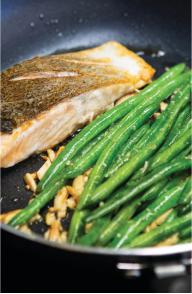
THIS IS THE PLACE

2023 SPECIAL STUDIES CATALOG



CLASSES FOR YOUTH AND ADULTS • REGISTER AT LEARN.CHQ.ORG









Three Easy Ways to Register for Classes

- 1 ONLINE
 Visit learn.chq.org to browse the online catalog and register for a class.
- 2 BY PHONE
 Call 716-357-6250 during Ticket
 Office hours. Have course
 number and payment method
 ready when you call.
- 3 IN PERSON Through June 16: Stop in at the Main Gate Welcome Center Ticket Office during open hours to register.

Beginning June 19: Register at the Special Studies Office at the Hultquist Center and Main Gate Welcome Center Ticket Office.

For more information and complete office hours, see **How to Register** at the end of this catalog.

COVER IMAGE | Photo by Jill Bornand

Something for everyone.

Inside this catalog you'll find hundreds of ways to personalize your Chautauqua experience this summer. Join the thousands of lifelong learners — Chautauqua veterans and first-time visitors alike — who will challenge and enrich themselves as students in the Special Studies program. Our diverse curriculum offers learning experiences for students of all ages during their visit to Chautauqua.

Browse the catalog

Have a favorite hobby or want the kids to try something new? Search this catalog by subject or use our online catalog at **learn.chq.org** to see all available classes in a variety of subjects, from art and poetry to fitness and the culinary arts.

Here for a week? Use our **Classes by Week** listing to see a complete list of classes available during your stay.

Learn more in person

Some Special Studies classes fill quickly, and pre-season registration is recommended. Get to know your instructor when you arrive by attending the Special Studies Meet & Greets on Sunday afternoons. Instructors are available to discuss the upcoming week's classes from noon to 3 p.m. every Sunday in front of the Hultquist Center on Bestor Plaza.

Let us know what you think

The Special Studies program is designed by community members for community members. Sharing your experience and feedback through an evaluation after completing a class is an important tool for shaping the future of lifelong learning at Chautaugua.

Become a teacher

Many Special Studies instructors are Chautauquans themselves — experts in their respective fields who wish to share their knowledge with those of a curious mind. If you would like to teach a class in the future, please visit our Instructor Portal at **learn.chq.org** to complete a course proposal form. The deadline for the 2024 season is Nov. 1, 2023.

Whether you'll be celebrating your diamond anniversary as a Chautauquan this summer or are stepping onto the grounds for the first time, consider how a Special Studies class (or two) may just make your summer here even more meaningful.





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Photos by Jill Bornand unless otherwise noted.

Chautauqua Institution welcomes students of any race, gender, color, national or ethnic origin, sexual orientation or religious background.

All information is official but subject to change. Chautauqua Institution reserves the right to cancel any course.

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CLASSES BY WEEK

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, ,	47	The Grape Discovery Center Presents: A Comparison of Carménére	15
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Mosaics with Tile and More	23	Creative Movement	18
Resin Pendants: Instant Gratification!	22	Intermediate Ballet	18
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	31	Handcrafted Jewelry Inspired by the Natural World	23
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•	32	Quilting for Travelers: English Paper Piecing Resin Pendants: Instant Gratification!	22
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Joy of Ukulele	39 39	Pilates Mat Class	27
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PERSONAL & PROFESSIONAL DEVELOPMENT Joy and Resilience	42	Senior Chair and Balance Exercises	27
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Visit learn.chq.org for complete course descriptions, instructor biographies and to register.

HEALTH & FITNESS

Barre Fitness Class

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Week Six (July 30-Aug. 5)		Chronic Pain Management: Low Back and Hip	29
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Teen Takeover: STEM

Toddler Time

The Habitats of Chautauqua: Nature Journaling

Create your own meaningful keepsake in "Resin Pendants: Instant Gratification!" (page 22)

Chautauqua Health & Fitness: Water Ex, Rush Hour HIIT, Spin, Pilates

6 CLASSES BY WEEK SPECIAL STUDIES 2023

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Young Artists

What's My Line? Improv for Kids



Introduction to Paper Making and Paper Marbling Over and Under: Paper Making Handprints



Explore the arts of book making and paper making in "Introduction to Book Arts" and "Introduction to Paper Making and Paper Marbling" (page 24)

24 24 8 YOUTH SPECIAL STUDIES 2023

Youth

Babies, Toddlers, Preschoolers

0102 • MINI MASTERS ART EXPLORER Children's School Staff

Our tiniest artists and their adults will create, learn and play together in this art class designed specifically for families with toddlers. Children 2–3 years old must be accompanied by at least one caregiver (16+). Families are encouraged to attend this workshop together! Ages 2–6 with an adult.

Wks 1 to 9, 6/26–8/23 / M, W / 2:45–3:45 p.m. Sheldon Hall of Ed. First Floor

Fees: 2 sessions • \$39

0103 • LITTLE SPROUT GARDEN TO TABLE COOKING

Children's School Staff

What's growing in the gardens at Children's School? In this class, little chefs and their families will make dishes inspired by the produce growing in our gardens. All children must be accompanied by at least one caregiver (16+). Families are encouraged to attend this workshop together! Ages 2–6 with an adult. Wks 1 to 8, 6/27–8/17 / Tu, Th 2:45–3:45 p.m. / Children's School Kitchen Fees: 2 sessions • \$39

0104 • KINDERMUSIK FOR BABIES, TODDLERS AND PRESCHOOLERS Christa Beck

Create memories, make learning delightful and celebrate blossoming independence in this music class for babies, toddlers and preschoolers. Sing, dance, giggle, hop, imagine, cuddle, play instruments and embrace the uniqueness of each child. Full of activities with proven developmental benefits that include boosting early literacy and language abilities, social-emotional skills, cognitive development, and fine and gross motor skills. Themes differ each week. Ages 3 mos–5 yrs.

Wk 1, 6/26–6/30 / Wk 2, 7/3–7/7 / M, W, F 9:15–10:15 a.m. / Sheldon Hall of Ed. 201 Fees: 3 sessions • \$55

0105, 0123 • MUSIC FOR BABIES AND TODDLERS

Children's Music Studio

Sing, dance, move and play in this parent-child class with instruction from the international renown Musikgarten curriculum. Your child's senses will be awakened and their musical development will be enhanced as you bond with them through age-appropriate scarf dances, circle games, bounces, tickles, lullabies and steady beat activities. You will carry with you an arsenal of songs and activities for family music at home! Ages 0–3.

Wk 1, 6/27–6/29 / Wk 2, 7/4–7/6 Wk 3, 7/11–7/13 / Wk 4, 7/18–7/20 Wk 5, 7/25–7/27 / Wk 6, 8/1–8/3 / Tu, Th 9:15–10:15 a.m. / Sheldon Hall of Ed. 201 Fees: 2 sessions • \$39

Wk 7, 8/7–8/11 / Wk 8, 8/14–8/18 Wk 9, 8/21–8/25 / M, W, F 9:15–10:15 a.m. / Sheldon Hall of Ed. 201 Fees: 3 sessions • \$55

0106 • TODDLER TIME

Meredith Andrews & Amy Divijak

Enjoy time with your toddler as we listen, learn, sing, move and play together in a fun and educational environment that emphasizes early literacy skills. Toddlers and parents interact through movement and rhythm activities, parachute and hula hoop games, songs, dances, stories and crafts, to learn about themes such as colors, shapes, numbers, the environment and the community. Each class ends with bubble time, and a special take-home memento related to the day's theme. Ages 18 mos–3 yrs. Wk 3, 7/10–7/14 / Wk 4, 7/17–7/21 Wk 5, 7/24–7/28 / Wk 6, 7/31–8/4 / M, W, F 9:15–10:15 a.m. / Sheldon Hall of Ed. 201

Fees: 3 sessions • \$55

Elementary

0107 • KIDS CREATE CHAUTAUQUA Pam Spremulli

Young artists will walk the grounds and discover Chautauqua in a new and exciting way. We will focus on sketching, drawing (art journaling), painting (en plein air) and even manual arts (think hammers!). Get ready to discover the many hidden wonders of the grounds! Ages 7–12. Wk 1, 6/26–6/29 / Wk 2, 7/3–7/6 M, Tu, W, Th / 4:15–5:45 p.m. Pier Building Classroom

Fees: 4 sessions • \$109 / Materials fee • \$20

0108 • MATH GAME FUN Rachel Roberts

Are you a kid who loves math? Or are you kid who loves games? Maybe you are a kid who needs to keep up your math skills this summer. We will play an hour of fun games that incorporate elementary school math skills such as number sense, addition, subtraction, mental manipulation of numbers, time and fractions depending on the ages of participants. Some games will be available to take home and share with families, too. You will have so much fun you won't even notice your brain brushing up on important math concepts that stop the "summer slide." Ages 5–10.

Wk 3, 7/10–7/13 / Wk 4, 7/17–7/20

M, Tu, W, Th / 4:15–5:15 p.m. Beeson Crafts Room Fees: 4 sessions • \$85

PLAY CHO PREMIUM PASS

0101 • PLAY CHQ PREMIUM PASS Play CHQ Staff

The Play CHQ Premium Pass takes the fun to a whole new level! Passholders are granted access to at least five unique activities per week. Individual activities can be purchased on location for \$10 each. Schedule and activities will vary throughout the season; offerings may include tie-dye projects, robotics, maker activities, and more complex crafts. Updated program information can be found on the weekly Green Sheet insert in *The Chautauquan Daily* and at *chq.org*. These activities follow the Play CHQ drop-in model; participants are free to come and go throughout the scheduled time as they desire. Ages 3+.

Wks 1 to 9 / Dates, Times and Locations Vary Fees: 5 activities per week • \$25 per week

0109 • YOUNG ARTISTS Tami S. Hritzay

Join us for a week or more of fun and interesting projects. If you like to draw, paint or build things, this is the course for you. Wear old clothes to class in case of a paint spill, and come ready to immerse yourself in the studio! Ages 6-13. Wk 7, 8/7-8/11 / Wk 8, 8/14-8/18 Wk 9, 8/21-8/25 / M, Tu, W, Th, F 10:30 a.m.-12 p.m. / Turner 204 Fees: 5 sessions • \$125 / Materials fee • \$15

0110 • ORIGAMI AND PAPER **SCULPTURE FOR KIDS** Tami S. Hritzay

Kids and origami! You'll learn to create origami figures out of paper and dollar bills — sometimes they will be large and sometimes very small. We'll also explore the world of paper sculpture: masks, pinwheels and various shapes will come to life. Be adventurous and be creative! Ages 6-13. Wk 8, 8/14-8/18 / M, Tu, W, Th, F 3-4:30 p.m. / Turner 106

Fees: 5 sessions • \$125 / Materials fee • \$15

Middle Grades to **High School**

0111 • CHESS: BEGINNER TO INTERMEDIATE Katherine Williams

Chess is the classic game that develops spatial thinking and strategies and builds focused concentration. Beginning chess players will learn basic game rules and opening tactic moves. Intermediate players will learn sophisticated combinations and strategies. All players will have fun competing against each other with individualized coaching to apply and advance their skills. Ages 6-21. Wk 1, 6/26-6/29 / Wk 2, 7/3-7/6 Wk 7, 8/7-8/10 / M, Tu, W, Th 4:15-5:15 p.m. / Beeson Crafts Room Fees: 4 sessions • \$85

0112 • THE HABITATS OF **CHAUTAUQUA: NATURE JOURNALING**

Ann Gasser

Join us for a week-long exploration of how nature journaling can enhance observational skills. Each day includes a nature walk, a mini lesson on the selected habitat, and time for guided nature journaling while visiting various locations in Chautauqua. You will be guided to record what you see, smell, hear and feel while sitting on the lakefront, walking though the ravine or bird watching at the Arboretum, and learn techniques for deepening observational skills, sketching and journaling, and making connections to your own life. Ages 9-12. Wk 6, 7/31-8/4 / M, Tu, W, Th, F 12:30-1:45 p.m. / Heinz Recreation Center Fees: 5 sessions • \$115 / Materials fee • \$25

0113 • GRAPHIC NOVELS AND **COMICS: WRITING IMAGES AND DRAWING WORDS**

Sally Levine

Whether you like to write, to illustrate, both or neither (but you're interested in learning to develop writing and illustration skills), you can produce a mini graphic novel. This class takes a step-by-step approach to creating a graphic novel taking place at Chautauqua, developing a clear narrative, drawing engaging characters, producing a storyboard and ultimately formatting the final work. The Wednesday class is held on Bestor Plaza where students will draw background images for their graphic novels. Aaes 5-18.

Wk 7, 8/7-8/11 / M, Tu, W, Th, F 2-3:30 p.m. / Heinz Recreation Center Fees: 5 sessions • \$125 / Materials fee • \$8

0114 • IMPROVISATION FOR TEENS **AND TWEENS**

Elise Morrison

Improvisation is foundational for acting and for many situations in life. It teaches you to be present, actively listen, think on your feet, use your imagination to create stories and build connection with fellow performers. This class will focus on the fundamental principles of improvisation with emphasis on agreement, listening, spontaneity, scene building and having fun. If you've ever wanted to learn how to improvise or to be more comfortable speaking up in everyday situations, this class is for you! Ages 8-18. Wk 7, 8/7-8/11 / M, Tu, W, Th, F

2-3 p.m. / Children's School Fees: 5 sessions • \$99

0115 • BE HERE NOW: WRITING FOR 🗪 LIVE PERFORMANCE



We all get enough of screens — spend a week exploring the art of writing for theater and the process of bringing a script to life. We'll explore what it means to write for live performance, dive into character and story development, and focus on how to make a voice explode off the page. Each writer will create a character and write a monologue for them, then work together to refine and rehearse our stories. We'll finish with a performance of this new collection of monologues for an invited audience, giving young playwrights the full page-to-stage experience. A lot can happen in a week! Ages 14-21.

Wk 8, 8/14-8/18 / Wk 9, 8/21-8/25 M, Tu, W, Th, F / 1:30-4 p.m. Heinz Recreation Center

Fees: 5 sessions • \$139



Get creative in "Kids Create Chautauqua!" (page 8)







10 YOUTH SPECIAL STUDIES 2023

0116 • KIDS AND COLORED PENCILS Tami S. Hritzay

This class is geared toward kids who love to draw with pencil and want to further their abilities. You'll learn how to layer colors using colored pencils. Our subject matter will range from drawing animals and people, to drawing moving water and gorgeous sunsets. We will review one- and two-point perspective to enable you to create more accurate drawings. Ages 8–13. Wk 9, 8/21–8/25 / M, Tu, W, Th, F 2–4 p.m. / Turner 204

Fees: 5 sessions • \$135 / Materials fee • \$20

0117 • BROADWAY BOUND: MUSICAL THEATER FOR KIDS

John C. Barthelmes & Kaitlyn Barthelmes

The lights of Broadway have come to Chautauqua! Come spend a week singing, acting and dancing songs and scenes from your favorite shows on Broadway. You might discover some new talents or expand on ones you already have. Find out about the teamwork and creativity it takes to put together a Broadway Revue performance for the end of the week. Ages 8–18. Wk 9, 8/21–8/25 / M, Tu, W, Th, F 2:30–3:30 p.m. / Girls' Club

2:30–3:30 p.m. / Giris Cit Fees: 5 sessions • \$99

0118 • WHAT'S MY LINE? IMPROV FOR KIDS / John C. Barthelmes

"So a funny thing happened on the way to the ..." Can't remember the rest of the joke? Improvise! Make it up! You'll learn what improvisation is and how to successfully improv a scene that'll make everyone laugh. Learning improv techniques can help you out in school giving presentations and speeches and on stage in plays and musicals. Ages 8–18.

Wk 9, 8/21–8/25 / M, Tu, W, Th, F 4–5 p.m. / Girls' Club

Fees: 5 sessions • \$99

0119 • KIDS IN THE KITCHEN: BAKING 101 / Peggy Zorn

Cookies, cupcakes and cakes, oh my! How delicious and fun to make. Learn the basics of baking and specialty decorating techniques while making special treats that you can share with your family. Spend the week learning and preparing a variety of confections including cookies, cakes and cupcakes. Invite your family to join us on Friday for a delicious Family Celebration Party where you can show off and share your amazing creations. Ages 10+. Wk 9, 8/21–8/25 / M, Tu, W, Th, F 10 a.m.–12 p.m. / Children's School

Fees: 5 sessions • \$129 / Materials fee • \$30



This class is for youth with an adult to learn together. Come and learn how to make and decorate your favorite treats. Cookies, cupcakes and cakes. How delicious and fun to make. Learn the basics of baking and specialty decorating techniques while making special treats that you can share with your family. Spend the week learning and preparing a variety of confections together. Price includes registration for two people: one adult and one young person. Ages 6+ with accompanying registered adult. Wk 9, 8/21–8/25 / M, Tu, W, Th, F 2–4 p.m. / Children's School Fees: 5 sessions • \$149 / Materials fee • \$30

0121 • CREATIVE TECH STUDIO

Alyssa Porter

Technology, art and invention collide in this multidisciplinary studio class. Test the limits of microcontroller technology to solve engineering challenges and complete a selfdesigned creative project. Ages 8–14. Wk 9, 8/22–8/24 / Tu, W, Th

10 a.m.–12 p.m. / Girls' Club Nature Classroom Fees: 3 sessions • \$99

0122 • TEEN TAKEOVER: STEM Regional STEM Experts

Chautauqua has curated a pre-professional workshop series for teens featuring regional STEM experts. Students will explore different topics each week; the complete class schedule can be viewed at *learn.chq. org.* Register for the full season or weekly workshops! Ages 13–17.

Wks 1 to 7, 6/26–8/9 / M, W / 4:30–6 p.m. Girls' Club Nature Classroom

Fees: 2 sessions • \$69

\$

MORE CLASSES FOR YOUTH:

MAKING CHINESE DUMPLINGS

See page 15

BEGINNER BALLROOM DANCE

See page 18

CREATIVE MOVEMENT

See page 18

INTRODUCTION TO BALLET; BALLET

See page 18

MAKING DANCES

See page 18

PICKLEBALL 101

See page 19

YES, YOUR DOG CAN DO TRICKS

See page 19

CANINE GOOD CITIZEN CLASS

See page 20

YOUTH AND TEEN SAILING

See page 21

RESIN PENDANTS

See page 22

GLASS FUSING

See page 22

STITCHING A CHAUTAUQUA MEMORY

See page 23

SILK SCARF DYEING

See page 23

BALLOON TWISTING: BEYOND THE DOG

See page 25

AIKI/KARATE SKILLS AND SELF DEFENSE

See page 28

MOUNTAIN DULCIMER

See page 39, 40

HAND DRUMMING FOR FUN

See page 39

UKULELE AND YOU

See page 39

PLAY GUITAR!

See page 39

(\$)

11

Art History

0202 • A RESTLESS VISION: **BAROQUE ART IN THE 17TH CENTURY / Elaine Wertheim**

Accessible and provocative, the dynamic art of Caravaggio, Bernini, Rubens and Gentileschi defines the exuberant spirit of the Counter-Reformation. In the Protestant north the contemplative spirituality and realism of Rembrandt represents an equally powerful but different world view. In this class, we will discover how these artists blended the sacred and the secular to create the profoundly moving art of the 17th century. Ages 14+.

Wk 1, 6/26-6/30 / M, Tu, W, Th, F 9-10:15 a.m. / Hultquist 101

Fees: 5 sessions • \$115

0203 • BLACK AMERICAN ARTISTS AND THEIR ART, THEN AND NOW: **18TH TO 21ST CENTURIES** Sandy Gordon

The art was there, but not recognized as being significant in the United States. During the 18th to 20th centuries, Black American artists and intellectuals escaped to Europe, to France, where they became prominent and respected. The stories are fascinating; the art, compelling. The great creators, philosophers, literary giants and artists who had established themselves in Europe then returned to initiate change. They turned to the visual arts to reinforce this new Black image. Through exploration of these artists, this class aims to stimulate a new curiosity and interest in this powerful and innovative movement and art history. Ages 16+. Wk 4, 7/17-7/21 / M, Tu, W, Th, F 12:30-1:45 p.m. / Hultquist 201A Fees: 5 sessions • \$115

0204 • THE LURE OF THE WEST Mimi Gallo

Thomas Jefferson sent Lewis and Clark to measure the Louisiana territory: they were to open up a river route for a continental fur trade, to study the Indigenous tribes, their languages and customs, but to convey the message that they now belonged to the Great White Father back in Washington. The second wave of American exploration was led by a tough ragtag assortment of trappers, then the clashes of Natives, cowboys and the cavalry. We will explore the American artists that captured the spirit of the west, the action and the magic. Ages 14+.

Wk 5, 7/24-7/28 / M, Tu, W, Th, F 12:30-1:45 p.m. / Hultquist 201A

Fees: 5 sessions • \$115

Master Class with Brett Taylor

0201 • POSTERS FOR POSITIVE CHANGE **Brett Taylor**

Watch and learn as visiting CVA School of Art alumni artist Brett Taylor demonstrates how to pull a silkscreen print. He will talk about his own creative process and the motivation behind similar works on view in the exhibition "Positive Change: CVA Alumni" at Fowler-Kellogg Art Center. There will be paper provided for you to print your own poster. Ages 12+.

Wk 2, 7/6 / Th / 3-4:30 p.m. / Fowler-Kellogg Art Center, back porch

Fees: 1 session • \$49

Art Instruction

0205 • POCKETSKETCHING FOR FUN AND TRAVEL / Susan G. Merila

This workshop presents a fun and easy way to get started in watercolors by using a special water-soluble pen, a small pad of paper and a compact watercolor set easily held in one hand. Learn to quickly capture what you see, any time and any place, even in public, while fearlessly working within your personal space. Seize the moment, putting your own spin on all that lies before you. Exciting for beginners and more experienced artists alike. These personal paintings — with your imaginative touch — result in a diary of life's special moments at home, as well as from your travels. Ages 14+.

Wk 2, 7/3-7/6 / M, Tu, W, Th 12:30-3:30 p.m. / Pier Building Classroom Fees: 4 sessions • \$139 / Materials fee • \$40

0206 • WATERCOLOR: PAINTING THE MILLER BELL TOWER Jerome Chesley

In this mini-workshop for all levels of painters, capture a landscape image of one of the area's symbols from the instructor's (or your own) photo, other reference material or sketching on site. Experience drawing and painting with instructor's demonstration and individual help. Have fun learning the techniques to paint textures of sky, water and landscape. Supply list is available at learn.chq.org or e-mail instructor at *ichesley33@aol.com*. Ages 14+. Wk 3, 7/12 / W / 12–4 p.m.

Pier Building Classroom Fees: 1 session • \$85

0207 • ONE-A-DAY WATERCOLOR WORKSHOP / Lynn LeFauve

From novices to beyond, experience this exciting course in watercolor painting. This one-a-day workshop will cover a short intro to the basics of watercolor painting and explore many of its varied techniques and approaches. Color, design and composition will be covered. The goal is to create one painting per day based on three unique lessons developed by the instructor. Students will find their own comfort level as regards realism, abstraction and representational art. All will be discussed. Some watercolor experience is helpful. Bring own supplies or purchase from instructor. Email: Irlefauve@gmail.com. Ages 16+.

Wk 3, 7/11-7/13 / Tu, W, Th 8-10:30 a.m. / Pier Building Classroom Fees: 3 sessions • \$129 / Materials fee • \$7

0208 • WATERCOLOR: FLORALS AND BACKGROUNDS

Jerome Chesley

In this informative and fun workshop, you will capture the excitement of a summer in Chautaugua by creating a translucent composition of flowers or still life objects. Demonstrations will explore background options and various techniques including possible incorporation of patterns, sponging, and emphasizing the elements of color, form and space. A valuable relaxed critique will follow. Some painting experience is helpful. Supply list is available at learn.chq.org or e-mail instructor at ichesley33@aol.com. Ages 14+. Wk 4, 7/18-7/20 / Tu, W, Th

9 a.m.-12 p.m. / Pier Building Classroom Fees: 3 sessions • \$135

> FOR ADDITIONAL COURSES RELATED TO ART, SEE **HANDCRAFTS & HOBBIES**











12 ART SPECIAL STUDIES 2023

0209 • MEETING RESISTANCE: ADAPTATIONS FOR STUDIO-PERSEVERANCE / Tara Bystran

Start making art, or keep making art, amidst the chaos of everyday life. "Resistance" — the many ways in which mundane life, fatigue, self-sabotage, burnout, etc., can slow down or block artists from working. This class explores both solo and collaborative strategies for continuing to work around resistance, as keeping yourself working consistently in the studio — in whatever form your "studio" takes — is the heart of any art practice. Ages 14+. Wk 4, 7/17–7/21 / M, W, F 2–3:30 p.m. / Pier Building Classroom

0210 • WATERCOLOR AND COLLAGE WORKSHOP / Lynn LeFauve

Fees: 3 sessions • \$89

Go beyond the traditional ways in which we think of watercolor painting and explore this bold, entertaining approach. By incorporating the art of collage, we will push the boundaries of watercolor as we know it. Never throw away an unwanted or unsuccessful painting again. In this workshop, we will employ a variety of techniques and materials to show how collage helps the artist achieve dynamic compositions. By combining watercolor with collage, as well as emphasizing line, form, texture and design, we will achieve exciting, original and creative paintings. Bring your own watercolor materials or purchase from instructor. Email: Irlefauve@gmail.com. Aaes 16+.

Wk 5, 7/25–7/27 / Tu, W, Th 8–10:30 a.m. / Pier Building Classroom Fees: 3 sessions • \$129 / Materials fee • \$7

0211 • PASTELS: SEE IT, DRAW IT, BECOME IT / Nancy Wilkinson

Draw the beauty of Chautauqua with chalk pastels. You will learn to recognize shapes, colors and light sources while drawing the trees, the lake and the flowers of Chautauqua. You'll learn to blend chalk pastels in order to create shadows and mixed colors. Ages 14+.

Wk 6, 7/31–8/4 / M, Tu, W, Th, F 2:15–3:30 p.m. / Pier Building Classroom Fees: 5 sessions • \$115 / Materials fee • \$20

0212 • HEART OF WATERCOLOR, HAND OF DRAWING / Lynn LeFauve

The earliest art was the drawn line. The earliest paintings started with drawing. This class successfully combines both: drawing and watercolor painting. The spirit of this course joins these two elements to produce creative, exciting works of art using new approaches, tools and methods. Specific exercises in basic watercolor techniques, line, shading, value, color, drawing from observation and composition will be covered. Lessons will be based on a variety of approaches ranging from "planned" to "spontaneous" artwork. Bring your own watercolor materials or purchase from instructor. Email: Irlefauve@gmail.com. Ages 16+.

Wk 6, 8/1–8/3 / Tu, W, Th 8–10:30 a.m. / Pier Building Classroom Fees: 3 sessions • \$129 / Materials fee • \$7

0213 • FROM BLOOMS TO BRUSHSTROKES Janice Stefko

Explore the emerging method of botanical dye extractions, turn flowers into paint, and learn a garden landscape (gardenscape) painting technique. From porch gladiolas to rain gardens, flowers are a memorable part of Chautauqua. They also offer a wealth of color. We'll discover which of Chautauqua's flowers yield dyes. Then, we'll harvest nature's color using an eco-friendly extraction process and turn our organic dyes into a watercolor medium suitable for use on paper. Finally, using paints made in class, you'll create your own gardenscape painting. Ages 14+. Wk 7, 8/8–8/10 / Tu, W, Th

1–2:30 p.m. / Pier Building Classroom Fees: 3 sessions \bullet \$89 / Materials fee \bullet \$35

0214 • DRAWING WITH COLORED PENCIL / Tami S. Hritzay

Colored pencil has its own place in fine arts. Its versatility, added with various techniques, permits you to create realistic drawings. Throughout this class we will explore basic techniques, so don't worry if you are a "newbie." One- and two-point perspective, along with shading and highlighting, will be reviewed day one and two. From there, we will proceed to drawing realistic water, fur on animals, fabric, metal, chrome and clouds. Broaden your view and knowledge of colored pencils! Ages 14+. Wk 7, 8/7–8/11 / M, Tu, W, Th, F 12:30–2:30 p.m. / Turner 106

Fees: 5 sessions • \$125 / Materials fee • \$20

0215 • LOOSE-FLORAL PAINTING WITH GOUACHE / Janice Stefko

Here's your chance to experiment with the popular gouache painting medium and learn to paint in the relaxing loose-floral painting technique all in one class! Using the gouache paint and flowers provided by the instructor, you will find out why gouache is such a fun and unique medium for painting florals. By the end of the course you will have learned how to reference flowers for painting, achieved basic stroke styles, explored the keys to good compositions, and painted a small set of loose-floral paintings suitable for framing or for use as notecards. Ages 14+. Wk 7, 8/8-8/10 / Tu, W, Th 3:30-5 p.m. / Pier Building Classroom Fees: 3 sessions • \$89 / Materials fee • \$35

0216 • SKETCHING CHAUTAUQUA'S ARCHITECTURE / Sally Levine

Learn to recognize architectural styles by sketching examples of Chautauqua's buildings, and improve your sketching skills by looking at Chautauqua's architecture. This course is open to everyone, whether you're a beginning or advanced drawing student. We will focus on the elements, details, materials and technologies that define various architectural styles and that give your drawings unique character. Ages 14+. Wk 7, 8/7–8/11 / M, Tu, W, Th, F 8:30–10:30 a.m. / Pier Building Classroom Fees: 5 sessions • \$135

0217 • WATERCOLORS FOR BEGINNERS / Kim G. Kloecker

This is an introductory class designed for students who have had no previous art experience and always wanted to paint watercolors, or a beginner/advanced beginner who would like to take their watercolor painting to the next level. This course introduces the Art Elements & Principles of Design, foundational techniques in watercolor, understanding color, step-by-step instructions, and painting simple objects and landscapes. We'll discuss paper, paint, brushes, applications, dos and don'ts, and "how to do" secrets. Each class includes teaching and studio time. Ages 15+. Wk 8, 8/14-8/18 / M, Tu, W, Th, F 1:30-3:30 p.m. / Pier Building Classroom Fees: 5 sessions • \$139 / Materials fee • \$15



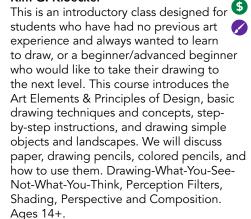
13

0218 • DRAWING OUT YOUR INNER 👔 **ARTIST / Susan Walzer**

This class is an invitation to enjoy drawing as a process for expressing creativity, practicing mindfulness, and connecting our inner and outer worlds. Especially designed for people who think they "can't" draw. Bring a sketch pad, some charcoal and pencils, and a kneaded eraser. Ages 14+.

Wk 8, 8/15-8/17 / Tu, W, Th 3:30-5 p.m. / Hultquist 201B Fees: 3 sessions • \$89

0219 • DRAWING FOR BEGINNERS Kim G. Kloecker



Wk 8, 8/14-8/18 / M, Tu, W, Th, F 8:30-10:30 a.m. / Pier Building Classroom Fees: 5 sessions • \$139 / Materials fee • \$10

NOTE: IT IS HIGHLY RECOMMENDED FOR STUDENTS REGISTERED FOR ART CLASSES IN THE PIER BUILDING TO BRING A CONTAINER FOR WATER ALONG WITH PORTABLE EASEL.



Explore a variety of watercolor techniques (previous pages)







14 BUSINESS & FINANCE SPECIAL STUDIES 2023

Business & Finance

0301 • HEIR CONDITIONING: HOW TO MAKE AN INHERITANCE MEAN SOMETHING / Jack N. Alpern

An inheritance can launch your family to achieve greater accomplishments, or it can destroy their lives. Learn about actual case studies and specific techniques to give meaning and significance to what you leave to your family. Create a legacy that will go on for generations — not used up in a year or less — using strategies like Family Mission Statements, "Incentive Trusts," and bonding activities which involve your entire family. Let's make it mean something! Ages 40+.

Wk 2, 7/3–7/6 / M, Tu, W, Th 9–10:30 a.m. / Hultquist 201B Fees: 4 sessions • \$109

0302 • INVESTING IN 2023 AND BEYOND / Alan Greenberg

Investors are continuously searching for road maps to navigate financial markets following the extraordinary rise in interest rates. In this class, we will discuss the impact of a rising interest rate and inflationary environment on the economy and your portfolio. As we enter a new business cycle, the winners of the previous cycle may not be the winners of the new one. We'll discuss which sectors will emerge as the new leaders of the economy. Ages 18+. Wk 3, 7/11–7/13 / Tu, W, Th 3:30–5 p.m. / Smith Library Classroom Fees: 3 sessions • \$89

0303 • WHERE TO INVEST TODAY Liz Miller

Summer is a great time to review your portfolio as markets generally slow. In this class, we will look at where markets are and assess different U.S. asset classes and sectors of the market for investing opportunities. Whether individual securities or funds, private opportunities or the newest trends, each day we will look at how to analyze investments and suggest ones that look attractive today. We will conclude with how to use these to build the most successful investment portfolio. Ages 21+. Wk 4, 7/17–7/21 / M, Tu, W, Th, F 9–10:30 a.m. / Hultquist 201B Fees: 5 sessions • \$125

0304 • HOW TO AVOID FINANCIAL LANDMINES / Carol Clark

Roughly 90% of Baby Boomers are expected to outlive their assets, but it is often not due to a lack of planning. What are secret traps that can sabotage investment performance and rob you of portfolio growth? We'll use case studies to identify hidden drags on return, illustrate the startling impact of fees, and discuss strategies for building financial security. Ages 14+.

Wk 5, 7/26–7/27 / W, Th 9–10:15 a.m. / Hultquist 201B Fees: 2 sessions • \$59

0305 • MARKET OUTLOOK Carol Clark

Immense levels of financial stimulus during the COVID pandemic catalyzed a spike in inflation not seen since the 1980s. The Fed responded with an aggressive rate hike program that swiftly precipitated a bear market but one distinctively atypical as there were favorable underlying macroeconomic conditions fueling growth. Will this bear market be vicious and lengthy, or temporary trending toward soft landing? Discover how the new rate environment, economic fundamentals, and government policies might influence market behavior. Ages 14+.

Wk 5, 7/24–7/25 / M, Tu 9–10:15 a.m. / Hultquist 201B

Fees: 2 sessions • \$59

0306 • INVESTING IN THE MEGATRENDS OF TOMORROW Alan Greenberg

Thematic investing is a long-term approach that has always been at the core of successful investing. In this class, we'll discuss the following themes and how to incorporate them into your portfolio: the trends of doing business in the United States, the transition to clean energy, and growth investing of the future. The stock market is forward-looking, which means that we must invest in the megatrends of tomorrow in order to stay ahead of the curve today. Ages 18+. Wk 6, 8/1–8/3 / Tu, W, Th 3:30–5 p.m. / Smith Library Classroom

Fees: 3 sessions • \$89



Discover your new favorite dish in "Single Skillet Sensations" or "Farmers' Market Meals" (page 15)

Culinary Arts

0401 • MAKING CHINESE **DUMPLINGS** Ray Chen



In this course, we will learn the ingredients and health benefits — as well as some background stories — of Chinese dumplings. More important, students will try their hands in preparation of stuffings and various styles of wrapping dumplings. At

last, we will taste our own delicious Chinese cuisine together! Ages 12+. Wk 1, 6/29 / Th / 1–3 p.m. / Turner 205 Fees: 1 sessions • \$49 / Materials fee • \$15

0408 • SINGLE SKILLET SENSATIONS (S) Erin Holt



Influenced by the layout of Chautaugua's learning kitchen and by busy schedules seeking simple suppers, this class will feature approachable dishes that can be prepared on your stovetop using just one skillet, maybe a bowl or two, and a short list of ingredients. Ages 18+.

Wk 1, 6/26-6/28 / M, Tu, W 3:30-5 p.m. / Turner 205

Fees: 3 sessions • \$89 / Materials fee • \$30

0409 • FARMERS' MARKET MEALS Erin Holt



Meals made with fresh, local products are one of the best things about summer in Western New York. In this class, Bestor Fresh Market finds will inspire flavorful, easy-to-prepare dinners that highlight ingredients at their peak and make seasonal selections shine. Ages 18+. Wk 3, 7/10-7/12 / Wk 9, 8/21-23

M, Tu, W / 3:30–5 p.m. / Turner 205 Fees: 3 sessions • \$89 / Materials fee • \$30

0410 • BRUNCH ANYTIME **Erin Holt**



In the words of Leslie Knope, "Why would anybody ever eat anything besides breakfast food?" Don't wait until 11 a.m. on Sunday to enjoy all of your breakfast and brunch favorites! Reimagine brunch beyond morning pancakes and scrambled eggs. We'll explore recipes both savory and sweet that can be enjoyed any time of day. Ages 18+.

Wk 5, 7/24-7/26 / M, Tu, W 3:30-5 p.m. / Turner 205

Fees: 3 sessions • \$89 / Materials fee • \$30

The Grape Discovery Center Presents

Discover the Lake Erie Grape Belt through a series of classes presented by the Grape Discovery Center of Westfield, N.Y. Each class features tastings of local wines. Ages 21+

0402 • GRAPE VARIETIES IN THE LAKE ERIE REGION

Dennis Rak, Double A Vineyards

This presentation covers the change in grape varieties over time to the increase in wine production in the Lake Erie Grape Region. We will focus on the development of New Varieties, climate change and the advancement of viticultural practices. Wk 2, 7/5 / W / 1:30-3 p.m. / Turner 103

Fees: 1 session • \$65

0403 • THE ROLE OF COOPERATIVES IN THE WINE AND GRAPE INDUSTRY Andy Putnam, Westfield Maid Cooperative; Tom Wilkinson, National Grape Cooperative; Steve Cockram, Growers Coop.

Grower-owner agricultural cooperatives are an important part of the wine and grape industry's success in the Lake Erie region. Learn how these cooperatives work to provide strong, robust markets for grape juice and grape products, including wine. From National Grape Cooperative's famous WELCHS brand to lesser-known farmto-table products, these farmer-owned cooperatives are essential to the Western New York and Western Pennsylvania economy. You will be intrigued by the different products and tastes produced from Concord and other locally grown varieties of

Wk 4, 7/19 / W / 1:30-3 p.m. / Turner 106

Fees: 1 session • \$65

0404 • A COMPARISON OF VINTAGES OF CARMÉNÉRE

Pam Burmaster & Beth Margolis, Liberty Vineyards & Winery

Compare vintages of Carménére — a variety once thought extinct — through a vertical tasting with a gourmet chocolate truffle pairing.

Wk 5, 7/24 / M / 1:30-3 p.m. / Turner 106

Fees: 1 session • \$65

0405 • SPECIALTY REDS FROM THE REGION

Jeff Murphy & Fred Johnson, Johnson Estate Winery

Johnson Estate will discuss and compare specialty red wines from the Lake Erie Region. Wk 6, 8/4 / F / 1:30-3 p.m. / Turner 106

Fees: 1 session • \$65

0406 • TASTE THE RIESLINGS: MEET THE GROWER AND THE WINEMAKER Jeff Murphy & Fred Johnson, Johnson Estate Winery

Learn about this region's special Germanic micro-climate and how it permits Johnson Estate to grow high-quality Riesling grapes, as they do in Germany. This special tasting includes Johnson Estate's four award-winning Rieslings — from very dry to sweet and two "mystery" wines from Europe to learn about the differences and similarities amongst them. Paired with complementary foods.

Wk 7, 8/8 / Tu / 1:30–3 p.m. / Turner Conference Room

Fees: 1 session • \$65

0407 • THE HISTORY OF SPARKLING WINES IN THE LAKE ERIE REGION AND BEYOND

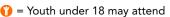
Blaine Ballard, Mazza Vineyards

We will take a look at the history of sparkling wines in the Lake Erie AVA and beyond. Different methods of making sparkling wines will be discussed. While examining these production methods, we will sample examples of three different methods that we use in our Coupe collection at South Shore Wine Co. (Méthode champenoise, Pét-nat, forced carbonation) and discuss the grapes used and the wines produced.

