 p.m. / Hultquist 101 / Fees: 1 session • \$50

# Access to Artists: Donald Sinta Quartet

Access to Artists allows concert-goers an opportunity to further engage with Chautauqua Chamber Music quest ensembles. This one-of-a-kind Special Studies class has been crafted directly with the ensemble.

#### 2003 • SIX DEGREES OF BEETHOVEN: CONNECTING THE CONTEMPORARY ( WORLD WITH THE MASTERPIECES OF THE PAST

**Donald Sinta Quartet** 

Beethoven's iconic string quartets are not only staples of the repertoire, but landmark works which other composers have attempted to emulate for over 200 years. Donald Sinta Quartet will discuss the adaptation of these string masterpieces for saxophone quartet and their specific musical impact on works written later — up to and including music by today's living composers. (ages 14+)

Week 8, Aug. 13 / Tu / 9:15–10:15 a.m. / Elizabeth S. Lenna Hall / Fees: 1 session • \$30

# Music Instruction

#### 2100 • UKULELE AND YOU Suzanne Shull

Learn basic chording and strumming on the instrument that has had a resurgence of popularity in the U.S. We will work on folk and popular ukulele songs from the past as well as current popular tunes written especially for the Uke, like Izzy's "Over the Rainbow." If you've tried to learn in a private setting, you will find that the group setting is way more fun and builds confidence in your own playing. You may borrow a Chautauqua Uke for the week or bring your own to class. (ages 10+) Week 1, June 24-28 / Week 2, July 1-5 / Week 7, Aug. 5-9 / Week 9, Aug. 19-23

#### Fees: 5 sessions • \$89

M-F / 9-10:15 a.m. / Turner 208

# 2101 • PLAY GUITAR

Suzanne Shull

Guitar basics in one week! While this course is designed for beginners, players who are more advanced will acquire new information and be challenged to navigate the entire fingerboard. We will cover chords in three keys and work on strumming in different styles while we play folk, country, blues and rock tunes. Strategies on how to read TAB and standard notation will be covered. The best aspect about taking class lessons is that students learn more quickly with confidence. Chautauqua guitars may be borrowed for the week. (ages 10+) Week 1, June 24-28 / Week 2, July 1-5 Week 8, Aug. 12-16

M-F / 1-2:15 p.m. / Turner 208

### Fees: 5 sessions • \$89

#### 2102 • BEGINNING MOUNTAIN **DULCIMER**

#### Beth Lassi

The Mountain Dulcimer is a very sweet sounding and versatile instrument. Come to this class and learn to play some beautiful and simple tunes. We will cover reading tablature, strumming, flatpicking, rhythm, chords and more. No prior musical experience is necessary. Dulcimers may be borrowed for the week. (ages 10+) Week 1, June 24-28 / Week 3, July 8-12 Week 6, July 29-Aug. 2 / M-F / 9-10:15 a.m. Turner 206

Fees: 5 sessions • \$89 1 session at door • \$25

#### 2103 • HAND DRUMMING FOR FUN (1) Rich Schuler



Have a fun, stress-free time playing African hand drums. Experience the joy of group drumming in this hands-on class even if you've never played a musical instrument. Participants will quickly learn to play together and create beautiful music and self expression. The focus is on having fun you are guaranteed to leave smiling! Drums and other percussion instruments provided. (ages 12+)

Week 1, June 24-27 / Week 3, July 8-11 Week 7, Aug. 5-8 / Week 8, Aug. 12-15 M-Th / 12:30-1:45 p.m. / Seaver Gym Fees: 4 sessions • \$79

1 session at door • \$25

#### 2104 • PLAY PIANO BY FRIDAY Sandra Laserson



Are you a musical but untrained individual, who would enjoy accompanying your singing? This beginner's course will teach you to back-up your voice with chord progressions giving you the pleasure of singing at the piano without reading notes. Learn to construct major and minor chords and play along to your favorite hits as you sing without reading music. Playing from chords/lyrics sheets will be your ticket to singing and playing all of your favorite songs. Note: singing in class is not required to benefit from this course. Materials fee of \$10 due to instructor at start of class. (ages 14+)

Week 2, July 1-5 / Week 4, July 15-19

Week 6, July 29-Aug. 2

M-F / 1-2 p.m. / Turner 206 Fees: 5 sessions • \$79 / Materials fee • \$10

62 MUSIC SPECIAL STUDIES 2019

# 2105 • FIDDLING FOR FUN Dean Shostak

This beginning fiddle class is for those who want to learn technique, fingering and bowing. We will cover bluegrass, Irish/Scottish and old time melodies. No experience necessary — the focus is on fun. Instruments will be provided to those who need them. Materials fee of \$10 due to instructor at start of class.

(ages 14+)

Week 2, July 1–5 / M–F / 9–10:15 a.m. Turner 206

Fees: 5 sessions • \$89 / Materials fee • \$10 1 session at door • \$25

# **2106 • FIDDLING FOR FUN** Dean Shostak

Week 3, July 8–12 / M–F / 9–10:15 a.m. Turner 208

Fees: 5 sessions • \$89 / Materials fee • \$10 1 session at door • \$25

# 2107 • FUN WITH ACOUSTIC BLUES GUITAR Robert Roundtree

This is a course for beginners through intermediate guitar players. Students will learn how to construct and play standard 12-Bar Blues in the keys of E, A and G using the acoustic guitar. Students will hear and learn how such Blues Greats like Robert Johnson, Howling Wolf, Muddy Waters and John Lee Hooker orchestrated their signature licks on the guitar to move the soul! (ages 14+)

Week 3, July 8–11 / Week 4, July 15–18 Week 5, July 22–25

M-Th / 3:30-4:45 p.m. / Turner 208 Fees: 4 sessions • \$79

# 2108 • EXPLORE YOUR PERSONAL SINGING STYLE Suzanne Shull

Everyone has a "vocal footprint" according to Jan Smith, nationally known vocal coach. Is your voice best suited for folk, jazz, country, Broadway, classical, hip-hop or religious songs (cantor to gospel lead)? This class is designed to encourage the exploration of your own voice using music that you choose and giving you an opportunity for feedback and encouragement from your instructor and

peers. (ages 10+) Week 3, July 8–12 / Week 7, Aug. 5–9 M–F / 1–2:15 p.m. / Turner 206

Fees: 5 sessions • \$89

# 2109 • SIGHT SINGING: LEARN FASTER, RETAIN LONGER

#### **Donald Guastaferro**

Learn to sight sing (fixed or movable DO and/or numbers systems) through basic knowledge of modes and scales, rhythmic and melodic patterns, chords and harmony, and key Identification. This will help you to learn music faster and retain it longer wherever you sing! It can be applicable to amateurs and professionals alike and will aid the latter in pursuit of employment as a singer. (ages 14+)

Week 4, July 15–19 / M W F / 3:30–5 p.m. Turner 206

Fees: 3 sessions • \$75 1 session at door • \$29

# 2110 • HARMONICA QUICK START Dean Johnson

The "people's instrument" that's fun to learn. You can carry it in your pocket, you don't have to tune it, and you don't need to read music to play it. Get an overview of the standard 10-hole diatonic harmonica, and learn simple melodies right away. "Cross-harp" technique and note bending used in blues and country music will also be introduced. Bring a 10-hole diatonic harmonica in the key of C. (ages 12+)
Week 4, July 15–19 / Week 5, July 22–26
M–F / 9:30–10:30 a.m. / Turner 208

Fees: 5 sessions • \$79 1 session at door • \$21

# 2

#### 2111 • UKULELE Dean Johnson



If you aren't sure about mastering six strings on a guitar, try the four-string ukulele. This instrument has gained popularity for its ease of playing and accompanying singing. Learn the basics that will transfer to other instruments, and you'll be able to jump into a jam session after this weeklong course. Ukuleles will be provided for the week, or you may bring your own. (ages 12+) Week 4, July 15–19 / Week 5, July 22–26 M–F / 8:15–9:15 a.m. / Turner 208

Fees: 5 sessions • \$79 1 session at door • \$21

#### 2112 • JAMMING AT CHAUTAUQUA Suzanne Shull

A jam is a get together of people who simply want to make music together. The week will be mostly singing and playing for fun, however, techniques for harmonic and melodic improvisation for voices and instruments will be explored as questions arise. The week will culminate with a Jam Session on Bestor Plaza open to the public and led by the Jam Class. For folk and classical string, wind, brass and percussion instruments. Participants may borrow a guitar or ukulele for the week. (ages 10+) Week 4, July 15–19 / Week 5, July 22–26 M–F / 9–10:15 a.m. / Turner 206

Fees: 5 sessions • \$85



Grab an instrument and a few friends to make music in "Jamming at Chautaugua" (above)

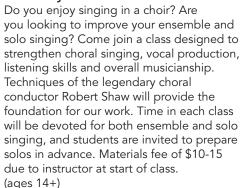
#### 2113 • ADULT BEGINNING MUSIC THROUGH THE PIANO

#### Jean Parsons

If you've never played an instrument or read music, you can learn basic characteristics of music through the piano and get an overall view. You'll learn to "crack the code" of how it's written down, and then you'll be able to play the piano/keyboard immediately — and keep going indefinitely. Taught in a relaxed and fun atmosphere! Keyboards available to all in the class. (ages 18+) Week 5, July 22-26 / Week 6, July 29-Aug. 2 M-F / 3:30-5 p.m. / Turner 206

Fees: 5 sessions • \$89 1 session at door • \$25

#### 2114 • JUST KEEP SINGING! THE JOY OF SINGING WITH OTHERS Jason Maynard



Week 5, July 22-26 / M-F / 2-3 p.m. Turner 206

Fees: 5 sessions • \$79 / Materials fee • \$10-15 1 session at door • \$21

### 2115 • CONTINUING MOUNTAIN **DULCIMER**

#### Beth Lassi

This class is for those who have completed the Beginning Mountain Dulcimer course at Chautauqua or have obtained equivalent knowledge at a Dulcimer festival or through self study. Expand your repertoire with emphasis on playing smoothly and with feeling. More advanced rhythms, e.g., calypso, and techniques like fingerpicking will be introduced, and you'll gain experience playing with others. Dulcimers may be borrowed for the week. (ages 10+) Week 8, Aug. 12-16 / M-F / 9-10:15 a.m. Turner 206

Fees: 5 sessions • \$89 1 session at door • \$25

# Music **Appreciation**

### 2200 • AMERICAN HISTORY **THROUGH MUSIC**

#### **Anthony Gero**

In this four-day workshop, participants will hear the melodies from 200 years of American history. The course will be divided in five sections: 1750-1811: 1812-1860: 1861-1876; 1877-1919; 1920-1950. The music will be supplemented by historical handouts that complement the five eras. (ages 14+)

Week 1, June 24-27 / M-Th / 1-2:30 p.m. Turner 210

Fees: 4 sessions • \$89 1 session at door • \$29

#### 2201 • STEPHEN SONDHEIM: IN **GOOD COMPANY**

#### **Ruth Powell**

Stephen Sondheim revolutionized Broadway music and lyrics. While you may not leave the theater humming his tunes, you never forget the power of his message. We will look at his life and the scope of Sondheim's works and listen to highlights from his shows. A full viewing of the musical Company will be included. The instructor had the privilege of singing for Sondheim at his 80th birthday tribute with conductor Marvin Hamlisch. (ages 14+)

Week 1, June 24-28 / Week 9, Aug. 19-23 M-F / 1:30-3 p.m. / Hurlbut Sanctuary Fees: 5 sessions • \$95

1 session at door (first day only) • \$25

### 2202 • MUSIC: ENERGY TO **CHANGE OUR WORLD**

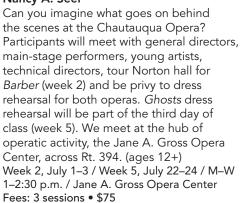
#### Jill Mattson

From the mythical days to prehistoric times, through written histories of major civilizations, an idea echoes around the ancient world: the vibrational power of music slowly shapes human emotions, behaviors and actions. These influences accumulate and solidify, resulting in sweeping stability or cultural reform. Persistent music's subtle energy relentlessly molds everything in its path, including history and changing the world itself. Pliable music was ancient man's tool to perform unbelievable feats that we have long forgotten. Forever alter your ideas of music and history! (ages 14+)

Week 1, June 28 / F / 1-4 p.m. / Turner 103

Fees: 1 session • \$55

#### 2203 • BACKSTAGE AT THE OPERA Nancy A. Seel



1 session at door (first day only) • \$29

### 2204 • UNDERSTANDING OPERA: THE BARBER OF SEVILLE

#### Nancy A. Seel

"Figaro, Figaro!" We've all sung that at a certain point, haven't we? Join us as we learn the story behind The Barber of Seville, Rossini's delightful romp through cunning, culture and cleverness. This will be the first work of dramatist Beaumarchais performed this summer. Participants will receive a pass to the evening dress rehearsal at Norton Hall. Participants will study historical setting, significant arias and ensembles and the libretto. (ages 16+)

Week 2, July 1-3 / M-W / 3:30-4:45 p.m. Turner 103

Fees: 3 sessions • \$65

1 session at door (first day only) • \$25

#### 2205 • MOZART AND THE AGE OF **REASON**

#### Karl Middleman

A listener-engaging approach to enhance understanding of the life and times of Salzburg's favorite son, this course identifies topics embedded in Mozart's music connecting him to the customs of his age. Here are puffed-up patricians, farcical farmers and bickering servants. Signal topics include Mozart's sprightly use of dance, humor and even war and peace. Sensational videos and piano demonstrations render a compelling picture of music's apostle of the Enlightenment. (ages 14+)

Week 3, July 8-12 / M-F / 8:45-10:15 a.m. Turner 105

Fees: 5 sessions • \$99 1 session at door • \$29



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64 MUSIC SPECIAL STUDIES 2019

# JAZZ AT LINCOLN CENTER MASTER CLASS SERIES

During Week Nine of the 2019 season, Chautauqua Institution partners with Jazz at Lincoln Center to explore race and culture through a variety of programs, including the Amphitheater Lecture Platform, evening performances and several master classes taught by leaders and musicians. All sessions located in McKnight Hall.



# Morning Series: Talks with Musicians of Jazz at Lincoln Center Orchestra

#### 2212 • LOUIS ARMSTRONG

Arguably the most important musician of the 20th century, Louis Armstrong achieved a popular success few could have dreamed of at the time. Lighting up the movie theaters, radios, record players and ultimately televisions of the age, Armstrong brought an unparalleled artistry and showmanship to Jazz that has never been equaled. (ages 16+)

Week 9, Aug. 19 / M / 9-10:30 a.m. / Fees: 1 session • \$50

#### 2213 • BENNY GOODMAN

A virtuoso clarinetist crowned The King of Swing, Benny Goodman is not only renowned for being one of the greatest Jazz musicians of all time, he also embodies the possibilities of America. The child of Russian Jewish immigrants who grew up in poverty, Goodman would rise to peak stardom in music. Along the way, he also would inspire new possibilities in American society as he integrated his performing ensembles (nearly two decades before baseball did), brought swinging Jazz into the hallowed Carnegie Hall, and helped to elevate the public awareness of Jazz as an art form. (ages 16+) Week 9, Aug. 20 / Tu / 9–10:30 a.m. / Fees: 1 session • \$50

#### 2214 • DUKE ELLINGTON

Over the course of five decades, Duke Ellington redefined the role and capabilities of the American Orchestra, and vastly expanded the possibilities of Jazz in extended works. While he was renowned for some of the most beloved pop hits of the 1930s and 1940s, Duke reshaped Jazz through his extended works. Long-form works like Black, Brown, and Beige unequivocally stated Jazz's place in both dance halls and concert halls, and Duke's continually developing artistic sensibilities proved an inspiration to generations of artists. (ages 16+)

Week 9, Aug. 21 / W / 9-10:30 a.m. / Fees: 1 session • \$50

#### 2215 • DAVE BRUBECK

One of Jazz's most beloved and popular artists, particularly in the 1950s, Dave Brubeck harnessed his fame and renown for social good. Fronting an integrated band and insisting on playing to integrated audiences, Brubeck believed that music should drive the betterment of society. (ages 16+)

Week 9, Aug. 22 / Th / 9–10:30 a.m. / Fees: 1 session  $\bullet$  \$50

#### 2216 • NINA SIMONE

A virtuoso pianist turned master singer, Nina Simone emerged as one of Jazz's breakout stars in the late 1950s before pivoting into some of the 1960s' most stunning crossover success. Exploring a wide range of popular music styles and incorporating them into her unique sound, Nina Simone also inextricably tied her art to the Civil Rights movement of the day, at great risk to her career. Her music and legacy has continued to present day, influencing artists across all genres and inspiring them to use their art in the service of social justice. (ages 16+)

Week 9, Aug. 23 / F / 9–10:30 a.m. / Fees: 1 session • \$50

Afternoon Series: "Jazz in America" presented by Seton Hawkins, Director of Public Programs and Education Resources at Jazz at Lincoln Center

# 2217 • THE 1920S: THE HARLEM RENAISSANCE AND THE JAZZ AGE

We examine the rise in Black Arts in Harlem, and explore the intersection of visual art, poetry, literature and music that exploded with the Harlem Renaissance. We will explore its relationship to American society at the time, and explore how it interacted with the birth of the Jazz Age. (ages 16+)

Week 9, Aug. 19 / M / 3:30-5 p.m. / Fees: 1 session • \$50

#### 2218 • THE 1930S: THE SWING ERA

As Jazz ascended to its peak popularity in the Swing Era, it also helped to drive major developments and social changes. In this talk, we examine how the sound of Jazz changed in the 1930s, how and when Jazz bands integrated, and how the face of American society began to shift during this time. (ages 16+)

Week 9, Aug. 20 / Tu / 3:30-5 p.m. / Fees: 1 session • \$50

#### 2219 • THE 1940S: BEBOP

The BeBop revolution fundamentally and permanently changed not only the way musicians performed Jazz, but also the way we thought about it and discussed it. Figures like Charlie Parker and Dizzy Gillespie not only led a musical revolution in Jazz, they also tied the innovations of the music to a rising social change in America. (ages 16+)

Week 9, Aug. 21 / W / 3:30-5 p.m. / Fees: 1 session • \$50

#### 2220 • THE 1950S: JAZZ AND THE COUNTERCULTURE

The post-War American landscape saw a conflict between conformity and revolution in America as we grappled with McCarthyism, the Cold War and Brown v. Board of Education. In Jazz, new styles emerged on the scene and new performance spaces developed, but Jazz's place in society and its fan base was rapidly changing in the face of new popular music trends. We'll explore what happened. (ages 16+)

Week 9, Aug. 22 / Th / 3:30-5 p.m. / Fees: 1 session • \$50

#### 2221 • THE 1960S: JAZZ AND PROTEST

While Jazz's role in American popular culture had diminished by the 1960s, many Jazz artists were still finding ways to use their art to speak to societal changes, stresses and revolutions. Musicians like Charles Mingus, Max Roach and Nina Simone were writing anthems for the Civil Rights movement Stateside, while an international voice for protest was also emerging through artists like Miriam Makeba. We'll discuss how all of this emerged and fit together. (ages 16+) Week 9, Aug. 23 / F / 3:30–5 p.m. / Fees: 1 session • \$50

#### 2206 • HALLELUJAH, LEONARD COHEN!

#### Philip Lerman

We explore the life, times and fascinating works of enigmatic poet and songwriter Leonard Cohen, from the sixties to today, with a special focus on "Hallelujah" — one of the most beloved (and least understood) songs of the last 50 years. We'll see how the many cover versions of this darkly mysterious song, all with different lyrics, unveil the complex themes that permeate his works especially the interplay between religion and sexuality, and longing and love. (ages 16+) Week 3, July 9-11 / Tu-Th / 3:30-5 p.m. Turner 105

Fees: 3 sessions • \$75 1 session at door • \$29

## 2207 • UNDERSTANDING OPERA: **GHOSTS OF VERSAILLES**

Nancy A. Seel

Don't worry, these are all friendly ghosts (more or less). This Corigliano/Hoffman "opera within an opera" is populated with characters from Beaumarchais' characters. Its central theme is a celebration of history and so the composer has referenced the music of Mozart, Rossini, Verdi, Stravinsky, Puccini and more. Participants will be reintroduced to characters already known from The Barber of Seville and The Marriage of Figaro and, yes, with even a salute to Wagner. Corigliano's tone is light and witty as he offers the participants a musical parody. Day three will be the dress rehearsal in the Amp. (ages 16+) Week 5, July 22-24 / M-W / 3:30-4:45 p.m.

Fees: 3 sessions • \$65 1 session at door (first day only) • \$25

### 2208 • FROM SOUNDSCAPES TO SYMPHONIC POEMS

Michael Barndt

Turner 103

Near the end of the Romantic era in Western Classical music, Debussy, Ravel, Smetana, Mussorgsky and others created soundscapes that conveyed impressions of the world around us. Liszt, Dvořák, Richard Strauss, Sibelius and others wrote symphonic poems inspired by stories or transcendent experiences. We will explore several alternatives to "absolute" music that continued well into the 20th century. Start your day sampling great music. The selections provide a historic perspective linking composers and compositions from 1860 to 1940 and a few beyond. (ages 14+) Week 5, July 22-26 / M-F / 9-10:15 a.m. Turner Conference Room

Fees: 5 sessions • \$95 1 session at door • \$25

#### 2209 • THE ORIGINS OF JAZZ Martin Adams

Jazz is often referred to as America's only indigenous art form. America is actually the only place that jazz could have happened, and in fact, New Orleans is the only city where it could have been born. We will explore the ethnic and cultural mix that provided the root musical genres that blended to become jazz. Recordings and videos will demonstrate the pioneers that led the way and the early forms of jazz that grew into America's most popular music in the 1920s and 30s. (ages 12+) Week 5, July 22-26 / M-F / 1-2:30 p.m.

Turner Conference Room Fees: 5 sessions • \$99 1 session at door • \$29

#### 2210 • MUSIC OF THE GREAT **MASTERS Bill Smith**

We all know the most famous four notes in classical music. But did you know that Beethoven used the motif beginning his fifth symphony to create other themes in each of the remaining movements of this symphony? Learn some of the techniques the masters use to create powerful and beautiful works of art. We will analyze, then see and hear the works of Bach, Mozart, Beethoven, Tchaikovsky, Rachmaninoff, and, yes, Bernstein. Come! Learn! Enjoy! (ages 16+)

Week 6, July 30-Aug. 1 / Tu-Th / 9-10:30 a.m. Turner 208

Fees: 3 sessions • \$75 1 session at door • \$29

### 2211 • INSIDE THE ORCHESTRA: FROM THE COMPOSER'S VIEW

Hsing-ay Hsu

How does the composer think about the orchestra? How do the many instruments combine to create spectacular music? Learn about the rich tapestry of orchestral color. Steinway Artist and university faculty Hsing-ay Hsu developed her Conscious Listening™ method to help audiences cultivate a richer understanding of each composer's unique language. With discussions, keyboard demos and a field trip to the rehearsal for Thursday's concert, learn how to listen like the composer for the dynamic interaction of musical elements. These seminars are designed for the inquisitive adult, either music-lover or active performer. (ages 14+)

Week 7, Aug. 5-9 / M-F / 9-10:15 a.m. Hultquist 201B

Fees: 5 sessions • \$95 1 session at door • \$25

#### 306 • SIGHT AND SOUND: AMERICAN PAINTING AND MUSIC

**Elaine Wertheim** 

See page 19 for details.

#### 1415 • MUSIC AND THE **VIETNAM WAR**

**Robert Hopper & Ronald McClure** See page 52 for details.

#### 2700 • WAGNER'S RING CYCLE **Kaye Lindauer**

See page 74 for details.

#### 2722 • LISTENING TO MOVIES: **DECODING FILM SCORES**

Michael Barndt

See page 76 for details.

### 2739 • INNOVATORS OF THE **HOLLYWOOD MUSICAL**

Phillip Atteberry

See page 79 for details.









# Personal & **Professional Development**

#### 2300 • HOW DO WE KNOW WHAT IS TRUE?

#### **Edwin Olson**

As we face difficult moral, political, social and economic decisions, we long to be certain about what is real and true. But often we are locked into one or two ways of knowing, of seeing a desired outcome. In this course we use multiple ways of knowing about what is true to unlock new possibilities. We will analyze current news topics, "fake news" and important issues identified by the participants to gain a closer approximation to what is true and what we can do about it. (ages 16+) Week 1, June 24-27 / M-Th / 9-10:15 a.m. Turner 210

Fees: 4 sessions • \$79 1 session at door • \$25

### 2301 • SPIRITUALITY OF **DIFFERENCE**

#### **Edwin Olson**

Dealing with differences as manifested in the diversity of race, gender, age, sexual orientation, class and religion require being fully present in our engagement with others. Contemplative practice rewires our inner life, freeing us from self-oriented and distorted understandings about persons who are different from us. To see the divine in another person is to recognize and discover one's own diversity. Participants will practice seeing that our fundamental inter-connectedness is essential to dismantling the patterns that lead to bias and oppression. (ages 16+)

Week 2, July 1-3 / M-W / 4-5:30 p.m. Turner 210

Fees: 3 sessions • \$75 1 session at door • \$29



Kelly Carlin returns to teach "Grace! Now! Embodying the Voices of Your Highest Self" (page 67)

#### 2302 • HOW TO BE AN A+ NONPROFIT BOARD MEMBER Abbie von Schlegell

If you currently serve on a nonprofit board or are considering service, this class will provide you with concrete facts and methods to be an A+ Nonprofit Board Member! You will explore trends fueling boardroom deliberations; learn about new approaches being taken by nonprofits; tackle tough questions every responsible board is asking; and share ideas and solutions to today's challenges. (ages 16+) Week 2, July 1-5 / M-F / 9-10:30 a.m. Turner 105

Fees: 5 sessions • \$89 1 session at door • \$25

#### 2303 • PUBLIC SPEAKING Elise Morrison

Deepen your understanding of persuasive communication and develop your skills as a public speaker and critic of public discourse. We will focus on building awareness of and improving verbal, vocal and physical communication habits as we practice impromptu speaking, prepared speeches and interviewing. We will watch and discuss examples of public speakers, as well as provide feedback on speeches given by class participants in a supportive environment. (ages 15+)

Week 4, July 15-18 / M-Th / 2:15-3:30 p.m. Hultauist 201B

Fees: 4 sessions • \$79

### 2304 • DON'T POSTPONE JOY Mary I. Farr

Our life journeys offer us countless gifts. Yet these same journeys test us with obstacles, do overs, hellos and goodbyes — particularly as we age. This presentation explores joy as more than a high point along the path. Meaningful life experiences shape us through pleasure, change, doubt, and even loss, and aging can either shut us down or open us to a third act that transforms what we have into more than enough. (ages 16+)

Week 4, July 15-18 / M-Th / 4:30-5:30 p.m. Turner Conference Room

Fees: 4 sessions • \$69 1 session at door • \$21

#### 2305 • INCREASE YOUR **HAPPINESS IQ**

### Nancy Hutter, LMHC

For those who believe they could be even happier in their lives, learn what happiness really is, how it works in the brain, assess what makes you happy and what doesn't. Learn what you can do to increase the level of happiness in your life and walk out of the workshop feeling even more empowered. (ages 25+)

Week 4, July 16-18 / Tu-Th / 8:30-10 a.m. Turner 210

Fees: 3 sessions • \$75

1 session at door (first day only) • \$29









#### 2306 • THE EMPOWERMENT OF **NO COMPLAINT**

#### **Dureen Hughes**

"Nobody likes a complainer," but we all do it anyway. What if we could go a whole day, a week, a month without complaining even once? How might that change our minds, our perspectives, our relationships? In this class we will explore why we complain, the social benefits of complaining, the neurochemistry of complaint, effective "complaining" action for change, and ultimately the personal power of no complaint whatsoever. (ages 18+) Week 5, July 22-26 / M-F / 3:30-4:45 p.m. Hurlbut Room 3

1 session at door (first day only) • \$25

#### 2307 • 2 YOUNG 2 RETIRE: **REBALANCE FOR THE BONUS YEARS**

#### Susan Larson

Fees: 5 sessions • \$95

Working individually and in small groups, we will look at the Life Planning Model, transition/reinvention process and triggers for change. This powerful, interactive learning experience will equip participants by clarifying values, skills, motivations and intentions as we begin designing the next chapter. Several informal assessments, summary template and resources for option building and follow up included. (ages 40+) Week 6, July 29-Aug. 1 / M-Th / 9-10:30 a.m. Hall of Ed. (Sheldon) Rm. 203 Fees: 4 sessions • \$89

#### 2308 • AWAKENING THE SAGE WITHIN

1 session at door (first day only) • \$29

### Deborah H. Briggs

If you want to live more consciously, more joyfully and more compassionately, come learn about the concept of Sage-ing®. We'll explore a variety of tools for harvesting the wisdom of your life and putting that wisdom into action as a way to enhance your physical, emotional, mental, and spiritual well-being. Drawn from the Sage-ing® International movement and based on From Age-ing to Sage-ing: A Profound New Vision of Growing Older by Zalman Schachter-Shalomi. Add more years to your life and more life to your years! (ages 45+)

Week 6, July 29-Aug. 1 / M-Th / 9-10:30 a.m. Turner 210

Fees: 4 sessions • \$89 1 session at door (first day only) • \$29

# Master Class with Kelly Carlin

#### 2312 • GRACE! NOW! EMBODYING THE VOICES OF YOUR HIGHEST SELF Kelly Carlin



Jump into the deep end of your inner life for the sake of personal and cultural transformation. Using the powerful technique of voice dialogue, you'll transform the invisible narratives that keep you from ease, joy and the grace. You'll gain powerful tools and a new appreciation for dealing with the unsung voices within you. You'll leave each class with more freedom, confidence and a profound sense of connection to life. (ages 18+)

Week 7, Aug. 5–9 / M–F / 3:30–5 p.m. / Alumni Hall Ballroom Fees: 5 sessions • \$115 / 1 session at door • \$35

Kelly Carlin, known by Chautauquans for her connection to the comedy world, returns in Week Seven with work rooted in her Master's in counseling psychology (with an emphasis in Jungian psychology) and her over 10 years facilitating the Big Mind Process created by Genpo Roshi. She will share her insights and techniques to free you from the shackles of self-imposed limits so that you may live a more fulfilled life and build a more peaceful world.

#### 2309 • EMPATHY IN A **DISCONNECTED WORLD**

#### Shari Foos

This course introduces participants to The Narrative Method, an award-winning group experience that interweaves big ideas with compelling media clips, storytelling, creative writing and open discussions that challenge how we're isolated by contemporary culture. It is a transformative adventure with depth, humor and radical human connection that broadens our perspectives. See the world through the eyes of a stranger and discover your common humanity. Outsiders are insiders. Come and play. (ages 16+) Week 6, July 29-Aug. 1 / M-Th / 3:30-5 p.m. Turner 103

Fees: 4 sessions • \$89 1 session at door • \$29

## 2310 • JOURNEY TO DISCOVERY Marie Allen Carroll

So many of us don't live up to our potential, our designated purpose for our life, because we are ruled by fear and selfdoubt. Because life is wounded, we have all been hurt, and so develop a false self based in shame to defend against the pain. When we exist in our false self, we focus on our limitations versus embracing our potential. This course will help you take the courageous journey from your false self based in shame, to the awareness of your true self based in love; to face the fear that is controlling you within; and discover the unique purpose for your life. (ages 18+) Week 6, July 29-Aug. 2 / M-F / 3:30-5 p.m. Hall of Ed. (Sheldon) Rm. 202

Fees: 5 sessions • \$99 1 session at door • \$29



#### 2311 • GOOD GRIEF: MAKING GOOD **CHOICES**

#### Annie Hisle

We all face inevitable losses in life. But we can choose to deal with them using uplifting and helpful practices. Good choosing entails: playing with paradox; learning from wisdom teachers throughout the ages; sharing stories of losing and finding; forgiving life, ourselves and others; attending and learning from our suffering; and opening to an expanded Spiritual Consciousness. Stories, poems, prayers and quotes will be discussed and provided for later reference. Some easy physical practices will be demonstrated.

Week 7, Aug. 5-8 / M-Th / 3:30-5 p.m. Turner 103

Fees: 3 sessions • \$89 1 session at door (first day only) • \$29

### 2313 • RETIREMENT: WHAT'S NEXT? Jane Kerschner



Retirement is the threshold experience bridging the transition from your career life to designing and living your third chapter. This interactive exploration is for those wondering what you will do, who you will be, or if you even want to retire. Our group discussions and individual exercises will examine and challenge your attitudes, deepen your understanding of life's possibilities, build confidence in moving forward, and begin creating what's next. (ages 50+)

Week 7, Aug. 5-9 / M-F / 9-10:30 a.m. Hultquist 201A

Fees: 5 sessions • \$95

1 session at door (first day only) • \$29







#### 2314 • SEARCHING FOR HAPPINESS (1) Gloria A. Miller

Danes are consistently ranked as the happiest people on earth. Okinawans are noted for their longevity and contentment. How do they do it? Can Americans copy them? Do we have any lifestyle methods that compare to theirs? We will investigate hygge, ikigai, the Sedona Method and other related topics to formulate our own individual lifestyle plans for happiness and well-being. (ages 14+) Week 7, Aug. 5-9 / M-F / 9-10:15 a.m.

Fees: 5 sessions • \$89

1 session at door (first day only) • \$25

#### 2315 • CHANGE IN THE PUBLIC **SQUARE**

Lisa Marchal

We are often inspired to make change in the world on a systemic level, but we don't think we have the knowledge or resources. Through your thoughtful engagement with legislators, the media and your community, you can make more of a significant difference than you may have thought possible. This class will teach you how your story, your ability to create relationships and your passion for an issue can combine to make a true positive difference. (ages 16+) Week 8, Aug. 13-15 / Tu-Th / 3:30-5 p.m. Smith Library Classroom

### 2316 • YES, LET'S! SPARKING YOUR CREATIVITY

1 session at door (first day only) • \$29

Jody Brooks & Gary Shields

Fees: 3 sessions • \$75

Great solutions to problems may be right in front of our eyes, yet we often don't see them. Using improvisational exercises and games, this teacher-psychologist and Second City graduate team will help you have fun stepping out of your own way and rediscovering your intuitive and creative problem-solving abilities. Come out and play with us! (ages 16+)

Week 8, Aug. 13-15 / Tu-Th / 3:30-5 p.m.

Turner Conference Room Fees: 3 sessions • \$75 1 session at door • \$29

#### 2317 • BE HERE NOW **Rick Gridley**

How often are you here in the present moment, without dwelling on the past or the future? Using our attention to notice what is here now is the key to being present. In this experiential class, we will practice following and directing our attention. The exercises are easy, fun and designed to help us be more fully aware of ourselves and our surroundings. This workshop is for you if you are already happy but willing to go deeper or if you are feeling stuck or certain about anything. You will come out with a lengthened attention span and the ability to be aware of more than you ever have been aware of before. (ages 14+)

Week 9, Aug. 19-22 / M-Th / 9-10:15 a.m. Turner 210

Fees: 4 sessions • \$79

1 session at door (first day only) • \$25

#### 404 • ARE YOU A WOMAN READY FOR **RETIREMENT?**

**Christina Worley** 

See page 23 for details.

#### 1306 • MINDFULNESS IN WELLNESS **AND ILLNESS**

Javashree Rao, MD See page 48 for details.

#### 1308 • LAUGHTER WORKS: HUMOR, **PLAY AND HEALTH**

Kay Caskey & Laurie Young See page 48 for details.

#### 1703 • MINDFULNESS AND MEMOIR Susannah B. Mintz & Susan Hope Walzer See page 56 for details.

#### 1704 • WRITE YOUR WAY THROUGH CAREGIVING

Pat Snyder Hurley

See page 56 for details.

## 2717 • LIVING YOUR UNLIVED LIFE

Kaye Lindauer

See page 75 for details.

#### 2735 • FREUD AND JUNG

**Kaye Lindauer** 

See page 78 for details.

### 2736 • GRACE: IT'S HOW WE HEAL Helen Glaze & Brian W. Grant

See page 78 for details.

#### 2902 • IMPROV FOR LIFE

John C. Barthelmes

See page 81 for details.



## 2400 • GET OFF AUTO WITH YOUR **CAMERA**

#### Diane Andrasik

This course is designed for those having an SLR, mirrorless camera or advanced point and shoot. The intent is to move you from using auto to aperture priority and possibly manual exposure control. We will work on understanding your meter and histogram, attaining good exposure, and using crucial controls. Outdoor photography will take place to reinforce lessons, including optional sunrise session, and effective composition will be stressed. Tripod is recommended. Contact instructor at dianeand@netsync.net with questions. (ages 16+)

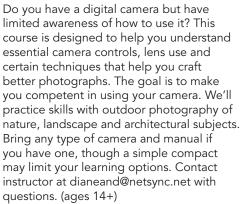
Week 1, June 24-28 / M-F / 8:30-10:30 a.m. Hultquist 201A

Fees: 5 sessions • \$109

1 session at door (first 2 days only) • \$35

#### 2401 • FUNDAMENTALS OF **PHOTOGRAPHY**

Diane Andrasik

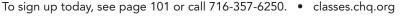


Week 1, June 24-28 / M-F / 12:30-2:30 p.m. Hultquist 201A

Fees: 5 sessions • \$109

1 session at door (first 3 days only) • \$35

















#### 2402 • TWILIGHT PHOTOGRAPHY **SESSION**

#### Diane Andrasik

Twilight is that time of day an hour or so before and after sunset when entrancing "golden" light exists. This class will show participants how to establish good exposure in three kinds of light: pre-sunset light, sunset sky and twilight. We will learn tactics to establish sharp images during long exposure and effective composition. SLR or mirrorless cameras only. Advanced point and shoot cameras with permission of instructor. Tripod required as long exposures will be used; instructor will lend two. Contact instructor at dianeand@ netsync.net with questions. (ages 16+) Week 1, June 25 / Week 2, July 2 Tu / 7-10 p.m. / Hultquist 201A Fees: 1 sessions • \$45



Do the iconic sights of porches, boats and flowers represent Chautaugua to you? This course is designed to focus on those three parts of Chautauqua and how to photograph them. Participants will learn what lenses are best to photograph each and how to attain good composition and exposure. Bring a camera with a wide angle and telephoto lens. Photographing around the grounds will take place. Email instructor at dianeand@netsync.net with any questions. (ages 14+)

Week 2, July 1-5 / Week 5, July 22-26 M-F / 8:30-10:30 a.m. / Hultquist 201A Fees: 5 sessions • \$109

1 session at door (first 3 days only) • \$35

### 2404 • BETTER CAMERA PHONE **PHOTOGRAPHY**

### Diane Andrasik

Do you photograph more often with your phone's camera than a true camera? Then learn to use your phone's camera controls and options more fully, to better understand lighting and exposure, how to focus more accurately, how to use composition to improve images, and other tips to improve your fundamentals. Then download and use six to eight editing apps to add creativity to your images (most are free apps). We will photograph on the grounds and practice applying apps in class. (ages 14+) Week 2, July 1-5 / Week 4, July 15-19 Week 5, July 22-26

M-F / 12:30-2:30 p.m. / Hultquist 201A

Fees: 5 sessions • \$99 1 session at door • \$29



The Chautauqua grounds provide a unique backdrop for improving your photography (pages 68–70)

### 2405 • ARCHITECTURAL PHOTOGRAPHY: CHQ STYLE

#### Michael Haritan

Explore and document Chautauqua Institution's unique and historic architectural heritage. With any camera, students will learn basic photography skills and camera settings, architectural styles, and interior and exterior lighting techniques through daily photo walks conducted by a professional architectural photographer. (ages 16+)

Week 3, July 8-12 / M-F / 8:30-10:30 a.m. Hultquist 201B

Fees: 5 sessions • \$105 1 session at door • \$29

#### 2406 • ARCHITECTURAL PHOTOGRAPHY: CHQ STYLE Michael Haritan

Week 8, Aug. 12-16 / M-F / 1-3 p.m. Hultquist 201B

Fees: 5 sessions • \$105 1 session at door • \$29

#### 2407 • MAGICAL PHOTOGRAPHY AT TWILIGHT

#### Michael Haritan

You might be surprised by what you can capture with any cellphone or digital camera when the sun sets. Twilight often gives the sky a deep blue glow, allowing the opportunity to take dramatic pictures of landscapes, architecture, nature, highway traffic, amusement park rides and kids playing with light sources such as sparklers, glow sticks, flashlights and LED toys. (ages 16+) Week 3, July 8-10 / Week 7, Aug. 5-7 Week 8, Aug. 12-14 M-W / 7-9 p.m. / Hultquist 201A

Fees: 3 sessions • \$85

1 session at door • \$35

## 2408 • ADVANCE YOUR PHOTOGRAPHY IN FIVE DAYS

Diane Andrasik Are you a photographer needing to

stretch your photography skills? This course will improve your technique and creative edge by practicing five skills of photography over five days. Day 1: Architecture with wide angle and mid-range telephoto. Day 2: Early Morning session (sunrise shoot); Day 3: Bokeh. Day 4: Creative Blur (long exposure) and freeze action. Day 5: 10 of one object. Required: SLR or mirrorless camera, wide angle and medium telephoto, tripod, Neutral Density filter 1.2 (4 stop). Suggested: one 2.8 lens. Contact instructor at dianeand@netsvnc. net for guestions and clarification. (ages 16+) Week 4, July 15–19 / M-F / 8:30–10:30 a.m. Hultquist 201A

Fees: 5 sessions • \$109

1 session at door (first 2 days only) • \$35











#### 2409 • PHOTO SAFARI WALKS Michael Haritan

Explore Chautauqua's picturesque beauty and charm through photo exploration and documentation of architecture, nature, environment and lifestyle. With any camera, students will learn basic photography skills and camera settings through daily photo safari walks conducted by a commercial photographer and former park naturalist. (ages 16+) Week 7, Aug. 5-9 / M-F / 3:30-5:30 p.m. Hultquist 201A

Fees: 5 sessions • \$105 1 session at door • \$29

#### 127 • PINHOLE DIGITAL PHOTOGRAPHY **WORKSHOP**

**Aislinn Scofield** 

See page 14 for details.

#### **128 • INTRO TO FILMMAKING** Scott Koué

See page 14 for details.

# Religion & **Philosophy**

#### 2500 • BIBLICAL MOMENTS THAT **CHANGED THE WORLD**

#### Rev. Susan Cartmell

Study the Bible to learn about events in the Biblical narrative that changed the world forever. Reading the Bible can be a challenge. You need a firm grasp of ancient history, several languages, plus religious savvy. But the Bible messages are surprisingly contemporary. This class will examine stories in the Bible that changed the world of faith and have implications for the history of our civilization. We will look at the Bible with an eye toward the political, economic and cultural context and the aftermath of these stories. (ages 14+) Week 1, June 24-27 / M-Th / 12:30-1:45 p.m. Turner 103

Fees: 4 sessions • \$79 1 session at door • \$25



### 2501 • TURNING POINTS IN **WESTERN CHURCH HISTORY**

### Robert Vande Kappelle

Defining the church as the people of God throughout history, related but not equivalent to Israel or the institutional church, this course divides church history into nine units proceeding through three stages: Formation, Transformation, and Reformation. In an interactive format, participants will examine the church's influence on Western civilization and whether the church has lived up to its destiny. (ages 14+)

Week 1, June 24-28 / M-F / 9-10:15 a.m.

Fees: 5 sessions • \$85 1 session at door • \$25

#### 2502 • ART AS PRAYER **Nancy Wilkinson**

Focusing on Anne Lamott's Help, Thanks, Wow: The Three Essential Prayers, we'll explore how these three types of prayers parallel three types of art: portraits, landscape and still life. All three together will create a triptych. Each day we will explore how to draw and paint our intentions and see how they show up visually. We'll contemplate how creating a visual image can be a prayer in itself, while considering the following: where help is needed in your life, what you are thankful for, and what in our human experience makes you say "wow." See and discuss how all religions have used art as prayer. Materials fee of \$5 due to instructor at start of class. (ages 16+)

Week 1, June 25-27 / Tu-Th / 8:30-10 a.m. Turner 104

Fees: 3 sessions • \$75 / Materials fee • \$5 1 session at door • \$29

#### 2503 • WORSHIP IN THE BLACK **EXPERIENCE**

#### William Harrison

This course will explore the African American worship experience. It will also focus on the role of music in the Black Church and assist students in implementing music in their context of ministry from a biblical and socio-cultural perspective. Various topics will be examined, including: the historical background of worship in the Black Church; styles of worship; the Christian year; liturgical symbols; and the structure and dynamics of the worship service. (ages 16+)

Week 2, July 1–4 / M–Th / 12:45–1:45 p.m. Turner 103

Fees: 4 sessions • \$69 1 session at door • \$21



### 2504 • RETHINKING TRUTH

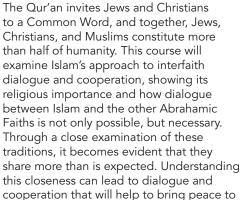
### Robert Vande Kappelle

Affirming the value of lifelong spiritual growth and the concept that every generation of believers benefits by reexamining its theology, this interactive course provides the context, mechanism and opportunity for participants to rethink timely theological topics such as the nature of God, scripture, faith, evil, sin and salvation, heaven and hell, creation and evolution, the role of the church, and the future of the human race. (ages 14+) Week 2, July 1-5 / M-F / 3:30-4:45 p.m. Hall of Ed. (Sheldon) Rm. 204 Fees: 5 sessions • \$85

## 2505 • TOWARD THE COMMON **WORD: ISLAM AND DIALOGUE**

Zeki Saritoprak

1 session at door • \$25



Week 3, July 8-12 / M-F / 3:45-5:15 p.m. Hultquist 201A

Fees: 5 sessions • \$95 1 session at door • \$29

the world. (ages 16+)

#### 2506 • SCIENCE AND RELIGION ARE 👔 **BETTER TOGETHER**

#### **Edwin Olson**

There have been many new discoveries in science and new understandings about religion and spirituality that have sparked an exciting dialogue about the common ground of science and religion and how faith and reason need each other. The line between matter and spirit has become blurred as both scientists and theologians see the world as sacred. We'll explore the critical moments and concepts that have led to their coming integration and the implications for our daily lives. (ages 16+) Week 3, July 8-12 / M-F / 9-10:15 a.m. Turner 103

Fees: 5 sessions • \$89 1 session at door • \$25







### 2507 • AGING THROUGH THE **LENS OF JEWISH TEXTS**

Rabbi Cookie Lea Olshein

Beginning with the Torah and continuing through many other Jewish sacred texts and commentaries, we will look at how Judaism views growing older with dignity. Taught by Rabbi Cookie Lea Olshein, this course looks deeply at the foundational texts and stories which became the basis of many Jewish religious obligations. In the third session, we will also look at Jewish outlets for exploring spirituality as it relates to aging successfully and how we can take what we learn back home. (ages 14+)

Week 4, July 15-17 / M-W / 3:30-5 p.m. **Hurlbut Sanctuary** 

Fees: 3 sessions • \$75 1 session at door • \$29

#### 2508 • THE POWER OF SPEECH IN **JUDAISM**

#### Rabbi Aaron Bisno

The power of the spoken word is first seen in the opening words of Genesis, continues through biblical orations, the Hebrew Prophets, and rabbis' sermons, and is recognized in the tongue's ability to both hurt and heal. Together we will explore the role and power of words, and the significance of raising or withholding one's voice in support of or in opposition to an idea, and the ways in which oral arguments and sermons have shaped our understandings of text and context. We will also explore Jewish laws governing talebearing, slander and gossip. (ages 14+) Week 5, July 22-24 / M-W / 3:30-5 p.m. Turner Conference Room

Fees: 3 sessions • \$75 1 session at door • \$29

#### 2509 • THE SACREDNESS OF THE **SPOKEN WORD**

#### Diane K. Clark

From the Native American view, the spoken word was sacred. It was given out on the element of air and would travel everywhere that the wind blew. It could not be erased. Before the "discovery" of America, one-fifth of the world's people relied on the spoken word to establish and maintain government, religion, family and friendship. Enlarge you understanding of this primary communication tool and how it functioned. Come away with a more profound belief that your own word is sacred. (ages 14+) Week 5, July 22-26 / M-F / 9-10:15 a.m. Pier Building Lounge

Fees: 5 sessions • \$95

#### 2510 • RADICAL RABBINIC TORAH: INTRO TO THE TALMUD

#### Julie Danan

This course is an introduction to the Talmud, the massive corpus of rabbinic law and lore, where questions and debates are many, and conclusions are few. We will learn the history of the tumultuous era that birthed the Talmud, and study some original texts in translation. Many people think of Judaism as the "religion of the Old Testament." But much as Christianity interprets the Hebrew Bible through the lens of New Testament, Judaism understands scripture through the lens of rabbinic Oral Torah (eventually recorded in writing), a tradition that may surprise us with its radical creativity. Materials fee of \$15 due to instructor at start of class. (ages 16+) Week 6, July 29-Aug. 1 / M-Th / 3:30-4:30 p.m. Hultquist 201B

Fees: 4 sessions • \$69 / Materials fee • \$15

#### **2511 • EXPLORING SPIRITUAL PRACTICES**

#### Linnea Nelson

Find peace. Feel deeply. Free yourself from busyness by discovering spiritual practices that arise from your daily activities. Make your life more beautiful and meaningful by exploring practices that feed your soul. Learn how to use intentions to bring your spiritual practice to life. Bring a journal and an open mind to explore your inner life in ways that may surprise you. (ages 16+)

Week 7, Aug. 5-7 / M-W / 8:45-10:15 a.m. Turner 105

Fees: 3 sessions • \$75

1 session at door (first day only) • \$29

#### 2512 • "NONES": WHO ARE THEY, WHY ARE THEY, THEIR **WAYS OF LIFE**

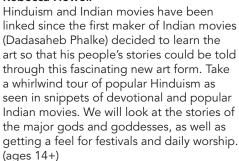
#### Mary Lou Mlecko, Psy.D.

While most people in the U.S. are affiliated with a particular religion, some people have opted out of practicing a particular religion and consider themselves to be a "None" — a religiously unaffiliated person. While our culture continues to maintain that everyone should be religiously affiliated, it can be difficult to understand why and how people live as a "None." This course will explore the definition of what it means to be a "None," why people choose to be a "None" (often leaving their own religious affiliation), and how "Nones" live out the spiritual dimension of their lives. (ages 16+) Week 7, Aug. 6-8 / Tu-Th / 3:30-5 p.m. Turner 105

Fees: 3 sessions • \$75 1 session at door • \$29

#### 2513 • HINDUISM THROUGH **INDIAN MOVIES**

#### Rebecca Howell



Week 8, Aug. 13-16 / Tu-F / 2:15-3:30 p.m. Hultquist 101

Fees: 4 sessions • \$79 1 session at door • \$25

#### 301 • GRAYCLIFF: ARCHITECTURE AS **SACRED SPACE**

Paul Lubienecki, Ph.D. See page 18 for details.

### 2704 • BRIDGING FAITH AND **GENERATING CONTROVERSY**

Maureen Reed

See page 74 for details.

#### 2727 • ACROSS POLITICAL AND **RELIGIOUS DIVIDES**

Jean Chandler

See page 76 for details.

#### 2731 • VIRGIN MARY IN WESTERN ART Kaye Lindauer

See page 78 for details.

### **2752 • PREACHING PUNCHLINES**

Rev. Susan Sparks

See page 79 for details.











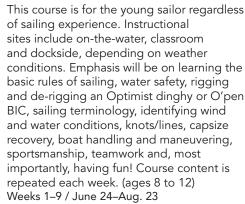
72 SAILING SPECIAL STUDIES 2019

# John R. Turney Sailing Center

#### Kirk Kelly, Director of Sailing

The Chautauqua Sailing Department (716-357-6392 after June 17) presents a summer-long curriculum of one-week sailing courses designed to advance the sailing skills of all ages and experience, from youth to adult and from novice to advanced racer. Lead staff has U.S. Sailing Level I certification. Sailing courses are based on U.S. Sailing Association's Small Boat Sailor Certification system. The course descriptions below offer a broad outline of each course. All sailing courses originate from the John R. Turney Sailing Center, located at the far south end of the Chautauqua waterfront. Please contact the sailing department for any additional information or questions about individual student needs.

# 2600 • YOUTH SAILING: BEGINNER TO INTERMEDIATE



M-F / 9 a.m.-12 p.m. Fees: 5 sessions • \$180 (\$120/week for Boys' & Girls' Club registrants)

# 2601 • YOUTH SAILING: INTERMEDIATE TO ADVANCED

This course is designed for intermediate to advanced youth sailors who have basic sailing skills and are ready to hone competitive racing skills. Students will sail boats that are appropriate to their skill level and physical abilities. The types of boats used may include: Lasers, 420s, and Sunfish. The on-shore lecture is followed by water drills and racing practice. Emphasis is on sailing skills, performance tuning, racing rules and strategy, sportsmanship and teamwork for both crew and skipper positions. Participants must be able to sail independently on all points of sail. (ages 8 to 21)

Weeks 1–9 / June 24–Aug. 23 / M–F / 1–4 p.m. Fees: 5 sessions • \$180

(\$120/week for Boys' & Girls' Club registrants)

# 2602 • TEEN SAILING: BEGINNER TO INTERMEDIATE

This course is designed for beginner and intermediate teen sailors. After a skills assessment, the class will be split between beginning sailors and experienced intermediate sailors who have basic skills. Instruction is primarily on the water using Sunfish, Lasers and 420 sailboats with an emphasis on jibing and tacking in moderate wind, racing rules and strategy, sailing skills, water drills and knots. Course content is repeated each week.

(suggested ages 13 to 17) Weeks 1–9 / June 24–Aug. 23 M–F / 9 a.m.–12 p.m.

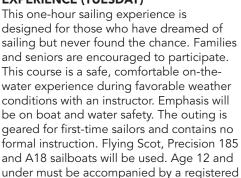
Fees: 5 sessions • \$180 (\$120/week for Boys' & Girls' Club registrants)

# 2603 • ADULT SAILING: BEGINNER TO INTERMEDIATE

This sailing course is designed for beginner and intermediate adult sailors. After a skill assessment, the class will be split between beginner and intermediate sailors who have basic skills. Instructional sites include on the water, classroom and dockside. Emphasis is on enjoying the sport of sailing including learning how to rig and de-rig various boats, sailing terminology, boat handling and maneuvering, capsize recovery, points of sail, tacking and jibing, docking, basic rules of sailing and water safety. Flying Scot, Precision 185 and Sunfish sailboats are used. Moderate physical exertion is required for boat handling and capsize recovery. (ages 18+)

Weeks 1–9 / June 24–Aug. 23 / M–F / 1–4 p.m. Fees: 5 sessions • \$180

# 2604 • GUIDED SAILING EXPERIENCE (TUESDAY)



Weeks 1–9 / June 25, July 2, July 9, July 16, July 23, July 30, Aug. 6, Aug. 13, Aug. 20 Tu / 1–2 p.m.

Fees: 1 session • \$25

adult.

# 2605 • GUIDED SAILING EXPERIENCE (THURSDAY)



Fees: 1 sessions • \$25

#### **SATURDAY RACES**

Races are held Saturday mornings for young sailors using the Optimist, O'pen BIC, Sunfish, Laser and 420 dinghies. These races are designed for youth who want to test their ability by competing with other sailors. A short onshore orientation is held prior to the races to share basic racing rules, course layout and strategy. Multiple short races will be run for each class of boat. Call the Sailing Center at 716-357-6392 to register for Saturday Races. If minimum participation numbers are not achieved by the Friday prior to the races, races will be canceled.

Weeks 1–8 / Sa / 9:30 a.m.–12 p.m. Fees: 1 day • \$25/boat

#### **Private Sailing Lessons/Rentals:**

Call the Sailing Department at 716-357-6392 from June 17–Aug. 25. Lessons and rentals are scheduled in one-hour time periods.

### **Registration Information**

Please remember to mention your registration for Boys' and Girls' Club during the registration process to receive your discount. See page 105 for more about Boys' and Girls' Club.

#### What to bring to all sailing courses:

- water shoes
- towel
- bathing suit

- sunblock
- sunglasses
- light jacket

PFDs will be provided for all students. Dress for water and weather conditions. Be prepared to get wet.

# Science & **Technology**

#### 3000 • BEGINNINGS AND ENDINGS: 👔 **UNIVERSE, EARTH, HUMANS** Mary Leopold

This general-interest science course summarizes what current science tells us about the place of humanity within our universe. We begin by exploring the leading scientific ideas about how the universe began and whether or not the universe will end. Next, we zoom in to explore the beginning of the earth and several possible scenarios for its future. Finally, we look at the human race specifically: When did humanity begin? Is it possible that humanity will continue forever, and if not, when and why will it end? (ages 16+) Week 1, June 24-26 / M-W / 2:15-3:45 p.m. Smith Library Classroom

### 3001 • THE PHYSICS AND **CHEMISTRY OF CLIMATE CHANGE** Patsy Ann Johnson

Fees: 3 sessions • \$75

For centuries, scientists have been learning about the processes that cause climate change. The realization of the extent of climate change has come more recently. This class will begin with stories about the development of fundamental scientific concepts about matter and energy. Then we will discuss historical and current work done to apply these concepts to understanding climate change. Efforts made to confuse people about climate change will also be explored. No prior knowledge needed. (ages 14+)

Week 1, June 24–27 / M–Th / 8:45–10:15 a.m. Turner 103

Fees: 4 sessions • \$89 1 session at door • \$29

### 3002 • HUMAN EVOLUTION AND **PREHISTORY**

**Bridget Alex** 

This seminar will review the human story from our beginnings through the perspectives of human evolutionary biology and archaeology. We'll discuss the evolution of defining features of our species including bipedalism, tool use, fire, language, art and religion. We will also explore extinct humans like Neanderthals and recent discoveries from ancient DNA. The instructor will share new research from her archaeology digs in the Middle East and Eastern Europe. (ages 12+) Week 1, June 24-28 / M-F / 2-3 p.m. Hultquist 101

Fees: 5 sessions • \$79 1 session at door • \$21

#### 3003 • DIGITAL PRIVACY 101 Alan Butler

We are constantly glued to our smartphones, tablets and computers. Even our home appliances are getting "smart." Facebook, Instagram, Twitter and other sites have become a routine part of our daily lives. Yet we rarely consider the digital footprint we leave behind. Our daily activities generate tons of data, which is coveted by many different entities: companies, advertisers, identity thieves and governments. What rights do we have? How can we protect ourselves? Come learn about privacy and how to protect your data. (ages 13+)

Week 2, July 3-5 / W-F / 9:15-10:30 a.m.

Smith Library Classroom Fees: 3 sessions • \$65 1 session at door • \$25

### 3004 • ENVIRONMENTAL **SUSTAINABILITY**

Len Sauers

Is climate change real? Will the next wars be fought over water? How much more plastic waste can our oceans tolerate? Climate change, water scarcity and solid waste management are three major drivers of environmental sustainability today. This course will delve into each of these issues to include an understanding of the science behind them, reasons for public discourse and the global efforts needed to get on a path toward resolution. (ages 16+) Week 4, July 15-18 / M-Th / 9-10 a.m. Turner 105

Fees: 4 sessions • \$69 1 session at door • \$21

#### 3005 • BIG HISTORY AND SCIENCE **Robert Hopper**

This class will explore the complex interactions between history, science and technology in the development of human society, from ancient to modern times. We'll consider how to use science and lessons from history to ponder current problems. Guided by the instructor and visiting experts, we will discuss highlights of multimedia presentations by leading historians and scientists. (ages 14+) Week 6, July 29-Aug. 2 / M-F 3:30-4:45 p.m. / Turner Conference Room

Fees: 5 sessions • \$85 1 session at door • \$25



#### **Robert Levin**

We will focus on applications of the Blockchain and how the Blockchain and Cryptocurrency markets originate, function and create value. We will discuss how Investors conduct financial analysis on Cryptocurrencies. The course will introduce the history of the Blockchain and how it will disrupt several industries as a force for technology innovation in business, government and social impact. There are over 2,000 cryptocurrencies, and we will focus on the top 15, including Bitcoin, Ethereum, Ripple, EOS, Monera and others. (ages 16+)

Week 7, Aug. 5–7 / M–W / 12:30–2 p.m. Hultquist 201B

Fees: 3 sessions • \$75 1 session at door • \$29

### 3007 • MODERN PHYSICS FOR THE **CURIOUS**

Ruth Wahl

This course will introduce you to the seemingly bizarre laws of quantum physics including particles that are in multiple places at the same time, go through barriers, appear to communicate across distances instantaneously and change behavior when observed. We will also discuss the Standard Model of Particle Physics, the Higgs bosons, the new field of quantum biology and the search for new particles. (ages 14+) Week 9, Aug. 19-23 / M-F / 12:45-1:45 p.m.

Smith Library Classroom Fees: 5 sessions • \$79

1 session at door • \$21

#### 111 • IMMERSION IN ENVIRONMENTAL SCIENCE

**Meghan Collins** 

See page 12 for details.

### 123 • NATURE JOURNALING FOR YOUTH

Paul Fehringer

See page 13 for details.

#### 2506 • SCIENCE AND RELIGION ARE **BETTER TOGETHER**

**Edwin Olson** 

See page 70 for details.

### **2728 • ENVIRONMENTAL ETHICS**

Peter Wenz

See page 78 for details.

### 2740 • EVOLVING TRANSPORTATION AND URBANIZATION

William Chamberlin

See page 79 for details.







= Visit classes.chq.org for required materials lists

= Young people may attend

74 SPECIAL INTEREST SPECIAL STUDIES 2019

# Special Interest

# 2700 • WAGNER'S RING CYCLE Kaye Lindauer

We will celebrate highlights from these four famous operas, with an emphasis on Siegfried. DVD excerpts from multiple productions included. You'll discover how this mythic musical drama illuminates the core understandings of Jungian Psychology. (ages 16+)

Week 1, June 24–28 / M–F / 12:30–1:30 p.m. Hultquist 101

Fees: 5 sessions • \$85 1 session at door • \$25

# 2701 • WOMEN WHO ROCK THE BOAT

#### Maureen Reed

Activists, stateswomen and school girls have won the Nobel Peace Prize. International leaders and superb communicators, these women surmount catastrophe and generate controversy. What propels them? What traits do they share? How do they succeed? Are they much different from you and me? Using videos, lectures and group discussions, this highly interactive class examines the lives of Mother Teresa, Aung San Suu Kyi, Wangari Maathai and the most recent Nobel winner, Nadia Murad. (ages 16+)

Week 1, June 24–28 / M–F / 3:45–5 p.m. Turner Conference Room

Fees: 5 sessions • \$95

1 session at door (first day only) • \$25

#### 2702 • ST. PAUL GOES TO LYSTRA Kaye Lindauer

The Greek myth associated with the ancient city of Lystra will be retold followed by the biblical account of St. Paul's first missionary journey to that city. The focus will be on this early confrontation between the people who sacrificed to the Olympian gods and Paul's preaching about the creator God whom he worshipped. Slides of famous paintings included. (ages 16+)

Week 2, July 1–3 / M–W / 12:30–1:30 p.m. Hultquist 101

Fees: 3 sessions • \$65 1 session at door • \$25

# Master Class with Luis C.deBaca

# 2706 • MODERN SLAVERY: TRAGEDY AND HOPE Luis C.deBaca

Be a modern Abolitionist! We'll explore contemporary forms of slavery with an emphasis on how this ancient scourge touches our lives, whether through sex trafficking in our neighborhoods or forced labor in the supply chains that bring us clothes, food and phones. Topics include civil rights, international relations and corporate social responsibility. Stories of survivors' strength and activists' creativity will inspire us to workshop how our own "special skills" can be brought to bear to end modern slavery. Materials fee of \$10 due to instructor at start of class. (ages 14+)

Week 2, July 2–4 / Tu–Th / 3:30–5 p.m. / Hultquist 101

Fees: 3 sessions • \$95 / Materials fee • \$10



B.A., Iowa State Univ.; J.D., Michigan Law School. Served in the Obama administration as Ambassador-at-Large to Monitor and Combat Trafficking in Persons and as Director of the DOJ Office of Sex Offender Sentencing, Monitoring, Apprehending, Registering, and Tracking. As one of most highly-decorated federal prosecutors, developed modern "victim-centered" anti-trafficking approach now standard in the U.S. and United Nations. Currently teaching at Yale's Gilder Lerhman Center for Study of Slavery, Resistance & Abolition.