Wk 8, 8/16 / W / 1:30-3 p.m. / Turner 205

Fees: 1 session • \$65







16 CULINARY ARTS SPECIAL STUDIES 2023

0411 • SEAFOOD MADE SIMPLE Erin Holt

Preparing seafood can be intimidating for even a trained chef, but with quality ingredients and uncomplicated techniques, the ocean can inspire quick and delicious meals perfect for a busy weeknight. We'll create simple, composed dishes that take the "scary" out of the sea! Ages 18+. Wk 7, 8/7–8/9 / M, Tu, W 3:30–5 p.m. / Turner 205

Fees: 3 sessions • \$89 / Materials fee • \$30

0412 • WHAT'S TERROIR?: VINEYARD WALK & WINE TASTINGS AT JOHNSON ESTATE WINERY

Frederick Johnson & Jeff Murphy

Western New York and Pennsylvania have the perfect Germanic micro-climate for growing European grapes (Pinot Noir, Riesling, Chardonnay) and producing world-class wines. The region's wines are influenced by a unique combination of geography, soils, weather, and agriculture. That is "terroir." Your narrated bus ride from Chautauqua sets the stage. Then winemaker Jeff Murphy and owner Fred Johnson will lead you through the vineyards to sample wines. See, touch, and taste the ripening grapes, and enjoy a summer afternoon discovering the meaning of terroir. Seven wines and food pairings. Heavy rain cancels. Bus picks up participants from Turner Community Center. Ages 21+. Wk 3, 7/11 / Wk 5, 7/25 / Wk 9, 8/22 Tu / 2:30-5:30 p.m. / Meet in Turner Lobby Fees: 1 session • \$99

0413 • CHOCOLATE TASTING AROUND THE WORLD Beverly Humbert

The best chocolate in the world is the one you enjoy the most. Come discover different profiles of chocolate by tasting samples from around the world. Using your senses of sight, smell, touch and taste, evaluate over 16 samples of chocolate to identify your favorite. Become acquainted with the history of cacao cultivation, manufacturing, and the bean-to-bar chocolate-making processes. Conclude with discussion of health issues and how the consumption of chocolate fits into our society today and in the future. Ages 16+. Wk 6, 7/31–8/1 / M, Tu 1–3 p.m. / Turner 205

Fees: 2 sessions • \$65 / Materials fee • \$8

0420 • COCKTAIL BITTERS: AN OVERVIEW / Elijah Wright

An overview of the history of cocktail bitters and their use in drinks. Students will then construct their own bitters using common bitterants to take home after the class is over, one customized to their own preferences. They will also have a chance to explore what bitters actually add to a drink with a taste test sample cocktail mixed by the instructor. Ages 21+.

Wk 1, 6/28 / W / 3:30–4:45 p.m. / Turner 103 Fees: 1 session • \$65

0421 • GIN AND VODKA: WHAT'S THE DIFFERENCE? / Elijah Wright

An overview of the history of the world's two major "white spirits": gin and vodka. Along with their history, we will explore the modern production and the major differences between the two — sometimes opposing — spirits. At the end, students will taste each and choose between the two to make a classic cocktail to explore how a different base can drastically change a drink. Ages 21+.

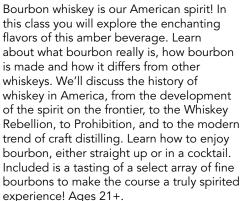
Wk 2, 7/5 / W / 3:30–4:45 p.m. / Turner 106 Fees: 1 session • \$65

0422 • AGAVE: THE HUMBLE PIÑAS OF NOBLE SPIRITS / Elijah Wright

An overview of the history of the world's favorite two agave spirits: mezcal and tequila. Along with their history, we will explore their modern production and classification as well as what makes these two spirits from the same base so different when they are finished. At the end, students will taste each and choose between the two to make a classic cocktail to explore how a different base can drastically change a drink. Ages 21+.

Wk 9, 8/23 / W / 3:30–4:45 p.m. / Hultquist 101 Fees: 1 session • \$65

0423 • BOURBON: THE SPIRIT OF AMERICA / Frank Becker

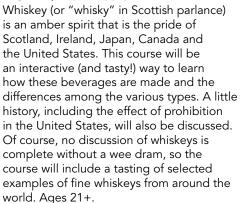


Wk 6, 8/3 / Th / 3:30–5:30 p.m. / Turner 205 Wk 7, 8/9 / W / 3:30–5:30 p.m. / Turner Conference Room

Wk 7, 8/11 / F / 3:30–5:30 p.m. / Turner Conference Room

Fees: 1 session • \$49 / Materials fee • \$15

0424 • WHISKEY TOUR OF THE WORLD / Frank Becker



Wk 6, 8/2 / W / 3:30–5:30 p.m. / Turner 205 Wk 6, 8/4 / F / 3:30–5:30 p.m. / Turner 205 Wk 7, 8/10 / Th / 3:30–5:30 p.m. / Turner Conference Room

Fees: 1 session • \$49 / Materials fee • \$15



Tour Johnson Estate Winery while discovering local wines in "What's Terroir?" (this page)



A SUMMER OF WINE

Join certified sommelier, WSET level 3 certificate in wine and wine merchant Samuel Whitmore for a season-long exploration of wines from around the world. With 14 years of winery management in California and 12 years as owner of Bag & String Wine Merchants, and a deep knowledge of wine making, grape growing, California and international wines, Samuel's classes deliver a wealth of wine knowledge.

0414 • SIX ESSENTIAL SUMMER WINES

Taste, learn about and discuss my top six essential summer wines. All dry wines. One sparkling wine, two white wines, one rosé and two red wines. We will discuss what makes these great summer picks, including a brief overview of regions covered, and you'll receive some pairing suggestions to make your summer entertaining a breeze. Each of the six wine selections consists of an approximately 2-ounce pour. Ages 21+. Wk 1, 6/27 / Tu / 3:30-5 p.m. / Turner 103 Wk 2, 7/6 / Th / 3:30-5 p.m. / Turner 106 Fees: 1 session • \$59

0415 • SPARKLING WINE MASTER **CLASS: GLOBAL**

We will cover six sparkling wines from Champagne, greater France, Germany, Cava, Prosecco and California. Over the course of the tasting and education, you will broaden your understanding of sparkling wine production, its effect on the end product and understand key styles from each given region. Each of the six wine selections consists of an approximately 2-ounce pour. Ages 21+.

Wk 1, 6/29 / Th / 3:30-5 p.m. / Turner 103 Wk 4, 7/20 / Th / 3:30-5 p.m. / Turner 205 Wk 5, 7/25 / Tu / 3:30-5 p.m. / Hultquist 101 Fees: 1 session • \$69

0416 • IS IT WORTH IT? SAUVIGNON **BLANC AND CABERNET SAUVIGNON EDITION**

This is one of Sam Whitmore's favorite classes to teach. Most people have a preconceived idea that higher price equals higher quality, but that is not always the case. This blind tasting class will challenge your palate to try and decipher which wine costs more — ranging from \$15 up to \$80. The wines will include three each of Sauvignon Blanc and Cabernet Sauvignon. After tasting through all the wines we will reveal the wines and price, then discuss what goes into the price of a given wine. It is harder than you think! Ages 21+. Wk 3, 7/13 / Th / 3:30-5 p.m.

Turner Conference Room Fees: 1 session • \$59



0417 • WHAT'S IN A VINTAGE? **UNDERSTANDING AGING WINE**

Taste through a few vintages of the same wine to develop an understanding of the value of properly aging wine. All red wines. Each of the six wine selections consists of an approximately 2-ounce pour. Ages 21+. Wk 3, 7/14 / F / 3:30-5 p.m. Turner Conference Room

Wk 4, 7/18 / Tu / 3:30-5 p.m. / Turner 205 Fees: 1 session • \$75

0418 • NORTHERN ITALY

With a focus on Piedmont and Tuscany, we will explore six red wines from Barolo, Barbaresco, Brunello and Chianti. Each of the six wine selections consists of an approximately 2-ounce pour. Ages 21+. Wk 5, 7/27 / Th / 3:30-5 p.m. / Turner 205 Fees: 1 session • \$65

0419 • IS IT WORTH IT? CHARDONNAY AND PINOT NOIR EDITION

This is one of Sam Whitmore's favorite classes to teach. Most people have a preconceived idea that higher price equals higher quality, but that is not always the case. This blind tasting class will challenge your palate to try and decipher which wine costs more — ranging from \$15 up to \$80. The wines will include three each of Chardonnay and Pinot Noir. After tasting through all the wines we will reveal the wines and prices. It is harder than you think! Ages 21+.

Wk 6, 8/2 / W / 3:30-5 p.m. / Turner 106 Wk 9, 8/24 / Th / 3:30-5 p.m. / Hultquist 101

Fees: 1 session • \$59

18 DANCE SPECIAL STUDIES 2023

School of Dance

Sasha Janes, Artistic Director

Carnahan-Jackson Dance Studio Dance Office: 716-357-6298

The Chautauqua School of Dance offers a comprehensive program of dance education. Children and adults will find courses appropriate to their interests and abilities listed in the following curriculum. Distinguished faculty members provide instruction in beginning through advanced levels of ballet. All of the courses listed below are open to the public through the registration procedures described at the back of this Special Studies catalog.

0501 • INTRODUCTION TO BALLET School of Dance Faculty

Designed for beginning ballet students. Class consists of barre work, stretch, center work and across-the-floor combinations. Students should wear a leotard/tights/ballet slippers. Ages 7+.

Wks 1 to 7, 6/27–8/10 / Tu, Th / 4:30–5:30 p.m. Carnahan-Jackson Dance Studios

Fees: 2 sessions • \$29

0503 • CREATIVE MOVEMENT (AGES 3 AND 4) / School of Dance Faculty

Explore movement through music in a fun, creative and supportive environment. Students will begin to develop body coordination, spatial awareness and musicality while learning about movement concepts such as shape, level, tone and direction. Children need to be independent of parents. Class will begin with a short stretch and then proceed to movement activities, dances and exercises that move across the floor. Parents will be invited into the studio to watch the last five to 10 minutes of class on Fridays. No previous dance experience necessary. Ages 3-4. Wks 1 to 7, 6/26-8/11 / M, W, F / 4-4:30 p.m. Carnahan-Jackson Dance Studios

Fees: 3 sessions • \$29

0502 • BALLET School of Dance Faculty

This class requires four to five years of formal ballet study. Students should wear a leotard, tights, ballet shoes. Ages 13+. Wks 1 to 7, 6/26–8/11 / M, W, F / 4:30–5:45 p.m. Carnahan-Jackson Dance Studios

Fees: 3 sessions • \$49

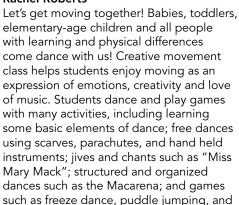
0504 • CREATIVE MOVEMENT (AGES 5 AND 6) / School of Dance Faculty

Explore movement through music in a fun, creative and supportive environment. Students will develop body coordination, spatial awareness and musicality while learning about movement concepts. Through open-ended activities, learn to express images, ideas and feelings through movement. Children need to be independent of parents. Class begins with a short stretch and then movement activities, dances and combinations that move across the floor. Parents are invited into the studio to watch the last five to 10 minutes of class on Fridays. No previous dance experience necessary. Ages 5–6.

Wks 1 to 7, 6/26-8/11 / M, W, F / 4:30-5 p.m. Carnahan-Jackson Dance Studios

Fees: 3 sessions • \$29

0507 • CREATIVE MOVEMENT Rachel Roberts



Wk 3, 7/10–7/13 / Wk 4, 7/17–7/20 M, Tu, W, Th / 2:30–3:30 p.m. / Heinz Fitness 1 Fees: 4 sessions • \$85

0508 • MAKING DANCES Lisa DeCato

much more. Ages 1+.

Participants will develop dance studies which are unique to their individual creative expression using improvisation and choreographic devices. Ages 10+. Wk 5, 7/24–7/28 / M, Tu, W, Th, F 4:15–5:30 p.m. / Heinz Fitness 1 Fees: 5 sessions • \$99

0509 • INTRODUCTION TO TAP DANCE / Andrea Cali

Always wanted to learn to tap? Learn the basics of tap in a slow-paced, gentle, fun class. Geared to those with no or little dance experience. Learn basic tap moves, techniques, and combinations. By the end of the week, the class will perform for family and friends. Bring tap or soft-soled shoes (not rubber-soled shoes such as sneakers), and a water bottle. Ages 14+. Wk 8, 8/14–8/18 / M, Tu, W, Th, F 3:30–4:30 p.m. / Heinz Fitness 1

Fees: 5 sessions • \$99

Dance: Other

0505 • BEGINNER SWING AND SALSA FOR FUN

Benjamin Handen & Dianna Ploof

This is a fun beginner dance class for newcomers, as well as those looking to refresh their skills in two popular dance styles. Each class will include instruction in both swing and salsa (LA style). Come with or without a partner. Wear smooth-soled, closed-back shoes. Ages 14+.

Wk 2, 7/3–7/7 / Wk 9, 8/21–8/25 / M, W, F 3:30–5 p.m. / Heinz Fitness 1

Fees: 3 sessions • \$95

0506 • BEGINNER BALLROOM DANCE / Marcia Barr

If your partner keeps procrastinating about taking a dance class, leave him or her behind and come spend an hour learning ballroom in a line dance format. This class will cover the basic steps common to many ballroom dances including box, rock, triple step, karaoke, corta jaca, mooch, chausee, fifth position break and spot turns. Improve your balance, flexibility and memory while cutting a rug to oldies music. Special needs will be accommodated. Ages 13+. Wk 3, 7/10–7/13 / M, Tu, W, Th

4–5 p.m. / Heinz Fitness 1 Fees: 4 sessions • \$85





For complete course descriptions, materials lists and registration information, visit learn.chq.org

Games, **Recreation & Sports**

0601 • MATCHPOINTS: A DEADLY **GAME OF OVERTRICKS**

Grant Vance

Join Grant Vance for a series of three bridge classes that explore all aspects of strategies for pairs games. Geared toward advancing bridge players who already know the basics. Class covers risking your contract for an overtrick; the Magic +200; when to bid one more; 8- and 9-card trump fits; balancing never sell out!; matchpoint odds; sacrificing; two ways to win; and bidding the right game. Ages 14+.

Wk 1, 6/26-6/30 / M, W, F 1-4 p.m. / Sports Club Fees: 3 sessions • \$95

0602 • MAH JONGG FOR **BEGINNERS / Susan Evans**

Bams, craks and dots, oh my! Winds, dragons and flowers, too. These might be unfamiliar terms but they are not difficult to learn. Mah Jongg is a delightful game which continues to gain in popularity. While it's not a difficult game, it is unlike any other. Lessons will greatly shorten the time it takes to understand the basics and get you started playing a game that will bring you years of enjoyment. This is a wonderful opportunity to learn in a friendly, stress-free and supportive environment. Roll the dice and deal the tiles — let's play Mah Jongg! Ages 14+.

Wk 1, 6/26-6/30 / M, W, F 8:30-10:30 a.m. / Sports Club Wks 2 to 9, 7/3-8/25 / M, W, F 1-3 p.m. / Sports Club

Fees: 3 sessions • \$99 / Materials fee • \$15

0603 • CAN BASEBALL SURVIVE IN THE 21ST CENTURY? / Lee Lowenfish

Once America's national pastime, baseball faces an uncertain future. The class will explore if the slower pace of baseball dooms it to niche status. We will delve into the roots of baseball's resistance to change and explore why any changes in baseball rules — like the designated hitter, the new pitch clock, and inter-league play inevitably become controversial. Ages 14+. Wk 2, 7/3-7/7 / M, W, Th, F

12:30-1:45 p.m. / Turner Conference Room Fees: 4 sessions • \$99

0604 • DUNGEONS & DRAGONS (RPGS) FOR FIRST TIMERS

David Lessard

Interested in experiencing collaborative storytelling role playing games (RPGs) like Dungeons & Dragons but don't know how to jump in? Learn about the history and culture of RPGs and experience your first adventure from character creation to battling dragons. No experience necessary. Aaes 14+.

Wk 2, 7/3-7/6 / M, Tu, W, Th 2-3:30 p.m. / Smith Library Classroom Fees: 4 sessions • \$89

0605 • AGILITY JUMP START Misa Martin

Do you and your dog like to try new things? Are you looking for new ways to enrich your dog's life? We'll try a new dog-friendly activity each day: NoseWork (perfect for dogs of all ages!), Fitness and Tricks, and Dog Agility 101. Try something new with your dog in a welcoming, low-pressure environment using positive reinforcement training techniques. Ages 14+. Wk 2, 7/3-7/7 / M, Tu, W, Th, F

2-3 p.m. / Turner 105 Fees: 5 sessions • \$99

0606 • MY DOG CAN DO THAT! Misa Martin

If you and your dog have ever wanted to try the exciting sport of Agility, this course is a great introduction. Learn Agility Foundation Essentials: body awareness, footwork, and training that is the groundwork for great teamwork! Positive methods only, rewardbased, dog-and-family friendly training. Ages 14+.

Wk 2, 7/3-7/7 / M, Tu, W, Th, F 3:15-4:15 p.m. / Turner 105 Fees: 5 sessions • \$99

0607 • BASEBALL AS A PRISM TO **JEWISH EXPERIENCE / Bill Simons**

This course will employ baseball as a prism to the last 150 years of Jewish-American history. From the 1870s origins of the major leagues to the present, Jews — as players, announcers, sportswriters, owners, umpires, union leaders, commissioner, and fans — have participated in America's once (and perhaps future) national pastime. Topics will include Americanization, the tension between tradition and assimilation as exemplified by High Holiday decisions, antisemitism, notable players and episodes, and Team Israel. Ages 14+. Wk 2, 7/3-7/7 / M, Tu, W, Th, F

3:45-5 p.m. / Hultquist 201B Fees: 5 sessions • \$115



0608 • BRIDGE FOR ABSOLUTE **BEGINNERS / Hugh Butler**

You may not know a trump from a finesse but you'll be learning and playing this most fascinating of partnership card games in just four 75-minute sessions. No partner needed. No materials needed or required — just you and your enthusiasm to learn and play! Ages 14+. Wk 3, 7/10-7/13 / Wk 4, 7/17-7/20

M, Tu, W, Th / 3:30-4:45 p.m. / Turner 103 Fees: 4 sessions • \$89

0609 • PICKLEBALL 101 Marcia Barr

Pickleball is exploding worldwide. This paddle sport is easier to learn with much less court to cover than tennis. Adults with orthopedic and other health issues can still remain active with this sport, played on a court the same size as a doubles badminton court. We will cover the basics, including scoring, the serve, basic shots (block, forehand and backhand) as well as more advanced shots (spin, dink, drop and lob). Learn how to play the No Volley Zone (kitchen), where to position yourself on the court and how to safely handle shots hit behind you. Ages 13+.

Wk 4, 7/17-7/20 / M, Tu, W, Th 4:15-5:15 p.m. / Pickleball Courts, Chautauqua Tennis Center Fees: 4 sessions • \$85

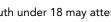
0610 • YES, YOUR DOG CAN DO TRICKS! / Skye Anderson

Have fun teaching your dog good manners (obedience) on the way to earning a Trick Dog Title — or two using reward-based, positive-reinforcement methods Fido will love. The Commando Crawl, Spin and Twist, Paws Up (and Say Your Prayers), Kiss, and even Sit, Down, and Stay are tricks. Fifteen tricks and you can submit for a title with Do More With Your Dog. The AKC trick dog title is also a possibility. Ages 12+.

Wk 4, 7/17-7/20 / Wk 5, 7/24-7/27 M, Tu, W, Th / 2:30-3:30 p.m. Turner Conference Room

Fees: 4 sessions • \$85 / Materials fee • \$5





0611 • CANINE GOOD CITIZEN CLASS / Skye Anderson

Test for the AKC Canine Good Citizen title with your dog, but be prepared! We will practice the test items so you are both ready. Puppies accepted. It's a good idea to pass the test every two years to show the world your dog is trained and behaves well in public. Items include walking on leash, greetings, passing other dogs, recovering from startling incidents, being pet, sit, stay, come, and supervised separation. Ages 12+. Wk 4, 7/17–7/20 / Wk 5, 7/24–7/27 M, Tu, W, Th / 4:15–5:15 p.m.

Turner Conference Room Fees: 4 sessions • \$85

0612 • HOW TO DEFEND A BRIDGE HAND / Hugh Butler

Your bridge game is not complete if you only play Declarer! Fully half the time you'll be on defense. Do you know what to do? Learn the leads, the signals, the attack and the counting which will please your partner and demoralize your opponents. Basic defense should be in everyone's repertoire. Leave bidding behind for a week and let's play! Ages 14+.

Wk 5, 7/24–7/27 / Wk 6, 7/31–8/3 M, Tu, W, Th / 3:30–4:45 p.m. / Turner 103 Fees: 4 sessions • \$89

0613 • BRIDGE: INTERMEDIATE BID AND PLAY / Hugh Butler

Play pre-dealt lesson hands illustrating principles of declarer bidding and play, and defensive bidding and play. Players should have one or more years of playing experience, plus a firm understanding of the standard American bidding style. We will explore recent bidding innovations without judgment. Ages 14+.

Wk 7, 8/7–8/10 / Wk 8, 8/14–8/17 M, Tu, W, Th / 3:30–4:45 p.m. / Turner 103 Fees: 4 sessions • \$89

0614 • BASEBALL PAIRS II: A CONTINUATION OF STORIES Mark Altschuler & David Moriah

This is a creative way to approach baseball history, touching on literature, sociology, American mythology — all the things baseball brings us to. It allows us to look at obvious pairs (Maris and Mantle/Ruth and Gehrig) but also come up with imaginative pairings (Philip Roth and Rex Barney) to offer both a traditional lens and an imaginative lens to see baseball and our crazy quilt culture. Ages 15+.

Wk 8, 8/14–8/18 / M, Tu, W, Th, F 9:15–10:30 a.m. / Smith Library Classroom Fees: 5 sessions • \$115



0619 • STAND-UP PADDLEBOARD GROUP LESSON / John Newhall

The Sports Club is now offering SUP lessons for beginners. Enjoy on-shore instruction followed by time in the water. SUP rental included. Ages 18+. Wk 1, 6/27 / Wk 2, 7/4 / Wk 3, 7/11 / Wk 6, 8/1 / Wk 7, 8/8 / Wk 8, 8/15

Tu / 8:30-9:30 a.m. / Sports Club

Fees: 1 session • \$49



Sailing classes are available for all ages and skill levels (next page; photo: Greg Funka)

John R. Turney Sailing Center

Chris Brady, Director of Sailing

The Chautaugua Sailing Department (716-357-6392 after June 20) presents a summer-long curriculum of one-week sailing courses designed to advance the sailing skills of all ages and experience, from youth to adult and from novice to advanced racer. Lead staff has U.S. Sailing Level I certification. Sailing courses are based on U.S. Sailing Association's Small Boat Sailor Certification system. The course descriptions below offer a broad outline of each course. All sailing courses originate from the John R. Turney Sailing Center, located at the far south end of the Chautauqua waterfront. Please contact the Sailing Department for any additional information or questions about individual student needs.

0615 • ADULT BEGINNER/ **INTERMEDIATE SAILING**

This course is for adult sailors regardless of sailing experience. Instruction occurs on the water, in the classroom, and dockside. Each day starts with a brief lecture on sailing theory, followed by sailing-related games and at least two hours on the water. Education focuses on giving students the skills they need to operate a sailboat by themselves, including sailing terminology, boat safety, sail trim, identifying wind and weather conditions, knots, capsize recovery, safe boat handling, and the rigging and derigging of a Sunfish dingy. The course content is repeated weekly; however, intermediate students have the flexibility to deepen their skills with an instructor's help. This course is perfect for any student who is looking to have fun adventures on Chautaugua Lake and learn a new lifelong skill. Ages 18+.

Wks 1 to 9, 6/26-8/25 / M, Tu, W, Th, F 2-5 p.m. / John R. Turney Sailing Center Fees: 5 sessions • \$200

0616 • ADVANCED SAILING

This course is for advanced sailors of all ages, or anyone looking to take their sailing skills to the competitive level. Education includes learning advanced terminology, racing strategies, race starts, use of a spinnaker, roll tacking, right of way, sportsmanship, teamwork, and any other sailing skills that students want, as well as the rigging and derigging of Lasers and 420s. Students will be assigned to boats based on their skill level, physical ability and educational desires. Participants must be able to sail independently on all points of sail, perform basic tacking and jibing maneuvers. Ages 10+.

Wks 1 to 9, 6/26-8/25 / M, Tu, W, Th, F 2-5 p.m. / John R. Turney Sailing Center Fees: 5 sessions • \$210

0617 • OPTIMIST BEGINNER YOUTH **SAILING**

This course is for young sailors regardless of sailing experience. Instruction occurs on the water, in the classroom, and dockside. Each day starts with a brief lecture on sailing theory, followed by sailing-related games and at least two hours on the water. Education focuses on giving students the skills they need to operate a sailboat by themselves, including sailing terminology, boat safety, sail trim, identifying wind and weather conditions, knots, capsize recovery, safe boat handling, and the rigging and derigging of Optimist or O'Pen BIC dingys. The course content is repeated weekly; however, intermediate students have the flexibility to deepen their skills with an instructor's help. This course is perfect for any student who is looking to have fun adventures on Chautaugua Lake and learn a new lifelong skill. Ages 7-12.

Wks 1 to 9, 6/26-8/25 / M, Tu, W, Th, F 9 a.m.-12 p.m. / John R. Turney Sailing Center Fees: 5 sessions • \$200

0618 • TEEN BEGINNER/ **INTERMEDIATE SAILING**

This course is for teen sailors regardless of sailing experience. Instruction occurs on the water, in the classroom, and dockside. Each day starts with a brief lecture on sailing theory, followed by sailing-related games and at least two hours on the water. Education focuses on giving students the skills they need to operate a sailboat by themselves, including sailing terminology, boat safety, sail trim, identifying wind and weather conditions, knots, capsize recovery, safe boat handling, and the rigging and derigging of a Sunfish dingy. The course content is repeated weekly; however, intermediate students have the flexibility to deepen their skills with an instructor's help. This course is perfect for any student who is looking to have fun adventures on Chautauqua Lake and learn a new lifelong skill. Ages 13-18.

Wks 1 to 9, 6/26-8/25 / M, Tu, W, Th, F 9 a.m.-12 p.m. / John R. Turney Sailing Center Fees: 5 sessions • \$200

WAKEBOARD, SURF AND SKI PRIVATE **LESSONS**

The Chautauqua Sailing Center is now offering exclusive private lessons for wakeboarders, wake surfers and waterskiers from the beginner to intermediate level on our new Master Craft wake boat. Lessons are blocked out in 90-minute segments with shore instruction and at least one hour of water time included. This rare and unique lesson cannot be found anywhere else on the lake! Appointments are limited, so book now before they're all gone! 716-357-6392 Wks 1 to 9, June 26-Aug 25 by appointment only / 9 a.m.-1 p.m. John R. Turney Sailing Center

What to bring to all sailing courses:

- water shoes
- sunblock
- towel
- sunglasses
- bathing suit
- light jacket

PFDs will be provided for all students. Dress for water and weather conditions. Be prepared to get wet.

Private Lessons and Rentals

We offer a vast curriculum of private lessons for sailors of any level. Whether you are a beginner who wants one-on-one instruction, or an experienced sailor looking for an advanced curriculum tailored to your needs, this course offering can be adapted to any schedule. Take several lessons a week, or spread them out over the course of the season.

Call the Sailing Department at 716-357-6392 from June 19 to Aug. 25. Lessons and rentals are scheduled in one-hour time periods.

Registration Information

Remember to mention your registration for Boys' and Girls' Club during the registration process to receive your discount.







1



Handcrafts & Hobbies

0702 • MIXED MEDIA: ENVISION NEW CREATIONS FROM BOOKS AND PAPER / Jessica Nagy

Learn to take those books, music sheets, scrapbook papers, old photos and ink pads around your house and turn them into a fun piece of art. Save our landfills by learning to re-purpose all those items into something creative. Mixed media projects allow you to create a collage of memories or a reflection of your interests and passions. Ages 14+.

Wk 1, 6/26–6/29 / M, Tu, W, Th 2–3:30 p.m. / Turner 106

Fees: 4 sessions • \$99 / Materials fee • \$25

0703 • FABRIC WREATHS Jessica Nagy

Create a colorful, fun, easy wreath out of fabric scraps. Creating fabric scrap wreaths is a simple way to create a pop of color for any room, porch or door. Ages 14+.

Wk 1, 6/26–6/29 / M, Tu, W, Th 9–10:15 a.m. / Turner 106

Fees: 4 sessions • \$89 / Materials fee • \$25

0704 • RESIN PENDANTS: INSTANT GRATIFICATION! / Wendy Cohen

A fun class to learn to craft unique pendants that look like glass! Incorporate glitter, charms, glass, special paper and more in different shaped bezels. All supplies provided. You can bring small, shallow objects and photo and memorabilia to use in your design. Wear your work of art home. The process and all materials can be acquired and done at home. Materials fee of \$20 for the first two pieces is due to instructor at the start of class. Ages 8+.

Wk 1, 6/28 / Wk 2, 7/5 / Wk 3, 7/12 Wk 4, 7/19 / Wk 5, 7/26 / Wk 6, 8/2

Wk 7, 8/9 / Wk 9, 8/23

W / 3:30-5:30 p.m. / Turner 102

Fees: 1 session • \$49 / Materials fee • \$20 for 2 pendants, \$10 for each additional pendant

0705 • GLASS FUSING: INTRODUCTION AND BEYOND Wendy Cohen

Discover the glass fusing process and create unique pieces. Learn about glass and how to cut, shape, layer and embellish glass designs using different types of glass. All instruction and materials to make and finish your pieces are provided. Make pendants, earrings, sun catchers, night lights and more. Pieces will be fired, finished and ready to pick up at Hultquist Center by week's end. No experience or artistic talent necessary! Materials fee \$25 for the first two pieces due to the instructor at the beginning of the class. \$10 for each additional piece. Ages 10+. Wk 1, 6/27 / Wk 3, 7/11 / Wk 6, 8/1 Wk 7, 8/8 / Tu / 1–3:30 p.m. / Turner 102 Wk 2, 7/4 / Tu / 2-4:30 p.m. / Turner 102 Fees: 1 session • \$55 / Materials fee • \$25 for

0706 • ENGLISH PAPER PIECING FOR TRAVELERS

2 pieces, \$10 for each additional piece

Mary Jane Eichacker-Kaufman

Sew creatively anywhere — in the Amp, in a car, on a plane! Learn a simple, portable, fun way to hand-stitch creative, colorful objects from fabric scraps using the English paper piecing technique. Wrap paper templates in fabric to create patches, then join them with hand stitching into kaleidoscopic designs. You'll make a diamond or rosette-shaped holiday ornament to take home. Your kit includes all the tools needed to continue this craft anywhere, making or decorating guilts, bags, clothing or home furnishings. Add your own personal touches with meaningful fabric from your life! Ages 14+. Wk 2, 7/3-7/6 / M, W, Th 3:30-5 p.m. / Turner 106

Fees: 3 sessions • \$89 / Materials fee • \$30



"Resin Pendants" (this page)

0707 • BEGINNER COPPERPLATE CALLIGRAPHY

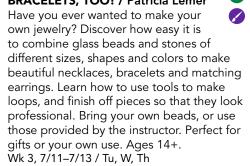
Katherine Rybak Torres

Lettering is all the rage and you can do it, too! This introductory course will cover the elementals of pointed pen Copperplate letter formation, use of nib and ink, and composition. By the end of the week you will be well on your way to creating fine lettering for envelopes and works of art! Ages 14+.

Wk 2, 7/3–7/7 / M, Tu, W, Th, F 8:45–10:15 a.m. / Turner 104

Fees: 5 sessions • \$125 / Materials fee • \$25

0708 • BEGINNING BEADING: MAKE (EARRINGS, NECKLACES, AND BRACELETS, TOO! / Patricia Lemer



2–4 p.m. / Turner 104 Fees: 3 sessions • \$99 / Materials fee • \$25

0709 • ITALIC CALLIGRAPHY Katherine Rybak Torres

Learn how to do the calligraphy used in the Chautauqua logo! Italic Calligraphy is the foundation for flat-nib calligraphy, an essential step on your lettering journey. This introductory course will cover the elementals of Italic Calligraphy: letters, use of nib and ink, and composition. By the end of the week you will be well on your way to creating fine lettering for envelopes and works of art! Ages 14+.

Wk 3, 7/10–7/14 / M, Tu, W, Th, F 3:30–5 p.m. / Turner 106

Fees: 5 sessions • \$125 / Materials fee • \$28

0710 • STITCHING A CHAUTAUQUA **MEMORY / Laura Gardner**

Chautauqua leaves its mark on us. We will sit together and slow stitch/ embroider a visual impression of time spent on the grounds with family and friends. For our marks we will use colored threads on fragments of vintage Chautauqua table linens, some dyed with avocado or onion skins. Bring buttons or other add-ons, fabric scraps, and a thimble if you use one. Instructor will provide other materials, including vintage fabrics, threads, add-ons, and needles. Ages 10+. Wk 3, 7/10-7/13 / M, W, Th 8:30-10 a.m. / Turner 106

0711 • HANDCRAFTED JEWELRY **INSPIRED BY THE NATURAL WORLD** Barbara Kasparek Mutscheller

Fees: 3 sessions • \$89 / Materials fee • \$15

Drawing inspiration from wildlife, sea creatures and organic architecture, discover how profound stories and beautiful landscapes can be impressed into copper metal using a technique called coining (a form of precision stamping). Learn how to use a jewelry saw and masterfully cut out various shapes of copper. By the end of a week you will have created a stunning pendant that makes a statement to enrich our world. No experience or artistic talent necessary. All instruction and materials to make a finished pendant will be provided. Ages 14+.

Wk 4, 7/18-7/20 / Tu, W, Th 3:30-5 p.m. / Turner 104 Wk 5, 7/25-7/27 / Tu, W, Th 3:30-5 p.m. / Turner 106

Fees: 3 sessions • \$89 / Materials fee • \$35

0712 • MOSAICS WITH TILE AND **MORE / Margo Aguirre**

Come learn the ancient art of mosaics. Anyone can do it — the projects every year are fantastic. Choose from lots of projects and thousands of tiles, glass, seashells and more. Ages 14+.

Wk 4, 7/18-7/20 / Tu, W, Th 8:45-10:15 a.m. / Turner 106 Fees: 3 sessions • \$89

0713 • SILK SCARF DYEING: QUICK, EASY AND FUN! / Wendy Cohen

Create beautiful, wearable silk scarves using special tissue paper dyeing techniques. Great fun for all ages. You will learn all you need to know to make these at home. No artistic talent necessary. Wear home right away. Another instant gratification class! All materials included. Materials fee \$20 per scarf due to instructor at start of class. Ages 10+. Wk 4, 7/18 / Wk 5, 7/25 / Wk 9, 8/22

Tu / 1-3 p.m. / Turner 102

Fees: 1 session • \$49 / Materials fee • \$20 for one scarf, \$20 each additional scarf

0714 • KABBALAGE: EXPLORE KABBALAH THROUGH COLLAGE Kohenet Miki Raver

Discover the mystical power of Kabbalah through creating a beautiful and meaningful collage. Create a circular collage of one or more of the 10 sefirot (emanations of the Divine). Ages 18+.

9-10:30 a.m. / Turner 104

Fees: 3 sessions • \$89 / Materials fee • \$15

0715 • QUILTING FOR TRAVELERS: **ENGLISH PAPER PIECING**

Karen Auer

Join us to learn a relaxing, easy tocarry-with-you sewing technique called English paper piecing. You will have a chance to do different blocks using templates for cutting the fabric in shapes such as pies, kites, hexagons, etc. Next, wrap the fabric around pre-cut papers of the same shape and temporarily glue fabric edges down. The pieces are whipstitched together edge to edge with the paper inside to hold the precise shape. When your block is complete, the papers are removed and can be re-used a number of times. Learn where to order templates and precut papers for your next guilting project. Ages 15+. Wk 5, 7/25-7/27 / Tu, W, Th 3:30-5:30 p.m. / Turner 104 Fees: 3 sessions • \$109 / Materials fee • \$10

0716 • LONG NEEDLE PINE **BASKETRY ON A GOURD** Michelle Fife

Create a beautiful and unique piece of art! This is a coiled basket worked on the top edge of a gourd which has been cut and prepared for you. The instructor will bring all the supplies: clean, precut, drilled gourds which are flocked on the inside, alcohol inks, walnut slices, beads, artificial sinew, sewing needles and the long needle pine straw collected by hand along the Gulf coast of Alabama. Each basket will be a unique creation! Your family and friends will be amazed at your handiwork! Ages 14+. Wk 5, 7/24-7/28 / M, Tu, W, Th, F 8:30-10:30 a.m. / Turner 106

Fees: 5 sessions • \$129 / Materials fee • \$40

Wk 4, 7/17-7/21 / M, W, F



Learn the ancient art of mosaics in "Create the Mosaics of the Mediterranean" (page 24)

0717 • THE MAGIC OF THREE-YARD **QUILTS / Aimee Doershuk**

3 Fabrics + 1 Book = 1 Fun Quilt! Bust your stash or coordinate new fabrics to make a stunning lap quilt. You will need 1 yard light, 1 yard medium and 1 yard dark fabric for the lap size guilt. Choose one of the eight patterns in "The Magic of 3 Yard Quilts." Please pick non-directional fabrics and add a half yard extra to one of your fabric choices for the binding. Instructor has sewing machines to use or bring your own. See the materials list for additional items needed. The \$25 material fee covers the book and classroom supplies. Sewing level is Confident Beginner. Ages 15+. Wk 6, 7/31-8/3 / M, Tu, W, Th

1-4 p.m. / Turner 104

Fees: 4 sessions • \$129 / Materials fee • \$25





0718 • CREATE THE MOSAICS OF THE MEDITERRANEAN George Woideck

Journey through the sunny Mediterranean from West to East to design and re-create the broken tile mosaics of Antoni Gaudi's Barcelona, the Roman mosaics of Israel, and the Byzantine glass tile mosaics of Constantinople. Experience this enduring art form while learning the history of the cultures that created it. Participants, who need no prior experience, will not only complete three hands-on mosaic projects but also learn the techniques of mosaic installation and grouting. Ages 14+. Wk 6, 7/31-8/4 / M, Tu, W, Th, F 1:30-4 p.m. / Turner 202

Fees: 5 sessions • \$139 / Materials fee • \$35

0719 • INTRO TO FELTMAKING **Debbie Penley**

In this class you will learn the basics of both wet felting and needle felting. You will start by creating a sheet of felt from wool fiber using wet felting, then complete the piece with needle felting. From there, we will move on to sculptural needle felting, where you will create your own piece and acquire the knowledge to continue felting on your own. Ages 14+. Wk 6, 7/31-8/3 / M, Tu, Th

2-4 p.m. / Turner 106 Fees: 3 sessions • \$109 / Materials fee • \$25

0720 • SIT AND SEW SATURDAY Aimee Doershuk

Have a quilt project you need help with? A UFO you want to finish? Want a day to sew without interruptions? Come to Sit and Sew Saturday! Aimee will be available to offer advice and help all day. Classroom sewing machines, cutting mats and irons are available, but bring all your project supplies. Material fee is \$10. Pack a snack and a lunch. Ages 16+. Wk 6, 8/5 / Wk 7, 8/12 / Wk 8, 8/19 Sa / 9 a.m.-5 p.m. / Turner 104

Fees: 1 session • \$49 / Materials fee • \$10

0721 • T-SHIRT MEMORY QUILT Aimee Doershuk

They've been in your closet for years those beloved T-shirts. Gather 12 to 15 T-shirts and create a beautiful memory quilt! You will prep and stabilize the T-shirts, measure and cut to size, then sew them into a guilt top. We'll discuss finishing options in class. Instructor has sewing machines to use or bring your own. See Material List for necessary fabric requirements and other supplies needed. Materials fee due to instructor covers stabilizer and miscellaneous supplies. Ages 16+. Wk 7, 8/7-8/11 / M, Tu, W, Th, F 1-4 p.m. / Turner 104 Fees: 5 sessions • \$129 / Materials fee • \$35

0722 • THE ARTIST WITHIN Tami S. Hritzay

(\$) Always busy with no time for art? In this class you can stop, sit down, and create art. The interesting history of beach glass will be presented. Part of the class will be creating and learning the safe techniques working with beach glass. We will create stunning beach glass jewelry. The second half of the week we will be painting, creating artwork on 100-year-old slate, flat rocks, or 12x12 inch canvas. Students will learn how to create luminous paintings using interference paint, or simply by shading and highlighting. Discover the artist within! Ages 14+.

Wk 7, 8/7-8/11 / M, Tu, W, Th, F 3-5 p.m. / Turner 106 Wk 8, 8/14-8/18 / M, Tu, W, Th, F 12:30-2:30 p.m. / Turner 106

Fees: 5 sessions • \$129 / Materials fee • \$20

0723 • TIGHTROPE QUILT Aimee Doershuk

(5) The tightrope quilt uses a jelly roll (2.5" strips) or a layer cake (10" squares) to make a line up of rectangles with arms stretched out for balance. Accent plus blocks add more color into the borders of the quilt. Two sizes: lap (48" x 57") or large (66" x 68"). See the materials list for the class supplies. Instructor has sewing machines to use in class or bring your own. Sewing level is Confident Beginner. Ages 16+. Wk 8, 8/14-8/17 / M, Tu, W, Th 1-4 p.m. / Turner 104

Fees: 4 sessions • \$129 / Materials fee • \$25

0724 • INTRODUCTION TO BOOK ARTS / Susan Doran

Learn basic book arts structures and stitches in this beginner workshop. We will introduce the most popular techniques and materials while exploring endless possibilities. After covering types of paper, folding methods and the tools needed, we will construct a variety of book styles. Students can work at their own pace, choosing from pamphlet stitch, flutter book, stab binding, perfect binding, mini leather journals and more. Participants will leave with a collection of books and the skills to be able to continue book arts at home. All supplies provided. Ages 14+. Wk 9, 8/21-8/25 / M, Tu, W, Th, F 9-10:15 a.m. / Pier Building Classroom

Fees: 5 sessions • \$115 / Materials fee • \$20

0725 • INTRODUCTION TO PAPER **MAKING AND PAPER MARBLING** Susan Doran

We'll explore the process of making recycled paper by hand learning the basic techniques including pulp preparation, sheet forming, pressing and drying on the clothesline. We will prepare pulp from various paper items slated for the landfill, including 100% cotton printer scraps. Participants will form their own sheets and explore the possibilities of embedding materials such as dried flowers and plants. After we have made paper we will learn how to marble paper using the Turkish ebru method. Students will make a variety of note paper, envelopes and journal pages to take home. All supplies provided. Ages 14+. Wk 9, 8/21-8/25 / M, Tu, W, Th, F 1:30-2:45 p.m. / Pier Building Classroom Fees: 5 sessions • \$115 / Materials fee • \$20

0726 • OVER AND UNDER: PAPER **MAKING HANDPRINTS**

Susan Doran

Bring a little one to the Pier Building to explore the craft of paper making. We will assist you in making little "handprints" out of recycled paper. For the littlest ones we can even manage a "footprint" design. Pairs will learn how recycled paper is made and be able to take home a personal memento in an array of colors. A perfect way to end the day with a craft together. All supplies provided. Price includes registration for one adult and one child. All ages.

Wk 9, 8/22, 8/24 / Tu or Th 6-7 p.m. / Pier Building Classroom

Fees: 1 session • \$49







0727 • EASY SHIBORI DYEING WITH **INDIGO / Sandy Shelenberger**

Create patterns on fabric and scarf using the ancient technique of Shibori. The cloth will be dyed in an Indigo vat, creating the traditional blue coloring. Shibori is a Japanese word used to describe a variety of manual resist techniques, such as binding, twisting, stitching or clamping, that create patterns on the fabric before putting in dye bath. You will learn how to do Arashi Shibori, which is a wrapping technique using a cylinder or rope. You will also learn Itijime Shibori clamping and binding. Learn the traditional methods of Shibori, then make it your own! Ages 14+. Wk 9, 8/21 / M / 1:30-4:30 p.m. / Turner 106 Fees: 1 session • \$65 / Materials fee • \$30

0728 • STITCHED SHIBORI WITH **INDIGO DYEING**

Sandy Shelenberger

Shibori is an ancient technique that is used to create patterning on cloth. In this class, beautiful patterns can be made by using a simple running stitch or overcast stitch. These stitches can then be sewn in rows or fill in shapes to make unique patterning of their own. These stitches are then pulled up and gathered to form a resist. The gathered cloth is then dyed in Indigo, the traditional magical blue color used in Shibori. Experience the joy of creating your own cloth! Ages 14+. Wk 9, 8/22-8/23 / Tu, W

Fees: 2 sessions • \$109 / Materials fee • \$30

7

0729 • COLORFUL BATIK WITH SOY WAX / Sandy Shelenberger

1:30-4:30 p.m. / Turner 106

3 Explore using soy wax as a resist on fabric to create a sophisticated look of multi-dimensional layering in easy-todo steps. You will work with fabric dyes to create a rich color palette. You will dye paint on the cloth before using a wax resist. We will use found objects as well as traditional tjaps (copper blocks) for stamping into the cloth using the soy wax. Then another layer of dye will be applied. I will demonstrate methods of wax removal, which is an easier process and less toxic than paraffin or bees wax. Participants will leave with their own uniquely dyed and patterned cloth. Ages 14+.

Wk 9, 8/24-8/25 / Th, F 1:30-4:30 p.m. / Turner 106

Fees: 2 sessions • \$109 / Materials fee • \$30

0730 • THE FAT QUARTER **REVERSIBLE TOTE**

Aimee Doershuk

This tote bag takes six fat quarters (a fat 🕢 quarter is 18" x 22") and goes together quickly. Upcycle to make it eco-friendly, shop your fabric stash or choose a fat quarter bundle. Finished size of the bag is 14" wide x 18" long x 4"deep. Classroom sewing machines are available or bring your own. See Material List for additional supplies. Materials fee, due to instructor, covers fusible fleece and miscellaneous supplies. Ages 14+. Wk 9, 8/21-8/23 / M, Tu, W

2-4 p.m. / Turner 104

Fees: 3 sessions • \$109 / Materials fee • \$20

0731 • BALLOON TWISTING: **BEYOND THE DOG**

John C. Barthelmes

Balloon Twisting can be considered "Pop!" Art. Working with balloons as an artistic medium has gone beyond clowns and birthday parties. You can decorate, entertain and educate with balloons! In this class, you'll learn both small and large sculpture weaving techniques then apply your skills to a large creation! Ages 12+. Wk 9, 8/21-8/25 / M, Tu, W, Th, F 12:45-1:45 p.m. / Girls' Club

Fees: 5 sessions • \$99 / Materials fee • \$25

0732 • THROWBACK LUNCH BREAK: 👔 **LANYARDS**

Boys' and Girls' Club Staff

Take a break to reconnect with a summer camp classic and make a lanyard! As adults, these simple crafts inspire a moment for reflection, mindfulness and relaxation. This one-day class will include instruction for a basic lanyard pattern and advanced patterns for return students. Students will receive supplies for at least two projects. Ages 16+. Wk 2, 7/6 / Wk 6, 8/3 / Th / 12:45-1:45 p.m. Wk 4, 7/18, 7/20 / Tu or Th / 12:45-1:45 p.m. Boys' and Girls' Club Lanyards Room Fees: 1 session • \$20

FRIENDSHIP BRACELETS Boys' and Girls' Club Staff

Take a break to reconnect with a summer camp classic and make a friendship bracelet! As adults, these simple crafts can inspire a moment for reflection, mindfulness and relaxation. This one-day class will include instruction for a basic friendship bracelet pattern and advanced patterns for return students. Students will receive supplies for at least two projects. Ages 16+.

0733 • THROWBACK LUNCH BREAK: 👔

Wk 3, 7/11, 7/13 / Wk 5, 7/25, 7/27 Wk 7, 8/8, 8/10 / Tu or Th / 12:45-1:45 p.m. Boys' and Girls' Club Lanyards Room

Fees: 1 session • \$20



Create beautiful patterns on cloth in "Stitched Shibori" and "Easy Shibori Dyeing" (this page)

26 **HEALTH & FITNESS** SPECIAL STUDIES 2023

Health & **Fitness**

Yoga

0801 • GENTLE YOGA

Kate Junker

Learn basic yoga breathing and stretching. Yoga is a non-competitive, nonstrenuous exercise which helps you relax while toning and lengthening muscles. Emphasis will be on building strength, improving flexibility, improving balance and reducing stress. Individuals move at their own pace. Please bring an exercise mat. Ages 15+.

Wks 1 to 9, 6/26-8/25 / M, Tu, W, Th, F 7:30-8:45 a.m. / Hurlbut Marion Lawrance Room Fees: 5 sessions • \$89

0802 • MORNING YOGA FLOW Laura McDonald

Start your day with yoga! Move through sun salutations and forward folds as you stretch, strengthen and balance. Class will include seated and standing postures, twists and balance poses. Modifications will be offered to support a mixed-level environment. Leave feeling strong, flexible and centered. Previous yoga experience helpful but not required. Please bring a yoga mat. Ages 14+.

Wk 1, 6/26-6/30 / Wk 2, 7/3-7/7 Wk 3, 7/10-7/14 / Wk 4, 7/17-7/21 M, Tu, W, Th, F / 9-10 a.m. / Heinz Fitness 2 Fees: 5 sessions • \$79

0803 • CHAIR YOGA Laura McDonald

Enjoy the benefits of yoga while seated in a chair. We will flow through a series of seated yoga poses and stretches. There will be a brief option to try some standing poses using the chair as balance support. Improve flexibility and alignment as we move together during this class. All levels welcome. Ages 14+.

Wk 1, 6/26-6/30 / M, Tu, W, Th, F 3:30-4:30 p.m. / Heinz Fitness 1 Wk 4, 7/17-7/21 / M, Tu, W, Th, F 7:30-8:30 a.m. / Heinz Fitness 2

Fees: 5 sessions • \$79

0804 • YOGA FOR EVERY BODY Susan Grover

Beginner-friendly, gentle practice to bring ease and opening to joints and muscles. Ideal for those who feel inflexible, who want stress relief and who want to ease particular body issues. Athletes and people recovering from shoulder and back injuries use this class to add stretching to their routines. Very easy, no-pressure class. Please bring a yoga mat. Ages 12+. Wk 1, 6/26-6/30

M, Tu, W, Th, F / 9:15-10:15 a.m. Hurlbut Marion Lawrance Room Fees: 5 sessions • \$79

0805 • VINYASA YOGA FOR MINDFUL FITNESS / Rebecca R. Todd

This class will introduce students of all levels to a yoga practice guided by modern science and a thousands-year-old spiritual tradition. Each morning begins and ends with a different breathing technique as we work to set our intentions for the day. Through vinyasa flow that is challenging but accessible, I provide instructional cues to modify movements and postures as we practice together with the goal of cultivating a healthy and safe foundation for the future. Ages 10+.

Wk 2, 7/3-7/7 / M, Tu, W, Th, F 7:30-8:30 a.m. / Heinz Fitness 1 Fees: 5 sessions • \$79

0806 • GENTLE YOGA FOR **FLEXIBILITY AND STABILITY** Lisa Kearny

This class will implement breathing and gentle yoga postures to safely open and rejuvenate the body. Perfect for someone who has always wanted to try yoga as well as an experienced practitioner. We will incorporate yoga props and offer modifications to empower and help you feel great in your yoga practice! Please bring a yoga mat. Ages 14+.

Wk 2, 7/3-7/7 / Wk 3, 7/10-7/14 M, Tu, W, Th, F / 9:15–10:15 a.m. Hurlbut Marion Lawrance Room Wk 4, 7/17-7/21 / M, Tu, W, Th, F 9:15-10:15 a.m. / Heinz Fitness 1

Fees: 5 sessions • \$79

0807 • MORNING CHAIR YOGA

Kate Junker

Improve your balance, strength and flexibility with this gentle practice. Postures are performed while seated or with the aid of a chair. The ability to bend, twist, stretch and move freely allows you to do the things that you need to do and engage in the activities that you love. Join us and start your day with a stretch and a smile. Ages 15+. Wk 2, 7/3-7/7 / Wk 5, 7/24-7/28 M, W, F / 9:15-10:15 a.m. / Heinz Fitness 1 Fees: 3 sessions • \$55

0808 • YOGA STRETCH AND **STRENGTHEN**

Kate Junker

Start your day with mindful movement. You will build strength and flexibility while reducing stress and improving posture. Move through a series of yoga postures that include balance and breath awareness. Open your hips, stretch your hamstrings and energize your body! Bring a yoga mat. Ages 15+.

Wk 4, 7/17-7/21 / M, Tu, W, Th, F 9–10 a.m. / Hurlbut Marion Lawrance Room Fees: 5 sessions • \$79

0809 • YIN YOGA **Debra Mckay**

Fees: 5 sessions • \$79

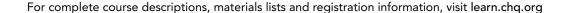
Yin Yoga is slow-paced style of yoga, incorporating principles of the special asanas that are held for longer periods of time than in other styles. The poses are a simple and natural part of every day movements and function. Deep relaxation begins when while holding the poses and using properly guided breath work, which allows the fascia tissue to be released. By practicing in this way, the whole body benefits — as opposed to only targeted areas. Consequently, the whole body becomes posturally more aligned and deeper relaxation and release occurs within the body. Bring a yoga mat. Ages 16+. Wk 5, 7/24-7/28 / Wk 6, 7/31-8/4 M, Tu, W, Th, F / 9:15-10:15 a.m. Hurlbut Marion Lawrance Room

CAPACITY ENROLLMENT. PRE-SEASON REGISTRATION IS STRONGLY ENCOURAGED.





MANY FITNESS COURSES REACH



0810 • KIND YOGA

Joanne Spence

This class is kind and gentle yoga class suitable for all body types. Beginners welcome. You will learn the practicalities of how to move your body in its pain-free range of motion and why it is important to pay attention to your breathing. This class will focus on the physical and mental health benefits of yoga. You will learn specifically how to regulate your nervous system and elevate your mood. Led by expert yoga teacher and author Joanne Spence. Please bring a yoga mat. Ages 14+. Wk 6, 7/31-8/4 / Wk 7, 8/7-8/11 M, Tu, W, Th, F / 9-10 a.m. / Heinz Fitness 1

0811 • YOGA FOR LIFE: EXPERIENCE 🙌 **THE JOY / Larry Terkel**

Explore the physical, emotional and spiritual benefits of yoga from a teacher with over 50 years of experience. Emphasis will be on alignment, understanding, protection and ways to incorporate yoga into your life with joy and confidence. All levels welcome. Bring a yoga mat. Ages 15+. Wk 7, 8/7-8/11 / Wk 8, 8/14-8/18 M, Tu, W, Th, F / 8:45–10:15 a.m. Heinz Fitness 2

Fees: 5 sessions • \$99

Fees: 5 sessions • \$79

0812 • YOGA FOR FLEXIBILITY Nancy Rosenberger

Gentle to medium, slow-flow yoga builds flexibility, strength, and inner calm. All bodies and levels welcome. Modifications are offered for more challenging poses. We do breathing, stretches and yoga postures that align and strengthen the body, ending with relaxation to integrate. Mindful movement nurtures awareness of energy flow. Ages 14+. Wk 7, 8/7-8/11 / Wk 8, 8/14-8/18 M, Tu, W, Th, F / 9:15–10:15 a.m. Hurlbut Marion Lawrance Room

Fees: 5 sessions • \$79

0813 • SLOW FLOW YOGA Karen Heckel-Marmorato

This yoga class is for individuals at all levels and teaches Hatha yoga postures, meant to release, stretch and build bodymind-spirit awareness. Class will focus on safe alignment, building core and total-body strength, increasing flexibility and improving balance, as well as concentration and breath control. Slow flow yoga is smooth, yet challenging and is suitable for most abilities, including those who are new to the practice of yoga. Participants should be able to get up and down from the floor. Additionally, get the benefits of aromatherapy throughout the class. Ages 14+.

Wk 8, 8/14-8/18 / M, Tu, W, Th, F 7:45-8:45 a.m. / Heinz Fitness 1 Fees: 5 sessions • \$79

0814 • VINYASA FLOW YOGA

Thoa Van Seventer

Vinyasa flow yoga involves synchronizing the breath with progressive series of postures, producing intense internal heat and a purifying sweat that detoxifies muscles and organs. You will start the practice with some warm-up stretches, then slowly move to a flowing and meditative sequence of poses, and close with a calming meditation. You will leave the class physically, mentally and spiritually refreshed in a light and strong body with a calm mind. Ages 14+.

Wk 8, 8/14-8/18 / Wk 9, 8/21-8/25 M, Tu, W, Th, F / 9:15-10:15 a.m.

Heinz Fitness 1 Fees: 5 sessions • \$79

Pilates

0815 • THE GENTRY TECHNIQUE: **FUNDAMENTALS OF PILATES**

Beth Elkins Wales

Pilates has a reputation for building core strength and aiding back pain, but Pilates may not feel accessible for many. Protégé Eve Gentry created her technique to make Pilates more achievable for movers of all ages; it can stand alone as a means to build strength and find relief, and it can bridge practitioners to more challenging movements. Students will gain the proficiency to create their own Gentry exercise sequence to support their daily practices. The Gentry Technique is most appropriate for seniors and people unaccustomed to exercise. Ages 16+. Wk 3, 7/10-7/14 / M, Tu, W, Th, F 1:30-3 p.m. / Heinz Fitness 2

Fees: 5 sessions • \$99 / Materials fee • \$15

0816 • MAT PILATES **Beth Elkins Wales**

Pilates is truly for every body in this inclusive and encouraging class. Beth is Core Dynamics-trained and shares the Eve Gentry Fundamentals in class, as well Eve's philosophy that "Pilates is a concept." She uses analogies, positive visualizations and humor to motivate practitioners. This class incorporates breath and relaxation as well as strength-building and functional movements. Ages 16+. Wk 3, 7/10-7/12 / M, W

8-9 a.m. / Heinz Fitness 1 Fees: 2 sessions • \$39

0817 • PILATES MAT CLASS Amy de Sa

Enhance your body and mind! This class is an excellent total body workout that improves one's core strength, spinal stability, flexibility, mobility, control, coordination, balance, breath, posture and body awareness. The mat work is the essence and foundation of the Pilates method of body conditioning. Students will learn and perform the specialized floor Pilates exercises on a mat. Please join us to rejuvenate your body and enhance your overall well-being! Ages 14+. Wk 5, 7/24-7/28 / Wk 6, 7/31-8/4 M, Tu, W, Th, F / 9:15–10:15 a.m.

Fees: 5 sessions • \$79

Heinz Fitness 2

Fitness: Other

0818 • SENIOR CHAIR AND BALANCE EXERCISES / Margaret Barrett-Walos

Strength training, balancing, and stretching for individuals age 55 and up. Ages 55+. Wks 1 to 9, 6/26-8/25 / M, W, F 9-10 a.m. / Turner 203

Fees: 3 sessions • \$55

0819 • ZUMBA WITH PAUL! Paul Mockovak

Zumba! The dance party workout using Latin and international dance styles. Each instructor has their own style and choreography. Enjoy another Chautauqua week of Paul's "ditch the workout, join the party" concert and theatre dance-centered moves. New to Zumba? Then give this a try, rest when desired and join back in when ready. All you need is workout wear, sneakers and a smile — bring it! (And a water bottle, too!) Ages 18+. Wk 2, 7/4-7/6 / Wk 4, 7/18-7/20 Wk 6, 8/1-8/3 / Wk 8, 8/15-8/17

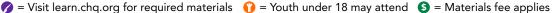
Fees: 2 sessions • \$39

Tu, Th / 9-10 a.m. / Turner Gym









28 **SPECIAL STUDIES 2023 HEALTH & FITNESS**

0820 • BARRE FITNESS CLASS Amy de Sa

A full body workout! Change your body: tone, sculpt, burn fat and build a lean physique. Barre classes combine dance, Pilates and yoga fused with cardio and fitness elements for the most effective results. The classes are set to music and utilize the ballet barre (or a chair). A fun, high energy and challenging class that will bring you results. Ages 12+. Wk 5, 7/24-7/28 / Wk 6, 7/31-8/4 M, W, F / 8-9 a.m. / Heinz Fitness 2

0821 • MORNING STRETCH CLASS Amy de Sa

Fees: 3 sessions • \$55

Fees: 2 sessions • \$39

Begin your day with a morning stretch! Improve your flexibility and mobility. Help your muscles work more efficiently and effectively to improve posture, increase muscle blood flow, decrease muscle soreness and back pain, help prevent injuries, reduce stress and improve your ability to perform daily activities. We will explore all joint ranges of motion and stretch our muscles from head to toe. Join us to feel better for a healthier you! Ages 14+. Wk 5, 7/25-7/27 / Wk 6, 8/1-8/3 Tu, Th / 8-9 a.m. / Heinz Fitness 2

0822 • ALL ABILITIES BARRIER FREE 🕢 **STRENGTH TRAINING / Lorne Opler**

This class focuses on gaining strength for the whole body, while also emphasizing core musculature development and balance and coordination movements through using body weight exercises only. Geared for all ages, the exercises will also be modified to accommodate varying levels of abilities. All you need for this course is a floor, a wall, a chair and a mat or towel. Ages 18+. Wk 5, 7/24-7/28 / M, Tu, W, Th, F 8-9 a.m. / Heinz Fitness 1

Fees: 5 sessions • \$79

Fees: 5 sessions • \$95

Robert Berke

Aaes 18+.

0823 • SELF-DEFENSE AND AIKI/ KARATE SKILLS / James Wohler

This class is a basic introduction to the martial arts. Learn some easy-to-apply selfdefense techniques along with exercises to improve your mind, body and spirit. If you are interested in the history of the martial arts there will be something for you. We will look at both the physical and metaphysical side of self-defense. Learn techniques against open hand and also against weapons such as a knife, gun and club. In one week you will not become a master, but you will gain some skills that you can apply to defend yourself. Ages 12+. Wk 7, 8/7-8/11 / M, Tu, W, Th, F 3:30-4:45 p.m. / Turner Gym

0824 • GENTLE MOVES

Lisa Carchedi, MD, MS C-IAYT

This class is perfect for the student who has avoided going to yoga because they cannot or do not want to sit on the floor. Appropriate for all ages in its intensity and rate of flow, this class will be a variety of standing poses focused on improving mobility, strength and balance. Those with less flexibility will have time to work into the postures. More experienced practitioners will gain body awareness and a deeper connection to their breath. Chairs may be used — modifications will be shown as needed. Bring your own exercise mat. Ages 14+.

Wk 9, 8/21-8/25 / M, Tu, W, Th, F 7:30-8:30 a.m. / Heinz Fitness 2 Fees: 5 sessions • \$79

0825 • MOBILITY AND MEDITATION Lisa Carchedi, MD, MS C-IAYT

Whether you are already active or just getting back to exercise, it is always important to focus on joint mobility and stability. Being "too loose" in your joints makes you flexible, but unstable and prone to imbalances. Being constricted inhibits your range of motion and increases your risk of injury. The first part of this class focuses on all joints, but especially the hips, shoulders and spine. The second part of the class focuses on breathing exercises and guided meditation to promote relaxation and increase resilience to stress. Bring a yoga mat and large towel/blanket. Ages 14+. Wk 9, 8/21-8/25 / M, Tu, W, Th, F

9-10:30 a.m. / Heinz Fitness 2 Fees: 5 sessions • \$99

CHAUTAUQUA HEALTH & FITNESS

In addition to the classes offered below, personal training, and Pilates reformer training are available with nationally certified experts at Chautauqua Health & Fitness. For more information, visit Chautauqua Health & Fitness at Turner Community Center, call 716.357.6430 or visit fitness.chq.org.

Meg Pickard

Wks 1 to 9, 6/26-8/23 / M, W 3:30-4:15 p.m. / Turner Pool Fees: 2 sessions • \$35



0829 • PILATES MAT CLASS

Wks 1 to 9, 6/27-8/24 / Tu, Th

7-8 a.m. / Turner 107

Fees: 2 sessions • \$39

Karen Hansen This mat class uses core stabilization and is designed to develop and improve strength, flexibility, posture and coordination. Ages 16+.

0828 • SPIN WITH THE DR. OF SPIN

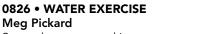
A high-intensity, low-impact workout

designed to enhance cardiovascular

endurance and muscular strength.

Tu, Th / 9-10 a.m. / Turner 203

Fees: 2 sessions • \$39



Strengthen, tone and improve cardiovascular wellness in a joint-friendly environment. No swimming skills necessary. Ages 14+.



A high-intensity workout that includes cardio, strength and core movements using a variety of different training styles. Ages 16+.

Wks 1 to 9, 6/26-8/25 / M, W, F 6:30-7:30 a.m. / Turner Gym Fees: 3 sessions • \$55









Wks 1 to 9, 6/27-8/24

Health

0901 • INTRODUCTION TO QIGONG FOR GOOD HEALTH

Naomi L. Baum, Ph.D.

What is Qigong? Why do millions of people worldwide practice it? Learn all about this centuries-old system of movement, meditation and breathing that can do wonders for your health. Reducing stress, lowering blood pressure, improving flexibility, stamina and stability are only a few of the things Qigong can bring to your life. In this introductory course we will learn the basics of Qigong. Students will learn the Five Elements Practice and the Eight Pieces of Brocade. This course is suitable for people with all levels of physical ability. Ages 16+.

Wk 1, 6/26-6/30 / M, Tu, W, Th, F 7:30-8:30 a.m. / Heinz Fitness 1 Wk 2, 7/3-7/7 / Wk 3, 7/10-7/14 M, Tu, W, Th, F / 7:30-8:30 a.m. Heinz Fitness 2

Fees: 5 sessions • \$79

0902 • TAI CHI FOR HEALTH Rebecca Steinback

Learn a simple form of Tai Chi that is designed to improve your health, flexibility and balance. As you practice each part of the form, your confidence and ability to continue doing the form after the class ends will increase. Learn the movements in a safe and easy manner following a stepwise progressive method that was developed by Paul Lam of the Tai Chi for Health Institute. Ages 14+.

Wk 1, 6/26-6/29 / M, Tu, W, Th 9-10 a.m. / Heinz Fitness 1 Fees: 4 sessions • \$69

0903 • POSTURE CAMP FOR ACTIVE 💋 **ADULTS / Laura P. Coombs**

It's not just about standing up straight! Good posture means moving well and adapting to any activity so you can "stay in the game" with less stiffness and joint pain. Posture Camp will teach you a method that will make your active lifestyle even more enjoyable. The exercises can be done at home with minimal equipment and space, so you can continue the method year-round. Improving your posture will improve your performance and athleticism, all while keeping typical aches and pains away. Videos of all exercises will be made available to remind you of proper form and key points. Ages 25+.

Wk 1, 6/27-6/29 / Wk 2, 7/4-7/6 Wk 4, 7/18-7/20 / Wk 5, 7/25-7/27 Tu, W, Th / 3:30-5 p.m. / Heinz Fitness 2

Fees: 3 sessions • \$89

0904 • CHRONIC PAIN MANAGEMENT: LOW BACK AND HIP / Tina R. Newell

Nagging pain that won't go away after an injury or surgery? Tina has developed a pain-reduction program using a gentle combination of somatic retraining and isometric exercises, guided relaxation and meditation, along with myotherapy which retrains your nervous system to move your muscles more effectively. You will learn proven self-care techniques that release muscle tension, increase flexibility and relieve pain. Perfect for those who have had or will receive hip replacement or low back injuries. Please be advised, some time on the floor will be experienced. Ages 14+. Wk 1, 6/26-6/29 / Wk 6, 7/31-8/3 M, Tu, W, Th / 1:30-3 p.m. / Turner 203 Fees: 4 sessions • \$99

0905 • KUNDALINI YOGA AND **MEDITATION WITH J.J.**

J.J. Gantenbein

Come home to yourself with the unique and powerful practices of the "Yoga of Awareness." Kundalini is the inherent potential energy which we all possess that resides at the base of the spine. Using movement, breath, mantra, deep relaxation and meditation, this amazing technology awakens and elevates the creative energy within to provide myriad human benefits such as greater clarity, deeper presence and a feeling of energized calm. Bring a yoga mat and a water bottle. A small blanket and a meditation cushion are helpful, but not required. Ages 16+.

Wk 3, 7/10-7/14 / M, W, F / 3:30-5 p.m. **Hurlbut Marion Lawrance Room** Wk 6, 7/31-8/4 / Wk 7, 8/7-8/11 Wk 8, 8/14-8/18 / Wk 9, 8/21-8/25 M, W, F / 3:30-5 p.m. / Heinz Fitness 2 Fees: 3 sessions • \$89

0907 • EVERYDAY "BLUE ZONES" **SOLUTIONS / Laura P. Coombs**

From food to movement to mindset, the Blue Zones lifestyle has been proven to reduce the risk of dementia, curb disease, and help its followers live better, longer lives. In this course, learn everyday solutions and simple, actionable steps to expand and extend your healthspan like they do in the Blue Zones! Ages 14+.

Wk 3, 7/11-7/13 / Tu, W, Th 12:30-2 p.m. / Smith Library Classroom



0906 • SOUND HEALING AND DEEP **RELAXATION WITH GONG**



Come relax and meditate with the healing sounds of the Gong. Said to emulate the sound of creation, the unique tones and vibrations of the gong allow the body and mind to release blocks and deeply relax. Some describe the experience as ethereal, unexpected and amazing. Others share that they feel uplifted, energized and calm. It's an experience like no other! Bring a yoga mat, a water bottle and a blanket. You may also bring any other comfort items that will allow you to deeply relax while lying on the floor. Chairs may also be available for those who prefer to sit. Ages 14+. Wk 3, 7/14 / F / 1:30-3 p.m.

Hurlbut Marion Lawrance Room Wk 6, 8/2 / Wk 7, 8/9 / Wk 8, 8/16 / Wk 9, 8/23 W / 1:30-3 p.m. / Heinz Fitness 2

Fees: 1 session • \$35

0908 • PLAYFUL POSTURE PRACTICE: PREVENTING FORWARD HEAD **POSTURE / Martha Lamb**

So many influences in our lifestyles activate gravity to curve our thoracic spine and lead our heads heavily forward. It has been said that we are only as young as our spines are flexible. We must insert actions other than looking down at our computers, cellular devices, books, crafts, etc. into our days to develop proper posture. Therefore, in this yoga class, we'll invite in lightness, joy and flotation as we playfully inviting our muscles to lengthen, becoming more like taffy, incrementally building strength and preventing forward head posture. Ages 14+. Wk 3, 7/10-7/14 / M, Tu, W, F 3:30-4:30 p.m. / Heinz Fitness 2

Fees: 4 sessions • \$85

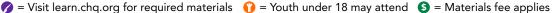
0909 • CHRONIC PAIN MANAGEMENT: SHOULDER AND **NECK PAIN / Tina R. Newell**

Do you suffer with chronic neck or shoulder pain of any kind? Tina has developed a pain-reduction program using a gentle combination of somatic retraining and isometric exercises, guided relaxation and meditation, along with myotherapy which retrains your nervous system to move your muscles more effectively. You will learn proven self-care techniques that release muscle tension, increase flexibility and relieve pain. Please be advised, some time on the floor will be experienced. Ages 14+. Wk 3, 7/10-7/13 / Wk 9, 8/21-8/24 M, Tu, W, Th / 1:30-3 p.m. / Turner 203

Fees: 4 sessions • \$99







Fees: 3 sessions • \$89

30 HEALTH & FITNESS SPECIAL STUDIES 2023

0910 • THE ALEXANDER TECHNIQUE: MOVEMENT WITH GRACE / Barbara Hois

"Sit up straight!" yelled your mother. But when you did, it felt tight, pushy and uncomfortable. You can be poised and comfortable without effort. The Alexander Technique uses sensing, anatomy and teacher's light touch for graceful, flexible, fluid and expressive movements. Everyone can open joints, free tight muscles, reduce pain and change habits. Your mother would be proud. Ages 12+. Wk 4, 7/17–7/21 / M, Tu, W, Th, F 2–3 p.m. / Turner 203

0911 • INTRO TO QIGONG AND TAI CHI FOR HEALTH / Bob Moore, Ph.D.

Wk 7, 8/7-8/11 / M, Tu, W, Th, F

3:30-4:30 p.m. / Turner 203

Fees: 5 sessions • \$79

These two forms of Asian movement meditation offer many roads to good health. Research at Harvard University and elsewhere demonstrated that improvements in balance, blood pressure and flexibility, among other benefits, can be expected with regular practice. These systems of movement, meditation and breathing bring you to a calm, centered self and more capable of being fully in the moment. For people of all abilities and requires no previous experience. Please wear comfortable clothing. Ages 16+. Wk 4, 7/17-7/21 / M, Tu, W, Th, F 7:30-8:45 a.m. / Heinz Fitness 1 Fees: 5 sessions • \$89 / Materials fee • \$10

0912 • THE ALEXANDER TECHNIQUE: FIVE CLASSIC STUDIES Barbara Hois

Each day you will learn a different classic movement/position of Alexander — standing, sitting, bending, standing up from a chair, and walking — with balance, alignment and poise. Bring your own activities which use those movements to discover new ways to be comfortable. Teacher's light touch will help you sense more, ease muscles and move freely. Next Amp lecture = comfortable sitting!

Ages 12+.

Wk 5, 7/24–7/28 / M, Tu, W, Th, F 2–3 p.m. / Turner 203 Wk 8, 8/14–8/18 / M, Tu, W, Th, F 3:30–4:30 p.m. / Turner 203

Fees: 5 sessions • \$79

0913 • RECONNECT TO INTEGRATED MOVEMENT / Lisa DeCato

The sessions will guide you toward personal body awareness in terms of dynamic alignment and total body organization. Mindful movement patterns will improve your balance and movement intention, enhance your mobility and stability, and assist you in developing integrated core strength. Experiential anatomy and creative ways to re-pattern your movement will return you to felt sensations and reconnect you to enlivened and informed movement. Appropriate for all movers, no experience required. Ages 16+.

Wk 5, 7/24–7/28 / M, Tu, W, Th, F 2:30–3:45 p.m. / Heinz Fitness 1

Fees: 5 sessions • \$89

0914 • LONGEVITY SCIENCE Al Scopp, Ph.D.

Make better health care decisions based upon longevity research while exploring six major aging pathways and their amelioration. What exercise, diets, foods, sleep patterns and social behavior have been shown to alter lifespan by three years or more? Combining modest changes in several health habits have been shown to add at least one decade in several major studies. We will also discuss longevity in nature and how to access original published research with Pubmed. Ages 14+. Wk 6, 8/1–8/3 / Tu, W, Th 12:30–1:30 p.m. / Hultquist 201A Fees: 3 sessions • \$69

0915 • MOVE INTO LIFE WITH THE FELDENKRAIS METHOD

Maxine Davis

The Feldenkrais Method provides a way to increase your awareness of how you do what you do, so you can do what you want. This body/mind approach offers a means of self-education and self-exploration through movement that is useful for people in pain (arthritis, back pain, etc.). It is invaluable for performers, athletes and people interested in experiencing increased vitality in their lives. Students should bring a towel or mat to class and wear loose clothing. Ages 16+. Wk 6, 7/31–8/4 / Wk 7, 8/7–8/11 M, Tu, W, Th, F / 2–4 p.m. Hurlbut Marion Lawrance Room

Fees: 5 sessions • \$115

0916 • INFLAMMATION AND CHRONIC DISEASE

Jolly Janson & Cheryl Syta

Are you fired up? We will discuss the immune system and underlying causes of inflammation in the body that contribute to chronic diseases, including cancer, neurodegenerative disorders, autoimmune conditions and diabetes. Lifestyle factors such as sufficient sleep, stress reduction, diet and even how you exercise can reduce inflammation and your risk of illness. Learn why reducing inflammation is important, how small changes can add up to huge results, and behavior change techniques in a new, collaborative way you can apply immediately to your healthy lifestyle. Ages 18+.

Wk 7, 8/8–8/10 / Tu, W, Th 12:30–1:45 p.m. / Hultquist 201A

Fees: 3 sessions • \$79

Master Class with Norm Ornstein

2404 • WHERE DO WE GO FROM HERE? PRESERVING THE POLITICAL CENTER

The bipartisan Commission on the Practice of Democratic Citizenship was launched in 2018 to explore how best to respond to the weaknesses and vulnerabilities in our political and civil life and to enable more Americans to participate as effective citizens in a diverse 21-century democracy. Join frequent Chautauqua speaker and commission member Norm Ornstein for an exploration of the commission's recommendations and a robust discussion on what we can do to try and repair the breach. Ages 14+. Wk 3, 7/12 / W / 12:30–1:30 p.m. / Smith Wilkes Hall / Fees: 1 sessions • \$49

Norman J. Ornstein is a senior fellow emeritus at the American Enterprise Institute (AEI), where he has been studying politics, elections, and the US Congress for more than four decades. Dr. Ornstein previously served as codirector of the AEI-Brookings Election Reform Project. He has been involved in political reform for decades, particularly campaign finance, election reform, and House and Senate reform. He has also played a part in creating the Congressional Office of Compliance and the House Office of Congressional Ethics. He was elected fellow of the American Academy of Arts and Sciences in 2004. He served as an election analyst for CBS News for thirty years, and also was an on-air election analyst for BBC News. Through his family foundation named in honor of his late son Matthew, he helped spearhead the documentary "The Definition of Insanity," about criminal justice and mental illness, which premiered at the Miami Film Festival in March 2020 and aired nationally on PBS on April 14, 2020.



History, **Government & Politics**

1001 • THE LONG 1960S: DID THE **CENTER HOLD? / Donna Schuele**

The mid-1950s to the mid-1970s witnessed extraordinary levels of social, political and legal upheaval in the United States: from the civil rights movement, to Vietnam War protests, urban crime and unrest, assassinations, the women's movement, and Watergate. This course examines the sources and outcomes of these conflicts to ask: Did the nation survive because the center held, or were there other dynamics at play? And, can this experience be instructive for our times? Ages 14+. Wk 1, 6/26-6/30 / M, Tu, W, Th, F 3:30-5 p.m. / Turner Conference Room Fees: 5 sessions • \$125

1002 • APPALACHIAN HISTORY AND 👔 **CULTURE / Paul Rader**

What is Appalachia? And where is it? How did its history shape its values and what has it contributed, and continues to contribute, to our country's larger history? For years Appalachia was the most independent and prosperous region of our country. Today it is the most dependent, and arguably the poorest. Yet its language, literature, crafts and values are disproportionately influential. In this class, your appetite will be whetted for all things Appalachian. Ages 14+. Wk 1, 6/26-6/29 / M, Tu, W, Th 4-5 p.m. / Hultquist 201B

1003 • THE NATURE OF GENOCIDE **Tim Horner**

Fees: 4 sessions • \$85

This course treats genocide as a human phenomenon perpetrated by people, not monsters. It explores how genocide has become thinkable at certain points in human history, but especially in the 19th and 20th centuries. The course analyzes the historical, sociological, psychological and religious factors that create the conditions for genocide. The study of atrocity can lead to a greater understanding of ourselves, our world, and what connects us. It invites students to scrutinize and deepen their understanding of the human condition. Ages 16+.

Wk 1, 6/26-6/29 / M, Tu, W, Th 9-10:15 a.m. / Hultquist 201B Fees: 4 sessions • \$99

1004 • CHILE: FROM DEMOCRACY TO DICTATORSHIP AND BACK **AGAIN** / Krissy Dietrich Gallagher

How did Latin America's most stable democracy plunge into 17 years of brutal dictatorship? This course looks at late-20th-century Chile: the election of socialist president Salvador Allende; the legacy of his reforms; the resistance of the upper classes, corporations and foreign governments; and the subsequent military coup of Sept. 11, 1973. Testimonies of the detained, tortured and exiled will reveal General Pinochet's brutality. The social uprising of 2019 and subsequent drafting of a new constitution will be analyzed through the lens of Allende's presidency, Pinochet's dictatorship, and the transition back to democracy. Ages 14+. Wk 3, 7/10-7/13 / M, Tu, W, Th

3:30-5 p.m. / Turner 105 Fees: 4 sessions • \$109

1005 • WAR AND ANTI-WAR Mark Altschuler

The course is designed around readings and discussion. We will read short works or excerpts of fiction and non-fiction by such writers as Tim O'Brien, Chris Hedges, and Philip Caputo. The readings will lean toward "anti-war" literature to guide our discussion around the overarching question: When, if ever, is war morally justifiable? Ages 18+. Wk 4, 7/17-7/20 / M, Tu, W, Th 9:15-10:30 a.m. / Smith Library Classroom

Fees: 4 sessions • \$99

1006 • JAPAN, CINEMA, AND THE 1950S: MIZOGUCHI, OZU, KUROSAWA / Elizabeth Oyler

This course examines three of Japan's most influential filmmakers: Kenji Mizoguchi, Yasujiro Ozu and Akira Kurosawa, all of whom created some of their most famous works in the decade following the end of World War II. Through discussions of their films from 1952 and 1953, we will consider how these filmmakers engaged the past, the changing family structure, and an increasingly urban, fragmented society. Ages 14+.