# 2703 • AMERICA'S DIVERGING ECONOMIES

#### **Corey Townsend**

According to the Economic Innovation Group, large parts of America are being left behind in today's economy. Economic prosperity is concentrated in America's largest cities, while economic stability outside of those communities is rapidly deteriorating. As a result, economic inequality is growing, meaning economic opportunity is more tied to location than ever before. We'll discuss the growing prosperity gap between urban and rural communities, while seeking better understanding of the drivers of this phenomenon and considering ways to bridge the gap, with a focus on entrepreneurship. Materials fee of \$5 due to instructor at start of class. (ages 14+) Week 2, July 1-5 / M-F / 9-10 a.m. Turner Conference Room

Fees: 5 sessions • \$79 / Materials fee • \$5 1 session at door • \$25

# 2704 • BRIDGING FAITH AND GENERATING CONTROVERSY



Nuns, Lamas, bishops, and ministers have won the Nobel Peace Prize. How do their beliefs and values shape their work? How does their religious commitment drive them to international prominence while simultaneously bridging and generating controversy? Are they really much different from you and me? Using videos, lectures, and group discussions, this highly interactive class examines the lives and relevance of Mother Teresa, the Dalai Lama, Archbishop Tutu, and Dr. Martin Luther King, Jr. (ages 16+)

Week 2, July 1–5 / M Tu W F / 3:30–5 p.m. Turner 105

Fees: 4 sessions • \$89

1 session at door (first day only) • \$29

# 2705 • HUMAN RIGHTS AND HUMAN WRONGS

Claude Welch

This course examines the development, primarily since World War II, of international systems for the promotion and protection of human rights. We will explore international law and treaties, the roles of NGOs and specific human rights issues globally through case studies. Special attention will be given to American policies on human rights, in comparison with other major industrialized states and world powers. (ages 14+)

Week 2, July 1–5 / M–F / 9–10:15 a.m. Turner 103

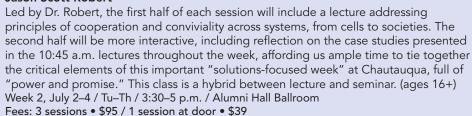
Fees: 5 sessions • \$95 1 session at door • \$25



# Arizona State University Lincoln Center for Applied Ethics Master Classes

# 2707 • UNCOMMON COMMUNITIES FROM MULTICELLULARITY TO MULTICULTURALISM

#### Jason Scott Robert



# 2708 • LIVING YOUR BEST LIFE THROUGH NARRATIVE Jason Scott Robert

In this applied master class, Dr. Robert will, on the first day, introduce the role of narrative in autobiography (literally, self-life-writing but more compellingly, self-life-writing-and-telling-and-living). Over the next two days, via guided but open-ended prompts, class participants will engage in reflective writing and sharing exercises designed to build a sense of self, community and solidarity. Such exercises can at times be uncomfortable, but they are always liberating and will help learners achieve a fuller and more authentic Chautauqua experience. Bring a writing implement, along with a notepad or loose-leaf paper. (ages 16+)

Week 5, July 23–25 / Tu–Th / 3:30-5 p.m. / Alumni Hall Ballroom Fees: 3 sessions • \$95 / 1 session at door • \$39

# 2709 • YOU WANT THE FUTURE? YOU CAN'T HANDLE THE FUTURE! STRATEGY, GEOPOLITICS AND EMERGING TECHNOLOGIES Brad Allenby

The Brexit vote in June 2016 and the American presidential election in November 2016 were only two of the indicators of a fundamental shift in culture and geopolitics driven by emerging technologies. While much effort is being expended to identify and respond to the immediate implications of this shift, far less is being done to understand the deeper, long term challenges raised by this new strategic and geopolitical environment. Such understanding is critical, because current technological trends render contingent not just existing electoral processes, but the very assumptions that undergird democracy itself. This class will identify and explore the implications of current trends and discuss elements of existing democratic systems which may already be obsolete, if not dysfunctional. This class is a hybrid between lecture and seminar. (ages 16+) Week 8, Aug. 13–15 / Tu–Th / 3:30–5 p.m. / Alumni Hall Ballroom



Dr. Jason Scott Robert holds the Lincoln Chair in Ethics and serves as director of ASU's Lincoln Center for Applied Ethics and Dean's Distinguished Associate Professor in

the Life Sciences at Arizona State University. His scholarship currently focuses on the justification of controversial research in the neurosciences. Robert moved to ASU in 2004 from the philosophy department at Dalhousie University, where he was Assistant Professor and Canadian Institutes of Health Research New Investigator. He earned his Ph.D. (philosophy) in 2000 and M.A. in 1996 at McMaster University in Hamilton, Ontario.

Fees: 3 sessions • \$95 / 1 session at door • \$39



Dr. Brad Allenby is President's Professor of Civil, Environmental, and Sustainable Engineering, and of Law; Lincoln Professor of Engineering and Ethics; Senior

Sustainability Scientist; and co-chair of the Weaponized Narrative Initiative of the Center for the Future of War at ASU. He received his J.D. and M.A. (economics) from University of Virginia and his M.S. and Ph.D. (environmental sciences) from Rutgers University. His latest books are Future Conflict and Emerging Technologies (2016), Weaponized Narrative: The New Battlespace (2017), and Moral Injury (2018).

#### 2711 • GILGAMESH

#### **Kaye Lindauer**

A

The world's oldest recorded story will be retold along with the fascinating account of its modern discovery in the form of 11 clay tablets. As the great poet Rilke said, "Gilgamesh is stupendous. I consider it to be among the greatest things that can happen to a person." (ages 16+) Week 3, July 8–12 / M–F / 12:30–1:30 p.m. Hultquist 101

Fees: 5 sessions • \$85 1 session at door • \$25

# 2712 • ETHICAL PERSPECTIVE ON ECONOMIC INEQUITY

#### Elizabeth A. Sullivan

The United States is experiencing deep economic inequity, with the top 1% of the U.S. population controlling some 40% of the nation's wealth. Debates about our ethical obligations and what role the government has in resolving this, if any, are an important part of public discourse. What do *you* think? Come to discuss and debate — with civility, of course. (ages 16+)

Week 3, July 8–12 / M–F / 9:15–10:30 a.m. Smith Library Classroom

Fees: 5 sessions • \$79 1 session at door • \$21

# **2717 • LIVING YOUR UNLIVED LIFE** Kaye Lindauer

The meaningful aging process requires that one confronts the psychological work that is yet to be done and finding appropriate ways of manifesting one's previous unlived life in the mature years. This is a class in Jungian psychology. (ages 16+) Week 4, July 15–19 / M–F / 12:30–1:30 p.m. Hultquist 101

Fees: 5 sessions • \$85 1 session at door • \$25

# 2718 • BREAKING THE CYCLE OF POVERTY IN AMERICA

### Elizabeth A. Sullivan

The cycle of poverty seems like an intractable problem. Where are the entry points to pull people out of poverty? Education? Health care? Dealing with crime, violence, addiction? Debates about our ethical obligations and what role the government has, if any, in resolving the problems of poverty, are an important part of public discourse. What do you think? Come to discuss and debate — with civility, of course. (ages 16+)

Week 4, July 15–19 / M–F / 3:30–4:45 p.m. Turner 103

Fees: 5 sessions • \$79 1 session at door • \$21











76 SPECIAL STUDIES 2019 SPECIAL INTEREST

#### **2721 • SPELLBINDING SPELLING** AND VIVID VOCABULARY

#### Lauren Matz

With its plentiful foreign borrowings, inventive coinages and flexible vowels, the English language abounds in spelling challenges. We'll meet unusual English words and learn about their spellings, definitions, etymology and usage. We'll review the "spelling rules" and learn when to follow and when to flout. Spelling bees for grownups are trending nationally. Let's pit our wits against the dictionary's trickiest picks! (ages 14+)

Week 4, July 15–18 / M–Th / 4–5:15 p.m. Hultauist 201B

Fees: 4 sessions • \$79 1 session at door • \$25

#### 2722 • LISTENING TO MOVIES: **DECODING FILM SCORES** Michael Barndt

Film music is not meant to be heard consciously, but to set specific moods, establish setting and characters or interpret narrative events. Composition for films began in the silent era. But the course will center on the "golden age" of films, when European-expatriate composers, Hollywood studios and creative directors experimented with different approaches. Extensive use of film clips will illustrate key elements of film scores and how to decode their intent. (ages 14+)

#### **2723 • CONTROVERSIES THAT DIVIDE AMERICA**

Week 4, July 15-19 / M-F / 9-10:15 a.m.

#### Cynthia Saltzman

Fees: 5 sessions • \$95

1 session at door • \$25

Hultquist 101

This class will focus an anthropological lens on controversies that divide Americans and shape public debates. Expect lively discussion on the judicial nomination process, the #MeToo movement, racial relations, reproductive rights and gun control. We will explore solutions to our cultural and political polarization, the origins of these conflicts, the forces that perpetuate them, and possible solutions to our divisions. (ages 14+)

Week 5, July 22-25 / M-Th / 3:45-5 p.m. Turner 105

Fees: 4 sessions • \$79 1 session at door • \$25



#### 2710 • A CONVERSATION WITH ERIC KLINENBERG

A Following his morning lecture at the Amphitheater, join Eric Klinenberg in conversation to further explore the themes of his presentation. Klinenberg is professor of sociology and director of the Institute for Public Knowledge at New York University and the author of Palaces for the People: How Social Infrastructure Can Help Fight Inequality, Polarization, and the Decline of Civic Life. In his book, Klinenberg illuminates social infrastructure's potential and demonstrates how a robust implementation of it can not only improve community life, but contribute to economic growth and protect our democracy. Klinenberg defines social

infrastructure as "the physical places and organizations that shape the way people interact," like libraries, parks, churches and bookstores — all the places that we, strangers and familiars alike, mingle and cross paths. (ages 14+)

Week 2, July 5 / F / 3:30–5 p.m. / Hultquist 101 / Fees: 1 session • \$45

### 2724 • SKETCHNOTES: SPOKEN **WORD TO VISUAL NOTES**

#### Nicole L. Fonger

Visual note-taking (sketchnoting) is a relaxing practice that engages your entire mind and body. Like spoken word, sketchnotes are a form of creative expression that transforms experience into an aesthetically pleasing visual medium. In this course you will learn skills and techniques of how to sketchnote — from good listening, to drawing images, to evoking visual metaphors. You will engage in the sketchnoting process by translating spoken-word lectures into creative visual notes. Sketchnotes can be shared freely and are a great way to extend your Chautauqua experience to a wide social network. (ages 13+)

Week 5, July 22-25 / M-Th / 3:30-4:45 p.m. Turner 210

Fees: 4 sessions • \$79 1 session at door • \$25

#### 2725 • SPEAKING FROM THE **MARGINS**

#### Carol Jablonski

How can we re-engage the public conversation and make a difference in our communities and the larger world? This course offers an opportunity to explore these questions while looking at historical speeches and speakers that made a difference in times not unlike our own. Studying those who spoke out against injustice while raising the level of public discourse can help us find our own place and voice in the public conversation today. (ages 16+)

Week 5, July 22-25 / M-Th / 3:30-4:45 p.m. Hultquist 201B

Fees: 4 sessions • \$79

1 session at door (first day only) • \$25



#### Kaye Lindauer

The most successful films speak to the archetypal nature of being human. Selected excerpts from recent and some not-sorecent films included, most notably the only film referred to by Jung. What are some of the characters' unconscious issues brought forth in the films? (ages 16+) Week 5, July 22-26 / M-F / 12:30-1:30 p.m.

Hultquist 101 Fees: 5 sessions • \$85

1 session at door • \$25

#### 2727 • ACROSS POLITICAL AND **RELIGIOUS DIVIDES**

#### Jean Chandler

Our country is so divided politically and religiously. Learn to listen empathetically and non-judgmentally to others. Learn to identify your values and talk from them. Learn why refuting an argument may only serve to reinforce the person's original views and how to avoid that. We will do exercises to practice civil discourse even on political and religious topics we feel strongly about. (ages 16+)

Week 5, July 22-26 / M-F / 12:30-1:45 p.m. Smith Library Classroom

Fees: 5 sessions • \$89 1 session at door • \$25









# **RETHINK: DIVE DEEPER** WITH NATIONAL GEOGRAPHIC SOCIETY

In Week Three of the 2019 season, Chautauqua Institution explores "A Planet in Balance" in partnership with National Geographic Society. Each afternoon offers the opportunity to engage with the day's Amphitheater lecturer in a classroom setting, digging deeper into the issues examined from stage that morning, learning more about the speaker's extensive work, and discussing ways in which one can apply such learning within their community and their world. Course descriptions will be available at classes.chq.org beginning May 1. (ages 14+)







#### 2713 • A CONVERSATION WITH COREY JASKOLSKI

Corey Jaskolski is an inventor, engineer, National Geographic Fellow, photographer, AR and VR developer, and an explorer who specializes in creating technologies for some of the most challenging environments on Earth. Jaskolski has developed a suite of exploration technologies including archaeology search drones, robotic underwater camera systems, color night vision platforms, 3D scanning camera traps, and underwater laser scanners. His technical imaging and scanning work has taken him to some of the world's most sacred and beautiful places including dives in the frigid waters of Antarctica for VR capture, 3D scanning in the Tomb of Jesus, working 12,500 feet deep in a three-man submersible on the wreck of the Titanic, spherical image capture inside Tut's tomb, aerial LIDAR scanning of Chichen Itza, VR capture in some of Italy's most iconic cathedrals, and deep into underwater caves containing Mayan human sacrifice victims for 3D scanning. Week 3, July 8 / M / 3:30-5 p.m. / Hultquist 101 / Fees: 1 session • \$50



#### 2714 • A CONVERSATION WITH STEVE WINTER

Wildlife photographer Steve Winter has spent over 20 years leading photographic expeditions to remote locations around the world on a mission to document big cats. Winter's dedication to the protection of these iconic animals on the brink of extinction in the wild is evident throughout his career where he has served as an ambassador for the wildlife he photographs. Winter began shooting for National Geographic in 1991. He has covered many subjects for National Geographic Magazine, including the natural history of Cuba, Russia's giant Kamchatka bears, Myanmar's Irrawaddy River, snow leopards, cougars, Kaziranga National Park, tigers and leopards. Winter has been named BBC Wildlife Photographer of the Year and BBC Wildlife Photojournalist of the Year. In November 2013, National Geographic published Winter's photography book, Tigers Forever: Saving the World's Most Endangered Cat. Week 3, July 9 / Tu / 3:30-5 p.m. / Hultquist 101 / Fees: 1 session • \$50



#### 2715 • A CONVERSATION WITH RAE WYNN-GRANT

Rae Wynn-Grant is a conservation scientist, large-carnivore ecologist, nature storyteller, and advocate with expertise in using emerging technology to identify how humans are changing the way carnivores use landscapes. She is currently studying the ecological and social drivers of human-carnivore conflict and how human development can either facilitate or disrupt connectivity of carnivore habitat. She is carrying out this work in the Great Plains of northeast Montana where she is studying potential habitat corridors that can aid in grizzly bear conservation. Wynn-Grant is also a 2018 fellow with National Geographic Society working on carnivore conservation in partnership with the American Prairie Reserve. She is the Equity, Inclusion, and Diversity Officer on the Board of Governors for the Society for Conservation Biology, focusing on the tools needed for advancing issues related to equitable opportunity and representation in conservation biology. Week 3, July 10 / W / 3:30-5 p.m. / Hultquist 101 / Fees: 1 session • \$50



#### 2716 • A CONVERSATION WITH KEVIN HAND

Astrobiologist, planetary scientist and 2011 National Geographic Emerging Explorer Kevin Hand's research focuses on the origin, evolution, and distribution of life in the solar system, with an emphasis on moons of the outer solar system that likely harbor liquid water oceans. These ocean worlds are prime targets in our search for life beyond Earth. Working at NASA's Jet Propulsion Laboratory, Hand is helping plan a mission to Jupiter's moon Europa to get a closer look at a vast, sub-surface ocean and to see if it harbors any signs of alien life. In an effort to understand the extremes of life on Earth and how habitable other worlds might be, Hand has traveled to the most forbidding environments on Earth — from 87 degrees North in the Arctic to 77 degrees South in Antarctica, to over 19,000 feet above sea level on Mount Kilimanjaro to 12,000 feet deep in

Week 3, July 11 / Th / 3:30-5 p.m. / Hultquist 101 / Fees: 1 session • \$50

78 SPECIAL INTEREST SPECIAL STUDIES 2019

# 2728 • ENVIRONMENTAL ETHICS Peter Wenz

How much economic effort is required to combat global warming? What are our energy alternatives? Should scientists genetically engineer the anopheles mosquito to eradicate malaria? Should environmental values guide our behavior as consumers, influencing the kinds of cars we drive and clothes we wear? Should environmentalists be vegetarians or vegans? We'll discuss these and other matters at the intersection of modern life and environmental sustainability. (ages 14+) Week 5, July 22–26 / M–F / 1:45–3 p.m. Turner 105

Fees: 5 sessions • \$89 1 session at door • \$25

# 2729 • THE ROLE OF THE JUDICIARY IN AMERICA

Alan Gershenson

Abortion, campaign financing, same-sex marriage, gun control, prayer in schools, immigration. These are all subjects where the courts have held that laws or actions by democratically elected legislatures or executives are unconstitutional. How do those cases get to and through the court system? Are the courts acting properly or are they assuming too much power? We will discuss what should be the balance between the judicial and the elected legislative and executive branches. (ages 16+)
Week 5, July 22–26 / M–F / 9–10:15 a.m.

Turner 105 Fees: 5 sessions • \$89 1 session at door • \$25

# 2730 • ALLIES AND ACRONYMS: GENDER TODAY

### **Amy Schiller**

"Preferred pronouns." "Non-binary."
"Genderqueer." What do these mean? We are in a wonderful and confusing historical moment for gender identity and sexuality. Emotions often run high around such sensitive issues; this course is designed to be a safe introductory opportunity to clarify the terms and concepts behind sexuality today. Learn how to support loved ones and friends seeking recognition and respect, or better understand the increasingly public stories of people on the gender identity spectrum. (ages 16+)

Week 6, July 29–Aug. 1 / M–Th / 9–10:15 a.m. Turner 105

Fees: 4 sessions • \$79 1 session at door • \$25

# 2731 • VIRGIN MARY IN WESTERN ART

#### Kaye Lindauer

The historical overview of images of Mary will be coupled with commentary on both the art and the stories the art interprets. The focus will be on the conception of Mary, her childhood, her betrothal, the annunciation and the nativity. Sources for the commentary include both biblical and apocryphal writings. (ages 16+) Week 6, July 29–Aug. 2
M–F / 12:30–1:30 p.m. / Hultquist 101
Fees: 5 sessions • \$85

# 2732 • COMEDY ON TRIAL Sheldon Seligsohn

1 session at door • \$25

Law and lawyers are so pervasive in American life and popular culture that they invite parody. Numerous courtroom comedies have responded enthusiastically to that invitation. To demonstrate the legal effect of humor in trials, a veteran trial lawyer will use film clips from several movies: "My Cousin Vinny," "Chicago," "Legally Blonde," "Bananas" and others. (ages 15+) Week 6, July 29–Aug. 2 / M–F / 9–10:30 a.m. Hultquist 101

Fees: 5 sessions • \$95 1 session at door • \$29

# 2733 • HELP YOUR PET LIVE LONGER!

#### **Kevin Toman**

This course will offer dog and cat owners a better understanding of both their pet's health and how to use holistic veterinary care to help their pets live longer. Taught by an integrative veterinarian with over 30 years' experience, topics will include breed risks, preventive healthcare, diets, common medical problems and integrative healthcare. We'll discuss how to partner with your veterinarian to offer your pet optimal quality — and quantity — of life, and maybe even save a little money along the way. Students are encouraged to bring their own pets' health records for discussion. (ages 16+)

Week 6, July 29–Aug. 2 / M–F / 1–2:30 p.m. Turner 103

Fees: 5 sessions • \$95 1 session at door • \$29

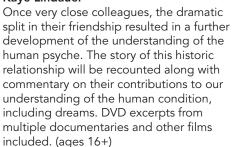
#### 2734 • DOGS: MAGIC TRICKS, MAGIC TOUCH

#### Skye Anderson

Tricks are fun! They come without expectations, so you are more relaxed. Try your paw at Twist, Spin, Around, Open/Close a Door, Bow, Pray, Crawl, Rollover. Remember, "It's all tricks!" Fifteen earns the Novice Trick Dog Title using positive reinforcement (send in application fee). Learn benefits of canine massage for healthy dogs and when not to massage. Practice strokes in a relaxed setting. Learn a short massage routine. Materials fee of \$5 due to instructor at start of class. (ages 14+) Week 6, July 29–Aug. 2 / M–F / 3:30–5 p.m. Turner 106

Fees: 5 sessions • \$95 / Materials fee • \$5 1 session at door (first 2 days only) • \$29

# **2735 • FREUD AND JUNG** Kaye Lindauer



Week 7, Aug. 5–9 / M–F / 12:30–1:30 p.m. Hultquist 101

Fees: 5 sessions • \$85 1 session at door • \$25

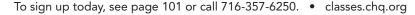
# 2736 • GRACE: IT'S HOW WE HEAL Helen Glaze & Brian W. Grant

A father-daughter team — both psychotherapists, one an internationalist and one a theologian — explores how we are gifted by evolution, God, and one another in contexts ranging from couples therapy, psychoanalysis, spiritual disciplines, and Truth and Reconciliation Commissions. How we survive on the sensitivity of others will be examined though the lenses of multiple bodies of thought and action. We will look at how to extend and receive grace, how we can get better at it, and when it's contraindicated. (ages 15+) Week 7, Aug. 5–9 / M–F / 12:30–1:30 p.m. Hultquist 201A

Fees: 5 sessions • \$79 1 session at door • \$21





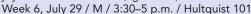


# Master Class with Rev. Susan Sparks

#### **2752 • PREACHING PUNCHLINES**

#### **Rev. Susan Sparks**

Drawing from her new book, Preaching Punchlines, Rev. Susan Sparks offers a fast-paced, entertaining presentation on how lessons from standup comedy can transform preaching. Leveraging two decades of experience as a preacher and a professional comedian, Susan will share how to edit, grab and hold an audience's attention, generate authenticity, identify material, avoid "hecklers," use humor for reconciliation and bring hope to broken hearts. Join us for this informative and joy-filled master class! (ages 18+)



Fees: 1 session • \$50



Rev. Susan Sparks is a trial lawyer turned standup comedian and Baptist preacher. Currently, the Senior Pastor of the historic Madison Avenue Baptist Church in New York City, her work with comedy has been featured in The New York Times, Oprah Magazine, CNN and ABC.

## 2737 • FENG SHUI BASICS

### Linda Ellson

Empower yourself by creating balance and harmony in your surroundings with Feng Shui, the ancient Chinese art and science of placement. Gain an understanding of the fundamentals and how to apply some basic techniques. Learn about the origins and history of Classical Feng Shui and examine various Feng Shui theories including Five Element Theory, Pa Qua, and 8 Mansions Formula. Helpful tips and resources provided for further exploration of this fascinating topic. (ages 14+)

Week 7, Aug. 9 / F / 1-3 p.m. / Hultquist 201B

Fees: 1 session • \$39

#### 2738 • VAN GOGH: HIS **LIFE AND WORK** Kaye Lindauer

Yes, the artist did cut off his ear in a state of madness! Come to know this genius and his paintings more fully through the retelling of stories of his life and commentary on his art. (ages 16+)

Week 8, Aug. 12-16 / M-F / 12:30-1:30 p.m. Hultquist 101

Fees: 5 sessions • \$85 1 session at door • \$25

### 2739 • INNOVATORS OF THE **HOLLYWOOD MUSICAL**

A

### Phillip Atteberry

This course spotlights artists who developed and advanced the Hollywood musical as an art form. Artists include Busby Berkeley, Judy Garland, Fred Astaire and Gene Kelly, among others. Each class will include extensive film excerpts interspersed with lecture and discussion. The purpose of the course is to reveal how the film musical both reflected and shaped American culture in the 20th century. (ages 14+)

Week 8, Aug. 12-16 / M-F / 4-5:15 p.m. Hultquist 101

Fees: 5 sessions • \$95 1 session at door • \$25

### 2740 • EVOLVING TRANSPORTATION AND URBANIZATION

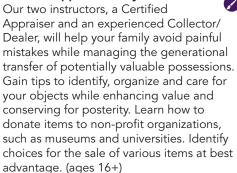
#### William Chamberlin

The patterns of U.S. urban growth have been influenced extensively by evolving modes of transportation. We will explore the technological developments and political forces enabling transitions from horse power to water transport to rail to highways and how this evolution has influenced urban life. Each transition has influenced urban development and raised issues. We will also consider how evolving mobility options such as self-driving vehicles and urban rail may impact future urban life. (ages 14+) Week 8, Aug. 12-16 / M-F / 4-5 p.m.

Turner 103

Fees: 5 sessions • \$79 1 session at door • \$21

### 2741 • BEYOND THE "ROAD SHOW" Robert Hopper & Nancy S. Willcox



Week 8, Aug. 12-16 / M-F / 9-10:15 a.m. Turner 103

Fees: 5 sessions • \$85 1 session at door • \$25

#### 2742 • UNDERSTANDING **CONTEMPORARY AFRICA** Claude Welch



Americans lack significant knowledge about Africa and its 54 diverse states. This course examines Africa in light of its geography, history, resources and peoples. After a general introduction to the entire continent, attention will be given to major African countries and to the roles of external powers. Major topics include African literature, nationalism and postindependence political developments. (ages 14+)

Week 8, Aug. 12-16 / M-F / 9-10:15 a.m. Hultquist 201A

Fees: 5 sessions • \$95 1 session at door • \$25

### 2743 • WOMEN CHALLENGING AND CHANGING POWER



#### Valerie Miller

Women globally organize to build their personal and collective power in the face of growing misogyny and violence. Courageous and creative, they defend not only their own rights but the dignity of their families and communities and the health of the planet. Their stories and strategies inspire. Through lively discussion and participation, we will examine their struggles while sampling some of their organizing approaches first hand facilitated by an expert in international women's rights (ages 16+) Week 8, Aug. 13-15 / Tu-Th / 8:30-10:30 a.m.

Hultquist 201B

Fees: 3 sessions • \$89











80 SPECIAL INTEREST SPECIAL STUDIES 2019

#### 2744 • GLOBAL POWER AND THE **RULE OF LAW**

### **Donna Schuele**

Warfare may be the ultimate expression of power among nations, but various tools have been developed in the modern era to settle differences peaceably. This course explores the growing reliance on international law, including the timehonored use of treaties, creation of a law of war, the mission of the United Nations. the Nuremberg trials' criminalization of genocide, and the establishment of modern international claims and criminal tribunals. We will conclude by exploring the rejection of globalism by the current administration. (ages 14+)

Week 8, Aug. 12-16 / M-F / 9:15-10:30 a.m.

Smith Library Classroom Fees: 5 sessions • \$95 1 session at door • \$25

### 2746 • EXPLORING RACE AND **CULTURE AT THE MOVIES**

#### Jack Garner

To align with the Week Nine theme of "Exploring Race and Culture in America," this course examines the challenges, gifts, and defining characteristics of various ethnic groups in America, be they African American, Native American, Latino, Indian, or Asian, as depicted in the movies. (ages 14+)

Week 9, Aug. 19-21 / M-W / 9-10:30 a.m. Hultquist 101

Fees: 3 sessions • \$75 1 session at door • \$29

#### 2747 • WHAT TREE IS THAT? Celeste Janosko

For those who take walks in the woods. stroll down a tree-lined street or drive through a beautiful forest and wonder, "what tree is that?" By simply examining leaves and their placements on a branch, one can easily identify these beauties of nature by using a nature key. Factors influencing your choice of tree selection for landscaping will also be discussed as we become tree identifiers. (ages 16+) Week 9, Aug. 19-21 / M-W / 8:45-10:15 a.m. Turner 103

Fees: 3 sessions • \$75

1 session at door (first 2 days only) • \$29

# Master Class with Robin Wright

### 2745 • COVERING THE WORLD: FROM AFRICA TO **ANTARCTICA**

Robin Wright

She has covered every Middle East war, uprising and revolution since 1973, traveled with every president since Jimmy Carter, and witnessed monumental moments in world history. Veteran foreign affairs correspondent and journalist Robin Wright, who opens Week Eight's platform on "Shifting Global Power," shares highlights of her decades-long career covering wars and revolutions from more than 140 countries and across all seven continents. (ages 16+)

Week 8, Aug. 13 / T / 9-10:30 a.m. / Hultquist 101

Fees: 1 session • \$50



#### 2748 • RACE, RACISM AND **SCHOOLS**

#### Dr. Jenna Cushing-Leubner

Why do we see such racial disparities in our schools? What policies (historical and contemporary) can be changed to reverse these outcomes? We will examine how we got where we are today by first looking at historical economic, political, and social formations of race in the U.S. Then, we'll explore the historical policies and designs of schools in relationship to native/indigenous peoples, descendants of enslaved Africans, people of European descent, and Spanish speakers with roots in Latin America and the Caribbean. We will also see examples of schools that reverse these trends. (ages 14+)

Week 9, Aug. 19-22 / M-Th / 3:30-4:30 p.m.