Wk 5, 7/25-7/27 / Tu, W, Th 9-10:30 a.m. / Hultquist 101 Fees: 3 sessions • \$89



1007 • LITERARY CULTURE OF **EUROPE'S CITIES CIRCA 1900**



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Charles Skinner

Over the course of the 19th century, cities across Europe grew and developed the cultural infrastructure to support the literary world we enjoy. This course will look at the life of literature in London, Paris, Berlin, Vienna and St. Petersburg in the four decades from 1875 to 1914. Some attention will also be paid to the worlds of art (Impressionism) and music (post-Wagner), politics and international relations, as well as economic development in the first age of globalization. Ages 14+. Wk 6, 7/31-8/3 / M, Tu, W, Th

9-10 a.m. / Turner Conference Room Fees: 4 sessions • \$85

1008 • PROBING MYTHS ABOUT THE 👔 **SUPREME COURT / Jeffrey Wood**

"The Supreme Court is not a political body." "The Constitution must be construed according to the original intent of the framers." "Justices don't have personal biases; they just call balls and strikes." "Nine Justices is the perfect size for the Court." We'll examine some widely-held assumptions in the context of current Supreme Court decisions from the 2022-2023 term and consider ways to transform the Court so it can better live up to its grand potential as the nation's ultimate legal decision-making body. Ages 14+. Wk 7, 8/7-8/10 / M, Tu, W, Th 9-10:15 a.m. / Hultquist 101

Fees: 4 sessions • \$99

1009 • SPEECH, FREEDOM, AND **DEMOCRATIC LIFE / David Molina**



As political theorist Teresa Bejan writes, "of the many challenges facing democracy in America today, few perplex the public mind like the freedom of speech." To face this emphatically present challenge, our course will draw on the resources of the past. Readings and discussions will address a long history of the relationship between speech — its practice, institutionalization, and regulation — and democratic life. Throughout, students will mobilize a usable history to build connections (and missed connections) to contemporary life. Ages 16+.

Wk 8, 8/14-8/17 / M, Tu, W, Th 3:30-5 p.m. / Turner Conference Room Fees: 4 sessions • \$109





1010 • UNDERSTANDING LEGAL AND ILLEGAL CENSORSHIP Jeffrey Wood

Books are being banned; topics are curtailed in classrooms; speech is restricted throughout society; artists confront narrow limitations. Unwanted ideas are perennially under attack through official censorship, as well as choices that are inherent in the capitalist economy — whether by producers or consumers. We'll examine various attempts at censorship in the context of current controversies and legal guidelines, consider the scope of the First Amendment, and evaluate the proper role of free speech in a thriving, open society. Ages 14+. Wk 8, 8/14-8/17 / M, Tu, W, Th 9-10:15 a.m. / Hultquist 101 Fees: 4 sessions • \$99

1011 • U.S. SOLIDARITY NETWORKS WITH THE GLOBAL SOUTH Francis Shor

This course will highlight the ways in which a common humanity and global citizenship informed U.S. solidarity networks with the Global South in the late 20th and early 21st centuries. We will examine, in particular, Central American solidarity networks in the 1980s, both secular and religious, and the anti-sweatshop campaigns of the 1990s. Finally, we will consider the emergence of the World Social Forum as a site for the expressions of solidarity of North Americans with the Global South. Ages 16+. Wk 9, 8/21-8/24 / M, Tu, W, Th

9-10:30 a.m. / Turner Conference Room Fees: 4 sessions • \$109

Language

1101 • INTRO TO HEBREW LETTERS: 🙌 LEARN TO READ THE HEBREW **ALPHABET / Baruch Sienna**

It is fascinating and rewarding to be able to read Hebrew, one of the world's oldest and original alphabets. Whether you travel to Israel and want to read signs, are interested in being able to decode the Bible's original script, or would be interested in being able to follow along in a Hebrew service, this course will gently introduce participants to the 22 letters of the Hebrew alphabet and the rules and strategies for decoding Hebrew accurately and easily. No previous Hebrew skill is required. Open and welcome to all. Ages 16+.

Wk 4, 7/17-7/19 / M, Tu, W 3:30-5 p.m. / Turner 105 Fees: 3 sessions • \$89

1102 • LATIN LAID BARE: LATIN 101 **Philip Barnes**

Whether a novice or a former student, you'll be surprised at how much of the basic language you can master in just five sessions. This systematic approach covers both the structure of Latin and its effect upon English through vocabulary. This is Latin for the curious, not Latin for dummies, and taught by an instructor with 40 years' experience. Ages 12+.

Wk 5, 7/24-7/28 / M, Tu, W, Th, F 9:15-10:15 a.m. / Smith Library Classroom

Fees: 5 sessions • \$99

1103 • ITALIANO, PRONTI E VIA! Federica Proietti

Traveling to Italy? Or just interested in Italian culture and some conversational phrases? Federica will be delighted to walk and talk with you on an imaginary journey to Italy. No previous experience in Italian is necessary. Ages 15+.

Wk 7, 8/7-8/11 / M, Tu, W, Th, F 9:15-10:30 a.m. / Smith Library Classroom Fees: 5 sessions • \$99

1104 • SPANISH FOR TRAVELERS **Christine Perry**

Spanish is one of the easiest languages to learn! Are you planning a vacation to a Spanish-speaking country or just want to brush up on your conversation skills? You will be surprised at how many common Spanish words you already know! Acquiring a second language is good for the brain. Master correct pronunciation and learn useful vocabulary in a relaxed setting. We will also learn the basic steps of salsa, bachata and merengue just to spice it up a bit. Speaking Spanish is fun! Ages 14+. Wk 8, 8/14-8/18 / M, Tu, W, Th, F 12:30-1:30 p.m. / Smith Library Classroom Wk 9, 8/21-8/25 / M, Tu, W, Th, F 9:30-10:30 a.m. / Smith Library Classroom Fees: 5 sessions • \$99



2402 • A CHQ LITERARY ARTS CONVERSATION WITH SEAN ASTIN

Join actor Sean Astin following his Chautaugua Lecture Series debut for a conversation with Chautauqua's Sony Ton-Aime, Michael I. Rudell Director of Literary Arts, on the work of J.R.R. Tolkien and Astin's love of literature. Astin, the author of There and Back Again: An Actor's Tale, also hosts his own online book club which has focused on Tolkien's The Hobbit, among other books. Ages 14+.

Wk 1, 6/30 / F / 1:30-2:30 p.m. / Smith Wilkes Hall

Fees: 1 session • \$49

An actor, director, voice artist and producer with more than 200 credits to his name, Sean Astin is best known for roles as Mikey Walsh in "The Goonies," the title character of "Rudy," Samwise Gamgee in the "Lord of the Rings" trilogy, and Bob Newby in "Stranger Things 2," roles that epitomize hope, determination and loyalty in franchises with a common narrative thread: friendship. Son of Academy Awardwinning actress Patty Duke and acclaimed actor John Astin, Astin graduated from UCLA in 1997 with a B.A. in History and English, and is currently working on an online Master's degree in Public Administration and Policy at American University.



Chautauqua Writers' Center

Sony Ton-Aime, Michael I. Rudell Director of Literary Arts

For 35 years, the Chautauqua Writers' Center has been a lively community of writers at all levels of development who cultivate the craft and vision necessary to grow as artists under the tutelage of highly accomplished authors. These writers-in-residence also give free readings and lectures each week. Learn more at writers.chg.org

The following pages present workshops in two formats, to help writers find the best match for their needs:

- Generative. The primary class focus is on in-class craft analysis and discussion, in-class exercises, and optional take-home prompts; ideal for writers looking for new ways to invigorate their writing practice throughout the entire year; useful to writers at all levels.
- Flexible. These workshops are structured to both workshop the writing of those with drafts relevant to the workshop focus and produce useful craft analysis and discussion with optional take-home prompts for those looking to generate new work during the week.

To learn more about other Chautauqua Literary Arts programs, visit literaryarts.chq.org. Books by Writers' Center writers-in-residence — and by authors in all our programs — are available at the Chautauqua Bookstore, the CLSC Octagon and the Smith Memorial Library.

Writers' Center **Poetry Workshops**

1201 • SOUND AND RHYTHM AND MUSIC AND NOISE: PLAYING WITH POETIC FORM / Zach Savich

This workshop will explore poetic form, with inspiration from many recent poems. We'll consider the connections between music and meaning, between noise and voice. Participants will write new pieces and receive feedback on older work. The workshop is designed for writers of all backgrounds and interests including those who'd like to use poetic techniques in fiction, nonfiction, and other genres. Flexible. Ages 18+. Wk 1, 6/26-6/30 / M, Tu, W, Th, F 8:30-10:30 a.m. / LAC Alumni Hall Poetry Room Fees: 5 sessions • \$149

1202 • LEAN INTO JOY January Gill O'Neil

Making space for beauty and randomness may seem like an indulgence in our writing. But attending to our astonishments — the extraordinary in the ordinary — is the most important work a poet can do. In this weeklong workshop, we'll explore opportunities to reach for joy and connection to our work, employ language not often found in poetry, reflect on the difficulty and importance of documenting moments of change, and discuss strategies for honing and revising new and old drafts. This is a generative poetry workshop that will also touch upon revision and the publication process. Generative. Ages 18+. Wk 2, 7/3-7/7 / M, Tu, W, Th, F

8:30-10:30 a.m. / LAC Alumni Hall Poetry Room Fees: 5 sessions • \$149

1203 • MAIL'S IN: THE EPISTOLARY **POEM / John Hoppenthaler**

The epistolary poem, also called an epistle, is a poem written as a letter, addressed either to a public or private person, but usually never sent. The form dates to the late 1500s. The writing of letters may be a dying art, but the making of epistolary poems need not suffer the same fate! This workshop will consider epistles by Nobel Prize winner Bob Dylan, Pulitzer Prize winners Natasha Trethewey and Claudia Emerson, and other poets, including Richard Hugo, Danez Smith and Linda Bierds, then focus on the drafting of epistles and subsequent revisions of same, with specific focus on sound, image, sensory details and the poetic line. Generative. Ages 18+. Wk 3, 7/10-7/14 / M, Tu, W, Th, F 8:30-10:30 a.m. / LAC Alumni Hall Poetry Room Fees: 5 sessions • \$149

1204 • DELIGHT IN THE DETAILS: WRITING POEMS THAT STARTLE AND **ENCHANT / Mary Biddinger**

Vivid descriptions help us connect to a poem by recreating experience, from a rhubarb pie bubbling in the oven to the flash of a deer running across a field. But how do poets use descriptive details in a way that conveys experience for readers without overwhelming them? And where do poets find stunning multisensory details in the first place? We will discover new methods of generating fresh, compelling descriptions to use in poems. Explore techniques through provided prompts and sample poems, and receive feedback in a supportive atmosphere. Flexible. Ages 18+. Wk 4, 7/17-7/21 / M, Tu, W, Th, F

8:30-10:30 a.m. / LAC Alumni Hall Poetry Room

Fees: 5 sessions • \$149

1205 • LOOKING AT POEMS OF **LOOKING / Jennifer Grotz**

In this workshop, participants will closely consider five different poems by poets such as Yusef Komunyakaa, Henri Cole, Elizabeth Bishop, C. K. Williams and Rainer Maria Rilke engaged in the act of looking. We will consider the way each poem's sight leads to insight, and then we will practice some looking of our own. Flexible. Ages 18+. Wk 5, 7/24-7/28 / M, Tu, W, Th, F 8:30-10:30 a.m. / LAC Alumni Hall Poetry Room Fees: 5 sessions • \$149

1206 • THE PERSONA POEM **Danielle Legros Georges**

This workshop will explore the persona poem, a work in which the writer speaks through an assumed voice, often from history, recent or ancient. With roots in the dramatic monologue, the persona poem privileges voice and often presupposes an audience. We will read exceptional persona poems to learn how effective they can be as tools to engage perspectives, times and places beyond our own. We'll try our hand at writing persona poems, considering the questions and visions that emerge through our work. Flexible. Ages 18+. Wk 6, 7/31-8/4 / M, Tu, W, Th, F 8:30-10:30 a.m. / LAC Alumni Hall Poetry Room

1207 • HERMIT CRAB POETRY: FINDING **FORM / Philip Metres**

Fees: 5 sessions • \$149

Hermit Crab Poetry is inspired by the name given to creative nonfiction that uses, like a hermit crab, some found form to find refuge in. These forms are as varied as you can imagine: from footnotes to application forms, from questionnaires to autopsy reports, from blackouts to erasures. Poetry is, at least in part, a quest for form, to find the shape that can home our poems and our lives. We will explore this recent burgeoning of new, hybrid and found forms, as well as working within and in dialogue with received/traditional forms. Flexible. Ages 18+.

Wk 7, 8/7-8/11 / M, Tu, W, Th, F 8:30-10:30 a.m. / LAC Alumni Hall Poetry Room Fees: 5 sessions • \$149

1208 • LET US NOW PRAISE THE MUTILATED WORLD / Ralph Black

The title of this workshop is a mash-up of the nonfiction book by James Agee and the poem by Polish poet, Adam Zagajewski. The very first poems (in nearly any language) were praise poems, but unadorned lyric praise might seem harder to pull off in an age marked by war, political strife and climate change than when Wordsworth sang of daffodils. We'll read poems by Robinson Jeffers, Terrance Hayes, Campbell McGrath, Rita Dove, Claudia Rankine and others as a means of generating (and challenging) your work. Flexible. Ages 18+.

Wk 8, 8/14–8/18 / M, Tu, W, Th, F 8:30–10:30 a.m. / LAC Alumni Hall Poetry Room Fees: 5 sessions • \$149

1209 • THE MERGE

Mihaela Moscaliuc & Michael Waters

This workshop will focus on how sound and structure in a poem can convey meaning, and how the line may function as both an individual and integral unit. Each class will begin with a discussion of a single, brief poem by a major poet (Lucille Clifton, Rita Dove, Kimiko Hahn, Galway Kinnell) that demonstrates the merging of lineation and sound work toward making the poem cohesive and memorable. Then we will consider this aspect of craft (among others) in your own poems. Anticipate a fastmoving and lively workshop! Generative. Ages 18+.

Wk 9, 8/21–8/25 / M, Tu, W, Th, F 8:30–10:30 a.m. / LAC Alumni Hall Poetry Room Fees: 5 sessions • \$149

Writers' Center Prose Workshops

1301 • HOW TO START / Beth Loffreda

How do we begin a story, an essay, a revision, a writing day, a writing practice? How do we find a shape for an empty page, words for an as-yet unarticulated thought? How do we begin a piece of writing so that others want to begin reading it? And how do we start over when we need to? We'll practice some jump-starts for our own writing, read and discuss some starts you've already made, look at some great first paragraphs for inspiration, plan for what comes next, and talk together about how we meet the difficulties and joys of starting each writing day. Flexible. Ages 18+. Wk 1, 6/26-6/30 / M, Tu, W, Th, F 1:15-3:15 p.m. / LAC Alumni Hall Prose Room Fees: 5 sessions • \$149

1302 • FREE WRITE: THE JOY OF DISCOVERY / Laura Scalzo

In this generative workshop we'll embrace the exhilaration of words on the page. Yes, writing can be hard, but when we open ourselves and let it flow, it's a unique kind of joy. Even difficult subject matter can gratify as our writing mind unlocks doors and shows us new ways to think and see. We'll explore various forms, including flash, creative nonfiction, essay and the novel. Prompts, short exercises, sharing and feedback throughout the week. Generative. Ages 18+.

Wk 2, 7/3–7/7 / M, Tu, W, Th, F 1:15–3:15 p.m. / LAC Alumni Hall Prose Room Fees: 5 sessions • \$149

1303 • THE ART OF THE SCENE IN MEMOIR / Julie Metz

What gets a reader hooked into a great story? We will explore how to make important moments in a memoir come alive by crafting strong scenes. Memoirs often begin by dropping a reader into a life-changing event, setting up both the narrative arc and point of view that will follow through from beginning to end. Using exercises designed to spark the imagination and self-discovery, writers will develop short scenes with powerful flow and memorable imagery. We'll talk about how to introduce dialogue, which reveals characters and helps a scene ring true. The course will include short readings from classic and more recent memoirs. During our last sessions there will be opportunities to workshop writing you produce in class and any work in progress you wish to share. Flexible. Ages 18+. Wk 3, 7/10-7/14 / M, Tu, W, Th, F 1:15-3:15 p.m. / LAC Alumni Hall Prose Room Fees: 5 sessions • \$149

1304 • WRITING THE NOVELLA-IN-FLASH / John Brantingham

The novella-in-flash is a way to construct a narrative that allows for greater freedom in storytelling. It focuses on a series of moments as opposed to a longer narrative, but it can capture life in a completely different way. We'll start by learning about what flash is and what it can do differently from longer pieces. We'll construct individual stories as we work toward writing the longer work. We'll work in snapshots and learn how to develop the whitespace between stories in building our narratives. Finally, we'll look at alternative approaches to storytelling. Flexible. Ages 18+. Wk 4, 7/17-7/21 / M, Tu, W, Th, F 1:15-3:15 p.m. / LAC Alumni Hall Prose Room Fees: 5 sessions • \$149

1305 • THE SHAPE OF THINGS TO COME: HOW PLAYING WITH FORM CAN INVIGORATE CREATIVE NONFICTION WORK / Randon Billings Noble

The word "essay" comes from the French "essayer": to try. We'll move beyond traditional narrative and expository forms to try a more experimental approach: playing with form. We'll look at some of the many forms creative nonfiction can take, including lyric, segmented, braided and hermit crab essays. And we'll write from a variety of prompts to sketch essays and short memoirs in these forms. At the end of the week, we'll try some creative and unexpected ways of revising what we've written. This generative workshop will benefit beginners as well as advanced practitioners. Come prepared to try, to risk, to dare — and to play. Ages 18+. Wk 5, 7/24-7/28 / M, Tu, W, Th, F 1:15-3:15 p.m. / LAC Alumni Hall Prose Room Fees: 5 sessions • \$149

1306 • WRITE YOUR BOOK Mary Kay Zuvaleff

This generative workshop is for anyone interested in writing a novel, memoir or short story collection, whether you're several drafts to the wind or just setting sail. Learn ways to grab a reader's attention with your first sentence, frame a narrative, craft a unique voice and bring the past into the present. We will take it from the heart — what is the story you are yearning to tell? — to the desk how on earth does someone write an entire book? Make progress in a week and leave with plans for the next word, sentence and chapter! Generative. Ages 18+. Wk 6, 7/31-8/4 / M, Tu, W, Th, F 1:15-3:15 p.m. / LAC Alumni Hall Prose Room Fees: 5 sessions • \$149

1307 • WRITING YOUR WAY HOME: PERSONAL NONFICTION AND THE PERSONAL PLACE / David Giffels

The relationship between the personal essayist and his or her place is central to understanding the self and the world. Whether the setting is a Midwestern downtown, a childhood bedroom, an immigrant's landing spot, a hiking trail or all of Manhattan, writers possess unique authority, authenticity and insight when exploring the places that formed them. Through short readings, writing prompts, craft lessons and workshop exercises, writers will generate ideas and develop them into personal creative nonfiction essays. Generative. Ages 18+. Wk 7, 8/7-8/11 / M, Tu, W, Th, F 1:15-3:15 p.m. / LAC Alumni Hall Prose Room Fees: 5 sessions • \$149

1308 • A CROSS-SECTIONAL **WORKSHOP / Michael Martone**

Participants will, instead of looking at one complete story one at a time, look all the stories in the workshop at the same time. This will be done by focusing on various parts of the stories — titles, first lines, first paragraphs, first pages, middles, endings, etc. — considering both the specific part before us in the work and what that part is or does or means generally. To that end, there will not be a gag rule. Every author will be encouraged to speak on their work, the work of the other writers in the room, and how they think about these various parts of composition. This workshop will be about the process of writing, rather than about the product of the writing. Writing will be considered as a series of problems the writer sets for oneself and the tactics and strategies employed to solve those challenges. Flexible. Ages 18+. Wk 8, 8/14-8/18 / M, Tu, W, Th, F 1:15-3:15 p.m. / LAC Alumni Hall Prose Room Fees: 5 sessions • \$149

1309 • LISTS, ISLANDS, AND **EPIGRAPHS: TRICKING OURSELVES TOWARD STORY / Lenore Myka**

Many of us are taught that stories move chronologically, but this model can sometimes stunt progress and lead to dead ends. In this workshop, we'll explore some unusual approaches we can adopt to create fresh narratives or reinvigorate old ones. We'll consider storytelling through the lens of mosaics, islands, lists, and other "tricks," reading examples in fiction and nonfiction, and experimenting with some of them together. Whether you're working on a project in need of oxygen, or facing a blank page, this workshop will help you create original stories that captivate readers. Flexible. Ages 18+.

Wk 9, 8/21-8/25 / M, Tu, W, Th, F 1:15-3:15 p.m. / LAC Alumni Hall Prose Room Fees: 5 sessions • \$149

Master Class with Percival Everett

1411 • WRITING SATIRE / Percival Everett

Prize winning and CLSC author Percival Everett will lead this hour-and-half master class on the craft of writing satire. Before his CLSC presentation on Dr. No, Everett will delve into his many years of writing and teaching to share some of his methods and intentions behind some of his most known and beloved novels: The Trees, Telephone, I Am Not Sidney Poitier, and A History of the African-American People (Proposed) by Strom Thurmond, among others. Participants will gain a better appreciation and knowledge on comedic writing and the genre of satire. While participants do not need to have read much of Everett's works, they are encouraged to read Dr. No in advance. Ages 18+. Wk 2, 7/5 / W / 3:30-5 p.m.

LAC Alumni Hall Ballroom Fees: 1 session • \$49

Percival Everett is the author of more than 30 novels and story collections, including Dr. No, The Trees, Telephone, So Much Blue, Percival Everett by Virgil Russell, I Am Not Sidney Poitier and Erasure. Everett has won the Ivan Sandrof Lifetime Achievement Award from the National Book Critics Circle, the Dos Passos Prize, the PEN/Jean Stein Book Award, the PEN Center USA Award for Fiction, and the PEN Oakland/Josephine Miles Literary Award, among others. He is the recipient of a Guggenheim Fellowship. Everett is currently Distinguished Professor of English at University of Southern California. He lives in Los Angeles.



Writing

1401 • CREATING A JOURNALING **HABIT / Jan Ananian**

Journaling is a tool to help us become mindful, appreciate the little things in daily life, and, like Anaïs Nin, "taste life twice, in the moment and in retrospect." It allows us to re-live vacations and serve as a companion for traveling or dining alone. We'll review techniques to help sharpen your observational skills and harness your memories, and we'll also explore the power of bullet journaling — a tool to help people achieve their goals and expand creativity. Because many people start journals and then abandon them, we'll also focus on ways to establish and maintain a journaling habit. Ages 14+.

Wk 1, 6/27-6/29 / Tu, W, Th 3:30-5 p.m. / Turner 105 Fees: 3 sessions • \$89

1402 • USING PHOTOS TO WRITE YOUR STORIES OF FAMILY AND FRIENDSHIP / Sharon Santillo

Everyone has stories that need to be preserved and passed on. Research is bearing out how important these stories are for future generations. In this workshop, we will make it fun to write our stories by taking inspiration from photos (in our phones and our shoeboxes), from interviewing living relatives, and from online research. Ideas for easy visual techniques using photos and photocopies to create story books will also be shared. Ages 14+.

Wk 1, 6/27-6/29 / Tu, W, Th 8:45-10:15 a.m. / Turner 104

Fees: 3 sessions • \$89 / Materials fee • \$5

1403 • TELLING YOUR LIFE STORIES WITH GRACE / Maureen Ryan Griffin

Our life stories are a precious legacy, imbued with grace we can often see only in hindsight. Capturing these stories gracefully in words is a gift, not only to ourselves, but to those who love us they'll be treasured for generations to come. Come learn engaging tools and techniques to retrieve and record your adventures, loves, losses, successes, mistakes and more with ease and, yes, grace — no matter where you are in the process. Ages 16+.

Wk 6, 7/31-8/3 / M, Tu, W, Th 3:30-5:30 p.m. / Turner 105 Fees: 4 sessions • \$129







1404 • THE BUSINESS OF BEING A WRITER / Brian Allain

Traditionally, the primary skill necessary for becoming a successful author was writing ability. With massive changes in the publishing industry, many business skills have become increasingly important. Oftentimes writers do not have the experience and skills needed to deliver on these new requirements. This class provides instruction in the most important business skills now needed for authors, with a particular emphasis on marketing. Suggested for both new and existing writers. Ages 14+. Wk 6, 7/31–8/3 / M, Tu, W, Th

9–10:30 a.m. / Hultquist 201A Fees: 4 sessions • \$109

1405 • THE FINE ART OF COOKING UP A POEM

Maureen Ryan Griffin

Ever wished your writing had more finesse? Or wondered what goes into the making of a fine poem? This class explores "poetic ingredients" in the areas of content, sound and form that will increase your expertise in poetry and prose. Learn how to identify and use these ingredients, as well as how writing you love can inspire and instruct you. All levels welcome. Ages 16+. Wk 7, 8/7–8/10 / M, Tu, W, Th 3:30–5:30 p.m. / Hultquist 201A Fees: 4 sessions • \$129

1406 • EMBODIED WRITING PRACTICE / Joanne Spence

Fees: 5 sessions • \$99

This class is an hour-long movement and writing practice for people of all abilities. The first 20 minutes is a short gentle movement and breathing practice (can be done from a chair). Then, a writing prompt will be given. You will then begin writing for 20 minutes. The idea is to keep your hand moving. You may write in response to the prompt, or you may chose to write something completely different. A time of optional sharing will follow to bear witness to each other's creativity. You will be amazed at the writing you will generate from this simple practice. Led by expert yoga teacher and author Joanne Spence. No yoga experience necessary. Ages 14+. Wk 6, 7/31-8/4 / M, Tu, W, Th, F 12:30-1:30 p.m. / Hultquist 201B

1407 • REFLECTING THROUGH WRITING / Judy McClure

Join us for this welcoming and inclusive class that explores writing as a form of reflection. Students will investigate several topics, including work, relationships and identities. We will generate new writing, share writing for those who feel comfortable doing so, and give supportive and generous feedback. Each session will involve prompts to awaken your writing mind, readings of essays to inspire your own work, and time for longer generative writing. Writers at all levels of practice are welcome. Ages 18+. Wk 7, 8/7–8/11 / M, Tu, W, Th, F 3:30–5 p.m. / Turner 105 Fees: 5 sessions • \$125

1408 • "ESSAYING": THE ART OF WRITTEN REFLECTION

Maureen Phillips

Let your inner logophile fly! In the French language, to "essai" means to try, or to tease out an idea. Essay writing, a genre popularized by the 16th century French philosopher Michel de Montaigne, is a wonderful way to play with your words and thoughts as a creative art form. Essay writing combines your worldview, life's journey, specialized knowledge, enjoyment of wordplay, and stories drawn from memory to express your ruminations upon virtually any topic. Whether you find an audience or not, essay writing has a cathartic effect upon most writers. Ages 14+. Wk 8, 8/14-8/18 / M, Tu, W, Th, F 12:30-2:30 p.m. / Hultquist 201B

1409 • CRAFTING A NARRATIVE TIMELINE OF YOUR LIFE

Jen Jones Donatelli

Fees: 5 sessions • \$125

Everyone has a story — what's yours? Come excavate your life stories by putting pen to page and taking a deep dive into the experiences, people, and places that shaped you. Taught by author and creative facilitator Jen Jones Donatelli, this interactive workshop will teach you how to develop a narrative life timeline (a concept first popularized by Artist's Way creator Julia Cameron). Whether you're working on a memoir, writing a personal essay, or just looking to chronicle memories that matter, you'll learn how to use this helpful building block in writing the story of your life. Ages 18+.

Wk 8, 8/14–8/15 / M, Tu 2–4 p.m. / Turner 105 Fees: 2 sessions • \$85

1410 • FROM NOVICE TO NOVELIST John DeDakis

Deconstructs and demystifies the novel-writing process for struggling and/or aspiring writers, from getting the nub of an idea to getting your book published. Learn how to stay organized, write in the voice of other genders, the art of rewriting, and how to overcome your writing and marketing fears. By week's end you'll be prepared to begin work on a novel and will be equipped with the skills to perfect it. There will be time for writing and being critiqued. Ages 14+. Wk 9, 8/21–8/25 / M, Tu, W, Th, F 1–3 p.m. / Hultquist 201B

Fees: 5 sessions • \$139

Literature

1501 • SATURDAY MORNING SHORT STORY DISCUSSION GROUP

Mark Altschuler

The short story, a 180-year-old genre, has works of great power and resonance. Students read a different short story for each week. There will be guided discussions of the stories, using Socratic questioning techniques so that each student will emerge with an enriched reading of the story. Each story will be available at the Smith Memorial Library circulation desk. Ages 16+.

Week 1, 7/1: Hemingway, "Cat in the Rain" Week 2, 7/8: Klay, "Redeployment" Week 3, 7/15: Munro, "An Ounce of Cure"

Week 4, 7/22: Banks, "Former Marine" Week 5, 7/29: Chekhov, "Grusev"

Week 6, 8/5: Bausch, "Letter to the Lady of the House"

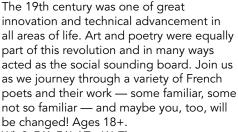
Week 7, 8/12: Allison, "Jason Who Will Be

Famous"
Week 8, 8/19: Proulx, "What Kind of

Furniture would Jesus Pick?"

Sat / 9:15–10:30 a.m. Smith Library Classroom Fees: 1 session • \$29

1503 • 19TH CENTURY FRENCH POETRY: A VOYAGE OF DISCOVERY Robin Oliver



Wk 2, 7/4–7/6 / Tu, W, Th 8:45–10:15 a.m. / Turner 105

Fees: 3 sessions • \$89





1502 • INSPIRED BY SHAKESPEARE'S 🜇 KING LEAR / Ruth Gerrard Cole

Ancient in its story, Shakespeare's play King Lear is stellar in the progression of the aged King to modern interpretations. The focus will be upon the classic Shakespearean play with minimal time on the past and contemporary, instead emphasizing the qualities that make Lear fascinating and timeless. This begins with the character Lear and his daughters balanced by Gloucester and his sons with an amazing plot and subplot. While this is critical, the characterizations will be addressed as well as the themes that create a play that is both cosmic and current. Ages 16+.

Wk 1, 6/26-6/30 / M, Tu, W, Th, F 4-5 p.m. / Hultquist 201A Fees: 5 sessions • \$99

1504 • TWO PLAYS: INTERPRETATION 🙌 **AND PERFORMANCE**

Mark Altschuler & Stephen Stout

Students will read two plays: All My Sons, by Arthur Miller, and Eurydice, by Sarah Ruhl. The selected plays are respectively 20th- and 21st-century American theatrical literary works. Class time will combine close reading of text with a discussion of the director's perspective on story, action and character. Ages 16+.

Wk 2, 7/3-7/7 / M, Tu, W, Th, F 9:15-10:30 a.m. / Smith Library Classroom Fees: 5 sessions • \$115

1506 • SHORT STORY DISCUSSION **GROUP / Mark Altschuler**

Students will read the assigned story for each class and come to class and engage in open inquiry (Socratic) discussion of the story. The goal is to interact with the text, other readers, and leave with an enriched reading of the story. Five stories will be read and discussed. Stories will be distributed at the first class. Ages 15+.

Wk 3, 7/10-7/14 / M, Tu, W, Th, F 9:15-10:30 a.m. / Smith Library Classroom Wk 6, 7/31-8/4 / M, Tu, W, Th, F 3:45-5 p.m. / Turner Conference Room

Fees: 5 sessions • \$115

1507 • ROBERT FROST: FOR EVERY **SEASON AND EVERY REASON**

Maureen Morley

You may associate Frost with ripe apples, or snowy woods, or his haunting, repeated line: "miles to go before I sleep." But this delicious and paradoxical poet has so much more to offer us. Whether you've never read him, or it's been years since you have, come enjoy a class on this iconic American writer and discover what Seamus Heaney has called Frost's "overbrimming invention." Ages 14+.

Wk 4, 7/17-7/21 / M, Tu, W, Th, F 9-10 a.m. / Turner Conference Room Fees: 5 sessions • \$99

1508 • LAWYERS IN LITERATURE Alan Gershenson

We will discuss issues raised by five fictional works involving lawyers: To Kill a Mockingbird; Inherit the Wind; The Paper Chase; "My Cousin Vinny"; and Rumpole of the Bailey. Is Atticus Finch too good to be true? Could a state outlaw teaching of evolution today? What was the first year at Harvard Law School really like? How, and how not, does a lawyer cross-examine a witness? What are the differences between trial practice in the United States and England? Ages 16+.

Wk 5, 7/24-7/28 / M, Tu, W, Th, F 12:45-1:45 p.m. / Hultquist 201B Fees: 5 sessions • \$99

1509 • MODERNISM REVISITED **Beth Wightman**

Throughout the 20th century, "modernism" usually referred to a handful of writers: T.S. Eliot, James Joyce, Ezra Pound, and (sometimes) Virginia Woolf. These days, ideas about modernism range over a much wider swath of writers and ideas. When people talk about modernism, they refer to the histories of magazine publishing, sound and time; the maps of metropolitan Europe and its far-flung colonies; and the literature that surrounded the three or four Big Name writers. Participants will read and experience aspects of this new modernist landscape. Ages 16+.

Wk 5, 7/24-7/28 / M, Tu, W, Th, F 3:30-5 p.m. / Hultquist 201A Fees: 5 sessions • \$125

1510 • NIKOLAI GOGOL: RUSSIA. **UKRAINE, WAR AND NATIONAL IDENTITY / Michael C. Finke**

Ukrainian Nikolai Gogol was a font of the Russian literary tradition; Dostoevsky is supposed to have said, "We all came out from Gogol's overcoat." First bursting onto the scene in the 1830s with tales from his native Ukraine, both Gogol himself and his historical novel about Cossacks and war, Taras Bulba, have been contested territory in the cultural conflict that set the stage for the conflict afflicting Ukraine now. We will treat the short novel, a few tales that involve the Ukrainian-Russian cultural divide, and excerpt film adaptations. Ages 16+. Wk 5, 7/24-7/28 / M, W, F 8:30-10 a.m. / Hultquist 201A

Fees: 3 sessions • \$89

1511 • LAWRENCE FERLINGHETTI: **CENTENARIAN AND ICONOCLAST** Maureen Morley



Come learn about one of America's founding Beat poets as we travel back to the late 1950s and '60s. Over subsequent decades, Ferlinghetti, who lived to be 102, raised and magnified consistent themes through turbulent times. Co-founder of City Lights Booksellers in San Francisco, this artist created space for what poets like Allan Ginsberg and others were exploding to say. Ferlinghetti's masterful poetry and prose break open the human heart. Ages 14+. Wk 6, 7/31-8/4 / M, Tu, W, Th, F 9-10 a.m. / Hultquist 201B

1512 • LOST IN TRANSLATION?

Fees: 5 sessions • \$99

Philip Barnes

Robert Frost defined poetry as "that which is lost in translation." Yet we routinely use translations in works of literature, reference and faith. So, what are we missing, and how might we compensate for such a shortcoming? Armed with this realization, we should maintain a healthy skepticism when approaching foreign texts, and appreciate the frequently overlooked art of translation. This course introduces both challenges and solutions — including examples from ancient texts, sacred and secular, and modern libretti — and explores how poor translations can wreak unintended consequences. Ages 14+.

Wk 6, 7/31-8/4 / M, Tu, W, Th, F 9:15-10:15 a.m. / Smith Library Classroom

Fees: 5 sessions • \$99









1514 • LEGAL LITERATURE THAT **CHANGED THE WORLD**



Literature about the law addresses concepts of justice, human rights and political power. We'll examine the intersection of law and literature through group discussions on five we'll consider the power of literature to impact how we think about the world. It is helpful but not required to read the books before the discussions. Ages 14+.

classic literary works that changed the ways we think about these concepts: Harper Lee's To Kill a Mockingbird; Alan Paton's Cry, The Beloved Country; Fyodor Dostoyevsky's Crime and Punishment; Herman Melville's Billy Budd: and Franz Kafka's The Trial, and

Wk 6, 7/31-8/4 / M, Tu, W, Th, F 12:30-1:30 p.m. / Smith Library Classroom Fees: 5 sessions • \$99

1515 • AMERICA'S MIDWEST IN **REGIONAL NOVELS Ruth Gerrard Cole**

American literature is rich in its description of her people and their places. Both Sinclair Lewis and Booth Tarkington, American novelists of bygone days, have managed to represent their hometowns in classic novels; Lewis's Main Street and Tarkington's Magnificent Ambersons are rich in characters and details that give a picture of life in towns that are traditional, yet changing. While the authors develop interesting characters, the situations and stories make for interesting reading and understanding. Ages 14+.

Wk 6, 7/31-8/4 / M, Tu, W, Th, F 4-5 p.m. / Hultquist 201B Fees: 5 sessions • \$99

Master Class with Kwame Alexander

2410 • A CONVERSATION WITH KWAME ALEXANDER

"The mind of an adult begins in the imagination of a child." So says award-winning author and Week Six Chautauqua Lecture Series speaker Kwame Alexander, who will lead a special afternoon conversation focused on why books can help children expand their way of thinking and become better human beings. Parents, grandparents and educators welcome! All ages.

Wk 6, 8/2 / W / 2:30-3:15 p.m. / Smith Wilkes Hall / Fees: 1 session • \$49

Kwame Alexander is a poet, educator, publisher and New York Times bestselling author, co-author or editor of nearly 40 books, mostly for young readers, including Swing; Becoming Muhammad Ali, co-authored with James Patterson; Rebound, which was shortlisted for prestigious UK Carnegie Medal; The Caldecott Medal and Newbery Honor-winning picture book The Undefeated, illustrated by Kadir Nelson; and the Newbery Medalwinning middle grade novel, The Crossover. His books have long been a staple on lists for both the Institution's CLSC Young Readers program and its Battle of the Books.



1516 • THE AMERICAN SHORT STORY: REVENGE OR REDEMPTION Ronald Ambrosetti

A powerful approach in literary interpretation and sociolinguistic nuance in a text is "reader-response theory." In essence, that analytical view of a text is that the reader, not the author solely, brings the complete and perhaps final meaning to the literary word and vehicle. Employing that strategy in teaching literature results in lively pedagogy in a classroom. Stories discussed will include: Hawthorne, "Young Goodman Brown"; Faulkner, "A Rose For Emily"; Katherine Ann Porter, "Flowering Judas"; Joyce Carol Oates, "Where Are You Going, Where Have You Been?"; and Louise Erdrich, "The Red Convertible." Ages 16+. Wk 7, 8/7-8/11 / M, Tu, W, Th, F 12:30-2:30 p.m. / Smith Library Classroom

Fees: 5 sessions • \$125

1517 • CHANGING MONARCHY: **HENRY IV TO HENRY V Ruth Gerrard Cole**



There is perpetual interest in monarchies. In Shakespeare's play Henry IV, Part 2, there is a great wealth of material on the transition time of a monarchy. The play is laden with familiar Shakespearean/historical characters in the major experiences of aged king and prince to king. Dramatic moments and quotations mark the play guiding the reader/viewer into new realms of understanding the meaning of monarchy and its leaders from joys to burdens. Ages 14+. Wk 7, 8/7-8/11 / M, Tu, W, Th, F

4-5 p.m. / Hultquist 201B Fees: 5 sessions • \$99

Master Class with Kim Stanley Robinson

2411 • THE INTERSECTION OF LITERATURE AND CLIMATE CHANGE: A **CONVERSATION WITH KIM STANLEY ROBINSON**

Join renowned science fiction author and Week Six Chautauqua Lecture Series speaker Kim Stanley Robinson in conversation with Chautauqua's Sony Ton-Aime and Mark Wenzler about the role of literature in shaping public dialogue on climate change. Ages 14+.

Wk 6, 8/4 / F / 3:30-5 p.m.

LAC Alumni Hall Ballroom / Fees: 1 session • \$49

Kim Stanley Robinson is the author of more than 20 books, including the international bestselling Mars trilogy, and more recently New York 2140, Aurora, Shaman, Green Earth and 2312, which was a New York Times bestseller nominated for all seven of the major science fiction awards — a first for any book. His most recent novel, The Ministry of the Future, envisions humanity's work in the coming decades to solve climate change, and serves as the CLSC selection for Week Six, "A Life of Literature.'



1518 • SHAKESPEARE AND SOCIAL JUSTICE / Dr. Kristen L. Olson

Social justice themes run throughout Shakespeare's work. We place faith in legal and religious texts to envision equity, but they — we — often fall short of these ideals. Shakespeare's plays show us gaps in our efforts, especially in places where we aren't always looking. We'll consider two plays, A Midsummer Night's Dream and The Merchant of Venice, examining connections between social and legal authority in the economy, the law, marriage and love, and how these institutions shape the social worlds of the plays, including the fairy world. Class emphasizes discussion. Ages 14+.