Smith Library Classroom Fees: 4 sessions • \$69 1 session at door • \$21

### 2749 • ODYSSEUS: A HERO'S **ENCOUNTER WITH THE FEMININE Kave Lindauer**

Hear stories with commentary on excerpts from Homer's epic of the extraordinary relationship between Odysseus and both goddesses and mortal women during his 10-year journey to return to Ithaca after the Trojan War. Studied from the point of view of Jungian psychology, each episode will be looked at metaphorically as a reflection of our own journeys toward psychological wholeness. (ages 16+)

Week 9, Aug. 19-23 / M-F / 12:30-1:30 p.m. Hultquist 101

Fees: 5 sessions • \$85 1 session at door • \$25

#### 2750 • THE HISTORY OF AMERICAN **PUBLIC EDUCATION**



The K-12 public education system is among the most lauded and most contentious institutions in American history and contemporary discourse. This course will explore the history of public education in the United States from its New England roots through desegregation to the presentday reform efforts. In addition, we will examine the debates surrounding teacher retention, charter schools, and standardized testing. Participants will come away with an understanding of the vital role of education in the American democracy. (ages 14+) Week 9, Aug. 19-23 / M-F / 2:15-3:15 p.m. Hultquist 201B

Fees: 5 sessions • \$79 1 session at door • \$21

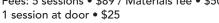
#### 2751 • THE INTERSECTION OF **FOOD AND FILM**

### Suzanne Cope & Tim Kiernan

Explore the intersections of food and film — both theoretically and experientially through watching, tasting and active discussion — as we explore film as a historical document that also represents a moment in time and place. By highlighting the way that food is represented in film over the last century alongside the power of film as its own medium for communication, we will also compare these two seemingly disparate mediums and how they can help bring awareness, create community, represent culture and inspire change. Includes in-class tastings and concurrent cinema offerings. Materials fee of \$50 due to instructor at start of class. (ages 18+) Week 9, Aug. 19-23 / M-F / 4-5:30 p.m. Hultquist 101

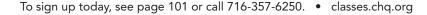
Fees: 5 sessions • \$89 / Materials fee • \$50











# Chautauqua **Theater Company**

### 2800 • PUTTING IT TOGETHER **Chautauqua Theater Company**

Ever wonder what it really takes to put on a show? Spend a week behind the scenes at CTC! Each day, a different piece of the process will be examined under the guidance of CTC professionals. Participants will go inside the costume, scene and prop shops, sit in on part of a tech rehearsal, and get an in-depth backstage tour! A veritable slough of "visiting professors" will explain the trade from their perspectives, and open your eyes to the many wonderful possibilities for involvement in the theater. Originally geared only toward younger students, we have opened up the course this year to the many adults who've been banging down the door to see the pieces of the intricate puzzle of theater production as they are moved into place by passionate artists. (ages 14+)

Week 5, July 22-26 / M-F / 2-3:30 p.m.

Hall of Ed. (Sheldon) Rm. 202 Fees: 5 sessions • \$95

1 session at door • \$29

# **Theater: Other**

#### 2900 • ACTING WORKSHOP Melissa Sivvy

This class is for anyone who enjoys acting or has always wanted to try. Learn valuable concepts and techniques for preparing monologues, performing scenes and auditioning for plays. Go home this year ready to try out for your community theater! Also includes improvisation and vocal work for improving skills in anything from playing charades to public speaking. No experience necessary! (ages 14+) Week 4, July 15-18 / M-Th / 2-4 p.m. Turner Conference Room

Fees: 4 sessions • \$105

#### 2901 • IMPROVISATIONAL THEATER SKILLS Sasha DC Orr

In this class, you will be on your feet 80% of the time, performing a wide range of improv exercises. No experience necessary. Each activity is tied to a valuable acting skill, and you will learn how to assess and expand these skills. Much fun will be had by all. Over three days, your burgeoning understanding of humor and character development will culminate in a small group performance of a piece which

your teammates have designed. (ages 10+) Week 6, July 29-31 / M-W / 3:30-5 p.m. Turner 105

1 session at door (first day only) • \$29

#### 2902 • IMPROV FOR LIFE John C. Barthelmes

Fees: 3 sessions • \$75

"I can't do improv." The first rule of improv is the "Yes!" — so yes you can! Learn from a professional improv performer and trainer the tricks to make improv scenes successful. You'll also learn how to apply improv techniques to stage performance, presentations and professional situations like sales, training, confrontation and negotiation. Plus, you'll learn how to make people laugh! (ages 14+)

Week 9, Aug. 19-23 / M-F / 3:15-4:15 p.m. Turner Conference Room

Fees: 5 sessions • \$79

1 session at door (first day only) • \$21

#### 117 • BROADWAY KIDS!

Melissa Charles

See page 12 for details.

#### 122 • IMPROVISATION FOR YOUNG **PEOPLE**

Elise Morrison

See page 13 for details.

#### 126 • UNEXPECTED FUN! IMPROV FOR **KIDS**

Jody Brooks & Gary Shields See page 14 for details.

#### 133 • WHAT'S MY LINE? IMPROV **FOR KIDS**

John C. Barthelmes

See page 15 for details.

#### 1801 • MAJOR DILEMMAS IN **SHAKESPEARE**

**Ruth Gerrard Cole** See page 58 for details.

### 1804 • SHAKESPEARE AND TWAIN **Ruth Gerrard Cole**

See page 58 for details.

#### 2203 • BACKSTAGE AT THE OPERA Nancy A. Seel

See page 63 for details.

#### 2204 • UNDERSTANDING OPERA: THE **BARBER OF SEVILLE**

Nancy A. Seel

See page 63 for details.

### 2207 • UNDERSTANDING OPERA: **GHOSTS OF VERSAILLES**

Nancy A. Seel

See page 65 for details.

#### 2316 • YES, LET'S! SPARKING YOUR CREATIVITY

Jody Brooks & Gary Shields See page 68 for details.

2700 • WAGNER'S RING CYCLE

**Kaye Lindauer** 

See page 74 for details.





82 ONE-DAY WORKSHOPS SPECIAL STUDIES 2019

# **RECHARGE: ONE-DAY WORKSHOPS**

If you only have a short time to spend in a class, consider taking one of these one-day workshops to recharge. In many instances, you may also attend one day only of a multiple-day course. For more information, see individual course listings. Master Classes provide additional opportunities for single-session courses and are listed on page 100.



William Kuntz and Selina Uglow lead one-day culinary classes (page 26)

### **Art**

304 • ART IN PARIS FOR TRAVELERS (BRIEFLY)

Week 8, Aug. 15

## **Computer Classes**

**501, 502 • INTERNET SAFETY BEST PRACTICES** Weeks 1–8 / M or F

# **Culinary Arts**

604, 605 • THE BOURBON EXPERIENCE

Week 1, June 25 / Week 2, July 2 / Week 1, June 26 / Week 2, July 3

615 • PANCAKE PARTY!

Week 4, July 18 / Week 5, July 25

618 • BREAKFAST FOR BUSY LIVES!

Week 5, July 22

**619 • SNACKS THAT KIDS CAN MAKE THEMSELVES!** Week 5, July 23

**620 • HEALTHY EATING AND EXERCISE EVERYDAY** Week 5, July 24

606 • WHAT'S TERROIR?: VINEYARD WALK AND WINE TASTINGS

Week 2, July 2 / Week 5, July 23 / Week 7, Aug. 6 / Week 8, Aug. 13

614, 622, 628 • CLASSES AT GREEN HERON GROWERS

Week 4, July 17 / Week 5, July 24 / Week 8, Aug. 14

### **Handcrafts & Hobbies**

1105 • SIT AND SEW SATURDAY

Week 1, June 29 / Week 2, July 6 / Week 3, July 13

**1106 • RESIN PENDANTS: INSTANT GRATIFICATION!** Weeks 1, 2, 4, 5, 6, 8, 9 / Tu

1117 • DYED SILK SCARVES: QUICK, EASY AND FUN Week 3, July 8 / Week 7, Aug. 5

1121 • EXPLORING ALCOHOL INKS

Week 4, July 18 / Week 9, Aug. 22

1125 • CORDAGE WORKSHOP

Week 5, July 25

### Health

1300 • INTRODUCTION TO AROMATHERAPY

Week 1, June 24 / Week 4, July 15

**1308 • LAUGHTER WORKS: HUMOR, PLAY AND HEALTH** Week 6, Aug. 2

## Writing & Literature

**1802 • SATURDAY MORNING SHORT STORY DISCUSSION** Weeks 1–8 / Sa

### Music

**2003 • ACCESS TO ARTISTS: DONALD SINTA QUARTET** Week 8, Aug. 13

**2202 • MUSIC: ENERGY TO CHANGE OUR WORLD** Week 1, June 28

## **Photography**

2402 • TWILIGHT PHOTOGRAPHY SESSION

Week 1, June 25 / Week 2, July 2

# Sailing

2604, 2605 • GUIDED SAILING EXPERIENCE

Weeks 1-9 / Tu or Th

# **Special Interest**

2737 • FENG SHUI BASICS

Week 7, Aug. 9

# **Faculty Biographies**

#### **MARTIN ADAMS**

The Origins of Jazz (p. 65) Teacher of jazz history and appreciation for 19 years in N.Y. and Florida continuous learning institutions. Played sax and "studied" Thelonious Monk, John Coltrane, Miles Davis, etc., in the nightclubs of Manhattan in the 50s and 60s.

#### MARGO AGUIRRE

Linoleum Block Printing (p. 38); Mosaics with Tile and Glass (p. 37)

A.A., art, Peace College. Taught art and Design courses at Nova Univ. and Broward College. Owned home furnishing store and art gallery featuring self created works for 4 years. Teaching at Chautaugua for 11 years. Owner of largest interior design/ staging firm in Fort Lauderdale for the past 25 years.

#### **BRIDGET ALEX**

Human Evolution and Prehistory (p. 73) Ph.D., archaeology & human evolutionary biology, Harvard; B.A., chemistry & anthropology, Dartmouth. Science writer. Lecturer in human evolutionary biology, Harvard. Website: http://scholar.harvard.edu/bridget-alex/home

#### JEFFERY RENARD ALLEN

Distortion, the Other Magical Realism (p. 54) Jeffery Renard Allen is a professor of creative writing at the Univ. of Virginia and the author of five books, including two award-winning novels, Rails Under My Back and Song of the Shank. His short-story collection, Holding Pattern, won the Ernest J. Gaines Award for Literary Excellence.

#### MARIE ALLEN CARROLL

Journey To Discovery (p. 67) B.A., English literature, College of William & Mary; M.S., clinical community counseling, Johns Hopkins Univ.; Ph.D., psychology, family psychology. Teaches at secondary, tertiary, graduate levels. Clinical director, counseling psychologist, psychotherapist, The Discovery Clinic, Renascence Institute International. Director of training and curriculum development, The Family: People Helping People.

#### JACK ALPERN

The Inheritance We Leave to Our Heirs (p. 23) B.A., J.D., The Ohio State Univ.; post-graduate courses, basic and estate planning, Case Western Reserve Univ. College of Law; 47 years practicing law and helping more than 3,000 clients plan their estates.

#### MARK ALTSCHULER

Saturday Morning Short Story (p. 58); Short Story Discussion (p. 59); Short Story: Alice Munro (p. 59); Short Story: War Stories (p. 59) Mark Altschuler has taught for over 30 years at the high school and college levels and for 20 years in Chautauqua's Special Studies program. He has learned that discussion classes work exceedingly well with Chautauqua participants.

#### JAN ANANIAN

Dear Diary Meets Bullet Journaling (p. 57) B.A., English, Univ. of Massachusetts. Phi Beta Kappa. Lifelong journal keeper; writes for pleasure and as a way to capture the moment, enhance creativity and set goals. Studies journal writing techniques and the famous diarists who have incorporated them. Taught high school English students the fundamentals and creative possibilities of writing.

#### **SKYE ANDERSON**

Dogs: Magic Tricks, Magic Touch (p. 78) M.S., biology, Univ. of Minnesota. College instructor. Certified Trick Dog Instructor, Certified Professional Dog Trainer. Certified in Canine Massage, 2002. Reward-based, force-free, positive-reinforcement, clicker dog trainer for 25 years: puppy socialization, canine body language, behavior, service dogs. Active in Association of Professional Dog Trainers (task force chair, conference staff, book reviewer). Creator of EverythingDogBlog.

#### **DIANE ANDRASIK**

Advance Your Photography . . . (p. 69); Better Camera Phone Photography (p. 69); Fundamentals of Photography (p. 68); Get Off Auto . . . (p. 68); Photographing Porches, Boats . . . (p. 69); Twilight Photography Session (p. 69) B.A., M.A., SUNY Fredonia. Thirty-four years' experience teaching high school. Professional portrait and landscape photographer for 40 years, with work placed at Chautauqua Bookstore and other venues. Twenty-eighth year instructing in Special Studies. Author of Arcadia pictorial history book, Dunkirk. Member of SNAPP, PPSNYS, NAPP. Dunkirk City Historian. dianeandrasikphotography.com

#### **MEREDITH ANDREWS**

Toddler Time (p. 10)

B.A., M.A., Allegheny College. Twenty-five years' teaching experience in elementary school K-4; currently teaching fourth grade at Karigon Elementary School in Clifton Park, NY.

#### **BONNIE ASHMORE**

Young Artists Age 6-11 (p. 18)

M.F.A., American Univ.; B.A., fine arts, post-baccalaureate certificate in painting, Brandeis Univ. Bonnie first attended the Chautauqua School of Art as an undergraduate for two years, has been on the VACI faculty for the last six summers, and is a painter and printmaker. Full-time faculty in fine arts/visual studies department at North Shore Community College in Danvers, MA. Member of Gallery 263 in Cambridge, MA, and has shown work in group and solo shows in the U.S. and Canada. www.bonnieashmore.com

### PHILLIP ATTEBERRY

Innovators of the Hollywood Musical (p. 79) B.A., education, Univ of Evansville; M.A., English, Washington Univ.; Ph.D., English, Washington Univ. Thirty-five years of university teaching experience; currently teaching English and History of Jazz and Intro to Film at U of Pitt-Titusville. Recipient, Outstanding University Teaching Award, Lincoln Memorial University, 1989. Contributor and editorial consultant to several music publications.

#### KAREN AUER

"Stained Glass" Iris or Poppy Wallhanging (p. 37) B.A., Purdue Univ.; M.S., Purdue Univ. Thirty years of biology and chemistry teaching experience, high school and middle school. Currently retired, an avid quilter/sewer/knitter and an active member of a large guilt guild. Have shown guilts and won awards at local quilt shows. Teach quilt classes locally.

#### В

#### KRISTYN BANGO

Introduction to Aromatherapy (p. 47) Level 3 Certified Clinical Aromatherapist; Master Herbalist. Currently pursuing a degree in Dietary Supplement Science. Passionate about helping families live healthier lives by teaching them how to reduce illness and treat acute and chronic symptoms naturally. Takes the guess work out of using natural remedies so that they become safe and effective tools. www.puro.co

#### MICHAEL BARNDT

From Soundscapes to Symphonic Poems (p. 65); Listening to Movies: Decoding Film Scores (p. 76) B.S., Case Institute; PhD., School of Business, Case Western Reserve Univ. Thirty years of university and community teaching experience; currently classical music writer for Urban Milwaukee (a Milwaukee web journal) and presenter of a monthly classical music education series "Listening Together."

#### **PHILIP BARNES**

Ancient Biography (p. 58); Classic Comedy (p. 59); Great Greeks (p. 59); Remarkable Romans (p. 59) Undergraduate and graduate degrees from Bristol and Manchester Universities and King's College, London. Over 30 years teaching ancient languages, John Burroughs School, St. Louis, MO. Recipient of an "ovatio" for services to classics from Classical Association of Middle West & South. Led numerous study tours to Italy and Greece. Conducts a professional choir and has a weekly radio show.

#### MARCIA BARR

Environmental Games and Crafts (p. 11) B.S., civil engineering, Univ. of Pittsburgh. LEED (Leadership in Energy and Environmental Design) Accredited Professional. Thirty years of experience in environmental engineering with a focus on corporate compliance, waste reduction and minimizing chemical exposure of workers/ residents. Some teaching experience in middle and high schools. Independent environmental and educational consultant. YMCA fitness instructor and tennis teacher.

#### MARGARET BARRETT-WALOS

Mat Pilates (p. 45); Water Exercise (p. 46) B.S., M.S., education, Niagara Univ. Twenty-five years teaching physical education; two years teaching in Lahore, Pakistan. National competitor in Sprint and Olympic distance triathlon; competitive ballroom dancer. Certified Arthritis Foundation aquatic instructor. Certified Pilates and Silver Sneakers instructor. Has worked the last six years with Cleveland Clinic Women's Wellness Week. Resides in Boynton Beach, FL.

#### JOHN C. BARTHELMES

Improv for Life (p. 81); What's My Line? Improv for Kids (p. 15)

Owner, teacher and artistic director of Spotlight Studios for the Performing Arts in Fairport, NY. Director and music director for elementary, middle and high school shows all over Monroe and Wayne Counties. Adjunct instructor at St. John Fisher College teaching Acting and Improv since 1997. www.SpotlightArts.com

#### **CHRISTA BECK**

Kindermusik Plus Art (p. 10); Sign and Sing with Your Child (p. 10)

B.S., West Virginia Wesleyan College; M.S. Wake Forest Univ. Five years' college math teaching experience. Eighteen years as owner and Top Program educator at Kindermusik with Christa Beck. Employed as Coach for Kindermusik University at Kindermusik International.

#### KIT BENSON

Weaving With Plarn (p. 41)

B.A., Emory and Henry College; M.S., UT Martin; Ed.S., Univ. of West Georgia. Forty years' teaching experience, professional basket weaver and crafter. Started Yarn With a Mission, Mats for Missions and a local library Knitting Club. Kit learned to knit at age six which sparked her journey of crafting.

#### **PAUL BENSON**

A History of American Utopias (p. 50) B.A., Pacific Lutheran Univ.; Ph.D., Univ. of North Texas. Long-time professor of religion and humanities at Mountain View College; adjunct professor at Dallas Baptist Univ. Started teaching career in the Freedom Schools of rural Alabama; appointed director of five National Endowment for the Humanities' Institutes or Workshops with the most recent one on slavery in 2018; winner of four national teaching awards.

#### RABBI AARON BISNO

The Power of Speech in Judaism (p. 71) B.A., Washington Univ.; MSOD, Univ. of Pennsylvania; MAHL & Ordination, Hebrew Union College. Twenty-three years Reform rabbinate; Benemerenti Medal awarded to a non-Catholic by Pope Benedict XVI for "outstanding contributions to interfaith relations." Rabbi Bisno is a faculty member of FASPE: Fellowships at Auschwitz for the Study of Professional Ethics (FASPE), an intensive two-week study program in professional ethics and ethical leadership for seminarians of all religions.

#### MICHELLE BISNO

Pilates and Props (p. 45)

B.A., psychology, Univ. of Maryland; M.S., mental health counseling, St. Thomas Univ.; Ed.D., educational leadership, Nova Southeastern Univ. Serial entrepreneur and owner of: Achievement in Motion, human resources development; Modstone, importer of flexible stone; and Cardiomom, a mom and baby stroller fitness program. Has taught a variety of fitness classes for the past 35 years including at The White House under the Reagan/Bush administration.

#### JUSTIN BRAVER

A Beginner's Guide to Brewing Beer (p. 25) B.S., Univ. of Vermont. A passionate home brewer with over 25 years of experience, Justin has served as an assistant brewer in a world-class brewpub and as brewmaster/brewing instructor at a "You-Brew" establishment. An avid craft beer aficionado, he can occasionally be found furthering his education and conducting research at local beer festivals.

#### **DEBORAH H. BRIGGS**

Awakening the Sage Within (p. 67)
M.A., organizational psychology, Columbia
Univ.; B.A., psychology, CUNY. Certified Sageing® Leader from Sage-ing® International. Over
30 years' experience helping others discover,
celebrate and use their unique gifts through the
creation of Gymboree and Huntington Learning
Centers in NYC and Dancing Classrooms
Southeast Florida, all to help others find their best
selves and live in joy. www.sage-ing.org

#### **JODY BROOKS**

Unexpected Fun! Improv for Kids (p. 14); Yes, Let's! Sparking Your Creativity (p. 68) B.A., M.A., Ed.S., education, Univ. of Michigan; M.A., counseling, Oakland Univ. Graduate of Second City Improv Academy, Detroit, MI; Certified Bioenergetic Therapist in private practice for more 20 years; over 30 years' teaching and teacher consultant experience.

#### **BECKY BROWN**

Envisioning a Healthier You (p. 49)
B.S., pharmacy, Duquesne Univ. Certified Integrative Health Coach, Duke Integrative Medicine; National Board Certified Health & Wellness Coach (NBC-HWC). Registered pharmacist with 35 years' experience, knowledge of healthy lifestyle practices to enhance the treatment of chronic disease, and a passion to empower others to live a life of optimal health and graceful aging. Private integrative health coaching practice in the Pittsburgh area. www.livewell2agewell.com

#### JESSICA BRUDER

Narratives of Belonging (p. 54)
Jessica Bruder is an award-winning journalist whose work focuses on subcultures and economic justice. Her work on *Nomadland: Surviving America in the Twenty-First Century* (a 2018 CLSC selection) spanned three years and more than 15,000 miles of driving. She has been teaching at the Columbia School of Journalism since 2008.

#### STEPHANIE BUKOWSKI

Full Body Boot Camp (p. 46)

Stephanie is a certified personal trainer, Core and Functional Kickboxing instructor through FiTour. In additional to personal training, you can find her year round at Chautauqua Health & Fitness leading morning and evening group exercise classes. Stephanie embraces coaching her clients on their fitness journey at becoming mindfully focused and stronger.

#### **ALAN BUTLER**

Digital Privacy 101 (p. 73)
Senior counsel at EPIC, a non-profit research and advocacy center in Washington, DC, focusing public attention on emerging privacy and civil liberties issues. Files briefs and argues in privacy, transparency and civil liberties cases before the U.S. Supreme Court and other courts. He is also a recognized expert at the intersection of privacy,

technology, and communications policy.

#### **CASSANDRA BUTLER**

Self-Shiatsu: A Stress Buster Technique! (p. 49) B.S., Cornell Univ.; M.S., Syracuse Univ. Thirty years' experience in college and community education; currently massage therapist with Buffalo Brain and Spine Center. Offers consulting and teaching healing technologies to Buffalo Public Schools. Develops international workshops and retreats. Mastery in meditation, massage and healing technologies. International consulting practice.

#### **HUGH BUTLER**

Bridge for Absolute Beginners (p. 34); How To Defend A Bridge Hand (p. 36); Notrump Bridge Secrets Revealed (p. 34)

Established software development firm that became Computer Consultants Corporation, sold to Fortune 500 Financial Services firm in 2004, retired in 2007 to move to Chautauqua. Has served as trustee of mutual fund based in San Francisco since 1995. Active volunteer at Chautauqua and in surrounding county. Trustee; Chautauqua Institution; chair, Governance Committee, Chautauqua County Land Bank; chair, "Executives of Chautauqua."



#### ANDREA CALI

Broadway Tap: Beginning to Advanced Beginning (p. 32); Introduction to Broadway Tap (p. 32) B.A., Wellesley College; J.D., Case Western Reserve Univ. School of Law. Over 20 years of tap dance experience, in both Broadway and rhythm tap styles. Director of adult tap dance performance group since 2006. Nearly 35 years as an attorney for the Federal government, most recently employed by the Department of Justice in the immigration law area.

#### **REV. SUSAN CARTMELL**

Biblical Moments that Changed the World (p. 70) B.A., Mount Holyoke; M.Div., Harvard Divinity School; D.Min., Andover Newton Theological School; 36 years' experience teaching Bible stories and demonstrating connections between scripture and contemporary issues and questions for audiences in churches and community settings. Author of a book about how to find contemporary themes in scripture. Leader of workshops for clergy on using the Bible to address modern questions from 2015 to present. UnCommonPreacher.net

#### AMANDA CARUSO

Barre Fitness (p. 46); Indoor Cycling Party (p. 42) B.A., English, SUNY Fredonia. AFAA Personal Training Certification, ACE Group Fitness Certification, Exhale Barre Certification. Eight years' experience instructing both private and group fitness classes; four years' experience teaching barre and boutique cycling classes to groups up to 50 people.

#### **KAY CASKEY**

Laughter Works: Humor, Play and Health (p. 48) Life-long laugher Kay Caskey has studied humor and holistic health for decades. Teaches health and humor to graduate students at Western Michigan Univ. and through their company, Laughter Works, she and Laurie Young have presented over 1,000 keynotes and workshops all over the world to a variety of organizations in fields ranging from human service, education, health and business.

#### MARCELO HERNANDEZ CASTILLO

Poetry of Abundance: Exploring the Contemporary Long Poem (p. 53)

Marcelo Hernandez Castillo is the author of *Cenzontle*, winner of the A. Poulin, Jr. Poetry Prize and a GLCA New Writers Award. His first chapbook, *DULCE*, was the winner of the Drinking Gourd Prize and published by Northwestern University Press, and his memoir *Children of the Land* is forthcoming from Harper Collins in 2020.

#### **ROSANNA CENTANNI**

Simply Southern Italy (p. 29)

Rosanna is a native of Italy who leads customized small group tours to its southern regions. Wholesome, farm-fresh food is central to Italian life, and Rosanna routinely offers classes on authentic Italian cooking for her travelers. She holds a bachelor's from St. John Fisher College and served as director of an Italian cultural center at Nazareth College for 12 years.

#### PATRICIA CERMAK

Chautauqua in Needlepoint (p. 40) B.A., M.A., Kent State Univ. Thirty years' teaching experience for grades 6–9. Currently designing and teaching needlework for various guilds. Employed at a needlework shop and does the finishing for said shop.

#### WILLIAM CHAMBERLIN

Evolving Transportation and Urbanization (p. 79) M.S., B.A., chemistry, Miami U. (Ohio). Thirty-four years of R&D at Lubrizol developing lubricants for advanced power plants and alternative fuels; retired (to consultant) in 2004. Fellow, Society of Automotive Engineers; 2003 Outstanding Chemist of Year Award (Northeastern Ohio Am. Chem. Soc. Section); 19 publications, two book entries, 15 U.S. Patents.

#### JEAN CHANDLER

Across Political and Religious Divides (p. 76) B.A., Mount Holyoke College; M.A., Fletcher School of Law and Diplomacy; MAT and Ed.D., Harvard Graduate School of Education. Thirty-seven years' teaching experience in adult education programs and at graduate and undergraduate levels. Have traveled all over the world and lived in four European countries.

#### **MATT CHARLES**

Telling Your Organization's Story (p. 22) B.A., Univ. of Virginia; MPA, Virginia Commonwealth Univ.; DPA, Valdosta State Univ.; Certificate in Nonprofit Management, Duke Univ.; Accreditation in Public Relations, Public Relations Society of America. Over fifteen years' communication and nonprofit consulting and leadership experience in higher education and nonprofit organizations. Online learning consultant. Fulbright Specialist.

#### **MELISSA CHARLES**

Broadway Kids! (p. 12)

B.A., UVA. Ten years' teaching experience ages 5-adult; currently the producing artistic director of DMR Adventures, president of the Belmont Arts Collaborative, and drama teacher at the Village School. Member of Actors Equity Association and SAG-AFTRA, and on the Board of the Virginia Theatre Association. Recipient, 2018 Freddie G Fellowship. www.DMRAdventures.com

#### JEROME CHESLEY

Painting Chautauqua's Boats, Water and Sky (p. 20); Painting Florals and Still Life (p. 21) B.S., M.S., SUNY College at Buffalo; Univ. of Art-Siena, Italy. Over 20 years' teaching experience, high school and college. Teaches workshops throughout Florida. Judge/juror for art shows and exhibitions. 2018 president and signature member of Florida Watercolor Society. FSWS Master Signature member and past president. Board member of Florida arts organizations.

#### PIA CIVILETTI

Fast, Easy, Healthy: Desserts (p. 29); Fast, Easy, Healthy: Juicing Power (p. 29)
B.S., Penn State Univ. Certified Health Coach, IIN, Reiki Master and former Certified Personal Trainer. Pia educates her clients on what goes in the body, on the body and around the body. A body, mind and spirit approach is used to lead her clients to a happier and healthier life.

#### **CAROL CLARK**

Money Matters ... (p. 23); Trump Economy ... (p. 23) B.A., Wesleyan Univ.; M.B.A., Cornell Univ. CFA with 28 years of financial markets experience. Carol founded OnCenter Financial to serve the wealth management needs of baby boomers and retirees. Vice president at BioEnterprise for 11 years where she was managing director of a private equity fund that delivered a 72% IRR. Previously managing director and portfolio manager at Bank of Boston where she managed a \$2 billion portfolio.

#### DIANE K. CLARK

The Sacredness of the Spoken Word (p. 71) B.A., M.A., Indiana Univ. of Pa.; 33 years' teaching experience in Chautauqua Children's School, elementary and secondary public schools, Univ. of Pennsylvania. Director of Greystone Nature Preserve offering experiential, environmental education to people of all ages and abilities. Member, Wolf Clan Teaching Lodge of the Seneca Nation. Speaker, Environmental and Peace Conferences Europe/Japan. www.greystonenaturepreserve.com

#### KATIE CLARK

Little Dancer (p. 31); Yoga Kids (p. 10, 11) B.S., dance education, UNC - Greensboro. Over 20 years' teaching experience at Fairmount Center for the Arts/Chery's Gymnastics and Beyond and Gilmour Academy in Cleveland; teaching toddler/ preschool dance, yoga and gymnastics.

#### WENDY COHEN

Dyed Silk Scarves (p. 39); Glass Fusing (p. 37); Resin Pendants (p. 37)

Twelve years' experience teaching glass fusing, resin and other craft classes to children and adults of all ages in classes and privately. Creates and sells work in Chautauqua and Florida. Extensive experience in glass and ceramics.

#### SHAYNE COKERDEM

What in the World Is Going On? (p. 13) B.A., Phi Beta Kappa, economics and psychology-based human relations, Connecticut College; M.A.T., history and politics, Duke Univ. Twenty years' experience as high school teacher, principal and business administrator; AP Exam Reader. Teaches IB psychology and global studies at The American School of Warsaw, Poland.

#### DIANE COKERDEM-DEPRIEST

M4th Mania: Games, Magic and Art (p. 12) B.A., economics, Dartmouth College; M.Ed., math education, Harvard Univ. Twenty years as high school math teacher and department chair; currently teaches IB math at American School of Warsaw, Poland. Grader, national AP Calculus Exam. Passionate about hands-on and differentiated learning.

#### **RUTH GERRARD COLE**

Major Dilemmas in Shakespeare (p. 58); Shakespeare and Twain (p. 58)

B.A., M.A.T., College of Wooster; 3 additional years graduate work in supervision, curriculum, gifted, theological studies. Thirty-three years of high school and college teaching; 19 years as gifted coordinator; 25 years of teaching Shakespeare elective; 10 years of teaching English language history; publications in Shakespeare, gifted, linguistics; Master's thesis on Shakespeare's Histories; 20 years of teaching Special Studies and Road Scholar; extensive speaking engagements.

#### **MARTHA COLLINS**

Growing the Poem (p. 53)

Martha Collins is the author, most recently, of Night Unto Night, Admit One: An American Scrapbook, Day Unto Day, White Papers and Blue Front, winner of an Anisfield-Wolf Book Award. Collins founded the Creative Writing Program at UMass-Boston and for 10 years was Pauline Delaney Professor of Creative Writing at Oberlin College.

#### **MEGHAN COLLINS**

Immersion in Environmental Science (p. 12) I develop and manage STEM education programs at the Desert Research Institute in Reno, Nevada. I believe that experiential learning, which is immersive and practical, is a direct channel to fostering curiosity and interest in the world around us. My team and I have developed a citizen science project called Stories in the Snow in which students take pictures of freshly-fallen snow crystals for science.

#### NICOLE COOLEY

Writing About the Difficult and Finding Grace in Poetry (p. 54)

Nicole Cooley is the author of six books of poems, most recently *Of Marriage* and *Girl after Girl after Girl*. Her honors include the Academy of American Poets Walt Whitman Award and the Poetry Society of America's Emily Dickinson Award. Cooley directs the MFA Program in Creative Writing and Literary Translation at Queens College, CUNY, and was most recently a writer-in-residence at Chautauqua in 2016.