Wk 8, 8/15-8/17 / Tu, W, Th 12:30-2 p.m. / Hultquist 201A

Fees: 3 sessions • \$89

Music Instruction

1601 • JUST KEEP SINGING: THE JOY OF SINGING WITH OTHERS Jason Maynard

Do you enjoy singing and harmonizing with others? Are you looking to improve your solo and ensemble singing? Come join a class designed for you to strengthen your vocal production, build your ensemble singing and listening skills, and support overall musicianship. We'll cover a range of music, using folk songs and popular music, as well as techniques of the legendary choral conductor Robert Shaw, founder of the Grammy Award-winning Atlanta Symphony Orchestra Chorus. Time in each class will be devoted for both ensemble and solo singing, and students are invited to prepare solos in advance. Ages 14+. Wk 1, 6/26-6/30 / M, Tu, W, Th, F 3:30-4:45 p.m. / Turner 208 Fees: 5 sessions • \$115 / Materials fee • \$10

1602 • BEGINNING MOUNTAIN **DULCIMER / Beth Lassi**

The mountain dulcimer is a very sweet sounding and versatile instrument. Come and learn to play some beautiful and simple tunes. We will cover tuning, reading tablature, strumming, flatpicking, rhythm, chords and more. No prior musical experience is necessary. Dulcimers may be borrowed for the week. Ages 12+. Wk 2, 7/3-7/7

M, Tu, W, Th, F / 1:30-2:45 p.m. / Turner 208 Wk 6, 7/31-8/4 / Wk 8, 8/14-8/18 M, Tu, W, Th, F / 9-10:15 a.m. / Turner 208 Fees: 5 sessions • \$115

1603 • UKULELE AND YOU Suzanne Shull

Learn basic chording and strumming on the instrument that has had a resurgence of popularity in the United States. We will work on folk and popular ukulele songs from the past as well as current popular tunes written especially for the uke, like Izzy's "Over the Rainbow." If you've tried to learn in a private setting, you will find that the group setting is more fun and builds confidence in your own playing. You may borrow a Chautauqua uke for the week or bring your own to class. Ages 10+.

Wk 1, 6/26-6/30 / Wk 2, 7/3-7/7 Wk 3, 7/10-7/14 / Wk 7, 8/7-8/11 M, Tu, W, Th, F / 9-10:15 a.m. / Turner 208 Wk 6, 7/31-8/4 / Wk 8, 8/14-8/18 M, Tu, W, Th, F / 1:30-2:45 p.m. / Turner 208

Fees: 5 sessions • \$115

1604 • HAND DRUMMING FOR FUN (1) **Richard Schuler**

Have a fun, stress-free time playing African hand drums. You will learn world rhythms in this high-energy, hands-on class that will provide immediate joy and results while encouraging self-expression. You will feel the power of rhythm and quickly learn to play beautiful music together — even if you've never played before. You will leave with a smile on your face. Drums provided. Ages 12+.

Wk 1, 6/26-6/29 / Wk 3, 7/10-7/13 Wk 5, 7/24-7/27 / Wk 7, 8/7-8/10 Wk 9, 8/21-8/24 / M, Tu, W, Th 12:30–1:45 p.m. / Seaver Gym Fees: 4 sessions • \$99

1605 • COMMUNITY BRASS **ENSEMBLE / Aidan Chamberlain**

Brass Ensemble has a rich and robust repertoire, with music composed from the Renaissance until the modern day. Bring your brass instrument and explore playing this vast repertory under the baton of Aidan Chamberlain, assistant professor of trombone at the University of Trinidad-Tobago, and with others who have a broad range of ages and ability levels. Open to musicians who play trumpet, trombone, French horn, euphonium/baritone, or tuba at an intermediate level or higher.

Wk 2, 7/5 / Wk 3, 7/12 / Wk 4, 7/19 Wk 6, 8/2 / Wk 7, 8/9 / Wk 8, 8/16 Wk 9, 8/23 / W / 9-10:30 a.m. Fletcher Music Hall Wk 5, 7/26 / W / 9-10:30 a.m. Elizabeth S. Lenna Hall Fees: 1 session • \$35

1606 • COMMUNITY BRASS ENSEMBLE

Purchase all eight weeks together. Wks 2 to 9 / W / 9-10:30 a.m. / Locations vary Fees: 8 sessions • \$149

1607 • MUSIC FOR EVERYONE Dr. David Rudge

This experiential workshop is based on the belief that everyone is musical and able to find joy in spontaneous music making. It's about fearlessly communicating what you feel, moment to moment. In an encouraging, non-judgmental environment, participants will have the freedom to create music mindfully and playfully. Free improvisation accesses our inner world of creativity, getting past the paradigm of right and wrong notes and is a metaphor for many other aspects of our lives. Ages 14+. Wk 3, 7/10-7/14 / Wk 4, 7/17-7/21

1608 • JOY OF UKULELE Dean Johnson

The ukulele is more popular than ever. Today, it's simple to learn, and easy to tune using a battery-operated digital tuner, or even an app on your cell phone. The ukulele is an ideal accompaniment instrument for singing and playing hundreds of songs using as few as two or three chords. In this class, you'll learn the basics, and be able to share in the joy of playing right away! Ukuleles are provided, or bring your own. Ages 14+ (or younger with accompanying registered adult). Wk 4, 7/17-7/21 / Wk 5, 7/24-7/28 M, Tu, W, Th, F / 8-9 a.m. / Turner 208 Fees: 5 sessions • \$99

1609 • HARMONICA QUICKSTART Dean Johnson

The "people's instrument" that's fun to learn! You can carry it in your pocket, you don't have to tune it up, and you don't need to read music to play it. Get an overview of the standard 10-hole diatonic harmonica in the key of C, and we will start playing tunes right away. Bring a 10-hole diatonic harmonica in the key of C. Hohner Marine Band Harmonica or Special 20 are fine choices, or you may purchase a less expensive harmonica at the Chautaugua Bookstore. You may also buy a \$5 plastic harmonica from the instructor in class. Ages 14+ (or younger with accompanying registered adult).

Wk 4, 7/17-7/21 / Wk 5, 7/24-7/28 M, Tu, W, Th, F / 9:15-10:15 a.m. / Turner 208 Fees: 5 sessions • \$99

1610 • PLAY GUITAR! Loni Bach

Guitar basics in one week! While this course is designed for beginners, players who are more advanced will acquire new information and be challenged. We will cover chords in three keys and work on strumming in different styles while we play folk, country, blues and rock tunes. The best thing about taking class lessons is that someone is always playing the correct notes or chords at the correct time, so students learn more quickly and with confidence. You may borrow a Chautauqua quitar for the week or bring your own. Ages 10+. Wk 7, 8/7-8/11 / M, Tu, W, Th, F 1:30-2:45 p.m. / Turner 208 Wk 8, 8/14-8/18 / M, Tu, W, Th, F 3:30-4:45 p.m. / Turner 208













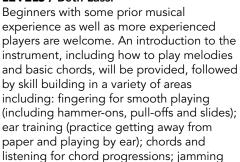


M, Tu, W, Th, F / 3:30-5 p.m. / Turner 208 Fees: 5 sessions • \$125



40 **MUSIC SPECIAL STUDIES 2023**

1611 • MOUNTAIN DULCIMER: ALL **LEVELS / Beth Lassi**



and playing together. The course will be flexible so that instruction is tailored to

address the interest and skill levels of class

participants. Dulcimers may be borrowed

for the week. Ages 12+. Wk 9, 8/21-8/25 / M, Tu, W, Th, F 9-10:15 a.m. / Turner 208

Fees: 5 sessions • \$115

Music **Appreciation**

1702 • RENAISSANCE POLYPHONY AND VIOLA DA GAMBA

Jacob Bitinas

A hands-on musical survey of the Renaissance with special attention to English consort music. Consort music was a centerpiece of social interaction for many of the learned and wealthy in the 17th century, and troves of music were written to provide them with recreational material. In addition to surveying the complexity and beauty of Renaissance polyphony, students will have an opportunity to play the viola da gamba, a foundational instrument to English consort music. Ages 14+.

Wk 2, 7/3-7/6 / M, Tu, W, Th 2:30-3:30 p.m. / Turner Conference Room Fees: 4 sessions • \$85

1703 • JONI MITCHELL IN THE '70S Jim Lvnch III

This class will focus on Joni Mitchell, one of the 20th century's most dynamic and innovative composers and lyricists. The class begins with a quick discussion of her early success in the '60s and spends the rest of the week in the '70s, following her journey from folk-pop to experimental jazz, ending with "Shadows and Light," a live film featuring performances of her best work of the decade. Ages 12+.

Wk 2, 7/3-7/7 / M, Tu, W, Th, F 4-5 p.m. / Hultquist 101

Fees: 5 sessions • \$99

Master Classes with Rossen Milanov



1701 • THE ART OF LISTENING WITH ROSSEN MILANOV

Back by popular demand! Maestro Rossen Milanov, music director of the Chautauqua Symphony Orchestra, will teach participants to develop an understanding of how to actively listen to music and answer important musical questions. Join Maestro Milanov on this musical journey, exploring works from the CSO's repertoire — no prior musical knowledge required. Ages 14+.

Wk 4, 7/19 / W / 3:30-5 p.m. / Hultquist 101 / Fees: 1 session • \$49 Wk 7, 8/9 / W / 3:30-5 p.m. / Hultquist 101 / Fees: 1 session • \$49 Wk 8, 8/17 / Th / 9–10:30 a.m. / McKnight Hall / Fees: 1 session • \$49

1704 • GUIDED CONSCIOUS LISTENING: ORCHESTRATED **COLORS OF THE PIANO / Hsing-ay Hsu**

How can a piano sing, or sound like a whole orchestra? The piano had always been a functional shorthand tool for composing symphonies. In the Romantic era, as the modernized piano became an anchor for social gatherings, piano transcriptions multiplied. In this course, we will explore the multidimensional imagination of both transcribing to the piano, and then creating various timbres and instruments while playing the piano! For regular concert-goers or amateur players. Steinway Artist and former university faculty Hsing-ay Hsu will open your ears to new colors! Ages 18+. Wk 2, 7/3-7/6 / M, Tu, W, Th 9-10:15 a.m. / Hultquist 101

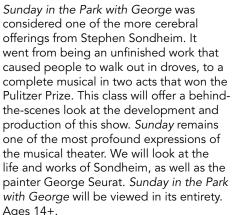
Fees: 5 sessions • \$99

1705 • HALLELUJAH, LEONARD **COHEN!** / Philip Lerman

We explore the life, times, and fascinating works of enigmatic poet/songwriter Leonard Cohen, from the '60s to today, with a special focus on "Hallelujah," one of the most beloved (and least understood) songs of the last 50 years. What does it really mean? We'll see how the many cover versions of this darkly mysterious song — all with different lyrics — unveil the themes that permeate his works, especially his intermingling of religion and sexuality. Aaes 16+.

Wk 3, 7/11-7/13 / Tu, W, Th 9-10:30 a.m. / Hultquist 101 Fees: 3 sessions • \$95

1706 • STEPHEN SONDHEIM: A STUDY OF SUNDAY IN THE PARK WITH GEORGE / Ruth Powell



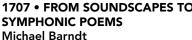
Wk 3, 7/10-7/14 / Wk 9, 8/21-8/25 M, Tu, W, Th, F / 1-2:30 p.m. / Hultquist 201A Fees: 5 sessions • \$119

1707 • FROM SOUNDSCAPES TO **SYMPHONIC POEMS**



Music can include emotions, images and narrative. Debussy, Ravel, Smetana and Mussorgsky created soundscapes that conveyed impressions of the world around us. Liszt, Dvorak, Richard Strauss and Sibelius wrote symphonic poems inspired by stories — even transcendent experiences. Listen for how Romantic era composers shaped compositions to serve "extramusical" intent. Sessions include extensive audio and video performances. Juxtaposed material links composers and compositions from 1860 to 1940 and a few beyond. Start your day sampling great music. Ages 14+. Wk 4, 7/17–7/21 / M, Tu, W, Th, F 9-10:15 a.m. / Hultquist 201A

Fees: 5 sessions • \$115



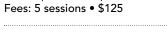




1708 • THE PULITZER PRIZE IN **MUSIC: 2000 TO TODAY Kyle Johnson**

The Pulitzer Prize for Music has provided a means of charting American contemporary music, if not history itself. Thanks to the passage of time, we can sense the emergence of trends in the Prize's early and middle decades — in methods of composition, what types of people were awarded, and sound itself. Is it possible to define what it means to live in contemporary society by looking at the last two decades' worth of winners? A contemporary music specialist will guide students through several case studies and lead discussions of ways to understand and interpret recent winning compositions. Ages 14+.

Wk 6, 7/31-8/4 / M, Tu, W, Th, F 3:30-5 p.m. / Hultquist 201A



1709 • MUSIC, MOVIES AND THE **VIETNAM WAR** Robert Hopper & Ronald McClure

Using recorded and filmed examples of music, movies, TV and documentaries from the Vietnam War era (especially 1963-1975), the class will explore interactions between social, political, cultural and military factors. We will address how popular music

changed during (and because of) the war and how media makers and commentators interpreted developments in Vietnam. There will be discussion time included each day. Aaes 15+.

Wk 6, 7/31-8/4 / M, Tu, W, Th, F 1:30-3 p.m. / Turner Conference Room

Fees: 5 sessions • \$109



Learn a new instrument in "Ukulele and You" (page 39; photo: Suzanne Shull)

1710 • MELODIES AND MALADIES: THE MUSIC, LIVES, AND ILLNESSES **OF COMPOSERS**

Benjamin Lebwohl & Rami Vamos

The great composers often seem larger than life, casting long shadows on musical history. The contrast between these legendary figures and their frail bodies has been a long area of fascination to musical biographers. This course, co-taught by a music educator and a physician, will present case studies of composers whose musical lives and health intertwined, and will explore the connections between music and medicine. Ages 14+. Wk 6, 8/1-8/3 / Tu, W, Th

9-10:30 a.m. / Hultquist 101 Fees: 3 sessions • \$89

1711 • BROADWAY MUSICALS: THE METHOD BEHIND THE MAGIC Phillip Atteberry

Few things are as enthralling as a great Broadway musical. But behind the flash, the glitter and soaring melodies, what makes them work? Using a wide variety of video clips from great musicals, we will explore the structural elements that generate the on-stage magic. Specifically, in five class sessions we will examine: openings; "I Want" songs; conditional love songs; singing villains; and production numbers. Shows examined will include Kiss Me, Kate!, The Music Man, Fiddler on the Roof, Gypsy, Annie, and many more. Ages 14+. Wk 7, 8/7-8/11 / M, Tu, W, Th, F 9:15-10:30 a.m. / Hultquist 201A

Fees: 5 sessions • \$115

Master Class with Paquito D'Rivera

1712 • MUSIC AND IMPROVISATION CLINIC WITH PAQUITO D'RIVERA

Join jazz master Paquito D'Rivera as he demonstrates the influence of Latin American musical elements on American classical and jazz with his ensemble. Ages 18+.

Wk 9, 8/22 / Tu / 9-10:30 a.m. / Fletcher Music Hall

Fees: 1 session • \$49

Iconic Cuban-American clarinet and saxophone virtuoso Paquito D'Rivera brings his Quintet to Chautauqua! The winner of a combined 11 Grammy and Latin Grammy Awards, he is celebrated both for his artistry in Latin jazz and his achievements as a classical composer. His widespread and eclectic musical tastes include Afro-Cuban rhythms and melodies, influences encountered in his many travels, and back to his classical origins. Born in Havana, Cuba, he was a prodigy on clarinet, performing at age 10 with the National Theater Orchestra. By 17, he became a featured soloist with Cuban National Symphony. From there, he skyrocketed into a career that often has him labeled a "living legend." Paquito D'Rivera's discography includes over 30 solo albums and he is the first artist to win Latin GRAMMY Awards in both Classical and Latin Jazz categories.







Personal & Professional Development

1801 • ADVICE TO YOUR YOUNGER SELF / Sara Holtz

You've lived a rich life — with a variety of experiences, achievements and even some failures. You have much wisdom to share. In this class, you will identify those lessons you have learned along the way. You will crystallize these learnings (and the stories behind them) into advice you can share with younger generations — your mentees and your children and grandchildren. Ages 18+. Wk 1, 6/26–6/29 / M, Tu, W, Th 12:30–1:45 p.m. / Hultquist 201B

1802 • EFFECTIVE BUSINESS COMMUNICATION / Carolyn Fanaroff

Geared to early professionals and students, this class will give you the practical skills you need for networking, job hunting and communicating on the job. We will focus on the cornerstone of business writing — drafting effective emails — as well as making requests, organizing meetings and reaching out to potential contacts. You will leave with a toolbox full of things you never learned in school! Ages 15+. Wk 2, 7/3–7/6 / M, Tu, W, Th

12:45–1:45 p.m. / Hultquist 201B Fees: 4 sessions • \$85

Fees: 4 sessions • \$99

1803 • PURPOSE BEYOND THE PAYCHECK: SURPRISING SOURCES OF MEANING IN WORK Samuel Halpern

This interdisciplinary course explores oftenunappreciated sources of meaning and motivation across far-ranging fields, and pitfalls along the way. While acknowledging how work can bring you down, the focus is on psychological and spiritual drivers that lift you up. The course arises from the book *Wellsprings of Work* and applies to all types and stages of careers (early, mid, late, after), and spans philosophy, psychology, law, investing, religion and arts. Ages 18+. Wk 2, 7/4–7/6 / Tu, W, Th 3:30–5 p.m. / Hultquist 201A

3:30–5 p.m. / Hultquist 201*A* Fees: 3 sessions • \$89

1804 • THE SOUL OF AGING: CLAIMING THE GIFTS OF OLD AGE Georgia Noble, Ed.D. & Suzanne Adele Schmidt, Ph.D.

This interactive course provides an opportunity to consider the many soulful invitations and gifts our maturing years offer us. We will explore the spiritual aspects of this season of our lives, including our visions of aging, living our unlived lives, and how to nurture our mystical and contemplative nature. We will use poetry, story, music and art to explore these topics, all within the company of a trustworthy community — a Circle of Trust, based on the work of Parker J. Palmer — to create a safe, confidential, space to support and access our inner lives. Ages 50+.

Wk 3, 7/10–7/12 / M, Tu, W 3:30–5:30 p.m. / Turner Conference Room Fees: 3 sessions • \$109 / Materials fee • \$5

1805 • UNLOCK THE POWER OF INTENTION / Marijke Kemble

So often our vision for the future gets lost amid the concerns of daily life and the churning of our own fears and limiting beliefs. What would happen if you gave your longings a safe space to unfold on "center stage"? We'll use a mix of practical and intuitive techniques to separate cultural pressures from our own deeper desires; envision the future we want in rich detail; and create a tangible guide for realizing our wildest dreams. Leave this class with a personalized vision board for the future you want to create. Ages 14+.

Wk 3, 7/10–7/13 / M, Tu, W, Th

9–10:15 a.m. / Hultquist 201B Fees: 4 sessions • \$99 / Materials fee • \$5

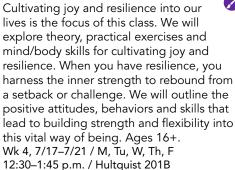
1806 • STRENGTHEN YOUR PRESENCE, ENGAGE WITH IMPACT Nancy Ross

How do delivery and personal interactions affect your response? This course of discovery will provide tools to create positive impact, enhancing your in-person and online interactions. Using innovative strategies, we will explore the elements of appearance, voice, cadence, attitude, gestures, protocols and techniques for Zoom appeal. You can benefit from exchanges, practice scenarios and constructive coaching with participant feedback in a supportive environment to increase credibility and confidence, and expand your effectiveness in multiple settings. Ages 14+.

Wk 4, 7/18–7/20 / Tu, W, Th 1–2:30 p.m. / Turner 105 Fees: 3 sessions • \$89

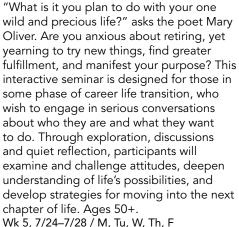


1807 • JOY AND RESILIENCE Bob Moore, Ph.D.



Fees: 5 sessions • \$115

1808 • AT THE INTERSECTION OF RETIREMENT AND PURPOSE Jane Kerschner



8:45–10:15 a.m. / Turner Conference Room Fees: 5 sessions • \$135

1809 • CHANCES ARE YOU'RE MORE OF CREATIVE THAN YOU THINK Tracy Fuller

As Einstein said, "Creativity is intelligence having fun." Whether or not you think you're a creative thinker, you can develop your C-Q. Creative thinking can make your brain sharper, your work more fun, and your life easier. It can be employed and enjoyed in the moment and over time, independently and with others, without much preparation or resources. In this fast, fun and generative course, come reframe, refresh and revitalize how you think.

Ages 16+.

Wk 7, 8/8–8/10 / Tu, W, Th 1–3 p.m. / Hultquist 201B Fees: 3 sessions • \$109





1810 • MINDFULNESS IN WELLNESS AND ILLNESS / Jayashree Rao

Participants will learn to develop mindfulness through guided meditation and brief exercises that will help them experience the present moment during everyday activities. Although no specific outcome is promised, participants typically report feeling more alive and more "intune" with themselves and others. In addition, research has shown significant beneficial effects in dealing with stress, anxiety, high blood pressure, depression, chronic pain and diabetes. Ages 16+. Wk 7, 8/7-8/11 / M, Tu, W, Th, F 9-10:30 a.m. / Hultquist 201B Fees: 5 sessions • \$125

1811 • DESIGNING A MORE **CREATIVE LIFE / Jen Jones Donatelli**

Feeling uninspired or stagnant? Come join this interactive workshop designed to help you get back into your creative groove. Designing a more creative life doesn't have to mean taking up violin lessons, watercolor painting by the lake, or journaling daily (although it certainly can!). It might look like spending time in nature, taking morning "me time," or finding activities that better align with your values and passions. We'll cover some helpful tools from a variety of modalities — including The Artist's Way and design thinking — to help infuse some color back into your world. Ages 18+. Wk 8, 8/16-8/17 / W, Th

1812 • EMBRACING CHANGE AND

TRANSITION: A TOOLKIT FOR 55+

Susan M. Larson

2-4 p.m. / Turner 105

Fees: 2 sessions • \$85

Using Bruce Feiler's bestseller, Life Is In the Transitions: Mastering Change At Any Age, we will equip you to more confidently navigate planned and unplanned transitions. The up-to-date Transition Process, Cycle of Renewal, and New 7-Part Transition Toolkit will be used in our interactive discussions. To zero in on where you are currently and explore options, key topics will be covered, including "Triggers for Change," "Preparation For Disruptors," "Lifequakes," "ABC's of Meaning," "Shapeshifting" and "Setting Intentions." Class includes exercises, resources, bibliography. Ages 50+. Wk 8, 8/15-8/17 / Tu, W, Th 9-10:30 a.m. / Hultquist 201A

Fees: 3 sessions • \$89

1813 • AMBITION IGNITION: IGNITE YOUR PURPOSE / Stephanie Reh

Are you living a life with purpose? Are you taking daily actions that align with your core values and move you forward? In a group coaching environment focused on accountability, growth mindset, and service, you will learn and apply the following steps: (1) Ignite your desire to pursue your dreams by creating clarity about what you want; (2) Design a robust personalized plan; and (3) Identify the resources you need to stay motivated on your journey. Ages 18+. Wk 9, 8/21-8/23 / M, Tu, W 3:30-5:30 p.m. / Hultquist 201A

Fees: 3 sessions • \$109

Photography

1901 • FUNDAMENTALS AND MORE 🔐 WITH YOUR CAMERA Diane Andrasik

Do you have a digital camera but have limited awareness of how to use it? This course is designed to help you grasp the fundamentals of essential camera controls, lens use, and certain techniques that help you craft better photographs. The goal is to make you competent in using your camera and move you to understanding more advanced controls of aperture and manual control modes. Outdoor photographing of nature, landscape, and architectural subjects will occur to practice skills. Bring any type of camera and manual if you have one, though a simple compact may limit your learning options. Ages 14+.

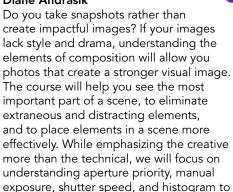
Wk 1, 6/26-6/30 / M, Tu, W, Th, F 12:30-2:30 p.m. / Hultquist 201A Fees: 5 sessions • \$135

1902 • BETTER CAMERA-PHONE **PHOTOGRAPHY / Diane Andrasik**

If you photograph more often with your phone's camera than a true camera, then come learn to use its controls and options more fully: focus and exposure; editing techniques; photographic techniques, such as good lighting and composition; and tips and apps to improve your fundamentals. We will download four to six editing apps (most free, one or two at your cost) to add creativity to your images. We will photograph on the grounds and practice using apps in class. Ages 14+. Wk 1, 6/26-6/30 / M, Tu, W, Th, F 8:30-10:30 a.m. / Hultquist 201A Wk 2, 7/3-7/7 / M, Tu, W, Th, F 12:30-2:30 p.m. / Hultquist 201A

Fees: 5 sessions • \$129

1903 • STYLE AND POWER THROUGH PHOTO COMPOSITION Diane Andrasik



judge exposure as we photograph around the grounds. Any type camera welcome.

Wk 2, 7/3-7/7 / M, Tu, W, Th, F 8:30-10:30 a.m. / Hultquist 201A Fees: 5 sessions • \$135

Ages 14+.

1904 • SPORTS PHOTOS OF MY CHILDREN / John H. Reid III

Learn from a professional sports photographer how to take photos of your children or grandchildren in sports. In this class, we'll discuss what is possible based on access, equipment and experience, including weather and lighting. We'll also discuss what is and is not allowed or appropriate in terms of photography when at youth sporting events. Ages 14+. Wk 3, 7/14 / Wk 5, 7/28 / F 9-10:30 a.m. / Hultquist 201B

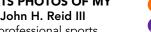
Fees: 1 session • \$35

1905 • THE ART OF NATURE PHOTOGRAPHY / Michael Haritan

Learn how to use the essential elements of basic photography knowledge to improve your own nature photographs both in the classroom and in the field — to advance your technical skills and artistic vision. Focus will be on a number of professional field techniques to help you create dramatic and powerful nature images using the quality of light, strong graphic design and emotional elements in your work. Subject matter includes your own yard, close-ups, wildlife, plants and flowers. Aaes 16+.

Wk 4, 7/17-7/20 / M, Tu, W, Th 3:30-5:30 p.m. / Hultquist 201A

Fees: 4 sessions • \$125











1906 • MAGICAL PHOTOGRAPHY AT TWILIGHT / Michael Haritan

Twilight often gives the sky a deep blue glow, allowing the opportunity in that fleeting moment to take dramatic pictures of sunsets, architecture, highway traffic, amusement park rides and kids playing with light sources such as sparklers, glow sticks, flashlights and LED toys. With any camera, students can learn to pre-visualize, anticipate and capture subjects as never before seen in a fun and creative way. Ages 16+.

Wk 4, 7/17–7/19 / Wk 8, 8/14–8/16 M, Tu, W / 7–9 p.m. / Hultquist 201A Fees: 3 sessions • \$109

1907 • ARCHITECTURAL PHOTOGRAPHY CHQ STYLE Michael Haritan

With any camera, explore, discover, identify and document Chautauqua Institution's landmark heritage and the unique and diversified styles of its architecturally historic buildings and homes. Ages 16+.

Wk 8, 8/14–8/17 / M, Tu, W, Th 3:30–5:30 p.m. / Hultquist 201A Fees: 4 sessions • \$125

Religion & Philosophy

2001 • SPIRITUAL AND PSYCHOLOGICAL THEMES IN FILM David Baker

In contemporary culture, the burden of storytelling is largely carried by video — in movies, television and online. We will explore film's ability to stimulate thought, arouse emotion, encourage dialogue, and challenge the status quo. We will view, discuss and develop a greater appreciation for the spiritual and psychological themes in film and their meaning for our own personal development. Ages 14+.

Wk 1, 6/27–6/29 / Tu, W, Th 3:30–5 p.m. / Hultquist 101 Fees: 3 sessions • \$89

2002 • BELIEVING IN THE SEVEN SACRED DIRECTIONS / Diane Clark

How close is your own belief system to that of the Native American? Learn, experientially, about the Medicine Wheel and create your own from stones. Find out how you can align with the powers of Earth and Sky, North, East, South and West. Begin a journey into the Seventh Direction, Self (the Within the Within). With these seven paths/openings, come to see the world from a Seneca belief perspective. Expand your circle of believing by aligning yourself and incorporating some belief systems that have stood the test of time and outlasted so many cruel, imposed restrictions. Ages 14+. Wk 1, 6/26-6/30 / M, Tu, W, Th, F 3:30-5 p.m. / Turner 104

Fees: 5 sessions • \$125

2003 • CONFUCIANISM, TAOISM, BUDDHISM AND THEIR ROLES IN CHINESE LIFE: AN INTRODUCTION TO CHINESE CULTURE / Ray Chen

We will discuss the formation, development and the main doctrines of Confucianism, Taoism and Buddhism and their impact on the personal, social, political and cultural elements of Chinese life throughout history. By learning and comparing these three teachings among other Western philosophies, we will achieve better understanding of Chinese character, behavior and way of living, and find a way to critically benefit from these thoughts among other elements from Chinese culture. Ages 12+. Wk 1, 6/27–6/28 / Tu, W

8:30–10:15 a.m. / Turner Conference Room Fees: 2 sessions • \$79

2004 • HOW (AND WHY) TO BE A GOOD FRIEND IN THE JEWISH TRADITION / Rabbi Cookie Lea Olshein

What does the Jewish tradition say about friendship? How are we obligated to others in this world and what do we gain from both having friends and being a good friend? Beginning with the Jewish Bible and continuing into the Talmudic and later traditions, we will explore the sacred stories of the Jewish people and why maintaining friendships, especially with our neighbors, is critical. We will also look at modern applications of this core value, focusing on how understanding "the Other" and creating meaningful relationships between different groups are critical for peacemaking. Ages 14+.

Wk 1, 6/27–6/29 / Tu, W, Th 3:30–5 p.m. / Smith Library Classroom Fees: 3 sessions • \$89

Master Class with the Rev. William H. Lamar IV

2010 • THE SPIRITUALITY OF COMMUNITY ORGANIZING

Join Chaplain Rev. William H. Lamar IV as he shares what he has learned through nurturing faith-based community organizing. This two-hour class will consider emerging models for the spiritual dimension of social change through community organizing, and address the necessity of confrontation to address injustice. You can expect to come away with an understanding of how an alternative vision for the future can work to hold people in power to account. Ages 16+. Wk 8, 8/15 / Tu / 4–6 p.m. / Hurlbut Sanctuary / Fees: 1 session • \$49

As pastor of Metropolitan AME in Washington, D.C., Rev. Lamar leads the congregation in a commitment to worship, liberation and service. For nearly 15 years, Lamar has being actively involved with organizations like Direct Action Research Training, Industrial Areas Foundations, and Washington Interfaith Network for faith-based community organizing for justice. Most recently, he has collaborated with Repairers of the Breach, the Center for Community Change, and People Improving Communities through Organization to enact a social justice ministry in surrounding communities and to exhibit a real embrace the beloved community.



2005 • JEWISH PERSPECTIVES ON **GOOD AND EVIL**

Rabbi Frank Muller, D.D.

In the past few years, we have witnessed an unprecedented amount of evil in the world, causing many to question or even abandon their belief in a just and compassionate God. Few resources dealing with this significant challenge to faith have been written from a Jewish perspective. This course will present an overview of how Jewish sages and scholars from biblical times to the present have grappled with this vexing problem. Ages 16+. Wk 3, 7/10-7/14 / M, Tu, W, Th, F

9-10 a.m. / Turner 105 Fees: 5 sessions • \$99

2006 • BIBLICAL INSTRUCTION FOR A JUST ECONOMY TODAY

Edith (Edie) Rasell

God's vision of abundant life is not restricted to the spiritual realm but also includes our material circumstances. All are worthy of God's plentiful resources. But how will this happen? This course examines the comprehensive, timeless and somewhat surprising guidance provided by Jesus and biblical writers for creating a just economy. Then we explore four broad but specific changes in U.S. public policy that could move the country substantially closer to universal thriving. We also note the biblical insight that such an economy relies on God's grace and the engagement of faithful people. Ages 16+.

Wk 3, 7/10-7/14 / M, Tu, W, Th, F 9-10:30 a.m. / Hultquist 201A

Fees: 5 sessions • \$125

2007 • THE CONSCIOUSNESS **WORLDVIEW: CHANGING THE MATERIALIST PARADIGM** Edwin E. Olson

During our isolation in the COVID-19 pandemic, we have experienced the silent world of wholeness. Expanding this consciousness can transcend our tribal, philosophical and religious differences. The peril to our biosphere and other humanmade crises will be reduced if we develop a global consciousness of the fundamental wisdom and love in the universe. This course presents multiple scientific, spiritual, psychological and mystical perspectives about consciousness the participants will discuss to explore our essential wholeness.

Wk 3, 7/10-7/13 / M, Tu, W, Th 12:30-1:45 p.m. / Hultquist 201B

Fees: 4 sessions • \$99



Master Class: Keeping Sabbath

2012 • KEEPING SABBATH / Katherine Smith

A common thread in many religious traditions is the importance of dedicated time for rest, prayer and reflection. Chautaugua is a perfect place to practice these rhythms. Each day we'll engage a guided practice using tools like clay, journaling, poetry, play and silent meditation. Join us for a week of exploring life-giving spiritual practices and restoring a better balance between work and rest. Ages 16+. Wk 4 / 7/18–7/20 / Tu, Th / 3:45–5 p.m. / Hultquist 101

Fees: 2 sessions • \$79



Master Class: Exploring Holy Friendship

2013 • EXPLORING HOLY FRIENDSHIP / Mike Mather & Victoria White

Join two speakers from the Interfaith Lecture Series for a Master Class exploring the place of friendship in spirituality. Rev. Mike Mather and Rev. Dr. Victoria White will lead this two-session class, sharing stories of meaningful holy friendships and life lived in community. The class sessions will provide an opportunity for participants to consider the way that friendship has shaped their own spiritual lives, and invite reflection, the development of friendship-nurturing practices, and storytelling. Ages 16+. Wk 1 / 6/26-6/28 / M, W / 4-5:15 p.m. / Hall of Missions

Fees: 2 sessions • \$79

2008 • LISTEN TO HER VOICE: WOMEN OF THE HEBREW BIBLE Kohenet Miki Raver

Enjoy five vividly dramatic stories of biblical foremothers in a lively interactive lecture series, illustrated by Chagall, Rubens, Tintoretto, Blake and other great artists. Celebrate the positive messages about women's spirituality, sexuality and strength that has lived on in Jewish culture from ancient days to the present. Delve into what these stories mean for your life today. Discover the presence of the Shekinah, the Divine Feminine Presence embedded in these eternal tales. Receive personal meaning from the biblical women's stories through guided meditation and journaling. Ages 18+. Wk 4, 7/17-7/21 / M, Tu, W, Th, F / 3:30-5 p.m. / Hultquist 201B

Fees: 5 sessions • \$115

2009 • JUDAISM AND THE BIG QUESTIONS / Rabbi Elvse Goldstein

Faith, the future and forgiveness; heaven and hell; sin and salvation; good and evil how does Judaism approach these big questions? This course is for anyone — of any faith or no faith at all — who is curious about Jewish teachings on the ideas and concepts that shape Western thought. Bring your own questions and challenges of belief as we openly discuss our differences and our similarities, and how our beliefs may or may not inform the way we live our lives. Ages 16+.

Wk 4, 7/18-7/21 / Tu, W, Th, F 3:45-4:45 p.m. / Smith Library Classroom

Fees: 4 sessions • \$89

2011 • NO TIME FOR ORDINARY: THE RISE OF EVOLUTIONARY **CREATIVITY AND SPIRITUAL INTELLIGENCE / Jan Phillips**

Our global mind is undergoing an evolutionary leap and we are feeling its push and pull. It's time to step up and be the force we came here to be. In this course, we'll use music, poetry, storytelling and video to explore our role in creating the future, release inherited thoughts that limit us, and discover ways to keep our brains and hearts connected. This is a multisensory experience in spiritual awakening. Aaes 14+.

Wk 8, 8/14-8/17 / M, Tu, W, Th 9-10:30 a.m. / Hultquist 201B

Fees: 4 sessions • \$109





Science & **Technology**

2101 • ENVIRONMENTAL **SUSTAINABILITY / Len Sauers**

Is climate change real? Will the next wars be fought over water? How much plastic waste can our oceans tolerate? Climate change, water scarcity and poor solid-waste management are three major drivers of environmental sustainability today. We will delve into each of these issues to include an understanding of the science behind them, reasons for public discourse, global efforts needed to get on a path to resolution, and thoughts on what our inaction today will mean for our children and grandchildren. Ages 14+.

2103 • CHANGING OUR FUELING

9-10 a.m. / Turner Conference Room

Wk 2, 7/3-7/6 / M, Tu, W, Th

INFRASTRUCTURE William Chamberlin

Fees: 4 sessions • \$85

Conventional petroleum-based transportation fuels have undesirable impacts on health, the environment and geopolitics. Advances in fuels, power/ storage systems and data analytics could lead to more sustainable alternatives. The course will summarize where we are, analyze past failures, and consider future options with an emphasis on electric propulsion systems. Bill Chamberlin will draw on his 30+ year participation in alternative fuels and engines to assess obstacles to consider in pursuing an environmentally sustainable transportation infrastructure. Ages 14+. Wk 5, 7/24-7/28 / M, Tu, W, Th, F 4-5 p.m. / Turner 105

Fees: 5 sessions • \$99

Theater

2201 • IMPROVISATION FOR THE THEATRICALLY CURIOUS

Emily Austin

Get ready to have fun, meet new friends and experience the joy of improvising! If you're an individual searching for a creative outlet, this class is a great place for you to learn and perform the art of improvisation in the safety of supportive Chautauqua. Our class, taught by theater veteran Emily Austin, is dedicated to helping you develop your artistic voice, both individually and within an ensemble. You'll learn the tools and technique of the craft and even have the opportunity to perform for friends and family in an end-of-session showcase! Ages 16+.

Wk 5, 7/24-7/28 / M, Tu, W, Th, F 3:30-5 p.m. / Turner 208

Fees: 5 sessions • \$125

2202 • FINDING YOUR FUNNY: STANDUP FROM THE GROUND UP

Nancy Stanley

Many people share the secret ambition of trying standup comedy but find the prospect too daunting. This class will demystify the process, from creating a set to "owning the stage" and tamping down deeply seated fears. The class concludes with a short comedy show with a supportive audience of family and friends. Though we will spend time crafting material, the prime objective of this class is to help you find your comedic voice and the confidence to take the stage. Ages 18+. Wk 7, 8/7-8/10 / M, Tu, W, Th

12:30-2 p.m. / Turner 105 Fees: 4 sessions • \$109

2203 • SPIRITED FUN IMPROV **Emily Harris**



Improv is play. Imagine for the next 90 minutes, everything you say or do will be absolutely right. You cannot make a mistake. No preparation. Nothing to remember. No wrong answers. Just. Have. Fun. Games and scenes are inspired by your life experiences and guided by your imagination. "Yes, and ..." means you agree with your partner's suggestions, then add something to move the action forward. Your partner does the same for you. Everyone wins! You leave refreshed with the sound of laughter to brighten your day. Ages 55+. Wk 9, 8/21-8/25 / M, Tu, W, Th, F 2-3:30 p.m. / Turner Conference Room Fees: 5 sessions • \$125





2102 • CLIMATE STORIES PROJECT WORKSHOP / Jason Davis

Climate Stories Project is an educational and artistic forum for sharing personal stories about the changing climate. Sharing your climate story helps build an inclusive and effective movement to confront the climate crisis. Students will (1) share how climate change has been impacting your own community and communities around the world, (2) have meaningful conversations about these impacts, (3) put human faces to the abstractness of climate change, (4) connect the science of climate change to the stories of people out in the world, and (5) create and share creative works that feature climate storytelling. You will gain a deeper engagement with climate change as a vital human issue and better understand your own relationship to the changing climate in your home region. Ages 15+.

Wk 4, 7/19 / W / 9-10:30 a.m. / LAC Alumni Hall Prose Room / Fees: 1 session • \$49 Wk 4, 7/19 / W / 3:30-5 p.m. / LAC Alumni Hall Poetry Room / Fees: 1 session • \$49

General Interest

2301 • JUNGIAN PSYCHOLOGY **Kaye Lindauer**

Explore a variety of teachings drawn from the writings of Carl Jung, as well as post-Jungians, including such topics as symbols, archetypes, shadow, synchronicity and mandalas. References to films, art, short stories and poetry included. Ages 18+. Wk 1, 6/26-6/30 / M, Tu, W, Th, F 12:30-1:30 p.m. / Hultquist 101

Fees: 5 sessions • \$99

2302 • INTERPRETATION OF FAIRY **TALES / Kaye Lindauer**

From the perspective of Jungian psychology, story images from "Spirit in the Bottle" and "Snow White" will be discussed as metaphors for understanding the human experience such as envy and dynamics of father-son relationships. What aspects of yourself are personified by the woodcutter, Mercurius, the dwarfs or the negative queen? Ages 18+.

Wk 2, 7/3-7/7 / M, W, Th, F 12:30-1:30 p.m. / Hultquist 101

Fees: 4 sessions • \$85

2303 • LABORS OF HERACLES: HIS LABORS, OUR LABORS / Kaye Lindauer

The Romans called him Heracles! His story will be retold, and metaphoric interpretations — informed by Jungian psychology — of his labors will make this ancient Greek myth personally relevant to each participant. The hero encounters monsters, Atlas, Prometheus, the warrior queen, etc. Famous paintings included. Ages 18+.

Wk 3, 7/10-7/14 / M, Tu, W, Th, F 12:30-1:30 p.m. / Hultquist 101 Fees: 5 sessions • \$99

2304 • SELF-DISCOVERY THE JUNGIAN WAY / Kaye Lindauer

Dreams, the individuation process, the psychology of transformation, and images from The Red Book will be explored. Learn core concepts of depth psychology through a game of JUNG-O. An activity involved with word association will give a new approach to exploring the unconscious. Ages 18+.

Wk 4, 7/17-7/21 / M, Tu, W, Th, F 12:30-1:30 p.m. / Hultquist 101

Fees: 5 sessions • \$99

Master Class with Mónica Guzmán

2406 • CURIOSITY WORKSHOP WITH MÓNICA GUZMÁN

Join Week Four Chautauqua Lecture Series speaker Mónica Guzmán, author of I Never Thought of It That Way and CEO of Reclaim Curiosity, for a participatory workshop

aimed at building a more curious world and healing our divides. Ages 14+.

Wk 4, 7/21 / F / 3:30-5 p.m. / Hultquist 101

Fees: 1 session • \$49

Mónica Guzmán is Senior Fellow for Public Practice at Braver Angels, America's largest grassroots organization dedicated to political depolarization, and author of I Never Thought of It That Way: How To Have Fearlessly Curious Conversations in Dangerously Divided Times. She joins the Chautauqua Lecture Series to close a week on "The State of Believing" with a proposal as to how we may detach ourselves from our own belief to consider others' with generosity and good faith, and why we must do this work to build a true, shared reality.



2305 • EMILY DICKINSON: LOVE AND FEAR / Kaye Lindauer

Dickinson encountered and put into poetic expression all the various human emotions. The collected works embrace the dualities: love and fear, faith and doubt, summer and winter, happiness and grief. Poems studied with commentary. Ages 18+.

Wk 5, 7/24-7/28 / M, Tu, W, Th, F 12:30-1:30 p.m. / Hultquist 101

Fees: 5 sessions • \$99

2306 • SOUL / Kaye Lindauer

Jungian psychology is a spiritual psychology and strongly recognizes soul as part of the human psyche. Multiple approaches (film, biography, poetry, Jung's writings and those of others) will be used to explore the question: What is a soulful life and its psychological implications? Ages 18+. Wk 6, 7/31-8/4 / M, Tu, W, Th, F 12:30-1:30 p.m. / Hultquist 101

Fees: 5 sessions • \$99

2307 • CRETE: ISLAND OF MYTHIC **HISTORY / Kaye Lindauer**

The gods and goddesses of ancient Crete, along with the Minoan culture, say much about the human imagination. Images will accompany commentary on the myths, ancient religions, beliefs and cultural practices. Ages 18+. . Wk 7, 8/7–8/11 / M, Tu, W, Th, F 12:30-1:30 p.m. / Hultquist 101

Fees: 5 sessions • \$99

2308 • CINEMA AND PSYCHE **Kaye Lindauer**

The most successful films speak to the archetypal nature of being human. Films mirror both conscious and unconscious aspects of the viewer. Reflecting on one's responses to a film is a pathway to selfdiscovery. Film excerpts shared with commentary. Ages 18+.

Wk 8, 8/14-8/18 / M, Tu, W, Th, F 12:30-1:30 p.m. / Hultquist 101

Fees: 5 sessions • \$99

2309 • NARCISSUS AND NARCISSISM Kaye Lindauer

While reflecting on the Greek myth of Echo and Narcissus as recorded by Ovid, the cause and characteristics of narcissism will be explored. A deeper understand of oneself and others along with this current cultural phenomenon of exaggerated narcissism will be gained through references to Jungian psychology. Ages 18+. Wk 9, 8/21-8/25 / M, Tu, W, Th, F 12:30-1:30 p.m. / Hultquist 101

Fees: 5 sessions • \$99

48 **SPECIAL STUDIES 2023 GENERAL INTEREST**

2310 • ORAL STORYTELLING FOR **ADULTS / Mary Shea Rys**

Once you have experienced the joy and magic of oral storytelling, you will want to be a part of this ancient art form! We will explore genres from ghost stories to fairy tales, and discover the same from many different cultures. You will choose, learn and tell stories in an encouraging and supportive environment where feedback is positive and constructive. This course is for adults who want to learn to tell stories to children, grandchildren and others. Performance, however, is not required; those who would simply like to listen and learn for their own enjoyment are also welcome! Ages 18+.

Wk 3, 7/10-7/14 / M, Tu, W, Th, F 1-2:30 p.m. / Turner 105

Fees: 5 sessions • \$125

2311 • AMERICAN MOVIES THAT **HAVE CHANGED HISTORY** Ira Cooperman & Robert Hopper

Which movies have significantly fostered political and social change in America? In this film class, two instructors with film and history backgrounds will present and discuss short clips from classic movies that influenced America's politics, impacted societal changes, and were deemed "culturally significant" by the Library of Congress. "Advise and Consent," "Birth of a Nation," "Gentleman's Agreement," "Malcolm X," and "The Manchurian

Candidate" are some of the many films that

will be featured. Ages 16+. Wk 3, 7/10-7/14 / M, Tu, W, Th, F 3:30-5 p.m. / Hultquist 101 Fees: 5 sessions • \$125

2312 • ANIMAL RIGHTS / Peter Wenz 👔

Should we raise animals for food on "factory farms"? Should animals be kept in zoos? Should animals be used in medical experiments? Should pets receive expensive, live-saving operations when many people are denied medical services? Should large-game trophy hunting be banned internationally? Should extinct animals be brought back into existence as that becomes possible through genetic engineering? The class explores these and other questions through exposition and discussion. Ages 14+.

Wk 3, 7/10-7/14 / M, Tu, W, Th, F 3:30-4:45 p.m. / Hultquist 201B Fees: 5 sessions • \$115

Master Class with David Kolker

In Partnership with Campaign Legal Center

2415 • CAMPAIGN FINANCE LAW AND THE FIRST AMENDMENT

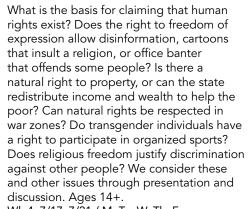
These classes will explore the history and potential future of campaign finance law, as seen through the eyes of a long-term litigator of key Supreme Court cases on this subject. Because the Court has long viewed restrictions on money spent on elections as equivalent to direct restraints on speech, its rulings have begun with the premise that these laws infringe on First Amendment rights. In the instructor's view, however, reasonable campaign finance laws actually promote First Amendment values, and the Court has fundamentally misunderstood these laws. The first day of the class will focus on the history and current status of our campaign finance laws, and the second day will focus on how these laws could be better understood with a more robust and enlightened interpretation of the First Amendment. Ages 14+.

Wk 4, 7/19-7/21 / W, F / 9:15-10:30 a.m. / Hultquist 101

Fees: 2 sessions • \$99

For nearly 20 years, David Kolker worked at the Federal Election Commission, where he specialized in appellate litigation and for several years led the agency's Litigation Division. He worked on many cases decided by the Supreme Court, including the infamous Citizens United decision in 2010. He is currently Senior Counsel at the Campaign Legal Center, which he joined in 2016. He began his legal career in the Civil Rights Division of the Department of Justice. David is a graduate of Yale (B.A.) and Harvard Law School (J.D.).

2313 • HUMAN RIGHTS IN CONFLICT 💫



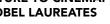
Wk 4, 7/17-7/21 / M, Tu, W, Th, F 2-3:15 p.m. / Smith Library Classroom Fees: 5 sessions • \$115

2314 • CREATING HEALTHIER **COMMUNITIES: BRINGING A BLUE ZONE PROJECT TO TOWN** Shannon Wohlford

Learn how a small rural city in Northwest Pennsylvania transformed community wellbeing by making healthy choices easier for everyone. Blue Zones have been put into practice by more than 70 communities across the United States, and we'll dissect the process of bringing a Blue Zones Project to town, reviewing Corry, Pennsylvania's impressive results earning them the designation of a certified Blue Zones Community. Ages 16+. Wk 5, 7/25-7/27 / Tu, W, Th 1-2:30 p.m. / Turner 105

Fees: 3 sessions • \$89

2315 • LITERATURE TO CINEMA: **ADAPTING NOBEL LAUREATES** Terry Meehan



Can literature written by a Nobel Laureate be successfully adapted to film? Some Laureates have even tried their hand at screenwriting; George Bernard Shaw actually won an Oscar for the screenplay of "Pygmalion," our first film. We will screen and discuss five films adapted from the works of Nobel Prize winners in Literature. The other four are: The Grapes of Wrath (John Steinbeck), To Have and Have Not (Ernest Hemingway), Remains of the Day (Kazuo Ishiguro) and Away From Her (Alice Munro). Students are encouraged (but not required) to read some or all of these works of literature. Ages 14+. Wk 6, 7/31-8/4 / M, Tu, W, Th, F 3:30-6 p.m. / Hultquist 101

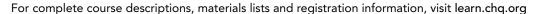
Fees: 5 sessions • \$119

2316 • THE HIGHER EDUCATION **CONUNDRUM / Kevin R. Currie**

Today's news is filled with questions that \checkmark make one wonder if a college education is worth the investment. People have begun to question the economic return on investment when they consider the everincreasing cost of a college degree. Though there are no easy answers to this question, this course will explore how we got to this place in a country that historically has greatly valued a degree and look at some of the solutions that higher education has implemented. Ages 16+.

Wk 6, 7/31-8/3 / M, Tu, W, Th 1-2:30 p.m. / Turner 105

Fees: 4 sessions • \$109



DIVE DEEPER WITH THE CHAUTAUQUA LECTURE SERIES

Throughout the 2023 Summer Assembly Season, Chautauqua offers the opportunity to engage with Amphitheater lecturers in a classroom setting, digging deeper into the issues examined from stage that morning, learning more about the speaker's extensive work, and discussing ways in which one can apply such learning within their community and their world. Ages 14+.



2405 • A CONVERSATION WITH BRIAN GREENE

Following his Week Four Chautauqua Lecture Series presentation, join theoretical physicist Brian Greene for an informal Q-and-A about all things science, including a focus on the intersection of science and faith. Greene is a professor, author and one of the world's leading theoretical physicists, described by The Washington Post as "the single best explainer of abstruse concepts in the world today." A professor of physics and mathematics at Columbia University, and director of Columbia's Center for Theoretical Physics, Greene is the co-founder, with journalist Tracy Day, of The World Science Festival, which brings cutting edge science programming to broad audiences. Ages 14+.

Wk 4, 7/19 / W / 3:30–4:30 p.m. / Smith Wilkes Hall / Fees: 1 session • \$49



2407 • A CONVERSATION WITH LESLIE DEWAN: THE FUTURE OF NUCLEAR ENERGY

Join nuclear engineer and Week Five Chautaugua Lecture Series speaker Leslie Dewan following her Amphitheater presentation for an informal Q-and-A about the future of nuclear energy and clean energy production. Positioned at the forefront of the nuclear technology development renaissance, engineer and environmentalist Dewan cocreated and served as CEO for Transatomic Power, reimagining a 1960s design for a molten salt reactor — coming inches from solving the two biggest problems with nuclear energy: the risk of meltdown from conventional reactors and the proliferation of nuclear waste. After open-sourcing Transatomic's data, Dewan pivoted to a bigger obstacle facing nuclear energy as a critical element of a carbon-neutral future: our resistance to it. Ages 14+. Wk 5, 7/26 / W / 3-4 p.m. / Hultquist 101 / Fees: 1 session • \$49



2408 • A CONVERSATION WITH MAUREEN CORRIGAN

One of America's most respected book critics with a distinctive voice at once incisive and accessible, Maureen Corrigan has been the weekly book critic on NPR's Peabody Award-winning "Fresh Air" for more than 30 years. A regular contributor for The Washington Post and The Wall Street Journal, Corrigan is The Nicky and Jamie Grant Distinguished Professor of the Practice in Literary Criticism in the Department of English at Georgetown University. She opens Chautauqua's week on "A Life of Literature" with a discussion at the nexus of the classic and the contemporary, framing a week of discussions by tracing literary trends and examining the current state of literature. Ages 14+.

Wk 6, 7/31 / M / 3:30-5 p.m. / Smith Wilkes Hall / Fees: 1 session • \$49



2409 • A CONVERSATION WITH JENNIFER A. FREY

Following her Week Six Chautauqua Lecture Series presentation, join Jennifer A. Frey for an informal discussion and Q-and-A based on her lecture and scholarship. Frey is currently an associate professor of philosophy at the University of South Carolina, where she is also a Peter and Bonnie McCausland faculty fellow in the College of Arts and Sciences. Beginning in July, Frey will be the inaugural dean of a great books Honors College at the University of Tulsa. She joins the Chautauqua Lecture Series in a week on "The Life of Literature" with a discussion on how classical texts have influenced meaning across the centuries, and what those classics still have to teach us today. Ages 14+.

Wk 6, 8/1 / Tu / 3:30–5 p.m. / LAC Alumni Hall Ballroom / Fees: 1 session • \$49



2412 • A CONVERSATION WITH KEVIN FEDARKO AND PETE MCBRIDE

Join writer Kevin Fedarko and photographer Pete McBride for an informal Q-and-A following their Week Seven Chautauqua Lecture Series presentation. Over the course of more than a year, Fedarko and McBride hiked the entire length of Grand Canyon National Park — not rim to rim, as is popular with adventurers, but end to end — over 750 miles. Fedarko and McBride tackled the outrageous journey to highlight the many challenges facing this iconic landscape today, from overdevelopment to encroaching pollution from nearby uranium mining. After completing the journey, National Geographic named the two men "Adventurers of the

Wk 7, 8/8 / Tu / 3:30-5 p.m. / Smith Wilkes Hall / Fees: 1 session • \$49

50 **GENERAL INTEREST SPECIAL STUDIES 2023**

Master Class with Atiba R. Ellis

In Partnership with the Robert H. Jackson Center

2414 • DEMOCRACY AT THE TURNING POINT: REPRESENTATION, FAIRNESS AND AMERICA'S THIRD CENTURY / Atiba R. Ellis

The infrastructure of American democracy has been at risk over the last decade. The basic structures of elections have been under attack by disinformation, legal erosion, and authoritariansim. Under the guise of freedom of speech, there is a competition over whether American democracy will be for the many or for the few. Each day will include a 25-minute lecture, 25 minutes of discussion and 10 minutes focused on action and resources. This course will explore the tensions in the state of affairs for U.S. democracy from historical, legal, and critical perspectives. Ages 14+. Wk 8, 8/14-8/18 / M, Tu, W, Th, F / 3:30-4:30 p.m. / McKnight Hall

Fees: 5 sessions • \$149

Atiba R. Ellis is the Laura B. Chisolm Distinguished Research Scholar and Professor of Law at Case Western Reserve University School of Law. A nationally recognized voting rights scholar, his primary research focuses on how racial and class-based oppression interact to continue to abridge and deny the right to vote to communities on the margins of American democracy. His work has analyzed voter identification laws for their socioeconomic effects, situated felon disenfranchisement laws as enforcing a political underclass, analyzed the theoretical scope of the Citizens United decision, and described the ideological drivers of vote suppression. His work is interdisciplinary in nature, spanning doctrinal legal analysis, critical political theory, race and the law, legal history, and innovative legal pedagogy.

2317 • BON VOYAGE: THE RIGHTS AND RULES OF AIR TRAVEL

Nancy Stanley

Post-pandemic travel has surged, with a weakened airline industry and passengers full of questions about their responsibilities and contractual rights. What are you entitled to if your flight is delayed or cancelled? What if you are denied boarding? How can you recover your financial losses? This class explores government regulations relevant to air passengers and common ways to insure against loss. Be a better informed passenger! Ages 18+.

Wk 7, 8/11 / F 8:30-10:30 a.m. / Hultquist 101 Fees: 1 session • \$49



2318 • AN INTIMATE CONNECTION TO FIVE CONSERVATION **VISIONARIES / Diane Clark**

John Muir! Henry David Thoreau! Rachel Carson! E.O.Wilson! Tecumseh! Bring these environmental conservationist visionaries into your life and discover some intimate moments that reveal the authenticity of character. Each of these heroes had a unique view of the environment. Each one of these independent thinkers felt an intense connection to life both physically and mentally. All of them felt a spirit connection to the earth and attempted to explain it in words. Together they offer us appreciation and inspiration for environmental conservation. Ages 14+. Wk 7, 8/7-8/11 / M, Tu, W, Th, F 8:45-10:15 a.m. / Turner 105

Fees: 5 sessions • \$125

2319 • DUMBOCRACY IN AMERICA: (1) **HOW POLITICAL TRIBALISM** THREATENS OUR REPUBLIC AND WHAT **WE CAN DO ABOUT IT**

Timothy J. Redmond

We will examine how our partisan identities derail our ability to effectively acquire, perceive and evaluate political information, and why that poses a significant threat to democracy. You will acquire the tools you need to navigate difficult political conversations, evaluate news sources, detect altered photographs and deepfake videos, and analyze political numbers and charts. In short, the objective of this course is to become better critical political thinkers so we can become better citizens. Ages 16+. Wk 7, 8/7-8/11 / M, Tu, W, Th, F 9–10 a.m. / Turner Conference Room Fees: 5 sessions • \$99

2320 • FILMMAKERS AND FREEDOM 🜇 **OF EXPRESSION / Terry Meehan**



In the '40s and '50s many film artists were subpoenaed by Congress and directed to reveal their connections to communism. They were also expected to "name names" of friends who had communist ties. Some refused to answer such questions, invoking the First Amendment's guarantee of freedom of expression. Instead, filmmakers used imaginative allegories and images to create films that would explore these issues in neighborhood movie houses. In each class, we will view and discuss a feature film that was created by men and women who were directly involved in this cultural conflict. Ages 14+.

Wk 8, 8/14-8/18 / M, Tu, W, Th, F 3:30-5:30 p.m. / Hultquist 101 Fees: 5 sessions • \$115

2321 • IDEO-ILLOGICAL: HOW TO **EVALUATE POLITICAL ARGUMENTS** Timothy J. Redmond



We will examine how our partisan identities can derail our ability to evaluate political arguments and provide you with the tools you need to effectively evaluate political arguments found in debates, editorials, news programs and everyday conversations. We will learn how to identify an argument's conclusion and premises, evaluate the dependability of those premises, and determine whether the premises support the conclusion in a logical manner (or instead exemplify a logical fallacy). In short, this course will help us become better critical political thinkers. Ages 16+. Wk 9, 8/21-8/25 / M, Tu, W, Th, F 9-10 a.m. / Hultquist 101

Fees: 5 sessions • \$99

Instructor **Biographies**

MARGO AGUIRRE

Mosaics with Tile and More (p. 23) A.A., art, Peace College. Taught art and design courses at Nova Univ. and Broward College. Owned home furnishing store and art gallery featuring self created works for four years. Teaching at Chautaugua for 11 years. Current owner of largest interior design/staging firm in Fort Lauderdale for 25 years.

BRIAN ALLAIN

The Business of Being a Writer (p. 36) MBA, Univ. of Pennsylvania; MSEE, BSEE, Purdue Univ.; formerly founding director of the Frederick Buechner Center; founder of writingforyourlife.com, publishingincolor.com, compassionatechristianity.org, findyournextcalling.com and howtohealourdivides. com; have produced and led 21 writers conferences and workshops; independent marketing consultant.

JACK N. ALPERN

Heir Conditioning (p. 14)

B.A., J.D., The Ohio State Univ.; post-graduate courses in basic and advanced estate planning, Case Western Reserve Univ. College of Law; 51 years practicing law and helping more than 3,400 clients plan their estates; featured presenter for the Salvation Army's 2022 national webcast (continuing education for attorneys, CPAs and trust officers). Of counsel, Brennan, Manna & Diamond.

MARK ALTSCHULER

Baseball Pairs II (p. 20); Short Story Discussion (p. 36-37); Two Plays: Interpretation and Performance (p. 37); War and Anti-War (p. 31) Mark Altschuler has taught for over 30 years at the high school and college levels and for 20 years in Chautauqua's Special Studies program. He has learned that discussion classes work exceedingly well with Chautauqua participants.

RONALD AMBROSETTI

The American Short Story (p. 38) B.A., Loyola College, Baltimore; M.A., Ph.D., Bowling Green State Univ. Drafted out of graduate school during Vietnam era, went to OCS and completed 59 months active duty. Finished doctorate while on active duty at the University of Texas, Austin. Full-time faculty, department chair and associate dean for 21 years at SUNY Fredonia.

JAN ANANIAN

Creating a Journaling Habit (p. 35) B.A., Univ. of Massachusetts, English. Phi Beta Kappa. Lifelong journal keeper who writes for pleasure, as a way to capture the moment, enhance creativity, and set goals. Student of journal writing techniques and approaches and the famous diarists who incorporated them. Designed courses and taught writers, course developers and trainers how to communicate effectively through writing.

SKYE ANDERSON

Canine Good Citizen Class (p. 20); Yes, Your Dog Can Do Tricks! (p. 19)

M.S., genetics, Univ. of Minnesota. College instructor. Certified Trick Dog Instructor/ Professional Dog Trainer/Canine Massage (2002). CGC/ATT Judge. Reward-based, force-free dog trainer for 25 years: puppy socialization, behavior, service/therapy dogs. Active in professional dog training/behavior organizations.

DIANE ANDRASIK

Better Camera-Phone Photography (p. 43); Fundamentals and More (p. 43); Style and Power through Photo Composition (p. 43) B.A., M.A., SUNY Fredonia. 34 years' teaching experience high school. Professional portrait and landscape photographer for 40 years, with work placed at Chautauqua Bookstore and other venues. 32 years instructing in Special Studies. Author of Arcadia pictorial history book, Dunkirk. Member of SNAPP, PPSNYS, NAPP. Dunkirk City Historian.

MEREDITH ANDREWS

Toddler Time (p. 8)

B.A., M.A., Allegheny College. 26 years' teaching experience in elementary school K-4; currently teaching fourth grade at Karigon Elementary School in Clifton Park, NY.

PHILLIP ATTEBERRY

Broadway Musicals (p. 41)

B.A., education, Univ. of Evansville; M.A., English, Ph.D., English, Washington Univ. 35 years' university teaching experience; currently teaching English and History of Jazz and Intro to Film at Univ. of Pitt-Titusville. Recipient Outstanding University Teaching Award, Lincoln Memorial Univ., 1989. Contributor and editorial consultant to several music publications.

KAREN AUER

Quilting for Travelers (p. 23)

B.A., M.S., Purdue Univ. 30 years' experience teaching biology and chemistry in high school and middle school. Currently retired, avid quilter/ sewer/knitter and active member of a large quilt guild. Have shown quilts and won awards at local quilt shows. Teach quilt classes locally.

EMILY AUSTIN

Improvisation for the Theatrically Curious (p. 46) B.A., Univ. of S. Florida. 22 years' teaching experience K-12 theatre performance; currently Director of Performing Arts at Bentley School in Oakland, Ca. Curriculum taught ranges from Shakespeare to filmmaking to improvisation. Active member of TheatreFirst in Berkeley.

LONI BACH

Play Guitar! (p. 39)

B.Mus., cello performance, M.Mus., strings education, Univ. of Mich. 31 years' teaching experience elementary through high school. Currently teaching orchestra, guitar and piano at Sparta High School, NJ where she has been for the past 28 years. Adjunct professor teaching String Methods at Rutgers Univ. Mason Gross School of the Arts. Professional freelance cellist.

DAVID BAKER

Spiritual and Psychological Themes in Film (p. 44) B.A., Biola Univ.; M.A., theology, Talbot Theological Seminary; Ph.D., clinical psychology, Pacifica Graduate Institute. 15 years ministry; 22 years private practice psychology; 15 years teaching at UCF, Rollins College and The Seattle School of Psychology & Theology. Currently teaching in the post-graduate program at Tampa Bay Institute For Psychoanalytic Studies; executive coaching and private practice in psychoanalytic psychotherapy.

MICHAEL BARNDT

From Soundscapes to Symphonic Poems (p. 40) B.S., Case Institute; Ph.D., School of Business, Case Western Reserve Univ. 30 years of university and community teaching experience; currently classical music writer for Urban Milwaukee (the web journal) and organizer (since 2013) of a monthly classical music education series "Listening Together."

PHILIP BARNES

Latin Laid Bare: Latin 101 (p. 32); Lost in Translation? (p. 37)

Undergraduate and graduate degrees from Bristol & Manchester Universities and King's College, London. 30+ years teaching ancient languages, John Burroughs School, St. Louis, MO. Recipient of an "ovatio" for services to classics from Classical Association of Middle West and South. Led numerous study tours to Italy and Greece. Interests include the setting of classical texts to modern music. Conducts a professional choir and has a weekly radio show.

MARCIA BARR

Beginner Ballroom (p. 18); Pickleball 101 (p. 19) B.S., civil engineering, Univ. of Pittsburgh; LEED (Leadership in Energy and Environmental Design) accredited professional. 30 years' experience in environmental engineering with a focus on corporate compliance, waste reduction and minimizing chemical exposure of workers/ residents. Some teaching experience in middle and high schools. Independent environmental and educational consultant. YMCA fitness instructor and tennis teacher.

MARGARET BARRETT-WALOS

Senior Chair and Balance Exercises (p. 27) B.S., M.S., education, Niagara Univ. 25 years teaching physical education; two years teaching in Lahore, Pakistan. National competitor in Sprint and Olympic distance triathlon; competitive ballroom dancer. Certified Arthritis Foundation aquatic instructor. Certified Pilates and Silver Sneakers instructor. Has worked the last six years with Cleveland Clinic Women's Wellness Week.

JOHN C. BARTHELMES

Balloon Twisting: Beyond the Dog (p. 25); Broadway Bound (p. 10); What's My Line? (p. 10) Owner, teacher and artistic director of Spotlight Studios for the Performing Arts in Fairport, NY. Director and music director for elementary, middle and high school shows all over Monroe and Wayne counties. Adjunct instructor at St. John Fisher Univ.; teaching acting and improv since 1997. B.S., mathematics, B.S., computer science, SUNY Fredonia. Instructor of Computer Programming Languages and topics for over 20 years, also at SJF.

KAITLYN BARTHELMES

Broadway Bound: Musical Theater (p. 10) B.A., SUNY Brockport, arts for children (theater, music, dance and visual art). Directs/ choreographs for elementary through high school/community groups in and around Rochester, NY. Teaches preschool with a focus on arts. Teaches art classes. Dance instructor at Spotlight Studios in Fairport, NY. Regular performer with improv and dinner theater groups around Western and Central New York.

NAOMI L. BAUM, PH.D.

Introduction to Qigong for Good Health (p. 29) Psychologist who consults both in Israel and internationally in the field of trauma and resilience. Created the Building Resilience Intervention (BRI), a resilience model that has been applied widely in Israel and abroad. Certified teacher of Qigong, and has been teaching for several years.

CHRISTA BECK

Kindermusik (p. 8)

B.S., West Virginia Wesleyan College; M.S., Wake Forest Univ. Math professor for five years. 22 years as owner and Top Program educator at Kindermusik with Christa Beck. Employed as trainer for Kindermusik Univ. at Kindermusik International. www.kindermusikwithchrista.com

FRANK BECKER

Bourbon: The Spirit of America (p. 16); Whiskey Tour of the World (p. 16)

B.S., J.D., Univ. of Ky. Frank Becker hales from Kentucky's bourbon country, is an Executive Bourbon Steward (essentially a Bourbon Sommelier), and a member of the prestigious Stave & Thief Society and the Lexington Bourbon Society. Frank has been a lawyer, law professor, author, and professional photographer. He studied distillation and brewing science, and wine appreciation, at the Univ. of Kentucky.

MARY BIDDINGER

Delight in the Details: Writing Poems that Startle and Enchant (p. 33)

Mary Biddinger's latest poetry collections are Partial Genius: Prose Poems and Department of Elegy, both with Black Lawrence Press. Her poems have appeared in a variety of journals, including Couplet Poetry, The Laurel Review, and Pithead Chapel, and have been featured on Poetry Daily and The Slowdown. Biddinger's flash fiction has been published in Always Crashing, DIAGRAM, Gone Lawn, and Southern Indiana Review. She has received awards and fellowships from the National Endowment for the Arts, Ohio Arts Council, and Cleveland Arts Prize. Biddinger teaches creative writing at the Univ. of Akron and in the NEOMFA program and serves as poetry and poetics editor for the Univ. of Akron Press.

JACOB BITINAS

Renaissance Polyphony (p. 40)
B.S., Univ. of Alabama; M.M., Stephen F. Austin State Univ. Ten years' teaching experience middle school; currently teaching over 450 orchestra students in Marietta, GA. Has performed with the Atlanta Opera, New Trinity Baroque, North Carolina Baroque Orchestra, and Ritornello Baroque Ensemble. Current president of the Atlanta Early Music Alliance and head of the new music committee of the VdGSA.

RALPH BLACK

Let Us Now Praise the Mutilated World (p. 34) Ralph Black is the author of *Turning Over the Earth*, from Milkweed Editions, and a chapbook, *The Apple Psalms*. He is the recipient of the Anne Halley Poetry Prize from *The Massachusetts Review* and the Chelsea Poetry Prize. His poems have appeared in *The Georgia* and *Gettysburg Reviews*, *Orion*, and *West Branch*. His newest collection is *Bloom and Laceration*, which received the 2017 Hopper Poetry Prize from Green Writers Press. Recently retired from SUNY, Brockport, he lives in Rochester, NY.

JOHN BRANTINGHAM

Writing the Novella-in-Flash (p. 34) John Brantingham was Sequoia and Kings Canyon National Parks' first poet laureate and a professor of English and creative writing at Mt. San Antonio College for 25 years. His work has been featured in hundreds of magazines, Writers Almanac and The Best Small Fictions 2016 and 2022. He has 19 books of poetry and fiction including his novella-in-flash Life: Orange to Pear (Bamboo Dart Press) and his upcoming memoir-in-flash Kitkitdizzi with Ann Brantingham (Bamboo Dart Press). He is the founder and general editor of The Journal of Radical Wonder.

HUGH BUTLER

Bridge for Beginners (p. 19); Intermediate Bid and Play (p. 20); How to Defend (p. 20) Established software development firm which became Computer Consultants Corporation, sold to Fortune 500 Financial Services firm in 2004, retired in 2007 to move to Chautauqua. Serving 1995-present as trustee of a mutual fund based in San Francisco. Active volunteer at Chautauqua and in surrounding county. Current director of Chautauqua County Land Bank; chair of "Executives of Chautauqua." Former trustee of Chautauqua Institution.

TARA BYSTRAN

Meeting Resistance (p. 12)

Tara Sasiadek is an artist, philosopher, and entrepreneur who lives and works in Buffalo, NY. Their current painted body of work, "The Bandaged Place," is a meditation on the healing complexities of scar tissue. The artist has studied philosophy, painting, and human development, and received their MFA in visual art from the Vermont College of Fine Arts. They are a founding member and past President of non-profit Emerging Leaders in the Arts.

C

ANDREA CALI

Introduction to Tap Dance (p. 18) B.A., Wellesley College; J.D., Case Western Reserve Univ. School of Law. Over 20 years' tap dance experience, in both Broadway and rhythm tap styles. Director of adult tap dance performance group since 2006. Teaches tap dance to adults in the DC Metro area. Nearly 35 years as an attorney for the federal government, most recently employed by the Department of Justice in the immigration law area.

LISA CARCHEDI, MD, MS C-IAYT

Gentle Moves (p. 28); Mobility and Meditation (p. 28)

Lisa is a practicing psychiatrist in Maryland, a certified yoga therapist, and has a RYT 500-hour certification from Yoga Alliance. She received her M.S. in yoga therapy at Maryland Univ. of Integrative Health (MUIH) in 2018 and her M.S. in herbal studies for the clinician from MUIH in 2022. She uses the many tools of yoga to improve clients' mental, spiritual and physical well being.

AIDAN CHAMBERLAIN

Community Brass Ensemble (p. 39)
Aidan Chamberlain is a British educator and trombonist living in the Caribbean. He is an assistant professor of music at the Univ. of Trinidad and Tobago and has performed with many internationally-renowned ensembles such as the London Philharmonic, Royal Opera House and on London shows such as *The Lion King*.

WILLIAM CHAMBERLIN

Changing Our Fueling Infrastructure (p. 46) M.S., B.A., chemistry, Miami Univ. (Ohio). 34 years R&D at Lubrizol developing lubricants for advanced power plants and alternative fuels; retired (to consultant) 2004. Fellow Society of Automotive Engineers, 2003 Outstanding Chemist of Year Award (Northeastern Ohio Am. Chem. Soc. Section); 19 publications, two book entries, 15 U.S. Patents.

RAY CHEN

Confucianism, Taoism and Buddhism (p. 44); Making Chinese Dumplings (p. 15)
M.A., English language and literature, SISU, China. Over 10 years' language and culture teaching experience in universities in China and U.S. Currently teaching Chinese language and culture at JCC, NY. Published author in both English and Chinese. Over 15 years of marketing working experience in international business environments. Owner of Ray's Chinese Movie on Youtube.com

JEROME CHESLEY

Watercolor: Florals and Backgrounds (p. 11); Watercolor: Painting the Miller Bell Tower (p. 11) B.S., M.S., SUNY College at Buffalo; Univ. of Art-Siena, Italy. Over 20 years' teaching experience, high school and college. Teaches workshops throughout Florida. Judge/juror for art shows and exhibitions. Past president and signature member of the Florida Watercolor Society. FSWS Master Signature member and past president, board member of Florida Arts Organizations. Public Arts Tour Guide in Sarasota

CAROL CLARK

How to Avoid Financial Landmines (p. 14); Market Outlook (p. 14)

B.A., Wesleyan Univ.; M.B.A., Cornell Univ.; CFA with 28 years of financial markets experience; founded OnCenter Financial to serve the wealth management needs of baby boomers and retirees. Vice president at BioEnterprise for 11 years where she was managing director of a private equity fund that delivered a 72% IRR. Previously managing director and portfolio manager at Bank of Boston where she managed a \$2 billion portfolio.

DIANE CLARK

An Intimate Connection to Five Conservation Visionaries (p. 50); Believing in the Seven Sacred Directions (p. 44)

B.A., M.A., Indiana Univ. of Pa.; 33 years' teaching experience ranging from Chautauqua Children's School, elementary and secondary public schools, Univ. of Pa. Current director of Greystone Nature Preserve offering experiential, environmental education to people of all ages and ability levels. Member of the Wolf Clan Teaching Lodge of the Seneca Nation. Speaker at environmental and peace conferences Europe/Japan.

WENDY COHEN

Glass Fusing (p. 22); Resin Pendants (p. 22); Silk Scarf Dyeing (p. 23)

12 years' experience teaching glass fusing, resin and other craft classes to children and adults of all ages in classes and privately. Creates and sells work in Chautauqua and Florida. Extensive experience in glass and ceramics.

RUTH GERRARD COLE

America's Midwest (p. 38); Changing Monarchy (p. 38); Inspired by Shakespeare's King Lear (p. 37) B.S., M.A.T., College of Wooster; three additional years graduate work in supervision, curriculum, gifted, theological studies; 33 years high school and college teaching, 19 years gifted coordinator, 29 years teaching American literature, 25 years teaching Shakespeare elective, 10 years teaching English language history; publications in Shakespeare, gifted, linguistics; Master's thesis on Shakespeare's histories; 24 years teaching Special Studies and Road Scholar; extensive speaking.

LAURA P. COOMBS

Everyday "Blue Zones" Solutions (p. 29); Posture Camp for Active Adults (p. 29)

B.S., Stony Brook Univ.; M.S., exercise physiology, Queens College. 25-plus year career in sports medicine with professional experience in New York City corporate fitness and physical therapy facilities, Toyota Motor Manufacturing ergonomics, high school and college sports sidelines, and college classrooms. Currently works in Lexington, KY, as a posture coach and personal trainer who specializes in clients with "over 50" bodies and "under 40" attitudes.

IRA COOPERMAN

American Movies That Changed History (p. 48) B.A., San Francisco State Univ. At Samuel Goldwyn Movie Studios in Hollywood, wrote speeches for movie stars Burt Lancaster, Peter Lawford and others. Lecturer, U.S. Military Academy at West Point and Temple Univ. Air Force Intelligence officer. Worked with the CIA. Los Angeles Times news reporter. Chautauqua Special Studies instructor since 2005.

KEVIN R. CURRIE

The Higher Education Conundrum (p. 48) B.A., Framingham State Univ. Over 35 years' administrative, teaching, and professional development experience in higher education with titles that included director, senior associate dean, and special advisor to the dean. Presentations conducted across the United States, Canada, Europe, Indonesia, and Egypt. Currently an independent education consultant and teaches a program on entrepreneurship to higher education administrators.



MAXINE DAVIS

Move into Life with Feldenkrais Method (p. 30) B.A., music ed., M.A., performance, SUNY College at Fredonia; Fulbright Scholar in Voice, Munich, Germany. Certified Feldenkrais Practitioner since 1991. Teaches Feldenkrais privately including singers from the Lindemann Program at the Metropolitan Opera, ATM classes (92nd St. Y), workshops at universities (Duke, Greensboro, Fredonia) and conferences.

JASON DAVIS

Climate Stories Project Workshop (p. 46)
Jason Davis, director of Climate Stories Project, is a musician, environmental educator, and leader of the environmental sound and improvisation ensemble Earthsound. He teaches music and environmental studies at Worcester Polytechnic Institute. Jason holds a doctorate in music from McGill Univ. in Montreal.

AMY DE SA

Barre Fitness Class (p. 28); Morning Stretch Class (p. 28); Pilates Mat Class (p. 27)
Amy de Sa, began teaching Pilates in 1995. B.A., dance, B.A., psychology, Hope College. Principal faculty for BASI Pilates. Teaches Pilates Teacher Training courses and Advanced Education Workshops internationally. Nationally Certified Pilates Teacher, NCPT and member of the Pilates Method Alliance (PMA). Presenter at annual Pilates and fitness conferences. Owner, Pilates Denver Studio since 2001.

LISA DECATO

Making Dances (p. 18); Reconnect to Integrated Movement (p. 30)

M.F.A., Ohio State Univ. 35 years' teaching and performing experience. Certified Movement Analyst and adjunct professor at Cleveland State Univ. Lisa has an extensive background in teaching somatics studies, choreography and dance, and believes movement should be a vital part of everyone's life.

EMILY DEDAKIS

Be Here Now: Writing for Performance (p. 9) B.A., Tulane Univ.; M.A., Ph.D, creative writing, Queen's Univ. Belfast. Dramaturg and producer with 12 years' experience developing scripts and performances for immersive, 24-hour, multimedia, community, devised, verbatim and dance theater. Multiform writer, often collaborates with sound artists. Coordinator and mentor for Fighting Words NI's Young Playwrights program (2019-22); guest lecturer in playwriting at Ulster Univ. (2019, 2021).

JOHN DEDAKIS

From Novice to Novelist (p. 36)
B.A., journalism, Univ. of Wisconsin-Madison.
Former senior editor for CNN's "The Situation
Room with Wolf Blitzer." Author of five mysterysuspense novels. Book four, Bullet in the
Chamber, won a Feathered Quill and two other
book awards. Taught journalism at Univ. of
Maryland-College Park and regularly leads writing
workshops at The Writer's Center, Bethesda, MD.