#### LAURA P. COOMBS

Posture Camp for Active Adults (p. 48) B.S., Stony Brook Univ.; M.S., exercise physiology, Queens College. Twenty-five plus year career in sports medicine with professional experience in NYC corporate fitness and physical therapy facilities, Toyota Motor Manufacturing ergonomics, high school and college sports sidelines and college classrooms. Currently works in Lexington, KY as a posture coach and personal trainer who specializes in clients with "OVER 50" bodies and "UNDER 40" attitudes. www.fixitshopky.com

#### **SUZANNE COPE**

The Intersection of Food and Film (p. 80) Ph.D., adult learning; MFA, creative nonfiction. Ten years' teaching experience, currently at NYU. Food studies scholar and narrative journalist, author of the book *Small Batch* and articles for the *New York Times, Washington Post*, CNN, BBC and *The Atlantic*, among others.

#### SAMANTHA CRISAFULLI

Chautauqua Rocks! (p. 39); Geocache CHQ! (p. 11) B.S., psychology, Univ. of Washington; M.S., education, Nova Southeastern Univ. Eighteen years of teaching 5–7th grade science and math. Project Lead the Way STEM certified, culinary training in Italy, Master Culinary Instructor for Italian Cuisine. Teaches private lessons for adults and children in conversational Italian and Italian cooking classes.

#### LYNN CUNNINGHAM

The Life of the Written Word (p. 56) B.A., Univ. of Toronto; M.A., interdisciplinary studies, York Univ. Twenty years' experience as a magazine editor, including *Toronto Life*, *Canadian Business*. Much experience developing professional development programs. Faculty member, Ryerson Univ. School of Journalism, 1992–2014. Recipient, Outstanding Achievement Award, National Magazine Awards Foundation, 1999. Award-winning writer. Freelance editor.

#### **PAGE CURRY**

French for Travelers (p. 33)

A.B., M.A., French, Middlebury College; DML, French/Spanish, 1994, Middlebury. Over 30 years' experience teaching middle school, high school and college level French and Spanish, as well as continuing education classes for adults including at Chautauqua and Veritas at Bellarmine Univ. Received IN AATF outstanding French teacher award, 1990, and several grants/awards for travel to France, Senegal, Spanish-speaking countries.

#### JOAN CUSHING

Painting with Paper (p. 41); Ukrainian Egg Decorating (p. 41)

B.F.A., Virginia Commonwealth Univ. Joan possesses a lifelong interest and knowledge of art and folkcrafts. She has studied with and been mentored by artisans and professional artists across the U.S. These include: the centuries-old art form of Pysanky, the Ukrainian art of egg decoration, with which she fell in love; the cross-cultural practices of labyrinth making and meditation; and paper collaging in a variety of traditions.

#### DR. JENNA CUSHING-LEUBNER

"Wie, bitte?" German Conversation (p. 33);
Race, Racism and Schools (p. 80)
B.A., Univ. of Wisconsin: Eau Claire; M.A.,
TESOL, Hamline Univ.; Ph.D., Univ. of Minnesota.
Fifteen years' experience in language education.
Currently assistant professor at Univ. of Wisconsin,
Whitewater. Research and teaching focuses on:
race, language and power in U.S. schools; heritage
language education; and culturally responsive
teacher preparation. Recipient of numerous
awards for community engaged research.

#### RICHARD R. CUYLER

Juggling II (p. 34); Art and Sport of Juggling (p. 34) Former professional actor and director, has entertained in the U.S. and Europe for over three decades as Dickens, The Clown. Has taught juggling to all ages for over 30 years. Currently lives with his wife in western N.C.

#### D

#### GEORGE D. DALBO

Literary Representation of the Holocaust (p. 52); The History of American Public Education (p. 80) Ph.D. student, social studies education and genocide studies, Univ. of Minnesota; M.A., history, Univ. of Vienna; M.Ed., social studies education, College of St. Scholastica; B.A., history and German, Univ. of Buffalo. Recipient, Fulbright Grant to Austria. Over 10 years' experience teaching secondary and post-secondary courses in history, German and education.

#### **ELIOT DALEY**

Writing a Great Letter-to-the-Editor (p. 57) B.A., M.A., California State Univ. at Fresno; M.Div., San Francisco Theological Seminary. Co-writer (with Fred Rogers) of "Mister Rogers' Neighborhood"; first president of the Mister Rogers company. Later career as founder/leader of several consulting companies serving the healthcare world. Retired to full-time writing of OpEds and LTEs. www.eliotdaley.com

#### JULIE DANAN

Radical Rabbinic Torah: Intro to the Talmud (p. 71) B.A., English literature, Tel Aviv Univ.; M.A., Ph.D., Hebrew studies, Univ. of Texas at Austin. Rabbi, Pleasantville Community Synagogue, previously Congregation Beth Israel, Chico, CA; Congregation Beth Am, San Antonio. Adjunct faculty, Academy for Jewish Religion, ALEPH Rabbinic Program; previously California State Univ., Chico. Fellow with Rabbis Without Borders, LEAP (Clal and the Herbert D. Katz Center). wellspringsofwisdom.com

#### **PERRY DANE**

Reimagining the Constitution: A Workshop (p. 51)

B.A.; Yale College; J.D.; Yale Law School. Law clerk, 1982–83, to William J. Brennan, Jr., Associate Justice of the U.S. Supreme Court. More than 30 years' experience teaching at Yale Law School and Rutgers Law School. Leading scholar on religion and the state and constitutional law. Frequent public speaker.

#### JIM DANIELS

Writing Lives, Writing Poems (p. 54)
Jim Daniels is the author of numerous collections of poetry, most recently *The Middle Ages and Street Calligraphy*. He has also edited or co-edited numerous poetry anthologies, most recently *Challenges to the Dream: The Best of the Martin Luther King, Jr. Day Writing Awards*. Daniels is the Thomas S. Baker University Professor at Carnegie Mellon Univ. and was most recently a writer-inresidence at Chautauqua in 2016.

#### MAXINE DAVIS

Move Into Life with Feldenkrais Method® (p. 47) B.A., music education, M.A., performance, SUNY College at Fredonia; Fulbright Scholar in Voice, Munich, Germany. Certified Feldenkrais Practitioner since 1991. Teaches Feldenkrais privately including to singers from the Lindemann Program at the Metropolitan Opera, ATM classes (92nd St. Y), workshops at universities (Duke, Greensboro, Fredonia) and conferences. www.maxinedavis.net

#### JOHN DEDAKIS

From Novice to Novelist (p. 58)
B.A., journalism, Univ. of Wisconsin-Madison.
Former senior editor for CNN's "The Situation
Room with Wolf Blitzer." Author of four mysterysuspense novels. His fourth, *Bullet in the Chamber*,
won a Feathered Quill book award. Has taught
journalism at Univ. of Maryland-College Park; leads
writing workshops at Politics & Prose Bookstore in
Washington, DC. www.johndedakis.com

#### **GEORGE DEUTSCH**

Abraham Lincoln: The Great Emancipator (p. 52) B.A., history, Mercyhurst Univ. Georgetown Univ. School of Foreign Service. Executive director, Erie County Historical Society. Published author; historian; PA Historical & Museum Commission Award of Merit; Erie County (PA) Local History Award; multiple speaking awards; co-founder of two historical non-profit organizations; member, Lincoln Group of Washington, DC.

#### AMY DIVIJAK

Toddler Time (p. 10)

M.A., teaching and teacher education, Univ. of Arizona; B.A., anthropology, Univ. of Arizona. Teacher in public and private schools since 1990; lifelong Chautauquan and parent.

#### AIMEE DOERSHUK

Fat Quarter Bag (p. 13); Sit & Sew Saturday (p. 37); 10-Minute Quilt Block (p. 38); 5-Minute Quilt Block (p. 38); Runaround Bag (p. 37); T-Shirt Quilt (p. 39) B.F.A., graphic design, Wittenberg Univ. Owner, Aimee Quilts LLC, a long arm quilting and custom quilt business. Works and teaches at Quilter's Source in Parma, OH. Over 20 years' quilting experience, has made over 150 t-shirt and memory quilts for customers world wide. Works with local teachers and scout troops on beginning sewing, quilting projects and badges. Lifelong Chautauquan.

#### SUSAN DORAN

Handmade Recycled Paper (p. 40); Intro to Bookbinding and Letterpress Printing (p. 40)
Printing technology management degree, Oswego State Univ., RIT. Graphic design business 16 years; 16 years in school district, building a recycling service learning program. Regional director and coordinator, Odyssey of the Mind. Multiple awards and recognition in art galleries. type24ink.com

#### **MARY DULLE**

Oh My, It's Pie! (p. 30)

Mary Dulle enjoys cooking for friends. For 10 years, she donated to a fundraiser the gift of one homemade pie a month for a year. This raised more money than any other item at the event. After over 120 pies, she knows how to get to "Yum!"

#### Е

#### **DEBRA MAGPIE EARLING**

The Writer's Toolbox: A Workshop of Generative Exploration for the Novelist (p. 55)

Debra Magpie Earning is a Native American novelist and short story writer. She is the author of *Perma Red*, winner of the American Book Award, and *The Lost Journals of Sacajewea*. Of the Bitterroot Salish (tribe), she is currently on the faculty of the Univ. of Montana at Missoula English department.

#### **DONNA EISENSTAT**

Discovering Appalachia (p. 59) B.A., English, Augustana College; M.A., English language and literature, Ph.D., linguistics, Univ. of Michigan. Over 20 years' college teaching experience, including 13 years at West Virginia Univ. Institute of Technology teaching topics in Appalachian studies. Presented professional papers

on Appalachian studies and on haiku poetry.

#### LINDA ELLSON

Feng Shui Basics (p. 79)

Certified Classical Feng Shui Practitioner for over 16 years and graduate of the American School of Classical Feng Shui; founder and owner of Feng Shui Your World, providing comprehensive Feng Shui services throughout North America for residential and commercial properties since 2002. Linda is an active speaker on the topic offering seminars to a variety of public and private groups, along with appearing on television, radio and in newsprint. www.fengshuiyourworld.biz

#### MATTHEW EVANS

The Bourbon Experience (p. 24)
B.A., UCLA; M.A., UVA. Twenty one years' teaching experience at the middle and high school levels. Earned recognition through the Stave and Thief Society as an Executive Bourbon Steward. Matt curates special bourbon tastings during the off-season in his adopted home town of Louisville, KY. Has taught bourbon related courses for four years at Chautauqua.

#### F

#### MARY I. FARR

Don't Postpone Joy (p. 66)
Rev. Mary Farr served fifteen years as chaplaincy director for Children's Hospital, Minnesota. A frequent speaker on health and wellness, her clients include Befriender Ministry, Parish Nurse Association, Hazelden Betty Ford Foundation and Minnesota Network of Hospice and Palliative Care. She received additional training from Harvard School of Mind Body Medicine; and Harvard School of Spirituality and Healing. She has published five books. www.desire-to-inspire.net

#### JOHN C. FAZIO

The Civil War: Causes . . . Consequences (p. 50) B.A., J.D., Case Western Reserve Univ. Practiced law for 24 years; president and managing editor of Justinian Publishing Co. for 29 years. Taught at Ohio Paralegal Inst., Cleveland State Univ., Mt. Union College and Chautauqua. President of Cleveland Civil War Roundtable. Published Decapitating the Union: Jefferson Davis, Judah Benjamin and the Plot to Assassinate Lincoln.

#### PAUL FEHRINGER

Cordage Workshop (p. 40); Nature Journaling for Youth (p. 13)

Paul Fehringer is the senior naturalist and executive director at Wild Spirit. He has been teaching about the natural world and our connection with it for more than 30 years. Paul loves to share his passion for nature with others through a hands-on approach, allowing you to experience the wonders of nature around you first hand.

#### **CARMEN FERRARO**

Adult Ceramics (p. 17); Handbuilding (p. 17) Mixed media artist based in Dayton, OH. Attends the Univ. of Cincinnati's College of Design, Architecture, Art, and Planning (DAAP). In many of her works, she investigates the relationship clay and mixed media materials have in both sculptural and functional pieces. Carmen works at Decoy Art Studio, a local art center and clay lab, where she instructs people of all ages with hand building and throwing techniques. http://Carmenferraro.com

#### MICHELLE FIFE

Long Needle Pine Basketry on Gourds (p. 40) B.A., M.S., Butler Univ. Retired in 2011 after 22 years of teaching middle school French. In 2005, awarded Outstanding Secondary French Teacher in Indiana. Enjoys sharing her love of pine needle basketry, knitting and scrapbooking. She is an avid mountain dulcimer player, but also can be found making music on her ukulele and autoharp. She loves traveling with her husband, especially to music festivals.

#### **TAMAR FIX**

Hebrew Today (p. 33)

Tamar Fix is a native of Israel and frequent traveler there. She is a graduate of Hebrew Univ. in Jerusalem, where she majored in Bible and Hebrew literature. She has taught Hebrew courses on all levels for several years at the Univ. of Rochester, SUNY Brockport, adult education and private tutoring. She has taught Hebrew at Chautaugua for over 20 years.

#### **AMY FLOWERS**

All Mixed Up: Exploring Mixed Media (p. 21) Self-taught working artist/instructor, teaching alternative art workshops and classes nationwide since 1995. Professional art handler and museum exhibit preparator working internationally, with a focus on contemporary art; member American Alliance of Museums. Currently based in Ohio with a studio painting practice in New Mexico. Paintings held in private collections nationwide. Member, Worthington Area Art League.

#### **NICOLE L. FONGER**

Sketchnotes: Spoken Word to Visual Notes (p. 76) B.A., Univ. of Saint Thomas; M.A., M.A., Ph.D., Western Michigan Univ. Assistant professor, Syracuse Univ. Twelve years of teaching experience across high school, undergraduate, graduate school, teacher professional development. Published writer and scholar in peer-reviewed journals and book chapters; recipient of All University Teaching Effectiveness Award and national Linking Research and Practice award for creative scholarship. nicolefonger.com

#### **SHARI FOOS**

Empathy in a Disconnected World (p. 67) M.S., narrative medicine, Columbia Univ.; M.A., clinical psychology, Antioch Univ. Founded The Narrative Method, a non-profit organization that works with social service agencies to develop empathy and mutual understanding, especially focused on serving at-risk youth, veterans and the homeless. Adjunct professor at Antioch Univ. teaching "The Narrative Method." Awarded Community Hero by New Directions for Veterans. thenarrativemethod.org

#### **CHARLES FOUNTAIN**

Ida Tarbell: At Chautauqua and Beyond (p. 50); Teddy Roosevelt: Jock President (p. 50) A.B., Boston College; M.S. Columbia Univ. Professor of journalism at Northeastern Univ. since 1985. Author of four books, including *The Betrayal: The 1919 World Series and the Birth of Modern Baseball*, named one of the Best Books of 2015 by *The Boston Globe*.

#### **DENISE MARIE FUGO**

Where'd the Money Go? (p. 23) CEO/CFO/CMO, CEOCoach, Small Business Investment Banker. Foodservice, finance, real Estate: sales/marketing, accounting/finance, human resources, operations, customer service, and web design/development. 21 commercial/ residential; historical renovation/new construction projects, working directly with architectural, engineering, and facilities maintenance.



#### MIMI GALLO

Paint and Passion: Famous Couples in Art (p. 18) B.S., journalism, Northwestern Univ. Co-founder of Art Partners, Inc., a nonprofit company that customizes art appreciation programs to fit the academic curriculum. Lectures at Roads Scholar, art clubs and communities and the Renaissance Academy, Florida Gulf Coast Univ. Chairman of the Asian Art and History Group at Artis-Naples, FL.

#### JACK GARNER

Exploring Race and Culture at the Movies (p. 80) B.A., St. Bonaventure Univ.; M.S., Syracuse Univ. Joined the *Rochester Times-Union* in 1970. Film critic for the *Democrat and Chronicle* starting in 1977. Appointed national film critic for Gannett in 1987. Taught film at Monroe Community College and Rochester Institute of technology. Received the Eastman Museum's prestigious George Eastman Medal of Honor. His memoir *From My Seat on the Aisle* is published by RIT Press.

#### **EVA GELMAN**

College Admissions Boot Camp (p. 15) B.A., M.S., Univ. at Buffalo. Educational consultant with over 20 years of experience in the college admissions profession, both as former associate director of admissions at Carnegie Mellon Univ., as well as former director of college guidance at Sewickley Academy. Selected to serve in both State and National Counseling Associations and has worked with hundreds of students nationwide on the college planning and selection process. www.mycollegequest.com

#### **RUTH GELMAN**

Easy to Learn Hebrew (p. 33)

B.A., Hebrew Univ., Jerusalem; M.A., higher education, Univ. of Pittsburgh. Certified teacher and founder of the Hebrew Program at the Univ. of Pittsburgh. Developed five levels of Hebrew language learning. Director and consultant for School of Advanced Jewish Studies in Pittsburgh, PA. Over thirty years' teaching experience of college and adult learners. Recipient, Outstanding and Inspiring Instructor Award.

#### JOHN GERBER

Fly Fishing 101 (p. 34)

B.M., Univ. of Cincinnati's College Conservatory of Music; M.M., Ph.D., Ohio Univ. Twenty-five years' teaching experience college. Currently retired and traveling the globe fly-fishing blue-ribbon streams from Africa to Alaska to Central America.

#### **ANTHONY GERO**

American History Through Music (p. 63) B.S., secondary education, S.U.C. at Oswego; M.A., history, S.U.C. at Cortland. Thirty-three years teaching high school; seven years as adjunct history instructor at Cayuga Community College; instructor at Chautauqua Institution since 2011. Fellow of the Company of Military Historians and holder of its Distinguished Service Award; author or co-author of five history books, three historical novels and 150 articles.

#### **ALAN GERSHENSON**

The Role of the Judiciary in America (p. 78) B.A., Pennsylvania State Univ.; J.D., Harvard Law School. Forty-two years' experience, primarily as partner at large law firm in Philadelphia, as trial lawyer, specializing in all aspects of commercial litigation. Taught courses for Pennsylvania Bar Institute, OLLI at Temple Univ. since 2015 and Chautauqua since 2018.

#### TAN GILLESPIE

The Hues in You (p. 21)

Tan Gillespie is a full-time contemporary watercolor painter. She holds a teaching degree from Worcester College of Education in England and has spent many years teaching watercolors to adults in the U.S. She has participated in over 20 group shows and 10 solo shows, and has traveled around the world for Cunard as their watercolor instructor on board Queen Mary in 2015 and Queen Elizabeth in the winter 2016.

#### **HELEN GLAZE**

Grace: It's How We Heal (p. 78)
B.A., Indiana Univ.; M.Sc., American Univ. School of International Service; M.A., Azusa Pacific Univ. Fifteen years' experience in international conflict management programs in the Middle East, Russia, South Asia and Africa. Started second career in 2013 as a marriage and family therapist, currently working in private practice in Claremont, CA.

#### **SUZANNE GLICK**

SAT Test Math Prep (p. 15)
B.A., John Carroll Univ.; M.S., Univ. of New
Hampshire. Twenty-five years' teaching
experience as a high school math teacher in OH
and NY, adjunct professor in college. Taught and
wrote the curriculum for "Test Smart," an SAT
prep course. Private tutor for SAT and ACT.

#### DALE GRAFF

Making Amazing Ice Cream (p. 27)
B.S., engineering, M.S., nuclear engineering,
Purdue Univ.; MBA, Univ. Chicago. Has pursued the
art and science of ice cream for over 60 years. Began
studies with the classics — vanilla and chocolate —
but now has embraced the avant garde, creating
visions in ginger, honey-lavender and bacon.
Teaches hands-on ice cream making to adults. Lives
in Raleigh, NC, with his wife and an ever-growing
number of ice cream machines and cookbooks.

#### **PAULA GRAFF**

Using Gel Printing to Speak Creatively (p. 40) Paula has worked as an educator, ran her own interior design business for 12 years, and helps empower women through art and life makeover groups. She studies alternative healing, enjoys meditation, jewelry making, photography, music, pottery and acrylic painting.

#### **BRIAN W. GRANT**

Grace: It's How We Heal (p. 78)

Ph.D., religion and personality, Univ. of Chicago; B.D., Lexington Theological Seminary; BSJ, Northwestern Univ. Fifty years' experience as psychoanalytic psychotherapist and marriage and family therapist, extensive travels and teaching in India, 1987–2009. Specialty in dissociative disorders and personality disorders. Longtime Chautauquan, 1981–present.

#### ALAN GREENBERG

Innovation, Investing and Longevity (p. 22); Rising Interest Rates, Rising Inflation . . . (p. 22) Investment professional for over 35 years and founding partner of the North Shore Group. Alan's mission is to make a difference in his clients' lives through education and providing holistic wealth-planning services with passion and integrity. He was president of Long Beach Library for three years and is on the Board of Directors for Long Island Elite. He has taught at Chautauqua for 12 years.

#### **RICK GRIDLEY**

Be Here Now (p. 68); Chi Gong for Health and Relaxation (p. 46)

B.A., Colgate Univ.; M.Div., McCormick Theological Seminary; M.L.I.S., Syracuse Univ. Yoga and Chi Gong instructor at Riverwalk Athletic Club since 2012; NYS K-12 public school librarian since 2006; Chautauqua instructor since 2013. www.heartscripting.com

#### **ELIZABETH GRIFFIN**

Spinal Comfort with the Feldenkrais Method® (p. 47)

Certified Feldenkrais Practitioner, Rocky Mountain Feldenkrais Professional Training Program. B.S., physical therapy, Ohio State Univ. Fourteen years specializing in manual therapy treatment of spinal and extremity dysfunctions. Experience teaching Feldenkrais Awareness Through Movement lessons to the public, at the Cleveland Institute of Music, and at Chautauqua.

#### MAUREEN RYAN GRIFFIN

Delicious Memories (p. 58); Telling Your Life Stories with Grace (p. 57); Writing Our Way to Happiness (p. 56)

B.S., education, Indiana Univ. of PA. Twenty years' experience teaching writing/creativity. Awardwinning author of *Spinning Words into Gold* and *Ten Thousand Cicadas Can't Be Wrong*. Recipient, Chautauqua Writers' Center Mary Jean Irion Award, 1998; first place in Chautauqua Readers & Writers Poetry Contest, 2007; Irene Blair Honeycutt Legacy Award, 2018. www.wordplaynow.com

#### SUSAN GROVER

Yoga for Everybody (p. 44)

Susan has practiced yoga for 26 years and has been a licensed yoga instructor since 2009. She provides a gentle, student-centered class that is easy to follow. Designed to bring ease and opening to all of the joints and muscles of the body, the class is popular with adults over forty, with weight lifters and other athletes and with those who want to destress or to ease particular body issues.

#### GAIL GRUNDSTROM

Music for Babies and Toddlers (p. 10) Kodaly certified levels 1-3, Master of Music, Silver Lake College, Wisconsin, Certified in all levels of Musikgarten early childhood curriculum, B.S. from Wheaton College. Nineteen years' teaching experience with early childhood music at Children's Music Studio, Jamestown, NY. Private piano teacher.

### DONALD GUASTAFERRO

Sight Singing: Learn Faster, Retain Longer (p. 62) Ed.D., Columbia Univ.; music education; M.M., piano/voice, SUNY at Fredonia. Twenty years' teaching experience in elementary, high school and university; 10 years' professional choral and solo singer of opera, Broadway, Radio City, etc. Presently teaching "Music For Life"in NYC studio, singing in church, Motet choir and giving concerts.



#### JIMIN HAN

Story, Plot, Structure: Telling the Difference and Telling It Well (p. 55)

Jimin Han was born in Seoul, Korea and grew up in Providence, Dayton, and Jamestown, NY. A Small Revolution, her first novel, was among Entropy's Best Fiction of 2017, Pleiades Editors' Choice 2017 and Electric Literature's list of Ten Galvanizing Books About Political Protest. She teaches at The Writing Institute at Sarah Lawrence College.

#### **BENJAMIN HANDEN**

Beginner Swing and Salsa for Fun (p. 31) B.A, Johns Hopkins Univ.; Ph.D., clinical psychology, Univ. of Mass., Amherst. Thirty-three years on faculty of Univ. of Pittsburgh. Twenty-five years' training and experience in ballroom dancing. Chautauqua Special Studies swing/chacha/salsa instructor (2011-2018).

#### **HOLLY HANNON**

Cycle Blast (p. 42)

Local elementary principal. Indoor group cycling instruction since 1999. Active YMCA certifications in pilates, group cycling, and group exercise. Additional trainings in Cycling Fusion and MOSSA Group Ride. Current AED and CPR.

#### KAREN HANSEN

Lakeside Yoga (p. 42)

Trained in the Sri Vidya Tradition, she completed her studies at the Himalayan Institute of Yoga Science & Philosophy earning 200 & 500 Hour Teacher and Ayurvedic Yoga Specialist Certifications. She is co-owner of Samsara Yoga Center in Jamestown, NY. Her classes focus on the subtle body cultivating mindfulness and calm.

#### MICHAEL HARITAN

Architectural Photography (p. 69); Chernobyl: Causes, Coverup . . . (p. 50); Magical Photography at Twilight (p. 69); Photo Safari Walks (p. 70) A.A., A.S. ,Community College of Allegheny County; B.A., Univ. of Pittsburgh; M.M., Duquesne Univ.; FEMA Certified. Teacher and commercial photographer for 34 years with HaritanPhotography.com and for PA Urban Search and Rescue Strike Team One. Photo safari leader of nature and architecture in U.S. and photo documentaries of folk culture, history, architecture and geography of Bulgaria, Turkey and Ukraine. HaritanPhotography.com

#### LYN HARRIS

Exploring Alcohol Inks (p. 39)

B.A., psychology, Univ. of Illinois Urbana; M.S.W., Loyola Univ. of Chicago. Thirty years' teaching experience at the college level. Zonta Woman of Achievement; owner, Lyn Harris Designs focusing on innovative and unique wearable art.

#### WILLIAM HARRISON

Worship in the Black Experience (p. 70) B.A., music, Indiana Univ. Twenty-one years in music ministry. Founder and artistic director of award-winning Fr. William T. Cunningham Memorial Choir. Currently finishing M.A. in music and worship, Liberty Univ.

#### **ROBIN HARTMANN**

Putt Putt Party (p. 11)

After graduating from Pratt Institute in 1978, Robin found herself working among pigs, bears and frogs at Jim Henson's Muppets as a puppet/costume designer/builder. She worked on "Sesame Street," "Fraggle Rock" and many Muppet movies. Upon leaving Muppets, Robin worked as a wardrobe assistant for a season of "Saturday Night Live" (1985). She moved to Cincinnati to design toys and worked on many feature films.

#### **ERNEST HARTWIG**

Understanding the U.S. Constitution (p. 51) B.S.Ed., social studies, Clarion Univ. of Pennsylvania; M.Ed., curriculum and instruction, Clarion Univ. of Pennsylvania. Thirteen years' teaching experience high school social studies at Forest Area School District PA; three years' experience teaching political science as adjunct instructor for Gannon Univ. and Northern Pennsylvania Regional College. Retired Army Special Forces 20 years.

#### ELIZABETH HAZARD

Flip or Flop: Profitable House Flipping (p. 22) B.A., Lake Forest College. Career in the high tech start-up field, then turned focus to helping nonprofits. Served on the boards of a variety of organizations and numerous community and school committees. Personally renovated and flipped seven houses before starting Building Charities. Currently flipping houses to raise money for charities and teaching house flipping classes. www.buildingcharities.com

#### KAREN HECKEL-MARMORATO

Slow Flow Yoga (p. 45); Yoga Basics (p. 45) Jivamukti NYC 300 teacher certification & Jivamukti NYC 800 hour teacher certification, Ayurveda & Yoga certification Integral Yoga Academy at Satchidanananda Ashram in Yogaville, Prenatal Certification Urban Yoga Open Center NYC and Shaka Vansiya Ayurveda Honors, The Prana Center CA. Teaches yoga at Eight Limbs Wellness Studio in Lakewood, NY and Yoga Underground in Dunkirk and Fredonia, NY. Teaches at retreats and special events.

#### **ANNIE HISLE**

Good Grief: Making Good Choices (p. 67)
Psychotherapist and hospice bereavement
counselor (1985–present) with a M.S.W. from
New York Univ. A lecturer and workshop leader
on good grief, death and dying (1995–present).
Group facilitator for Homeless Women in Recovery
(2006–present). Facilitator, Inter-Faith Meditation
Group (2006–present). ESL teacher (2006–2015).
Facilitator of monthly memoir writing group.
Author of My House Burned Down and Now I Can
See the Stars: Reflections on Losing and Finding.

#### **ROY HOFFMAN**

Advanced Prose Workshop: Journeys (Of the Heart and Page) (p. 55)

Roy Hoffman, whose writing has appeared in *The New York Times, The Washington Post* and *The Wall Street Journal*, is the author of five books, among them *Alabama Afternoons: Profiles and Conversations* and novels *Chicken Dreaming Corn* and *Come Landfall*. He teaches in Spalding University's Low-Residency MFA Writing Program was most recently a writer-in-residence at Chautauqua in 2017.

#### **BARBARA HOIS**

Alexander Technique: Mapping Activities (p. 46); Alexander Technique: Movement . . . (p. 46) B.M.E., Arizona State Univ.; M.M., Cincinnati Conservatory; Alexander Technique Certification, The Alexander Foundation. Instructor at the Univ. of Pittsburgh and Pittsburgh School of Massage Therapy; 35 years of experience with The Alexander Technique.

#### **ROBERT HOPPER**

Beyond the "Road Show" (p. 79); Big History and Science (p. 73); Music and the Vietnam War (p. 53) Bob spends his summers at Chautauqua. He is president of the CLSC Science Circle, helps Chautauqua's Archives and is a leader of the International Manuscript Society. For over 10 years, Bob has taught classes on inventions, diplomacy and intelligence. In his earlier life he was in the U.S. Foreign Service where he worked on East-West Security, Congressional relations, management and training for the U.S. State Department.

#### **REBECCA HOWELL**

Hinduism through Indian Movies (p. 71)
A.B., Princeton Univ.; M.Div., Evangelical School of Theology. Three years as adjunct professor at Temple Univ., teaching Religion in the World, Introduction to Christianity and Introduction to the Bible. Studying India, particularly Hinduism, and the stories of Hinduism has been my delight for the past 10 years.

#### TAMI HRITZAY

Art in the Round (p. 41); Beginning Drawing with Colored Pencil (p. 21)

B.S., art education, Edinboro Univ. Thirty years of teaching experience from the Navajo reservation to Pennsylvania. Ages range from kindergarten to adults. Art is my passion. I love to encourage the timid and bold to achieve their very best in art! I teach a variety of art forms. A cancer survivor of 52 years, I am thankful to be alive, and my teaching and art reflect that.

#### **HSING-AY HSU**

Inside the Orchestra: From the Composer's View (p. 65)

M.M., Yale; B.M., Juilliard. Steinway Artist Hsu has been performed at Carnegie Hall, the Kennedy Center, Lincoln Center NYC and abroad. Her passionate interpretations have won international recognition, including Juilliard's highest honor, the William Petschek Award, the Kapell Int'l Competition, and President Clinton's Presidential Award. An active clinician/teacher, Hsu is creator of Conscious ListeningTM and artistic director of Pendulum New Music at Univ. of Colorado-Boulder. hsingayhsu.com

#### **DUREEN HUGHES**

The Empowerment of No Complaint (p. 67) B.A., Cal State Northridge; M.A., Ph.D., psych. anthropology, UCLA. Six years' university teaching experience; six years' organizational change mgmt. consultant. Developed, facilitated change mgmt. workshops and conflict mediation. Ten years of teaching at Chautauqua. Currently researching scientific approaches to cultivating positive emotional states.