KRISSY DIETRICH GALLAGHER

Chile: From Democracy to Dictatorship (p. 31) B.A., history, Tufts Univ.; M.N.O., Case Western Reserve Univ. Former middle and elementary school teacher, currently writes for the communications dept of the Cleveland Heights-Univ. Heights Schools. Krissy is a dynamic public speaker, sought out to write and present speeches for local, national and international nonprofit organizations. Author of the forthcoming nonfiction book, *Under the Chilean Sky*.

AMY DIVIJAK

Toddler Time (p. 8)

M.A., teaching and teacher education, B.A., anthropology, Univ. of Arizona. Teacher in public and private schools since 1990; lifelong Chautauquan and parent.

AIMEE DOERSHUK

Fat Quarter Reversible Tote (p. 25); Sit and Sew Saturday (p. 24); T-Shirt Quilt (p. 24); Magic of Three-Yard Quilts (p. 23); Tightrope Quilt (p. 24) B.F.A., graphic design, Wittenberg Univ. Owner of Aimee Quilts LLC, a long arm quilting and custom quilt business. Has taught quilt classes for 14-plus years and has made over 200 T-shirt and memory quilts for customers world wide. Works with local elementary teachers and scout troops on beginning sewing, quilting projects and badges. Lifelong Chautauquan.

SUSAN DORAN

Intro to Book Arts (p. 24); Intro to Paper Making (p. 24); Paper Making Handprints (p. 24)
Oswego State Univ. and Rochester Institute of Technology; Printing Technology Management Degree. Graphic design business 16 years; 16 years in school district building a recycling service learning program. Regional director and coordinator of the Odyssey of the Mind program. Multiple awards and recognition in art galleries. www.belviderecornerstone.com



MARY JANE EICHACKER-KAUFMAN

English Paper Piecing for Travelers (p. 22) B.A., history, Hanover College. 45 years' experience as a curator in the museum field, specializing in textiles and quilts. Named Curator Emerita of Social History by the Indiana State Museum upon retirement in 2018. Active member of the Midwest Fabric Study Group, the Quilters Hall of Fame, etc.

BETH ELKINS WALES

The Gentry Technique: Fundamentals of Pilates (p. 27); Mat Pilates (p. 27)

B.A., dance performance and mind body techniques, SUNY Empire State College. A 2001 graduate of Core Dynamics Pilates, a Nationally Certified Pilates Teacher, and a Core Dynamics Teacher Trainer, Beth Elkins Wales is originally a dancer and choreographer. She taught dance at Chautauqua Institution 1996-2000 and has run The Pilates LAB (formerly The Pilates Loft) in Buffalo, NY since 2002.

SUSAN EVANS

Mah Jongg for Beginners (p. 19)
B.A., French major, Spanish minor, SUNY
Fredonia; M.Ed., emphasis in linguistics, Texas
A&M Univ., College Station. Retired from 30 years
of teaching French, Spanish and English As A
Second Language to grades K–12, in Texas, Paris
(France) and Pittsburgh. The last 25 years were
spent teaching mostly French at the Pittsburgh
High School For The Creative And Performing
Arts. Learned to play Mah Jongg at Chautauqua.

F

CAROLYN FANAROFF

Effective Business Communication (p. 42)
Carolyn Fanaroff, J.D. (American Univ., magna cum laude), M.A., (Maryland Univ. of Integrative Health), B.A. (Emory Univ., Phi Beta Kappa), is a tax attorney, mentor and resume coach. She's taught the communication skills that hundreds of young professionals and students need to succeed. Mother of two awesome young adults, she has resolved international tax disputes for multinational corporations since 1994.

MICHELLE FIFE

Long Needle Pine Basketry on a Gourd (p. 23) B.A., M.S., Butler Univ. Retired in 2011 after 22 years teaching middle school French. In 2005, awarded Outstanding Secondary French Teacher in Indiana. Enjoys sharing her love of pine needle basketry, knitting and scrapbooking. She is an avid mountain dulcimer player, but also can be found making music on her ukulele and autoharp. She loves traveling with her husband, especially to music festivals.

MICHAEL C. FINKE

Nikolai Gogol: Russia, Ukraine, War ... (p. 37) B.A., Cornell Univ.; M.A., Ph.D., Indiana Univ. Taught 18 years at Washington Univ. in St. Louis, 13 years at the Univ. of Illinois at Urbana-Champaign (department head eight years, retired as Professor Emeritus). Author of two books on Chekhov and one other monograph on 19th-century Russian literature; published five other scholarly volumes as co-editor and many articles.

TRACY FULLER

Chances Are You're More Creative (p. 42) M.B.A., M.Ed., Univ. of Pittsburgh; B.A., Mercyhurst Univ. Managing director, COMPIO; certified executive coach helping senior executives become more innovative and effective leaders. Expertise in leadership and organizational development, applied creativity. Enthusiastic and appreciative visitor to Chautauqua for 30-plus years.

G

MIMI GALLO

The Lure of the West (p. 11)

B.S., journalism, Northwestern Univ. Co-founder of Art Partners, Inc. a nonprofit company that customizes art appreciation programs to fit the academic curriculum. Lectures at Roads Scholar, art clubs and communities and the Renaissance Academy, Florida Gulf Coast Univ. Currently chairman of the Asian Art and History Group at Artis-Naples, FL.

J.J. GANTENBEIN

Kundalini Yoga and Meditation (p. 29); Sound Healing and Deep Relaxation with Gong (p. 29) B.S., Univ. of North Texas; L.M.P., Brenneke School of Massage, Seattle; Reiki Master Teacher, Seattle; KRI-Certified Kundalini Yoga and Meditation Teacher, NY. 20-plus years' experience as a Professional Healing Practitioner, Spiritual Mentor and Teacher; currently offering Kundalini Yoga and Meditation workshops, special events (Gong Bath), and 1:1 sessions in Jamestown, NY, and online.

LAURA GARDNER

Stitching a Chautauqua Memory (p. 23) Book artist, letterpress printer, artist educator, Laura has 20 years university teaching experience and formerly owned a decorative painting business. She is recipient of a National Endowment for the Humanities Grant. When she was 11 years old, Laura spent the season at Chautauqua. She is happy to return whenever possible.

ANN GASSER

Habitats of Chautauqua: Nature Journaling (p. 9) B.A., biology and secondary education, Grove City College. 13 years' teaching experience from preschool through high school always with a focus on science. Currently teaching fifth-grade science with an emphasis on outdoor, experiential and place-based learning at Laurel School, Shaker Heights, OH. Passionate about getting students outside and hooked on nature.

DANIELLE LEGROS GEORGES

Poetry Workshop: The Persona Poem (p. 33) Danielle Legros Georges is the former Poet Laureate of Boston; a professor of creative writing at Lesley Univ.; the creative editor of sx salon, a digital forum for explorations of Caribbean literature; and a contributing editor to the literary magazines Salamander and Consequence Forum. Her most recent books are Island Heart, translations of the poems of 20th-century Haitian-French writer Ida Faubert (Subpress Books, 2021) and The Dear Remote Nearness of You (Barrow Street, 2016). Her literary awards include fellowships from the American Antiquarian Society, the Massachusetts Cultural Council, MASS MoCA, the PEN/Heim Translation Fund, and the Black Metropolis Research Consortium.

ALAN GERSHENSON

Lawyers in Literature (p. 37) B.A., Pennsylvania State Univ.; J.D., Harvard Law School. 42 years' experience, primarily as partner at large law firm in Philadelphia, as trial lawyer, specializing in all aspects of commercial litigation. Taught courses for Pennsylvania Bar Institute and since 2015 for OLLI at Temple Univ. and in Chautauqua since 2018.

DAVID GIFFELS

Writing Your Way Home: Personal Nonfiction and the Personal Place (p. 34) David Giffels is the author of six books of nonfiction, most recently Barnstorming Ohio: To Understand America, selected as one of Library Journal's Best Books of 2020. His other books include the memoirs Furnishing Eternity and All the Way Home, both winners of the Ohioana Book Award, and The Hard Way on Purpose, a New York Times Book Review "Editors' Choice." His writing has appeared in the New York Times Magazine, The Atlantic, Parade, The Iowa Review, Esquire, Grantland, and many other publications. He also wrote for the MTV animated series "Beavis and Butt-Head." He is a professor of English at the Univ. of Akron, where he serves on the faculty of the NEOMFA creative writing program.

RABBI ELYSE GOLDSTEIN

Judaism and The Big Questions (p. 45)
Summa Cum Laude, Phi Beta Kappa Brandeis
1978. M.A. and Ordination from HUC-JIR
1983. Founding Rabbi of City Shul, Toronto.
Author of four award-winning books on women
and Judaism. Covenant Award: Outstanding
Educator. First woman elected president of
interdenominational Toronto Board of Rabbis.
One of seven women featured in Canadian
National Film Board documentary, "Half the
Kingdom." Fiery speaker, skilled teacher, social
justice advocate.

SANDY GORDON

Black American Artists and Their Art (p. 11) B.A., speech pathology/education, Queens College, NY. After retirement, pursued interest in art history and became coordinator of the art history course at Quest/CCNY from 1992 to 2016. Taught art history courses for NYU's Osher program. Previously taught this course at Chautauqua Special Studies; frequent guest lecturer on art history at various venues, Quest and Zoom.

ALAN GREENBERG

Investing in 2023 and Beyond (p. 14); Investing in the Megatrends of Tomorrow (p. 14) Wealth management professional for 40-plus years. Enjoys educating individuals of all ages on investing and the economy. Has regularly taught at Chautauqua for the last 14 years. Ranked on Best-In-State Wealth Advisor list in a highly recognized financial publication for the past three years. Frequent guest lecturer of investment seminars across Long Island. Formerly on board of trustees of Long Beach Public Library.

MAUREEN RYAN GRIFFIN

Telling Your Life Stories with Grace (p. 35); The Fine Art of Cooking Up a Poem (p. 36) B.S., education, Indiana Univ. of PA. 20 years' experience teaching writing/creativity. Awardwinning author of Spinning Words into Gold and Ten Thousand Cicadas Can't Be Wrong. Recipient, Chautauqua Writers' Center's Mary Jean Irion Award, 1998; first place in Chautauqua Readers & Writers Poetry Contest, 2007; Irene Blair Honeycutt Legacy Award, 2018.

JENNIFER GROTZ

Looking at Poems of Looking (p. 33)
Jennifer Grotz is the author of four books of poetry: Still Falling, appearing May 2023 from Graywolf Press, as well as Window Left Open, The Needle, and Cusp. Also a translator, her co-translations with Piotr Sommer from the Polish of Jerzy Ficowski's Everything I Don't Know received the PEN America Best Translated Book of Poetry Award in 2022. A recipient of fellowships from the National Endowment of the Arts, the Guggenheim Foundation, the Camargo Foundation, and the Rona Jaffe Foundation, she teaches poetry and translation at the Univ. of Rochester and directs the Bread Loaf Writers' Conferences.

SUSAN GROVER

Yoga for Every Body (p. 26) Susan has practiced yoga for 29 years and has been a licensed yoga instructor since 2009. She provides a gentle, student-centered class that is easy to follow. The class is particularly popular with adults over 40, with weight lifters and other athletes and with those who want to de-stress or to ease particular body issues.

GAIL GRUNDSTROM, CHILDREN'S MUSIC STUDIO

Music for Babies and Toddlers (p. 8)
B.S., Wheaton College; M.Mus., Silver Lake
College, Wisc. Kodaly-certified levels 1-3. Certified
in all levels of Musikgarten early childhood
curriculum. 19 years' teaching experience with
early childhood music at Children's Music Studio,
Jamestown, NY. Private piano teacher.



SAMUEL HALPERN

Purpose Beyond the Paycheck (p. 42) B.A., Brown Univ.; J.D., George Washington National Law Center; jr. year abroad, London School of Economics; 35 years' experience educating and guiding clients as president of investment advisory firm; currently, expert witness, Prudent Expert, LLC; author, Wellsprings of Work, including podcasts on sources of meaning and motivation in work; chairman, Page County (Va.) Democratic Committee.

BENJAMIN HANDEN

Beginner Swing and Salsa for Fun (p. 18) B.A, Johns Hopkins Univ.; Ph.D., clinical psychology, Univ. Of Mass., Amherst. 33 years on faculty of Univ. of Pittsburgh. 25 years' training and experience in ballroom dancing. Chautauqua Special Studies swing/cha-cha/salsa instructor (2011-2023).

MICHAEL HARITAN

Architectural Photography CHQ Style (p. 44); The Art of Nature Photography (p. 43); Magical Photography at Twilight (p. 44)

A.A., A.S., Community College of Allegheny County; B.A., Univ. of Pittsburgh; M.M., Duquesne Univ., FEMA Certified. Teacher and commercial photographer for 37 years with *HaritanPhotography. com* and for PA Urban Search and Rescue Strike Team One. Photo safari leader of nature and architecture in the United States and photo documentaries of folk culture, history, architecture and geography of Bulgaria, Turkey and Ukraine.

EMILY HARRIS

Spirited Fun Improv (p. 46)

Improv has been part of Emily's life for six decades. Taking her first improv class at the age of four, she was given permission to play and hasn't stopped yet. As an improviser, storyteller, educator, and spirited senior, Emily says, "embracing the improv mindset of 'yes, and ...' can go a long way in filling the need to laugh, feel good about ourselves, and take care of each other."

KAREN HECKEL-MARMORATO

Slow Flow Yoga (p. 27)

Jivamukti NYC 300 teacher certification & Jivamukti NYC 800 hour teacher certification, Ayurveda & Yoga certification Integral Yoga Academy at Satchidanananda Ashram in Yogaville, Prenatal Certification Urban Yoga Open Center NYC and Shaka Vansiya Ayurveda Honors, The Prana Center, CA. Teaches weekly yoga classes at Eight Limbs Wellness Studio in Lakewood, NY, and Phoenix Rising in Jamestown NY. Teaches on retreats and special events.

BARBARA HOIS

Alexander Technique: Movement with Grace (p. 30); Alexander Technique: Five Classic ... (p. 30) B.M.E., Arizona State Univ.; M.M., Cincinnati Conservatory; Alexander Technique Certification, The Alexander Foundation; instructor at Univ. of Pittsburgh and Pittsburgh School of Massage Therapy; 35 years' experience with The Alexander Technique.

ERIN HOLT

Brunch Anytime (p. 15); Farmers' Market Meals (p. 15); Seafood Made Simple (p. 16); Single Skillet Sensations (p. 15)

B.A., English literature, French language, M.A., English literature, SUNY Fredonia. More than 20 years' experience as a skilled home cook, catering prep cook and professional baker. Previously employed in higher education administration and event ticket management, now part of the office and food service team at Johnson Estate Winery.

SARA HOLTZ

Advice to Your Younger Self (p. 42) J.D., cum laude, Harvard Law School; B.A, magna cum laude, Yale College. Author of best-selling book, Advice to My Younger Me: Career Lessons from 100 Successful Women, podcast host, "Advice to My Younger Me," career coach and mentor, former C-suite executive at a Fortune 500 company, and former business lawyer.

JOHN HOPPENTHALER

Mail's In: The Epistolary Poem (p. 33) John Hoppenthaler's books of poetry are Night Wing Over Metropolitan Area, Domestic Garden, Anticipate the Coming Reservoir and Lives of Water, all with Carnegie Mellon UP. With Kazim Ali, he has co-edited a volume of essays on the poetry of Jean Valentine, This-World Company (Univ. of Michigan P). Professor of creative writing and literature at East Carolina Univ. For nine years, he served as personal assistant to Toni Morrison. His poetry, essays, and interviews have appeared in Ploughshares, Virginia Quarterly Review, New York Magazine, Southern Review, Poetry Northwest, The Literary Review, Blackbird, Southern Humanities Review, and many other journals, anthologies, and textbooks.

ROBERT HOPPER

American Movies That Have Changed History (p. 48); Music, Movies and the Vietnam War (p. 41) Bob spends his summers at Chautauqua. He is president of Chautauqua Science Group, helps Chautauqua's Archives and is a leader of the international Manuscript Society. For over 10 years Bob has taught classes on inventions, diplomacy and intelligence. In his earlier life he was in the U.S. Foreign Service where he worked on East-West Security, Congressional relations, management and training for the U.S. State Department.

TIM HORNER

The Nature of Genocide (p. 31)

Dr. Tim Horner earned his D.Phil. from Oxford Univ. where his doctoral work focused early Jewish/Christian Relations. Faculty member at Villanova Univ. since 2001. After 9/11 he began to focus on the religious justifications for atrocity. Since 2009 he has taught a course called "The Nature of Genocide." He also teaches on social justice and the Hebrew Prophets. His current research is focusing on early Christian identity.

TAMI S. HRITZAY

Drawing with Colored Pencil (p. 12); Kids and Colored Pencils (p. 10); Origami and Paper Sculpture (p. 9); The Artist Within (p. 24); Young Artists (p. 9)

B.S., art education, Edinboro Univ., PA. 30 years' teaching experience from the Navajo reservation to Pennsylvania. Ages range from kindergarten to adults. Art is my passion. I love to encourage the timid and bold to achieve their very best in art! I teach a variety of art forms. I am a cancer survivor of 52 years. I am thankful to be alive, my teaching and art reflect that.

HSING-AY HSU

Guided Conscious Listening (p. 40)
B.M., Juilliard; M.M., Yale; Steinway Artist,
William Kapell Int'l Competition Silver Medal,
Juilliard Petschek Debut Award, P&D Soros
Fellow, Gilmore Young Artist. Creator/host of
Conscious ListeningTM Seminars & Online Cafes.
Artistic director, Pendulum New Music, U of CO.
Rocky Ridge Adult Piano Seminar. Int'l Odyssiad
Festival clinician. Creative consultant. Info/videos
at hsingayhsu.com.

BEVERLY HUMBERT

Chocolate Tasting Around the World (p. 16) B.S., Frostburg State Univ., art education, Goucher College, M.E. 25 years' experience teaching art. Traveled to England, Scotland, Ireland and Italy and visited nearly every chocolate shop available. Studied chocolate tasting with Special Studies Instructor Karen Koch. Provided chocolate tasting opportunities for church women, military wives, tea parties and Chautauqua Institution. Chautauquan for 33 years.



JOLLY JANSON

Inflammation and Chronic Disease (p. 30)
B.A., Wake Forest Univ.; M.Ed. Kent State Univ.,
M.A. Antioch Univ. Midwest. More than 20 years'
experience as an educator, trainer and administrator
at the Univ. of Dayton, Lehigh Univ. and non-profit
agencies on topics related to well-being. Current
owner, Green Phoenix Transformative Health +
Wellness, a business providing health coaching
services to individuals and small groups.

DEAN JOHNSON

Harmonica (p. 39); Joy of Ukulele (p. 39) M.A., theater arts, Illinois State Univ. Has worked as an actor, stand-up comedian and musician traveling the United States and Canada and appearing in many venues including TV and Radio, theaters and comedy clubs. Has taught community classes for several years, including in Chautauqua Special Studies since 2014.

FREDERICK JOHNSON

What's Terroir?: Vineyard Walk & Wine (p. 16) Third-generation owner of Johnson Estate Farm and Winery, New York's oldest estate winery founded in 1961. He has spent over 30 years in general management and consulting in international food companies including Pepsico, Chiquita Banana, Harry & David, and Nature Sweet Tomatoes. He and his wife, Jennifer, have lived in Westfield, NY since 2013, and have made studied investments in vinifera grapes, including Riesling, Pinot Noir, and Chardonnay on their 300-acre farm.

KYLE JOHNSON

The Pulitzer Prize in Music: 2000 to Today (p. 41) B.M., Belmont Univ.; M.M., Longy School of Music of Bard College; D.M.A., Univ. of Wisc.-Madison. 20 years' performance experience and eight years' teaching experience at college and primary-instruction levels. Current professional within higher education and the arts; podcast producer on literary and contemporary music subjects; involvement in concerts/lectures at the Library of Congress and other D.C.-area organizations.

JEN JONES DONATELLI

Crafting a Narrative Timeline of Your Life (p. 36); Designing a More Creative Life (p. 43) B.S., journalism, Ohio Univ. 14 years' teaching experience for organizations and universities including Loyola Marymount Univ., Ohio Univ., StoryStudio Chicago, MediaBistro, Literary Cleveland, and more. Owner of Creative Groove, which offers classes, coaching and community around the topics of writing, creativity, freelance success, and the Artist's Way. Trained Co-Active coach and experienced group facilitator.

KATE JUNKER

Gentle Yoga (p. 26); Morning Chair Yoga (p. 26); Yoga Stretch and Strengthen (p. 26) B.A. French, Ohio Univ. 30 years' experience teaching French. Has taught adult education classes, seminars and workshops in yoga.



BARBARA KASPAREK MUTSCHELLER

Handcrafted Jewelry Inspired by the Natural World (p. 23)

A.A., College of Dupage; Art History, Penn State Univ. Sole proprietor of a community art gallery/ studio in Mayville, NY. Continues to pursue her passion for the visual arts with a series of sculpture installations throughout the northwest.

LISA KEARNY

Gentle Yoga for Flexibility and Stability (p. 26) Graduate of Columbia Univ. in occupational therapy, Lisa has studied yoga for over 20 years. She completed her RYT 200, therapeutic yoga training, and studied restorative yoga with Judith Lasater in New York City. Currently a student of the lyengar method, she has completed her lyengar yoga teacher training in Nashville, TN, and continues to work towards becoming an lyengar teacher.

MARIJKE KEMBLE

Unlock the Power of Intention (p. 42)
A.B., government, Harvard Univ.; MBA, Univ. of
Rochester. After 15 years of corporate experience
in finance and technology, Marijke returned to
early roots in meditation and philosophy. She now
works as a coach and mentor to people seeking a
deeper sense of meaning and integration in life.
Combining practical, evidence based methods
with spiritual, contemplative tools.

JANE KERSCHNER

At the Intersection of Retirement and Purpose (p. 42)

B.S., education, Northwestern U; M.A., human growth and development, George Washington U; Villanova Executive Coaching and Leadership Program; holds coach certifications in Newfield; International Coach Federation, Retirement Options Coaching. Over 40 years' experience in education as teacher, trainer, facilitator. Generates conversations for wise elders to explore issues of retirement, aging and well-being.

KIM G. KLOECKER

Drawing for Beginners (p. 13); Watercolors for Beginners (p. 12)

B.S., art education K–12, Edinboro State College. Professional artist and teacher for 35 years with 40 years in a variety of educational platforms for all ages and abilities. Numerous "Best of Show" honors and top art awards; noteworthy watercolor artist in northwestern Pennsylvania. Currently hosting watercolor workshops for beginner and advanced students.



MARTHA LAMB

Playful Posture Practice: Preventing Forward Head Posture (p. 29)

Obtained training and teaches yoga and Pilates in retirement; she leads students through mindful long breaths to lower blood pressure, develop more flexibility and openness, and access calmer grounding in life; she seeks to inspire with imagery that motivates.

SUSAN M. LARSON

Embracing Change and Transition (p. 43) M.Ed., NCC, Transition/Life Planning Coach based in Plymouth, MA. and Sarasota, FL. Specialize in customized life planning to provide a framework, process, steps and sounding board for thriving in midlife and beyond. Work with individuals, couples and groups, drawing on over 25 years of career, coaching and training experience. Facilitate numerous interactive, content-packed workshops and active in the Life Planning Network.

BETH LASSI

Beginning Mountain Dulcimer (p. 39); Mountain Dulcimer: All Levels (p. 40)

MBA, Union College. Varied musical background including dulcimer, concertina and piano. Has led workshops at Chautauqua and at numerous dulcimer festivals over the last decade. Teaches privately and has coauthored four dulcimer books.

BENJAMIN LEBWOHL

Melodies and Maladies (p. 41)
B.A., Harvard College (music); M.D., M.S.,
Columbia Univ. Gastroenterologist and
Epidemiologist at the Celiac Disease Center at
Columbia Univ., where he is Director of Clinical
Research. Director of Quality Improvement in
Digestive and Liver Diseases, Columbia Univ.
Medical Center.

LYNN LEFAUVE

Heart of Watercolor, Hand of Drawing (p. 12); One-A-Day Watercolor Workshop (p. 11); Watercolor and Collage Workshop (p. 12)
B.S., M.S., art education, Buffalo State College. Over 35 years' teaching experience, high school advanced courses in the visual arts. Teacher of the Year, Sweet Home HS, 1999. Chautauqua Institution Special Studies art instructor for over 20 years. Represented in public and private collections: Buffalo, Chautauqua, Florida, New York City, Italy, Washington D.C. Member Buffalo Society of Artists, over 15 years. CVA Exhibiting member.

PATRICIA LEMER

Beginning Beading (p. 22)

Self-taught lifetime craft hobbyist. Love to make things. Learning to bead is fast, portable and fun; it became Lemer's newest favorite hobby about 15 years ago. Necklaces, bracelets and earrings are so easy that they are the "go-to" idea for gifts, a night out or to match a new outfit.

PHILIP LERMAN

Hallelujah, Leonard Cohen! (p. 40)
Philip Lerman is a writer/producer from
Washington, D.C. He produced "America's Most
Wanted" on Fox and "Made in Spain" on PBS,
and was national editor of USA TODAY. Lerman
wrote Where Have All The Flowers Gone, about
the Woodstock Generation, and lectured in
Chautauqua in 2008 about his book Dadditude.

DAVID LESSARD

Dungeons & Dragons (RPGs) for First ... (p. 19) B.A., cognitive science, Univ. of Virginia; M.S., psychology, Univ. of Utah. User experience researcher for design. More than 20 years of gaming and role playing as a player and game designer/tester.

SALLY LEVINE

Graphic Novels and Comics (p. 9); Sketching Chautauqua's Architecture (p. 12)
A.B., Washington Univ.; M.Arch., Univ. of Illinois, Chicago. Principal, Levine Architecture & Design, Ltd. More than 25 years teaching university-level art, architecture and design; chaired visual studies at the Boston Architectural College; taught at the School of the Art Institute of Chicago; currently teaches architectural studios at Case Western Reserve Univ.

KAYE LINDAUER

Jungian Psychology (p. 47); Fairy Tales (p. 47); Labors of Heracles (p. 47); Self-Discovery (p. 47); Emily Dickinson (p. 47); Soul (p. 47); Crete (p. 47); Cinema and Psyche (p. 47); Narcissus and Narcissism (p. 47)

M.S., M.L.S., M.Div. Studied and taught psychology, literature and theology over last 45 years. Combines these disciplines to bring new dimensions of understanding to the world's great stories (mythology, fairy tales, bible stories). Taught at Syracuse Univ. for 30 years. Continues to study the writing of Carl Jung, leads retreats, teaches for Road Scholar and for Oasis (Syracuse, NY) and frequently lectures for various organizations. This marks her 31th year with Special Studies.

BETH LOFFREDA

Prose Workshop: How to Start (p. 34)
Beth Loffreda is the chairperson of writing at
Pratt Institute. She attended the Univ. of Virginia
and Rutgers. She is the author of Losing Matt
Shepard and co-editor of The Racial Imaginary:
Writers on Race in the Life of the Mind. After
teaching creative writing for 19 years in
Wyoming, she returned east in 2017 to join Pratt
Institute's new writing department as its inaugural
chair. Her more recent writing considers loss and
persistence in the context of climate change.

LEE LOWENFISH

Can Baseball Survive in the 21st Century? (p. 19) Pioneer in sports culture teaching in 1970s. Authored five books on baseball including awardwinning biography Branch Rickey: Baseball's Ferocious Gentleman, three editions of labor history of baseball, The Imperfect Diamond, and The Art of Pitching with Tom Seaver, and the latest being a history-homage to scouting Baseball's Endangered Species.

JIM LYNCH III

Joni Mitchell in the '70s (p. 40)
In the mid-1970s, Jim Lynch had a review published in a suburban New York newspaper and decided that he would pursue a career as a music journalist. In college, he wrote often for Columbia Univ.'s newspaper and many indie magazines around the country. Soon after that he detoured into concert promotion and artist management, in rock, jazz and classical. He was a fixture at CBGB.



MISA MARTIN

Agility Jump Start (p. 19); My Dog Can Do That!

B.A. Photography, Rochester Institute of Technology. *HudsonValleyDogTrainer.com*

MICHAEL MARTONE

A Cross-Sectional Workshop (p. 35) Michael Martone's newest books are Plain Air: Sketches from Winesburg, Indiana (2022) and The Complete Writings of Art Smith, The Bird Boy of Fort Wayne (2020). He has authored or edited over two dozen editions including recent books The Moon Over Wapakoneta (2018); Brooding (2018); Memoranda (2015); Winesburg, Indiana; and Double-wide (2007), his collected early stories. His memoir Michael Martone (2005) is writing in contributor's notes like this one. In 2000, The Flatness and Other Landscapes won the AWP Award for Nonfiction. His stories and essays have appeared in over 100 magazines and journals and have been featured or cited in Best American Stories, Best American Essays, and the Pushcart Prize.

JASON MAYNARD

Just Keep Singing: The Joy of Singing with Others (p. 39)

A native of Erie, PA, Jason Maynard lives in Atlanta, GA, where he teaches Upper School Choral Music at The Westminster Schools. He holds degrees from Baldwin Wallace, Cleveland State, and Georgia State universities. Jason sings baritone with the Atlanta Symphony Orchestra Chorus and Chamber Chorus, and has been a member of The Cecilia Ensemble, Uncommon Practice, and Coro Vocati.

JUDY MCCLURE

Reflecting Through Writing (p. 36)
Judy McClure earned her Ed.M. from Harvard
Univ. and has been teaching ever since. She
writes creative nonfiction that focuses on
relationships, identity, nature, and education. Her
writing is published in *Chautauqua*, WBUR's *Edify*,
805LitMag, and *HerStry*. She lives in Boston
where she teaches and writes.

RONALD MCCLURE

Music, Movies and the Vietnam War (p. 41) B.A., Geneva College; M.A., Univ. of Pittsburgh. Vietnam veteran, U.S. Army. Former National Security Agency employee. Retired from Alcoa after nearly 30 years, specializing in new business development for the corporation. Lifelong music appreciator/collector.

LAURA MCDONALD

Chair Yoga (p. 26); Morning Yoga Flow (p. 26) RYT200 yoga instructor and certified MELT instructor. 15 years practicing yoga, seven years practicing MELT, began teaching in 2021. Special interest in mindfulness, alignment, pain reduction, and making therapeutic movement accessible to all populations.

DEBRA MCKAY

Yin Yoga (p. 26)

I have been teaching yoga for nearly six years and my targeted audience is for those students that need a gentle approach as well as the traditional and untraditional students that enjoy a yoga practice. I use many options to facilitate a comfortable and satisfying class for my students. I teach weekly at the Botanical Gardens of Naples Fla. My scale of expertise is from pre/post natal to seniors.

TERRY MEEHAN

Filmmakers and Freedom of Expression (p. 50); Literature to Cinema (p. 48) BBA, Cleveland State Univ.; M.A., film and literature, Kent State U. 30 years' experience teaching and training in academic and corporate settings. Currently teaching humanities classes at Lorain Community College and continuing education classes at Case Western Univ. and Baldwin-Wallace Univ. Also curating and presenting a monthly film series at Lakewood Public Library.

SUSAN G. MERILA

PocketSketching For Fun and Travel (p. 11) B.A., Emory and Henry College. 23 years' experience in the U.S. Army as a military intelligence officer, with world-wide assignments. Since 2001, I have studied with numerous artists at their studios, as well as through The Drawing Studio, Tucson, AZ. I became a certified instructor of PocketSketching in March 2018, through study with Kath Macaulay at her Tucson studio.

PHILIP METRES

Hermit Crab Poetry: Finding Form (p. 33) Philip Metres is the author of 10 books, including Shrapnel Maps (2020), The Sound of Listening: Poetry as Refuge and Resistance (2018), and Sand Opera (2015). His work has garnered the Guggenheim Fellowship, the Lannan Fellowship, two NEAs, seven Ohio Arts Council Grants, the Hunt Prize, the Adrienne Rich Award, three Arab American Book Awards, the Lyric Poetry Prize, and the Cleveland Arts Prize. He is professor of English and director of the Peace, Justice, and Human Rights program at John Carroll Univ., and core faculty at Vermont College of Fine Arts.

JULIE METZ

The Art of the Scene in Memoir (p. 34)
Julie Metz is the New York Times bestselling
author of the memoir Perfection and Eva and
Eve: A Search for My Mother's Lost Childhood
and What a War Left Behind. She has written for
publications including: The New York Times, Tablet, Salon, Catapult, Next Tribe, Coastal Living,
Dame, and Oldster and she is the receipient of
fellowships from The MacDowell Colony, Yaddo,
and The Virginia Center for the Creative Arts.
Julie has been an author guest at The Everett
Jewish Life Center.

LIZ MILLER

Where to Invest Today (p. 14) B.S., The Wharton School, U of Penn.; M.A., Columbia Univ. President, Summit Place Financial Advisors, LLC, providing investment management to families that have outgrown a mass-market approach. Chartered Financial Analyst (CFA) and Certified Financial Planner (CFP®). Board of Directors CFP Board; past board CFA Society NY (NYSSA). Editorial advisor for Trusts & Estate Magazine. Regular guest in the media including MarketWatch, Reuters and Bloomberg.

PAUL MOCKOVAK

Zumba with Paul! (p. 27)

B.M., M.M., SUNY Fredonia; M.F.A., Univ. of Miami. Personal fitness trainer and group fitness, certified Zumba and Zumba Gold instructor; 25 years' university teaching, and 27 years' performing experience. Teaching: Univ. of Miami, Northern Colorado Univ., SUNY Fredonia. Performing: Dance Miami, Momentum Dance Company, Ballet Oklahoma, Ballet Randolph, Neglia Ballet, Chautauqua Regional Ballet, Shakespeare on the Lake.

DAVID MOLINA

Speech, Freedom, and Democratic Life (p. 31) B.A., English, Amherst College; M.A., curriculum and instruction, Univ. of Mississippi; Ph.D., communication - rhetoric and public culture, Northwestern Univ. 15 years' teaching experience undergraduate and high school; currently lecturer and undergraduate advisor in department of communication at Univ. of Pittsburgh. Recent courses: Public Speaking, Theories of Rhetoric, African American Rhetoric, Freedom of Speech and Press.

BOB MOORE, PH.D.

Intro to Qigong and Tai Chi for Health (p. 30); Joy and Resilience (p. 42)

Bob Moore has over 50 years of education and practice in professional psychology, He was educated at Fieliding Graduate Univ. (Ph.D.) and had post-doctoral training at Columbia Univ. He also obtained degrees from the Connecticut State Univ. System (B.A., M.Sc.). A Zen Buddhist, he has been practicing and teaching meditation since 1971. He has 25 years of practice and teaching in Taoist Style Tai Chi Chuan and Chi Kung.

DAVID MORIAH

Baseball Pairs II (p. 20)

David Moriah's baseball career began as a New York Mets batboy in 1963. Today he writes about baseball with articles appearing in several magazines including publications of Major League Baseball and the Baseball Hall of Fame. His interview with Ken Burns at Chautauqua appeared in the 2014 World Series program.

MAUREEN MORLEY

Lawrence Ferlinghetti (p. 37); Robert Frost (p. 37) B.A., M.A., English, John Carroll Univ. Doctoral work and defended dissertation on the poetry of Lucille Clifton, Case Western Reserve Univ. 2006. Professor Emerita, Cuyahoga Community College. Private tutor, editor, and writing consultant.

ELISE MORRISON

Improvisation for Teens and Tweens (p. 9) B.A., Univ. of Oregon; Ph.D., theater and performance studies, Brown Univ.; Mellon Postdoctoral Fellowship in Performance Studies, Yale Univ.; recipient of Award for Teaching Excellence, Harvard Univ. (2012). 15 years' experience teaching acting, theater, and public speaking courses to children, teens, college students, and adults. Currently assistant professor of theater studies at Yale Univ.

MIHAELA MOSCALIUC

Poetry Workshop: The Merge (p. 34) Mihaela Moscaliuc was born and raised in Romania. She is the author of three poetry collections — Cemetery Ink (2021) and Immigrant Model (2010), both from the Univ. of Pittsburgh Press, and Father Dirt (Alice James Books, 2010) — translator of Liliana Ursu's Clay and Star (Etruscan Press, 2019) and Carmelia Leonte's The Hiss of the Viper (Carnegie Mellon Univ. Press, 2014), editor of Insane Devotion: On the Writing of Gerald Stern (Trinity Univ. Press, 2016), and co-editor of Border Lines: Poems of Migration (Knopf, 2020). The recipient of two Glenna Luschei Awards from Prairie Schooner, residency fellowships from Chateau de Lavigny (Switzerland), Virginia Center for the Creative Arts, and MacDowell, an Individual Artist Fellowship from the New Jersey State Council on the Arts, and a Fulbright fellowship. She is the translation editor for *Plume* and associate professor of English and Graduate Program Directors (M.A. English) at Monmouth Univ.

RABBI FRANK MULLER, D.D.

Jewish Perspectives on Good and Evil (p. 45) B.S., Univ. of California, Berkeley; M.A., Hebrew Letters, Hebrew Union College; Rabbinic Ordination, Hebrew Union College; Doctor of Divinity (D.D.), Hebrew Union College. Nearly 40 years' teaching experience of adult education in congregational settings; currently named Rabbinic Scholar at Temple Shalom, Naples, FL, teaching adult education classes throughout the year. Sabbath Service Leader for Chautauqua Hebrew Congregation since 2007.

JEFF MURPHY

What's Terroir? Vineyard Walk & Wine (p. 16) Jeff is a graduate of Penn State with a degree in food science and has been Johnson Estate's winemaker for over 20 years. He combines a unique palate with the technical ability to produce wines of consistently high quality from the winery's Estate-grown grapes. Johnson Estate's portfolio now includes over 40 awardwinning wines, ranging from dry to sweet (including ice wines). He partners with owner Fred Johnson and will share knowledge about Johnson Estate creates quality wines — from "bud to

LENORE MYKA

Lists, Islands, and Epigraphs (p. 35) Lenore Myka is the author of King of the Gypsies: Stories (BkMk Press), the winner of the G.S. Sharat Chandra Prize for Short Fiction and a finalist for The Chautaugua Prize. Lenore's fiction and nonfiction have appeared in Virginia Quarterly Review, Poets & Writers, Quartz, New England Review, Five Points, and others, and have been recognized by the Best American series. She has received fellowships from the National Endowment for the Arts, the Hawthornden International Writer's Retreat, and the Millay Colony for the Arts. Her current book-in-progress, Where I Want to Be: Reflections on Home, was inspired by a move she and her husband made to St. Petersburg, FL.

N

JESSICA NAGY

Fabric Wreaths (p. 22); Mixed Media: Envision New Creations from Books and Paper (p. 22) Ed.S., M.Ed., school psychology, Kent State Univ., B.A., psychology, California State Univ. of Fresno. Nationally-certified school psychologist; Ohio Board of Psychology private independent practice school psychologist; practicing for nine years for children ages 3 through 22. Member of National Association of School Psychologists and Ohio School Psychologist Association.

TINA R. NEWELL

Chronic Pain Management: Low Back and Hip (p. 29); Chronic Pain Management: Shoulder and Neck Pain (p. 29)

B.S. Ed, social studies; A.A.S, Nursing; NYS LMT, certified myotherapist, somatic educator, Stanford Chronic Disease Self-Care & Smoking Cessation facilitator. Tina spent most of her career as an RN promoting the use of alternative therapies to assist healing. Now semi-retired, she uses her assessment skills in conjunction with movement and relaxation to reduce or relieve chronic pain.

JOHN NEWHALL

Stand-Up Paddleboard Group Lesson (p. 20) John Newhall has been an avid SUP competitor since 2011. He has experience in beginner and advanced level paddling instruction. John regularly paddles over 150 miles a year and has competed in group downwind events on Lake Ontario riding 2 to 5 foot waves for over 5-6 miles.

RANDON BILLINGS NOBLE

Prose Workshop: The Shape of Things to Come: How Playing with Form Can Invigorate Creative Nonfiction Work (p. 34)

Randon Billings Noble is an essayist. Her collection Be with Me Always was published by the Univ. of Nebraska Press in 2019 and her anthology of lyric essays, A Harp in the Stars, was published by Nebraska in 2021. Other work has appeared in the "Modern Love" column of The New York Times, The Rumpus, Brevity, and Creative Nonfiction. Currently she is the founding editor of the online literary magazine After the Art and teaches in West Virginia Wesleyan's low-residency MFA program and Goucher's MFA in nonfiction program.

GEORGIA NOBLE, ED.D.