#### **BEVERLY HUMBERT**

Chocolate Tasting Around the World (p. 29) B.S., Frostburg State Univ.; M.E., art education, Goucher College. Twenty-five years' experience teaching art. Traveled to England, Scotland and Ireland and visited nearly every chocolate shop available. Provided chocolate tasting opportunities for church women, military wives and tea parties. Chautauquan for 31 years.

#### **NANCY HUTTER**

Increase your Happiness IQ (p. 66) M.A., New York Univ.; LMHC; GAB Certified. Nancy is a teacher, lecturer, coach, organization consultant and licensed mental health counselor. Twenty years of teaching, consulting and counseling, she has counseled and helped hundreds of people find ways to identify and embrace their life lessons, increase empowerment, choose happiness and transform their relationships.



#### **CAROL JABLONSKI**

Speaking From the Margins (p. 76) B.A., Allegheny College; M.A., Ph.D., Purdue Univ.; M.Div., Virginia Theological Seminary. Twenty-five years' experience teaching university courses in the history and criticism of U.S. public discourse, Cold War era to the present, specializing in social and cultural change processes. Ordained Episcopal Priest with 10 years' experience as pastor, preacher and teacher.

#### **CELESTE JANOSKO**

What Tree Is That? (p. 80)
B.S., Indiana Univ. of PA; M.Ed., Univ. of
Pittsburgh. Thirty-four years of teaching science
to children and adults. Past educator at Shady
Side Academy, Phipps Conservatory, Audubon
Society of Western PA, past officer of Fox Chapel
Adult Education and Audubon Society, Penn
State Master Gardener at present.

#### **DEAN JOHNSON**

Harmonica Quick Start (p. 62); Ukulele (p. 62) Dean Johnson holds an M.A. in theatre arts from Illinois State Univ. He has worked as an actor, stand-up comedian and musician traveling the U.S. and Canada and appearing in many venues including on television and radio, theaters and comedy clubs. Dean has taught classes at Chautauqua since 2014.

#### FREDERICK JOHNSON

What's Terroir?: Vineyard Walk and Wine Tastings (p. 27)

Frederick Johnson, third-generation owner of Johnson Estate Farm and Winery, has spent over 30 years in general management and consulting in international food companies including Pepsico, Chiquita Banana, Harry & David and Nature Sweet Tomatoes. He and his wife, Jennifer, have lived in Westfield, NY, since 2013 and have made studied investments in vinifera grapes, including Riesling, Pinot Noir, and Chardonnay, on their 300-acre farm.

#### PATSY ANN JOHNSON

The Physics and Chemistry of Climate Change (p. 73)

Patsy Ann Johnson earned her Ph.D. at the Univ. of North Dakota. She is a professor emeritus at Slippery Rock Univ. of Pennsylvania, where she taught in the physics and secondary education departments. Her writing was published in periodicals and books. She led physics workshops nationwide for teachers and professors and gave professional oral presentations in eight countries.

#### KATE JUNKER

Gentle Yoga (p. 42); Yoga Stretch and Strengthen (p. 42)

B.A., French, Ohio Univ. Thirty years' experience teaching French. Has taught adult education classes, seminars and workshops in yoga.



#### NATALIE WHITE KAHLER

How Literary Arts Advanced Suffrage (p. 51) B.A., English, B.A. communications, Grove City College. Curator and researcher for Chinsegut Hill Retreat and Museum, Brooksville, FL, the southern estate of Chautauqua-lecturer Raymond Robins. Author of *Eclipse*, the story of Robins' mysterious disappearance. Former mayor and council member of Brooksville.

#### LISA KEARNY

Yoga for Arthritis (p. 43); Yoga the Iyengar Way (p. 43)

Graduate of Columbia Univ. in occupational therapy, Lisa has studied yoga for over 20 years. She completed her RYT 200, therapeutic yoga training, and studied restorative yoga with Judith Lasater in New York City. Currently a student of the lyengar method, she has completed her lyengar yoga teacher training in Nashville, TN, to become an lyengar teacher.

#### JANE KERSCHNER

Retirement: What's Next? (p. 67)
B.S., education, Northwestern Univ.; M.A., human growth and development, George Washington Univ.; Villanova Executive Coaching and Leadership Program; holds coach certifications in Newfield; International Coach Federation, Retirement

International Coach Federation, Retirement Options Coaching. Over 40 years' experience in education as teacher, trainer, facilitator. Generates conversations for wise elders to explore issues of retirement, aging and well-being.

#### SARAH KHAN

Truffles and Chocolate-making Workshop (p. 30) A.A.S., F.I.T,: B.A., art history, L.I.U/CW Post; M.L.A., Syracuse S.U.N.Y. ESF. Leaving a professional career, family and kitchen became my new oasis and uncovered my love for desserts and chocolate. Mesmerized by the artistry and passion reflected in fine offerings, I learned the fundamentals of becoming a chocolatier enrolling in professional courses. This passions turned into a full time career and now business owner of REACH Organics.

#### KAREN KIBLER

Integrative Yoga (p. 44)

M.A., East-West psychology, California Institute of Integral Studies; R.Y.T., Certified in Integrative Yoga Therapy and Ayurveda. Over 17 years' experience teaching yoga, including classes for cardiac rehabilitation and cancer patients, seniors, and yoga for stress management at the Institute for Health & Healing at the California Pacific Medical Center and in private practice in San Francisco.

#### TIM KIERNAN

The Intersection of Food and Film (p. 80) Filmmaker, editor and creative director/founder of 521 Studies. Has worked with video, film and photography for over 20 years. After graduating with a dual degree in art & design and mass communication from NC State, went on to direct a documentary with a grant from The Center for Documentary Studies at Duke Univ. Helped build the video departments at Capstrat and Red Hat. Has taught film and animation at the university level. www.521studies.com

#### KAREN KOCH

Chocolaholics 101 (p. 30)

B.A., political science, Bloomsburg State College; J.D., Ohio Northern Univ. Twenty years of working in the family law practice. Currently serving on the Niswonger Performing Arts Center marketing committee and chair of the speaker/lecture series.

#### PAUL KOLZE

Sous Vide Cooking Demo and Sampling (p. 26) B.S., Univ. of Dayton. Worked in the restaurant industry for 34 years. Helped teach students cooking skills for 10 years at a cooking academy.

#### SUSAN CAROL KOLZE

Sous Vide Cooking Demo and Sampling (p. 26) Foodie with several years of experience cooking with Sous Vide. Fun blend of technology and cooking. Results are so fantastic I want to share what I've learned with others. Experienced teacher of Community Education classes in art and computers and mobile devices.

#### SCOTT KOUÉ

Intro to Filmmaking (p. 14)

Mr. Koué worked theater as a designer and technician for over twenty years. His work has been heard at Berkeley Repertory Theatre, Lincoln Center, Kennedy Center, Alliance Theatre in Atlanta and MAGIC Theatre, among others. His work in film includes "Fly Away Home," "Excess Baggage," "Legend of Drunken Master," "American Gun" and "Titanic," among many more great and small.

#### KRISTIN KOVACIC

Your Life Is an Argument: The Personal . . . (p. 55) Kristin Kovacic is the author of *House of Women*. Her essays have appeared widely, and her honors include a Pushcart Prize for nonfiction. Kovacic is the editor at *Birth: A Literary Companion*, teaches at Winchester Thurston School and Carlow University's Low-Residency MFA Program and was most recently a writer-in-residence at Chautauqua in 2015.

#### WILLIAM KUNTZ

Breakfast for Busy Lives! (p. 26); Healthy Eating and Exercise Everyday (p. 27); Snacks That Kids Can Make Themselves! (p. 27)

Degrees in culinary arts and baking and pastry arts from Johnson & Wales Univ. Thirty years' experience in food service and food retail including extensive experience in customer and employee education.

#### JOSEPH KWIATKOWSKI

Traditional Dance: English and American (p. 31) B.S., Worcester Polytechnic Institute; M.S., math, Syracuse Univ. Calls contra dances across Western NY. Regular attendee at Ralph Page Legacy Dance Weekend, authoring syllabus for previous event. Student of traditional dance forms. Host and organizer of monthly barn dance in Fredonia, NY.

#### П

#### **NANCY LAGALSKI**

Basic Crochet (p. 40)

Retired Registered Nurse with additional certification and experience in intensive care, coronary care, emergency care, nursing administration and advanced life support. An experienced instructor (areas noted and grief support) currently instructing and facilitating grief support classes. A self-taught hobbyist teaching crochet and knitting techniques.

#### **JESSICA LAI**

Bridge: To Slam or Not to Slam (p. 36) B.S., materials engineering, MIT. Ten years teaching bridge classes and mentoring beginning bridge players; five years teaching math and science; five years leading the Education and Training Group at my CPA firm. Well-respected bridge player from the San Francisco Bay Area, with multiple top 10 National results. Passionate about all things bridge-related.

#### MARTHA LAMB

Restorative Yoga (p. 43)

Obtained training and teaches yoga and Pilates in "retirement." She leads students through mindful long breaths to lower blood pressure, develop more flexibility and openness and access calmer grounding in life. She seeks to inspire with imagery that motivates.

#### KAREN LARKINS

Yoga for Health and Wellness (p. 43)
J.D., Nova Southeastern Law School; B.S,
biochemistry, Fairleigh Dickinson Univ.; nursing
classes, Univ. of Miami. Attorney, mediator
and fitness instructor. Twenty years' teaching
experience in fitness, yoga, Pilates, Silver
Sneakers, barre, weight training, and Aqua.
Currently a full-time family law attorney.
Weekends and evenings are spent in the gym
teaching yoga and Pilates in Fort Lauderdale.

#### SUSAN M. LARSON

2 Young 2 Retire: Rebalance for . . . (p. 67) M.Ed., NCC, Transition/Life Planning Coach based in Rochester, NY, and Sarasota, FL. Specializes in creative life planning; provides a framework, process, steps and sounding board for thriving in midlife and beyond. Works with individuals, couples and groups, drawing on over 25 years of career, coaching and training experience. Active in the Life Planning Network, participate in planning and presenting for Boomer and Positive Aging Conferences.

#### SANDRA LASERSON

Play Piano by Friday (p. 61)

B.A., psychology, speech and hearing science, Univ. of Michigan; M.A., speech-language pathology, Northwestern Univ. Over 25 years of experience teaching speech and language skills. Taught piano lessons for seven years. Developed a course to enable non-piano students to accompany their singing at the piano. Former midwest and project coordinator for HaZamir: The International Jewish High School Choir and choir manager for HaZamir Cleveland.

#### **BETH LASSI**

Beginning Mountain Dulcimer (p. 61); Continuing Mountain Dulcimer (p. 63)

MBA, Union College. Varied musical background including dulcimer, concertina and piano. Has led workshops at Chautauqua and at numerous dulcimer festivals over the last decade. Teaches privately and has co-authored four dulcimer books.

#### **ELAINE LAVIGNE**

Chuck Close: Portraits in Pixels (p. 20) B.S., M.S., art education, SUNY at Buffalo. Thirtythree years teaching art in grades 1–12 in North Tonawanda public schools. Frequent presenter at New York State Art teachers conferences. Received fellowship from Council for Basic Education to research art and math connections.

#### BENJAMIN LEBWOHL, MD

Digestive Health: Knowns and Unknowns (p. 48) B.A., music, Harvard College; M.D., M.S., Columbia Univ. gastroenterologist and epidemiologist at the Celiac Disease Center at Columbia Univ., where he is director of clinical research. Director of quality improvement in digestive and liver diseases, Columbia Univ. Medical Center.

#### LYNN LEFAUVE

One-a-Day Watercolor Workshop (p. 20)
B.S., M.S., art education, Buffalo State College.
Over 35 years' teaching experience, high school advanced courses in the visual arts. Teacher of the Year, Sweet Home High School, 1999.
Chautauqua Special Studies faculty for over 20 years. Represented in public and private collections: Buffalo, Chautauqua, Florida, NYC, Italy, Washington, DC. Member, Buffalo Society of Artists for over 15 years. VACI exhibiting member.

#### PATRICIA LEMER

Beading Your Own Jewelry (p. 39) Self-taught lifetime craft hobbyist. Love to make things. Learning to bead is fast, portable and fun; it became my newest favorite hobby about 15 years ago! Necklaces, bracelets and earrings are so easy that they are the "go to" idea for gifts, a night out or to match a new outfit.

#### MARY LEOPOLD

Beginnings and Endings: Universe, Earth, Humans (p. 73)

B.S., physics, Florida State Univ.; M.S., physics, Univ. of Virginia; Ph.D., physics, Washington Univ. Ten years' teaching experience in high school, 10 years' teaching experience in college, two years' research scientist experience in industry, eight years' engineer experience in industry. Currently retired.

#### PHILIP LERMAN

Hallelujah, Leonard Cohen! (p. 65) Writer/producer from Washington, DC. He produced "America's Most Wanted" on Fox and "Made in Spain" on PBS, and he was national editor of *USA Today*. Lerman wrote *Where Have All The Flowers Gone* about the Woodstock Generation and lectured in Chautauqua in 2008 about his book *Dadditude*.

#### JONATHAN LERNER

Pure Painting: Art and Yoga Integration (p. 19) B.A., English, Oberlin College; The Art Students League, four years of painting and drawing with teachers Ron Sherr, Jack Faraggaso and Michael Burban. Nineteen years of experience as a yoga instructor, Yoga Works Teacher training 200 hours. One year intensive yoga study in Mysore, India with Pattabhi Jois, R.Sharat, and Atma Vikasa Teacher training with Acharya Venketesha. Teaches Pure Painting classes in Bowling Green and Glasgow, KY.

#### KATE LEVEA

Gluten Free Naturally (p. 25); Italian Cookie Gifts (p. 25)

B.S., Univ. of North Carolina at Greensboro; MAT, Converse College. Seven years of teaching elementary education. Currently teaching math and science. Pastry chef and restaurant manager at Giardini Trattoria for over 10 years.

#### ROBERT LEVIN

Intro to Blockchain and Cryptocurrencies (p. 73) MBA, finance, Stern School of Business; M.A., international affairs, The Fletcher School, Tufts. Investor in cryptocurrencies and blockchain investments, serial entrepreneur and author. He was an adjunct assistant professor of finance at the Columbia Business School teaching global investment strategy and an adjunct assistant professor of political economy at Columbia Univ. Inventor, best-selling author and thought leader.

#### SALLY LEVINE

Create a Graphic Novel: Writing Images and Drawing Words (p. 15); Sketching Chautauqua's Architecture (p. 21)

A.B., Washington Univ.; M.Arch., Univ. of Illinois, Chicago. Principal, Levine Architecture & Design, Ltd.; 25-plus years' teaching university-level art, architecture and design; chaired visual studies at Boston Architectural College; taught at School of the Art Institute of Chicago; currently teaches architectural studies at Case Western Reserve Univ.

#### KAYE LINDAUER

Cinema and Psyche (p. 76); Freud and Jung (p. 78); Gilgamesh (p. 75); Living Your Unlived Life (p. 75); Odysseus: A Hero's Encounter with the Feminine (p. 80); St. Paul Goes to Lystra (p. 74); Van Gogh: His Life and Work (p. 79); Virgin Mary in Western Art (p. 78), Wagner's Ring Cycle (p. 74) M.S., M.L.S., M.Div. Studied and taught psychology, literature and theology over last 45 years. Combines these disciplines to bring new dimensions of understanding to the world's great stories (mythology, fairy tales, bible stories). Taught at Syracuse Univ. for 30 years. Continues to study the writing of Carl Jung, leads retreats, teaches for Road Scholar and for Oasis (Syracuse, NY) and frequently lectures for various organizations. This marks her 28th year with Special Studies.

#### **BETH LOFFREDA**

What We (Don't Know We) Carry (p. 56)
Beth Loffreda is the author of Losing Matt Shepard and co-editor of The Racial Imaginary: Writers on Race in the Life of the Mind. After teaching creative writing for nineteen years in Wyoming, she returned east to join Pratt Institute's new writing department as its inaugural chair.

#### LEE LOWENFISH

Baseball and American Culture (p. 51) Pioneer in sports culture teaching in 1970s. Authored four books on baseball including award-winning biography *Branch Rickey: Baseball's Ferocious Gentleman*, three editions of labor history of baseball *The Imperfect Diamond*, and Tom Seaver's *The Art of Pitching*.

#### PAUL LUBIENECKI, PH.D.

Graycliff: Architecture as Sacred Space (p. 18) M.A., pastoral ministry, Christ the King Seminary; M.A., history, Buffalo State College; Ph.D., history, Case Western Reserve Univ. Adjunct professor at Christ the King Seminary in East Aurora, NY, teaching courses in history, theology, scripture and spirituality. Lecturer, history department, SUNY Fredonia. Founding director, Boland Center for the Study of Labor and Religion.

#### MARY LYTH

Gluten Free Naturally (p. 25); Italian Cookie Gifts (p. 25)

Owner and creator of Giardini Trattoria, a farm-to-table restaurant and organic farm in Columbus, NC for past 10 years. Also created Dalla Terra, a 501(c) (3) nonprofit organization, to create a community connection around real food from the beginning of the cycle of organic growing, gardening and cooking classes, CSA shares, developing seasonal menus fresh from our farm, and returning food scraps back into compost to complete the cycle.

#### M

#### **EMILY MAIER**

Tablescaping and Basic Floral Design (p. 38) Independent interior designer for the past 16 years, specializing in both commercial and residential projects throughout PA, OH and NC. My involvement has required handling the design portion of several assisted care facilities, offices and homes from conception to completion.

#### JOHN MARAZITA

Psychological Detectives (p. 13)
B.A., Univ. of Akron; M.A., Ph.D., Kent State
Univ. Twenty-six years' experience in research
and teaching cognitive psychology, including
programming for gifted/talented middle- and
high-school students. Currently Professor of
Psychology, Chair, Social Behavioral Sciences, and
Director of Honors at Ohio Dominican Univ. 2015
"Conley Award for Teaching Excellence" recipient.

#### LISA MARCHAL

Change in the Public Square (p. 68)
B.A., Indiana Univ.; M.Div., Methodist Theological
School in Ohio. Ordained in The United
Methodist Church. Ten years' experience in the
field of volunteer public policy engagement.
Currently serves as Global Grassroots Manager
of RESULTS and RESULTS Educational Fund antipoverty citizens' engagement organization based
in Washington, DC. www.results.org

#### ADRIAN MATEJKA

With a Voice Like That . . . (p. 54) Adrian Matejka is the author of four collections of poetry including *The Big Smoke* (winner, Anisfield-Wolf Book Award; finalist, National Book Award and Pulitzer Prize), on which he presented at Chautauqua Institution in 2016. Matejka is also Poet Laureate of Indiana and teaches at Indiana Univ. in Bloomington.

#### WAYNE MATESKI

Yoga Stretch and Flex (p. 45) B.A., psychology, Univ. of Colorado, Boulder; Yoga Teaching Certificates: Integral Yoga Institute, Yoga Ed & Phoenix Rising Yoga Therapy. Forty-five year personal yoga practice; 26 years' teaching experience group and private classes. Awarded Best Yoga Instructor Woodbury, MN, 2014.

#### JILL MATTSON

Music: Energy to Change our World (p. 63)
Artist, musician, author, Sound Healing composer!
Intriguing, magical, scientific music — profound benefits. Lost Waves of Time, Best Book 2016,
Best Alternative Science 2016, Best Sound Healing
CD of 2017, "Deep Wave Body Healing," Best
Healing CD 2016, "Contacting Angels/Masters,"
Best CD 2015 and Deep Wave Beauty Best New
Age CD, Silver). www.jillswingsoflight.com

#### WILLIAM MATUSZESKI

Ikebana: The Art of Japanese Flower Arranging (p. 38)

Authorized to teach beginners in Ikebana (Japanese flower-arranging) by Kyoto Headquarters of Ikebana Ikenobo International, largest and oldest school of Ikebana. Twenty-five years of study. Retired from 32 years of Federal Government service (1968–2001) in environmental programs (Council on Environmental Quality, National Oceanic and Atmospheric Administration, Environmental Protection Agency), with the last 10 as director of the Chesapeake Bay Program.

#### DAVID MATZ

Baseball Analytics: New and Not So New (p. 34) Ph.D., Univ. of Minnesota. More than 30 years of college teaching experience. Currently professor and chair of the classics department at St. Bonaventure. Author of seven books on ancient Greek and Roman culture.

#### LAUREN MATZ

Spellbinding Spelling and Vivid Vocabulary (p. 76)

Ph.D., Ohio State Univ. Currently professor of English at St. Bonaventure Univ. Her lifelong fascination with words has led her into the lively world of grownup spelling bees, where she is a senior champion, wordlist developer, and pronouncer. She has also coached junior spellers in the Scripps National Spelling Bee program.

#### KATE MAYBERRY

Power Up Your Day Yoga (p. 42) B.S.N., Univ. of Pittsburgh, 1996. Certified yoga instructor through Yoga Alliance. Instructor at South Hills Power Yoga (Pittsburgh) since 2010. Lover of books and dogs. Mother of three teenagers (hence the yoga).

#### JASON MAYNARD

Just Keep Singing! The Joy of Singing with Others (p. 63)

A native of Erie, PA, Jason Maynard lives in Atlanta where he teaches Upper School Choral Music at The Westminster Schools. He holds degrees from Baldwin Wallace, Cleveland State and Georgia State Universities. Jason sings baritone with the Atlanta Symphony Orchestra Chorus and Chamber Chorus, Uncommon Practice, and Coro Vocati.

#### SHARA MCCALLUM

Advanced Poetry Workshop: Going Beyond the Personal (p. 54)

From Jamaica, Shara McCallum is the author of five books, published in the U.S. and U.K., most recently *Madwoman*, winner of the 2018 OCM Bocas Poetry Prize for Caribbean Literature and the 2018 Sheila Margaret Motton Book Prize. She is a liberal arts professor of English at Penn State Univ. and was most recently a writer-in-residence at Chautauqua in 2017.

#### MARITA MCCARTHY

Movement, Music and Literacy for Babies (p. 10) Mrs. Marita McCarthy has 15 years of experience teaching elementary general/vocal music in the PA public school system. She graduated summa cum laud from Muhlenberg in 2003, then earned a Master's in special education from Temple in 2010. She holds PreK–4 elementary certificate. She believes in facilitating a creative learning environment that reaches all students through authentic, engaging musical and movement experiences.

#### **MOLLY SINCLAIR MCCARTNEY**

Writing Your Story, Even Your Obit! (p. 57) Molly McCartney worked as a newspaper reporter for more than 30 years, including 14.5 years at the Washington Post. She has a degree in liberal studies from Georgetown Univ., 1986, and was a Nieman Fellow, 1978, at Harvard Univ. She is co-author of America's War Machine: Vested Interests, Endless Conflicts.

#### RONALD MCCLURE

Music and the Vietnam War (p. 52) B.A., Geneva College; M.A., Univ. of Pittsburgh. Vietnam veteran, U.S. Army. Former National Security Agency employee. Retired from Alcoa after nearly 30 years, specializing in new business development for the corporation. Lifelong music appreciator/collector.

#### TRACY MCKEE

College Essay Writing Workshop (p. 15)
B.A., Univ. of New Hampshire; Master's level
courses in communication at the Univ. of Hartford.
Thirty years of writing and coaching experience
for non-writers. Former journalist and corporate
communications executive. Award-winning editor
of an innovative digital news platform. Published
author with over 10 years of teaching workshops
for aspiring writers of all ages.

#### JOLIE MCSHANE

Fast, Easy, Healthy: Desserts (p. 29); Fast, Easy, Healthy: Juicing Power (p. 29); Fast, Easy, Healthy: Kombucha 101 (p. 29)

B.A., Pennsylvania State Univ.; graduate Institute for Integrative Nutrition; post graduate, Integrative Nutrition Immersion Program. Certified Integrative Nutrition Health Coach and Certified Nutrition Consultant; past president, Mid-Atlantic Health Coach Association; lecturer, Roland Park Country School Kaleidoscope Program; guest speaker at local grade schools, business and community organizations. www.healthmaniacs.net

#### LINDA MEACCI

Foundations of Yoga: Building Asana (p. 43); Restorative Yoga: Relax and Renew (p. 43) B.A., Xavier Univ. Completed 2.5 year Meisner Acting Conservatory in NYC; registered E-RYT 500 Yoga Instructor with Yoga Alliance; over 20 years of teaching experience to college and adult students in theatre and yoga. Currently teaching therapeutically oriented yoga in public classes, private sessions, workshops, teacher trainings and destination retreats. www.lindameacciyoga.com

#### SUSAN MERILA

Pocket Sketching for Fun and Travel (p. 20) B.A., Emory and Henry College. Twenty-three years' experience as a Military Intelligence Officer, Counterintelligence with assignments all over the world. Since 2001, I have studied with numerous artists at their individual studios, as well as through The Drawing Studio, Tucson, AZ. My most recent study was with Kath Macaulay, when I became a Certified Instructor of PocketSketching, Mar 2018.

#### MARCIA MERRINS

Mah Jongg Camp (p. 36)

B.A., Hunter College. Several years of teaching in NYC. Past director of the League of Women Voters of the U.S. and chair of training and meetings committee. Developed webinars and leadership trainings nationwide. Has played Mah Jongg for over 25 years and is responsible for scores of addicted Mah Jongg Players.

#### KARL MIDDLEMAN

Mozart and the Age of Reason (p. 63)
B.M., Temple Univ.; M.A., composition, Temple
Univ.; 15 years of teaching at Temple and Cabrini
Universities; founder, music director, Philadelphia
Classical Symphony. Commonwealth Speaker
PA Humanities Council, former Music Scholar in
Residence, Jewish Ys in Philadelphia and NJ. Award
recipient of numerous foundations including the Pew
Foundation and National Endowment for the Arts.

#### **ROSSEN MILANOV**

Comparative Music Listening (p. 61)
Joining a long list of distinguished musical leadership, Rossen Milanov was appointed as music director of the Chautauqua Symphony
Orchestra in 2015 to critical acclaim. In the same year, Milanov became the music director of the Columbus Symphony Orchestra. Milanov has had the privilege to collaborate with some of the world's finest artists, including Yo-Yo Ma, Itzhak Perlman, Joshua Bell, Midori and André Watts.
During his 11-year tenure with The Philadelphia Orchestra, Milanov served as associate conductor and artistic director of the Orchestra's summer home at The Mann Center for the Performing Arts.

#### GLORIA A. MILLER

Searching For Happiness (p. 68) B.S., M.S., education, The Univ. of Akron. Twenty years' teaching experience (social studies, language arts), St. Mary School, Massillon, OH. Part-time case manager for Big Brothers/ Big Sisters of Massillon. Frequent presenter of personal development classes at Massillon Public Library and at women's retreats at Lakeside, OH.

#### KAYLEIGH MILLER

Mindful Morning Flow Yoga (p. 44); Morning Yoga for Dynamic Aging (p. 44)
Kayleigh has been a movement instructor for over seven years, combining her passions for musician wellness, natural movement, yoga and pilates. She is a registered yoga teacher and PMA certified yoga teacher, and enjoys working with people of all ages and abilities on feeling better and moving better in their bodies.

#### LIZ MILLER

Handling Finances On Your Own (p. 23); Where to Invest Today (p. 23)

President, Summit Place Financial Advisors, LLC, providing investment management to families that have outgrown a mass-market approach. Chartered Financial Analyst (CFA) and Certified Financial Planner (CFP). B.S., The Wharton School; M.A., Columbia Univ. Past board of governors of the New York Society of Security Analysts. Editorial advisor for *Trusts & Estate Magazine*. Regular guest in the media including MarketWatch, Reuters and CNBC.

#### LOREN H. MILLER

Intro to Tai Chi for Fall Prevention (p. 46) Loren studied a different form of Tai Chi for three years before beginning training in Fall Prevention Tai Chi. She received instructor certification from Tai Chi Vermont, Inc. and has taught at Northfield and Montpelier, VT Senior Centers. She has previously taught cooking, knife skills and knitting.

#### VALERIE MILLER

Women Challenging and Changing Power (p. 79) Ph.D., education, Univ. of Massachusetts. Thirty-five years' international experience in women's rights as trainer, writer, organizer and advocate; co-founder of JASS (Just Associates), a network of international activists and academics supporting movement-building and women's leadership around the world who have been at the forefront of developing a nuanced power analysis that examines both oppressive and transformative forms of power. www.justassociates.org

#### SUSANNAH B. MINTZ

Mindfulness and Memoir (p. 56)
B.A., Univ. of California, Berkeley; MFA, Columbia
Univ.; Ph.D., Rice Univ. Over twenty-five years'
teaching experience in literature and creative
writing. Currently chair of English at Skidmore
College in upstate New York. Recipient of the 2017
Ciancio Excellence in Teaching Award. Widely
published in creative nonfiction and memoir.

#### JAMES MITCHELL

Mindfulness-based Stress Reduction (p. 49) Ph.D., East-West psychology, California Institute of Integral Studies; M.A., clinical psychology, Duquesne Univ. Twenty-two years' teaching experience at the university level; currently teaches MBSR and mindfulness training for surgeons at the Univ. of California in San Francisco; adjunct faculty in the departments of nursing at San Francisco Sate and Samuel Merritt Universities.

#### MARY LOU MLECKO

"Nones": Who Are They, Why Are They, Their Ways of Life (p. 71)

Psy.D., M.A., psychology, Indiana Univ. of PA; M.A., theology, Duquesne Univ. Graduate: Shalem Institute: Spiritual Direction Program. Clinical psychologist: 30 years' mental health experience; community, medical group and hospital practice. Eleven years on faculty of Spiritual Directors Formation: Sacred Heart Univ. and Villa Maria Education and Spirituality Center. Conference speaker on psychology and spirituality.

#### PAUL MOCKOVAK

Zumba Gold with Paul! (p. 46)
B.M., M.M., SUNY Fredonia; M.F.A., Univ. of
Miami, Personal Fitness Trainer & Group Fitness,
certified Zumba and Zumba Gold instructor;
25 years of university teaching and 27 years
of performing experience. Teaching: Univ. of
Miami, Northern Colorado Univ., SUNY Fredonia.
Performing: Dance Miami, Momentum Dance
Company, Ballet Oklahoma, Ballet Randolph,
Neglia Ballet, Chautauqua Regional Ballet,
Shakespeare on the Lake.

#### BOB (ZUI-RYU) MOORE, PH.D.

Secular Meditation: Science of Stillness (p. 48) Over 45 years' of education and practice in professional psychology. Educated at Fielding Graduate Univ. (Ph.D.) with post-doctoral training at Columbia Univ. He also obtained degrees from the Connecticut State Univ. System (B.A., M.Sc.). A Zen Buddhist, he has been practicing and teaching meditation since 1971. He has 22 years of practice and teaching in Yang Style Tai Chi Chuan and Chi Kung.

#### **MAUREEN MORLEY**

Jimmy Carter: Poems of Persistence (p. 58); Walt Whitman: Now More Than Ever! (p. 59) B.A., M.A., English, John Carroll Univ. Doctoral work and defended dissertation on the poetry of Lucille Clifton, Case Western Reserve Univ., 2006. Professor Emerita, Cuyahoga Community College. Private tutor, editor, and writing consultant.

#### **ELISE MORRISON**

Improvisation for Young People (p. 13); Public Speaking (p. 66)

B.A., Univ. of Oregon; Ph.D., theater and performance studies, Brown Univ.; Mellon Postdoctoral Fellowship in Performance Studies, Yale Univ.; recipient of Award for Teaching Excellence, Harvard Univ. (2012). Fifteen years of experience teaching acting, theater and public speaking courses to children, teens, college students and adults. Currently assistant professor of theater studies at Yale Univ.

#### **BILL MORROW**

Basic Contra Dance (p. 32)
B.A., Kenyon College; M.Div., Yale Univ.; D.Min.,
Andover Newton Theological School. Thirty
years' teaching experience in adult and Christian
ed courses; currently teaching dance at Faith
Presbyterian Church at ActivityCenter, Cape
Coral. Recent course instructor at Silver Bay
Conference Center, Lake George. Thirty-five years
as Florida-licensed marriage and family therapist.
Fifteen years as columnist for Fort Myers NewsPress, Fort Myers, FL.

#### **SUZANNE MUNSON**

Jefferson's Godfather: George Wythe (p. 52) B.A., Univ. of Maryland; M.Ed., Virginia Commonwealth Univ.; The Executive Program, Univ. of Virginia. Author of Jefferson's Godfather, a biography of Founding Father George Wythe; lecturer at the Univ. of Virginia, College of William and Mary and Univ. of Richmond OSHER affiliates; former executive director of Historic Garden Week in Virginia.



#### VI KHI NAO

How to Steal the Pain of Others and Make It Your Own (p. 55)

Vi Khi Nao is the author of eleven books, including the story collection A Brief Alphabet of Torture (winner of FC2's Ronald Sukenick Innovative Fiction Prize) and the novel Fish in Exile. Her work also includes film and cross-genre collaboration. Nao also serves as guest judge for the 2019 Chautauqua Janus Prize.

#### **DANIELLE NEBRES**

Caribbean Cuisine 101: Taste the Tropics (p. 24) B.A. Auburn Univ. Mother of three, homemaker and home-trained cook. Girl Scout Leader and Service Unit Manager with seven years' experience running troop cooking demos.

#### LINNEA NELSON

Exploring Spiritual Practices (p. 71)
B.A., education, Moorhead State Univ.; M.A., school psychology, Connecticut State Univ.
Thirty-five years of leadership in education: elementary and ESOL teacher; educational editor for Addison-Wesley and other national and international publishers; training facilitator for the Great Books Foundation; independent school administrator, liberal religious educator; and executive director for UU Wellspring, a spiritual deepening program. UUWellspring.org

#### AIMEE NEZHUKUMATATHIL

The Sharing of Joy: Nature Writing That Snaps, Crackles, and Pops (p. 54)

Aimee Nezhukumatathil is the author of four poetry collections, most recently *Oceanic*. She is also the author of the forthcoming book of illustrated nature essays, *World of Wonder*. Nezhukumatathil is a professor of English in the Univ. of Mississippi's MFA program and was most recently a writer-inresidence at Chautauqua in 2016.

#### JAMES NOFZIGER

Incidents of Exploring the Ancient Maya (p. 51) Traveling in Mexico the archaeology caught my interest. Since 1976 has created carvings evoking its enigmatic artisans. Since 2015 has studied Mesoamerican archaeology, art history and anthropology. Has lead classes at Osher RIT, where he shares his excitement for and insights from learning about these great indigenous cultures.



#### **DEBBIE O'CARROLL**

Chair Yoga (p. 45); Make Your Own Magic Tricks (p. 41)

M.A., stage movement for children's theatre, Lesley Univ. Professional full-time magician for over 40 years. Currently teaches mime, theatre, magic, dance and yoga at schools, senior centers, libraries, summer programs and conferences since 1973.

#### TOM O'CARROLL

Introduction to Irish (Gaelic) (p. 33) B.Soc.Sc., Univ. College, Dublin. Full-time professional Irish-born folksinger, humorist and folklorist for over 40 years. Presents programs of Irish history, language and culture at libraries, festivals, colleges and universities all over the U.S. and Ireland.

#### RABBI COOKIE LEA OLSHEIN

Aging Through the Lens of Jewish Texts (p. 71) Rabbinic Ordination/M.A., Hebrew Letters, Hebrew Union College-Jewish Institute of Religion; J.D., California Western School of Law. Former Statewide Chair, State Bar of Nevada Continuing Legal Education Committee. Rabbi at Temple Israel of West Palm Beach, FL. President, Palm Beach County Board of Rabbis. Committed to social justice. Specializes in adult education.

#### **EDWIN OLSON**

How Do We Know What is True? (p. 66); Science and Religion Are Better Together (p. 70); Spirituality of Difference (p. 66)

B.A., philosophy, St. Olaf College; M.S., pastoral counseling, Loyola College; Ph.D., government, American Univ. Author: And God Created Wholeness (2018); Finding Reality: Four Ways of Knowing (2014); Keep the Bathwater: Emergence of the Sacred in Science and Religion (2009); Facilitating Organization Change (2001). Forty years' teaching experience college and university; currently adjunct professor, Univ. of Maryland, Univ. College.

#### ANNE ONDREY

Graceful Aging: Avoiding the Forward Arc (p. 48) B.A., Brown Univ.; MSW, Univ. of Pittsburgh. Twenty years of community organizing in faith-based settings working with older adults and marginalized women and children. Past 11 years, yoga teacher, trainer and therapist working with clients mostly over 50 as well as incarcerated women. Committed to aging with a functioning spine!

#### SASHA DC ORR

Improvisational Theater Skills (p. 81) B.S., education, Eastern Michigan Univ.; Master's, social foundations of education, Eastern Michigan Univ. Twenty-five years' teaching experience: 5th grade (with a stage used daily in my classroom), then middle school performing arts and video production, Ann Arbor Public Schools. Then Washtenaw Community College, sociology and criminology. Recipient of Teacher of the Year, American Go Foundation and Ameritech Teacher Excellence Award.

#### JOANNE OTTOSON

Beginning Conversational Spanish (p. 33) B.A., Spanish/English, St. Lawrence Univ.; Univ. of Madrid Jr. Yr. Abroad program; M.A., Spanish foreign language education, Syracuse Univ. Taught Spanish in Jamestown Public School system and Corning, NY. Extensive experience tutoring students. Have traveled throughout Spain. Volunteer instructor at Jamestown Community College in the Scandinavian studies and small business development programs. Raised in a bilingual home.



#### **DENISE PALGUTA**

Art that Binds: Art Journal Creations (p. 40); Give Beads a Chance! (p. 40)

M.S., occupational therapy, Virginia Commonwealth Univ.; B.S., Indiana Univ. of Pa. Over ten years' experience teaching variety of courses at homeschool co-op including English, science and art. Currently committed to regular studio time for creative adventures — interests include bookmaking, collage, watercolor, handbuilding with clay, glass fusing and art journaling.

#### **DUSTIN PARSONS**

Your Life in Miniature: Short Memoir (p. 55)
Dustin Parsons is the author of Exploded View:
Essays on Fatherhood, with Diagrams. He has previously served as the nonfiction editor of The Mid-American Review. He teaches creative writing and American literature at Univ. of Mississippi in Oxford, where he lives with his wife, Aimee Nezhukumatathil, and their two boys.

#### **JEAN PARSONS**

Adult Beginning Music Through the Piano (p. 63) B.M., Salem College. Courses in many aspects of pedagogy (including Alexander Technique) with Frances Clark and Westminster Choir College: Dalcroze Eurhythmics Institute of Julliard. Initiated and taught beginning piano at Princeton YWCA and Adult School for decades.

#### **SAMUEL PECK**

Young Artists (p. 18)

M.F.A., Univ. of North Carolina Greensboro; B.F.A., Univ. of Rhode Island; Ph.D. candidate, curriculum and instruction, Univ. of Minnesota. Artist, researcher and art educator with over 15 years of teaching experience. Veteran of the U.S. military having served in the NC National Guard from 2013–2018. Internationally recognized expert in the field of visual journals. The subject matter of Peck's artistic and educational practice within visual journals, drawing, painting and printmaking explores the conceptual, expressive and contextual concerns of inclusion, collaboration, and authority.

#### **MAUREEN PHILLIPS**

Memoir Writing (p. 56)
Ph.D., English rhetoric; M.A.T., English; B.A.,
English/writing emphasis UW, Seattle. Thirtyone years' experience teaching college writing
in all genres. Private educational consultant
since 2012, specializing in coaching doctoral
dissertation writers to successful completion of
their programs. Since fall 2018, teaching memoir
writing to seniors through Univ. of Arizona's Osher
Lifelong Learning Institute.

#### TRUDI KAHLENBERG PICCIANO

Strategies to Help Young Children . . . (p. 48) B.S., M.A., Northwestern Univ. Pediatric speech and language pathologist who has practiced for 35 years in hospital/clinical settings and now private practice and remains passionate about her work with children and families. Teaching and supporting parents is an integral part of her practice. Trudi is a lifelong Chautauquan and is very happy to be teaching again at Chautauqua.

#### **DEB PINES**

Self-Publishing 101 (p. 56)

A.B., English, Brown Univ. Award-winning headline writer for *The New York Post* and author of five self-published Chautauqua murder mysteries, including *In the Shadow of Death*, a top seller at the Chautauqua Bookstore. A former newspaper reporter, Pines is thrilled to be teaching again in Chautauqua. debpines.tumblr.com

### DIANNA PLOOF

Beginner Swing and Salsa for Fun (p. 31) Ed.D., education, Univ. of Massachusetts. Assistant professor of pediatrics, co-director department of pediatrics office of faculty development, at the Univ. of Pittsburgh School of Medicine, Children's Hospital of Pittsburgh of UPMC. Dance instructor since 2008 with more than 20 years of dance experience.

#### **RUTH POWELL**

Stephen Sondheim: In Good Company (p. 63) B.M., organ performance, Illinois Wesleyan Univ.; M.Ed., Univ. of Virginia. Thirty-two years' teaching experience in Fairfax County Schools; part-time consulting teacher, new teacher mentor and course; Educator of the Year for Phi Delta Kappa, 1979; teacher, "The Skillful Teacher" course, Fairfax County Public Schools. Sang with The Washington Choral Arts Society, Washington, DC, for 11 years.

#### FEDERICA PROIETTI CESARETTI

Italiano: Pronti, Via! (p. 33)
Native Italian speaker form Treviso, Italy. B.A., IULM, Istituo Universitario di Lingue Moderne, Italy; M.A., educational technology, NJCU. Eleven years' teaching experience as Italian teacher in Red Bank Regional High School, teaching all levels from basic Italian to Italian AP. Advisor for the National Italian Honor Society and coordinator of instructional technology. Board member, ITAN Italian teachers NJ.

#### R

#### **MEGAN RADAK**

Eggciting Eggs! (p. 26); One Skillet Dinners (p. 26); Pancake Party! (p. 26)
M.Ed., Univ. of CA Riverside. Fifteen years' teaching experience in a CA high school.
Fourteen years of teaching and business experience as a director with the Pampered Chef, ranking in the top percentile in the company for the past seven years. Teaching credentials in social science, home economics and CTE Culinary/Hospitality. Wife and mother of four amazing kids.

#### PAUL RADER

Appalachian Cultural Values (p. 51)
B.S., Pikeville College; M.Div., Union Theological
Seminary; D.Min., Columbia Theological
Seminary. Thirty years of ministry in the
Presbyterian Church (U.S.A.) in Ky., W.Va., and
Tenn., including six years as director of the
Coalition for Appalachian Ministry. Author of
numerous articles and writings on Appalachia.
Congregational consultant for churches in
Appalachia. Former secunded staff for the
Commission on Religion in Appalachia.
wanderingappalachian.com

#### **SARAH RAFFINAN**

String and Yarn Art Studio (p. 13) B.A., Princeton Univ.; M.A., educational psychology, Univ. of Colorado. Fifteen years in elementary school classrooms, with a passion for making learning fun through projects, games and hands-on experiences. Avid crafter, puzzle solver, writer and reader. Currently resides outside of Charlottesville, VA with her husband and three children.

#### JAYASHREE RAO, MD

Mindfulness in Wellness and Illness (p. 48)
Dr. Jayashree Rao is a retired pediatric
endocrinologist, who spent 30 years teaching,
researching and practicing medicine at LSU
Health Sciences Center and Children's Hospital
in New Orleans, LA. Having received training in
Mindfulness Based Stress Reduction, and other
courses by Mindful Schools, Mindful Leader
and Mindful Education, she now teaches others
employing techniques offered by psychotherapist
Dave Potter.

#### **DON RAPP**

Learning Better Balance (p. 48)
B.S., physical ed., Carthage College; M.S., early childhood, Florida State; Ph.D., child development, Florida State. Taught child development and gerontology at Florida State, 28 years. Also taught at Univ. of Illinois and Univ. of Georgia. American College of Sports Medicine Certification, personal trainer. Juggler for 78 years. Motivational speaker. Originator of Kinetic Arts Training, designed to enhance physical balance.

#### **MAUREEN REED**

Bridging Faith and Generating Controversy (p. 74); Women Who Rock the Boat (p. 74) B.A., Univ. Minnesota; M.S.-M.D., Univ. Minnesota. Visiting faculty, Gustavus Adolphus College, 2018; adjunct professor, Univ. Minnesota: Medical School 2005–present, Public Health School 2007–present, Undergrad Honors Program 2019. Guest lecturer, Mayo Medical School 2007-2010. Nobel Peace Prize Forum: executive committee co-chair 2005–2011, executive director 2011–2014. Personally worked with 10 Nobel Laureates and met more than 12 others.

#### **CLEMENS REISS**

Intermediate Mah Jongg Strategies (p. 34) B.S., Univ of Wisconsin. Competitive Master Points Tournament Mah Jongg player and instructor; top ranked one line mah jongg player; Co-chairman, Chautauqua Men's Club Speakers Program for the past ten years; guest speaker at Chautauqua Institution Hall of Philosophy, 2016–17.

#### **ELISE G. RENFROW**

Adult Ceramics (p. 17); Handbuilding (p. 17) Elise G. Renfrow is an interdisciplinary artist who works in ceramics, silk-screen prints, and metal sculpture. Currently studying at the Univ. of Cincinnati College of Design, Architecture, Art, and Planning, her work has been exhibited at locations including Pyramid Hill Sculpture Park, Victory Parkway, and the 840 Gallery. She has also worked at establishments including the Cincinnati Art Museum and Manifest Gallery where she developed many skills. www.eliseren-art.com

#### LIZA RIVERA

Introduction to French Language and . . . (p. 33) Ph.D., Romance studies, Univ. of Paris Sorbonne, Paris IV, France; M.A., French, Univ. of Rennes, Brittany, France; M.A., Spanish and Latin American civilization, M.A., Spanish, Univ. of Reims, Champagne, France. Over 20 years of teaching experience at high school, college and university level in France and the U.S. Teaches Spanish and French in WNY.

#### CAROL ROBINSON

College Success: Harder Than It Looks! (p. 16); LeaderFIRST: Redefining Leadership . . . (p. 16) B.A., Sweet Briar College; M.A.Ed., counseling, Wake Forest Univ. Twenty years' experience teaching college students and coaching in career and professional development and applying to medical school and other graduate health professional programs; also, experience as clinical counselor in an in-patient hospital setting and IT/ operations manager in banking.

#### **EMILY ROCKCASTLE**

Farm to Fork Lunch at Green Heron Growers (p. 27); Fun with Fermentation (p. 27); Porch Party Liqueurs and Libations (p. 27)
Owner, The Root Seller. Chef at Root Catering. Director of education and events at Green Heron Growers. Culinary events organizer since 2005. Avid cookbook reader and global recipe gatherer. B.A., ethnic studies, Univ. of Colorado Boulder.

#### **DAVID ROGERS**

Life Drawing (p. 18); PhotoShop (p. 18) An artist who engages in different media including painting, drawing, digital media and installation. He received his B.A. in studio art from San Francisco State Univ. in 2016. He currently lives and works in Brooklyn. davidrogersart.com

#### ALICE ROSE

Art in Paris for Travelers (p. 19); Art in Paris for Travelers (Briefly) (p. 19); Rodin and His Monumental Sculptures (p. 19)

M.Ed., Loyola Univ. Volunteer guide at the Philadelphia Museum of Art and the Rodin Museum. Forty years' prior experience as education administrator, college teacher and workshop presenter. Photographed Rodin's sculptures and plaster casts in Paris, Philadelphia, New York, Moscow (Pushkin Museum) and various museums. Led a small group tour to art museums in Paris and travels there often!

#### NANCY ROSENBERGER

Yoga: Energy and Mindfulness (p. 43) B.A., College of Wooster; Ph.D., Univ. of Michigan. Kripalu-certified teacher of Yoga, specializing in mindful yoga. Thirty years' experience teaching and researching in cultural anthropology. Zen practitioner, lifelong Chautauquan, hiker.

#### **ROBERT ROUNDTREE**

Fun with Acoustic Blues Guitar (p. 62)
A.D., mechanical engineering, New Hampshire
Technical Institute; B.S., Lander Univ. Four
years teaching elementary school; eight years
teaching middle school math; two years teaching
developmental math at Piedmont Technical
College. Currently teaching transitional math part
time as adjunct professor at Piedmont.

#### **ELLEN ROZMAN**

Mastering Your Microbiome and Your Mood (p. 47) B.S., business administration, Univ. of Florida. Twenty years teaching group exercise and personal training; Independent Health Coach certification; gut/digestion specialization; RYT 200-hour certification. Author, *Full of Shit: A Story of Health and Healing to Hell and Back* (2018); owner/proprietor, The Locavore Next Door; board member, Slow Food Austin.

#### LAURA C. RYAN

Gentle Yoga for Rejuvenation (p. 42, 44); Gentle Yoga for Renewal (p. 45); Yoga for Pain Relief (p. 42, 44)

M.S., yoga therapy, C-IAYT, E-RYT500, Maryland Univ. of Integrative Health; Ph.D., M.A., New York Univ.; BFA, Carnegie Mellon Univ. Yoga teacher at Orokawa YMCA in Towson, MD. Yoga therapy work includes clinical, hospital and assisted living community clients. Researches the effects of yoga practices on quality of life. Yoga therapist in private practice.

#### S

#### CYNTHIA SALTZMAN

Controversies that Divide America (p. 76) B.A., Bennington College; Ph.D., anthropology, Columbia Univ.; Postdoctoral Fellow, Yale Univ. Cynthia teaches anthropology and sociology at Rutgers Univ.-Camden, NJ, and has taught at the Univ. of Pennsylvania and Barnard College. She has been a research director, consultant, has lectured on American culture, and published on women and work, and Jewish identity.

#### **SHARON SANTILLO**

Family Stories through Art (p. 20) B.A., Univ. of Dayton; M.Ed., Boston State College. Certified trainer for Univ. of NH. Twenty-seven years' teaching experience in art education, 15 years' experience in leading family history art and writing workshops in U.S. and Canada. Recipient of Massachusetts Art Educator of the Year 2011. www.familystoriesthroughart.com

#### **ZEKI SARITOPRAK**

Toward the Common Word: Islam and Dialogue (p. 70)

Żeki Saritoprak, Ph.D., has held the Nursi Chair in Islamic Studies at John Carroll Univ. in Cleveland since 2003. He received his doctorate in Islamic theology from the Univ. of Marmara in Turkey. He is the author of five books and over 30 academic articles and encyclopedia entries on various topics in Islamic Studies.

#### **LEN SAUERS**

Environmental Sustainability (p. 73) Ph.D., toxicology. Adjunct professor of sustainability, Xavier Univ. Retired vice president of global sustainability, The Procter & Gamble Company.

#### **AMY SCHILLER**

Allies and Acronyms: Gender Today (p. 78) Teacher, writer, speaker and consultant on: philanthropy, American politics, gender, race, sexuality, Beyonce. Four years of teaching undergraduates, currently teaching lifelong learners across New York City with the Brooklyn Institute for Social Research. Amy's writing has appeared in *The Atlantic, The Nation, The Daily Beast, The Chronicle of Philanthropy* and many others, as well as her monthly newsletter, "The Schill," and her blog, "Beyonceder."

#### SHEILA SCHROEDER

Financial Fitness for Savvy Teens (p. 16) Sheila Schroeder, has been working in the financial services industry for over 25 years. She is director of business development for Private Ocean Wealth Advisors working with executive women and their families. Prior to that she was a senior institutional equity salesperson in the Asian equity markets. She lives in San Francisco with her husband and their twin children. She is an avid runner and hiker.

#### **DONNA SCHUELE**

Global Power and the Rule of Law (p. 80)
Ph.D., jurisprudence and social policy, J.D.,
Univ. of California, Berkeley; B.A., Case Western
Reserve Univ. President, Historical Society of
Southern California. Faculty member, California
State Univ. (history, political science, law). Research
affiliate, UCLA Center for the Study of Women.
Distinguished Lecturer, Organization of American
Historians. Law clerk, 1997–98, U.S. Court of
Appeals, Ninth Circuit. Member, State Bar of CA.

#### **NANCY SCHUEMANN**

Beginning Middle Eastern Dance (p. 32) B.S.B.A., marketing, John Carroll Univ. "Nailah" has studied Middle eastern dance for over 30 years and instructs at dance studios, fitness centers, wellness studios and private homes, and performs professionally at family-friendly venues. Multipublished author with over 10 books to her credit.

#### **RICH SCHULER**

Hand Drumming for Fun (p. 61)
B.S., Waynesburg Univ. Lifelong percussionist.
Currently a teacher of hand drumming and drum set. Facilitator and founder of Jamestown Thunder Drum and Dance circle. He has 20 years' experience leading drumming workshops and rhythm events. He has worked at St. Bonaventure Univ., Jamestown Community College, Lilydale Assembly, Aspire of Western NY and many festivals throughout Chautauqua County.

#### KAREN SCHWARZWALDER

Yoga for Living Well (p. 44)
Karen Schwarzwalder is a yoga practitioner with over 30 years of experience. She has studied with many different yogis and chose in 2017 to become certified with YogaFit, an internationally-known instructional program. She has taught yoga in Findlay, Ohio and during the 2018 summer at Chautauqua Institution.

#### AISLINN SCOFIELD

Pinhole Digital Photography Workshop (p. 14) B.A., M.A., photography/interdisciplinary studies, San Francisco State Univ. Taught youth in innercity Detroit and San Francisco photography (film and digital) with simple equipment resulting in images and exhibitions.

#### **RION AMILCAR SCOTT**

I'll Build Me a World (p. 55)

Rion Amilcar Scott is the author of the short story collection *Insurrections*, shortlisted for the PEN/Robert W. Bingham Prize for Debut Fiction. His work has appeared in *Fiction International*, *The Kenyon Review* and *The Rumpus*, among others, and his honors include a Kimbilio Fellowship. Scott currently teaches English at Bowie State Univ.

#### **NANCY A. SEEL**

Backstage at the Opera (p. 63); Understanding Opera: Ghosts of Versailles (p. 65); Understanding Opera: The Barber of Seville (p. 63)
B.A., Mt. Mary College; M.A., State Univ. of New York at Buffalo. Over 50 years of teaching experience encompasses pre-K through college. Currently retired but active in adjudicating for Erie County and New York State School Music Association (NYSSMA). Recently retired from choral adjudicator trainer position for NYSSMA. Recipient of Buffalo Philharmonic Orchestra & Erie County Music Educators Outstanding Music Teacher's Award.

#### JENNIFER LEIGH SELIG, PH.D.

Legacy Letters: Passing on Meaning (p. 56) Ph.D., psychology; M.A., English literature. She has taught for over 30 years, most recently a popular memoir course, "Writing Down the Soul," featured in *The Writer* magazine. Her most recent book is *Deep Creativity: Seven Ways to Spark Your Creative Spirit*. www.jenniferleighselig.com

#### SHELDON SELIGSOHN

Comedy on Trial (p. 78)

B.S., Wharton School, Univ. of Pennsylvania; J.D., Temple Univ. School of Law. More than 35 years of teaching and lecturing at various colleges and universities including Temple Law School, Penn State Univ. and Arcadia Univ. Road Scholar lecturer.

#### **EVA M. SHERMAN**

Fluid Art (p. 20); Simple Soldered Silver Rings (p. 39) Eva began beading as a way to spend time with her daughters but soon became hopelessly addicted. In 2008 she traded in her architectural career for the opportunity to spend all her time among beads, and opened Grand River Bead Studio in Cleveland. Eva has authored two books on jewelry design: Organic Wire & Metal Jewelry and Cool Copper Cuffs. www.evashermandesigns.com

#### **GARY SHIELDS**

Unexpected Fun! Improv for Kids (p. 14); Yes, Let's! Sparking Your Creativity (p. 68)
B.B.A., Kent State Univ.; MBA, Wayne State Univ. Graduate of the Second City improvisational training academy. Thirty years of teaching business courses with an emphasis on management, behavior (including creativity and improvisation), ethics and entrepreneurism. Own and operate own business for last 18 years. Adviser to several student entrepreneur organizations.

#### **DEAN SHOSTAK**

Fiddling for Fun (p. 62)

B.A., music, Univ. of Virginia. Thirty years' teaching and performing experience in workshops, lectures and private lessons. Currently fiddle player for Colonial Williamsburg and the official fiddler who performs on Davy Crockett's fiddle.

#### **SUZANNE SHULL**

Explore Your Personal Singing Style (p. 62); Jamming at Chautauqua (p. 62); Play Guitar (p. 61); Ukulele and You (p. 61)

M.M.Ed., GA State Univ. Thirty years' experience teaching general and choral music grades K–12 in public schools in metro Atlanta. Teaching associate for NAfME sponsored Teaching Guitar Workshops for 19 years. GA Music Educators "Distinguished Career Award" 2000. Consultant for music education and advocacy. Promoter of life-long learning in the area of active music-making.

#### **MELISSA SIVVY**

Acting Workshop (p. 81)

MFA, directing, UMass-Amherst. Has been teaching and directing professionally for over 20 years. She has co-founded two theater companies and gone on to direct work by new playwrights while developing innovative new forms of performance focused on the actor-audience relationship. Ms. Sivvy is nearing a decade with CHQ Special Studies as an acting instructor.

#### **CHARLES SKINNER**

Fall of the Berlin Wall (p. 50)
Berlin Desk Officer at State when the Wall fell,
Charles Skinner, Ph.D. (modern European history,
Harvard, 1979), has taught foreign policy and
diplomacy and international history for the past
10 years at Pitt's Grad School of Public and
International Affairs. His dissertation was about
fin-de-siecle Berlin. His career at State 1979–2006
focused on Europe, including tours in Belgrade,
Hamburg, Bonn, Brussels (USNATO) and London.

#### **BILL SMITH**

Music of the Great Masters (p. 65) Graduate of Cleveland Institute of Music in theory and composition. Has performed in operas and plays and has conducted and sung in numerous choirs. Currently a member of Sarasota's symphonic chorus, Key Chorale, and its chamber chorus. Has taught music of the great composers for a number of years in the Tampa, FL area.

#### **MAGGIE SMITH**

Crafting Free Verse: Line, Syntax, and Stanza (p. 53) Maggie Smith is the author of three prizewinning books, most recently "Good Bones," the title poem from which Public Radio International called the "Official Poem of 2016." Smith's work has appeared in the New York Times, The Paris Review, APR, Best American Poetry and on the CBS drama "Madam Secretary."

#### PAT SNYDER HURLEY

Write Your Way Through Caregiving (p. 56) B.A., Univ. of Pittsburgh; J.D., Univ. of Akron School of Law; M.A., applied positive psychology, Univ. of Pennsylvania. Thirty-eight years' community and professional speaking experience. Published poet and columnist, accredited coach experienced in life transition issues. pathurleypoet.com

#### **BRANDON SOM**

An Open Line to the World (p. 53) Brandon Som is the author of *The Tribute Horse* (winner of the Kate Tufts Discovery Award) and the chapbook *Babel's Moon*. He has been awarded fellowships at the Provincetown Fine Arts Work Center and Civitella Ranieri. Som teaches literature and creative writing at the Univ. of California, San Diego.

#### SARAH SORCI

Medicinal Plants for the Home Garden (p. 49) B.A., environmental studies, Denison Univ.; Holistic Herbalism certificate, Blue Ridge School of Herbal Medicine; Clinical Herbalism program (enrolled), Eclectic School of Herbal Medicine. Owner of Sweet Flag Herbs, offering wellness consults, garden consults and workshops. Extensive teaching experience at wellness centers, continuing education programs, non-profits, conferences, garden clubs and more. www.sweetflagherbs.com

#### TASSO SPANOS

Feeling Better Stretch Exercises (p. 48); How to Relieve or Prevent Low Back Pain (p. 47) B.S., biology, Bucknell Univ.; Master's work at U.N.C. Over 36 years' experience as a pain specialist. Member, American Academy of Pain Management, American Society of Pain Educators, National Assoc. of Myofascial Trigger Point Therapists. Founder, Pittsburgh School of Pain Management. Created "Feeling Better" exercise video and contributed to the book Clinical Mastery in the Treatment of Myofascial Pain. Has presented frequently on "Pittsburgh Life Today" on KDKA, CBS-TV.

#### **PAMELA SPREMULLI**

Kids Create Chautauqua! (p. 11) B.S., marketing, minor, fine arts, Niagara Univ. Continued studies at the School of the Museum of Fine Arts Boston. Over a decade of experience in advertising and the creative arts. Currently teaching primary art at Univ. School, Shaker Heights, Ohio. Award-winning graphic illustrator; exhibiting artist, published illustrator of three children's books; and featured artist in a publication about Cleveland.

#### JANICE STEFKO

From Blooms to Brushstrokes (p. 19) B.F.A., graphic design/illustration, Ohio Univ.; M.A., Duquesne Univ. Adjunct professor, YSU. Member, SCBWI, American Society of Botanical Artists. Work recognized by *Print Magazine*, *Adweek*, PRSA and Champion Papers. Was at the forefront of using soy-based inks and recycled papers while designing books, branding and marketing campaigns. Continues exploring through creation of floral-based painting medium for classes and art.

#### REBECCA STEINBACK

Tai Chi for Health and Fitness (p. 46)
B.A., biology, Austin College; M.S., science education, Univ. of Wisconsin. Thirty-four years' experience teaching biology and chemistry at a private girls boarding school. Recipient of many teaching awards and commendations during her tenure as a high school teacher. Studies and teaches Tai Chi using Dr. Paul Lam's teaching method. taichiforhealthinstitute.org

#### **EVA STERN**

Pilates For Balance (p. 45)

BFA, music performance, Purchase College, State Univ. of New York; M.M., music performance, Eastman School of Music. Comprehensive Pilates training, Balanced Body. Over 20 years of experience as a professional performer and teacher of viola. Member of the Chautauqua Symphony Orchestra. Presenter of movement workshops for music students and professional musicians. www.evasternmoves.com

#### **BECKY STEVENS**

Crochet Basics (p. 37); Expand Your Crocheting Repertoire! (p. 37)

B.A., Muskingum College; M.A., sociology, Ohio State Univ. Over 40 years of teaching crochet and designing hundreds of original crochet patterns. Over 100 original patterns published in national publications, including 16 books by Leisure Arts, two books by Annie's and numerous individual designs with both publishers as well as American School of Needlework. Featured designer in *Crochet With Heart* magazine.

#### KATIE JO SUDDABY

The Wisdom and Technique of Tibetan Sand Painting (p. 21)

B.A., religion and philosophy, Roberts Wesleyan College; M.Div., Colgate Rochester Crozier Divinity School. Ten year' experience creating Tibetan-Style Sand Paintings; five years' experience teaching and lecturing on sand art as a tool for accepting impermanence. Trained in Rochester, NY, Pokhera, Nepal, and Kathmandu, Nepal. Independent educational and art consultant. Non-profit director and internationally recognized speaker/performer.

#### ELIZABETH A. SULLIVAN

Breaking the Cycle of Poverty in America (p. 75); Ethical Perspective on Economic Inequity (p. 75) Elizabeth Sullivan spent over 30 years working at the intersection between politics and policy, directing advocacy organizations that work on environmental issues, education issues and social justice issues. She designed and directed hundreds of political campaigns — from mayors to U.S. senators. She is currently finishing her dissertation on economic inequity at Georgetown Univ.