The Soul of Aging (p. 42)

Doctorate in education; marriage and family therapist for 25 years; spiritual director and lay staff within the Episcopal Church 10 years. Currently facilitator with the Center for Courage & Renewal helping communities of faith realize their potential as agents of personal and social transformation. Co-creator, Soul of Aging curriculum.



JANUARY GILL O'NEIL

Poetry Workshop: Lean into Joy (p. 33) January Gill O'Neil is an associate professor at Salem State Univ., and the author of Glitter Road (forthcoming, 2024) Rewilding (2018), Misery Islands (2014), and Underlife (2009), all published by CavanKerry Press. From 2012 to 2018, she was the executive director of the Massachusetts Poetry Festival. Her poems and articles have appeared in The New York Times Magazine, the Academy of American Poets' Poem-A-Day series, American Poetry Review, Poetry, and Sierra magazine, among others. The recipient of fellowships from the Massachusetts Cultural Council, Cave Canem, and the Barbara Deming Memorial Fund, O'Neil was the 2019–2020 John and Renée Grisham Writer-in-Residence at the Univ. of Mississippi. She currently serves as the 2022-2023 board chair of the Association of Writers and Writers Programs.

ROBIN OLIVER

19th Century French Poetry (p. 36) B.A., M.A., modern and medieval languages, Clare College, Cambridge; M.Ed., DePaul Univ. 23 years' teaching experience high school French, Spanish, and Italian; currently teaching foreign language at North Atlanta High School, Atlanta. Golden Apple winner Highland Park High School, IL, 2004. Alliance Francaise teacher.

RABBI COOKIE LEA OLSHEIN

How (and Why) to Be a Good Friend in the Jewish Tradition (p. 44)

Rabbinic Ordination/M.A. Hebrew Letters, Hebrew Union College-Jewish Institute of Religion. J.D., California Western School of Law. Former Statewide Chair, State Bar of Nevada Continuing Legal Education Committee. Senior Rabbi, Temple Emanuel of Tempe, AZ. Board Member, Central Conference of American Rabbis. Religious Action Center of Reform Judaism, National Leadership Team (2023 Campaign). 18Doors.org Interfaith Fellowship.

DR. KRISTEN L. OLSON

Shakespeare and Social Justice (p. 38) B.A., Colby College; A.L.M., Harvard Univ.; M.A., Ph.D., Case Western Reserve Univ. English professor at Penn State for 20-plus years teaching the enthusiastic and the reluctant, alike. Recipient of teaching awards from Case Western Reserve and PSU, and author of multiple publications on 16th- and 17th-century literature and culture, and *The Patterns that Make Poetry*, forthcoming from Routledge. Occasional dramaturg for Shakespearean theater.

EDWIN E. OLSON

The Consciousness Worldview (p. 45)
B.A., philosophy, St. Olaf College; M.S., pastoral counseling, Loyola College; Ph.D., government, American Univ. Author: The Consciousness Worldview: Implications for Individual and Organization Change (2023), Become Conscious of Wholeness: Humanity's Only Future (2021), And God Created Wholeness (2018); Finding Reality (2014); Keep the Bathwater: Emergence of the Sacred (2009); 40 years' university teaching; adjunct professor, UMGC.

LORNE OPLER

All Abilities Barrier Free Strength Training (p. 28) M.Ed., health education and health promotion, Univ. of Texas at Austin. 20 years' experience in the fitness and wellness industry including 10 years teaching at the community college level; personal training for older adults and group fitness classes focusing on strength training exercises for people of all ages/abilities.

ELIZABETH OYLER

Japan, Cinema, and the 1950s: Mizoguchi, Ozu, Kurosawa (p. 31)

B.A., Japanese, Univ. of Pittsburgh; M.A., Japanese, Univ. of Wisconsin; Ph.D., Japanese, Stanford Univ. 20 years' teaching experience at public and private univerisities; currently teaching Japanese literature, classical language, and performing arts at the Univ. of Pittsburgh. Student of Heike biwa performance.



DEBBIE PENLEY

Intro to Feltmaking (p. 24)

Over 10 years' experience teaching ceramics, soap-making, and felt-making to children and adults in classrooms and workshops. Active ceramicist and feltmaker selling both online and at various art fairs/shows. Active member of several artisan guilds.

CHRISTINE PERRY

Spanish for Travelers (p. 32)

B.A., psychology, M.A., education, Allegheny College. Native Language Literacy (Spanish) and ESOL certifications, Hamline Univ. Over 30 years' experience teaching in English and Spanish, Peace Corps volunteer in Honduras, resident of Costa Rica for four years. Coordinated Spanish immersion groups to Guatemala. Frequent traveler to over 12 Spanish speaking countries.

MAUREEN PHILLIPS

"Essaying": The Art of Written Reflection (p. 36) Ph.D., English rhetoric, UW, Seattle; M.A.T., English, UW; B.A., English/writing emphasis, UW. Taught college writing in all genres for over 30 years. Private educational consultant since 2012 specializing in coaching doctoral dissertation writers to successful completion of their programs. Since fall 2018, teaching memoir writing to seniors through Univ. of Arizona's Osher Lifelong Learning Institute and Chautauqua.

JAN PHILLIPS

No Time for Ordinary: The Rise of Evolutionary Creativity and Spiritual Intelligence (p. 45) B.A., human and community services, Empire State College (SUNY); M.A., photo communications, Syracuse Univ. She is the author of 11 books, three CDs and several videos which explore the connections between creativity, spiritual intelligence and social action. She has been leading retreats and workshops throughout the United States, Canada and Europe since the 1980s.

DIANNA PLOOF

Beginner Swing and Salsa for Fun (p. 18) Ed.D., education, Univ. of Massachusetts. Retired Assistant Professor of Pediatrics, Co-Director Department of Pediatrics Office of Faculty Development, at the Univ., of Pittsburgh School of Medicine; Children's Hospital of Pittsburgh of UPMC. Dance instructor since 2008, 25-plus years of dance experience.

RUTH POWELL

Stephen Sondheim: A Study of Sunday in the Park with George (p. 40)

B.M., organ performance, Illinois Wesleyan Univ.; M.Ed., Univ. of Virginia. 32 years' teaching experience in Fairfax County Schools, part-time consulting teacher, new teacher mentor, Educator of the Year for Phi Delta Kappa, 1979. Teacher: The Skillful Teacher course, Fairfax County Public Schools. Sang with The Washington Choral Arts Society, Washington D.C. for 11 years.

FEDERICA PROIETTI

Italiano, Pronti e Via! (p. 32)
Native Italian speaker form Treviso, Italy. B.A., IULM, Istituo Universitario di Lingue Moderne, Italy; M.A., educational technology, NJCU. 11 years' teaching experience as Italian teacher in Red Bank Regional High School, teaching all levels from basic Italian to Italian AP. Advisor for the National Italian Honor Society and coordinator of instructional technology. Board Member of ITAN Italian teachers N.J.

R

PAUL RADER

Appalachian History and Culture (p. 31) B.S., Pikeville College; M.Div., Union Theological Seminary; D.Min., Columbia Theological Seminary. Thirty years of ministry in the Presbyterian Church (U.S.A.) in Ky., W.Va., and Tenn., including six years as director of the Coalition for Appalachian Ministry. Author of numerous articles and writings on Appalachia. Congregational consultant for churches in Appalachia. Former secunded staff for the Commission on Religion in Appalachia.

JAYASHREE RAO

Mindfulness in Wellness and Illness (p. 43)
Dr. Jayashree Rao is a retired pediatric
endocrinologist, who spent 30 years teaching,
researching and practicing medicine at LSU Health
Sciences Center and Children's Hospital in New
Orleans. Having received training in Mindfulness
Based Stress Reduction, and other courses by
Mindful Schools, Mindful Leader, and Mindful
Education, she now teaches others employing
techniques offered by psychotherapist Dave Potter.

EDITH (EDIE) RASELL

Biblical Instruction for a Just Economy (p. 45) Ph.D., economics, American Univ.; authorized minister, United Church of Christ. Minister for Economic Justice, United Church of Christ, for 15 years. Economist, Economic Policy Institute, 12 years. Author of *The Way of Abundance: Economic Justice in Scripture and Society* (Fortress Press, 2022).

KOHENET MIKI RAVER

Kabbalage: Explore Kabbalah through Collage (p. 23); Listen to Her Voice (p. 45)
Kohenet Miki Raver is author of Listen to Her Voice: Women of the Hebrew Bible, a Jewish bestseller, and She is Wisdom: A Celebration of the Feminine Divine. She serves on the clergy team of Burbank Temple Emanu-El and is director of Camp Isabella Freedman, a Jewish sleepaway camp for seniors. Her transformative and interactive classes touch the minds and hearts of the participants.

TIMOTHY J. REDMOND

Dumbocracy in America (p. 50); Ideo-Illogical: How to Evaluate Political Arguments (p. 50) Dr. Timothy J. Redmond, a graduate of Canisius College, received his M.A. and Ph.D. in political science from SUNY at Buffalo. Redmond is an award-winning high school teacher, an adjunct professor, and a prolific writer. He is also an associate director for the Academy of Human Rights and the director for the Holocaust Resource Center's annual conference for educators. Redmond's teaching and writing focus on critical thinking and American politics.

STEPHANIE REH

Ambition Ignition: Ignite Your Purpose (p. 43) B.A., psychology, Univ. of Rochester; M.S., strategic leadership, Roberts Wesleyan College. Several years' experience designing and delivering leadership development programs, individual and group coaching as Accountability Evangelist. Entrepreneur and executive, on a mission to help more people to serve more people and teach people how to hug themselves accountable.

JOHN H. REID III

Sports Photos of My Children (p. 43) B.S., journalism, Arizona State Univ., 1980. Team photographer, Cleveland Browns 1981–1995, 1999–2018 (the Browns did not play 1996–1998). Work had appeared in all major publications including *Sports Illustrated* and *The New York Times*, to name a few.

RACHEL ROBERTS

Creative Movement (p. 18); Math Game Fun (p. 8) B.S., education, SUNY Fredonia; Masters, reading instruction, SUNY at Buffalo. 10-plus years elementary school teacher Kenmore, NY. Music Together Training and Certification 2013. Many many years of teaching children in classrooms and families music classes at churches, schools, and community centers. Dancability 2022 volunteer dance instructor for children with special needs.

NANCY ROSENBERGER

Yoga for Flexibility (p. 27)
B.A., College of Wooster; Ph.D., Univ. of
Michigan. Kripalu-certified teacher of yoga,
specializing in mindful yoga. 30 years' experience
teaching and researching in cultural anthropology.
Zen practitioner, lifelong Chautauquan, hiker.

NANCY ROSS

Strengthen Your Presence, Engage ... (p. 42) B.A., arts & humanities, Kirkland (Hamilton) College; M.Ed., Goucher College. Associate adjunct professor/career counselor at Fashion Institute of Technology 30-plus years; executive presence coach and marketing consultant/stylist brings joyful creativity and unexpected solutions with a highly refined taste level that perfects in-person and virtual delivery in business and informal settings.

DR. DAVID RUDGE

Music for Everyone (p. 39)

B.M., Hartt School; M.M., U of Houston; D.M.A., USC. For over 30 years, David Rudge has led clinics and playshops on improvisation in the U.S. and internationally for all age groups. While the director of orchestras at SUNY Fredonia, he founded The Improv. Collective, a performing ensemble dedicated to free improvisation for self-expression for over 20 years. *NoWrongNotes.com*

KATHERINE RYBAK TORRES

Beginner Copperplate Calligraphy (p. 22); Italic Calligraphy (p. 22)

B.A., Providence College. Has been doing calligraphy for 30 years and remembers fondly courses at Chautauqua with Joan Belz. Owner, Queen Street Calligraphy, Alexandria, Va.; member of the Washington Calligraphers Guild, member of IAMPTH.

MARY SHEA RYS

Oral Storytelling for Adults (p. 48) B.S., education, SUNY at Buffalo; M.S., reading specialist, Dowling College; C.A.S., educational leadership, SUNY Cortland. 41 years' teaching experience elementary level; currently teaching storytelling at Liverpool Public Library, Liverpool, NY. Recipient, LCSD Teacher of the Year, 2010. Recipient, Exceptional Women of Central New York Educator of the Year, 2023. Professional storyteller, performer and educator, Central New York region.

S

SHARON SANTILLO

Using Photos to Write Your Stories of Family and Friendship (p. 35)

Sharon Santillo uses family photos to lead writing workshops and preserve family stories. She is a certified art and writing trainer for the Univ. of New Hampshire and a Massachusetts Art Teacher of the Year (2011). She has led family story workshops for adults since 2004. www.familystoriesthroughart.com

LEN SAUERS

Environmental Sustainability (p. 46) Ph.D., toxicology. Adjunct professor of sustainability, Xavier Univ. Retired vice president of global sustainability, The Procter & Gamble Company.

ZACH SAVICH

Sound and Rhythm and Music and Noise: Playing with Poetic Form (p. 33)

Zach Savich is the author of six books of poetry, including *Daybed* (2018), and two books of nonfiction. His work has received the lowa Poetry Prize, the Colorado Prize for Poetry, the Cleveland State Univ. Poetry Center's Open Award, and New American Poet recognition from the Poetry Society of America. It has appeared widely in journals and anthologies including *American Poetry Review, Best New Poets, Boston Review*, and *Kenyon Review*. Savich is the Chair of Liberal Arts at the Cleveland Institute of Art and program faculty with the Univ. of the Arts' Ph.D. in creativity.

LAURA SCALZO

Free Write: The Joy of Discovery (p. 34)
Laura Scalzo is the author of two novels, The
Speed of Light in Air, Water, and Glass
(2018), praised as "lyrical and insightful," and
American Arcadia (2023), "a gorgeous riff of
a New York City novel." Her shorter work has
appeared in various literary magazines including
Had, Ellipsis Zine, Reflex Fiction, and the
Grace & Gravity Series. She lives in Washington,
D.C. Find out more about her at laurascalzo.com.

SUZANNE ADELE SCHMIDT, PH.D.

The Soul of Aging (p. 42)

Ph.D., M.Div. Founder of The Heart of Aging and dedicated to accompanying those on the journey of growing older. Project director for Soft Landings in Retirement, a program for nearly and newly retired clergy women. Trained facilitator for The Soul of Aging. Served as adjunct professor at the Univ. of Maryland and has taught courses at Chautauqua. Developed and facilitated Boundary Awareness Training for Retired Clergy Women.

DONNA SCHUELE

The Long 1960s: Did the Center Hold? (p. 31) Ph.D., jurisprudence and social policy, J.D., Univ. of Cal., Berkeley; B.A., mathematics and history, Case Western Reserve Univ. Member, State Bar of California. Faculty member, California State Univ., Los Angeles; formerly, Univ. of California, Irvine (Lecturer of the Year, 2013). Judicial law clerk, U.S. Court of Appeals, Ninth Circuit. Distinguished Lecturer, Organization of American Historians.

RICHARD SCHULER

Hand Drumming for Fun (p. 39)
B.S., Waynesburg Univ. Lifelong percussionist.
Current teacher of hand drumming and drum
set. Facilitator and founder of Jamestown
Thunder Drum and Dance circle. 20 years'
experience leading drumming workshops and
rhythm events. He has worked at St. Bonaventure
Univ., Jamestown Community College, Lilydale
Assembly, Aspire of Western NY and many
festivals throughout Chautauqua County.

AL SCOPP, PH.D.

Longevity Science (p. 30)
B.A., Cornell Univ.; Masters, Yale Univ.; Ph.D.,
biomedical research, Duke Univ. Co-founder,
Co-director, Northern California Headache Clinic
1980-2018; treated over 3,000 severe headache
patients. California Board of Medicine approved
continuing medical education instructor on
longevity.

SANDY SHELENBERGER

Colorful Batik with Soy Wax (p. 25); Easy Shibori Dyeing (p. 25); Stitched Shibori (p. 25)
A.D., nursing, Kent State Univ. Ashtabula
Campus, 1981. Maker of quilts and textiles for over 35 years, having studied with well-known fiber artists. Have taught numerous workshops in fabric dyeing, Shibori, indigo dyeing and surface design on fabric, as well as encaustic techniques. Recipient of Award of Excellence, Best of Ohio, 2014, Ohio Craft Museum.

FRANCIS SHOR

U.S. Solidarity Networks with the Global South (p. 32)

B.A., Univ. of Pittsburgh; M.A., Ph.D., American studies, Univ. of Minnesota. Nearly 55 years' teaching experience at the university level. Many awards for scholarship and teaching.

SUZANNE SHULL

Ukulele and You (p. 39)

M.M.Ed., GA State Univ.; 30 years' teaching experience teaching general and choral music grades K–12 in public schools in metro Atlanta. Teaching associate for NAfME sponsored Teaching Guitar Workshops for 19 years. GA Music Educators "Distinguished Career Award" 2000. Consultant for music education and advocacy. Promoter of life-long learning in the area of active music making.

BARUCH SIENNA

Intro to Hebrew Letters (p. 32)

Master Jewish educator who has worked as a teacher, curriculum developer and director of education, teaching children and adults. Has taught calligraphy workshops and is also an artist. Has designed logos, websites and Jewish wedding contracts (ketubot) for couples as well as for *ketubah.com*. Currently serves as director of Aleph Technology and typesets quality Hebrew documents such as prayerbooks.

BILL SIMONS

Baseball as a Prism to Jewish Experience (p. 19) B.A., Colby College; M.A., Univ. of MA; D.A., history, Carnegie Mellon Univ. History professor, 1977–2022, SUNY Oneonta, sport and ethnic history. Chancellor's Award Excellence in Teaching. Co-director, Cooperstown Symposium on Baseball and American Culture. Speaker, NY Council Humanities. Editor of 12 baseball books and author of numerous baseball articles, essays, reviews, and columns.

CHARLES SKINNER

Literary Culture of Europe's Cities (p. 31)
Berlin Desk Officer at State when the Wall fell,
Charles Skinner, Ph.D. (modern European history,
Harvard, 1979), has taught foreign policy and
diplomacy and international history for the past
12 years at Pitt's Grad School of Public and
International Affairs. His dissertation was about
fin-de-siecle Berlin. His career at State 1979–2006
focused on Europe, including tours in Belgrade,
Hamburg, Bonn, Brussels (USNATO), and London.

JOANNE SPENCE

Embodied Writing (p. 36); Kind Yoga (p. 27) M.A., ERYT 500. Award-winning author, poet, and yoga teacher. Her latest book is *Trauma-Informed Yoga Card Deck: 52 Self-Guided Practices to Calm, Balance, and Restore the Nervous System.* Joanne trains and teaches all sorts of amazing people, nationally and internationally. She has taught yoga in prisons, hospitals, schools, churches, and sometimes on street corners. She specializes in working with adults and children who are experiencing chronic pain, trauma, depression and anxiety.

PAM SPREMULLI

Kids Create Chautauqua (p. 8)

B.S., marketing, minor fine arts, Niagara Univ. Continued studies, School of the Museum of Fine Arts Boston. Over a decade of experience in advertising, education and the creative arts. Adjunct professor at the Cleveland Institute of Art. Award-winning graphic illustrator, exhibiting artist, published illustrator of three children's books, muralist and featured Cleveland artist in several publications, including *The heART of Cleveland*.

NANCY STANLEY

Bon Voyage: The Rights and Rules of Air Travel (p. 50); Finding Your Funny (p. 46)
Standup comic since 2011 and founder of "The Estrogen Hour," a comedy show helping women (and others) find their comedic voices and conquer their fears of getting on stage.
Former college teacher/administrator; lawyer; TV journalist. B.A, political science, Univ. of Arizona; J.D., Southern Illinois Univ. Lawyer/educator since 1990. Assistant dean at Univ. of Arizona College of Law.

JANICE STEFKO

From Blooms to Brushstrokes (p. 12); Loose-Floral Painting with Gouache (p. 12) M.A., Duquesne Univ.; B.F.A., graphic design/illustration, Ohio Univ. After several years designing award-winning books, posters, and campaigns, Janice began using soy-based inks and recycled papers. Her theses paper on the importance of improving environmentally-conscientious options in the paper, printing, and ink industries won her recognition from Champion Papers. Janice continued to explore this theme in her classes and artwork.

REBECCA STEINBACK

Tai Chi for Health (p. 29)

B.A., biology, Austin College; M.S., science education, Univ. of Wisconsin. 34 years' experience teaching biology and chemistry at a private girls boarding school. Receipient of many teaching awards and commendations during tenure as high school teacher. Currently studying and teaching Tai Chi using Dr. Paul Lam's teaching method.

STEPHEN STOUT

Two Plays: Interpretation and Performance (p. 37)

B.F.A., Southern Methodist Univ. 30 years' professional acting and directing experience in NYC. 19 years teaching high school theater.

CHERYL SYTA

Inflammation and Chronic Disease (p. 30) B.S., nursing, Univ. at Buffalo; M.S., adult nurse practitioner, Univ. at Buffalo. 14 years' oncology experience in hospital and community settings; currently practicing with Saratoga Hospital, Saratoga, NY; and Functional Medicine Health Coach Candidate, anticipated graduation Feb. 2023. Board certification in oncology, and member Oncology Nursing Society.

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BRETT TAYLOR

Master Class: Posters for Positive Change (p. 11) B.F.A., drawing, Univ. of Florida; M.S.A., printmaking, The Ohio State Univ. Print-based artist and art educator from South Florida, currently based in Columbus, OH, as the visiting professor of printmaking at Denison Univ. Taylor has six years of teaching experience in community and university print shops and was the lead printmaker at Chautauqua Visual Arts in 2022.

LARRY TERKEL

Yoga for Life: Experience the Joy (p. 27) B.S., MBA, Cornell Univ.; M.A., philosophy/ religion, Kent State Univ. E-RYT500 and one of America's most experienced yoga/meditation teachers: 20-year student of BKS lyengar. Founded Spiritual Life Society Yoga Center (oldest in Midwest) in 1978. Bestselling author of Small Change (Penguin 2004) and How to Meditate (Carrot Seed 2011). Professor of religion, Kent State, Senior Olympic swimming champion.

REBECCA R. TODD

Vinyasa Yoga for Mindful Fitness (p. 26) Ph.D., communication, Univ. of South Florida; M.P.H., public health; M.A., anthropology. 11 years' teaching experience, college anthropology faculty, Honors College Faculty, program director. Yoga instructor (200HR YTT) with experience teaching Vinyasa power, heated, and gentle classes to all levels.



RAMI VAMOS

Melodies and Maladies (p. 41)

Combining his talents as a guitarist, educator, writer, and composer, Rami Vamos has created a wide array of original musical events ranging from children's theater to concert music. His shows encourage people of all ages to explore classical music. Vamos works closely with the Chamber Music Society of Lincoln Center as a curriculum planner, writer, composer, and host for both their Chamber Music Beginnings concert series and CMS KIDS series.

THOA VAN SEVENTER

Vinyasa Flow Yoga (p. 26)
Studied French since kindergarten, lived in
France and worked at Air Liquide (Paris) for
years, worked at pharmaceutical companies in
the Bay Area. Avid swimmer and Ashtanga yoga
practitioner; currently certified yoga teacher for
adults and athletes at studios and corporates in
Palo Alto, Mountain View, CA.

GRANT VANCE

MatchPoints: A Deadly Game of Overtricks (p. 19) Grant Vance and his wife Jessica are Diamond Life Masters, with many top 10 finishes in Open National Bridge Events. We have a passion for teaching bridge in San Francisco/Oakland, where we have taught dozens of bridge classes on advanced bidding and play topics.



SUSAN WALZER

Drawing Out Your Inner Artist (p. 13)
A.B., English, Brown Univ.; M.S.W., Smith College School for Social Work; Ph.D., sociology, State Univ. of New York at Albany. 25 years of teaching as a professor at Skidmore College. Prior experience includes positions as a mental health therapist and consultant. susanwalzer.com

MICHAEL WATERS

Poetry Workshop: The Merge (p. 34) Michael Waters' recent books of poetry include Sinnerman (Etruscan Press, 2023), Caw (BOA Editions, 2020), and The Dean of Discipline (Univ. of Pittsburgh Press, 2018). Darling Vulgarity (BOA Editions, 2006) was a finalist for the Los Angeles Times Book Prize. His coedited anthologies include Border Lines: Poems of Migration (Knopf, 2020), Reel Verse: Poems About the Movies (Knopf, 2019), and Contemporary American Poetry (Houghton Mifflin, 2006). His poems have appeared in Poetry, American Poetry Review, Paris Review, Yale Review, Kenyon Review, Georgia Review, and Gettysburg Review. A 2017 Guggenheim Fellow, recipient of five Pushcart Prizes and fellowships from the National Endowment for the Arts, Fulbright Foundation, & NJ State Council on the Arts, he lives without a cell phone in Ocean, NJ.

PETER WENZ

Animal Rights (p. 48); Human Rights in Conflict (p. 48)

B.A., Binghamton Univ.; Ph.D., Univ. of Wisc. 35 years teaching at universities, including Univ. of Illinois, Oxford Univ. (England), and Canterbury Univ. (New Zealand). Eight books published by such presses as Oxford Univ. Press, MIT Press, and McGraw-Hill. He has lectured in England, Scotland, Ireland, France, Germany, China, Australia and New Zealand, and is one of the people who simultaneously coined the term "environment justice."

ELAINE WERTHEIM

A Restless Vision: Baroque Art in the 17th Century (p. 11)

B.A., art history, M.A., George Washington Univ.; assistant professor of art history, Northern Virginia Community College. Currently teaching art history and film classes, Mt. Lebanon Continuing Education; writer, Mt. Lebanon Magazine; 2001 winner of Golden Quill for outstanding magazine feature article.

SAMUEL WHITMORE

Wine Tasting Classes (p. 17)
Samuel Whitmore — certified sommelier, WSET level 3 certificate in wine, and wine merchant — brings 14 years of winery management in California and 12 years as owner of Bag & String Wine Merchants. With a deep knowledge of wine making, grape growing, California and international wines, his classes deliver a wealth of wine knowledge.

BETH WIGHTMAN

Modernism Revisited (p. 37)

B.A., English, Barnard College; M.A., Anglo-Irish literature, Univ. College Dublin; M.A., Ph.D., English, Univ. of California, Los Angeles. 28 years teaching university level courses in modernism, 20th-century British literature, and Irish studies. Chair and professor of English, California State Univ., Northridge. Former General Education Honors Director.

NANCY WILKINSON

Pastels: See It, Draw It, Become It (p. 12) B.A., Pacific Lutheran Univ.; M.A., arts ed., Seattle Pacific Univ. 37 years of teaching. Currently teaching art to adults at Canyon Ranch Resort in Tucson. Received two Fulbright Scholarships to India and South Africa. *quietmoonphotos.com*

KATHERINE WILLIAMS

Chess: Beginner to Intermediate (p. 9) B.S., Kent State Univ.; M.D., Northeast Ohio Medical Univ.; M.P.H., Univ. of Pittsburgh. Instilled skills and love of chess in four sons, from preschool to college, and over 10 years' experience teaching chess to students and making it enjoyable for grades K–12.

JAMES WOHLER

Self-Defense and Aiki/Karate Skills (p. 28) B.S., finance, Pennsylvania State Univ. 20 years teaching martial arts, Black Belt since 2004. Middle office manager, Intesa Sanpaolo, NY, NY.

SHANNON WOHLFORD

Creating Healthier Communities: Bringing a Blue Zone Project to Town (p. 48)
B.S., journalism, Radford Univ. 15 years of nonprofit experience including fundraising, marketing, event planning, volunteer coordination, grant writing, public relations and communications. Currently serves as marketing manager for Blue Zones Project and oversees a variety of marketing and communication needs of more than 70 blue zone communities across the United States.

GEORGE WOIDECK

Create the Mosaics of the Mediterranean (p. 24) Owner, Artisan Architectural Ceramics and Restoration creating installations in mosaic and ceramic tile for schools, hospitals, businesses, public places and performing art centers. Long term artist-in-residence, Ohio Arts Council. Exhibitions in galleries and museums in Cleveland, Chicago and New York. Keynote speaker, National Architectural Ceramics Conference.

JEFFREY WOOD

Legal Literature that Changed the World (p. 38); Probing Myths About the Supreme Court (p. 31); Understanding Legal and Illegal Censorship (p. 32) B.A. with Honors, College of William and Mary; J.D., Northwestern Univ. School of Law. Over 30 years' experience as a corporate attorney, specializing in banking and financial services. Writes and practices law in Chicago. Previously taught Special Studies courses at Chautauqua on the future of the Supreme Court, the Electoral College, freedom of religion, and assisted suicide.

ELIJAH WRIGHT

Agave: The Humble Piñas of Noble Spirits (p. 16); Cocktail Bitters: An Overview (p. 16); Gin and Vodka: What's the Difference? (p. 16) B.A., English, SUNY Univ. at Buffalo. Three years' experience tending bars, as well as extensive cocktail and spirits research. Currently the main spirits consultant for Bag & String Wine Merchants. Recently co-wrote and self-published a cocktail book. Frequent host for the homemixology cocktail web series, "Expressed."



PEGGY ZORN

Kids in the Kitchen: Baking 101 (p. 10); Let's Bake Together (p. 10)

Continental School of Beauty Culture and Wilton Cake Decorating. Making the world a beautiful place with clothing, hair styles and confections. Costumer for 10 schools and owner/stylist at Lockeworks Salon. Teaching students how to design and build costumes for theatre productions and fashion shows. Baker for private individuals.

MARY KAY ZUVALEFF

Prose Workshop: Write Your Book (p. 34) Award-wining author of American Ending, which weaves Russian fairy tales and fables into a family saga set in the coal mines of Appalachia. Her third novel, Man Alive!, was named a Washington Post Notable Book, and her essays and short stories have appeared in American Short Fiction, Los Angeles Review of Books, The Atlantic, and numerous anthologies. She received the American Academy's Rosenthal Award, the James Jones Novel Award, and Artist Fellowships from the D.C. Commission on the Arts. She has written extensively for the Smithsonian and has taught writing just about everywhere.

How to Register

ONLINE

LEARN.CHQ.ORG

Visit *learn.chq.org* to browse the online catalog and register for a class.

BY PHONE

Call 716-357-6250 during office hours. Have your course selections and credit card ready when you call.

IN PERSON

Pre-season: Through June 23, stop in at the Main Gate Welcome Center Ticket Office during open hours.

During season: Beginning June 25, register at the Special Studies office in Hultquist Center and Main Gate Ticket Office.

TICKET OFFICE HOURS

Main Gate Welcome Center Ticket Office

716-357-6250, option 5 (Located off Rt. 394)

Hours through June 24

Tuesday–Friday 10 a.m.–4 p.m.

Hours June 19-23

Monday–Friday 10 a.m.–4 p.m.

Hours starting June 24

Daily 8 a.m.–8 p.m.

Recommended GPS address is:

1 Massey Avenue, Chautauqua, NY 14722

Visit *chq.org* for additional information regarding driving directions, transportation, and maps of the grounds.

SPECIAL STUDIES OFFICE HULTQUIST CENTER

Open June 19-Aug. 25 716-357-6348

- •Located on second floor of Hultquist Center.
- •Self-service registration kiosks available during office hours.
- •Visit the office for assistance with registration and general questions about classes at Chautauqua.

2023 Hours

Sunday 12 p.m.-3 p.m.

Monday-Tuesday 8 a.m.-4 p.m.

Wednesday-Thursday 8 a.m.-3 p.m.

Friday 8 a.m.-1 p.m.

Saturday Closed

General Information

ADVANCE REGISTRATION REQUIRED

Advance registration is required, and students are encouraged to register for a course as early as possible to avoid disappointment.

PROCESSING FEE & RECEIPTS

A \$10 processing fee will be added to each order placed online or by phone. You will receive a confirmation and receipt by email following your successful online registration.

PAYMENT OPTIONS

Visa, MasterCard, American Express and Discover are accepted as payment for phone, internet and in-person orders. Credit cards, cash and gift cards are accepted for in-person registration.

CONTACT INFORMATION

A current email address and phone number are required during registration in cases of course cancellation or important information from the course instructor.

AGE

Age limits are set by instructors based on course content and will be adhered to.

MATERIALS LIST

Please note that many instructors provide a list of recommended or required materials for students to bring to class. These courses are noted with the cion, and the accompanying materials lists can be found at *learn.chq.org*.

MATERIALS FEE

If listed, the materials fee should not be included in tuition payments, but instead must be paid directly to the instructor on the first day of class. The materials fee represents the approximate cost to purchase materials from the instructor or independently. You will see the sicon next to any class that requires a materials fee.

WAIT LIST

If a class is full at the time of registration, you may request to be added to a wait list. If space becomes available, acceptance into the class is made only from this wait list. You will be notified by phone and/or by email if there is availability. A valid email address and phone number are required to be placed on the wait list.

MEET AND GREET

To learn more about this summer's Special Studies offerings once you've arrived on the grounds, attend the Meet and Greet from noon to 3 p.m. every Sunday. Located on Odland Plaza in front of Hultquist Center, the event features many instructors on hand to display sample course items (crafts, paintings, mosaics, books, etc.) and answer any questions about their course. Registration is also available during this time in the Special Studies office on the second floor of Hultquist Center.

64 REGISTRATION SPECIAL STUDIES 2023

The following classrooms are accessible by

ONE-DAY ATTENDANCE

No single-day sign ups are available this year. Registration is for the full week only and in advance of arriving at the designated classroom.

COURSE TRANSFERS AND CHANGES

Within 24 hours of the first meeting of a course, students may, if necessary, elect to change or transfer their registration by visiting the Special Studies office in Hultquist Center. All such changes or transfers require a \$10 transfer fee per course. Changes or transfers must be made as soon as possible to allow another student access to that course.

CANCELLATION AND REFUND POLICY

If a class is canceled by Chautauqua Institution, we will automatically issue a refund to your original form of payment. Please ensure that Special Studies has your current contact information by including it with your registration.

Participants who request to cancel their registration at least eight (8) days in advance of the class start can receive a credit voucher for future class purchases, equal to the amount paid for the original program.

Additional information about credit vouchers:

- Credit vouchers will not be issued once program content has been accessed nor within seven (7) days of the program start date.
- Credit vouchers will not be issued once a program is "sold out" or has reached capacity.
- Credit vouchers will not include any additional fees nor discounts applied to your registration.
- Credit vouchers may take up to 10 business days to process after a request is received.

The credit voucher will be valid for future purchases on learn.chq.org and must be redeemed within one year from the date of issue.

2024 COURSE PROPOSALS

If you would like to teach a Special Studies class during the 2024 season, please visit *learn.chq.org* and complete the course proposal form by Nov. 1, 2023. For additional information, please stop by the Special Studies office during the season, visit *learn.chq.org*, or contact Karen Schiavone at *kschiavone@chq.org*.

ACCESSIBILITY

Sports Club

elevator, ramp or are at ground level:
Literary Arts Center at Alumni Hall (all classrooms)
Arts Quad, Ceramics Studio
Carnahan-Jackson Dance Studios
Elizabeth S. Lenna Hall
Girls' Club
Fletcher Hall
Heinz Beach Fitness
Hultquist Center, Room 101
Hurlbut Sanctuary and Marion Lawrance Rm.
McKnight Hall
Pier Building Classroom
Smith Library Classroom

If you have any (dis)ability-related accommodations, please email specialstudies@chq.org. Advance notice of at least one week prior to the start of your course is greatly appreciated to help us make appropriate arrangements.

Turner Community Center (all classrooms)

John R. Turney Sailing Center

GROUNDS ACCESS FOR CLASSES

For those living outside the grounds who are attending Special Studies classes on the grounds, your course registration will act as your gate pass to allow you entry onto the grounds. There is NO FEE for this pass. No access to Amphitheater programs.

Your course registration will enable you to access the grounds up to one hour before and one hour after your class. To extend your time on the grounds, see below. No gate pass is required for classes held at Turner Community Center.

GATE PASSES

A Traditional Gate Pass or Grounds Access Pass is required for patrons of all ages and is needed for movement on and off the grounds and for admission to events on the grounds. For complete gate pass information or to purchase a pass, visit *tickets.chq.org* or contact the Ticket Office at 716-357-6250, option 5.

PARKING

Daily • \$12

For those from the surrounding community who have classes at Turner Community Center, complimentary parking spaces have been designated in front of the building. These spaces are reserved for those attending programs at Turner only and are limited to a three-hour maximum use. This parking area will open at 7 a.m. and closes at 8 p.m. daily.

PLANNING YOUR VISIT

To learn more about housing available during your stay, use Chautauqua Institution's web-based accommodations service at *chq.org* by clicking on the "Accommodations" tab.

For more information about planning your visit to Chautauqua this summer, go to *chq.org/plan-your-visit*.

FEEDBACK

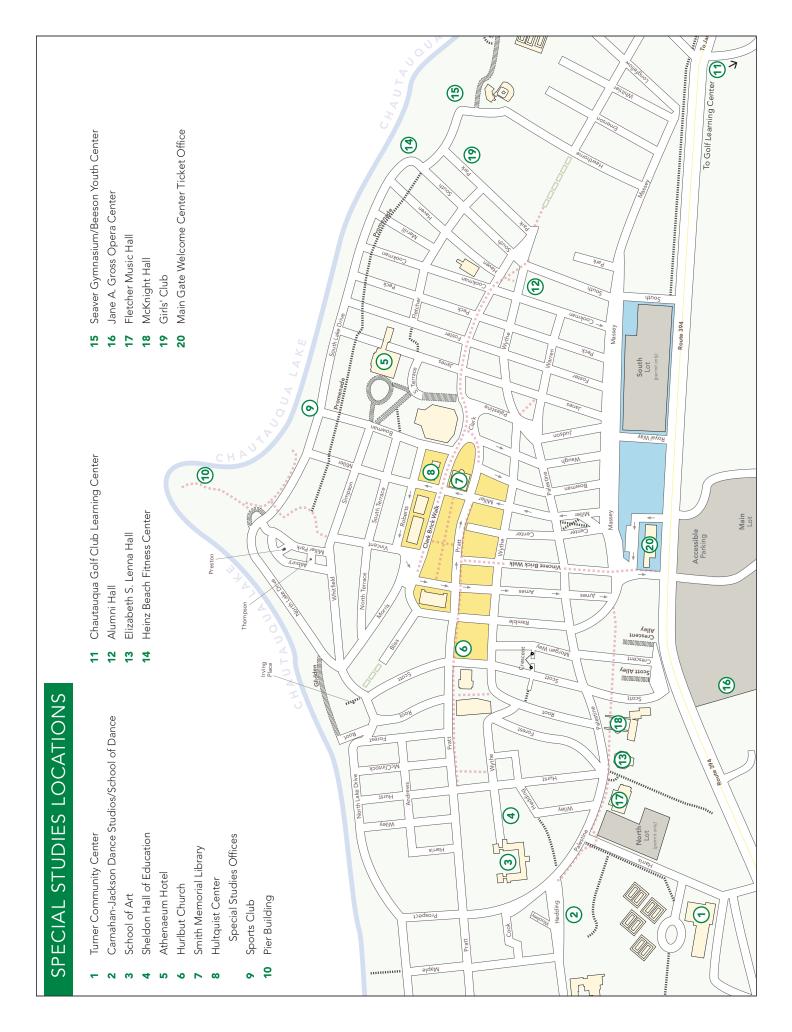
Chautauqua has a historic commitment to lifelong learning, and we encourage you to provide us with feedback on learning experiences you would be interested in while visiting Chautauqua. Please assist us in creating an exciting curriculum by emailing your ideas and any other feedback regarding Special Studies to Karen Schiavone, manager of community education, <code>kschiavone@chq.org</code>, or visit the Special Studies office in Hultquist Center.

You are also encouraged to complete the 2023 Special Studies survey, which will be emailed upon conclusion of a course. Survey data provides important information to instructors and staff on customer service issues, registration procedures, and future Special Studies offerings.

PHOTO, VIDEO AND SOCIAL MEDIA

Photographs and videos are periodically taken of people participating in Chautauqua Institution programs, classes and events. All persons, including instructors, students or participants and their child/ward, thereby agree that any photograph or video taken by Chautauqua Institution may be used by Chautaugua Institution without limitation, and including, but not limited to, advertising, promotional materials, the Chautauqua Institution website, promotional videos, course catalogs, brochures, flyers, social media and other publications, without additional notice or permission and without compensation to the participant. All photos and videos are property of Chautauqua

More information about Chautauqua Institution policies can be found online by visiting *policies.chq.org*.





Education and Youth Chautauqua Institution PO Box 28 Chautauqua, NY 14722















CLASSES FOR YOUTH AND ADULTS • REGISTER AT LEARN.CHQ.ORG