#### SHANNON SULLIVAN

The Poetry of Trees: Breath and Creation (p. 56) B.A., English, Univ. of Arizona. Currently practices as a certified spiritual director and licensed massage therapist in Tucson, AZ. Shannon facilitates workshops through NCBTMB, St. Francis in the Foothills UMC, SDI 2018 Conference and at Chautauqua Institution. www.artfultouchbyshannon.com

#### Τ

#### LAWRENCE TERKEL

Yoga for Life: Experience the Joy (p. 44) B.S., MBA, Cornell Univ.; M.A., philosophy/religion, Kent State. E-RYT500 teaching yoga/meditation since 1971; 20-year student of BKS lyengar. Founded Spiritual Life Society Yoga Center (oldest in Midwest) in 1978. Bestselling-author of *Small Change* (Penguin 2004) and *How to Meditate* (Carrot Seed 2011). Professor of religion, Kent State. Senior Olympic swimming champion.

#### SUSAN TERKEL

Writing and Publishing Nonfiction (p. 57)
B.S., human ecology, Cornell Univ.; social work, Case
Western Reserve Univ. Over 40 years' experience
as author of nonfiction books on cancer, abortion,
drug laws, ethics and self-improvement, to name
a few. Has written a newspaper column, magazine
articles and poetry. Professional artist, was host of a
local television show, has studied stand-up comedy.

### SARAH TODD

The Art of the Personal Essay (p. 58) B.A., Pomona College; M.A., English, Univ. of Oregon. Editor at *Quartz*, a global digital news publication founded by *The Atlantic*, focusing on personal essays and social science reporting.

#### WALKER TODD

FDR: Politician and Statesman (p. 52) B.A., Vanderbilt Univ.; Ph.D., French, Columbia Univ.; J.D., Boston Univ. School of Law. Over 20 years' teaching experience at Chautauqua, 12 years in law school teaching, three years in collegelevel economics and finance, and more. Teaches at Yavne High School for Girls, Beachwood, OH.

#### TC TOLBERT

Composing in the Moment, On and Off . . . (p. 53) TC Tolbert often identifies as a trans and genderqueer feminist, collaborator, dancer and poet. S/he is Tucson's poet laureate, the author of Gephyromania and four chapbooks, and coeditor of Troubling the Line: Trans and Genderqueer Poetry and Poetics. His favorite thing in the world is Compositional Improvisation (another way of saying being alive).

#### **KEVIN TOMAN**

Help Your Pet Live Longer! (p. 78) Doctorate in veterinary medicine, UC Davis, 1986. Thirty years' experience in private veterinary practice, with an emphasis on integrative medicine. Owner of Mission Animal Hospital in San Luis Obispo, CA. Certified Financial Planner and published author.

#### KATHERINE RYBAK TORRES

Beginning Copperplate Calligraphy (p. 38) B.A., Providence College. Has been doing calligraphy for 30 years and remembers fondly courses at CHQ with Joan Belz. Owner, Queen Street Calligraphy, Alexandria, VA; member of the Washington Calligraphers Guild, member of IAMPTH.

#### **COREY TOWNSEND**

America's Diverging Economies (p. 74) B.A., economics, Auburn Univ.; M.S., finance, Georgia State Univ.; J.D., Thurgood Marshall School of Law. Mr. Townsend is a commercial lender for Ameris Bank, where he provides financing to small businesses. Prior to Ameris, he worked at Morgan Stanley, Merrill Lynch, Bankers Trust and the IRS.

#### LISA TUCKER

Hamilton: The Man, the Musical, the Law (p. 51) A.B., Dartmouth College; M.P.H., Univ. of Michigan; J.D., Harvard Law School. Law professor since 2001; currently teaching law at Drexel Univ. Thomas R. Kline School of Law. Expert on the U.S. Supreme Court; frequent TV and radio commentator. Novelist, writer.

#### U

#### **SELINA UGLOW**

Breakfast for Busy Lives (p. 26); Healthy Eating and Exercise Everyday (p. 27); Snacks That Kids Can Make Themselves! (p. 27)
B.S., sports management and wellness, California

B.S., sports management and wellness, California Univ. of Pennsylvania. Has continued her education with a Natural Wellness Certificate for Nurses at Clayton College; attends ongoing CME courses related to Lifestyle & Functional Medicine. Licensed Practical Nurse (LPN) in the state of Pennsylvania and Certified Personal Trainer (CPT) through the National Academy of Sports Medicine.



#### THOA VAN SEVENTER

Vinyasa Flow Yoga (p. 44)

Studied French since Kindergarten, lived in France and worked at Air Liquide (Paris) for years, worked at pharmaceutical companies in the Bay Area. Avid swimmer and Ashtanga Yoga Practitioner; certified yoga teacher for adults and athletes at studios and corporates in Palo Alto, Mountain View, CA.

#### **GRANT VANCE**

Bridge: To Slam or Not to Slam (p. 36) Diamond Life Master, with many top 10 finishes in Open National Bridge Events. Has a passion for teaching bridge in San Francisco/Oakland, where he has taught dozens of bridge classes on advanced bidding and play topics.

#### **ROBERT VANDE KAPPELLE**

Rethinking Truth (p. 70); Turning Points in Western Church History (p. 70)

Forty years' teaching experience at Grove City College and Washington & Jefferson College. Author of seventeen books. Recipient, Citizen of the Year Award, Washington County (PA), 1991. Ordained minister in The Presbyterian Church (U.S.A.).

#### MARY PATRICIA VOELL

Become a Family History Sleuth (p. 13) B.A., M.A., Univ. of Wisconsin-Milwaukee. Thirty years' teaching experience at Milwaukee School of Engineering and Marquette Univ.; provides programming and workshops on family history throughout the Midwest.

#### **ABBIE VON SCHLEGELL**

How to Be an A+ Nonprofit Board Member (p. 66) B.A., psychology, Stanford Univ. Forty years' fund development and governance experience in nonprofit sector, as staff, executive and consultant. Named Distinguished Fellow of AFP International 2018. Managed own consulting firm for past 12 years in fundraising and governance. Teach regularly for community college and professional organizations.



#### CAPTAIN MARGARET MARY WAGNER

NYS Safe Boating Class (p. 36) Has sailed over 10,000 miles. USCG Auxiliary Safe Boating Instructor, NYS Safe Boating Instructor, Commercial Captain 100 Ton License, Great Lakes, Inland Water and Near Coastal.

#### **RUTH WAHL**

Modern Physics for the Curious (p. 73) B.A., SUNY Geneseo; M.S., St. Bonaventure Univ. Over 30 years as high school physics and earth science teacher; past physics instructor at Jamestown Community College; received Western New York Educational Service Council Excellence in Education Award.

#### SUSAN HOPE WALZER

Mindfulness and Memoir (p. 56)
A.B., English, Brown Univ.; M.S.W., Smith College
School for Social Work; Ph.D., sociology, State Univ.
of New York at Albany. Over 25 years of teaching
and writing, primarily as a professor at Skidmore
College. Prior experience includes positions as a
therapist and mental health consultant.

#### MARY WARNER

Handmade Recycled Paper (p. 40); Intro to Bookbinding and Letterpress Printing (p. 40)
Taught middle and high school math for 12 years before moving on to become a business owner and printer. Opened a letterpress print shop in 2012, working with platen presses from the late 1800s to create greeting cards, custom stationery and other ephemera. www.angelicaink.com

#### **CLAUDE WELCH**

Human Rights and Human Wrongs (p. 74); Understanding Contemporary Africa (p. 79) B.A., Harvard; Ph.D., Oxford. Fifty years' teaching experience at the Univ. of Buffalo. Winner of numerous teaching prizes. Lifetime achievement awards from TIAA and the SUNY Research Foundation, the American Political Science Association, and the International Studies Association for scholarship in human rights. Long-time lecturer at Chautauqua.

#### PETER WENZ

Environmental Ethics (p. 78) B.A., Binghamton Univ.; Ph.D., Univ. of Wisconsin.

Thirty-five years of teaching at universities, including Univ. of Illinois, Oxford Univ. (England), and Canterbury Univ. (New Zealand). Eight books published by such presses as Oxford U. Press, MIT Press and McGraw-Hill. He has lectured in England, Scotland, Ireland, France, Germany, China, Australia and New Zealand, and is one of the people who simultaneously coined the term "environment justice."

#### **ELAINE WERTHEIM**

Sight and Sound: American Painting and Music (p. 19); The Romantic Impulse (p. 18) B.A., art history, M.A., George Washington Univ. Assistant professor of art history, Northern Virginia Community College. Teaches art history and film classes, Mt. Lebanon Continuing Education. Writer, Mt. Lebanon Magazine, 2001 winner of Golden Quill for outstanding magazine feature article.

#### LAURALYNN WHITE

Drawing Every Day (p. 21)
B.F.A., SCAD, Savannah, GA. Curator/director of the Contemporary Art Gallery, Chautauqua, NY, instructor at Chautauqua Special Studies and past gallery director at GoggleWorks Center for the Arts, Reading, PA. White holds exhibiting memberships in NAWA and VACI.

#### NANCY WILKINSON

Art as Prayer (p. 70)

Master's degree, arts education. An art educator, traveler (over 20 countries), photographer and illustrator for children's books. She co-taught Trees of Life at Chautauqua in 2017. She taught for 42 years in the public and private schools in art, theatre and English. For eight years she taught yoga in studios. Her Fulbright scholarships to India and South Africa have provided many speaking engagements.

#### **NANCY S. WILLCOX**

Beyond the "Road Show" (p. 79)
B.S., Chatham Univ.; M.A., Yale Univ. Forty years' experience as interior designer, plus art gallery owner, Lancaster, PA. Twenty-five years as accredited and certified appraiser, member of Appraisers Association of America. Served as Collections Chairman, Trustee, Wheatland, home of President Buchanan. Writer and lecturer on related topics. www.nancyswillcoxcertifiedappraiserllc.com

#### KATHERINE WILLIAMS

Chess: Beginner and Intermediate (p. 15) B.S., Kent State; M.D., Northeast Ohio Medical Univ.; M.P.H., Univ. of Pittsburgh. Instilled skills and love of chess in four sons, from preschool to college, and over 10 years' experience teaching chess to students and making it enjoyable for grades K–12.

#### **JAMES WOHLER**

Aiki/Karate Skills and Self Defense (p. 47) B.S., finance, Pennsylvania State Univ. Twenty years of teaching martial arts, Black Belt since 2004. Middle office manager, Intesa Sanpaolo, NY.

#### **GEORGE WOIDECK**

Create the Mosaics of the Mediterranean (p. 20) Owner, Artisan Architectural Ceramics and Restoration, creating public installations in mosaic and ceramic tile. Long term artist-in-residence, Ohio Arts Council. Exhibitions in galleries and museums in Cleveland, Chicago and New York. Keynote speaker, National Architectural Ceramics Conference. Baldwin-Wallace Univ., The Art Students League, The New School Univ., in-depth training with Master American Ceramic Artists.

#### PAUL WOMACK

Short Story Discussion: War Stories (p. 59) B.A., history, Middle Tennessee State Univ.; graduate degrees, Vanderbilt Univ., Canisius College, Colgate-Rochester, Bexley Hall, Crozer Divinity School. Pastor, Hurlbut Memorial Church, 2008–2014. Vietnam War veteran; interrogation team leader, 25th Infantry Division, 1969–1970. Army Reserve chaplain, Operation Desert Storm, 1991, and Operation Iraqi Freedom, 2004. Retired, Paul lives in Chattanooga, TN, and returns to Chautauqua as co-host of the United Methodist Missionary Vacation Home.

#### JEFFREY WOOD

What Good is the Electoral College? (p. 50) B.A., College of William and Mary; J.D., Northwestern Univ. School of Law. Over 30 years' experience as a corporate attorney, currently with Discover Financial Services, specializing in banking and consumer financial services. Writes and practices law in Chicago.

#### JEREMY WOOLSON

Kayaking and Ecology: The Water's Edge (p. 36) An educator with diverse experience teaching and a long-running interest in water quality issues. Dividing time between teaching classes at SUNY Fredonia and working at Evergreen Outfitters as a kayaking instructor (ACA Coastal Kayaking Level 2 certified) keeps him occupied throughout the year in matters connected with aquatic ecology and conservation.

#### **CHRISTINA WORLEY**

Are You a Woman Ready for Retirement? (p. 23) B.A., Univ. of Pennsylvania, Wharton School of Business. NY and FL Certified Public Accountant (CPA/PFS). Earned Chartered Financial Analyst (CFA) designation, Certified Financial Planner (CFP) designation. Managing Member and Founder of Castle Wealth Management, established in 1997, A Florida Fiduciary RIA firm. She has a passion for teaching financial literacy to teens and women, and has done so in many venues.



#### LAURIE YOUNG

Laughter Works: Humor, Play and Health (p. 48) Has studied humor and holistic health for decades. Teaches health and humor to graduate students at Western Michigan Univ. and through their company, Laughter Works, she and Kay Caskey have presented over 1,000 keynotes and workshops all over the world to a variety of organizations from human service, education, health and business. A life-long laugher.



#### **ROBERT ZELLERS**

Refinishing, Repairing and Restoring Furniture with Ease (p. 39)

Ed.D., M.Ed., Univ. of Pittsburgh; B.A., Waynesburg College. Professor Emeritus, education division, Univ. of Pittsburgh at Johnstown. Forty-three years of experience in teaching graduate and undergraduate education courses. Published author. Professional furniture refinisher with over four decades of experience.

#### DIANNE ZIMMERMAN

Mah Jongg for Beginners (p. 36) B.S., elementary education, Northern Illinois Univ.; Master's, education administration, Univ. of Missouri-St. Louis, additional classwork postgraduate. Thirty-six years of teaching experience. Craft teacher over 40 years, taught mah jongg continuously last 14 years in Fayetteville, AR, and in Chesterfield, MO, as well as the last four years in Chautauqua. I am currently teaching mah jongg at Friendship Village Chesterfield.

#### PEGGY ZORN

Kids in the Kitchen: Baking 101 (p. 14); Sewing for Beginners (p. 14)

Continental School of Beauty Culture and Wilton Cake Decorating. Making the world a beautiful place with clothing, hair styles and confections. Award-winning costumer for 10 schools costuming up to 35 shows a year, owner of Diapers By The Dozen, an online store selling homemade baby items, and owner/stylist at Lockeworks Salon in Fairport, NY. Teaching students how to design and build costumes for theatre productions and fashion shows. Baker for private individuals. www.diapersbythedozen.com

100 MASTER CLASSES SPECIAL STUDIES 2019

# MASTER CLASSES BY WEEK

### Week One (June 24-28)

600 • THE MEDITERRANEAN LIFESTYLE AND ITS IMPACT ON WELLNESS

Amy Riolo / See page 25.

**601 • MASTERING MEDITERRANEAN COOKING** 

Amy Riolo / See page 25.

602 • CREATING A COOKBOOK: HOW TO WRITE, PUBLISH AND PROMOTE YOUR CULINARY PHILOSOPHY

Amy Riolo / See page 25.

1601 • EDITING 101: WHAT EDITORS DO AND HOW WE DO IT

Emily Nemens / See page 55.

### Week Two (July 1–5)

**1510 • MY WHITMAN** 

William Heyen / See page 54.

2706 • MODERN SLAVERY: TRAGEDY AND HOPE

Luis C.deBaca / See page 74.

2707 • UNCOMMON COMMUNITIES FROM MULTICELLULARITY TO MULTICULTURALISM

Jason Scott Robert / See page 75.

2710 • A CONVERSATION WITH ERIC KLINENBERG

Eric Klinenberg / See page 76.

### Week Three (July 8-12)

**608 • EXPLORING THE HISTORY OF ITALIAN CUISINE** 

Amy Riolo / See page 26.

609 • MASTERING ITALIAN PASTA, SAUCES AND OLIVE OIL

Amy Riolo / See page 26.

2000 • COMPARATIVE MUSIC LISTENING

Rossen Milanov / See page 61.

2713 • A CONVERSATION WITH COREY JASKOLSKI

Corey Jaskolski / See page 77.

2714 • A CONVERSATION WITH STEVE WINTER

Steve Winter / See page 77.

2715 • A CONVERSATION WITH RAE WYNN-GRANT

Rae Wynn-Grant / See page 77.

2716 • A CONVERSATION WITH KEVIN HAND

Kevin Hand / See page 77.

### Week Five (July 22–26)

1006, 1007 • TENNIS CLINICS WITH JIMMY ARIAS

Jimmy Arias / See page 34.

1420 • WINSTON CHURCHILL

Larry Arnn / See page 51.

2000 • COMPARATIVE MUSIC LISTENING

Rossen Milanov / See page 61.

2708 • LIVING YOUR BEST LIFE THROUGH NARRATIVE

**Jason Scott Robert** / See page 75.

Week Six (July 29-Aug. 2)

1716 • WRITING FUNNY: FROM JOKES TO SKETCHES TO

**SCREENPLAYS** 

Alan Zweibel / See page 57.

**2752 • PREACHING PUNCHLINES** 

Rev. Susan Sparks / See page 79.

Week Seven (Aug. 5-9)

807-810 • PAUL TAYLOR DANCE COMPANY CLASSES

Paul Taylor Dance Company / See page 31.

811-813 • PILOBOLUS MASTER CLASSES

Pilobolus / See page 32.

2000 • COMPARATIVE MUSIC LISTENING

Rossen Milanov / See page 61.

2312 • GRACE! NOW! EMBODYING THE VOICES OF YOUR

**HIGHEST SELF** 

Kelly Carlin / See page 67.

Week Eight (Aug. 12–16)

2003 • ACCESS TO ARTISTS: SIX DEGREES OF BEETHOVEN

Donald Sinta Quartet / See page 61.

2709 • YOU WANT THE FUTURE? YOU CAN'T HANDLE THE

**FUTURE!** 

Brad Allenby / See page 75.

2745 • COVERING THE WORLD: FROM AFRICA TO

**ANTARCTICA** 

Robin Wright / See page 80.

Week Nine (Aug. 19–23)

2212-2221 • JAZZ AT LINCOLN CENTER ORCHESTRA MASTER

**CLASS SERIES** 

Seton Hawkins & Jazz at Lincoln Center Orchestra / See page 64.

# **How to Register**

#### ONLINE

### CLASSES.CHQ.ORG Visit classes.chq.org and click on Special Studies tab. Browse the online catalog or search for a specific

#### BY MAIL

Use the registration form on page 104 and enclose your full payment. Mail to: Ticket Office PO Box 28 Chautauqua, NY 14722

#### BY PHONE

Call 716-357-6250 during Ticket Office hours. Have your course number(s) and payment method ready when you call.

#### **IN PERSON**

Pre-season: Through June 21, stop in at the Main Gate Ticket Office during open hours to register.

#### **IN SEASON**

Beginning June 23, register at any of these locations: Special Studies Office at the Hultquist Center, Main Gate Ticket Office and Visitors Center.

### **TICKET OFFICE HOURS**

#### Main Gate Ticket Office

716-357-6250

course.

Main Gate Welcome Center (Located off Rt. 394)

#### Pre-season hours (through June 22)

Monday-Friday 9 a.m.-4 p.m.

Saturday 10 a.m.–3 p.m. (starting May 25)

Sunday Closed

In-season hours (starting June 22)
Monday–Sunday 7 a.m.–9 p.m.

### **Visitors Center Ticket Office**

Located on Bestor Plaza (Post Office Building) Sunday–Friday 9:30 a.m.–2:30 p.m.

Saturday Closed

# SPECIAL STUDIES OFFICE AT HULTQUIST CENTER

Open June 23-Aug. 23 716-357-6348

Located on second floor of Hultquist Center

- •General questions
- •Class registration
- •Faculty check-in
- Refund information

#### **2019 Hours**

Sunday 12 p.m.-3 p.m.

Monday-Tuesday 8 a.m.-5 p.m.

Wednesday-Thursday 8 a.m.-3 p.m.

Friday 8 a.m.-1 p.m.

Saturday Closed

# **General Information**

#### PRE-SEASON REGISTRATION

To avoid disappointment, students are encouraged to register for a course as early as possible.

### **INTERNET ORDERS**

Internet orders are not live and will be processed within 24 hours. You will be mailed or emailed a receipt. Courses are removed from the online ticket site one week prior to start. Please call or visit a ticketing location to register if course is to start within seven days or fewer.

#### PROCESSING FEE

A \$5 fee will be added to each order placed online, by mail or by telephone.

#### **RECEIPTS**

You will be mailed or emailed a receipt. You must bring your class registration receipt with you to the first class meeting as proof of payment. Reprint receipts are available at any ticket window.

#### AGE

Age limits are set by instructors based on course content and will be adhered to.

#### **ENROLLMENT CONFIRMATION**

Your enrollment in a class is not confirmed until the order is processed and you have received your eight-digit order number.

#### **PAYMENT OPTIONS**

Visa, MasterCard, American Express and Discover are accepted as payment for phone, internet and in-person orders. For mail orders, only checks are accepted as payment. In addition to credit cards and checks, for registration in person at Institution ticket windows, cash and gift cards are also accepted.

#### **CONTACT INFORMATION**

A current email address and phone number are required during registration in cases of course cancellation or important information from the course instructor. 102 REGISTRATION SPECIAL STUDIES 2019

#### **MEET AND GREET**

To learn more about this summer's Special Studies offerings once you've arrived on the grounds, attend the Meet and Greet from noon to 3 p.m. every Sunday. Located off the brick walk in front of Hultquist Center, the event features many instructors on hand to display sample course items (crafts, paintings, mosaics, books, etc.) and answer any questions about their course. Registration is also available during this time in the Special Studies Office on the second floor of Hultquist Center.

#### **ONE-SESSION ATTENDANCE**

Many instructors offer the option of attending one day of a multi-day class. Please note that some classes are limited to the first day of the class only. Students may not register in advance for one day of a multi-day class, listed as "1 session at door" in this catalog. One-session admissions are on a space-available basis, payable only to the classroom monitor at the door.

#### **WAIT LIST**

If a class is full at the time of registration, you may request to be added to a wait list. If space becomes available, acceptance into the class is made only from this wait list. You will be notified by phone and/or by email if there is availability. A valid email address and phone number are required to be placed on the wait list.

#### **ACCESSIBILITY**

The following classrooms are accessible by elevator, ramp or are at ground level: Alumni Hall (all classrooms) Arts Quad, Ceramics Studio Carnahan-Jackson Dance Studios Chautauqua Room, Athenaeum Hotel Elizabeth S. Lenna Hall Girls' Club Fletcher Hall Heinz Beach Fitness Hultquist Center, Room 101 Hurlbut Church, Sanctuary McKnight Hall Pier Building Classroom Pier Building Lounge Smith Library Classroom Sports Club Turner Community Center (all classrooms) John R. Turney Sailing Center

Special Studies is committed to providing equal access for all students. Students in need of accommodations should contact the Special Studies Office at specialstudies@chq.org or 716-357-6348 at least a week in advance of your first class meeting.

#### **MATERIALS LIST**

Please note that many instructors provide a list of recommended or required materials for students to bring to class. These courses are noted with the conformal incompanying materials lists can be found at chq.org/classes.

### **MATERIALS FEE**

If listed, the materials fee should not be included in tuition payments, but instead must be paid directly to the instructor on the first day of class. The materials fee represents the approximate cost to purchase materials from the instructor or independently. You will see the \$\scite \text{icon} next to any class that requires a materials fee.

# COURSE TRANSFERS AND CHANGES

Within 24 hours of the first meeting of a course, students may, if necessary, elect to change or transfer their registration. All such changes or transfers require a \$10 transfer fee per course. Because many courses reach maximum enrollment, changes or transfers must be made as soon as possible to allow another student access to that course.

# CANCELLATION AND REFUND POLICY

If a class is canceled by the Special Studies office, you will be notified, and you will receive a 100% refund to your original form of payment. Please ensure that Special Studies has your current email address and phone number by including it with your registration.

Students canceling a class eight (8) days or more prior to the start of a class will receive a refund less a \$10 cancellation fee.

Students canceling a class seven (7) days or less prior to the start of a class will receive a credit voucher on their Special Studies account, less a \$10 cancellation fee.

Students canceling a class after the start of the class will receive a prorated credit voucher on their Special Studies account, less a \$10 cancellation fee.

The credit voucher must be used within the 2019 season, or by August 23, 2019.

#### **FEEDBACK**

Chautauqua has a historic commitment to lifelong learning, and we encourage you to provide us with feedback on learning experiences you would be interested in while visiting Chautauqua. Please assist us in creating an exciting curriculum by emailing your ideas and any other feedback regarding Special Studies to Karen Schiavone, manager of Special Studies and youth programs, kschiavone@chq.org, or visit the Special Studies office at Hultquist Center.

You are also encouraged to complete the 2019 Special Studies survey, which will be emailed upon conclusion of a course and is also available at classes.chq.org. Survey data provides important information to instructors and staff on customer service issues, registration procedures, and future Special Studies offerings.

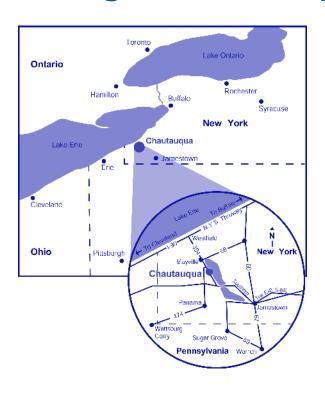
#### **2020 COURSE PROPOSALS**

If you would like to teach a Special Studies class during the 2020 season, please visit classes.chq.org and complete the course proposal form. For additional information, please stop by the Special Studies office during the season, visit classes.chq.org, or contact Karen Schiavone at kschiavone@chq.org. The deadline for Special Studies proposals is Oct. 1, 2019, to be considered for the 2020 season.

#### PHOTO, VIDEO AND SOCIAL MEDIA

Photographs and videos are periodically taken of people participating in Chautauqua Institution programs, classes and events. All persons, including instructors, students or participants and their child/ward, thereby agree that any photograph or video taken by Chautaugua Institution may be used by Chautauqua Institution without limitation, and including, but not limited to, advertising, promotional materials, the Chautauqua Institution website, promotional videos, course catalogs, brochures, flyers, social media and other publications, without additional notice or permission and without compensation to the participant. All photos and videos are property of Chautauqua Institution.

# **Getting to Chautauqua**



#### **DIRECTIONS**

Chautauqua Institution is located in the southwestern corner of New York state. From the New York State Thruway (Interstate 90), take Exit 60, then Route 394 south.

From the Southern Tier Expressway (Interstate 86/Route 17): If eastbound, take Exit 7, then Route 33 north, and Route 394 south. If westbound, take Exit 8, then Route 394 north.

Regional airports include the Buffalo Niagara International Airport (70 miles northeast of Chautauqua) and the Erie, Pa., airport (40 miles southwest of Chautauqua).

Shuttle, bus and additional transportation services are available to and from the Buffalo Niagara and Chautauqua County Airports. Visit **chq.org/plan-your-visit** for schedules and contact information.

Recommended GPS address is: 1 Massey Avenue Chautauqua, NY 14722

#### **SPECIAL STUDIES GATE PASS**

A Special Studies Gate Pass is available only for those living outside the grounds who are attending Special Studies classes on the grounds. There is NO FEE for this pass. No access to Amphitheater programs. Commuter students must present a paid course registration receipt in order to receive this pass at the Main Gate Welcome Center ticket window. No gate pass is required for classes held at Turner Community Center.

#### **GATE PASSES**

A gate pass is required of everyone 13 years of age or older and is needed for movement on and off the grounds and for admission to the Amphitheater and other events (except operas and plays presented in Norton Hall or Bratton Theater, for which reserved seats are sold). For complete gate pass fee information or to purchase a pass, visit www.chqtickets.com or contact the Chautauqua Institution Ticket Office at 716.357.6250.

#### **PARKING**

Daily • \$10 Parking Book (5 daily coupons) • \$40

For those from the surrounding community who have classes at Turner Community Center, complimentary parking spaces have been designated in front of the building. These spaces are reserved for those attending programs at Turner only and are limited to a 3-hour maximum use. This parking area will open at 7 a.m. and closes at 8 p.m. daily.

#### **NEW VISITOR INFORMATION**

Whether you're new to Chautauqua or not, the Visitors Center on Bestor Plaza will provide you with the information you need to make the best of your Chautauqua experience.

The Visitors Center is open 9 a.m. to 5 p.m. Sunday through Thursday, 9 a.m. to 7:30 p.m. Friday, and 1 to 5 p.m. Saturday.

Information orientation sessions for first-time visitors are held at 6 p.m. every Sunday of the season on the first floor of the Hultquist Center.

#### YOUTH & FAMILY ORIENTATION

Designed for families new to Chautauqua, Family Orientation (Sundays from noon to 3 p.m. at Hultquist Center) is your chance to learn more about Children's School, Boys' and Girls' Club, Club Plus, Special Studies, CLSC Young Readers and the many other opportunities available for youth throughout the week. Chautauqua's Youth Activity Coordinator will be on hand to answer questions and provide a schedule of events for youth, including those enrolled in Special Studies classes.

#### **ACCOMMODATIONS**

To learn more about housing available during your stay, use Chautauqua Institution's web-based accommodations service at chq.org by clicking on the "Accommodations" tab.

For more information about planning your visit to Chautauqua this summer, go to chq.org/plan-your-visit.

104 REGISTRATION SPECIAL STUDIES 2019

# **Registration Form**

### **SPECIAL STUDIES 2019**

Name							
Shipping Address				Required (if applicable)			
City			State Required		ZIP Required		
		C			Required		
Email Required (for c	ontact in case of course cancellation/change) dations During Season:	Re	equired (only used in case of e	eceipt	Mail receip	t via USPS	
Student 1 Name:				Birth Date: Required			
Course #	Course Title	Page # in Catalog	Instructor	Week #	Dates	Fee	
Student 2 Name: Birth Date:							
Course #	Course Title	Page # in Catalog	Instructor	Week #	Dates	Fee	
For additio	nal students or courses, please photo	ocopy form.					
Payment: Enclosed is my check made payable to Chautauqua Institution Total from this side: \$  To protect your security, credit card payments are not accepted with mailed order forms.							
Mail completed order to: Ticket Office PO Box 28 Chautauqua, NY 14722				Processing Fee*: \$ 5.00			
				Grand Total: \$			

Do not include materials fee with payment. Materials fee must be paid to instructor on first day of class. \*Orders without processing fee may be delayed until full payment is received.

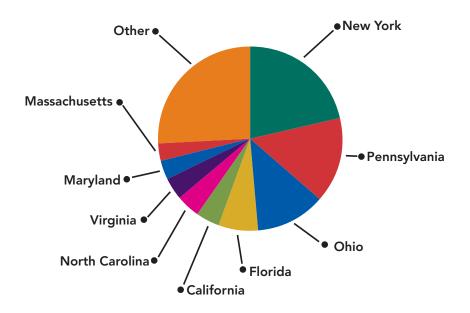




Education and Youth Chautauqua Institution PO Box 28 Chautauqua, NY 14722

# Special Studies at a Glance

Where are our instructors from?



Visual Arts 33 Classes















42
Master Classes

**497** classes

347
instructors

52
classrooms on the grounds

4,957 total classroom hours

Over **79%** of classes are available to high school students

25% of our instructors are teaching in Special Studies for the first time, and 7% are experiencing CHQ for the first time this summer

In 2018: **4,700** students participated in classes at CHQ last summer

CLASSES FOR YOUTH AND ADULTS • REGISTER AT CLASSES.CHQ.ORG